January 2024 Newsletter

MULVEY SCHOOL

The Winnipeg School Division

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www.winnipegsd.ca/schools/mulvey

Twitter @mulveywsd Peter Correia - Principal

Naomi Ginsburg - Vice Principal

Dear Parents/Guardians, Caregivers & Families,

Happy New Year!

It was wonderful to present to you the annual winter celebration performances and presentations live! What awesome shows! Thank you for the many positive comments and acknowledgements.

The students and staff worked extremely hard and it was most rewarding to present for such an appreciative audience. A big thank you to all who supported and made the school wide event another successful one.

The school year is well under way and the time up to the March break is another significant block of time for the teachers to continue addressing the curriculum and learning for all students. If you have any questions about your child's learning or progress please contact your child's teacher to set up a meeting.

Together we are better!

Here are strategies that parents/guardians can use to help their children in school:

- √ Talk to your children about learning.
- √ Read with your child each day & set quiet time each evening for children to read
- √ Create a time period and space for your child to work on homework.
- √ Be sure your child gets plenty of sleep and rest. Getting a good night's rest will sharpen focus and improve working memory.

Mr. P. Correia, Principal



Features

Mulvey School PATROL OF THE MONTH
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Nutrition News Please see page 19

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Mulvey Moments



WSD Land Acknowledgment and Commitment to Action

"The students, staff, and communities of Winnipeg School Division are committed to truth and reconciliation through building relationships with Mother Earth, the original peoples of this land, and the stories that bring us together. We acknowledge the place in which we gather is on Treaty 1 territory, the homeland of the Red River Metis, and the ancestral lands of the Anishinaabe, Ininiwak and Dakota Oyate peoples."

Acts of Recognition (AoRs)

Acts of Recognition are given to students for achieving personal, academic, or social goals. We use the Seven Teachings to help students name their goals. This may be when a student goes beyond regular expectations or continually demonstrates skills and/or behaviours that contribute to making Mulvey School an even better school to learn.

The following **74** students received Acts of Recognition stickers in the month of December. There are several marvellous Mulvey students who have received MORE than one nomination, but are included in this list only once. If you would like to nominate a student, parent or community member, please email Mr. Correia (pcorreia@wsd1.org) or Mrs. Ginsburg (nginsburg@wsd1.org).

Aaron Abdullah Abdulrizak Abs Alexis Amen Andres Asiah Asmat Atticus Ava-Marie Avery Aylah Ben Biki	Daelynn Danait Darrylinn Felicity Frankie Giddy Greyson S. Hana Harrison Imran James L. James R. Jaxon Jurnee	Kevron Kimmy Kyron Levi G. Lily B. Lily-Anne Lorraine Luna Maicy Makar M. Maksym Marharyta Marie Maxine Mihraz	Mohammad Mukhlis Nathan S. Omar Pascal Perwitto Precious Princess Sarita Sky Sofiia Sophie Students of
Bohdan Cataleya Connor	Kaleb Karma	Milo Mira	Students of

Taliah
Tymofii
Ugo
Victor
Violet
Windsor
Yonatan





	December Acts of Recognition							
Courage	Honesty	Humility	Wisdom	Respect	Truth	Love		
5	8	7	14	10	9	21		

Nursery AM Kindergarten AM/PM Ms. N. Schneider

Welcome back! I hope you had a wonderful holiday season. The students will explore in their studies about Winter Animals. We will do an inquiry learning about polar bears and penguins. We will watch video presentations about how these animals survive and adapt in their environment. We will also do art and crafts related to these winter animals.

As we move into the exciting second term of our Kindergarten Journey, we enter into our magical theme, "Winter Wonderland". Over the next few weeks, your child will be involved in a variety of

activities, including sorting mittens, creating mitten patterns and ordering mittens from largest to smallest. We will also sequencing winter activities, and counting buttons on snowman. For Science integration, we will identify and discuss the characteristics of the four seasons. For art integration, we will create frosty winter scenes and recite winter poems and songs.

Our play area will start as a puppet theatre, where student will use a collection of puppets to act out their winter stories. The Listening Centre and Reading Centre will continue to provide a literature-rich environment filled with fiction and non-fiction books for our winter theme. Other exciting activities at our Tactile Centre will engage all the students as they investigate, wonder, and discover the magic of the winter season.















Grades 1 & 2 - Ms. S. Gomes

Welcome back friends! I hope everyone had a wonderful winter break. A big thank you to everyone in our classroom for their hard work and wonderful performance during our Winter Concert in December. The students worked so hard leading up to the concert practicing and learning all the actions and words to our song. I am so proud of them! As we head into a new year of learning, we will continue working on strengthening our reading skills, writing skills and numeracy skills. In Math, we will continue to review and introduce math strategies as we move ahead building on our numeracy skills. We will continue to use the Read to Me framework to grow as readers and writers and use Reading Eggs to supplement our learning. We also continue to use Dreambox to practice and build on our math skills. I am excited for all the learning that the New Year will bring! Happy New Year everyone!



Grades 3 & 4 Ms. E. Black

Happy New Year! December was a short month but we were able to fit in a lot of fun activities such as the Winter Concert and making homemade chocolates for our family members. We have wrapped up our Science unit on Structures and Materials, and are

beginning to explore Animals in their Natural Habitats. We have started looking at multiplication by constructing arrays using cookies on a cookie sheet. Our class makes up a part of our community at Mulvey, we have been using our class time during Social Studies to identify who we really are: by taking a good look in the mirror, we made our eyes shaped just right,

found the perfect color to match our skin tone using the "Around The World" Cravola markers and revealed our true selves through portrait drawing!





