



*Dear Parents/Guardians:*

October was another great month of learning at Mulvey, and we are all very excited to continue with our successes into the month of November. This past month saw our Marvelous Mulvey students engaged in a wide variety of lessons in all curriculum areas, as well in the arts, sports, drama and citizenship. Our students, staff and parents also were very actively involved in the Terry Fox Foundation to raise funds and awareness for Cancer research. The Mulvey School Community was able to fundraise \$1 012.00, a very sincere thank you to all! This year, the student leadership team will focus on helping the Meals 2 Go Program and other positive community initiatives. They will also have opportunities to meet virtually with other students from around the city to promote better nutrition.

October's themes for the Pro-Social Program were Resisting Revenge, Anti-Bullying and promoting Peace. The *Second Step* and *Kids in The Know* lessons taught in the classrooms focused on these themes as well. Many kits and other appropriate resources were also made available to students and teachers on these topics.

The Remembrance Day assembly will take place at the school on Friday, November 10th at 9:20 a.m.

This month parents, guardians, caregivers and families will receive their child's first assessment package for the 2023 - 2024 school year. Letters requesting your preferred Parent Teacher Student Conference time were sent home in October. Please return the request forms to the school by November 6, 2023.

Parent/teacher/student conferences have been scheduled for November 16th from 4:30 p.m. - 8:30 p.m. and November 17th from 9:00 a.m. – 3:30 p.m. Appointments are in person at the school or by telephone. Reports cards and appointment times will be sent home on November 14. We will make every possible effort to schedule you for your preferred time. Please make every effort to set time aside to participate in the appointment. Report Cards are always an extremely important review and help in setting next steps and goals for your child.

*Mr. P. Correia, Principal*



# Features

Please consider joining us at our  
**Remembrance Day Assembly**  
On November 10, 2023 at 9:20 a.m.

11 NOVEMBER  
REMEMBRANCE DAY

*Lest we forget*



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WINNIPEG SCHOOL DIVISION

# Mulvey Moments



## WSD Land Acknowledgment and Commitment to Action

“The students, staff, and communities of Winnipeg School Division are committed to truth and reconciliation through building relationships with Mother Earth, the original peoples of this land, and the stories that bring us together. We acknowledge the place in which we gather is on Treaty 1 territory, the homeland of the Red River Metis, and the ancestral lands of the Anishinaabe, Ininiwak and Dakota Oyate peoples.”

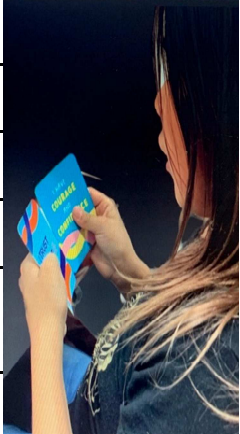
# Acts of Recognition (AoRs)

Acts of Recognition are given to students for achieving personal, academic, or social goals. We use the Seven Teachings to help students name their goals. This may be when a student goes beyond regular expectations or continually demonstrates skills and/or behaviours that contribute to making Mulvey School S.A.F.E.

**84 students** received Acts of Recognition stickers in the month of October.

**There are several marvellous Mulvey students who have received MORE than one nomination, but are included in this list only once.**

If you would like to nominate your child, or any student parent, community member, please email Mr. Correia (pcorreia@wsd1.org) or Mrs Ginsburg (nginsburg@wsd1.org).

Aaron	Avery	Giddy	Karma	Mira	Sofia
Abdi	Beniel	Greyson S.	Kevron	Mohammad	Sydney
Abdi	Bohdan	Hadassah	Khadar	Mosana	Tiara
Ainsley	Charles R.	Hannah	Khalid	Muntaha	Uche
Albert	Charlie	Hellen	Kyron	Muqbil	Ugo
Ale	Connor	Henry R.	Lilianna	Musab	Violet
Aleena	Dalton	Hiyab	Lillian K.	Nathan	Vlad
Aleeza	Dan	Isley	Lily-Anne	Noble	Windsor
Alexander	Danait	James L.	Lorraine	Olansis	Yeva
Ameliya	Darrylinn	James R.	Lucy S.	Omar	
Amen	Eden	Jayce	Malakai	Perwitto	
Ariah	Eira	Jayden	Maria	Richard	
Arthur	Elainne	Joe	Matilda	Ridwan	
Ashley	Felicity	Kairus	Mihraz	Sebastian	
Athena	Florian	Kaleb	Milo	Sky	

## October Acts of Recognition

						
Courage	Honesty	Humility	Wisdom	Respect	Truth	Love
5	8	10	14	19	10	18

# NEWS FROM THE CLASSROOM

## Nursery AM Kindergarten AM/PM Ms. N. Schneider

As we welcome the Fall Season, we have been moving into the exciting unit entitled "Apples and Pumpkins". Over the next several weeks, your child will continue to be involved in a variety of activities, including: creating apple patterns, graphing apples by colour and taste, ordering apples and pumpkins by size, making apple prints, sorting apples and pumpkins using a variety of sorting rules, as well as reciting apple and pumpkin poems and songs. We will continue to practice thematic songs that will highlight the musical creativity, developing active listening skills and following the directions.

For our Literacy Programming, we developed the love of reading by choosing books based on interest, then, looking at the pictures, and sharing ideas about the story. Thank you so much for your continued support. I am looking forward to another lively month on our learning journey!



## Grades 1 & 2 - Ms. S. Gomes

Hello Room 7 families! We continue to get to know each other and are working on building respectful friendships with one another. We have also been practicing our classroom routines and transitions every day. This past month, we took the time to discuss the importance of respecting and loving the people around us to honour National Day for Truth and Reconciliation. We were also able to decorate an orange shirt as a classroom and display it outside our school along side all the other classrooms orange shirts. The children were full of beautiful ideas and examples of how we can show kindness and love to those around us. I am so proud of them! We were able to start our classroom Read to Me Framework as well this past month. We are on our way to becoming more confident readers and writers. For math, we have been working on our numeracy skills by reviewing counting forward and backward, using our subitizing skills, working on simple addition, and working on patterns. I am very excited to be a part of all of the learning taking place in our room!

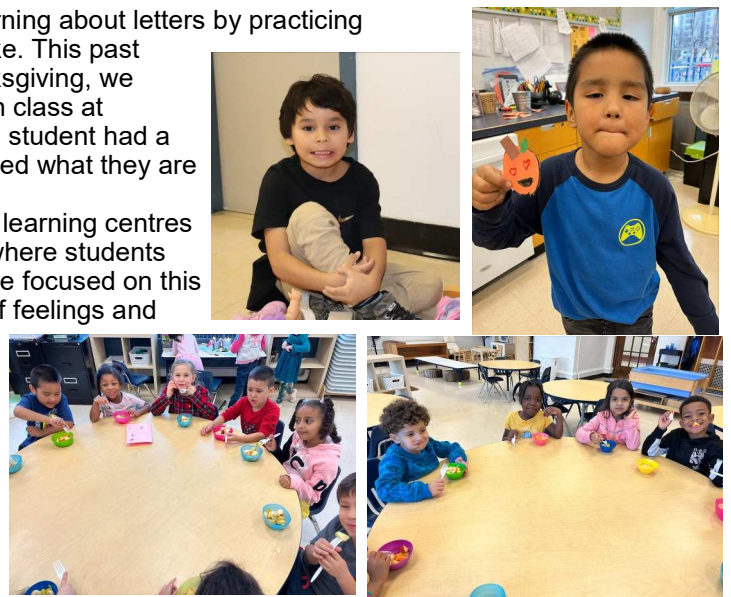


## Kindergarten AM/PM Ms. H. Dumond

October was a busy month in our class. We continued learning about letters by practicing identifying, printing, and learning the sounds that they make. This past month we focused on letters Pp, Ll, Rr, and Hh. For Thanksgiving, we received a generous donation of fruit from the kindergarten class at Balmoral Hall School. We used it to make fruit salad. Each student had a turn to chop, mix, and taste the fruit. The students expressed what they are thankful for in their own lives.

As we started to observe the fall changes, we focused our learning centres around this theme. We did some "pumpkin investigating" where students observed, measured, and drew pumpkins. Another topic we focused on this month was feelings. Students learned to identify a range of feelings and had conversations around what we can do to self-regulate our own feelings. We connected feelings to jack-o-lanterns by creating an art project to show different emotions.

