



Wellington School

690 Beverley Street, Winnipeg, Manitoba R3E 2A5

Phone - 204-774-8085 | Fax - 204-772-2799

Principal

Mr. E. Contreras

Vice-Principal

Ms. K. Bergmuller

Office Staff

Ms. C. Gray (Head Clerk)

Ms. C. McLeod (Clerk)

Ms. M. Dela Rama (Library Technician)

Teachers

Mrs. J. Larson (N/K)

Ms. C. Marin (N/K)

Ms. M. Castillo (Gr. 1/2)

Ms. N. Garcia (Gr. 2)

Ms. J. Gauthier (Gr. 1)

Ms. S. Lenhardt Mair (Gr. 2)

Ms. C. Treger (Gr. 1)

Ms. E. Dahlin (Gr. 3)

Mr. J. Paintin (Gr. 4)

Ms. T. Pritchard (Gr. 3/4)

Mr. S. Trachtenberg (Gr. 3/4)

Mr. N. Kolton (Gr. 6)

Ms. T. Perreault (Gr. 5/6)

Ms. R. Turnbull (Gr. 5/6)

Mr. J. Van Deventer (Gr. 5)

Specialists

Ms. R. Reimer (Performing Arts)

Mr. C. Thomson (Phys-Ed)

Mr. R. Thomson (Phys-Ed)

Mr. S. Andrew (Psychologist)

Ms. C. Furber (Social Worker)

Ms. K. Siwak (Reading Clinician)

Ms. T. Perchaluk (Speech & Language)

Resource

Mrs. B. Faria (Resource Gr.N-2)

Mr. E. Sookram (SERT/Resource Gr.3-6)

Ms. L. Castillo (Learning Resource Teacher)

Ms. J. Dhabba (Learning Resource Teacher)

Community Support Worker

Ms. L. Bales

Lunch Program

Ms. D. Halladay

Educational Assistants

Ms. M. Bautista

Ms. C. Beddome

Ms. M. Connelly

Mr. J. Figueroa

Ms. D. Gray

Ms. K. Htoo

Ms. L. Htoo

Ms. R. Lingal

Ms. L. Meissner

Ms. K. Murphy

Ms. A. Parker

Ms. K. Singh

Ms. C. Willner (Talk to Me)

Custodians

Mr. R. Ritual (Head Custodian)

Mr. N. Maligaya (Days)

Mr. A. Concepcion (Evenings)

Mr. R. Manglicmot (Evenings)

Nutrition

Mrs. S. Calanza (Food Coordinator)

Ms. N. Jubinville (Asst. Food Coordinator)

NEWSLETTER

NOVEMBER 2025

Dear Parent/Guardians and Families,

It has been a very busy start to the school year but a really positive one for our wonderful students. With a few staff changes, we were able to manage getting through the busy days of September and October.

Since opening the doors back in September, Wellington School has been a hopping place for student learning, engagement and connection. Through the hard work of Ms. Calanza, Ms. Norie and the support staff of Wellington School, students experienced a Thanksgiving celebration luncheon that was catered by Tec Voc High School.

Through the diligence and hard work of Ms. Livia Bales, Wellington School and our amazing community was able to hold another successful Halloween evening school dance. Parents/guardians, families and students dressed up in their favorite costumes and danced the night away. Thank you to all volunteers that helped make this "Spooktacular" event happen.

As we prepare to wind down the first reporting term of the year, report cards will be coming out on November 18. Please be advised that there are some provincially mandated changes happening to the process of student reporting. All marks will now be based on student's achievement of the curricular outcomes of that grade. If you have any further questions or concerns please contact the classroom teacher or Mr. Contreras or Mrs. Bergmuller at the school. As well, do not forget about parent teacher tri-conferences happening November 20 in the evening and the morning of November 21. If you are unable to meet during those times, please reach out to the students' home room teacher.

As the weather turns cooler, please remember that students will be expected to be outside during certain parts of the day (recess, Physical Education, and outdoor education). Please make sure students are dressed appropriately for the cold weather. If students are in need of support, please contact the school and we are more than happy to help with the needs of staying warm.

The entire staff at Wellington School would like to thank all our families and the community for their continuous support and kindness. As we navigate through the rest of the year, we wish you all a happy, safe and healthy school year.

