



École Sir William Osler November 2025 Newsletter



Principal: Dominique Ostermann

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1600 Grant Avenue

ADMINISTRATOR'S MESSAGE

The days are getting shorter, the leaves have fallen and the cooler weather is upon us, but things are just heating up for the school year. Read on to find out more. **Please remember to label all your child's clothing.** We are still having many items turned into our lost and found that are not labeled.

The provincial report card goes home on Monday, November 17 and it will provide information on your child's learning as they progress towards provincial outcomes. If at any time during the year, you have concerns regarding your child's progress, please contact the classroom teacher. Your child's development will be further discussed during **Grades 1-6 Tri-Conferences** (child/parent/teacher) Thursday, November 20 in the evening and Friday, November 21 in the morning.

Nursery/Kindergarten students in room 9 (with M. Roziere) will have parent/teacher conferences

Wednesday, November 19 in the evening, Thursday, November 20 in the evening and Friday, November 21 in the morning. **Nursery/Kindergarten students in room 14 (with Mme Shikha) will have parent/teacher conferences** Thursday, November 20 in the evening and Friday, November 21 in the morning. Please remember to schedule your appointment time online. Information will be coming out shortly.

The **Scholastic Book Fair** is returning! The Scholastic Book Fair will be running Wednesday, November 19 from 3:00-7:00 p.m., Thursday, November 20 from 3:00-8:00 p.m. and Friday, November 21 from 8:30-11:00 a.m. Students will have a chance to visit the fair with their class during the day. Teachers will also have wish lists posted. Make sure to come visit the library! Books make wonderful gifts! Purchases also help raise funds for new books for the library. It's a win-win situation for everyone!

This month PAC will be doing **Shelmerdine** as our fundraiser to replace the wine raffle. Online ordering will be from November 3-28 with pick up on Thursday, December 4. Please watch your email for ordering information. Poinsettia, door swag, wreaths and gift cards will be available for purchase.

Our **Remembrance Day Assembly** will be held on Monday, November 10 at 10:30 a.m. Families are welcome to join us. If you are a military family and will be attending, we would love to have you come in uniform and be acknowledged for your service and sacrifice.

We will be gathering winter clothing items for "**Koats for Kids**". Each year, thousands of kids and families reach out to Koats for Kids to ensure they can weather the cold winter months. If you have winter clothing that your child has outgrown, please consider donating it. Koats for Kids accepts new or gently used: warm winter coats (no fall/spring jackets please), toques, mittens (warm mittens, not thin, cloth ones), neck warmers, ski pants, and warm winter boots (no rain boots). We will leave a box in front of the office for these items from Tuesday, November 4 to Tuesday, December 2. **If you are in need of any winter clothing, please let me know and I will put in a request for you since parents cannot order directly.**

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Administrator's Message Continued

Our staff and students would like to thank all the families who work hard to make this a wonderful community for students and staff. Your support and encouragement is greatly appreciated! Thank you also to our Parent Advisory Council who spend a great deal of time supporting and working with our school in so many ways. Your time and dedication does not go unnoticed.

Mme Dominique Osterman
Directrice/Principal

Terry Fox Run

Thursday, September 25, 2025



A huge thank you to all of our families that raised money for the Terry Fox Foundation.

A total of \$4,169.65 was raised to go towards cancer research.

Picture Retakes

Lifetouch will be here **Wednesday, November 5, 2025** for the **morning only** to take retakes. If your child attends afternoon nursery or kindergarten, please feel free to bring your child to school for 9:00 a.m. that morning, if you would like a retake of your child's photo, or if your child was absent on our photo day.



Parent Advisory Council



Our École Sir William Osler Parent Advisory Council is always looking for new members! Please consider joining us to help support school programs and initiatives.

**Next Meeting: Tuesday, November 18, 2025
6:00 p.m.**

Farm to School PAC Fundraiser

Thanks to our amazing community we were able to raise **\$1,520.00** that will go towards **our playground enhancements.**



Scholastic Book Fair



We will once again be holding a Scholastic Book Fair during our Tri-Conferences.

Wednesday, November 19, 2025: 3:00 - 6:30 p.m.

Thursday, November 20, 2025: 3:00 - 8:00 p.m.

Friday, November 21, 2025: 8:30 - 11:00 a.m.