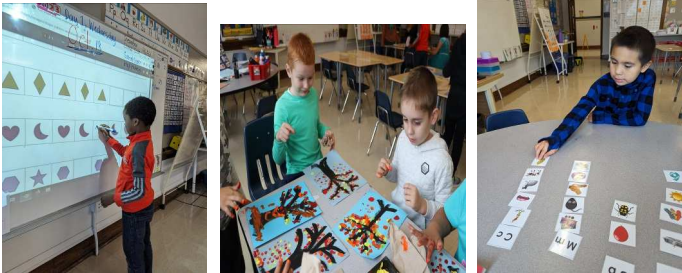
Students had a lot of fun wearing their costumes to school on Halloween and participating in themed centres.



# NEWS FROM THE CLASSROOM

## Grades 1 & 2 Ms. A. Cruzada

Last month, we reviewed our classroom expectations, routines, and procedures. We commit ourselves to continue practicing all these goals throughout the year. For ELA, we started to work in small group during our *Read To Me Framework and Guided Reading* sessions. We are focused on developing our reading fluency and comprehension through daily practice of reading basic sight words, word families, sentences, and stories. In Math, we are practicing various skills like: counting objects, making patterns, making tens using different manipulatives, identifying numbers before and after a given number, and rote counting forward/backward from 1 to 100. Students learned about Math vocabulary words such as big and small, more or less, equals or the same. In Science, we studied about body parts and the five senses. We had an active discussion on how to take care of our body by making healthy choices and favorite things to do during the fall season. In Social Studies, we had a great discussion on how to show kindness, and ways to be respectful and make good choices. As their new teacher in the class we have been getting to know each other. I want my students to feel and realize that we are a community in our classroom.



## Grades 1 & 2 Ms. C. Kamara

The grade one and two students had a Spooktacular time in the month of October! They enjoyed listening to Halloween stories, getting to make Frankenstein/ Mrs. Frankenstein stories, getting dressed up and they had a great time at the classroom Halloween party! In the month of October the students were busy learning about consonants and vowels, short and long vowels, and became experts on our alphabet chanting! The class also finished our Social Studies unit on All About Me/ Rules and Responsibilities and began a new Science unit on Daily and Seasonal Changes. The class also started our homework and home reading programs, and our Book Buddy reading. In the month of November the students will be continuing to practice their math strategies; doubles, counting on, making ten and the “flip-flop”, as well as continuing our unit on Patterns. The class will also be starting our once a cycle visit to the Library, where students will get to each pick out a book to bring back to the classroom with them for their book buddy reading! The class can't wait to show their parents and guardians all of the new things that they have been learning when they come in for Parent-Teacher Conferences this month!



## Grade 1, 2, & 3 AP Ms. L. Costello

Students have been very busy. Their routines have been established, and the students have been busy learning at their own pace. Students have been enjoying using their AAC devices and participating in morning carpet time communicating more with others. Our room is enjoying their integration with grades 2-3 during physical education and playing with new friends. The students have been busy learning about the changes that happen in the fall and going on community walks to see the leaves on the ground. Just a friendly reminder that we go outside everyday and to dress your child for the weather.



## Grades 3 & 4 Ms. E. Black

We have really enjoyed the weather this fall! We have taken full advantage of the warm weather, and have spent time outdoors exploring the many different structures in our neighborhood! We observed natural structures such as burrows created in trees, spider webs and a bird's nest. We became our own builders in Science and created 'The Tallest Tower' out of marshmallows and tooth picks. In Social Studies, we are branching out from who we are, to who we are as Canadians and how we make up a community. Got Canadian coins in your pocket? We have been counting Canadian money and learning about the symbols on our coins. Check out "Canada in My Pocket" on YouTube to learn the facts and sing along.



# NEWS FROM THE CLASSROOM

## Grades 5 & 6 Ms. C. Fraser

Happy November to our Mulvey Families, Friends, and Community!

We have been exploring many things, from weather and how it affects humans and wildlife (science), to First Peoples of Canada and how the various groups across Canada lived differently according to resources and landscape (Social Studies). We have also been working on various areas in math from measurement to multiplication and a plethora of concepts in English Language Arts, from sentence structure, to juicy descriptive wording and details in story writing, to the three aspects of reading that we need to focus on, Comprehension (understanding), decoding (sounding out the words), and Fluency (reading with flow and attending to punctuation). We will of course continue our work in all areas and try our very best to have fun doing it.

A phrase that I have been talking to the students about is this, "When your brain finds something challenging and hard, you are in a position where you are learning". When we are in a state of ease and familiarity, our brain is not being challenged to learn something new. It is important to push ourselves and to believe that we can accomplish what we put our minds to. I hope this sentiment resonates with our families, and that this message can be a joint effort from both school and home.

A few pictures from the classroom, outdoor activities with the beautiful weather, as well as our Terry Fox Run/Walk outside. Enjoy!



## Grades 4 & 5 Mr. B. Papineau

Hello families. October was a busy month, and your students have adapted well to our classroom routines. In math, we worked on daily activities such as problem solving, math drills, and are working on multiplication and division in our more formal lessons. In our Words Their Way spelling program, we've made progress with spelling rules and all students are showing growth. In Social Studies we are working on our projects about Manitoba. Students have been working on their writing and editing skills and enjoying local author David A Robertson's novel, The Barren Grounds.

We have also filmed our version of the poem In Flanders Fields for Remembrance Day. Our room has been learning the classic poem and will be presenting our version of it for the Remembrance Day service to be held here at Mulvey. I will share the link via the Seesaw app; I apologize for not getting our classroom set up on Seesaw sooner.

Please ensure that your child is reading at home every single evening for at least twenty minutes. Reading at home is one of the most important things your child can do to help them develop academic and intellectual skills and a basis for success in their future.



## KERNELS POPCORN FUNDRAISER



supporting Mulvey School  
Parent Council  
fundraiser. We raised  
\$427.59!

The funds raised will be used to support  
student programming school activities  
and grade 6 student farewell.  
We look forward to your support.



## Fundraiser

Mulvey School Parent Council will be running the annual Bothwell Cheese fundraiser in November. Please watch for the order forms coming home.

All orders are due December 4, 2023  
Delivery pick up date December 15, 2023

# NEWS FROM THE CLASSROOM

## Grades 5 & 6 Mr. B. Kussin

This month is shaping up to be a tremendous one. The students are beginning to apply the skills they already possess and apply new ones they have learned so that they may "Earn Their Learning" which is one of the core goals of the class this year. In Social Studies we are learning about Confederation from the entry of the provinces and territories into Canada to the different levels of our Canadian government. We will also have a look at the rights and responsibilities of citizens in a democracy. In Language Arts our focus is on writing, specifically learning how to write proper paragraphs using the definition and elements of a paragraph and graphic organizers to help plan our ideas. In Science, we will continue to advance our understanding of the importance of proper nutrition and demonstrate what we have learned by producing a nutrition booklet incorporating expository text features. In Math, we are continuing to develop our understanding of patterns along with problem solving and flexible thinking skills to help us think of a variety of ways to understand math concepts and solve problems.



## Grades 3 & 4 Ms. W. MacKenzie

I hope you have all been getting out and enjoying the lovely fall weather!

Throughout November we will be continuing our study of Rights and Responsibilities and reviewing the provinces and territories of Canada. In English Language Arts, we will continue to work on sentence structures, descriptive words and editing. In math, we will be continuing to learn more about numbers and students will continue working with the DreamBox math program. In Science we have been exploring weather.

Thank you to those families who are supporting their child's learning by reading for 15-20 minutes each evening which is a fantastic way for students to maintain and build upon their current reading skills. When you have a few minutes during a walk or on a drive, it is a great opportunity to practice counting forward and backward by 2's, 3's, 4's, 5's and 10's. Knowing how to skip count is very useful for students in order to do multiplication and division and to count objects more efficiently.

I look forward to connecting with you during Parent/Guardian interviews on November 16<sup>th</sup> and 17<sup>th</sup>. This is a wonderful opportunity for you to discuss your child's strengths and next steps.



## Grades 2 & 3 Ms. K. Rosenberg

I hope everyone has been enjoying the beautiful fall weather, watching the colourful leaves fall from the trees. Seeing all the leaves outside made us think about descriptive words related to fall; we had a lot of fun writing and decorating creative acrostic poems!

In October, students finished designing their very own communities, and started to create convincing writing pieces about why their community would be a great place to visit! We also continued to study healthy living in science, looking at Canada's Food Guide. Thank you again to the students and staff at Balmoral Hall School for inviting us to their playground. We had a wonderful time and are excited to continue developing a connection with them!