Sincerely,

Emil Contreras
Principal

Kari Bergmuller
Vice Principal

Important Dates to Remember

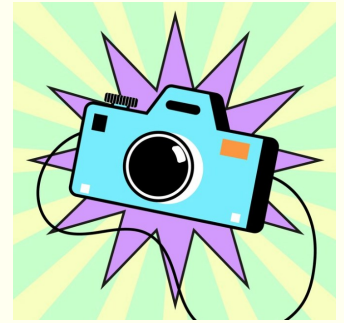
Nov. 4-6	TUE-THU	Hearing Screening
Nov. 5	WED	Traditional Teachings begins (3:30 PM)
Nov. 6	THU	Parent Council Meeting (5:00 PM)
Nov. 10	MON	Indigenous Veterans' Day & Remembrance Day Assembly (11:00 AM)
Nov. 11	TUE	Remembrance Day ***NO SCHOOL***
Nov. 18	TUE	Report cards sent home
Nov. 19	WED	Indigenous Family Gathering (6:30 PM)
Nov. 20 & 21	THU & FRI	Parent Teacher Conferences
Nov. 21	FRI	Non-Instructional Day ***NO SCHOOL****
Nov. 26	WED	Picture Retakes
Nov. 27	THU	Family Movie Night (5:30—7:30PM)

Lest We Forget

— REMEMBRANCE DAY —



November 11



PICTURE RETAKES

Change of date

~~November 10~~

November 26th,
Friday

Wellington Families

Parent Council Meeting

Thursday, November 6, 2025

Place: Library 5:00 PM—6:00 PM

If you are interested you can sign up by contacting

Ms. Livia - lbales@wsd1.org



Appointment Scheduling for Parent Teacher Conferences Nursery—Grade 6

**November 20, 2025 (Thursday) &
November 21, 2025 (Friday)**

To schedule a meeting with your student's teacher, please
access the following link or QR code:



<https://schoolinterviews.ca/code/ypf3e>

This link will be open for parent scheduling **until November 17th**.
After this date, or if you do not have access to a computer,
please call the school office at 204-774-8085. If you have
difficulty with this link, try copying it into your browser.

WSD Digital Library Resources

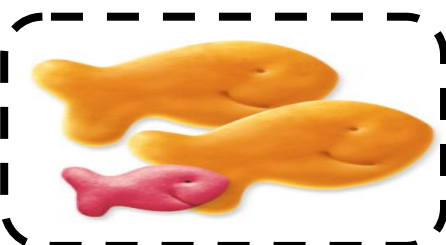
Home Access Information

These resources were compiled by WSD's Library Support Services (LSS) for WSD students. All passwords are case sensitive.	
SORA 	Winnipeg School Division Digital Library: Sora has 100s of ebooks and audiobooks staff and students can read or listen to online! Go to Sora at: https://soraapp.com/welcome or download as a free app on your mobile device. Log in and click on Explore to find an ebook or audiobook. To log in at home or school: Username: WSD student number Password: last 4 digits of student number There are multiple language options available.
TumbleBooks 	Stories, picture books and games in English, French and Spanish. Includes picture books and graphic novels (fiction and non-fiction!), read-alongs, videos, and more! Direct link: http://www.tumblebooks.com/library/auto_login.asp?U=wsd&P=books If using a device from home, log in with this information: Username: wsd Password: books TumbleBooks makes it fun to listen to books read in a language students are learning. Available for parents to share at home.
WorldBook Online 	We have a number of World Book products to support student learning at different levels and in different languages. World Book Student -- a good place for quality, basic information on a subject. World Book Kids is a more visual version. World Book is also available in French and Spanish and as World Book Timelines. Go to https://www.worldbookonline.com/home/ To log in from home: Username: schoolswsd Password: student



LUNCH PROGRAM

(Dixie Halladay)



We ask parents to please go over the lunchroom rules with your children on a regular basis: Our policy follows School Division guidelines. When a child misbehaves the first time, a verbal warning will be given. The second time, a written letter will be sent home. Within this letter it will state that your child will be removed from the Lunch Program. Then you will need to make alternate arrangements for your child. In the event of a serious incident - your child WILL BE REMOVED immediately without warning.

We would like to encourage you not to send soda pop. Nut and seafood allergies among children are becoming increasingly common; therefore we have a NO NUTS & SEAFOOD policy. We have many other allergies as well, children are not allowed to share or exchange their snacks or lunches.

As of right now, microwave service is unavailable. Please send a lunch that doesn't need to be reheated.

