

AMVC proudly launches:



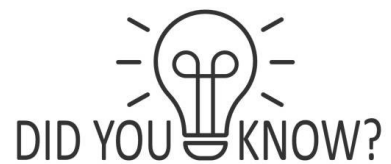
Fuel Your Body

At AMVC, we understand that food and nutrition supplies the nutrients to fuel our bodies so we can perform our best!

The mini pantry movement offers a solution to immediate and local need. “Take what you need, leave what you can.” Mini pantries help neighbors feed neighbors one community at a time.

AMVC’s Little Free Pantry is located in the main hallway, near the office and is open to all Lancasters and families! Feel free to pick an item of need, or leave one for someone else.

Through Second Harvest, we at AMVC are fortunate to have a weekly pick up of freshly baked goods from COBS Bread. Bread, buns and sweet treats are available each Thursday for our staff and students to snack on during the day and take home to enjoy with family.



The Child Nutrition Council of Manitoba Grant has helped AMVC provide students and staff with a free, nutritious lunch twice per month. Lancasters also have access to breakfast and snack choices multiple times per month, as well as a snack bin provided to each classroom that gets filled each week.

We’re always open to new ideas and discussions, so please feel free to contact the school with your thoughts.