Grades 1 & 2 Ms. A. Cruzada

As part of our last month's highlights: We are very grateful to Ms. Hildebrand, a student teacher from the University of Winnipeg, for teaching us about community workers. She took the initiative to invite her sister, who is a nurse to visit and have a discussion about the duties and responsibilities of a nurse. While some students know what nurses do. many may not have a real understanding of the job and duties. Hearing it personally from a nurse was a great experience for our students. When students were asked if they wanted to be a nurse someday, one of our students exclaimed, "I want to be a nurse, because I want to help others to be healthy". I believe the students gained wisdom and the reason behind their aspirations become deeper and more meaningful because she inspired him. Thank you so much for your visit and sharing your knowledge with us.

Furthermore, this month, in Math, we will be working on place value, two-digit addition exercises by using different math manipulatives and mental math strategies. In Science, we will continue to know more about different winter animals. In Social Studies we will continue our lessons about the Seven Sacred Teachings. For Language Arts, we

will continue to do guided reading and small group instruction using activities from the Read To Me Framework.

Lastly, thank you for watching our Winter Concert! Students were so proud and excited to showcase their talents in singing and dancing. It is indeed the most wonderful time of the year!!!







Grades 2 & 3 Mr. J. Truss

A special thank you to all of you who were able to view the Mulvey School Winter Concert. The class thoroughly enjoyed performing "Frosty the Snowman" and creating our snowflake decorations. The class had a great time collaborating with grades 3/4's and learning the song. Events such as this provide the perfect opportunity to further continue the home-school connection. In Language Arts we will continue to develop individual reading levels with a dedicated focus on increasing comprehension in respect to plot, characters, and problems and resolutions utilizing the Read To Me initiative. In Social Studies we will continue learning about Canada's history and our basic Rights and Freedoms. A special emphasis will be placed on learning about how the natural environment and climate impacts the culture and lifestyle of Canadians both now, and in the past. In Science we have begun a unit that has us learning about "States of Matter". This is a great time of year for this unit as it allows us to discuss principles such as evaporation, condensation, and freezing/thawing in an authentic manner with plenty of opportunities for observations and discussions. Mathematics will have us continue to utilize the Dreambox math program while further developing mental math skills during classroom instruction.

I hope that all of you had a restful winter break and wish you all the best throughout the New Year!





Grades 5 & 6 Mr. B. Kussin

Welcome back to all of the students! I hope everyone had a restful, joyful and happy holiday. It was wonderful to see each class's performance in this year's presentation of our Winter Concert! I would like to thank all the students in the class for all their hard work and dedication to their performance. There were many steps and movements that the students had to learn and they had fun in the process! We hope you enjoyed their performance!

This month is the beginning of a very important block of learning. We will hit the ground running so that we can maximize our learning. We will continue to build and expand our skill set and expand our knowledge in all subject areas. We will be investigating the diversity of living organisms and learning how to classify them based on their similarities and differences. We will continue to learn about the history of Canada including important historical world events. In Math we will be building our skills of the

operations, particularly multiplication and division, with the help of Dream box. In Language Arts the focus will continue to be on reading comprehension, especially expository texts, through our Literacy Hour with emphasis on improving our writing skills. Reading Eggs will continue to be used to facilitate reading and writing skills. We are looking forward to learning a lot this term!





Grades 2 & 3 Ms. K. Rosenberg

Welcome back! I hope everyone had a wonderful holiday season. Thank you again to all the families for coming out to the Winter Concert! What a wonderful and special afternoon and evening that was! Even though the holidays have come and gone, our classroom will continue to be filled with a lot of joy, as students will get the opportunity to share their holiday journals with the class. Throughout the month of January, Reader's Theatre will be a main focus in English Language Arts, as it is important to practice reading and speaking aloud, using our voice and expression. We will also continue with our Read to Me Framework, working in small groups and focusing on reading, word work and sentence structure. Within Science, we will continue learning about animals. We will also be furthering our knowledge in Social Studies by studying Canada. In Math, we will be learning how to tell time, reading and understanding calendars, as well as continuing to work on addition and subtraction strategies specifically when solving our "Word Problem Wednesday" questions. January will be a snowy month, so stay warm by curling up inside with a blanket and reading for 15-20 minutes every night. I look forward to another exciting learning month! Happy New Year! Please enjoy some pictures below from our wonderful time at the Children's Museum!







Kindergarten AM/PM Ms. H. Dumond

In December we were busy learning about patterns. We discovered that patterns can be found all throughout our classroom. Students created their own patterns using colours, stamps, and actions/ sounds. This past month we learned how to print, recognize, and identify the sound that the letters Jj and Nn make. We worked hard to practice our "Jingle Bells" performance for the winter concert. Students also created beautiful bright snowflake art that was on display in the gym for the show. Thank you to all the families who made it out to watch our concert. We hope you enjoyed it. Wishing everyone a restful winter break and a happy holiday to those who celebrate.









Grades 5 & 6 Ms. C. Fraser

Happy New Year to all Mulvey Friends and Families! I would like to take this moment to look back on the first term of school and say how proud I am of the growth I have seen in the students from room 16. We have accomplished a lot of learning together both academically and as a classroom/school community.

Congratulations to all of you on a job well done with the Winter Concert and a HUGE thank-you to Mr. Tim for pulling it all together!! I also want to thank all of the Mulvey community that was able to check out the Winter Concert and support all of our student's efforts and hard work and share in this special moment with each child. We had a lot of fun making up the dance and practicing and sharing these special moments with our families is so important.

I look forward to more fun, adventure, and learning in the months to come. Please keep in mind our grade 5 and 6 winter camp trip to Camp Cedarwood is coming up next month. Please be sure to read all the newsletters that will be coming home to help prepare your child for this awesome, community building, winter experience. It's so much fun and often is the highlight of the year for all grade 5 and 6 students.

Once again, I would like to wish all of our families a very happy new year and all of our students a wonderful learning experience for the remainder of the school year.



