



École Sir William Osler November 2024 Newsletter



Principal: Dominique Ostermann

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1600 Grant Avenue

ADMINISTRATOR'S MESSAGE

The days are getting shorter, the leaves have fallen and the cooler weather is upon us, but things are just heating up for the school year. Read on to find out more. Please remember to label all your child's clothing. We are still having many items turned into our lost and found that are not labeled.

We are working hard towards our Global Sustainable Development Goal. There are 17 United Nations goals. You can click on the link for more information [United Nations Sustainable Goals \(https://sdgs.un.org/goals\)](https://sdgs.un.org/goals). This year our school has chosen #15 Life on Land - protect, restore and promote sustainable use of terrestrial ecosystems, and sustainably manage forests. We continue to also focus on recycling and composting to reduce our waste as well as being water protectors.

The provincial report card goes home on Monday, November 18 and it will provide information on your child's learning as they progress towards provincial outcomes. If at any time during the year, you have concerns regarding your child's progress, please contact the classroom teacher. Your child's development will be further discussed during **Grades 1-6 Tri-Conferences** (child/parent/teacher) Thursday, November 21 in the evening and Friday, November 22 in the morning. **Nursery/Kindergarten PM students (with Mme Nicole) will have Parent/Teacher Conferences** Wednesday, November 20 in the evening and Friday November 22 in the morning. **Nursery/Kindergarten AM students (with M. Saiko) will have Parent/Teacher Conferences** Thursday, November 21 in the evening and Friday November 22 in the morning. Please remember to schedule your appointment time online. Information will be coming out shortly.

The **Scholastic Book Fair** is returning! The Scholastic Book Fair will be running Wednesday, November 20 from 3:00-6:30 p.m., Thursday, November 21 from 3:00-7:00 p.m. and Friday, November 22 from 8:30-11:00 a.m. Students will have a chance to visit the fair with their class during the day. Teachers will also have wish lists posted. Make sure to come visit the library! Books make wonderful gifts! Purchases also help raise funds for new books for the library. It's a win-win situation for everyone!

We are not sure yet if we will be able to have our **Remembrance Day Assembly** due to the construction. Daycare may still be in the gym on November 8. Please watch your emails for more information as we approach the date.

The **Winter Bazaar** will be making a return this year! The Winter Bazaar is an opportunity for students to purchase gifts (for a very low price) for their immediate family. We will be collecting donations of new or gently used items from families that might be sitting unused collecting dust or otherwise end up in the landfill. We will be collecting items from November 18-December 6. There will be a box located outside the office. The Winter Bazaar will take place on Friday, December 13. More information will be coming in December.

Continued on
Page 2...



Administrator's Message Continued

We will also be gathering winter clothing items for "Koats for Kids". Each year, thousands of kids and families reach out to Koats for Kids to ensure they can weather the cold winter months. If you have winter clothing that your child has outgrown, please consider donating it. Koats for Kids accepts new or gently used: warm winter coats (no fall/spring jackets please), toques, mittens (warm mittens, not thin, cloth ones), neck warmers, ski pants, and warm winter boots (no rain boots). We will leave a box in front of the office for these items from November 4-December 2. **If you are in need of any winter clothing, please let me know and I will put in a request for you since parents cannot order directly.**

Our staff and students would like to thank all the families who work hard to make this a wonderful community for students and staff. Your support and encouragement is greatly appreciated! Thank you also to our Parent Advisory Council who spend a great deal of time supporting and working with our school in so many ways. Your time and dedication does not go unnoticed.

Mme Dominique Osterman
Directrice/Principal

Terry Fox Run

Thursday, September 26, 2024



A huge thank you to all of our families that raised money for the Terry Fox Foundation.

A total of \$3,777.00 was raised to go towards cancer research.

Picture Retakes

Lifetouch will be here **Wednesday, November 6, 2024** for the **morning only** to take retakes. If your child attends afternoon nursery or kindergarten, please feel free to bring your child to school for 9:00 a.m. that morning, if you would like a retake of your child's photo, or if your child was absent on our photo day.



Parent Advisory Council



Our École Sir William Osler Parent Advisory Council is always looking for new members! Please consider joining us to help support school programs and initiatives.

**Next Meeting: Tuesday, November 19, 2024
6:00 p.m.**

Farm to School PAC Fundraiser

Thanks to our amazing community we were able to raise **\$1,855.00** that will go towards our playground enhancements.



Scholastic Book Fair



We will once again be holding a Scholastic Book Fair during our Tri-Conferences.