Throughout November, we will be studying Growth and Changes in Animals in science. We will further develop our understanding of our Canadian community in social studies. Students have shown a great love for learning math in our classroom! We have been learning a variety of ways to represent numbers, practicing our math facts, and have been enjoying our DreamBox Program. We will be learning more about place value, patterning and will continue to develop our math strategies. In English Language Arts, we have begun *the Read to Me Framework*. In small groups, students are building upon reading strategies, word work skills, and understanding sentence structure. On another note, our spelling program is up and running! As a reminder, students will bring home their spelling words on Mondays with *Spelling Challenges* on Fridays. Please continue to read for 15-20 minutes each evening. Thank you for your continued support. I am looking forward to another fabulous and exciting learning month with all of you!



# NEWS FROM THE CLASSROOM

## Grades 2 & 3 Mr. J. Truss

We kicked off Math studies by focussing on learning on how to read the calendar. We have also started doing daily Dreambox sessions that are at the appropriate level for the individual student. This program may be accessed from home, and I will provide an information sheet at the upcoming parent/guardian teacher conferences on how to do this.

In Social Studies we have been studying communities with the class developing a greater understanding of needs versus wants. The students will also continue with our study of Canada as we learn about the provinces and territories.

In Science we have begun the year by focussing on healthy living. We will next turn our attention to a unit that will have us learning about structures.

This month we will be continuing with the "Read To Me" literacy framework in our classroom which provides daily small group instruction for all students. There will be a focus on reading comprehension during our discussions as we read levelled books together. We will also be continuing on with journal writing and learning how to write for a variety of purposes.

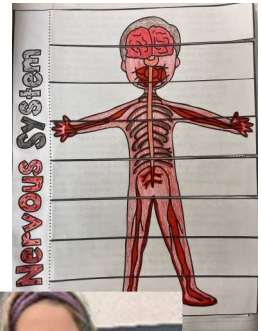
The coming weeks will also see us working on our performance for the winter concert. The class will be collaborating with Ms. Black's grades 3/4 classroom for this event.

With the weather turning colder, and the need to begin to wear winter clothing I encourage everyone to try and label clothing items. By putting your child's initials and 23 on a label or tag it will make it much easier to identify items and make them less likely to be lost.

I look forward to meeting with all families at the upcoming parent/guardian teacher conferences. If you are not able to attend at your scheduled time, please contact me through the school office to make alternative

## Grades 5 & 6 Ms. C. Vande Graaf

We have had a very busy month here in our classroom. We have been continuing to learn about Canada and have started taking a closer look at the different symbols of Canada and all the provinces and territories. Did you know that the provincial bird of Manitoba is the Great Grey Owl? We are also looking at and trying to draw the flags for all the provinces and territories. Some of them are very intricate and tricky. In math we are continuing to learn about place value and are practicing adding and subtracting with large numbers. We have been learning how to solve these questions both horizontally and vertically. In Science we are continuing to learn about the human body and how all the organs and systems work. Did you know that if you measured all the blood vessels in our bodies it would wrap around the earth more than twice! That's pretty incredible! In Language Arts, we have been working on persuasive writing, organizing our writing into paragraphs and editing our work. We are continuing with our spelling program as well. Please remind your child to study their spelling words every week to prepare for their test on Fridays.



## REMEMBRANCE DAY ASSEMBLY

You are welcome to join our Assembly on  
November 10th at 9:20 a.m. to  
commemorate  
Remembrance Day.



**Lest We Forget**



# NEWS FROM THE CLASSROOM

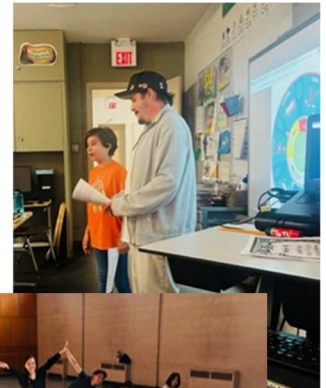
## Coach Program Ms. P. Solmundson

October flew by and we took advantage of the beautiful weather. Norway from the Indigenous Initiative team at the Link worked with us on the 7 Sacred Teachings and had a fire for us at the Link where he talked about traditional medicines. In science we learned about why leaves change colour in the fall and the way seeds can travel. On the 18<sup>th</sup> Miss Ale came to start an art project with us called Alebrijes which includes papier mâché and we will be working on it for the next few months. In November we will be completing our unity project with Miss Brenna in art. Our Roots of Empathy baby and her mom came to meet us on October 26 and we're looking forward to see how much she has changed on November 16. We are starting a new novel for read aloud called Restart by Gordan Korman. We will be continuing our dance program every Tuesday afternoon and every second Thursday is swimming at Pan Am Pool.



## Coach Program Mr. M. Jefkins

October was an active month. Hallowe'en activities included a lot of fun activities and some crafts. Let's not forget about our class party! The students enjoyed dressing up. One of our dance classes was also Hallowe'en themed and so much fun! Ms. Ale continues to walk us through the steps of creating our paper mache Alebrijes. This is a big project and our masterpieces will still require more time. The Indigenous Initiative team has been presenting lessons to us. One recent lesson was on the 7 Sacred Teachings. Blair and Norway are making great connections with the students. We are just learning to use our new Chromebooks and look forward to using them for exploring the many worlds of Minecraft Education together. As daylight gets shorter and the weather gets colder, we anticipate next month when the Sun starts to return to the North. We will check back with you then.



# Lifetouch.



**School Picture Retake Day**  
**November 6, 2023**  
**@ 1:00 P.M.**

If you would like picture retakes, or your child missed the original picture please be sure your child is ready with a smile. If your child is an AM student we ask that parents bring student to have retakes anytime after 1:00 PM

For tips on preparing for photo day

visit <https://lifetouch.ca/>

Questions call Lifetouch at 1-866-457-8212

or email: [guestservices@lifetouch.ca](mailto:guestservices@lifetouch.ca)

## Welcome to Artist Alley Ms. Brenna

As I mentioned last month we are working hard on our collaborative vase glazing projects! Each grade group is working on glazing a different vase. Sometimes up to 75 students are going to be adding their marks to the same art piece! That is a LOT of artists working on the same piece of art! In order to make all these different students work look like they belong together, we are adding a sense of “same-ness” to different art elements within each art piece so that it has a sense of “Unity”.

The art concept of “Unity” is our first unit this year. When unity is in a piece of art it looks more finished, and like everything in the art piece belongs together. This is sometimes referred to as “Harmony”.

The Gr. 1/2 classes have been drawing a series of Red, Orange, Yellow, Green, Blue and Purple things. They are then arranging these things in Rainbow order and drawing them onto their vase. This familiar organization of colours gives all these different things a sense of unity when placed together. The Gr. 2/3's are glazing their pot with colourful dots and circles. Some are within each other, overlapping each other, around each other, some are small, some are big and they are all different colours, but they are all the same shape giving their art piece a sense of unity. The Grade 3/4's are drawing/glazing their plants onto their vase. The unity of theme and colour makes all these different styled plants look like they belong together. The COACH students dramatic theme of “Under the Sea” creates a water world where all the different images look like they belong. This gives their vase a united appearance. The Grade 4/5's have made a myriad of unique patterns but bringing them all together and creating a sense of unity is the sameness of line and colour. Finally, the Grade 5/6 students are glazing their pot with a unity of theme: “This is Human” they came up with a great phrase “Unity brings us all together” which will be painted on the rim of their pot. They also made a decision to do all their various drawings the same colour adding a further sense of Unity to their art piece.

Highlighted in this month's Artist Alley is the work of our Kindergarten and Nursery students. They did a beautiful job glazing their bowl with their fingerprints in a rainbow of colours and a few of their handprints done in orange in recognition of the importance of each child. This gorgeous bowl was able to be displayed as a part of our National Day of Truth and Reconciliation activities for Orange shirt day at the end of September.

It has been a pleasure reconnecting with you all! It truly has been a productive fall so far! Keep up the great work. I can't wait to see the finished vases!



## Congratulations to our Patrol of the Month

This student has shown great responsibility and dedication to ensure all Mulvey Students are safe coming to and from school each and everyday  
Thank you for all you do!



## FREE Flu & COVID Vaccine Clinics

### Where:

Valour Community Centre  
448 Burnell Street

### When:

Wednesday November 22, 2023  
3:30-7:30

### YOU CAN ALSO GET A FREE FLU SHOT AT THE:

- Doctor's office
  - Walk-in clinic
  - Pharmacy
  - Walk-in Connected Care clinic
- Pneumococcal Vaccines are also available.  
Please speak to your health care provider for eligibility.

For more information, call your local  
Public Health team at:  
204-940-6669

Health Links Info Santé at 204-788-8200.



# Welcome to Physical Education

## Mr. Ambaye

Physical Education programs are essential in teaching children movement skills. During the month of October, the emphasis was on the acquisition of the fundamental skills of soccer such as kicking, stopping, dribbling, shooting, etc. In addition to this, primary grades also have been working on transport skills and applying them in simple games and activities. In November, students continue to practise and explore movement skills, focusing on personal fitness, striking skills as they apply to simple games and Volleyball (grades 4 to 6).