Grades 4 & 5 Mr. B. Papineau

The students had an eventful, hard-working and action-packed month in December, and I hope everyone is well rested and ready to get back to work. The highlight was rehearsing and performing Try Everything with the class across the hall for the Winter Concert. It took a lot of practice, cooperation, and focus with almost 50 students between our two classrooms, but in the end the finished performance was hopefully one they could be proud of! In the classroom we worked on Read to Me, the human body in Science, and learned about coding and microbits in Mathematics. We are definitely looking forward to getting back to our regular programming now that the break is over. This month, the students of will continue their hard work in all curriculum areas, continuing our daily Language Arts activities and developing multiplication, fraction, and decimal concepts in Mathematics, and continuing the math drills from the Spirit of Math program. We will learn about the First People of Canada in Social Studies, and in Science and Health we will attempt to begin Family Life lessons; topics will include families, puberty, and reproduction, among others. Finally, we will be scripting and filming an assembly presentation video about problem solving based on the book What Do





You With a Chance, by Yobi Kamada.



Grade 1, 2, & 3 AP Ms. L. Costello

The students have come back from break rested and ready to learn!! The students did an amazing job preforming at the Winter Concert and jingled their bells nice and loud. In December the students were able to go to the Special Olympics Soccer event and show off their moves. It was so much fun and new friends were made. Everyone continues to work hard at their individual programming and doing their job when required. We are looking forward to starting a new science unit about the five senses and how our bodies work.







Grades 3 & 4 Ms. W. MacKenzie

Welcome back! I hope your new year is filled with love and exciting opportunities. Happy 2024! It was wonderful to see so many of you at the Winter Concert! I know all of the students were so proud to show off their great singing, rhythms and snazzy dance moves live and on stage!

In English language arts we will continue to work on our reading skills and strategies and in writing during the Read to Me Framework and the Literacy Hour. We will continue to work on number concepts and time in mathematics.

Please remember that home reading each evening at home is great practice for your children. Reading for 15-20 minutes each evening helps your child to maintain and build upon their current reading skills.



Reading together is the perfect way to spend these chilly January evenings!

Grades 1 & 2 Ms. C. Kamara

The Grade one and twos were very busy in the month of December. We were busy learning our new Math Strategies, how to Estimate, and nonstandard measurement. The class has also been practicing writing on their own without any help! This means they need to sound out the words by themselves and try their hardest even if it's not done completely perfect! They had a lot of fun creating Gingerbread Houses that focused on the concept they are learning in Read to Me. They have also been practicing how to Make 10, and completed a fun Hot Chocolate Craftivity to go with it! The class also had a wonderful time in December learning about different winter holidays, performing in our Winter Concert and completing a variety of fun winter craftivities!

In the month of January, we will be continuing our unit in Social Studies on Family Traditions and Celebrations. In Science we will be learning all about the Five Senses, and in Math we will be starting a unit on 2D Shapes and 3D Objects.







Coach Program Ms. P. Solmundson

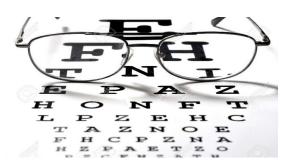
Happy New Year! We hope everyone had a relaxing winter break. In December, we made wreaths and gingerbread houses. We enjoyed lots of nice weather that allowed us to be outside often. Fizzle the elf returned to visit and he was up to some silly things as usual. We also finished our Alebrijes with Ms.Ale. This month we're looking forward to finishing up our habitat scenes that we are painting with glazes with Miss Brenna at Mulvey. We'll continue to work hard on our Daily 5 tasks so we can improve on our reading, writing and speaking skills. We are going to finish up our class novel Restart. Our Roots of Empathy Baby, Leo will be visiting again and we can't wait to see how much she has grown. We are also hoping to go ice fishing this month and maybe get to do some cross country skiing and snowshoeing.



Vision Testing for Mulvey School Students

The Mobile Vision Care Clinic will be back in January.

If you child had not been tested in September or is new to the school they will be invited to participate this month. If you have not filled out the forms please watch as they will be coming home and must be filled out completely in order for your child to be seen by the Doctor.



Coach Program Mr. M. Jefkins

Welcome to the new year everyone. The students have had a wonderful break and are still talking about some of the fun things we did in December. We had a wonderful family dinner with tasty food, fun games, and a visit from Santa Clause. Talk about a great turnout! We enjoyed many seasonal activities including ginger bread house decorating, gift sharing, and other fun activites. In Language Arts we became detectives to solve the mystery of Rudolf's disappearance. In math we were detectives again trying to figure out the mystery of the Snowman Arny. Our Roots baby Leo is growing very quickly. It is amazing how much she changes from

month to month and we can't wait to see her again next month. Our ceramic plates we are finishing in Ms. Brenna's art class are going to be spectacular and we can't wait to see the finished products once they are fired in the kiln. The days are slowly getting longer and we are very encouraged by the sunlight we receive most days. We will talk to





MULVEY SCHOOL PARENT COUNCIL KERNELS POPCORN FUNDRAISER



Campaign Dates Order deadline: January 26, 2024 Tentative Delivery Date: February 15, 2024

In the Month of January, Mulvey School Parent Council will be holding a Kernels Popcorn Fundraiser. What a wonderful opportunity to purchase some delicious popcorn and support student programming, school activities, programming and Parent Council initiated activities.

Our popcorn is high in fibre, trans fat free, and now gluten free! The bags are produced fresh in our peanut/nut free store.

Each Popcorn bag will be sold for \$2.50. In addition, each bag contains a "buy one medium bag, get one free" coupon that can be used at any Kernels store! Please find enclosed an order form. Please drop off the order form at the school office, or call the school (204-786-3469) to place your order. Your order will be processed upon receiving full payment.

Flavors include:

- Butter salt
- Jalapeno Jack
- Say Cheese

- Ketchup
- Salt & Vinegar
- Thai Sweet Chili

- Dill
- Cheesy Dill - White Cheese
- Low Fat Caramel

Welcome to Artist Alley Ms. Brenna

Welcome back once again to Ms. Brenna's Artists Alley!

