May 2024 Newsletter

MULVEY SCHOOL

The Winnipeg School Division

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Naomi Ginsburg - Vice Principal

Dear Parents, Guardians, Caregivers and Families,

Congratulations to the entire school community, it was another amazing month and we have much to celebrate and be proud of. I want to commend everyone for their great diligence in having Mulvey School be a wonderful school to learn, grow, achieve and flourish. Thank you students, parents, guardians, caregivers, staff, families and friends for your commitment, dedication and energy, in all that you do, day in and day out to make our school community a terrific place.

Mr. P. Correia, Principal





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Mulvey Moments



WSD Land Acknowledgment and Commitment to Action

"The students, staff, and communities of Winnipeg School Division are committed to truth and reconciliation through building relationships with Mother Earth, the original peoples of this land, and the stories that bring us together. We acknowledge the place in which we gather is on Treaty 1 territory, the homeland of the Red River Metis, and the ancestral lands of the Anishinaabe, Ininiwak and Dakota Oyate peoples."

Acts of Recognition (AoRs)

Acts of Recognition are given to students for achieving personal, academic, or social goals. We use the Seven Teachings to help students name their goals. This may be when a student goes beyond regular expectations or continually demonstrates skills and/or behaviours that contribute to making Mulvey S.A.F.E. **The following 65 students received AoR's for the month of APRIL:**

If you would like to nominate your child, or any student, parent, community member, please email Mr. Correia (pcorreia@wsd1.org) or Mrs. Ginsburg (nginsburg@wsd1.org).

Abdul James L. Alayna James R. Ariah Jaxon Jordan F. Arsema Arthur Jordan B. **Asmat** Jurmella Beniel Kailynn Bohdan Karsyn Brady E. Khadar Danait Kidus Dominic M. Kristoff Draven Lejla Ellaine Leo Eva S. Leo V.H. Lesia **Fatima** Letisha Fawaz Levi C. Glen Levi Greyson S. Lianne Hannah A. Makar D. Hellen Makar M. Isabella Malakai B. Ivy S Maria S.C. Jamal Marie S.





Sonya

Vasyl Yeva Zlata













April Acts of Recognition

					\$	
Courage	Honesty	Humility	Wisdom	Respect	Truth	Love
15	8	12	15	20	7	13

Kindergarten AM Nursery Kindergarten PM Ms. H. Dumond

In April we focused on "All About Me" by creating self portraits. We talked about diversity and how people come in all different shapes, sizes, and colours. Students looked carefully at their own features in a mirror and carefully drew what they saw. We used our Crayola "Colours of the World" crayons to match our individual shades of skin. We also read stories about kindness. Students recognize that doing kind things for others in turn makes themselves feel good as well. One of the stories that we read was called "Have you Filled a Bucket Today?" Each student decorated their own bucket and practiced filling each other's buckets by writing a note. This encouraged students to practice printing their classmates' names, as well as explore with sounding out words when writing a message.

This past month we completed our letter centres, having learned all 26 letters of the alphabet. Students now know how to identify and print each letter, as well as recognize the sound that it makes. We will continue to review letters and connect them in words when learning to read and write.

In Math, students have been learning simple addition skills. They have learned a variety of hands on math games to practice solving addition problems. This incudes dice games (with 2 dice), unifix cubes, dominoes, and ten frames.

We had a really great Field trip to the Children's Museum in April and are looking forward to our next field Trip to the

Morning Sound Farm on May







Nursery AM Kindergarten AM/PM Ms. M. Stieler (Ms. N. Schneider)

April has been a busy month; we have been talking about Spring and did some writing about the signs of Spring. Signs of Spring the students produced were things, such as flowers, sun, grass, puddles, rain, and rainbows. The students' writing pieces are displayed in the classroom, they did excellent work. Our theme Signs of Spring was also represented in an art activity. The students did torn paper art, titled "Rainboots and Puddles". Their art is displayed beside the classroom door. This type of art improves hand eye coordination and provides an opportunity for students to be creative using assorted colours of paper. We have continued working on socialemotional skills and at the same time practicing being independent. We have begun our study on sequencing. We will sequence the events in the book "The Very Hungry Caterpillar. We will also talk about the different words we can use when talking about sequencing. Next, we will be learning about the parts of a tree and a description of each part. April has been an enjoyable month, and it has been a rewarding experience working with the students of Room 2.









Grades 1 - 6 - Ms. L. Costello

The students are getting excited for spring to arrive. They have been busy making spring crafts to celebrate. We are using various items to create the art in our room including, shaving cream and food colouring, baking cups, paper mâché and salad spinners with paint. The students had a wonderful time at the Special Olympics Basketball event at the Canada Games Sport For Life Centre. Everyone participated in their own way and made new friends. We are looking forward to attending the Track and Field event in June.











Grades 1 & 2 Ms. A. Cruzada

April was indeed a very busy month! We had a month filled with Spring Bus Ridership where students learn to be safe by following school bus safety rules. We were visited by the Earth Rangers with some of their animals. It is a charity that transforms children's concerns about our environment. They encourage students to become environmental leaders at home, in school and in the community. Then on April 10, we celebrated the International Day of Pink by wearing our pink shirts that symbolize our commitment to diversity and inclusion by combatting all forms of discrimination. Also, on April 12 we had a fieldtrip to the Children's Museum where students creative learning and imagination were ignited once again. Students had so much fun while learning. The museum provides an interactive learning environment that nurtures their power of imagination and spirit of self-discovery. Furthermore, on April 22, we had our pro-social presentation in our live assembly. We recited and filmed our poem "I am a Tree" by Nancy Kopman. It is a perfect poem for Earth Day, as it is about nature, growth, acceptance and resilience. The second part of our presentation was a parade of "*Pretend Play Costumes made from Recycled Carboard Boxes*". Students learned to recycle cardboard boxes and turn them into costumes. They learned that when they reuse and recycle items like cartons, it reduces the number of trees that need to be cut down, preserving the trees to keep our air clean and our planet healthy. Recycling also gives cartons the opportunity for a second life. It reminds us that recycling helps reduce waste and keep our planet clean.