**CLUB ACTIVITIES:**

Mulvey grade 5 & 6 students participated in the Winnipeg School Division **Central District Soccer Tournament** held at Tec Voc High School on October 10 & 12, 2023. Thirty-one students participated in the tournament and they deserve our gratitude for representing our school with excellent sportsmanship! Our school is hosting the **2023 Fall Todd MacCulloch Hoop School Program** in collaboration with Basketball Manitoba and NBA player Todd, a proud Winnipegger NBA star player. This program is aiming to teach children Basketball skills. The program is scheduled every Tuesday from 3:30 – 5:00 pm, running from October 17 to November 28, 2023.

Thirty-one Mulvey students are representing our school in the **Annual Inner City Indoor Soccer League** held at the University of Winnipeg during lunch hours.

**Terry Fox School Run:** Many thanks to all our students and staff for their contributions to the success of our school's Terry Fox Run and Fundraising effort. We have over achieved our goal of \$1000.00 raising \$1012.00 for our Terry Fox School Run. As part of our fundraising activity Mulvey students have collectively completed a total of 2110 laps in the gym, which is equivalent to 122 kms during their scheduled Phys-Ed classes, from September 11 to October 18, 2023 to honor Terry's legacy. In every Phys-Ed class, students, on average completed 10 LAPS, which is equivalent to 58 meters.



**Intramurals:** In addition to our Physical Education classes, students will be given opportunities to participate in our "Before School" as well as "Lunch Hours" Intramural Activities to develop movement skills, personal fitness, and enjoyment. Please refer to our monthly Intramural calendar.

November 2023		Intramural Activities			Before School: 8:30—8:55 am	
Mon	Tue	Wed	Thu	Fri		
		1 <i>Day 5</i>	2 <i>Day 6</i>	3 <i>Day 1</i>		
		<i>Non-Instructional</i>	<i>-Before school and Jump Rope Intramural (12:00—12:55 pm) Rm 13, 16, 17, 18, 19, 20</i>	<i>-Before school Rm5, 6, 7, 21, 22, 23 -Volleyball Practise (12:30—12:55 pm)</i>		
6 <i>Day 2</i>	7 <i>Day 3</i>	8 <i>Day 4</i>	9 <i>Day 5</i>	10 <i>Day 6</i>		
<i>Jump Rope Intramural Rm 5, 7, 21, 22, 23 (12:00—12:30 pm)</i>	<i>-Before school Rm 13, 16, 17, 18, 19, 20 -Todd MacCulloch Hoop School (3:30—5:00 pm) -Skate Club -ICSL (Team 1 @ UW)</i>	<i>-Before school Rm 5, 6, 7, 21, 22, 23 -Volleyball Practise (12:30—12:55 pm)</i>	<i>-Before school and Jump Rope Intramural (12:30—12:55 pm) Rm 13, 16, 17, 18, 19, 20</i>	<i>-Before school Rm5, 6, 7, 21, 22, 23 -Volleyball Practise (12:30—12:55 pm)</i>		
13 <i>Day 1</i>	14 <i>Day 2</i>	15 <i>Day 3</i>	16 <i>Day 4</i>	17 <i>Day 5</i>		
<i>Jump Rope Intramural Rm 5, 7, 21, 22, 23 (12:00—12:30 pm)</i>	<i>-Before school Rm 13, 16, 17, 18, 19, 20 -Todd MacCulloch Hoop School (3:30—5:00 pm) -Skate Club</i>	<i>-Before school Rm 5, 6, 7, 21, 22, 23 -Volleyball Practise (12:30—12:55 pm)</i>	<i>-Before school and Jump Rope Intramural (12:00—12:55 pm) Rm 13, 16, 17, 18, 19, 20 -ICSL (Team 2 @ UW)</i>	<i>Non-Instructional Parent-Teacher conference</i>		
20 <i>Day 6</i>	21 <i>Day 1</i>	22 <i>Day 2</i>	23 <i>Day 3</i>	24 <i>Day 4</i>		
<i>Jump Rope Intramural Rm 5, 7, 21, 22, 23 (12:00—12:30 pm)</i>	<i>-Before school Rm 13, 16, 17, 18, 19, 20 -Todd MacCulloch Hoop School (3:30—5:00 pm) -Skate Club</i>	<i>-Before school Rm 5, 6, 7, 21, 22, 23 -Volleyball Practise (12:30—12:55 pm)</i>	<i>-Before school and Jump Rope Intramural (12:00—12:55 pm) Rm 13, 16, 17, 18, 19, 20</i>	<i>-Before school Rm5, 6, 7, 21, 22, 23 -Volleyball Practise (12:30—12:55 pm)</i>		
27 <i>Day 5</i>	28 <i>Day 6</i>	29 <i>Day 1</i>	30 <i>Day 2</i>			
<i>Jump Rope Intramural Rm 5, 7, 21, 22, 23 (12:00—12:30 pm)</i>	<i>-Before school Rm 13, 16, 17, 18, 19, 20 -Todd MacCulloch Hoop School (3:30—5:00 pm) -Skate Club</i>	<i>-Before school Rm 5, 6, 7, 21, 22, 23 -Volleyball Practise (12:30—12:55 pm)</i>	<i>-Before school and Jump Rope Intramural (12:00—12:55 pm) Rm 13, 16, 17, 18, 19, 20 -ICSL (Team 1 @ UW)</i>			

# PRO-SOCIAL THEMES OF THE MONTH:

## Promoting Peace

## Resisting Revenge

## Anti-Bullying

Mulvey School's Pro-Social initiatives and opportunities have been established since the beginning of the school year and are continuing to expand! Students and staff who are "Caught Being Kind" are photographed and featured during our Monday morning assemblies in addition to the staff and students that are recognized during our weekly Acts of Recognition. We are pleased to have so many staff and students that are committed to making a difference and working towards a cooperative and kind community. We have reviewed our Mulvey S.A.F.E. acronym and we have also spent time learning about how we can positively interact with our peers using positive behaviour intervention strategies and practices.

In anticipation of our Remembrance Day service, we explored the theme of peace and what it can look, feel, sound, taste and smell like. We learned about symbols of peace and practices. Beginning in November, our classrooms will take over the presentations during our live assemblies in the gymnasium.

**MULVEY SCHOOL**

Congratulations for being SAFE!

- S how Respect and Responsibility
- A lways come Prepared and On Time
- F eet and Hands to Yourself
- E veryone Learns Together

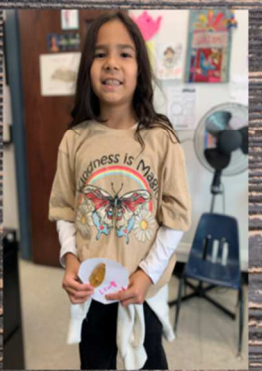
Name: \_\_\_\_\_ Room: \_\_\_\_\_

## Caught Being Kind

**Students supporting our nutrition program by packing produce**



**KINDNESS is MAGIC!!**



## Mulvey Moments



**Young Artists in Nursery used their fingerprints to decorate a beautiful ceramic bowl in honour of National Day for Truth and Reconciliation**





## PRO-SOCIAL PROGRAMS

S.A.F.E. Tickets Soccer Basketball

Acts of Recognition Skate Club

Weekly Presentations Little Readers Club

Patrols Courage Club

Student Leadership – Cup Captains, Nutrition Helpers

Choir

Positive Behaviour Intervention



## Mulvey Moments

Grade 5/6 Soccer Tournament at Tec Voc High School



## Caught Being Kind



Our dedicated cup captains



Students assisting our newest Mulvey students to tour the building



Carrying the classroom's snack to the classroom

## Caught Being Kind



Ms. Fraser holding the door open for others



A student comforting another student after a challenging moment

Two new students enjoying their homemade fruit salad made during Courage Club



## Mulvey Moments

MULVEY SCHOOL students, staff and families have RAISED \$1012.00 towards Cancer Research!



## Mulvey Moments



A proud moment between Ms. Sherri and a student

SAFE Ticket Winners	
Room 2 AM	Kevron, Natalia
Room 2 PM	Layla, Daisy, Mae
Room 3 AM	Levi, Josh
Room 3 PM	Daisy, Wania
Room 5	Sofia, Danait
Room 6	Karna, Davicus
Room 7	Atlicus, Claire
Room 13	Fiona, Dalila
Room 16	Connor, Maggie
Room 17	Pava, Ashli
Room 18	R. Daniel, Althea
Room 19	Jacob, Belton
Room 20	Miguel, Princess
Room 21	Carter, Sebastian
Room 22	Felicity, Ezra
Room 23	Lilian, Lorraine



S.A.F.E. ticket winners

be kind...



