

HOW SICK IS TOO SICK FOR SCHOOL?

Cold and flu season is here.
See our tips for parents and caregivers:



KEEP ME HOME:

Fever

(higher than 38°C or 100° F)

Sore Throat

Persistent Cough

Strep Throat

Vomiting or Diarrhea

Abdominal Pain

(severe or long-lasting)

Illness

(prevents from participating comfortably in activities)

SEND ME TO SCHOOL:

No Fever

(without fever-reducing medicine for 24 hours)

Occasional Cough

(but no other symptoms)

Strep Throat

(after 24 hours of treatment)

No Vomiting or Diarrhea

(for 48 hours)

