



# When to Stay Home

Safe school attendance is a priority for student learning.

Follow Public Health directions for self-isolating to help keep your child, other students and school staff safe.

## Students must stay home if they:

- have tested positive for COVID-19 either at a provincial lab or using a rapid antigen test.
- develop COVID-19 symptoms and are not tested or are awaiting test results.
- have travelled internationally.\*\*
- have been tested due to a potential exposure to COVID-19 such as travel or close contacts, and are waiting for test results.
- have cold or flu-like symptoms but have NOT been exposed to COVID through travel or close contact with a case.
- have a household member who has tested positive or has symptoms.\*

\*Exceptions to self-isolation are allowed for asymptomatic household members if they are fully vaccinated at the time of exposure or if they have had a PCR confirmed infection in the past six months.

\*\*Unvaccinated children under 12 years travelling with vaccinated or unvaccinated individuals are not permitted to attend school or daycare for 14 days after arrival in Canada. Fully vaccinated travellers who are asymptomatic are exempt from self-isolation, but must follow [Federal testing and isolation/self-isolation requirements](#).

Please note:

- Rapid antigen screening test kits are **only to be used when a child is asymptomatic** (ie. Does not have any symptoms of COVID-19 and has not had any exposure to a confirmed case of COVID-19).
- Anyone with symptoms or who is identified as a close contact of a case should get a PCR test at a provincial testing site. Rapid antigen tests should not be used as a substitute for PCR tests for people with symptoms or people who are close contacts of cases.

If you're unsure if your child should stay home or attend school, complete the Shared Health screening tool on line or by phone:

<https://sharedhealthmb.ca/covid19/screening-tool>

Call 1-877-308-9038

## The duration of self-isolation depends on your child's vaccination status.

**Fully vaccinated and NO symptoms** – isolate for five days from date of positive test.

**Fully vaccinated and HAS symptoms** – isolate for five days from the day symptoms started or the date of their positive test (whichever is later). Continue to isolate until there is no longer a fever and other symptoms have been improving over the previous 24 hours.

**Not fully vaccinated** – isolate for 10 days from the day symptoms started or the date of their positive test (whichever is later). Continue to isolate until there is no longer a fever and other symptoms have been improving over the previous 24 hours.