Wednesday, November 20, 2024: 3:00 - 6:30 p.m.

Thursday, November 21, 2024: 3:00 - 7:00 p.m.

Friday, November 22, 2024: 8:30 - 11:00 a.m.

This is a great opportunity to support our school and purchase a few books for the holiday season!

Sick Kids!

We have had a few sick children at school. A reminder that we are not able to care for sick children at school. Your child should not be at school if they have a very bad cold, cough, have a fever, or upset stomach. As the cold and flu season is upon us, we are reminding children about the importance of eating well, getting enough sleep and washing their hands. If your family chooses flu vaccines are also available. Speak to your family doctor for more information. If your child is ill, please keep them at home in order to speed up recovery, and to avoid spreading illness to other children and staff.



Winter Bazaar

On Friday, December 13, 2024 École Sir William Osler will once again be hosting a Winter Bazaar, our “*Bazaar d’hiver!*” The bazaar will allow students the opportunity to purchase holiday gifts for their immediate family members. Any funds raised will be donated to an organization that supports our UN Global Sustainable Goal - Clean Water and Sanitation. We look forward to your support to help make this a successful and worthwhile event!

We are asking families for donations of gently used goods. The items do not have to be new, however, they should be clean and in very good condition. This is a way for us to re-use and reduce in our community! Some ideas for donations are: kitchen items, jewelry, decorations, puzzles, board games, books, self care items, tools, books, toys, etc. No food, clothing or cosmetics please. In order to keep our items recyclable, we will not be using gift wrap. Instead, students can decorate the paper bags if they wish. Don’t forget that the students have to be able to carry their gifts home in their backpacks!

Prices for donated items will range from \$0.25 - \$2.00. **Donations for the bazaar will be accepted from November 18 - December 6, 2024.** We would invite you to ask family members and friends to donate any gently used items, as well! Items may be dropped off in the bin located in front of the office.

Set up will be on Thursday, December 12 in the afternoon. **Please remember to send your child’s pocket money with them on Friday, December 13!** For younger students, it may be a good idea to put their money in an envelope with the names of their immediate family so we can help them with their purchases.

Volunteers are needed to help with set up on December 12 (in the afternoon), and to help younger students with purchasing their items, etc. on December 13. Please email Mme Ostermann at dostermann@wsd1.org if you are able to give us a hand! Please remember that all parent volunteers must have up to date volunteer papers and complete the Accessibility in Manitoba training and the Respect in School training in order to volunteer.



19 Things to Say to Encourage your Children

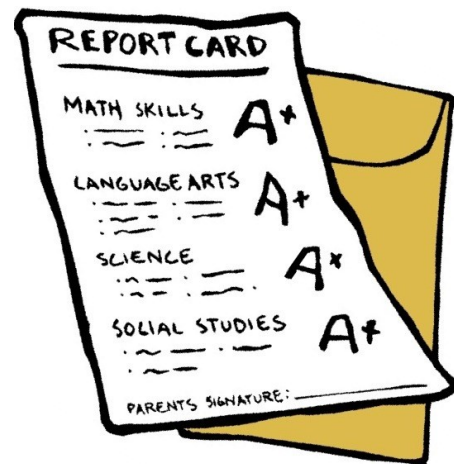
1. Great job! Thank you for doing that.
2. Way to go. I'm proud of you!
3. That was so kind of you!
4. Fantastic - thanks for listening the first time.
5. Wow - you really rocked it!
6. You know what? You are a great kid!
7. I appreciate what you did.
8. Look at what you've accomplished!
9. What a great decision you made!
10. Thanks for doing that before I could even ask.
11. I'd love to hear about it.
12. You figured it out - that's awesome!
13. One step at a time - you're doing it!
14. Fabulous job - you were really listening.
15. I know that was a new thing for you - excellent try!
16. I love your creativity!
17. Thank you for sharing.
18. Keep going - you can do it!
19. I love you.



What to do with that Report Card

Here are 5 things to do when your child's report card comes home:

1. Take it seriously. A report card cannot tell you everything about how your child is doing. But your child's teacher spends a lot of time making sure that the report card shows you a snapshot of your child's current progress. Take time to read it carefully. Talk about it with your child.
2. Find something to praise. Even if your child did not do as well as you had hoped, look for something positive. Be sure to read the comments about your child's behaviour and work habits. If your child's grades were not what you had expected, talk about what you and your child can do to improve their grades.
3. Let your child know what you expect. Say things like, "It's okay if you're not the best in the class. I just expect you to do your best." Remind children that effort is as important as ability.
4. Look at your child's work. You only see a report card a few times a year. But you can look at the work your child is doing every day. There is a link between how hard students work and how much they learn. Point that out to your child.
5. Help your child develop good work habits. A child who sets aside time everyday to read will learn to read better. A child who practices math everyday will master math facts.