Lastly, our academic learning journey continues to "bloom" this spring season with the help of Ms. Jayden Hildebrand as she embarks on her student-teaching block in our class. We are very glad to have you once again!









Grades 1 & 2 Ms. S. Gomes



This past month we had a very special guest from the Monarch Teachers Network come to our classroom to teach us all about Monarch Butterflies and Pollinators. The students were so respectful during the presentation and learned so many interesting

facts that they continue to talk about in class. We were able to go to the Children's Museum this past month as well. The students had a wonderful time exploring the museum and creating an 'All About Me' art piece. In the classroom, we are currently wrapping up an inquiry project on Manitoba animals. Students picked a Manitoba animal, researched their animal using books, creating a large poster that they coloured and labelled according to their animal's physical

features. They added a background to their posters that showed their animal's natural habitat. Everyone worked so hard on their posters! We continue to work on growing as readers and writers with our Read to Me Framework and by creating writing pieces to practice extending our writing and adding

details and punctuation. In Math, we continue to work on Measurement, Place Value, and reviewing past concepts to build on our numeracy skills.





Grades 2 & 3 Mr. J. Truss

With only two months remaining in the current school year the students will be busy working on a variety of activities.

The month of May will have our class completing a unit on position and motion in Science. The students will create "skateboards" that incorporate an understanding of how wheels and axles work together.

In Language Arts we have added to our Read to Me lessons by doing additional writing activities throughout the day. These will include descriptive, narrative and persuasive forms of writing.

The class greatly enjoyed our recent fieldtrip to the Assiniboine Park Zoo. We were able to further our understanding and appreciation for the variety of living creatures that we share our planet with. This experience complemented our Earth Day learning activities very well.

In Social Studies we will review the Canadian provinces from a First Nations perspective. We will focus on how the physical environment effects how people live, and the lasting contributions that Canada's Indigenous peoples have made to our Nation learning and lessons.

As always if you have any questions or concerns please do not hesitate in

contacting me.



Grades 4 & 5 Mr. B. Papineau

Hi everyone, we've had a busy month in our classroom. Ms H wrapped up her second student-teaching block at the end of April and will be back for a final block from mid May until June 14th. We also had a great day visiting the Assiniboine Park Zoo – although the weather was a little uncooperative – but enjoyed the guided program "All My Relations".

In May we will have another field trip at the end of the month to the Manitoba Museum. We will visit the Science Gallery, Planetarium, and another guided tour of the main Museum Galleries. I can guarantee no need for rain gear, sunscreen, or mosquito repellant for this experience. Finally, by now students will have probably mentioned that we've been learning about family life topics; a letter was sent home mid April but if you have any questions at all, please contact myself at the school.















Grades 3 & 4 Ms. E. Black

You know what they say... April showers (sometimes snow) bring May flowers! We've been busy learning all about "Sound" in Science and are looking forward to exploring "Soils in Our Environment" with our exciting field trip with CPAWS (Canadian Parks and Wilderness Society) at Beaudry Park! Remember to dress for the weather and to pack a bag lunch. In mathematics we are utilizing the skills we have learnt about area and perimeter and are building our own city. Our city must fit the proper requirements... or it might get bulldozed! Ever put thought into who invented the first ever broom? In Social Studies we are currently exploring ancient artifacts

originally created in Egypt that have been adapted and still used today. In ELA we are looking closer into the literature we are reading- What's the main idea? Who are the characters? Why is the author telling us the story that way? That's all for this month. Remember to read every night for 15-20 minutes, stay mindful of the waste in our lunches, and always, always be kind!



Grades 3, 4 & 5 Ms. W. MacKenzie

I hope you are all getting out and enjoying the lovely weather!

We are continuing our work on multiplication and identifying shapes in math. We have learned about arrays and equals groups. Please continue to skip-count with your children at home in order to help to build their multiplication skills.

In science, we have been continuing to learn about structures and connecting this to the social studies curriculum, by exploring structures from around the world. In April we visited the Winnipeg Zoo and took part in a program focused on Purrfect Predators. As we toured the zoo, many students were excited to see what continents







Please continue to have your child read to you each evening. In order to work on their comprehension skills, take a moment to ask your child to retell what they have read. Ask them about what they thought about what they read. This is a great way to have your child think beyond the text and a wonderful way to start a conversation!

Grades 4 & 5 & 6 Ms. C. Vande Graaf

We have had a great month with our student teacher Ms. April. She has been teaching us about rocks and minerals in Science and we had a wonderful parent come and show us her amazing rock and mineral collection. In Social Studies, we have been learning about First Peoples and have been working in groups and sharing our knowledge with our classmates. We have also been learning about perimeter and area in math. We did a perimeter and are project where we designed our own Zoo. This was a lot of fun because we also got to take an actual fieldtrip to our own Assiniboine Zoo. It was the chilliest day in April but we still had a great time.

We saw many different kinds of animals and talked a lot about animal adaptations and how different creatures survive in different areas around the world. We are looking forward to our next fieldtrip experience. Unfortunately, we can't visit Oak Hammock this year as they are under renovations but they have figured out a way to come to us. We are going to do a virtual field trip to the Marsh and are going to have the opportunity for a very interesting surprise. Stay tuned to hear all about it from the students!!











Grades 5 & 6 Mr. B. Kussin

It is hard to believe that May is already here and wonderful that the weather is now cooperating! Although there are only a couple of months left in this school year, the students are still learning all they can to prepare themselves for the next leg of their journey.

In Language Arts, we will continue to hone our skills at becoming poets with the goal of creating their own poetry booklets. In Math, the students we will continue to expand their understanding of fractions, decimals and percents. We will continue our look at World War II, the Holocaust and begin a novel study or two that will help us understand some of the events during this time period. We will use our understanding of the effect of stereotyping, prejudice and discrimination during this time period to discuss how these issues continue to appear in society today.

Remember, a great way to keep your child interested and motivated in their own learning is to ask them what they have learned at school every day and have conversations with them about their learning. Perhaps you could ask them to share their understanding of, or explain and demonstrate, one of the important ideas they have recently learned!