This is a great opportunity to support our school and purchase a few books for the holiday season!

Sick Kids!

We have had a few sick children at school. A reminder that we are not able to care for sick children at school. Your child should not be at school if they have a very bad cold, cough, have a fever, or upset stomach. As the cold and flu season is upon us, we are reminding children about the importance of eating well, getting enough sleep and washing their hands. If your family chooses flu vaccines are also available. Speak to your family doctor for more information. If your child is ill, please keep them at home in order to speed up recovery, and to avoid spreading illness to other children and staff.



Crochet Club



The Crochet Club is now underway and the students are working hard to learn the scarf pattern.

The goal is to have around 20 completed scarfs that can be donated to a shelter.

Mme Ginette

Rooms 5 & 7 to Cinémental Film Festival

Students from salle 5 and salle 7 went to view the Québécois film, Mlle Bottine. Salle 7 braved the chilly air on Wednesday, October 22, to walk to Landmark Cinemas and back. Salle 5 took the public bus. As there were no English subtitles, it was an experience en français.

French synopsis:

À la suite du décès de sa grand-mère, Simone doit vivre momentanément avec son oncle Philippe, qu'elle n'avait jamais rencontré auparavant. Le tout en attendant que les services sociaux lui trouvent une famille d'accueil. La fillette, qui prenait soin jusque-là de sa grand-mère et de ses animaux au cœur d'une jolie maison de campagne, se retrouve en ville au pire moment imaginable, alors que Philippe doit terminer plus tôt que tard la composition de son nouvel opéra. Une oeuvre qui pourrait bien être la dernière chance du principal intéressé de goûter au succès. Peinant à s'occuper de lui-même, Philippe se montre d'abord réticent face à l'idée d'accueillir Simone chez lui. Puis tous deux découvrent petit à petit qu'ils ont peut-être plus besoin l'un de l'autre qu'ils voudraient l'admettre.

English synopsis:

When an orphaned girl loses her grandmother, her uncle, a one hit wonder opera composer, needs to take care of her and her pet skunk, until a foster family is found, while also struggling to finish his next big hit.

Why not watch the film, now available on **CRAVE** with your family and discuss. What is your critique of the film?

Mme Leianne et Mme McGuinnes



19 Things to Say to Encourage your Children

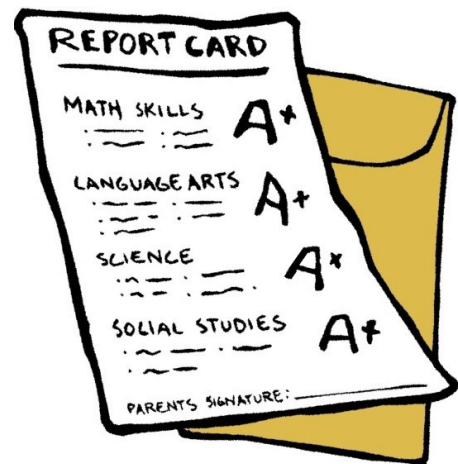
1. Great job! Thank you for doing that.
2. Way to go. I'm proud of you!
3. That was so kind of you!
4. Fantastic - thanks for listening the first time.
5. Wow - you really rocked it!
6. You know what? You are a great kid!
7. I appreciate what you did.
8. Look at what you've accomplished!
9. What a great decision you made!
10. Thanks for doing that before I could even ask.
11. I'd love to hear about it.
12. You figured it out - that's awesome!
13. One step at a time - you're doing it!
14. Fabulous job - you were really listening.
15. I know that was a new thing for you - excellent try!
16. I love your creativity!
17. Thank you for sharing.
18. Keep going - you can do it!
19. I love you.



What to do with that Report Card

Here are 5 things to do when your child's report card comes home:

1. Take it seriously. A report card cannot tell you everything about how your child is doing. But your child's teacher spends a lot of time making sure that the report card shows you a snapshot of your child's current progress. Take time to read it carefully. Talk about it with your child.
2. Find something to praise. Even if your child did not do as well as you had hoped, look for something positive. Be sure to read the comments about your child's behaviour and work habits. If your child's grades were not what you had expected, talk about what you and your child can do to improve their grades.
3. Let your child know what you expect. Say things like, "It's okay if you're not the best in the class. I just expect you to do your best." Remind children that effort is as important as ability.
4. Look at your child's work. You only see a report card a few times a year. But you can look at the work your child is doing every day. There is a link between how hard students work and how much they learn. Point that out to your child.
5. Help your child develop good work habits. A child who sets aside time everyday to read will learn to read better. A child who practices math everyday will master math facts.



