

Finish it for **TERRY FOX**

“

I'm going to do my very best. I'll fight. I promise I won't give up. But if I don't make it, the Marathon of Hope must continue

”

Ecole Laura Secord School

2025

This Year's Terry Fox

Theme is : Finish it!

To honor this year's Terry Fox theme, the students and staff at Laura Secord have been working to complete Terry Fox's Marathon of Hope and run 7821KM. The distance from St. John's, Newfoundland to Victoria, British Colombia! **And now we are asking you the community to get in on the run!**

10 minutes every class!

Students are starting their phys. ed. classes with 10 minutes of running or walking. Students keep track of the laps they have completed as a class. Those totals are added together with all the other classes, as we work our way across Canada! So far, we have run/walked as a school over

2500KM!



Join the Run

We need your help! Canada is a huge country and to reach our goal of 7821 KM before our school's Terry Fox Run being held on October 3rd, 2025, we are asking that the community get in on the run!



Walk, run, bike! Get out and move your body in the community!



Track your kilometers and submit them using the link below to help us make it across Canada!



Join the Run

Use the QR code or follow the link below to track your kilometers! Help us Finish it for Terry Fox!



<https://forms.gle/u7vkojMsQtvQthbw8>