Grades 1 & 2 Ms. C. Kamara

Our class had the responsibility in April to present about "How to Be a Good Friend" at one of our assemblies. The class did a great job brainstorming ideas on what they thought being a good friend meant. We used these ideas to create a short class video, with the help of Mr. Tim. The whole class did such a good job at this, and they have been doing a great job of implementing these ideas in our daily classroom life.

The students have also continued learning all about "My Community" in Social Studies. We used Google Maps to look at our Community from a different perspective, and to see how different students commuted to and from school based on where they live. From there we are starting to move on to specific buildings within our community. In Science the class finished the unit of Objects and Materials and in May they will be beginning a new unit on Characteristics of Living Things. In Math we began a new unit on Place Value.

In April the class was able to go on a field trip to Assiniboine Park Zoo. Even though it was a bit chilly out, the class had a great time getting to learn interesting facts about animals and different ways that we can classify them. The class was also lucky to have a special presentation in the month of April about Monarch Butterflies! We had an amazing April, and can't wait to see what May has in

store for us!







Grades 5 & 6 Ms. C. Fraser

The warmer weather is approaching quickly. We are all very excited to feel the warmth of the sun, and start to see the greenery return on our ground and in our trees.

We are embarking on a journey to learn and discover more about Canadian historical events as well as some major world events. What events changed and formed Canada as we know it today? Who in history should be remembered for their contributions to Canada? How do women play a role in the feminist movement and the events that led to women's rights to vote? These are just a few of the questions we are going to learn the answers to.

We will be continuing our learning about the Human Body until the end of the year, however, we will also be starting to look into Electricity and how it affects our lives.

I have posted a few pictures of some of the students who have completed their disease project presentations. Some students still have yet to present. Look forward to your child's poster and pamphlet coming home. The students of room 16 are all doing a

wonderful job at presenting in front of a group for the first

There are only two months of school left and I am very excited that we still have an amazing journey of learning ahead of us!









Coach Program Ms. P . Solmundson



We're very excited for this month! We have 29 duck eggs in our incubator and we are expecting them to hatch May 7th or 8th. Our chicken eggs will be arriving shortly after and will be going into the incubator on the 13th or 14th where they will spend the next 21 days. Our painted lady caterpillars will also be arriving some time this month after the long weekend. We have been learning in science about all the different life cycles. In Indigenous

Initiatives we have been working on learning the eagle song and we have been busy getting our presentation ready for the Mulvey Monday Assembly. In Roots of Empathy, Baby Leo will be coming to visit and we are wondering if she will be crawling. We missed seeing her in April as the family was away. We are excited to see the changes in her.







Coach Program Mr. M. Jefkins



This has been an exciting time at COACH. Springtime here is filled with lots of exciting hands-on-learning. We are currently incubating 29 duck eggs and are very excited to welcome the ducklings! We will keep them for a few days and then will send them off to a farm. Shortly after we will be welcoming 24 chicken eggs and we will repeat the cycle with those chicks. We also have our Painted Lady Butterflies and get to watch them go through their life-cycle sequence: egg, caterpillar, chrysalis/metamorphosis, butterfly. We hope to release them either in the community or

at the Assiniboine Leaf Gardens. Kids are anticipating our trip to Narcisse Snake Pits to witness the annual den emergence. So cool! We

are also starting our annual STEM (Science, Technology, Engineering, Math) research project for a Tomatosphere where we observe the growth of tomato seeds in a blind experiment. One set of seeds have been exposed to the environment of space while the other set remained on Earth. Very exciting stuff! We have learned a lot about space this year and this feels like a real good activity to help tie things together. There are so many opportunities within space research besides becoming an astronaut. The solar eclipse was a great experience. We had our special glasses from the Manitoba Museum and the clouds thinned just in time for us to witness the event. Our students continue to enjoy and benefit from our weekly dance activity. Last month we

learned all kinds of tricks and tips to help develop our break dance, or "breaking", routines. It takes a lot of coordination, flexibility, and practice. Baby Leo continues to amaze us with her growth as we wrap up our Roots of Empathy classes, where she is the real teacher. We wish her the very best in her many years to come. In music we are perfecting our chiming routine and look forward to when we get to do our performance. See you next month!







Grades 2 & 3 Ms. K. Rosenberg

Spring has finally sprung! I hope everyone is enjoying the lovely weather!

During the month of April, we had discussions about our environment, talking about how we can make our Earth a better place. Students enjoyed writing and reading their creative Earth poems aloud to the class. Our field trip to the Assiniboine Park Zoo was a great learning experience, talking about animal life cycles and it was also a wonderful connection to our Science Earth Day activities and conversations.

Over the course of the year, students have grown as writers and will continue to implement the skills they have learned by continuing to practice a variety of writing styles and through our daily Read to Me Framework. In Math, we had fun learning about standard measurement as well as 2D and 3D shapes and their properties. The students took their learning a step further and began designing their own "measurement garden," drawing a variety of shapes and using a ruler to determine the length and height of each object/ shape. In May, we will be continuing to explore shapes, fractions and other number concepts such as early multiplication.

Although our position and motion unit has come to an end, it is important to recognize the innovation and problem-solving skills that were used to design the moving objects. We learned how wheels and axles work together while testing our moving objects down a slope. The creativity was evident! In Social Studies, we are excited to continue studying ancient Egypt. The students have started creating a fabulous interactive bulletin board showcasing their learning.

It is hard to believe there are only two months left of this school year. As the weather turns warmer, please try to take the opportunity to spend some time outdoors with your family and remember to read each evening for 15-20 minutes. Keep up the fantastic work everyone and enjoy the beautiful weather with your families!











Welcome to Ms. Brenna's Artist Alley

Highlighted this month in artists' alley are the Gr. 1/2 classes. They are working hard as choreographers and dancers and their dances are nearing completion! Then there is just time left in the year for the 3 P's: practice, perfecting, and performance. We will be working to tweak our dance moves and get them just right so we are doing things together at the right times. Then after lots of practice we will be looking for some special opportunities to perform our dance for an audience.