Wellington School

Pizza Party

Thursday, NOVEMBER 27th



- 2 slices cheese pizza
- 1 juice Box
- 1 snack

Total Cost: \$6.00

Orders must be placed by
Thursday, NOVEMBER 20th

NO LATE ORDERS will be accepted!!!



WELLINGTON SCHOOL

Breakfast Program

Hot breakfast is available
for all Wellington Students
every morning between
8:30 AM—9:00 AM

*** No sign up necessary ***

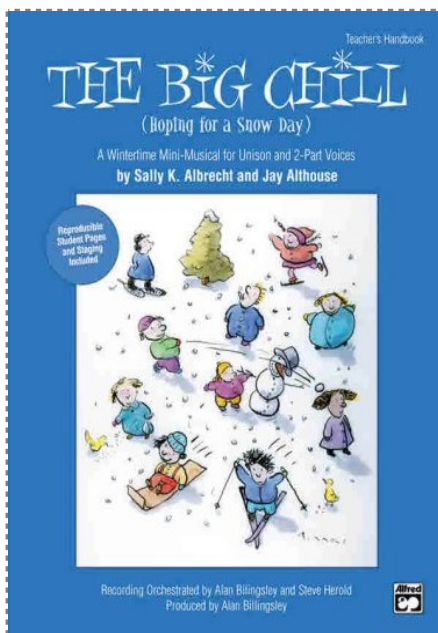
Enter at the playground doors



Wellington School Winter Concert



Join us as our students share their wonderful performances
and celebrate the season through music.



Nursery–Grade 2

Wednesday, December 3, 2025

Our Nursery and Kindergarten students will sing two special songs, and our Grade 1 and 2 students will present the musical “The Big Chill.”

⇒ **Student arrival: 5:30 p.m.**

- Go to their classrooms
- Students with a speaking role or solo go to **Room 109**

⇒ **Concert begins: 6:00 p.m.**

Grade 3–6

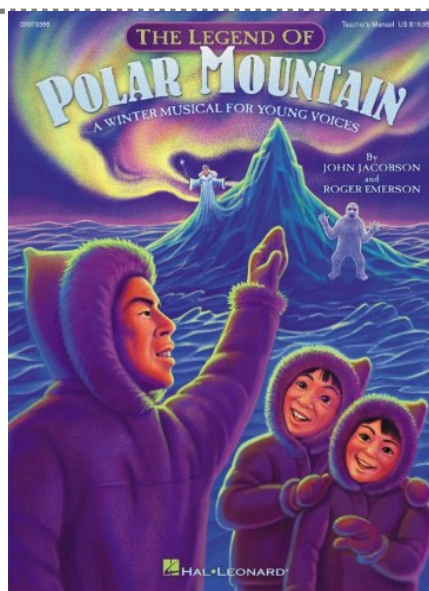
Thursday, December 4, 2025

Our Grade 3–6 students will perform the musical “The Legend of Polar Mountain.”

⇒ **Student arrival: 5:30 p.m.**

- Go to their classrooms
- Students with a speaking role or solo go to **Room 109**

⇒ **Concert begins: 6:00 p.m.**



Family Room

November

2025

Mon	Tue	Wed	Thu	Fri
Day 1 3 Family room closed morning only  Medicine bags 1:15 pm– 3:00 pm	Day 2 4 Drop in coffee time and sharing circle Medicine bags 9:30 am–11:30 am 1:15 pm–3:00 pm	Day 3 5 Medicine bags 9:30 am–11:30 am 1:15 pm–3:00 pm Traditional teaching and pow wow classes 3:35 pm– 6:30 pm	Day 4 6 Regalia making 9:30 am–11:30 am 1:15 pm–3:00 pm	Day 5 7 Koats for kids Coffee time and sharing circle Ojibway language classes 1:15 pm–3:00 pm
Day 6 10 Basic Beading & Regalia making 9:30 am–11:30 am 1:15 pm–3:00 pm	11 No school Remembrance day 	Day 1 12 Basic Beading 9:30 am–11:30 am 1:15 pm–3:00 pm Traditional teaching and pow wow classes 3:35 pm–6:30 pm	Day 2 13 Hands on cooking Tangy Broccoli Salad 9:30am–11:30 am Regalia making 1:15 pm–3:00 pm	Day 3 14 Coffee time and sharing circle Basic Beading 9:30 am–11:30 am Ojibway language classes 1:15 pm–3:00 pm
Day 4 17 Wired Trees 9:30 am–11:30 am 1:15 pm–3:00 pm	Day 5 18 Regalia making 9:30 am–11:30 am 1:15 pm– 3:00 pm	Day 6 19 Regalia making 9:30 am–11:30 am 1:15 pm–3:00 pm Traditional teaching and pow wow classes 3:35 pm–6:30 pm	Day 1 20 Regalia making 9:30 am–11:30 am 13 moon teaching In the library 1:05 pm	Day 2 21 No school 
Day 3 24 Regalia making 9:30 am–11:30 am 1:15 pm–3:00 pm	Day 4 25 Bannock Dogs 9:30 am–11:30 am 1:15 pm–3:00pm Preparation for movie night	Day 5 26 Regalia making 9:30 am–11:30 am 1:15pm–3:00pm Traditional teaching and pow wow classes 3:35 pm– 6:30 pm	Day 6 27 Family room closed  Family Movie Night 5:30 pm	Day 1 28 Family room closed 