Everyone matters

## Frequently Asked Questions

# SafeArrival for Families FAQ

### What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence.

You are asked to report your child's absence in advance whenever possible using one of these convenient methods:

#### SchoolMessenger app (free)

1. Provide your email address to the school.
2. Get the app from the Apple App Store or the Google Play Store (or from the links at <https://go.schoolmessenger.ca>).
3. Tap **Sign Up** to create your account.
4. Select **Attendance** from the menu, and then select **Report an Absence**.

#### Web and Mobile Web: [go.schoolmessenger.ca](https://go.schoolmessenger.ca)

1. Provide your email address to the school.
2. Go to the website.
3. Click **Sign Up** to create your account.
4. Select **Attendance** from the menu, then select **Report an Absence**.

#### Interactive Toll-free Phone 1-855-278-4513

1. Call the toll-free, interactive telephone system.
2. Follow the instructions to report an absence.
3. Record the confirmation number at the end of the call.

*If you hang up before this is given the absence will be cancelled and will not be reported to the school.*

Whenever an absence is reported or updated, you will receive a confirmation notice by email (assuming you have provided your contact information to the school).

If you don't report your child's absence in advance, the automated notification system will try to contact you (using the communication preferences if you have set them up in the SchoolMessenger app). This may include push notifications to the app, email, phone calls. You will be asked to provide the reason for your child's absence immediately. You may do so using the phone line, website or mobile app.

If an absence is not explained within approximately 20 minutes of the time that the school starts the notification process, school staff will follow-up to make sure that your child is safe. If you try to explain an absence using SafeArrival, but are then told that it is past the cut-off time, please contact the school directly.

*If you don't want to receive notifications when your child is absent, be sure to report your child's absence in advance.*

*If you do receive notifications of your child's absence, be sure to provide the reason as quickly as possible, using one of the 3 methods listed above or during the phone call notification itself.*

Absences can be reported in advance:

- 24 hours/day
- 7 days a week
- For any school day in the school term
- Up to the cut-off time on the day of the absence.

## What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence. Please take note if you have not put your child's absence in the system before the school sends out the calls, you will get a call from the system.

### For further information on how to access:

<https://www.winnipegssd.ca/Parents/safe-arrival/Pages/Default.aspx>

Please make sure you are keeping your home phone number, email and contact information up to date with the school. You can call the office at 204-786-3469.



# THE TERRY FOX FOUNDATION

Terry Fox Foundation Walk Run  
October 2023!

This year to date we raised

**\$1 012.00**

for the Terry Fox Foundation for Cancer Research.  
Many thanks to all our students and staff for your contributions to the success of our school's Terry Fox Run and fundraising effort!  
**WELL DONE!**

Mulvey students have collectively completed 2110 LAPS in our gym, which is equivalent to 122 kms during their Phys-Ed class, from September 11 to October 18, 2023. The total number of Phys-Ed classes in which students participated in a "4-Minutes Run" for Terry's legacy is 207. In every Phys-Ed class, students, on average completed 10 LAPS, which is equivalent to 58 meters.

CONGRATULATIONS to all!!



**\$1,012**  
RAISED

**\$1,000** 🏆  
GOAL

## Potato Soup Recipe

- 2 lbs. of Potatoes scrubbed, peeled, and chopped
- 2 medium Onions Chopped
- Water to cover potatoes
- 3 cups of whole milk
- 4 tbs. butter
- Optional Protein: chopped ham

Cover potatoes with water in a large soup pot.  
Cook over medium heat until fork tender, about 20 minutes.  
Remove from heat and drain.  
Add milk and butter to the potatoes. Place back on medium heat and allow milk to bubble slightly around the edges of the soup pot, about 5 to 10 minutes.  
Remove from heat and ladle into soup bowls.  
Serve with salt and pepper to taste.



## Nutritional Information

Calories: 171kcal | Carbohydrates: 18g | Protein: 5g | Fat: 8g | Saturated Fat: 5g | Cholesterol: 24mg | Sodium: 100mg | Potassium: 589mg | Fiber: 2g | Sugar: 4g | Vitamin A: 325IU | Vitamin C: 13mg | Calcium: 139mg | Iron: 3.7mg

## Important Notice

For the safety of our students, staff and parents/guardians: when dropping off your child in the back alley off Wolseley Avenue, please drive in one direction only. (See arrows below).

Backing onto Wolseley creates a serious driving hazard. Also, please no parking in the Apartment Block Parking Stalls. These are paid for by the Tenants.

THANK YOU!

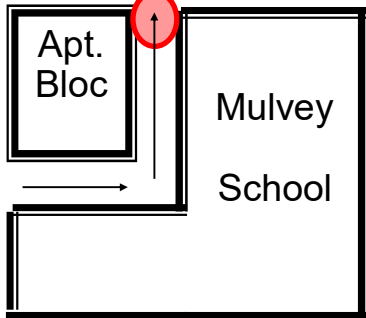


**Please note, there is no left or right turn permitted from Wolseley Avenue into back lane from Sept. – June from 7:00 a.m. - 17:30 p.m. which will be enforced.**



### Wolseley Avenue

**Map Key**  
→  
**Please follow direction of arrow when dropping off your child.**



### Woodrow Place

## Turn your key - Mulvey School is Idle Free

As part of the Mulvey School's Environment Sustainability Development Plan, please take note of Idle-Free Zone signs at the school. These signs are a reminder to turn off your car while you wait.



The signs will reduce pollution around our school and increase health and safety. Burning fossil fuels like oil and gas unnecessarily produce emissions that contribute to climate change. Reducing idling will also save you gas and money. It's these little changes that add up to make a difference. For more information please follow the link <http://climatechangeconnection.org/resources/idle-free-zone-signs/>  
Thank you to The Winnipeg Foundation for the support of this project.

### Did you know:

- ✓ When you idle your vehicle for more than 10 seconds, you burn more fuel than it would take to restart your engine.
- ✓ As Canadians, we idle our vehicles an average of five to 10 minutes a day. It wastes approximately 100 litres of gas a year. You can save yourself \$125 a year by simply turning off your vehicle when you are going nowhere.

Please pick up your children at their room number's line

Pick-up Zone  
Grades 1-6



Field

Wolseley  
Play Structure

Fence

Rm 21

Rm 23

Rm 22

Rm 5

Rm 7

Rm 20

Rm 17

Rm 13

Rm 16

Rm 18

Rm 19

School

Nursery/Kindergarten  
Pick-up **in** the school  
at the children's  
classrooms



**No pick-up outside fence**

Wolseley Avenue



## Message from Mulvey Community Support Worker Justine Kiwanuka

Email: [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org) Phone: 204-786-3469



Justine Kiwanuka Work  
Schedule at Mulvey School

Tuesday 8:30AM-2:00PM  
Wednesday 8:30AM-11:00AM  
Thursday 11:30AM-4:45PM  
Friday 8:30AM-3:00PM

### Activities and Programs

#### Food Donations

Just a reminder that The Winnipeg School Division Food Rescue Program is every Wednesday starting at 8:40 AM. The information for available foods will be sent out every Tuesday afternoon/evening through the School Messenger announcing what we will be receiving for Wednesday morning pick-up. When you receive the communication of what we have and you are interested in picking up the food items, please come to the Wolseley Avenue front doors. Remember to be kind and environmentally friendly by bringing your own bag or two to be able to carry the food items.

#### English Conversation Classes.

The English Conversation class is a new program that we have recently started for Mulvey parents and caregivers. These classes are every Thursday from 2:00 – 3:30 PM. Please feel free to join these classes, simply email me at [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org) and your name will be added to the list. This is a fun and enjoyable class once a week.

#### Painting Classes

If you enjoy painting or want to learn to paint, we have a joint program with other schools where you can join painting classes on Zoom. If you are interested, call me at the school 204-786-3469 or email me [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org) so I can register you in these classes. Classes will be in the comfort of your home on Zoom. The Zoom link will be sent to you by email to those who have registered. Painting is a fun activity, try it and have fun while learning a new skill.

#### Book Club: Readers Club

The book club meets once a month on every 2<sup>nd</sup> Thursday of the month at lunch time. Register your child in the Book Club and they will enjoy reading to you and with you. Please contact me at 204-786-3469 or email me [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org) or simply send me your child's name and I will be in touch with the child in the class. Reading further promotes the love of learning.

