

TYNDALL PARK



TITANS

WELCOME BACK
TO SCHOOL

TYNDALL PARK COMMUNITY SCHOOL

2221 KING EDWARD STREET

WINNIPEG, MB R2R 1M5

PH: 204-633-0065

FAX: 204-632-5953



SEPTEMBER

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TYNDALL PARK SCHOOL STAFF LIST 2022–2023

2221 King Edward Street

Winnipeg, MB R2R 1M5

Phone: 204–633–0065 Fax: 204–632–5953

PRINCIPAL : Mrs. Gisele Mospanchuk

VICE–PRINCIPAL: Mr. Ryan Erichsen

Teaching Staff

Nursery/Kindergarten: Winston Permanand

Kindergarten: Johanna Greco

Grade One:: Lidia Kurek

Grade One:: Teresa Labossiere

Grade Two: Martyna Figueiredo

Grade Two: Kim Bui–Arias

Grade Three: Andrea Basaraba

Grade Three: Brooke McKelvey

Grade Four: Reena Conklin

Grade Four: Ranchelle Opena

Grade Five/Six: Julia Jestadt

Grade Five/Six: Desiree Klassen

Grade Five/Six: Amanda Bembenek

Grade Five/Six: Jayden Pollock

TAP: Jason Garton

EAL/Resource: Barb Spencer

Music: Halle Vigier

Phys Ed: Diane Dow

I.E.R.T.: Joanne Cambly

Reading Recovery: Hoanglan (Lan) Cardinal

Intercultural Support Worker: Malou Josue

Clerical Staff

Shelley Hendy

Sandra Watson

Custodial Staff

Mike Mickoski

Yam Touch

Ronald Ampeloquio

Lachhman Kalsi

Clinical Support Services Staff

Psychologist:: Nancy Robinson–Epp

Social Worker: Karen Wiebe

Reading Clinician: Barb Garrioch

Speech/Language: Marni Petersen

Occupational Therapist: Maricar Alansalon

Physio Therapist: Tracy Dreger

Educational Assistants

Julissa Bardales

A.J. Bathan

Lindsay Canam

Virgie Garcia

Shawna Gelmych

Maureen Hufano

Madonna Kostal

Rajpal Mangat

Carole Piche

Sheri Pimentel

Theresa Place

Ruby Therrien

Shawn Webb

Clinical Support Services

Area Service Director: Anna Johnson

Secretary: Annette Striefler

Clerk: Rowena Barrion

Computer Technicians

Franco Suzio

Matt Buck

Lunch Program: Claudine Sikora

YMCA/YWCA: Danielle Raguindin, Supervisor

SCHOOL HOURS

*Early Years Program (Nursery/Kindergarten)

AM 9:00am–11:30am or

PM 1:00pm–3:30pm

*Elementary (Grades 1–6)

8:45am Supervision provided until classes start

9:00am Classes start

10:15am–10:45am Staggered recesses

12:00pm–12:55pm Lunch (alternating inside/
outside)

1:00pm Classes resume

2:30–2:45pm Recess

3:30pm Dismissal

***NOTE–ALL DOORS WILL BE LOCKED AT ALL
TIMES**

ATTENDANCE POLICY

Attendance is critical for student achievement. Removing your child for extended holidays during the school year is disruptive to your child's learning. Please consider scheduling vacations during the time your child is off from school. At Tyndall Park School, when a student is absent without any reason noted, one of the staff will call home to confirm that the student is safe. If you know your child will be absent or late for any reason, please contact the school at 204–633–0065. Students who arrive late are instructed to go to the bus loop doors where a staff member will greet them before they go their classroom. No entry prior to 8:45am.

EARLY PICKUP

When it is necessary to pickup a student early from school, please inform the teacher or office of the time you will be arriving. When you are at the school, please come to the bus loop door and call the office to have your child escorted/sent out to you.

STUDENT DISMISSAL

Please talk to your child and establish a *designated meeting place* if you pick them up at the end of the day. It is imperative that you are on time to pick up your child as we do not have a waiting area for them. Please discuss the end of the day plan with your child before they come to school. Having a consistent meeting place or plan will help alleviate anxiety or worry for you and your child. Our teachers will work with families to ensure each child gets home safely.

SCHOOL PHONE

Please be aware that we do not have a phone for student use. We make every effort to ensure your child receives messages, but we cannot guarantee it. Make sure your child is aware of lunch and after school arrangements.



VISITORS TO THE SCHOOL

All visitors are to go to the bus loop doors and contact the office. A staff member will buzz you in or come to the doors to assist you. Parents and students are **NOT** to use the receiving door near the staff parking lot.