Greetings from the Family Room

We would like to invite all Parents, Grandparents to join us in the Gymnasium for a moment of silence to honour and remember the men and women who have served, and continue to serve, on November 10th, 2025.

All programs such as cooking days and crafts are free for everyone. Please come visit the family room. Coffee is served every morning and afternoon.

Indigenous parent gathering evening event: **November 19th, 2025 @ 6:30 pm**

Hands on Crafts:

Medicine Bags: November 3rd, 4th, & 5th, 2025

Basic Beading: November 10th, 12th & 14th, 2025

Wired Trees: November 17th & 19th, 2025 - All day

Hands on Cooking & Baking

Tangy Broccoli Salad: November 8th, 2025

Bannock Dogs: November 16th, 2025

Regalia Making: November 6th, 10th, 13th, 18th, 19th, 20th, 4th, & 26th, 2025

If you are interested in making regalia for your child, please email (lbales@wsd1.org) or see Ms. Livia in the family room.

Traditional teaching and pow wow classes

Start date: November 5th, 2025

Time: 3:30 pm- 6:30 pm

All permissions forms must be handed in to Ms. Livia

Family Movie Night

November 27th, 2025

5:30 pm - 7:30pm

Registration forms will be handed out Friday, November 14th, 2025.



HALLOWEEN DANCE

October 23, 2025

Contest Winners



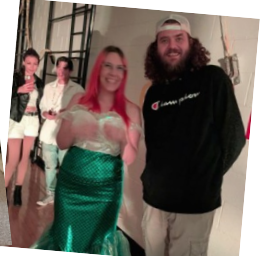
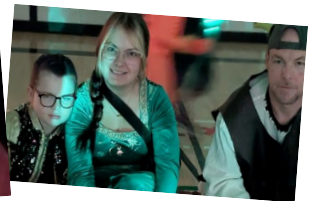
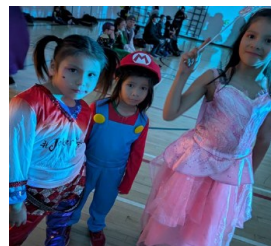
Kids under 6



Kids over 7 to teens



Adults





Mr. Caelan Thomson

for being recognized as one of the outstanding

Physical and Health Educators

and receiving the

Dr. Andy Anderson

Young Professional Award

Meet our **Public Health Nurse**



Hello Wellington School Parents/Caregivers, Students, and Staff:

My name is Anne Sikora, and I am the current Public Health Nurse (PHN) for Wellington School. I am writing to introduce myself and to share a little bit about my role and how I can be a support to your school community.

As a PHN, I work with individuals, families, groups and communities to provide health promotion and illness prevention support across the life span. Families are referred to public health services in the prenatal or postpartum period for home visits, assessments and health education. Some of you may have had support from a PHN for this reason in the past.

In the schools, PHN's run immunization clinics for students who are in Grade 6 & 8 to provide vaccinations that are recommended by Manitoba Health. In this regard, I recently ran a Grade 6 immunization clinic at Wellington School to immunize those students whose parents granted consent to receive Hepatitis B, HPV and the Meningococcal vaccines.