The Gr. 2/3's are still working on the glazing for their candle holders. We are almost ready to put them all in the kiln. Then it is on to pouring candles a fun new experience. The Grade 3/4's are almost all done their habitat plates and we are starting to collectively consider their next arts project. Probably something within the performing arts. Speaking of, the COACH students have begun their performing art unit with an introduction to "Hand Chimes". They have selected their performance piece and are starting the 3 P's as well. The Grade 4/5's continue working on their Memory book covers, everyone has moved on to the glazing portion of the project. Next up is book assembly which will be finicky and require a lot of perseverance and patience; speaking of "P" words. What a complex project. Lastly the Grade 5/6's are continuing to paint their good copies of their famous art replications. Whether it be on canvases or stools these art pieces are starting to come to life right before our eyes. Each class I can see the progress happening.

I hope we can see all the visual artwork come to completion. We only have 6 art classes left for each classroom before the end of the year and a lot of work left to finish! So I want to see us all continuing to work hard as we get closer to the end of the year.

As an aside, I have had the privilege to bring around 24 students from grades 3-6 every second week for 6 weeks to the Children of the Earth High School. They are getting to participate in an indigenous learning arts collaboration learning about the 13 moons on the turtles back. I have included some photos from the experience in this month's newsletter.







Welcome to Physical Education Mr. Ambaye

In our Physical Education program students participate in various physical activities, simple games and sports as the means to develop the basic movement skills. These skills are the building blocks for participating in all physical activities and the prerequisites to many lifetime physical activities. In May, students will continue to develop personal fitness and functional movement skills as applied to a variety of physical activities, simple games and sports. As the weather warms up, some Physical education classes will be held outdoors in May and June. Please ensure your child is dressed in comfortable clothing for Physical classes. Your child's proper clothing impacts their performance and ability to move safely.

Intramural and Club Activities: Intramural and club activities provide sport and recreational opportunities for all students regardless of their physical literacy. In April, our students participated in The Basketball Tournament hosted by Meadows West School. On behalf of Mulvey School, I want to express my sincere gratitude and appreciation to the Mulvey School basketball team for successfully completing the tournament and representing our school with excellent sportsmanship. Yoga club for grades 1 to 3 was one of the club activities we had in April.

In May, students are participating in **Before School Open Gym**, **Flag football tournament and Running Club**. The **42nd Annual "FIT RUN"** takes place **on June 4**, **2024 at the Old Exhibition Grounds**. This FIT RUN (2Km) is open to grades 4 – 6 students who are able to complete the run in a determined amount of time based on their grade level. More than 900 students are expected to participate in the RUN throughout the Division. Please refer to Intramural Calendar for details.







May 2024 Intramural/Club Activities Before School 8:30 - 8:55 am

Mon	Tue	Wed	Thu			Fri	
		1 D	Day 5	2	Day 6	3	Day 1
	- Before school Rm 5, 6, 7, 21, 22, 23 - Zumba® Kids Club (gr.1 – 4)			- Before school Rm 13, 16, 17, 18 - Run club (noon) - Flag football prac		- Before school Rm 5, 6, 7, 21, 22	, 23
6 Day 2	7 Day	3 8 D	ay 4	9	Day 5	10	Day 6
Non-Instructional - Flag football (game) after school	- Before school Rm 13, 16, 17, 18, 19, 2 - Run club (noon) - Flag football practice	Rm 13, 16, 17, 18, 19, 20 - Run club (noon) - Zumba® Kids Club				- Before school Rm5, 6, 7, 21, 22,	
	after school	(9.1.)			- Flag football practice		
13 Day 1	14 Day	2 15	Day 3	16	Day 4	17	Day 5
- Flag football (game) after school	- Before school Rm 13, 16, 17, 18, 19, 2 - Run club (noon)	- Before school Rm 5, 6, 7, 21, 22, 2	23	- Before school Rm 13, 16, 17, 18, - Run club (noon)	19, 20	- Before school Rm5, 6, 7, 21, 22,	23
	- Flag football practice	- No Zumba® Kids	Club	- Flag football prac	ctice		
20 Day	21 Day	6 22 <i>L</i>	Day 1	23	Day 2	24	Day 3
Victoria Day	- Before school Rm 13, 16, 17, 18, 19, 2 - Run club (noon) - Flag football practice	- Before school Rm 5, 6, 7, 21, 22, 2 - Zumba® Kids Club (gr.1 – 4) - Last one	b	- Before school Rm 13, 16, 17, 18, - Run club (noon) - Flag football prac	,	- Before school Rm5, 6, 7, 21, 22,	23
27 Day 4	28 Day	5 29 <i>L</i>	Day 6	30	Day 1	31	Day 2
- Flag football (game) afterschool	- Before school Rm 13, 16, 17, 18, 19, 2 - Run club (noon) - Flag football practice after school	- Before school Rm 5, 6, 7, 21, 22, 2	23	- Before school Rm 13, 16, 17, 18, - Run club (noon) - Flag football prac after school		- Before school Rm 5, 6, 7, 21, 22	, 23

Message from Mulvey Community Support Worker Justine Kiwanuka

Email: jkiwanuka@wsd1.org Phone: 204-786-3469



Justine Kiwanuka Work Schedule at Mulvey School

> Tuesday AM only Wednesday AM only Thursday PM only Friday AM/PM

Hello Parents, Guardians, Caregivers and Families.

Spring is here!!! It is sunny and an enjoyable blue sky. Spring brings excitement but also comes with allergies for some of us. Be prepared to see/hear and to notice your child/children's changes. Some allergies may require medical follow-up.

PROGRAMS & ACTIVITIES

Food Donations

The WSD Food Rescue Program continues to be on Wednesdays starting at 8:40 A.M. Watch for the information on Tuesday afternoons through the School Messenger email announcing what we will be receiving for your Wednesday morning pick-up. Just a reminder, to be environmentally friendly, please bring your own reusable bags. Please note that Mulvey School provides this food supplement to support Mulvey School families and caregivers.