Cold Weather Clothing

The days are getting much colder. Please send your children to school so they arrive just before the bell rings at 8:20 a.m. School staff are outside to supervise children at 8:10 a.m. each morning.

Students are expected to be outside for both recesses, at lunch time, as well as before school.



Please remember to put a t-shirt under the warm layers of sweatshirts and sweaters so students don't get too hot during phys. ed. class.

Please help by making sure that they dress for the weather as well as for the school.

School Closures & Transportation Cancellations Due to Severe Weather

The decision to close a school is made by the Chief Superintendent.

The decision to close all schools is made by the Chief Superintendent (or designate) in consultation with other Superintendents in Winnipeg and with the Chair of the Board of Trustees.



Transportation will be cancelled if the weather drops to -35°C (without the wind chill) or -45°C (with the wind chill) by 6:15 a.m. Schools will remain open but transportation will not operate.

School/Transportation closure announcements will be advertised on the Winnipeg School Division website and on the media.



Frostbite

Frostbite is a localized injury caused by cold in which the affected tissues are frozen. It most commonly affects the toes, fingers and face (nose, ears, cheeks and chin).

With continued cold, the blood supply to the extremities is steadily reduced, accelerating the freezing process. As circulation becomes impaired, sensation in the affected area is lost. Unless the tissue is rewarmed quickly, the skin and superficial tissues actually begin to freeze solid. If the conditions persist, the freezing enlarges and penetrates further.

Dressing warmly and staying dry are essential to prevent frostbite. Children should wear:

- a hat
- a neck tube or other covering for the face (covering the mouth and nose)
- mittens or gloves
- sleeves that are snug at the wrist
- warm and water resistant proper fitting outerwear and boots.

At the first sign of redness or pain in any skin area, remove the child from the cold or protect any exposed skin, as frostbite may be beginning. Any of the following signs may indicate frostbite:

- a white or greyish-yellow skin area
- skin that feels unusually firm or waxy
- numbness

Frostnip: a mild form of frostbite. Skin is yellowish or white but soft to the touch. There is a painful tingling or burning sensation in the warmth.

Frostbite: a more severe condition where skin and underlying tissues are frozen. Skin is white, waxy, and hard to the touch. There is no sensation.



For early signs of superficial frostbite move the affected person to a warm room as soon as possible. Warm the affected area gradually through direct contact with body heat (i.e. place a warm hand against the affected area).

Do not raise the temperature of the affected area much above body temperature. Severe frostbite should be treated by trained medical personnel.

Cold Weather Conditions

Below is a guideline provided by the Winnipeg School Division for keeping students indoors for recess. The Superintendents of the school divisions in Metro Winnipeg have determined that the temperature reading used will be that of **Environment Canada at The Forks location**.

Wind Chill	Exposure Risk	Health Concerns	What to Do
0 to -9	Low Risk	Slight increase in discomfort.	- Dress warmly. - Stay dry.
-10 to -27	Moderate Risk	- Uncomfortable - Risk of hypothermia and frostbite if outside for long periods without adequate protection.	- Dress in layers of warm clothing, with an outer layer that is wind-resistant. - Wear a hat, mittens or insulated gloves, a scarf and insulated, waterproof footwear. - Stay dry. - Keep active.
-28 to -39 Indoor Recess	High Risk: Exposed skin can freeze in 10 to 30 minutes.	- High risk of frostnip or frostbite: Check face and extremities for numbness or whiteness. - High risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold.	- Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover exposed skin. - Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. - Stay dry. - Keep active.
-40 to -47 Indoor Recess	Very High Risk: Exposed skin can freeze in 5 to 10 minutes.	- Very high risk of frostbite: Check face and extremities for numbness or whiteness. - Very high risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold.	- Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover all exposed skin. - Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. - Stay dry. - Keep active.
-48 to -54 Indoor Recess	Severe Risk: Exposed skin can freeze in 2 to 5 minutes.	- Severe risk of frostbite: Check face and extremities frequently for numbness or whiteness. - Severe risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold.	- Be careful. Dress very warmly in layers of clothing, with an outer layer that is wind-resistant. Cover all exposed skin. - Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Be ready to cut short or cancel outdoor activities. - Stay dry. - Keep active.
-55 and colder Indoor Recess	Extreme Risk: Exposed skin can freeze in less than 2 minutes.	DANGER! Outdoor conditions are hazardous.	Stay indoors.