PARKING LOT

The parking lot nearest the school is designated for school **STAFF ONLY**. These are paid for by staff and are not for drop-off usage. Please do not park in this parking lot when dropping off or picking up students. The community centre parking lot is owned by the Tyndall Park Community Centre. Parking in their lot is not advised. For everyone's safety, do not walk through the parking lot. Please use the sidewalks.

SCHOOL PATROLS

Grades 6 students volunteer for school patrols at the following locations: Albina crosswalk, King Edward crosswalk and Huber/Tyndall. Along with student patrols, adult crossing guards are also located at the same crosswalks. Patrols are on duty at the following times:

8:40am–9:00am

11:55am–12:05pm

12:40pm–12:55pm

3:30pm–3:40pm

Please ensure your child crosses during the times our patrols are on duty in order to keep them safe.

VALUABLES AT SCHOOL

Students are requested to leave any articles of value at home. The school is not responsible for the safety of your child's toys, electronic devices, bicycles,

or skateboards. We also do not have a 'Lost and Found' at the school. Students need to be responsible for their articles of clothing and items.

VOLUNTEERS

We are hopeful that this school year we will be able to do so once again welcome volunteers. Please note, that any volunteer needs to fill out the appropriate forms and have a Child Abuse registry completed before they will be considered for volunteer positions.

STUDENT CONTACT INFORMATION

Student verification forms will be going home soon. Please review the information and make changes as necessary directly on the form and return it to the teacher. Please inform the office immediately of any changes to your contact numbers, email address, home address or emergency contacts so that you can be reached in case of an emergency or so that you will receive important messages from the school or classroom teacher.

INCLEMENT WEATHER

Students are expected to go outside for recess twice daily and need to be dressed for the weather. Please ensure your child has a hat, boots, mitts, scarves, ski pants, and a warm parka in the winter. Should the wind chill reach -28°C based on the Environment Canada readings at the Forks, students will stay indoors.



LUNCH PROGRAM

Tyndall Park School offers a Parent Run Lunch Program for all students grades 1–6. Early registration for returning students was available during May until mid–June. Any registrations accepted now are considered late and late fees may apply. These fees will not apply if you are registering your child for the first time at Tyndall Park School and they were not attending during the previous school year. Please note students need to bring a bagged, non–heatable lunch as there are no microwaves available. Students eat lunch in their classrooms and are supervised by Lunch Program staff. Please call 204–421–0065 between 11am–1:30pm, Monday to Friday for more information.

BEFORE & AFTER PROGRAM

Tyndall Park School is pleased to offer a Before & After Program run by the YMCA/YWCA for school age students ages 6–12. The program runs Monday to Friday between 7am–9am and then after school between 3:30pm–5:30pm. If you need more information, please contact the supervisor, Danielle Raguidin at 431–999–1600 or by email: tyndallpark@ymcaywca.mb.ca

NEWSLETTERS AND PARENT MESSAGES

Our monthly newsletter is available on our school website and is sent home via School Messenger. All other messages from the school are also sent by School Messenger. Classroom teachers may choose to communicate with parents using other messaging programs such as Seesaw, or Google classroom. Please ensure we have your correct email and cell phone numbers in order to receive these important notices.

ELEMENTARY ASSESSMENT PROGRAM

The Elementary Assessment Program (EAP) measures students skills in three major areas: Social/Emotional, English Language Arts and Mathematics. Assessments are conducted throughout the school year and identifies a student’s ability in key areas of child development and curricular areas, and is used to plan appropriate programming for each student. These results are shared with parents during the Parent/Teacher conferences.

REPORT CARDS/REPORTING PERIODS

Report cards are distributed three times per school year in November, March and June. Parent/Teacher conferences are held in late November or early December to review your child’s progress. Student–Led Conferences take place in March to allow your child to present some of their work to their parents/guardians and allow for a brief review of the student’s progress.

EXTRACURRICULAR ACTIVITIES

Tyndall Park School offers various activities, clubs and intramural sports throughout the school year. Most of the programs take place during the noon hour, but on occasion some have needed to be held before or after school. Some of the programs have been Literacy Club for Grade 1, Grades 4–6 Choir, Grade 3 Games Club, and Grade 6 Drama Club to name a few. Please watch for information to come regarding activities.

FIRE DRILLS

Fire drills are conducted once a month during the school year in order to familiarize students with the procedures. We sometimes need to do this when the weather is cold, and try to ensure students are not outside for a lengthy period of time.