Book Club

The Little Readers continue to meet once a month on Thursdays @ 12:00 P.M. Kids are encouraged to come to room 4 and select books they want to read. Parents are also welcome to stop by with your kids and select books.

Cooking and/or Baking

Family cooking continues to be on Zoom once a month on a Friday at 4:30 P.M. We share the joy of cooking together and having kids be part of the cooking alongside their parents. If you wish to share your recipe we will be happy to try it together as a group. It is important you send me an email if you want to be part of the cooking group, because I have all the ingredients and get a recipe to all participants. Please contact me if you would like to be involved so I know how many families I have to plan for. To share your recipe and for further details, feel free to contact me at 204-786-3469 or jkiwanuka@wsd1.org

Dental Program

The dental program went well, in April we had the last appointment for the registered children. If there is a dental emergency, we may be able to make arrangements for those services. We will continue with our Dental Programs assessment and appointments in September. On behalf of Mulvey School parents and children we would like to send much appreciation to Smile Plus at Machray School and to the Variety Club University of Manitoba School of Dentistry for providing the best care to our Mulvey school kids. Your services to the Mulvey School kids gives them a smile with confidence. Thank You!

(EAL) English Conversation Classes

These English Conversational classes will continue every Thursday from 2:00 - 3:00 P.M. Register with Justine through email at (jkiwanuka@wsd1.org)

Mulvey Clothing Line

It is back again! This is a free give away a lot of good items donated to us. We are going to have one in May, Mrs. Ginsburg will send out more information closer to the give away date.

UPCOMING PROGRAMS & ACTIVITIES

Sewing Club

This program will be starting in May, Ms. Millie will be leading the sewing club. Ms. Millie is passionate and very experienced in this areas She will be teaching and guiding us through this program.

Multicultural and Diversity Feast

There has been a change in organizing the Multicultural and Diversity Feast. This may not take place as planned. However, we have a new Art program in partnership with Children Of The Earth High School. This partnership is having the art students at Children of the Earth mentoring the young children at Mulvey School through the amazing teachers of both schools and the elders at Children of the Earth school.



Food Handlers

We have room for 6 - 10 Mulvey parents/guardians to sign-up for a food handlers course. Please email me with your interest in taking the food handlers certificate

Volunteers

I would like to thank the volunteers who give their time to help out every Tuesday and Wednesday at the Food program, and making it run smoothly. As well, to all volunteers in the school, your time is very valuable and is highly appreciated. Thank You!!!

Wasteless Wednesdays

Wasteless Wednesday's were indeed a success at Mulvey School! On Wednesdays in April, we reduced the amount of garbage collected in lunch program from the average 4 full bags to 2 full bags. A grand total of 6 garbage bags have been kept out of landfills due to the hard work of our Mulvey families. A big thank you to the students and families who helped Mulvey with this initiative to create a better, cleaner world for the future! Keep in mind some of "Wasteless Wednesday" tips of using reusable containers and water bottles when packing lunches in the future! It would be wonderful if we continued this effort and kept in mind how we can reduce garbage on a daily basis

An Average Day of school waste in Lunch Program 2023-2024 from September to June - excluding month of April 2024



A "Wasteless Wednesday" in Lunch Program in April 2024









Since the start of Mulvey School's initiative Wasteless Wednesdays, as a school community we have reduced the amount of garbage bags used per day by an average of 2 bags.

On an average month that is approximately 40 less, that means that last school year we put approximately 400 less bags into the landfill site. Way to go, let's keep making this difference daily!

Congratulations to Room 7 for reducing the most waste. They had only 62 items of waste throughout the entire month! They will receive a special treat in recognition of their Wasteless Wednesday efforts. A big note of congratulations to all students for reducing our waste! Please keep up the wasteless initiative and action.

Pro-Social Skills of the Month:

Healthy Living, How to Be a Good Friend, and Earth Day

At this point in the school year, we are pleased to be able to learn from our students about a variety of topics. We have also had the privilege of hosting organizations like Earth Rangers, Take Pride Winnipeg and Manitoba Theatre for Young People to enhance our learning experiences. The grades 2 and 3 students from Room 21 presented a game show themed video called, "Name That....Healthy Living edition" for our students to explore the components that contribute to a healthy lifestyle. The students suggested mindfulness activities like yoga which also builds strength and choosing to eat healthy foods. Later on in the month, the students from Room 22 presented a video on 'How to Be A Good Friend' and offered our students and staff a variety of strategies to try within the classroom and outside at recess.











The students from Room 5 have been practicing the poem, "I am a Tree" written by Nancy Kopman in honour of Earth Day. The students recited the poem and then paraded through the gym in their handmade upcycled costumes made from cardboard boxes. The entire school cheered on our Grade 1 and 2 students as they displayed their hard work.

We look forward to our Pro-Social presentations in May from our students in rooms 18, 13 and COACH.







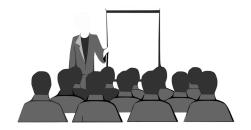
Open Inquiry Club

May 2024
Every Thursday @ noon
12:00 - 12:55 P.M. in the Library
Supervisors: Ms. Paragas & Ms. Cruzada

Outdoor Education	STEAM Education
May 9:	May 2:
Chalk Counting Garden	Art Activity (Art for Kids Hub)
May 23:	May 16:
Community Scavenger Hunt	Research in Computer Lab and Create a Book. √ All About Plants √ How to Take Care of Plants √ Benefits of Growing Plants
	May 30: Building/Designing/ Inventing Structure: Using marshmallows.

Adult EAL Classes

We are so excited with the response that we received from our newcomer families for our English as Additional Language classes. Parents have been invited to meet on Thursday afternoons from 2:15 - 2:30 to socialize, learn basic English language skills and build their sense of community and belonging with other families. We are grateful to Ms. Justine for coordinating the classes and Ms. Kaori and Ms. Sandi who have volunteered their time to teach the classes.



Congratulations to our Patrol of the Month

This student has shown great responsibility and dedication to ensuring all Mulvey students are safe coming to and from school each and everyday

Thank you for all you do!