Weather Information: Phone the Environment Canada info line at 204-983-2050 (recording updated hourly) for temperature, and wind chill factor, or severe summer weather reporting

OR

Internet Address: www.weatheroffice.ec.gc.ca

Boukili

Free Illustrated Children's Books!



Boukili is a free application that provides a variety of illustrated books for children. It aims to encourage children to read and helps them

attain different levels of reading proficiency.

With Boukili you can practice reading in French with your child while keeping track of his or her reading progress.

Visit boukili.ca/en for more information

Tumble Books Library

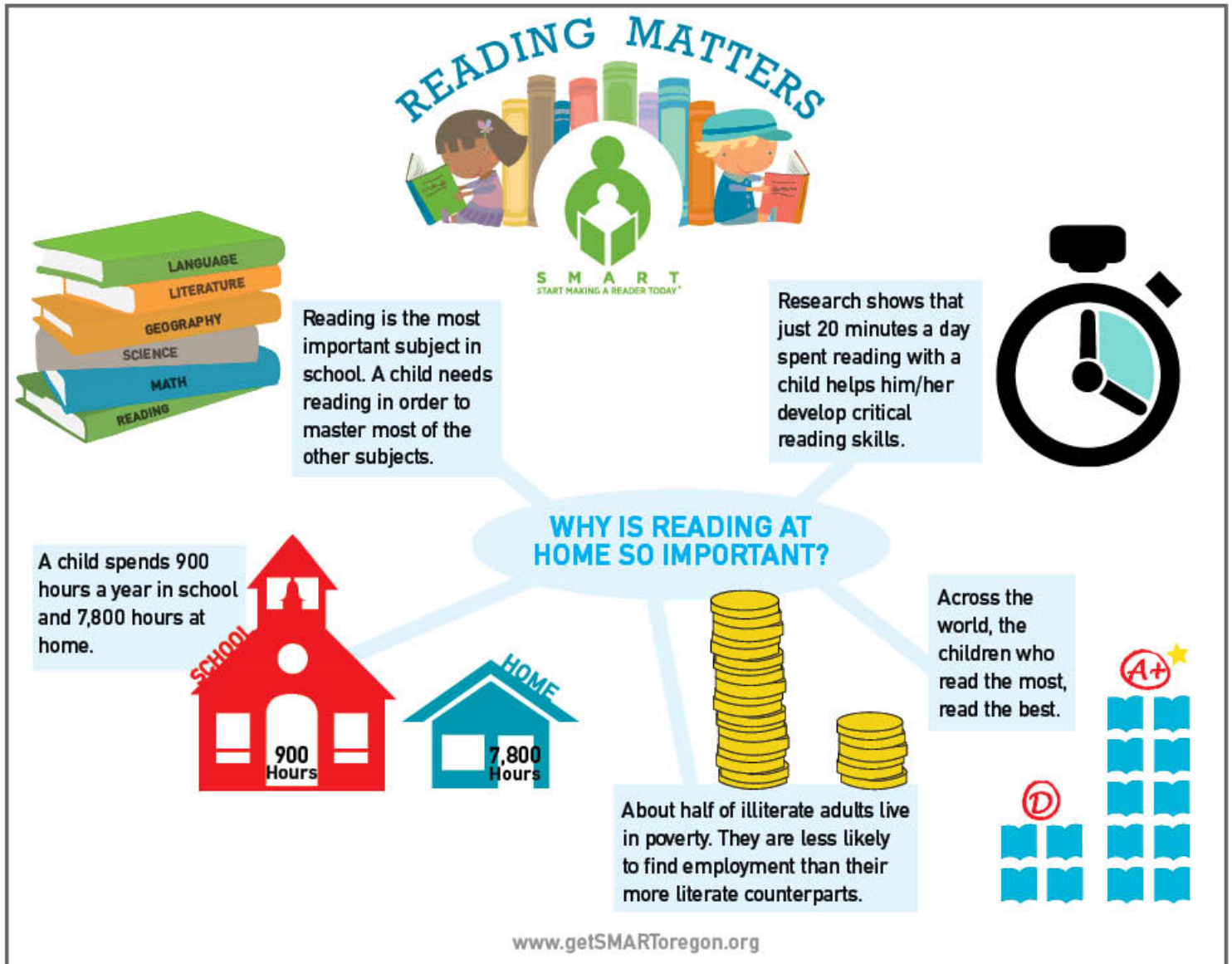
Tumble Books Library is an online collection of English or French read-along books which features adjustable online text and complete audio narration.