I can also support the school community with health promotion and illness prevention education. I can answer questions about childhood growth and development, various illnesses, immunizations and can offer guidance/support with efforts to manage and get rid of challenges such as lice. If I am unable to help with the treatment/management of any matter, I can refer you to those who can assist you. If you wish to speak with me, please contact me at **204-612-1242**, Monday to Friday, between the hours of 9:00-5:00.

Going forward, I will occasionally submit information to your school newsletter regarding a health promotion topic. For this month, I would like to remind everyone that respiratory viruses such as influenza ("the flu"), COVID and RSV are prevalent every year from October until April. Strategies to protect yourselves from illness and to prevent spreading germs to others include:



Wash your hands before eating, after coughing or sneezing into your hand(s) and after toileting. Hand hygiene can be done by washing your hands with soap and water or by using an alcohol-based hand sanitizer.



Cover your cough/sneeze with your forearm instead of your hand(s).



If you have cold or flu-like symptoms, (e.g. fever/chills, cough, runny nose, body aches or are generally not feeling well), **STAY AT HOME**. Once the fever has resolved for at least 24 hours and other symptoms are improving, you can return to school or work. However, wear a mask around others until all your symptoms have resolved.



Get the Flu/COVID vaccine **every Fall**, to protect yourself and those who are most vulnerable to serious illness (i.e. children under 5 years of age, people 65 years+ and those who are immunocompromised). Immunizations can be obtained from primary care providers, pharmacies and in community locations at clinics run by Public Health.

In the Downtown West neighborhood, Public Health will be offering Flu/COVID immunization clinics for people who are 6 months of age and older. Please see the attached poster for information on the public immunization clinic that we are offering on **Thursday, November 13, 2025, at the Valour Orioles Community Centre, 448 Burnell St between the hours of 4:00 – 7:00 p.m.** For information on additional clinics or options for other immunization catch-ups, please contact me directly at the cell phone number that I have provided above.

Happy Fall and I look forward to working with your school community!

Anne Sikora, RN, BN
Public Health Nurse
WRHA – Population and Public Health
2 – 755 Portage Ave.
Winnipeg, Mb., R3G 0N2

FREE

Flu & COVID Vaccine Clinics

Pneumococcal vaccines are also available.
Talk to your health-care provider about eligibility.

WHERE:

ORIOLES CC
448 BURNELL STREET

WHEN:

NOVEMBER 13, 2025
4 PM TO 7 PM



Scan the
QR Code
for more
information

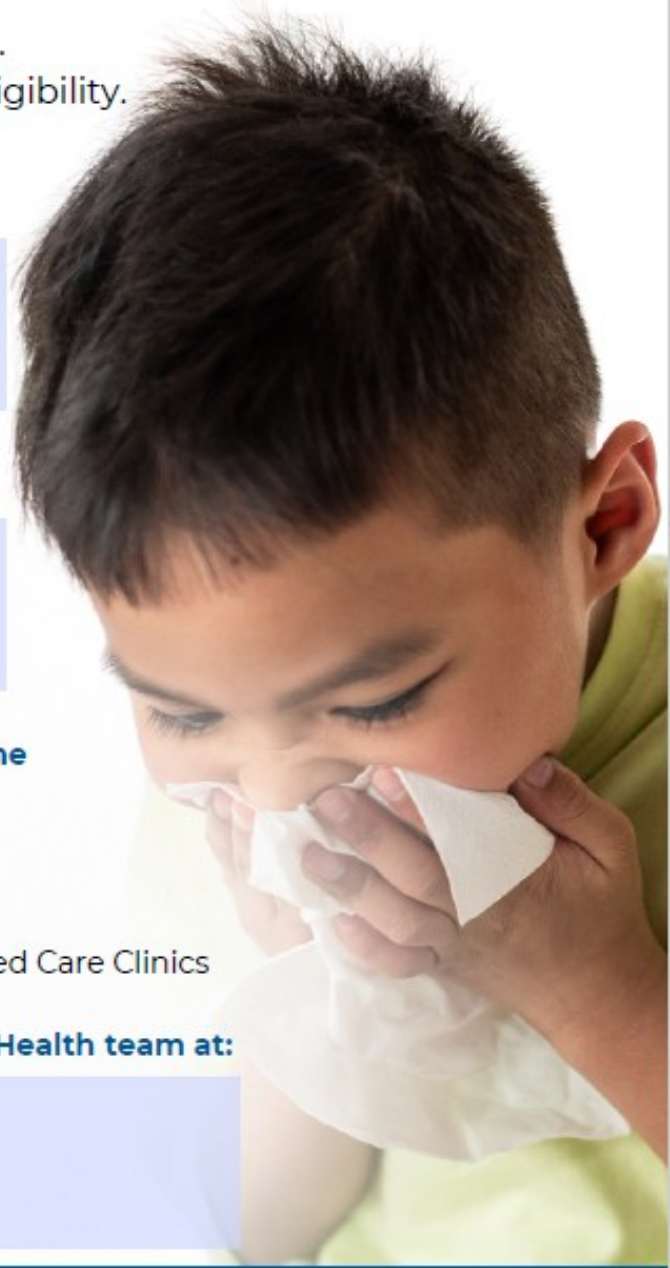


Vaccines are available at the
following locations:

- Doctor's offices
- Walk-in clinics
- Pharmacies
- WRHA Walk-in Connected Care Clinics

Contact the WRHA Public Health team at:

204-940-6669



Winnipeg Regional
Health Authority

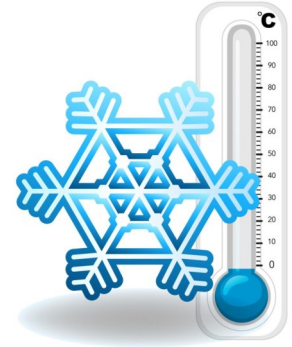
Office régional de la
santé de Winnipeg

Public Health

wrha.mb.ca

Cold Weather Reminder

As the chilly weather sets in, we'd like to remind our families that students will go outside for recess each day, except during extreme weather conditions. Please ensure your child comes to school dressed appropriately for the cold, as they will be expected to stay outdoors for recess whenever the temperature and windchill are colder than -28°C . [\(See also WSD Cold Weather Guidelines for more information\)](#)



GLOVES or MITTENS are a MUST!

Please always remind your child to wear/bring them, as they're essential for keeping hands warm and protected during outdoor activities.

Student Absence Reporting System

Report your child's absence in advance using one of these three easy methods:

- 1 Mobile App:** Download the SchoolMessenger app from the Apple App Store or Google Play Store, or use the links at <https://go.schoolmessenger.ca>. Create an account the first time you use it by selecting Sign Up. Then choose Attendance and Report an Absence.
- 2 Website:** Visit <https://go.schoolmessenger.ca>. Create an account by selecting Sign Up, then choose Attendance and Report an Absence.
- 3 Phone:** Call the toll-free number 1-855-278-4513 to use the automated system to report an absence.

JUST a reminder:

If you receive an automated phone call from the school saying your child is absent, please respond by pressing the appropriate button. This will let the school know your response.

If you hang up and call the school directly, it won't stop the automated call from reaching you.

If you don't want to receive notifications when your child is absent, be sure to report your child's absence in advance.

These options are available 24/7, and you can report future absences at any time.

EVERMORE NOVEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 AFTER SCHOOL PROGRAM 3:30PM - 5:00PM 	5	6 AFTER SCHOOL PROGRAM 3:30PM - 5:00PM PERLER BEADS	7
10	11 AFTER SCHOOL PROGRAM 3:30PM - 5:00PM 	12	13 AFTER SCHOOL PROGRAM 3:30PM - 5:00PM	14
17	18 AFTER SCHOOL PROGRAM 3:30PM - 5:00PM  	19	20 NO PROGRAM	21
24	25 AFTER SCHOOL PROGRAM 3:30PM - 5:00PM NO GYM 	26	27 AFTER SCHOOL PROGRAM 3:30PM - 5:00PM NO GYM PERLER BEADS SPECIAL SNACK	28



TO REGISTER

<-USE THE QR CODE
OR FOLLOW THE LINK ON OUR
WEBSITE: evermoreggl.com

FOR A PAPER COPY
SEE THE OFFICE OR CONTACT US
INFO@EVERMOREGGL.COM
204-772-9315
WWW.EVERMOREGGL.COM

AFTER SCHOOL PROGRAM WEEKLY SCHEDULE

GREENWAY SCHOOL
TUESDAY & WEDNESDAY
3:30PM-5:00PM

JOHN M KING SCHOOL
MONDAY 3:30PM-5:30PM
THURSDAY 3:30PM-5:00PM

WELLINGTON SCHOOL
TUESDAY & THURSDAY
3:30PM-5:00PM