All grade groups have begun work on their next clay/glazing projects or making good progress on their Famous Artists Unit.

The Gr. 1/2 class have been learning about famous Dutch painter Piet Mondrian. They have been working to make an image progressively simpler until all they are left with is a series of straight lines coloured with primary colours. What a fun exploration of the building blocks of the things around us. The Gr. 2/3's are learning about clay and have started designing their own clay bowls with patterned designs on them to unify them. They will then learn how to pour candles and turn their bowls into ceramic-housed candles. The Grade 3/4's and COACH students have been hard at work on their Habitat plates! Each student has selected a habitat photo that they are attempting to draw. Some students have even begun the process of glazing their habitat images onto their plates. The Grade 4/5's will be using clay as the covers for homemade memory books. They have begun learning about clay as well as designing their book covers. Part of this process includes learning and identifying the difference in carving (removing clay) and building (adding clay) and planning for both.

Finally, showcased in Artists Alley this week, the Grade 5/6's are learning about famous artists. Each student has selected an art piece by a famous artist and has been working hard to practice replicating it as best as they can. Wow! The results are amazing so far. I can't wait to see how they turn out when we get to the painting phase!

It was also really fun taking a pause for a day or two to design and decorate Gingerbread Sugar Cookies with everyone right before the break. I hope it was a highlight for you all too and that you had a great time with your families over the break. Looking forward to continuing these great art projects this January. I can already tell it is going to be great!

Ms. Brenna

P.S. – The Unity Vases are nearly complete. Tune in next month to see the final results!







Grades 5 & 6 Ms. C. Vande Graaf

We hope you all had a happy and enjoyable holiday break. Thank you to all of those who were able to come out to the Winter Concert. It was a great show and we had a blast!!! We are so proud of our performance. We were so excited to work on our Manitoba projects last month. the students did an incredible job. We looked at pictures of the northern lights as inspiration before painting. Then once we were done we glued on the polar bears and finished it off with some sparkles and modge podge. We were so happy with the results and hope you are too. The students were very excited to be able to bring them home and share them with you. A big thank you to my Dad for making all of the Manitoba's for us so we could do this incredible project. We will be starting our new Inquiry journey this month. We are excited to see what we will be studying next. We are interested in so many different things, it is always tough to decide. We will let you know as soon as we figure it out! This month we will be focusing on multiplication. It is very important to know our times tables! We are working on learning all our facts up to 9 x 9. A great way to practice multiplication facts is to play a

dice game or a card game. We have learned a few different ones in the class that your child can show you.











Welcome to Physical Education Mr. Ambaye

During the month of December, the emphasis was on the acquisition of manipulation skills (i.e., striking) as they apply to volleyball (for grades 4 to 6) and simple games and activities such as polo hockey, T-ball and balloon tennis (for N/K to 3). In addition to this, students have been engaging in a variety of holiday games and activities to improve movement skills, personal fitness and enjoyment. In January, students will focus on manipulative skills (i.e., throwing, catching and bouncing) and applying them to basketball (for grades 4 to 6) and low organized games (for Nursery to grade 3).

CLUB ACTIVITIES:

Sixteen Mulvey students in grades 5 & 6 took part in a **volleyball tournament** hosted by Sargent Park School on December 6, 2023. We extend our gratitude to all participants for representing our school with outstanding sportsmanship.

December 1st, 2023, Mulvey students in the Todd Mac Hoop School program were invited to the University of Winnipeg to attend a university basketball game between the University of Winnipeg

and the University of Saskatchewan. It was thoroughly enjoyable and valuable experience for our students.

Thirty-one Mulvey students have been representing our school in the **Annual Inner-City Indoor Soccer League** held at the University of Winnipeg during lunch hours. Our upcoming game in January is set for January 16 & 18, 2024.

Skate Club: 50 Mulvey students have been practising skating every Tuesday during lunch hours since November 7, 2023. The club activity will continue until February 20, 2024.

Intramurals: In addition to our Physical Education classes, students will be given opportunities to participate in our "Before School" as well as "Lunch Hours" Intramural Activities to develop movement skills, personal fitness, and enjoyment. Dodgeball Intramural starts the 2nd week of January. Please refer to our monthly Intramural calendar.





January 2024		Intramural	Activities	Before School: 8:30—8:55 am		
Mon		Tue	Wed	Thu	Fri	
1		2	3	4	5	
8	Day 1	9 Day 2	10 Day 3	11 Day 4	12 Day 5	
First day of sci	hool	- Before school Rm 13, 16, 17, 18, 19, 20	- Before school Rm 5, 6, 7, 21, 22, 23	- Before school Rm 13, 16, 17, 18, 19, 20	- Before school Rm5, 6, 7, 21, 22, 23	
		- ICSL (Team 1 @ UW)				
15	Day 6	16 Day 1	17 Day 2	18 Day 3	19 Day 4	
		- Before school Rm 13, 16, 17, 18, 19, 20 -Skate Club	- Before school Rm 5, 6, 7, 21, 22, 23 - Dodgeball Intramural (gr. 4—6)	- Before school Rm 13, 16, 17, 18, 19, 20 - ICSL (Team 2 @ UW) - Dodgeball Intramural (gr. 4—6)	Non-Instructional	
22	Day 5	23 Day 6	24 Day 1	25 Day 2	26 Day 3	
		- Before school Rm 13, 16, 17, 18, 19, 20 -Skate Club	- Before school Rm 5, 6, 7, 21, 22, 23 - Dodgeball Intramural (gr. 4—6)	- Before school Rm 13, 16, 17, 18, 19, 20 - Dodgeball Intramural (gr. 4—6)	- Before school Rm5, 6, 7, 21, 22, 23	
29	Day 4	30 Day 5	31 Day 6			
		- Before school Rm 13, 16, 17, 18, 19, 20 - Skate Club	- Before school Rm 5, 6, 7, 21, 22, 23 - Dodgeball Intramural (gr. 4 – 6)			

Message from Mulvey Community Support Worker Justine Kiwanuka

Email: jkiwanuka@wsd1.org Phone: 204-786-3469

Hello Parents/Guardians, Caregivers and Families.