Sentences are highlighted as they are being read and the pages turn automatically.

The collection features early books, chapter books, teen novels, low interest/high vocabulary books, games, etc. There is a book for everyone!

To access:

1. Go to www.winnipegssd.ca/schools/sirwilliamosler/
2. Click on Student Resources—Useful Links
3. Click on TumbleBooks



Important Dates for the 2025-2026 School Year

All Dates Subject to Change

Dec. 2 - Last Day to Donate to Koats for Kids
Dec. 4 - Shelmerdine Pick-Up 3:00 - 5:30 p.m.
Dec. 15-19 - Spirit Week
Dec. 18 - Fun Lunch: Wayback Burger
Dec. 19 - Last Day of Classes
Dec. 22 - Winter Break Begins

Jan. 5 - Classes Resume
Jan 16 - No Classes: Admin Day
Jan. 21 - PAC Meeting 6:00 p.m.

Feb. 1- 28 - I Love to Read Month
Feb. 2 - No Classes: Admin Day
Feb. 16 - No School: Louis Riel Day
Feb. 17-20 - Festival Week
Feb. 17 - PAC Meeting 6:00 p.m.
Feb. 19 - Fun Lunch: Ihop

Mar. 19 - Student-Led Conference 3:30 - 8:30 p.m.
Mar. 20 - No Classes: Student-Led Conferences
Mar. 23-27 - Spirit Week
Mar. 23 - Report Cards Sent Home
Mar. 27 - Last Day of Classes
Mar. 30 - Spring Break Begins

Apr. 6 - Classes Resume
Apr. 8 - International Day of Pink
Bus Ridership
Apr. 10 - No Classes: Admin Day
Apr. 22 - PAC Meeting 6:00 p.m.
Apr. 23 - Fun Lunch: Boston Pizza

May 8 - No Classes: Admin Day
May 14 - Mobile Vision Clinic
May 18 - No School: Victoria Day
May 19 - PAC Meeting & AGM 6:00 p.m.
May 25 - Grade 6 Immunizations

Jun. 18 - Fun Lunch: McDonald's
Jun. 26 - No Classes: Admin Day
Report Cards Sent Home
Jun. 30 - Last Day of School

Daylight Savings Time



Sunday, November 2, 2025
move your clocks back one hour.

Remembrance Day

Tuesday, November 11, 2025



In Flanders Fields

by John McCrae, May 1915

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.





École Sir William Osler



Visit our website: www.winnipegssd.ca/schools/sirwilliamosler

Dominique Ostermann
Principal

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November 2025

Mon	Tue	Wed	Thu	Fri
3 Day 1 Shelmerdine Ordering Opens 	4 Day 2 Koats for Kids Donations Now Accepted 	5 Day 3 Picture Retakes: AM Only 	6 Day 4	7 Day 5 Conference Scheduling Site Opens at 12:00 p.m. 
10 Day 6 Remembrance Day Assembly 10:30 a.m. 	11 No School Remembrance Day 	12 Day 1 Room 5 to the WAG 	13 Day 2	14 Day 3
17 Day 4  Report Cards Sent Home Conference Scheduling Site Closes at 12:00 p.m. 	18 Day 5 PAC Meeting 6:00 p.m. 	19 Day 6 Conferences (Room 9 ONLY) 3:30 - 7:00 p.m.  Scholastic Book Fair	20 Day 1 Conferences 3:30 - 8:00 p.m.	21 Day 2 No School Conferences  Conferences 8:30 - 11:30 a.m.
24 Day 3	25 Day 4	26 Day 5	27 Day 6	28 Day 1 Shelmerdine Ordering Closes 