#### Cooking and/or Baking

In October parents and families enjoyed preparing Bannock Dogs. As many of you recall, we celebrate diversity in cultures and we travel the world through cooking and baking. **You have to register if you want to take part in these sessions.** In November we will create a recipe from Peru. Watch for the details and the recipe which will be made available to you through the School Messenger and your email. Share your favourite recipe or home style cooking and I would be happy to buy and put all that is required together, so we can try it out with other families and caregivers over Zoom. **Please contact me if you want to be part of the cooking/baking sessions at 204-786-3469 or [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org).**

#### Vision Program.

We had the Mobile Vision Care Clinic Program in September at our school and all the children who were registered had their vision and eye health checked and those who needed glasses have received them by now. However, if your child missed out, we still can look to book an appointment at another school, we would transport your child to and from the appointment. Please call the office at 204-786-3469 we can arrange for your child to participate in the Mobile Vision Care Clinic Program.

#### Dental Program:

All the dental forms that were returned filled out to Mulvey School have been submitted to the University of Manitoba School of Dentistry through the Variety Club. Parents and families that completed the forms will be contacted once the forms have been returned to the school. If you missed out on receiving the forms or you are new to the school or you have any questions about the program, please contact me or call the office, we will be happy to assist you.

#### Clothing: Winter gear.

Registration for winter wears have started. Those of who have contacted me for winter jackets, your orders are in and we are just waiting to hear from Koats for Kids for delivery. If you haven't put in your request, please do so soon so that I can put in an order for winter jackets and snow pants for your child. Please remember these are gently used and in good condition winter wear. Please provide me with the gender preference of your child, and size.

#### Upcoming Programs

I am looking forward to working with you on the following programs being planned. I hope you will be able to take part in these programs once they start:

November/December promoting Healthy eating program: healthy lunches

January – a proposed money story/money management and money plans.

Sewing sessions – Adult sewing session coming up soon in November. We are hoping to have the sessions once a week on Fridays from 2:00 – 3:30 pm. Watch for details in school messenger and notes home.

#### Volunteers

Volunteers are a very important part of our Mulvey community and the growth of all the programs we run. We need volunteers on Tuesday afternoons and Wednesday mornings for the food rescue program. If you wish to volunteer, and further contribute to our school community, come, let's work together. Ask me for the details to get you registered.

Please contact me if you require any other assistance.

Ms. Justine Kiwanuka, Mulvey Community Support Worker

Please remember lunch program microwaves are to be used for warming food only and not for cooking the food. There are a large number of students requiring the use of the microwave which only permits the warming of food. Thank you for your support & understanding.



### LUNCH PROGRAM NEWS:

If your child is staying at school for lunch, please be sure you have filled out the registration form. You must fill a new application form out each year. Children are not allowed to leave the school ground for lunch unless they are signed out by a parent or guardian. If being viewed online, link to program information [HERE](#)

## LUNCHROOM RULES

**1. STAY SEATED**  
ONCE YOU HAVE YOUR SEAT,  
STAY SEATED UNTIL YOU ARE ASKED  
TO MOVE BY AN ADULT



**2. BE QUIET BE CALM**  
TALK QUIETLY WITH YOUR NEIGHBORS.  
USE INSIDE VOICES



**3. TRY TO FINISH ALL YOUR FOOD**  
IF YOU AREN'T ABLE TO FINISH IT TAKE IT HOME.



**4. NO FOOD SHARING**  
PEOPLE HAVE FOOD ALLERGIES  
WE ALL WANT TO KEEP EACH OTHER SAFE



**5. HEATING FOOD**  
IF YOU HAVE FOOD THAT NEEDS HEATING DO IT RIGHT AWAY.  
WE CAN NOT COOK FOOD - ONLY REHEATING.



**6. LUNCH BAG**  
MAKE SURE TO RETURN YOUR LUNCH BAG  
TO YOUR CLASSROOMS HAMPER



**7. DRESS FOR THE WEATHER**  
DRESS FOR THE WEATHER, WE WILL BE OUTSIDE  
FOR LUNCH RECESS



## How to Pack a School Lunch



### A Main Course

Sandwich  
Hot Dog  
Meat Rolls  
Pizza Pretzel  
Quesadilla  
Tuna Salad & Crackers  
Tortilla Roll Ups  
Muffin Pot Pie  
Pizza Muffin  
Pita & Hummus

### A Fruit or Veggie

Orange Segments  
Apple Slices  
Pineapple Chunks  
Mandarin Oranges  
Carrot Sticks  
Cucumber Sticks  
Celery Sticks  
Jicama Sticks  
Cherry Tomatoes  
Grapes  
Peach Slices  
Banana Coins  
Green Beans  
Fruit Cocktail  
Dried Fruit  
Pepper Slices  
Broccoli  
Cauliflower  
Pear Slices  
Watermelon

### A Snack

Cheese  
Pretzels  
Popcorn  
Craisins  
Boiled Egg  
Rice Cake  
Crackers  
Pickle  
Trail Mix  
Cereal  
Go-gurt

### A Drink

Water  
Juice  
Lemonade  
Capri Sun  
Fruit Water

Make substitutions and additions as desired.

High protein foods will help kids stay fuller longer.

### A Treat

Fruit Snacks  
Cookies  
Brownie  
Fruit Leather  
Candy

### TIPS FOR SUCCESS:

Choose one item from at least three categories.

Don't forget to seal all the ziplock bags.

## Community and School Safety

Mulvey School and The Winnipeg School Division believe that the safety and security of everyone in the Mulvey School Community is a priority.

Please take some time to review these very important reminders regarding personal safety in the community, travelling to and from school and once at school.

- Plan after school activities with your parent/guardian in advance.
- Plan your route to and from school, stay and travel on main streets.
- Always cross the streets at intersections and make eye contact with the driver who is stopped.
- Listen to the crossing guards and patrols and obey the traffic signs and signals.
- Stay on the sidewalks.
- Walk together with family or friends.
- Go directly to school and go directly home
- If you arrive at school late, remember to sign in at the office.
- Do not talk to strangers.
- Report any suspicious activity to a trusted adult.
- Report any stranger to the school office immediately, as all visitors are required to report to the school office.

Let's all continue to work together to keep everyone safe together.



## Student Registration 2023-2024



It is important that you keep your child's contact information up to date. If you were not able to attend the Meet the Teacher evening on September 21, 2023, please contact your teacher for your child. You can see what information is on file and make the required updates and changes.

*Robert A Steen Community Centre*

## Winter 2024 Programs

### *Youth Programs*

- Art
- Babysitting Course
- Badminton
- Introduction to Chess
- Advanced Chess
- Children's Dance Movement Programs
- Dance & Baton
- Dungeons & Dragons
- Floor Hockey
- Home Alone Course
- Mini Soccer
- Community Movie Night
- Nourishing Young Minds
- Introduction to Olympic Fencing
- Open Gym
- PickleBall
- Preteen Dance
- Fundamentals of table Tennis
- Table Top Board Games
- Volleyball
- Yoga Kids

### *Adult Programs*

- Basketball
- Badminton
- Bridge
- Introduction to Chess
- Advanced Chess
- Learn to Love Music
- Men's Shed
- Memoir Writing
- Community Movie Night
- Parent and Tot
- PickleBall
- Spanish (Beginner, Intermediate, & Advanced)
- Tai Chi
- Ying Yoga & Relaxation
- Zumba

*For More Information  
Check out our website*

*[www.robertasteencc.ca](http://www.robertasteencc.ca)*

*or*

*Email: [rasteenpm@shaw.ca](mailto:rasteenpm@shaw.ca)*



Harvest Manitoba's Meals2Go Program for this school year began on Friday, October 27<sup>th</sup>! Every weekend, each student will be sent home with a prepacked breakfast kit including nutritious items to enjoy on Saturday and Sunday. This free program was created to ensure kids have access to breakfast 7 days a week to learn, grow, and play. If you have any questions, please reach out to your homeroom teacher or directly to the program coordinator, Mika Peterson [mpeterson@harvestmanitoba.ca](mailto:mpeterson@harvestmanitoba.ca) or 204-982-3670.

## **Meals2Go FAQ**

### **What is Meals2Go?**

M2Go is a free weekend breakfast program provided by Harvest Manitoba to ensure children have access to breakfast 7 days a week.

### **Who provides the food and where is it packaged?**

Harvest Manitoba provides the breakfast packages with the help of generous support of community partners. The bags are packed in their food safe warehouse every Thursday and distributed to the schools every Friday afternoon.

### **Do I have to pay for my child to receive a Meals2Go bag?**

No, this is a free program and you do not need to pay for your child to receive a Meal2Go bag.

### **What if my child has a food allergy?**

If you stated your child's allergy during school registration your child will receive a special allergen friendly bag that is specifically labelled and packed separately. If you have not notified your school of your child's allergy, please contact the schools office or your homeroom teacher and a specialty kit will be made for your child the following week.