Cold Weather Clothing

The days are getting much colder. Please send your children to school so they arrive just before the bell rings at 8:20 a.m. School staff are outside to supervise children at 8:10 a.m. each morning.

Students are expected to be outside for both recesses, at lunch time, as well as before school.



Please remember to put a t-shirt under the warm layers of sweatshirts and sweaters so students don't get too hot during phys. ed. class.

Please help by making sure that they dress for the weather as well as for the school.

School Closures & Transportation Cancellations Due to Severe Weather

The decision to close a school is made by the Chief Superintendent.

The decision to close all schools is made by the Chief Superintendent (or designate) in consultation with other Superintendents in Winnipeg and with the Chair of the Board of Trustees.



Transportation will be cancelled if the weather drops to -35°C (without the wind chill) or -45°C (with the wind chill) by 6:15 a.m. Schools will remain open but transportation will not operate.

School/Transportation closure announcements will be advertised on the Winnipeg School Division website and on the following:

CBC Radio	92 CITI FM	99.9 BOB FM
1290 CFRW	QX 104 FM	CJOB
102.3 Clear FM	CBC - French	FAB 94.3
Virgin 103 FM	CTV News	Global TV
CityTV	Power 97	Energy 106
Winnipeg Free Press website		

Frostbite

Frostbite is a localized injury caused by cold in which the affected tissues are frozen. It most commonly affects the toes, fingers and face (nose, ears, cheeks and chin).

With continued cold, the blood supply to the extremities is steadily reduced, accelerating the freezing process. As circulation becomes impaired, sensation in the affected area is lost. Unless the tissue is rewarmed quickly, the skin and superficial tissues actually begin to freeze solid. If the conditions persist, the freezing enlarges and penetrates further.

Dressing warmly and staying dry are essential to prevent frostbite. Children should wear:

- a hat
- a neck tube or other covering for the face (covering the mouth and nose)
- mittens or gloves
- sleeves that are snug at the wrist
- warm and water resistant proper fitting outerwear and boots.

At the first sign of redness or pain in any skin area, remove the child from the cold or protect any exposed skin, as frostbite may be beginning. Any of the following signs may indicate frostbite:

- a white or greyish-yellow skin area
- skin that feels unusually firm or waxy
- numbness

Frostnip: a mild form of frostbite. Skin is yellowish or white but soft to the touch. There is a painful tingling or burning sensation in the warmth.

Frostbite: a more severe condition where skin and underlying tissues are frozen. Skin is white, waxy, and hard to the touch. There is no sensation.



For early signs of superficial frostbite move the affected person to a warm room as soon as possible. Warm the affected area gradually through direct contact with body heat (i.e. place a warm hand against the affected area). Do not raise the temperature of the affected area much above body temperature. Severe frostbite should be treated by trained medical personnel.

Cold Weather Conditions

Below is a guideline provided by the Winnipeg School Division for keeping students indoors for recess. The Superintendents of the school divisions in Metro Winnipeg have determined that the temperature reading used will be that of **Environment Canada at The Forks location**.

Wind Chill	Exposure Risk	Health Concerns	What to Do
0 to -9	Low Risk	<ul style="list-style-type: none"> Slight increase in discomfort. 	<ul style="list-style-type: none"> Dress warmly. Stay dry.
-10 to -27	Moderate Risk	<ul style="list-style-type: none"> Uncomfortable Risk of hypothermia and frostbite if outside for long periods without adequate protection. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Wear a hat, mittens or insulated gloves, a scarf and insulated, waterproof footwear. Stay dry. Keep active.
-28 to -39 Indoor Recess	High Risk: Exposed skin can freeze in 10 to 30 minutes.	<ul style="list-style-type: none"> High risk of frostnip or frostbite: Check face and extremities for numbness or whiteness. High risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active.
-40 to -47 Indoor Recess	Very High Risk: Exposed skin can freeze in 5 to 10 minutes.	<ul style="list-style-type: none"> Very high risk of frostbite: Check face and extremities for numbness or whiteness. Very high risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active.
-48 to -54 Indoor Recess	Severe Risk: Exposed skin can freeze in 2 to 5 minutes.	<ul style="list-style-type: none"> Severe risk of frostbite: Check face and extremities frequently for numbness or whiteness. Severe risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Be careful. Dress very warmly in layers of clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Be ready to cut short or cancel outdoor activities. Stay dry. Keep active.
-55 and colder Indoor Recess	Extreme Risk: Exposed skin can freeze in less than 2 minutes.	<ul style="list-style-type: none"> DANGER! Outdoor conditions are hazardous. 	<ul style="list-style-type: none"> Stay indoors.