International Day of Pink April 10, 2024



On Wednesday, April 10, 2024 students and staff at our school participated in the International Day of Pink.

At Mulvey School we stand in solidarity with the 2SLGBTQIA+ community for equality and acceptance.

This year's theme is "Visibility ~ standing tall and embracing our true selves". Many students wore clothing with inclusive messaging and some got into the spirit by painting their faces.



Important Notice

For the safety of our students, staff and parents/ guardians: when dropping off your child in the back alley off Wolseley Avenue, <u>please drive in one direction only</u>. (See arrows below).

Backing onto Wolseley creates a serious driving hazard. Also, please no parking in the Apartment Block Parking Stalls. These are paid for by the Tenants.

THANK YOU!



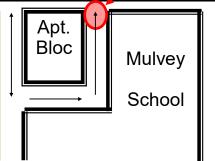
Please note, there is no left or right turn permitted from Wolseley Avenue into back lane from Sept. – June from 7:00 a.m. - 17:30 p.m. which will be enforced.



Wolseley Avenue

Map Key

Please follow direction of arrow when dropping off your child.



Woodrow Place

Turn your key - Mulvey School is Idle Free

As part of the Mulvey School's Environment Sustainability Development Plan, please take note of Idle-Free Zone signs at the school. These signs are a reminder to turn off your car while you wait. The signs will reduce pollution



around our school and increase health and safety. Burning fossil fuels like oil and gas unnecessarily produce emissions that contribute to climate change. Reducing idling will also save you gas and money. It's these little changes that add up to make a difference. For more information please follow the link http://climatechangeconnection.org/resources/idle-freezone-signs/

Thank you to The Winnipeg Foundation for the support of this project.

Did you know:

- √ When you idle your vehicle for more than 10 seconds, you burn more fuel than it would take to restart your engine.
- √ As Canadians, we idle our vehicles an average of five to 10 minutes a day. It wastes approximately 100 litres of gas a year. You can save yourself \$125 a year by simply turning off your vehicle when you are going nowhere.

Rm 21 Rm 23 Please pick up your children at their Rm 22 room number's line Rm 5 Rm 7 Rm 20 Pick-up Zone Rm 17 Grades 1-6 Rm 13 Rm 16 Rm 18 Rm 19 Wolseley Play Structure Fence

Nursery/Kindergarten Pick-up **in** the school at the children's classrooms



No pick-up outside fence

Wolseley Avenue

Nurturing Healthy Eaters in the Classroom

EARLY AND MIDDLE YEARS

Caregiver's Job What food to pack School's Job

Student's Job

Whether and how much to ear

Positive Eating Environment

- Have set meal and snack times; avoid grazing.
- Limit distractions such as screen time.
- Talk with children in casual conversation. Save nutrition education for the classroom instead of at meal times.

Natural Hunger & Fullness Cues

- Allow students to control their own intake don't specify a certain number of bites.
- Allow students to eat food in any order they choose – no need to finish one food before another.
- Trust and respect students when they say or signal they are full or still hungry.

Build Trust With Students & Families

- Respect that families may define "healthy food" differently, and children have different health needs.
- Allow students to eat food items sent from home unless the food relates to an allergy. Students need to trust that their caregivers can feed them properly and teachers need to trust this as well.
- Support all families by encouraging access to reliable nutrition information such as <u>Dial-a-Dietitian Manitoba</u> (1-877-830-2892) or from <u>www.unlockfood.ca</u>.
- Refer families to breakfast, snack or lunch programs and other community food resources (such as food banks) when needed.

Teach Nutrition In A Positive Way

- Teach about a variety of foods, focusing on the benefits of fueling the mind and body.
- Keep all messages positive for example "eating a variety of foods gives you energy to play and think." Avoid negative/fear-based statements like "x food is not healthy."
- Focus on behaviors, such as regular meals, sleep, and physical activity to feel good not for weight control.
 Weighing, using weight tables or charts, or calorie counting activities can hinder health behaviours.
- Role model positive body image by encouraging body positivity and diversity. Avoid sharing personal views about food and body weight. Each person's body is different, and we should respect, accept, and celebrate these differences!



Eating Should Be Enjoyable

General eating advice: The eating advice in this article is based on Ellyn Satter's principles and guidelines. For more about Satter's work, see: ellynsatterinstitute.org

Resource provided by the Registered Dietitians of the Manitoba School Nutrition Action Group. For questions please contact us at: 1–888–547–0535 or mbhealthyfoodinschools@dietitians.ca



Now Accepting Half Day Nursery and Kindergarten applications for the 2024-2025 school year. If your child is born in 2020 or 2019



Please have the following documents:

- ⇒ Birth Certificate
- ⇒ Proof of address (Property Tax Bill or Lease)
- ⇒ Manitoba Health Card
- ⇒ Immigration Papers (If Applicable)











Frequently Asked Questions

SafeArrival for Families FAQ

What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence.

You are asked to report your child's absence in advance whenever possible using one of these convenient methods:

SchoolMessenger app (free)

- Provide your email address to the school.
- Get the app from the Apple App Store or the Google Play Store (or from the links at https://go.schoolmessenger.ca).
- https://go.schoolmessenger.ca).
 Tap Sign Up to create your account.
- Select Attendance from the menu, and then select Report an Absence.

Web and Mobile Web: go.schoolmessenger.ca

- Provide your email address to the school.
- Go to the website.
- Click Sign Up to create your account.
- Select Attendance from the menu, then select Report an Absence

Interactive Toll-free Phone 1-855-278-4513

- Call the toll-free, interactive telephone system.
- 2. Follow the instructions to report an absence.
- Record the confirmation number at the end of the call.

If you hang up before this is given the absence will be cancelled and will not be reported to the school.

Whenever an absence is reported or updated, you will receive a confirmation notice by email (assuming you have provided your contact information to the school).

If you don't report your child's absence in advance, the automated notification system will try to contact you (using the communication preferences if you have set them up in the SchoolMessenger app). This may include push notifications to the app, email, phone calls. You will be asked to provide the reason for your child's absence immediately. You may do so using the phone line, website or mobile app.