EMERGENCY EVACUATION PRACTICE

In the event of a fire, heating breakdowns, plumbing problems, etc., it may be necessary to evacuate the school. Our evacuation site is Garden Grove School. Students and staff conduct an evacuation drill annually to ensure students are familiar with the procedure and know what is the expectation should the need for an evacuation occur.

LOCKDOWN/HOLD & SECURE PRACTICE

Every year the school conducts Lockdown and Hold & Secure drills. It is important that students are aware of the procedures and the differences in the event of an emergency. A Lockdown is a critical incident response to prevent access or harm to the occupants of the lockdown location. Students and staff move quickly and quietly to a secure location, usually the classroom upon hearing the announcement. All doors are secured and no one is allowed to enter or exit the building until an "All Clear" message is announced.

A Hold & Secure is implemented when there has been a situation occurring outside the school in the community, such as a robbery or any serious criminal offence in close proximity to a school. Students and staff are permitted to move about the school as usual but all exterior doors are locked and no one is allowed to enter or exit the building.

ALLERGY ALERT

Reminder that there are children in our school with severe allergies to peanuts, nut products, and fish. Tyndall Park School is a peanut-free school and we ask that you please do not send lunches or classroom snacks that contain nuts or may have exposure to nuts during production. Please ensure your child knows not to share food with other students especially if they have allergies. If you are wishing to send treats for your child's birthday, please consult with the teacher before doing so.

MEDICATION IN THE SCHOOL

It is the Winnipeg School Division policy that any medication required to be administered during school hours must be accompanied with a note from the physician. There is also forms that need to be filled in regarding administering medication in the school or if you child is self-administering medication.

STUDENT ACCIDENT INSURANCE

Students will soon be bringing home Student Accident Insurance information. Please note the plan is voluntary and if you opt to purchase the plan, all money should be sent to the insurance company directly.

MEDIC ALERT

This program offers a free Medic Alert membership to students who attend school and are between ages 4-14. If your child has a medical condition or an allergy, it is an excellent program to consider. Please call Medic Alert at 1-877-282-5378 for more information.

IMPORTANT DATES

SEPTEMBER

6–School opens–non–instructional day
7–First day of classes–students return
19–No classes–Divisional Inservice
23–School Photo Day
30–No School–National Day for Truth and Reconciliation

OCTOBER

5–Grade 6 Immunization
10–No School–Thanksgiving Day
21–No Classes–MTS PD Day

NOVEMBER

1–3–Hearing screening
9–Photo Retake Day
11–No School–Remembrance Day
18–No Classes–Divisional Inservice
30–Report cards go home

DECEMBER

1–School closure PM–Triad Mtgs.
21–Last day of school
22–January 4–Winter Break

JANAURY

5–School Reopens

FEBRUARY

3–No Classes–Divisional Inservice
7–9–Mobile Vision Care Clinic
20–No School–Louis Riel Day

MARCH

16–Student–Led Conferences
17–No Classes–Divisional Inservice
24–Last day of school
27–31–Spring Break

APRIL

3–School reopens
7–No School–Good Friday
14–No Classes–Divisional Inservice
Drama & Spring Concert dates to be announced

MAY

1–No Classes–Divisional Inservice
22–No School–Victoria Day

JUNE

5–No Classes–School Closure
29–No Classes–AM only–school in PM
30–Last day of school–Early Dismissal at 11:30am

MORE IMPORTANT DATES MAY BE ADDED OR CHANGED THROUGHOUT THE SCHOOL YEAR

Healthy Food In Schools

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School Lunch Ideas

The list below includes lots of “packable” options for different appetites and food preferences. (Note, the food suggestions do not exclude potential allergens).



- baked whole grain tortilla chips or toasted pita chips with salsa, a cheese string and fruit salad
- tuna noodle salad with fresh red pepper slices
- mixed fruit (fresh and dried) with plain yogurt and a sprinkle of cinnamon sugar, oatmeal muffin
- couscous salad with chick peas, shredded carrot and sliced snap peas
- minestrone soup (in an insulated container) with crackers and a yogurt
- hamburger or veggie burger with all the fixings
- pinwheel sandwiches – spread tortilla with cream cheese and top with meat, shredded cheese and veggies of your choice then roll up and slice into pinwheels
- tuna dipper – mix canned tuna with your favorite seasonings and serve with whole grain crackers, carrot sticks and a yogurt drink
- roast beef, chicken or turkey sandwich with cherry tomatoes, cantaloupe and an oatmeal raisin cookie
- mini pizza (homemade pizza cooked in muffin tin) with cucumber slices and grapes
- bannock or biscuit sandwich – roast beef on a slice of bannock or biscuit with cherry tomatoes and an apple
- meatloaf sandwich with ketchup, mustard, tomato slices and lettuce
- taco salad with taco meat or beans, lettuce, tomato, shredded cheddar cheese and crumbled whole grain tortilla chips
- spaghetti and meat sauce (in an insulated container) with kiwi slices
- ham and Swiss cheese sandwich on rye bread with cucumber slices and cherry tomatoes
- yogurt parfait (yogurt, granola and fruit) with slice of homemade banana bread
- homemade granola energy bar with an apple and a yogurt tube
- whole grain crackers with hummus, mini carrots and an orange
- cereal snack mix (a mixture of your favorite dry cereal), yogurt drink and a pear