Weather Information: Phone the Environment Canada info line at 204-983-2050 (recording updated hourly) for temperature, and wind chill factor, or severe summer weather reporting

OR

Internet Address: www.weatheroffice.ec.gc.ca

Boukili

Free Illustrated Children's Books!



Boukili is a free application that provides a variety of illustrated books for children. It aims to encourage children to read and helps them

attain different levels of reading proficiency.

With Boukili you can practice reading in French with your child while keeping track of his or her reading progress.

Visit boukili.ca/en for more information

Tumble Books Library

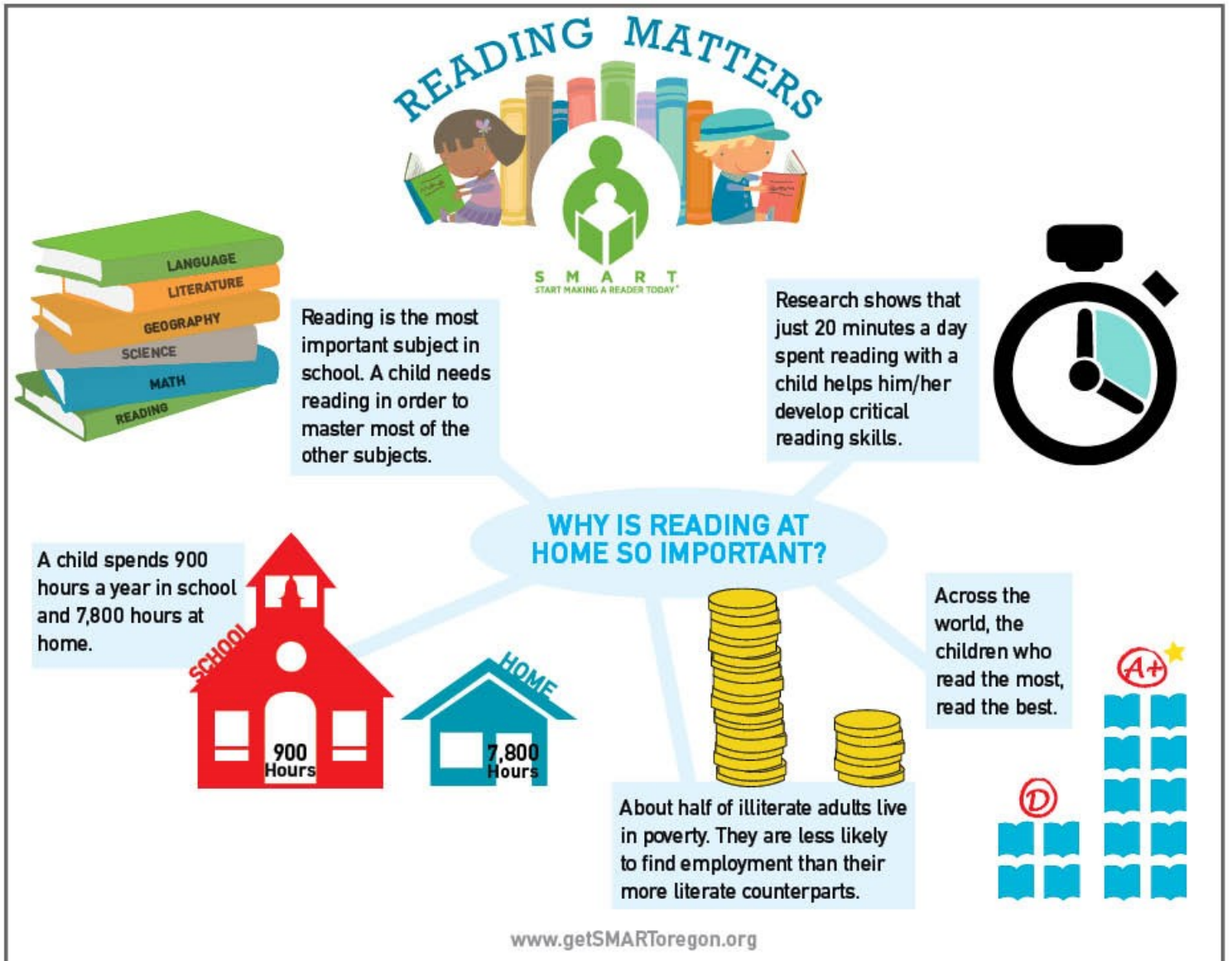
Tumble Books Library is an online collection of English or French read-along books which features adjustable online text and complete audio narration.