If an absence is not explained within approximately 20 minutes of the time that the school starts the notification process, school staff will follow-up to make sure that your child is safe. If you try to explain an absence using SafeArrival, but are then told that it is past the cut-off time, please contact the school directly.

If you don't want to receive notifications when your child is absent, be sure to report your child's absence in advance.

If you do receive notifications of your child's absence, be sure to provide the reason as quickly as possible, using one of the 3 methods listed above or during the phone call notification itself.

Absences can be reported in advance:

- 24 hours/day
- 7 days a week
- For any school day in the school term
- Up to the cut-off time on the day of the absence

What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence. Please take note if you have not put your child's absence in the system before the school sends out the calls, you will get a call from the system.

Transportation clerks also inform families when busses are cancelled through School Messenger so it is very important for families to provide their child's school with an <u>updated</u> email address and/or cell phone number.

Please make sure you are keeping your home phone number, email and contact information up to date with the school. You can call the office at 204-786-3469.

For further information on how to access:

https://www.winnipegsd.ca/Parents/safe-arrival/Pages/Default.aspx

School-wide student ROOFTOP picture day is coming!

Mark your calendar for our School Picture Day on Thursday, May 16, 2024

Mulvey School students and staff are gathering all together on the school's hardtop area for our annual school community group picture on Thursday, May 16th at 11:00 AM.

If your child is an afternoon student but would like to be included, please bring them to the school to be included in the picture.

Mulvey School t-shirts will be provided

Office Notes:

We do not keep cash in the school, so it is very



helpful if you bring exact change to make any payments. Please note the school does not accept cheques.

We encourage parents/caregivers and students to make any after school arrangements ahead of time, to reduce the number of phone calls and traffic in the office.

Please send lunches and any supplies your child needs for the day with them in the morning.

Mulvey School Parent Council Lunch Program News

A reminder that the lunch program fees for the month of May 2024 are due.

The Mulvey School Parent Council Lunch Program will be <u>accepting registrations for the upcoming 2024-2025 school year</u>. **You must re-register your child every year to be in the program.**

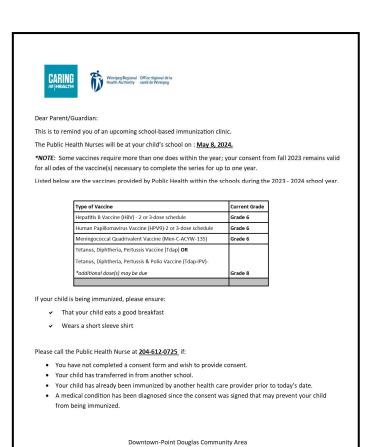
Please pick up a form from the office if you are interested.

A reminder that the Lunch Program is available for students whose parents are not available to supervise their children due to work hours or are enrolled in school during the lunch hour.

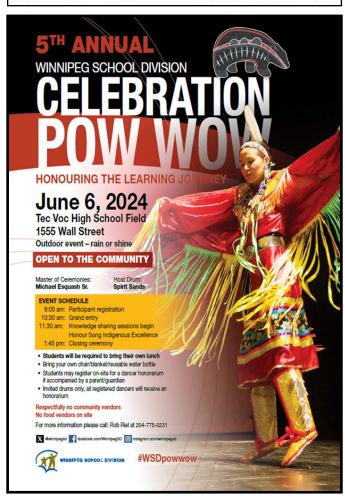
- Parents must register all children before they attend the lunch program on a yearly basis.
- ◆ The fees are due at the beginning of each month and are for supervision only. Not paying on time, without any prior arrangements, will result in a suspension of lunch program privileges.
- Registration is based on a first come first served basis. There is a maximum students we can accept.
- Parents are expected to provide their children with a lunch. Please do not send fish or nuts of any type due to allergies.
- Children are expected to follow the lunch program rules, failure to do so will result in a suspension of lunch program privileges for the child(ren).

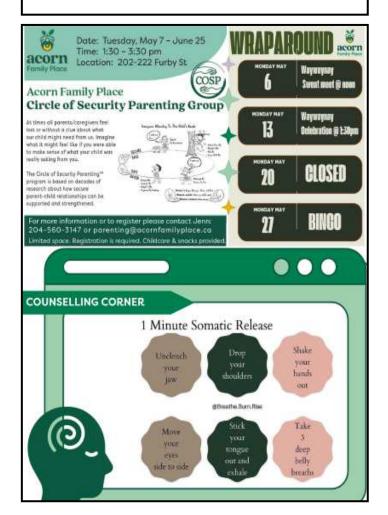
Parents will not be allowed to register a child if there is an outstanding debt owed to the program. Applications for 2024-2025 year are available in the Office and at this point in time, the fees will remain the same.





2 - 755 Portage Ave. | Winnipeg, MB R3G 0N2 | Tel: 204-940-6669 | Fax: 204-940-2468









Monday	Tuesday	Wednesday	Thursday	Friday
\begin{align*} \text{\left} \text{\left}		1	2	Breakfast for Caregivers' 10-11 am Money Management 1:30-3:30 pm
6 Creativity for Caregivers 9:30-11:30 am WCBO Tenant Support 10-11:30 am WrapAround Waywaynay 1:30-3:30 pm	7 Muffins and Tots 9:30 am-11 am Music Circle 11:50 am-12 pm Circle of Security 1:30-3:30 pm	8 CENTRE CLOSED 9AM-1 PM Coring Dods 1:50-3:50 pm	9 Cooking Class 1-3 pm	10 Breakfast for Caregivers' 10-11 am Nurse Julia 1:30-3:30 pm Money Management 1:30-3:30 pm
13 WrapAround Waywaynay 1:30-5:30 pm	Muffins and Tots 9:50 am-11 am Music Circle 11:30 am-12 pm Circle of Security 1:30-3:30 pm	15 CENTRE CLOSED 9AM-1 PM	16 Food Bank 1-4 pm	Breakfast for Caregivers' 10-11 am Money Management 1:30-3:30 pm
20 CENTRE CLOSED ALL DAY FOR STAT HOLIDAY	21 Muffins and Tots 9:30 am-17 am Music Circle 11:30 am-12 pm Circle of Security 1:30-3:30 pm	22 CENTRE CLOSED 9AM-1PM	23 Cooking Class 1-3 pm	24 Breakfast for Caregivers' 10-11 am Nurse Julia 1:30-3:30 pm Money Management 1:30-3:30 pm
27 Creativity for Caregivers 9:30-11:30 am WCBO Tenant Support 10-11:30 am BINGO 1:30-3:30 pm Community Council 1-3 pm	28 Muffins and Tots 9:30 am-11 am Music Circle 11:30 am-12 pm Circle of Security 1:30-3:30 pm	29 CENTRE CLOSED 9AM-1PM	30	31 Breakfast for Caregivers' 10-11 am Money Management 1:30-3:30 pm