Call toll free for assistance from the School Nutrition Support Team—1-888-547-0535

Visit our website: www.gov.mb.ca/healthyschools/foodinschools



Healthy Food In Schools

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- cold pita pizza with grapes
- kabobs – bread, cheese, meat, vegetables or fruit on a skewer
- inside out sandwiches - wrap a breadstick with a slice of lean deli meat and stuff with peppers, lettuce, cucumber, tomatoes, or cheese
- make your own snackable lunch box with cleverly cut vegetables, fruit and cheese, rolled up lean deli meat, low fat turkey or ham sausage, mini bagels or buns, bagel chips—use muffin liners or small plastic containers to separate different items
- cold cereal with milk and a banana
- tuna salad sandwich with tomato, lettuce and a pickle packed on the side to add in
- pasta salad with cheese, cooked beans or lean meat and vegetables
- bean wrap (black beans, corn, grated cheddar cheese, guacamole, salsa and sour cream)
- whole grain crackers and cheese with vegetables and dip and a fruit cup
- hummus pita with lettuce, and shredded carrots and cheese
- beef stew (in an insulated container) with a slice of whole wheat bread and an orange
- toasted bagel with cream cheese or peanut butter and jam with yogurt
- egg salad sandwich with lettuce and tomato slices
- sunflower seed butter banana roll up on whole wheat tortilla
- turkey or ham sausage, cheese and whole grain crackers
- salad shaker – mix lettuce, shredded cheese, cucumber, bell peppers and tomato in a container with a lid (send dressing separate) and a whole wheat crusty roll
- raisin bran muffin with yogurt and fresh fruit
- vegetable soup (in an insulated container) with whole grain crackers and a slice of cheese
- cold vegetable quesadilla with low fat sour cream and salsa
- spinach salad with hard boiled egg and whole wheat roll
- chicken wrap on whole wheat tortilla
- chicken pieces with honey mustard dipping sauce, fresh vegetables and a whole grain muffin
- peanut butter and fresh strawberry sandwich on a whole wheat roll
- chili (in an insulated container) with a whole wheat biscuit
- cottage cheese with a fruit cup, a slice of whole grain bread and a oatmeal cookie
- bagel with almond butter, honey and banana
- grilled vegetable pita (peppers, zucchini, eggplant, onion, mushroom) with cheese
- mixed green salad with grilled chicken and whole grain garlic bread
- salmon salad sandwich with lettuce and cucumber slices

WINNIPEG SCHOOL DIVISION



2022 – 2023 SCHOOL CALENDAR

SEPTEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Labour Day	6 / Day 1 School Opens Non-Instructional	7 / Day 2 First day of classes	8 / Day 3	9 / Day 4	10
11	12 / Day 5	13 / Day 6	14 / Day 1	15 / Day 2	16 / Day 3	17
18	19 / Day 4 Non-Instructional	20 / Day 5	21 / Day 6	22 / Day 1	23 / Day 2	24
25	26 / Day 3	27 / Day 4	28 / Day 5	29 / Day 6	30 National Day for Truth and Reconciliation	

OCTOBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 / Day 1	4 / Day 2	5 / Day 3	6 / Day 4	7 / Day 5	8
9	10 Thanksgiving Day	11 / Day 6	12 / Day 1	13 / Day 2	14 / Day 3	15
16	17 / Day 4	18 / Day 5	19 / Day 6	20 / Day 1	21 / Day 2 Non-Instructional MTS PD Day	22
23	24 / Day 3	25 / Day 4	26 / Day 5	27 / Day 6	28 / Day 1	29
30	31 / Day 2					

NOVEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 / Day 3	2 / Day 4	3 / Day 5	4 / Day 6	5
6	7 / Day 1	8 / Day 2	9 / Day 3	10 / Day 4	11 Remembrance Day	12
13	14 / Day 5	15 / Day 6	16 / Day 1	17 / Day 2	18 / Day 3 Non-Instructional	19
20	21 / Day 4	22 / Day 5	23 / Day 6	24 / Day 1	25 / Day 2	26
27	28 / Day 3	29 / Day 4	30 / Day 5			

DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 / Day 6	2 / Day 1	3
4	5 / Day 2	6 / Day 3	7 / Day 4	8 / Day 5	9 / Day 6	10
11	12 / Day 1	13 / Day 2	14 / Day 3	15 / Day 4	16 / Day 5	17
18	19 / Day 6	20 / Day 1	21 / Day 2 Last Day Of School	22 Winter Break Starts	23	24
25	26	27	28	29	30	31

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Winter Break Ends	5 / Day 3 School Reopens	6 / Day 4	7
8	9 / Day 5	10 / Day 6	11 / Day 1	12 / Day 2	13 / Day 3	14
15	16 / Day 4	17 / Day 5	18 / Day 6	19 / Day 1	20 / Day 2	21
22	23 / Day 3	24 / Day 4	25 / Day 5	26 / Day 6	27 / Day 1	28
29	30 / Day 2	31 / Day 3				

WINNIPEG SCHOOL DIVISION

2022 – 2023 SCHOOL CALENDAR



FEBRUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 / Day 5	2 / Day 6	3 / Day 1 Non-Instructional	4
5	6 / Day 2	7 / Day 3	8 / Day 4	9 / Day 5	10 / Day 6	11
12	13 / Day 1	14 / Day 2	15 / Day 3	16 / Day 4	17 / Day 5	18
19	20 Louis Riel Day	21 / Day 6	22 / Day 1	23 / Day 2	24 / Day 3	25
26	27 / Day 4	28 / Day 5				

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 / Day 6	2 / Day 1	3 / Day 2	4
5	6 / Day 3	7 / Day 4	8 / Day 5	9 / Day 6	10 / Day 1	11
12	13 / Day 2	14 / Day 3	15 / Day 4	16 / Day 5	17 / Day 6 Non-Instructional	18
19	20 / Day 1	21 / Day 2	22 / Day 3	23 / Day 4	24 / Day 5 Last Day Of School	25
26	27 Spring Break Starts	28	29	30	31 Spring Break Ends	

APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 / Day 6 School Reopens	4 / Day 1	5 / Day 2	6 / Day 3	7 / Good Friday	8
9	10 / Day 4	11 / Day 5	12 / Day 6	13 / Day 1	14 / Day 2 Non-Instructional	15
16	17 / Day 3	18 / Day 4	19 / Day 5	20 / Day 6	21 / Day 1	22
23	24 / Day 2	25 / Day 3	26 / Day 4	27 / Day 5	28 / Day 6	29
30						

MAY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 / Day 1 Non-Instructional	2 / Day 2	3 / Day 3	4 / Day 4	5 / Day 5	6
7	8 / Day 6	9 / Day 1	10 / Day 2	11 / Day 3	12 / Day 4	13
14	15 / Day 5	16 / Day 6	17 / Day 1	18 / Day 2	19 / Day 3	20
21	22 Victoria Day	23 / Day 4	24 / Day 5	25 / Day 6	26 / Day 1	27
28	29 / Day 2	30 / Day 3	31 / Day 4			

JUNE 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 / Day 5	2 / Day 6	3
4	5 / Day 1	6 / Day 2	7 / Day 3	8 / Day 4	9 / Day 5	10
11	12 / Day 6	13 / Day 1	14 / Day 2	15 / Day 3	16 / Day 4	17
18	19 / Day 5	20 / Day 6	21 / Day 1	22 / Day 2	23 / Day 3	24
25	26 / Day 4	27 / Day 5	28 / Day 6	29 / Day 1	30 / Day 2 Last Day Of School	

HAPPY SEPTEMBER!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4	5 LABOUR DAY	6 DAY ONE SCHOOL OPENS NO CLASSES	7 DAY TWO FIRST DAY OF CLASSES	8 DAY THREE	9 DAY FOUR N/K MINI- CLASSES	10
11	12 DAY FIVE FIRST DAY OF CLASSES FOR NURSERY/ KINDERGARTEN	13 DAY SIX	14 DAY ONE	15 DAY TWO	16 DAY THREE	17
18	19 DAY FOUR NO CLASSES INSERVICE	20 DAY FIVE	21 DAY SIX	22 DAY ONE	23 DAY TWO SCHOOL PHOTO DAY	24
25	26 DAY THREE	27 DAY FOUR	28 DAY FIVE	29 DAY SIX	30 NO SCHOOL NATIONAL DAY FOR TRUTH AND RECONCILIATION	