Justine Kiwanuka Work Schedule at Mulvey School

Tuesday 8:30AM-2:00PM Wednesday 8:30AM-11:00AM Thursday 11:30AM-4:45PM Friday 8:30AM-3:00PM

Activities and Programs

Time runs so fast when one is having fun and when you are among people who work well together and especially when we are doing what benefits us all. We are now in 2024, our programs will continue to run as before. If you are interested in any of the programs, please feel free to give me a call or visit me at the school.

Food Donations

The WSD Food Rescue Program will continue in the school on Wednesdays starting at 8:40 AM. The information for available foods will be sent out every Tuesday afternoon through the School Messenger email announcing what we will be receiving for Wednesday morning pick-up. We appreciate the support of the Food Rescue Program as well as Maple Leaf Foods for providing to our families.

English Conversation Classes.

The EAL English conversation class program will continue and after the winter break our first class will be on Thursday January 11th from 2:00 – 3:30 pm in room 9. We are still open to new people joining the classes. Please feel free to join these classes and meet other families, simply email me at jkiwanuka@wsd1.org and your name will be added to the list. This is a fun and enjoyable once a week class.

Painting Classes

Please let me know if you want to join painting classes and I will provide you with the details.

Book Club: Little Readers Club

The book club will continue to meet once a month on every 2nd Thursday of the month at lunch time. Register your child in the Book Club and they will enjoy reading to you and with you. Please contact me at 204-786-3469 or email me jkiwanuka@wsd1.org or simply send me your child's name and I will be in touch with the child in the class. Reading helps kids to love learning. Our first meeting will be on January 11th.

Cooking and/or Baking

Our first cooking session in the New Year will be on Thursday, January 25th at 4:00 PM. **Remember to register if you want to take part in the cooking sessions**. Please continue to watch the communication for the details and the recipe which will be made available to you through the School Messenger and your email. Let us keep the spirit or sharing our favourite cultural recipe or any style cooking that we can do together on zoom. You are provided with all the ingredients and together we complete the recipe. **Please contact me if you want to be part of the cooking/baking sessions**.

Dental Program:

For those parents and students that have been contacted in December, the next dental appointment is January 12th at 1:00 PM.

Clothing: Winter gear.

Last registration for winter wear is January 15, 2024 and the last delivery will be the week of January 29th. If you still need to register for Koats for Kids, please do it as soon as possible. Please remember these are gently used and in good condition winter wear. Please provide me with the preferred gender and the size of your child.

Sewing club

Adult sewing session is coming and will be once a week on Fridays from 2:00 – 3:30 PM.

Upcoming Programs

I am looking forward to our continued work together and announcing the following programs planned.

I hope you will be able to take part in these programs once they start:

Promoting Healthy eating program: healthy lunches

January – a proposed Money stories/money management and money plans session. This is a work in progress program. Further details to follow through notes sent home and in the Mulvey School newsletters and school messenger via email.

Volunteers

Volunteers are very an important part of our Mulvey community and the growth of all the programs we run. We need volunteers on Tuesday afternoons and Wednesday mornings in the food program. If you want to volunteer, and to contribute to our community, come let's work together. Ask me for the details to get you registered.

Mulvey School Winter Concert Highlights



Mulvey School Pancake Breakfast



BOTHWELL CHEESE FUNDRAISER

Thank you everyone for supporting Mulvey School Parent Council fundraiser.

We raised \$ 589.00 this year. We look forward to your support next year.



Congratulations to our Patrol of the Month

This student has shown great responsibility and dedication to ensuring all Mulvey Students are safe coming to and from school each and everyday Thank you for all you do!



News from Parent Council

We would like say thank you to our
Mulvey School Community for the ongoing success of the
Pizza Lunch fundraisers. To date for the
2023-2024 school year, we have raised an amazing \$ 2053.58
We are overjoyed with the support this community gives to our
school. All funds will be used for student and school programming.

Happy New Year to all from Parent Council!

EASY POTATO PANCAKES

INGREDIENTS:

- 1 (20-ounce) package refrigerated hash brown potatoes*
- 1/4 cup freshly grated Parmesan cheese
- 2 tablespoons all-purpose flour
- 2 cloves garlic, minced
- 2 large eggs, beaten
- · 3 green onions, thinly sliced
- 1/4 teaspoon cayenne pepper
- Kosher salt and freshly ground black pepper, to taste
- 2 tablespoons olive oil



DIRECTIONS:

- In a large bowl, combine potatoes, Parmesan, flour, garlic, eggs, green onions and cayenne pepper; season with salt and pepper, to taste.
- Heat olive oil in a large skillet over medium high heat. Scoop tablespoons of batter for each pancake, flattening with a spatula, and cook until the underside is nicely golden brown, about 2-3 minutes. Flip and cook on the other side, about 2 minutes longer.
- Serve immediately.

Important Notice

For the safety of our students, staff and parents/ guardians: when dropping off your child in the back alley off Wolseley Avenue, <u>please drive in one direction only</u>. (See arrows below).

Backing onto Wolseley creates a serious driving hazard. Also, please no parking in the Apartment Block Parking Stalls. These are paid for by the Tenants.

THANK YOU!



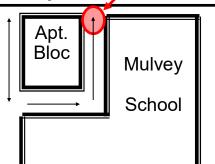
Please note, there is no left or right turn permitted from Wolseley Avenue into back lane from Sept. – June from 7:00 a.m. - 17:30 p.m. which will be enforced.



Wolseley Avenue

Map Key

Please follow direction of arrow when dropping off your child.