Sentences are highlighted as they are being read and the pages turn automatically.

The collection features early books, chapter books, teen novels, low interest/high vocabulary books, games, etc. There is a book for everyone!

To access:

1. Go to www.winnipeg.ca/schools/sirwilliamosler/
2. Click on Student Resources—Useful Links
3. Click on TumbleBooks



Important Dates for the 2024-2025 School Year

All Dates Subject to Change

Dec. 2 - Last Day for Koats for Kids Donations
Dec. 6 - Last Day for Winter Bazaar Donations
Dec. 12 - Winter Concert at LaVérendrye 6:00 p.m.
Dec. 13 - Winter Bazaar
Dec. 16-20 - Spirit Week
Dec. 19 - Fun Lunch: Boston Pizza
Dec. 20 - Last Day of Classes
Dec. 23 - Winter Break Begins

Jan. 6 - Classes Resume
Jan. 21 - PAC Meeting 6:00 p.m.
Jan. 22 - Open House 6:00 p.m.
Jan. 31 - No Classes: Admin Day

Feb. 1- 28 - I Love to Read Month
Feb. 17 - No School: Louis Riel Day
Feb. 18-21 - Festival Week
Feb. 18 - PAC Meeting 6:00 p.m.
Feb. 21 - Fun Breakfast: IHOP

Mar. 10 - Report Cards Sent Home
Mar. 13 - Student-Led Conference 3:30 - 8:30 p.m.
Mar. 14 - No Classes: Student-Led Conferences
Mar. 24-28 - Spirit Week
Mar. 28 - Last Day of Classes
Mar. 31 - Spring Break Begins

Apr. 7 - Classes Resume
Apr. 9 - International Day of Pink
Bus Ridership
Apr. 10 - Spring Picture Day
Apr. 11 - No Classes: Admin Day
Apr. 15 - PAC Meeting 6:00 p.m.
Apr. 18 - No School: Good Friday
Apr. 24 - Fun Lunch: Pita Pit

May 9 - No Classes: Admin Day
May 15 - Mobile Vision Clinic
May 19 - No School: Victoria Day
May 20 - PAC Meeting 6:00 p.m.
May 27 - Grade 6 Immunizations

Jun. 11 - PAC School Picnic
Jun. 19 - Fun Lunch: McDonalds
Grade 6 Farewell
Jun. 23 - No Classes: Admin Day
Report Cards Sent Home
Jun. 27 - Last Day of School

Daylight Savings Time



Sunday, November 3, 2024
move your clocks back one hour.

Remembrance Day Monday, November 11, 2024



In Flanders Fields

by John McCrae, May 1915

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.





École Sir William Osler



Visit our website: www.winnipegssd.ca/schools/sirwilliamosler

Dominique Ostermann
Principal

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November 2024

Mon	Tue	Wed	Thu	Fri
				1 Day 6 No School Administration Day
4 Day 1 Coats for Kids Donations Now Accepted 	5 Day 2	6 Day 3 Picture Retakes: AM Only 	7 Day 4	8 Day 5 Remembrance Day Assembly 10:30 a.m. Conference Scheduling Site Opens at 12:00 p.m.
11 No School Remembrance Day 	12 Day 6	13 Day 1	14 Day 2	15 Day 3
18 Day 4 Winter Bazaar Donations Now Accepted Report Cards Sent Home Conference Scheduling Site Closes at 12:00 p.m.	19 Day 5 PAC Meeting 6:00 p.m. 	20 Day 6 Conferences (N/K PM Only) 3:30 - 6:30 p.m. 	21 Day 1 Conferences (N/K AM & Gr. 1-6) 3:30 - 8:00 p.m. 	22 Day 2 No School Conferences Conferences (All Grades) 8:30 - 11:30 a.m.
25 Day 3	26 Day 4	27 Day 5	28 Day 6	29 Day 1