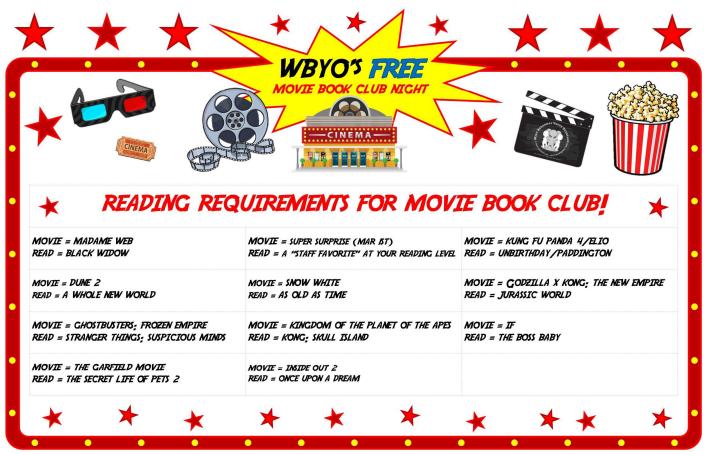
- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Margot for info: 204-560-3153 or wraparound@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In a half hour before the program starts
- Please call Joanne for info & to place your name on our Food Bank waiting list at: 204-560-3146

ACORN FAMILY PLACE

Crossways in Common Building 202-222 Furby Street, Winnipeg MB R3C 2A7 Phone: 204-560-3141 Fax: 204-560-3154 Email: admin@acornfamilyplace.ca www.acornfamilyplace.ca









FREE ALL AGES DROP IN ART PROGRAMS

616 BROADWAY WINNIPEG, MB TREATY 1 TERRITORY

MONDAY to SATURDAY 3:30 pm - 7:30 pm

closed on Sunday

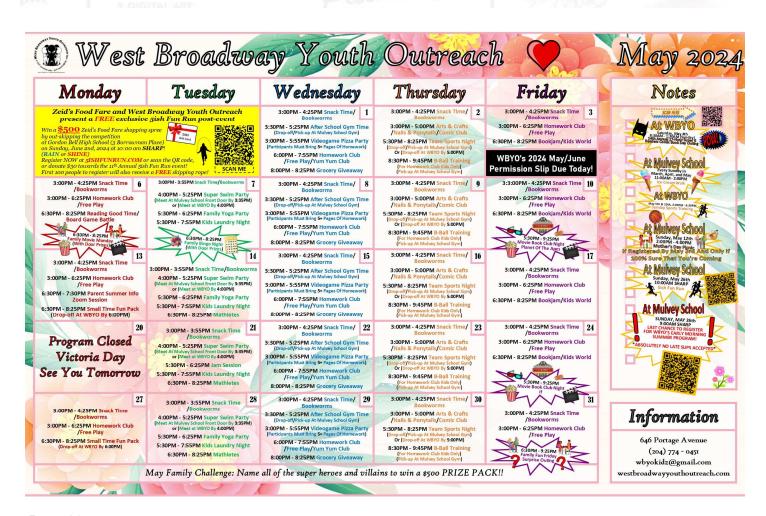
artcityinc.com info@artcityinc.com 204-775-9856





12024

BYAILISQ



May 2024

Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Day 5	2 Day 6	3 Day 1	
		Badminton @ noon Grade 5-6 Zumba Kids Club Financial Literacy Club @ noon	Run Club @ noon Travel with Stories & Mulvey School Event 4:30PM Open Inquiry Club @ noon	Garden Club @ noon Grade 3-6	
6 Day 2	7 Day 3	8 Day 4	9 Day 5	10 Day 6	
Non-Instructional Day (E.A.'s attend) Mulvey Football 6:30 & 7:30 p.m.	Pow Wow Club Pottery Club Run Club	Gr. 6 immunization Financial Literacy Club @ noon	Open Inquiry Club @ noon		
13 Day 1	14 Day 2	15 Day 3	16 Day 4	17 Day 5	
	Pow Wow Club Pottery Club Run Club	Financial Literacy Club @ noon	Open Inquiry Club @ noon Run Club		
20	21 Day 6	22 Day 1	23 Day 2	24 Day 3	
Victoria Day <u>No Classes</u>	Career Fair Pow Wow Club Pottery Club Run Club	Career Fair Zumba Kids Club Financial Literacy Club @ noon	Career Fair Open Inquiry Club @ noon Run Club	Career Week	
27 Day 4	28 Day 5	29 Day 1	30 Day 1	31 Day 2	
Pizza Order Due	Pow Wow Club Pottery Club	Financial Literacy Club @ noon	Open Inquiry Club @ noon	Pizza Lunch	

S how Respect and Responsibility
A lways come Prepared and On Time
F eet and Hands to Yourself
E veryone Learns Together

BE YOUR BEST

B elieve E xcel S ucceed T ogether



DATES TO REMEMBER Please mark the following important dates on your calendar (watch for changes in future newsletters).				
Date	Event	School Day		
June 6	WSD Pow Wow @ Tec Voc	6		
June 19	Coach Celebration Day	3		
June 25	Grade 6 Farewell @ 1:30 PM	1		
June 26	Report Cards home	2		
June 28	Last day of classes 11:30 AM Dismissal	4		