Woodrow Place

Turn your key - Mulvey School is Idle Free

As part of the Mulvey School's Environment Sustainability Development Plan, please take note of Idle-Free Zone signs at the school. These signs are a reminder to turn off your car while you wait. The signs will reduce pollution



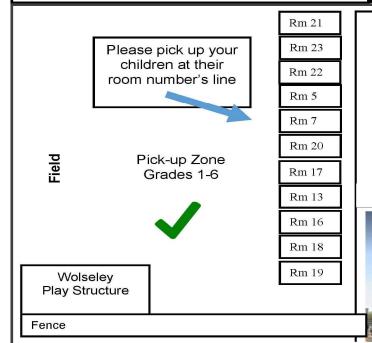
around our school and increase health and safety. Burning fossil fuels like oil and gas unnecessarily produce emissions that contribute to climate change. Reducing idling will also save you gas and money. It's these little changes that add up to make a difference. For more information please follow the link http://climatechangeconnection.org/resources/idle-freezone-signs/

Thank you to The Winnipeg Foundation for the support of this project.

Did you know:

Wolseley Avenue

- √ When you idle your vehicle for more than 10 seconds, you burn more fuel than it would take to restart your engine.
- √ As Canadians, we idle our vehicles an average of five to 10 minutes a day. It wastes approximately 100 litres of gas a year. You can save yourself \$125 a year by simply turning off your vehicle when you are going nowhere.



Their ar's line

Rm 22

Rm 5

Rm 7

Rm 20

Rm 17

Rm 13

Rm 16

Rm 18

Rm 19

Nursery/Kindergarten
Pick-up in the school
at the children's classrooms

No pick-up outside fence

DRESSING UP FOR COLD WEATHER With a hood to keep your head warm Light jacket 0°C Wind-resistant would be ideal -5°C Winte HAT -10°C For your head and ears For extra warmth, wear extra undergarments (like tights and thicker socks) SCARF For your neck and fac--15°C GLOVES Insulated - water-proof would be ideal Winter jacket 20°C Thick outerwear to keep out wind and During extreme cold, keep all skin covered and spend as little time as 25°C Winter boots Water-proof footwea will keep your feet dry, with good grip for when walking on snowy or icy paths

HOW SICK IS TOO SICK FOR SCHOOL

Cold and flu season is here. See our tips for parents and caregivers:



KEEP ME HOME:

Fever (higher than 38°C or 100° F)

Sore Throat
Persistent Cough
Strep Throat

Vomiting or Diarrhea

Abdominal Pain (severe or long-lasting)

Illness

(prevents from participating comfortably in activities)



(without fever-reducing medicine for 24 hours)

Occasional Cough (but no other symptoms)

Strep Throat (after 24 hours of treatment)

KidCareMB.ca

No Vomiting or Diarrhea



kidca



KidCareMB.ca

WINNIPEG SCHOOL DIVISION

How to Care for Your Child During Respiratory Virus Season

Brought to you by Winnipeg School Division's Intercultural Support Workers

Having a sick child can be scary. Know what symptoms to watch for, how to provide care and comfort at home, and when to seek help — it's all part of providing good **KidCare!** At an emergency department, the sickest patients are always seen first. Less sick patients will have to wait for care. Depending on your child's symptoms, you may be able to provide care at home, or be seen faster by your doctor or a walk in dinic or urgent care centre.

When deciding where to go, consider these **cold and flu symptoms** to determine whether your child needs emergency care.

	Emergency	Not an Emergency
Breathing Problems	in respiratory distress pale skin with blue lips wheezing, not responding to medication	nasal congestion and cough mild wheezing that is responding to medication or is not associated with difficulty breathing
Fever	infant (less than 3 months old) with fever immune system or chronic health problems difficult to wake or excessively sleepy fever ongoing for more than 5-7 days neck stiffness with vomiting and sleepiness unable to walk or weakness of arms or legs	in healthy and vaccinated babies in children who are generally well on its own, a high fever does not require a trip to emergency
Vomiting or Diarrhea	in a child less than 3 months old repeated vomiting and shows signs of dehydration (no tears, dry mouth, sunken soft spot) containing blood or is bright green dehydration with dry mouth, or if no urine is passed for 12+ hours	vomiting or diarrhea less than 3-4 times per day ongoing diarrhea after 'stomach flu' as this can last for up to 2 weeks

Learn more about symptoms that should lead to a visit to emergency and those that can be cared for at home or elsewhere, at KidCareMB.ca.

Vaccination

All children in Manitoba aged six months and older can get COVID and flu vaccines.

Keeping your kids up to date on vaccinations can prevent them from getting sick. There are many locations across the province where they can be immunized, and we have an online map to help you find a spot that is convenient.

Book Now — ProtectMB.ca



Fevers'

Fever is not dangerous. It is the body's natural response to infections and actually helps to fight infection.

Higher temperatures do not mean the infection is more serious, and a fever on its own does not require medical attention in most children.*

You do not need to treat fever with medicine. Cool your child by dressing them in light clothing, offering extra fluids, and keeping the room cool.

*Children under 3 months of age and those with chronic health conditions should be seen if a fever develops.

A Dose of Prevention Goes a Long Way!



Stay Home
Keep sick kids at home
to slow the spread.



Teach your kids to wash hands with soap for 20+ seconds.



Cough

Cover your cough or sneeze.



Masks

Consider wearing a mask when indoors in crowded locations.

Not Sure Where to Go?

Talk to a nurse from home and get help assessing your child's symptoms. Call Health Links – Info Santé at **204-788-8200** or **1-888-315-9257** In an emergency, call **9-1-1**.





Need Advice?

Health Links – Info Santé can help 24/7.

Call **204-788-8200** or **1-888-315-9257** In an emergency, call **9-1-1**.