### **Does my child have to take a Meals2Go kit home?**

No, if your child does not want to take a Meals2Go kit home please notify your home room teacher and advise your child not to take a kit on Fridays.

### **Are the bags biodegradable?**

Yes! The Meals2Go bags are biodegradable making Meals2Go good for your child and the environment.

### **Who do I contact if I have questions about the program?**

You may contact your child's school or the Program Manager, Mika Peterson, at [mpeterson@harvestmanitoba.ca](mailto:mpeterson@harvestmanitoba.ca) or 204-982-3670 with any questions.



**Preventing child hunger and supporting healthy, active living for Manitoba's children.**

20% of Manitoba children live in food insecure homes. The trials of the last three years have created additional challenges for families with many still trying to recover from job and wage losses. Additionally, rising inflation rates continue to increase financial challenges for many hardworking families and increase the number of food insecure homes and children needing food.

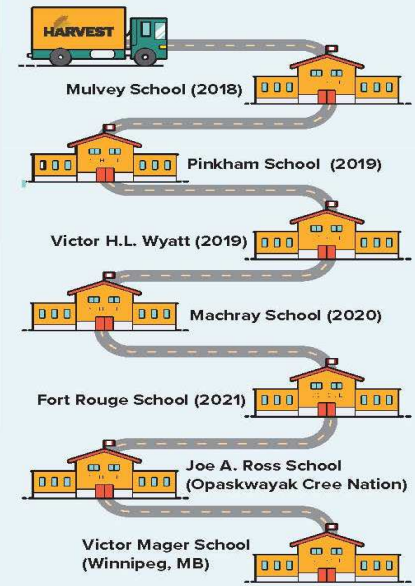
**Because every child deserves to learn, play and succeed!**

Harvest Manitoba will be providing a weekend supply of food every week to each student. The kits include several nutritious food items including cereals, milk, and fruit and can be enjoyed over the weekend to ensure students have access to healthy breakfasts 7 days a week. Every student is automatically enrolled and will receive a bag. If your child does not want a Meals2Go kit to take home, please inform your homeroom teacher.

**Fun Facts:**

- The Meals2Go bags are biodegradable!
- We have served over 50,000 breakfast kits to students all over Manitoba!
- Every bag has a handmade affirmation made by someone from the community!

**Current Meals2Go Sites:**



For more info on this program please visit our website at [HarvestManitoba.ca/Breakfast2Go](http://HarvestManitoba.ca/Breakfast2Go)

# BE THE INSPIRATION

Winnipeg School Division is hiring

When our students see themselves in the people around them, they are inspired to succeed.

Be part of our community of inspiration.

JOIN US



Mulvey School and Mulvey School Parent Council is pleased to offer our school community

*Winter Portraits*

Tuesday, November 28 4 PM-7 PM and Thursday, November 30 4 PM-7 PM

Details will be shared via school messenger and a letter sent home in the coming weeks.

Bookings will be confirmed by confirmation slip.

# West Broadway Youth Outreach November 2023



Monday	Tuesday	Wednesday	Thursday	Friday	Notes
<p><b>Have you registered for WBWO's Annual Family Holiday Supper?!</b></p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Reading Good Time / Board Game Battle</p> <p>6:30pm - 8:25pm Family Movie Monday (With Door Prizes)</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Small Time Fun Pack (Drop Off At: WBVO By 6:00pm)</p>	<p>3:00pm - 3:55pm Snack Time / Bookworms</p> <p>4:00pm - 5:25pm Super Swim Party (Meet At Mulvey School Gym at 3:30pm) or (Meet at WBVO at 4:00pm)</p> <p>5:30pm - 6:25pm Family Yoga Party</p> <p>5:30pm - 7:55pm Kids Laundry Night</p> <p>6:30pm - 8:25pm Dreams / Family Mega Bingo Night</p> <p>3:00pm - 3:55pm Snack Time / Bookworms</p> <p>4:00pm - 5:25pm Super Swim Party (Meet At Mulvey School Gym at 3:30pm) or (Meet at WBVO at 4:00pm)</p> <p>5:30pm - 6:25pm Family Yoga Party</p> <p>5:30pm - 7:55pm Kids Laundry Night</p> <p>6:30pm - 8:25pm Dreams / Mathletes</p> <p><b>Program Closed</b> <b>6:30pm - 9:00pm</b> <b>Volunteer Appreciation Night</b></p> <p>3:00pm - 3:55pm Snack Time / Bookworms</p> <p>4:00pm - 5:25pm Super Swim Party (Meet At Mulvey School Gym at 3:30pm) or (Meet at WBVO at 4:00pm)</p> <p>5:30pm - 6:25pm Family Yoga Party</p> <p>5:30pm - 7:55pm Kids Laundry Night</p> <p>6:30pm - 8:25pm Dreams / Mathletes</p>	<p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:30pm - 5:25pm After School Gym Time (Drop Off/Pickup At Mulvey School Gym)</p> <p>3:00pm - 5:55pm Videogame Pizza Party (Participants Must Bring 5+ Pages Of Homework)</p> <p>6:00pm - 7:55pm Homework Club / Yum Yum Club</p> <p>8:00pm - 8:25pm Grocery Giveaway</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:30pm - 5:25pm After School Gym Time (Drop Off/Pickup At Mulvey School Gym)</p> <p>3:00pm - 5:55pm Videogame Pizza Party (Participants Must Bring 5+ Pages Of Homework)</p> <p>6:00pm - 7:55pm Homework Club / Free Play / Yum Yum Club</p> <p>8:00pm - 8:25pm Grocery Giveaway</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:30pm - 5:25pm After School Gym Time (Drop Off/Pickup At Mulvey School Gym)</p> <p>3:00pm - 5:55pm Videogame Pizza Party (Participants Must Bring 5+ Pages Of Homework)</p> <p>6:00pm - 7:55pm Homework Club / Free Play / Yum Yum Club</p> <p>8:00pm - 8:25pm Grocery Giveaway</p>	<p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 5:25pm Arts &amp; Crafts / Nails &amp; Ponytails / Comic Club</p> <p>5:30pm - 8:25pm Team Sports Night (Drop Off/Pickup At Mulvey School Gym) Or (Drop Off At: WBVO By 5:00pm)</p> <p>8:30pm - 9:45pm B-Ball Training (Pickup At Mulvey School Gym)</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 5:25pm Arts &amp; Crafts / Nails &amp; Ponytails / Comic Club</p> <p>5:30pm - 8:25pm Team Sports Night (Drop Off/Pickup At Mulvey School Gym) Or (Drop Off At: WBVO By 5:00pm)</p> <p>8:30pm - 9:45pm B-Ball Training (Pickup At Mulvey School Gym)</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 5:25pm Arts &amp; Crafts / Nails &amp; Ponytails / Comic Club</p> <p>5:30pm - 8:25pm Team Sports Night (Drop Off/Pickup At Mulvey School Gym) Or (Drop Off At: WBVO By 5:00pm)</p> <p>8:30pm - 9:45pm B-Ball Training (Pickup At Mulvey School Gym)</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 5:25pm Arts &amp; Crafts / Nails &amp; Ponytails / Comic Club</p> <p>5:30pm - 8:25pm Team Sports Night (Drop Off/Pickup At Mulvey School Gym) Or (Drop Off At: WBVO By 5:00pm)</p> <p>8:30pm - 9:45pm B-Ball Training (Pickup At Mulvey School Gym)</p>	<p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Bookjam / Kids World</p> <p><b>LAST DAY TO REGISTER FOR NOV AND DEC EVENTS/OUTINGS</b></p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Bookjam / Kids World</p> <p>5:30pm - 9:25pm Movie Book Club Night Dune 2</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Bookjam / Kids World</p> <p>5:30pm - 11:25pm Movie Book Club Night Marvel Super Hero Movie</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Bookjam / Kids World</p> <p>5:30pm - 9:25pm Movie Book Club Night Trains World Tour</p>	<p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Bookjam / Kids World</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Bookjam / Kids World</p> <p>3:00pm - 4:25pm Snack Time / Bookworms</p> <p>3:00pm - 6:25pm Homework Club / Free Play</p> <p>6:30pm - 8:25pm Bookjam / Kids World</p>

**Info**

**Questions/Comments**  
646 Portage Ave  
(204) 774 - 0451  
wbwokidz@gmail.com

November Family Challenge: Be The Family To Guess Correctly What We Will Be Doing For The Family Fun Friday Surprise Outing Via Email!