Cold Weather Guidelines

Indoor Recess

Students stay indoors for recess when the wind chill reaches -27 degrees Celsius as per Environment Canada at the Winnipeg Airport.

BUS SERVICE CANCELLED

There are days when school bus transportation may be cancelled due to inclement weather, extreme cold weather or poor driving conditions, but the schools and the administration buildings will remain open.

The Superintendents of the school divisions in Metro Winnipeg have determined that the wind chill reading used will be that of Environment Canada at *The Forks in Winnipeg*.

The Metro Winnipeg school divisions have adopted that school bus transportation for all school divisions in the City of Winnipeg is cancelled:

A. If the actual temperature is -35°C (regardless of windchill) based on the 6:00 a.m. Environment Canada reading at the Forks, Winnipeg; or;

B. If the wind chill reaches –45°C (regardless of air temperature) based on the 6:00 a.m. Environment Canada readings at the Forks, Winnipeg.

The temperature and windchill readings can be found on the Environment Canada website. https://weather.gc.ca/city/pages/mb-38 metric e.html

When bus transportation is cancelled in the morning, it will not resume later in the day even if weather conditions improve. All major Winnipeg media outlets are contacted in the early morning and are asked that they broadcast and/or post bus cancellation information. Listen carefully to any radio announcements in this regard.

The WSD website will carry this message https://www.winnipegsd.ca /default.aspx



River Safety Reminder

Here is a message from The Winnipeg Police Service River Patrol Unit: https://www.winnipeg.ca/police/river_patrol/default.stm

They would like to remind the public that with the colder weather rivers, and retention ponds will develop thin ice and are not be safe to be around. All public is advised to stay away from all waterways as ice thickness can be very unpredictable.

Parents, guardians and teachers are asked to remind children of the dangers involving cold water and thin ice. This is an extremely dangerous time as open water on the rivers is swift and very cold.

Members of the public are asked to refrain from venturing near any bodies of water as rivers banks can be slippery.

PLEASE BE SAFE.

In the event you need to report an emergency, please phone:
In an emergency call - 911
In non-emergencies call - 204-986-6222

Pro-Social Topics of the Month

Animal Safety

B.E.S.T. Behaviours

School Attendance

International Human Rights Day

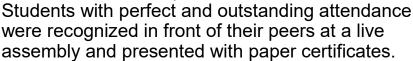
Being Kind

Animals

During the month of December, we continued to recognize our staff and students through our weekly acts of recognition program and the students and staff from Grade 3, 4, and 5 shared an excellent video with us about Pet and Animal Safety. The students shared the proper ways to care for animals and how to keep them safe and feel loved. December was a busy month celebrating learning, positive behaviours and perfect and outstanding attendance at school.



Our S.A.F.E. ticket book prize winners were excited to choose a book along with a stuffed toy to celebrate this accomplishment.



We recognize our students' attendance every new term, so all have the opportunity to improve their regular attendance at school. Another theme that we explored as a school was regarding river and water safety. We watched an informative video clip regarding river and ice safety and how to avoid dangerous situations.



At our most recent assembly, we explored what human rights are as December 10th was International Human Rights Day. To expand our thinking, we watched and listened to a read aloud from an Indigenous author and illustrator, Morgan Asoyuf. Her book, "Learning my Rights with Mousewoman" shared beautiful Indigenous inspired artwork from the perspective of mousewoman, a tiny, yet powerful oracle. Throughout the book, the characters and drawings provided insight and brought an awareness about rights to our staff and students.





Every morning, when we walk through the doors at Mulvey School, we are welcomed by the delicious smell of breakfast being prepared. Freshly baked muffins, hash browns and grilled cheese, quiche are just a few examples of the breakfast offerings at our school under the direction of our Nutrition Coordinator, Ms. Elizabeth Dias and assistants Mr. Mohamad and Ms. Gata. This program is so valuable as it most definitely makes a positive difference in having the students have a better learning day.

A big thank you also to Ms. Venus, Ms. Kendra and Ms. Sydney for the preparation and distribution of breakfast and snack. In addition to our daily nutrition program, our school participates in Harvest Manitoba's Meals to Go program in anticipation of the weekend. The students receive food kits that include cereal, milk, fruit and dairy items. The kits also include inspirational notes intended to boost a child's self-esteem and confidence. Our Grade 6 Leadership Team assists in offloading the 350+ bags from the truck and delivers them to the students in their classrooms. Our weekly Food Rescue program on Wednesday mornings includes meat products from Maple Leaf Foods. The Nutrition Program is funded by The Winnipeg School Division, Breakfast Clubs of Canada, Child Nutrition Council of Manitoba and President's Choice Children's Charity.

We would like to thank our dedicated Nutrition team at Mulvey School and are so grateful for the funding that we receive from the organizations listed below to operate such a nutritious and valuable program.



























feeding hungry minds

What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence. Please take note if you have not put your child's absence in the system before the school sends out the calls, you will get a call from the system.

For further information on how to access:

https://www.winnipegsd.ca/Parents/safe-arrival/Pages/Default.aspx

Please make sure you are keeping your home phone number, email and contact information up to date with the school. You can call the office at 204-786-3469.



Frequently Asked Questions

SafeArrival for Families FAQ

What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence.

You are asked to report your child's absence in advance whenever possible using one of these convenient methods:

SchoolMessenger app (free)

- 1. Provide your email address to the school.
- Get the app from the Apple App Store or the Google Play Store (or from the links at https://go.schoolmessenger.ca)
- https://go.schoolmessenger.ca).

 3. Tap Sign Up to create your account.
- Select Attendance from the menu, and then select Report an Absence.

Web and Mobile Web: go.schoolmessenger.ca

- Provide your email address to the school.
- Go to the website.
- 3. Click Sign Up to create your account.
- Select Attendance from the menu, then select Report an Absence

Interactive Toll-free Phone 1-855-278-4513

- 1. Call the toll-free, interactive telephone system.
- Follow the instructions to report an absence.
- Record the confirmation number at the end of the call.