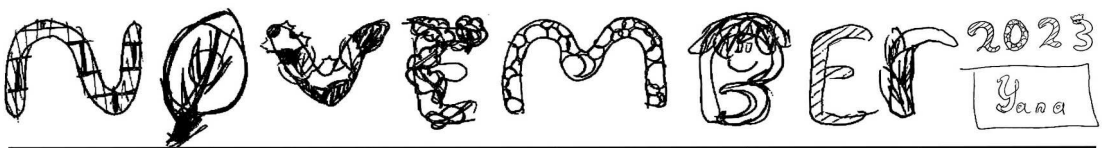
# November 2023

## Programming Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> CENTRE CLOSED 9-1 PM Caring Dads 1:30-3:30 pm	<b>2</b> Food Bank 1-4 pm	<b>3</b> Breakfast for Caregivers' 9:30-11 am
<b>6</b> Creativity for Caregivers 9:30-11:30 am WCBO Tenant Support 10-11:30 am WrapAround Advisory Meeting 1:30-3:30 pm	<b>7</b> Circle of Security Parenting 9:30-11:30 am Music Circle 11:30 am-12 pm Conquering Conflict 1-3:30 pm	<b>8</b> CENTRE CLOSED 9-1 PM Caring Dads 1:30-3:30 pm	<b>9</b> Cooking Class 1-3 pm	<b>10</b> Breakfast for Caregivers' 9:30-11 am Nurse Julia 1:30-3:30 pm
<b>13</b> CENTRE CLOSED 9-4 PM	<b>14</b> Circle of Security Parenting 9:30-11:30 am Music Circle 11:30 am-12 pm Conquering Conflict 1-3:30 pm	<b>15</b> CENTRE CLOSED 9-1 PM Caring Dads 1:30-3:30 pm	<b>16</b>	<b>17</b> Breakfast for Caregivers' 9:30-11 am
<b>20</b> Creativity for Caregivers 9:30-11:30 am WCBO Tenant Support 10-11:30 am Waywaynay Celebration 1:30-3:30 pm	<b>21</b> Healthy Smile, Happy Child: Dental Care for Children 10:30-11:30 am Music Circle 11:30 am-12 pm Conquering Conflict 1-3:30 pm	<b>22</b> CENTRE CLOSED 9-1 PM Caring Dads 1:30-3:30 pm	<b>23</b> Cooking Class 1-3 pm	<b>24</b> Breakfast for Caregivers' 9:30-11 am Nurse Julia 1:30-3:30 pm
<b>27</b> Creativity for Caregivers 9:30-11:30 am WCBO Tenant Support 10-11:30 am Community Council 1-3 pm WrapAround Drop In Bannock Making 1:30-3:30	<b>28</b> Music Circle 11:30 am-12 pm	<b>29</b> CENTRE CLOSED 9-1 PM Caring Dads 1:30-3:30 pm	<b>30</b> Food Bank 1-4 pm	

- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Margot for info: 204-560-3153 or wraparound@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In a half hour before the program starts
- Please call Joanne for info & to place your name on our Food Bank waiting list at: 204-560-3146

ACORN FAMILY PLACE  
Crossways in Common Building  
202-222 Furby Street, Winnipeg MB R3C 2A7  
Phone: 204-560-3141 Fax: 204-560-3154  
Email: admin@acornfamilyplace.ca  
www.acornfamilyplace.ca



**FREE  
ALL AGES  
DROP IN  
ART  
PROGRAMS**

616 BROADWAY  
WINNIPEG, MB  
TREATY 1 TERRITORY


MONDAY to SATURDAY  
3:30 pm - 7:30 pm

closed on Sunday

artcityinc.com  
info@artcityinc.com  
204-775-9856

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b> WEST BROADWAY CANDY CHASE	<b>31</b> CLOSED HAPPY HALLOWEEN	<b>1</b> <b>OPEN STUDIO</b> & DIGITAL ART	<b>2</b> & DRAWING CLUB	<b>3</b> CLOSED STAFF PD	<b>4</b> INDIGENOUS ART PROGRAM
<b>6</b> <b>WORLD PEACE</b> & DIGITAL ART & FILM PHOTOGRAPHY	<b>7</b> & CERAMICS	<b>8</b> & DIGITAL ART	<b>9</b> & DRAWING CLUB	<b>10</b> DIORAMAS & STOP MOTION ANIMATION & CERAMICS	<b>11</b> INDIGENOUS ART PROGRAM
<b>13</b> Peaceful Watercolour Painting & DIGITAL ART & FILM PHOTOGRAPHY	<b>14</b> & CERAMICS	<b>15</b> LAUGHTER IS MEDICINE & DIGITAL ART	<b>16</b> & DRAWING CLUB	<b>17</b> STAND UP COMEDY STAGE SET & CERAMICS	<b>18</b> INDIGENOUS ART PROGRAM
<b>20</b> LET'S PAINT & DIGITAL ART & FILM PHOTOGRAPHY	<b>21</b> & CERAMICS	<b>22</b> A MURAL FOR & DIGITAL ART	<b>23</b> & DRAWING CLUB	<b>24</b> Pitikwé SKATEPARK & CERAMICS	<b>25</b> INDIGENOUS ART PROGRAM
<b>27</b> Let's Make & DIGITAL ART & FILM PHOTOGRAPHY	<b>28</b> <b>THE BEST</b> & CERAMICS	<b>29</b> & DIGITAL ART	<b>30</b> IRON-ON T-SHIRT DESIGNS & DRAWING CLUB	<b>1</b> & CERAMICS with Cadence Planthara	<b>2</b> INDIGENOUS ART PROGRAM

# November 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Day 5 <i>No Classes</i> <i>Non-Instructional Day</i>	2 Day 6 Pow Wow Club @ noon	3 Day 1  Courage Club @ noon Volleyball @ 3:30-5:00pm Remember to Set Clocks Back One Hour Before Bed Saturday Night
6 Day 2 Picture Retakes @ 1:00pm Bothwell Cheese orders form home MYRCA Club @ noon	7 Day 3 Mulvey Soccer Team 1 @ noon Basketball @ 3:30-5:00pm Skate Club @ noon CanU @ 3:30pm	8 Day 4 Choir @ noon Volleyball @ noon	9 Day 5 Pow Wow Club @ noon Little Readers @ noon	10 Day 6 Remembrance Day @ 9:10 am Volleyball @ noon
13 Day 1 MYRCA Club @ noon	14 Day 2 Basketball @ 3:30-5:00pm Skate Club @ noon MYRCA @ noon NO CanU today <b>Report Cards Go Home</b>	15 Day 3 Choir @ noon Volleyball @ noon	16 Day 4 Parent Teacher Student Conferences 4:30 pm – 8:30 pm Pow Wow Club @ noon Courage Club @ noon Mulvey Soccer Team 2 @ noon	17 Day 5 <b>No Classes</b> Parent Teacher Student Conferences 9:00 am—3:30 pm Telephone, or in-person
20 Day 6 Pizza Orders Due MYRCA Club @ noon	21 Day 1 N/K and New Student Hearing Screening Basketball @ 3:30-5:00pm Skate Club @ noon CanU @ 3:30pm	22 Day 2 N/K and New Student Hearing Screening Choir @ noon Volleyball @ noon	23 Day 3 N/K and New Student Hearing Screening Pow Wow Club @ noon Little Readers @ noon	24 Day 4 Pizza Lunch @ Noon Volleyball @ noon
27 Day 5 MYRCA Club @ noon Parent Council @ 5:30pm via Google Meet	28 Day 6 Basketball @ 3:30-5:00pm Skate Club @ noon MYRCA @ noon CanU @ 3:30pm	29 Day 1 Choir @ noon Volleyball @ noon	30 Day 2 Pow Wow Club @ noon Courage Club @ noon Mulvey Soccer Team 1 @ noon	

### DATES TO REMEMBER

Please mark the following important dates on your calendar (watch for changes in future newsletters).

Date	Event	Cycle Day
Dec. 4	Bothwell Cheese orders forms due	6
Dec. 11	Parent Council @ 5:30pm	6
Dec. 11	Pizza Orders Due	1
Dec. 15	Pizza Lunch @ noon	5
Dec. 15	Bothwell cheese order pick up	5
Dec. 20	Winter concert @ 1:30 PM and 6:30PM	4
Dec. 22	Last Day of classes Winter Break Starts ~ Dec. 22 - Jan. 5	2
Jan. 8	Classes Resume	3
Jan. 19	Non-Instructional Day—No School	2
Feb. 2	Non-Instructional Day ~ No School	6

**S** how Respect and Responsibility  
**A** lways come Prepared and On Time  
**F** eet and Hands to Yourself  
**E** veryone Learns Together

**BE YOUR BEST**

**B** elieve  
**E** xcel  
**S** uccceed  
**T** ogether