If you hang up before this is given the absence will be cancelled and will not be reported to the school.

Whenever an absence is reported or updated, you will receive a confirmation notice by email (assuming you have provided your contact information to the school).

If you don't report your child's absence in advance, the automated notification system will try to contact you (using the communication preferences if you have set them up in the SchoolMessenger app). This may include push notifications to the app, email, phone calls. You will be asked to provide the reason for your child's absence immediately. You may do so using the phone line, website or mobile app.

If an absence is not explained within approximately 20 minutes of the time that the school starts the notification process, school staff will follow-up to make sure that your child is safe. If you try to explain an absence using SafeArrival, but are then told that it is past the cut-off time, please contact the school directly.

If you don't want to receive notifications when your child is absent, be sure to report your child's absence in advance.

If you do receive notifications of your child's absence, be sure to provide the reason as quickly as possible, using one of the 3 methods listed above or during the phone call notification itself.

Absences can be reported in advance:

- 24 hours/day
- 7 days a week
- · For any school day in the school term
- Up to the cut-off time on the day of the absence.

MULVEY SCHOOL HOLIDAY HAMPERS

A huge thank you goes out for all the donations and volunteers that helped put together all the lovely hampers again this year. It was a huge success and we managed to get out 27 hampers.

As a school team, we extremely appreciate the generosity and kindness that was provided to help us get hampers to families to help make the winter break bright.

We want to extend our appreciation to our wonderful Mulvey Families, the Mulvey School staff, the Mulvey School Parent Council, Westgate Collegiate, Watershed Christian Community Church, St. Peter's Evangelical Lutheran Church, Pico Architecture Incorporated, CanU Canada, Maple Leaf Canada, Food Fare on Maryland Street, Coach 2 and Mulvey School Committee members for their kindness. Your sense of community is incredible and we are so grateful. What a wonderful initiative we can share with our students to encourage and acknowledge caring and sharing.

Have a marvelous winter break!





MULVEY SCHOOL WINTER DRAWING SCENE

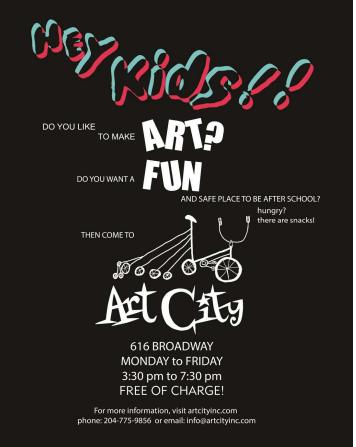


Thank you to all the students that entered. Every submission was amazing and the judges had a hard time deciding. Congratulations to the winners.









Robert A Steen Community Centre

Winter 2024 Programs

Youth Programs

- Art
- Babysitting Course
- Badminton
- Introduction to Chess
- Advanced Chess
- Children's Dance Movement **Programs**
- Dance & Baton
- Dungeons & Dragons
- Floor Hockey
- Home Alone Course
- Mini Soccer
- · Community Movie Night
- Nourishing Young Minds
- Introduction to Olympic Fencing
- Open Gym
- PickleBall

• Preteen Dance

• Table Top Board Games

Volleyball

Yoga Kids

Adult Programs

- Introduction to Chess
- Learn to Love Music
- Memoir Writing
- Parent and Tot
- PickleBall
- Tai Chi
- Ying Yoga & Relaxation
- Zumba

Email: rasteenpm@shaw.ca

- Basketball
- Badminton
- Bridge
- Advanced Chess

- · Men's Shed
- Community Movie Night

- Spanish (Beginner, Intermediate, & Advanced)

For More Information Check out our website

CORNISH LIBRARY NEWS

The Cornish library has an exciting line-up of programs to offer the community. Registration has already begun and there is still lots of room to sign up for our Early Literacy Programs:

- •Baby Rhyme Time Tuesdays, at 1:30PM-2:00PM from January 23 to March 12, 2024
- Family Story Time Fridays, at 10:30 AM-11:00AM from January 26 to March 15, 2024
- •No More Bears (ages 6-8) Saturday, January 27, 2024 10:30-11:30AM

We look forward to see you in the new year!





January 2024



Мс	onday	Tue	sday	We	ednesday	Thursday		Friday	
	Day 1 I Resumes ome Back	9 Skate Clu	Day 2 ub @ noon	10	Day 3	Little F	Day 4 Readers Club 12:00	12	Day 5
	Day 6 A book club noon		Day 1 ub @ noon @ 3:30	17	Day 2	18	Day 3		Day 4 <u>Classes</u> structional Day
MYRCA	Day 5 Order Due A book club noon		Day 6 ub @ noon @ 3:30	24	Day 1	25 Day 2 Little Readers Club @ 12:00		@ ´ Kerne	Day 3 za Lunch 12:00 PM els Popcorn ders Due
Goo	Day 4 nt Council gle Meet 5:30 PM		Day 5 lb @ noon @ 3:30	31	Day 6				

S how Respect and Responsibility
A lways come Prepared and On Time
F eet and Hands to Yourself
E veryone Learns Together

BE YOUR BEST

B elieve E xcel S ucceed T ogether



DATES TO REMEMBER Please mark the following important dates on your calendar (watch for changes in future newsletters)

Date	Event	Cycle Day
Feb. 2	Non-Instructional Day ~ <i>No School</i>	2
Feb 15	Kernels Order Pick up	5
Feb 19	Louis Riel Day ~ No School	
Mar. 14 Mar. 15	Parent Teacher Student Evening Parent Teacher Student ~ No School	6 1
March 25-29	Spring Break students Return April 1, 2024	
Apr. 19	Non-Instructional Day ~ <i>No School</i>	3
May 6	Non-Instructional Day ~ <i>No School</i>	2
June 28	Last Day of School	4