



# Kelvin Career Education:

# Grade 11 Career Guide

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2023 -2024

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*“You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.” – Dr. Seuss*

# Research: What Should I Do?

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Identifying a clear path after high school can be challenging. Here are a few ideas to help you better explore your personal/professional interests.

**Self-Reflection:** Ask yourself some of the following to get started: What are my values, beliefs, and principles? What are my strengths and weaknesses? What are my passions and interests? What makes me happy or fulfilled?

**Explore your Interests:** Identify if there is work related to your hobbies, interests, strengths, or things you do in your spare time.

**Self-assessment:** Reflect on your skills, interests, and values. Consider your strengths, weaknesses, and what you're passionate about. This will help you align your career goals with your personal attributes.

**Career assessments:** Take advantage of career assessment tools and tests that can provide insights into suitable career paths based on your personality, interests, and abilities.

*Ask us about [myBlueprint](#) a personal portfolio app provided at no cost to students equipped with self-reflection/career quizzes, information on job streams, post-secondary and acts as a resume writing app*

# Research: What Should I Do?

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**Research and Learn:** Look into post-secondary, attend info sessions, open houses, visit their web pages, and ask alumni. Identify labour market trends and identify how your interest may line up.

**Set Goals and Priorities:** Define any short/long term goals. Prioritize your values as to what is most important to you to help guide your decision-making.

**Network:** Ask people from the profession you are interested in, and talk to those around to see if they can connect you to people in the industry (your parents, friends' parents, teachers, volunteer hubs, etc.)

**Use Social Media as a Professional Platform:** follow job banks, post-secondary, career advisors, local event pages.

# Research: Ask Questions

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Talk to people about their work. You might consider making some “cold calls” to arrange short meetings with family members, friends, their network, and industry professionals.

- Ask them the following to help decipher if you are really interested in the role:
- What do people in this line of work do day-to-day?
- What are the usual working conditions (atmosphere, hours, etc.)?
- What are the pros and cons of this work?
- What type of education or training is required? What training level do most people have?
- Where is the required training offered? How long does it take to complete? How much does it cost?
- What are the future employment prospects? Will this type of work still be needed in 5 years? What are the opportunities for promotion and transfer?
- What is the typical salary range for this type of work? (be mindful not to ask about their salary directly)
- Do you have to belong to a professional association or a union to do this work?
- How can I prepare for this work now? (Courses to take, skills to develop, people to meet)
- What are some related jobs/occupations/careers?

# Research: Labour Market Trends

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Use Labour Market Trends to help plan your future!

It's important to have a job that you enjoy, and that coincides with your values, interests and experience as an individual.

It is equally important to know what the potential for growth is in your chosen career, and what the outlook for employment opportunities are in your region.

Some good questions to consider when looking at different occupations are:

- Employment rates for your chosen profession (is there a rise in employment rate)
- Job Growth and Industry Demand (which occupations are in demand)
- Wage Trends (are they increasing or stagnant)
- Education/Skill Requirement (is a Bachelor's, certificate or vocational training needed)
- Job Stability (turnover could indicate a competitive market)
- Geographic Consideration (job demands may be different based on region)
- Economic Conditions (will a recession hurt job availability – are people hiring)

# Research: Labour Market Resources:

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**Canadian Job Bank:** <http://www.jobbank.gc.ca>

Use the Canadian Job Bank website to explore careers and job market trends  
Click on “Wages”, to see how a prospective career generally pays in each province,  
Click on “Outlook”, for retirement and job opening projections.

**Manitoba Economic Development, Investment and Trade:**

<https://www.gov.mb.ca/jec/lmi/outlook/index.html>

Information on Manitoba’s Economy and Labour Market 2022 – 2026:

**Manitoba Career Prospects:** <http://manitobacareerprospects.ca/133/students>

Allows you to see what types of careers are available, salary ranges, industry associations, and employers, and read about people who are already working in the area.



# Manitoban Labour Trends: Major Industries Hiring

*What does this mean?*

Looking at trending industries can help you to better understand what jobs are steady, growing, or anticipated to come in the future.

When thinking about jobs, make sure to take into account which **industry** interests you. There are many jobs that are the same across industries.

**5 Industry Groups**  
account for over 50% of job openings:

<b>17%</b>	Health Care and Social Assistance
<b>14%</b>	Wholesale and Retail Trade
<b>11%</b>	Educational Services
<b>8%</b>	Public Administration
<b>8%</b>	Construction

Retrieved from: ]“Economic development, investment, trade and Natural Resources,” Government of Manitoba. [Online]. Available: <https://www.gov.mb.ca/jec/lmi/outlook/index.html>. [Accessed: 17-Nov-2023]

# Manitoba Labour Trends: In Demand Jobs

## Top 10 Occupations with the Highest Labour Gap

Labour gap is calculated by comparing the expected number of job openings in an occupation with the expected number of workers available in the same occupation. A positive gap indicates a labour shortage, while a negative gap means there will be a surplus of workers in the occupation.

- > Transport Truck Drivers
- > Retail and Wholesale Trade Managers
- > Registered Nurses and Registered Psychiatric Nurses
- > Elementary and Secondary School Teacher Assistants
- > Elementary School and Kindergarten Teachers

- > Hairstylists and Barbers
- > Automotive Service Technicians, Truck and Bus Mechanics and Mechanical Repairers
- > Early Childhood Educators and Assistants
- > Retail Salespersons
- > General Office Support Workers

## Top 10 Occupations with the Highest Number of Openings

- > Transport Truck Drivers
- > Retail Salespersons
- > Nurse Aides, Orderlies and Patient Service Associates
- > Registered Nurses and Registered Psychiatric Nurses
- > Retail and Wholesale Trade Managers
- > Elementary School and Kindergarten Teachers
- > Elementary School and Secondary School Teaching Assistants
- > Early Childhood Educators and Assistants
- > Food Counter Attendants, Kitchen Helpers and Related Support Occupations
- > General Office Support Workers

Retrieved from: ]“Economic development, investment, trade and Natural Resources,” Government of Manitoba. [Online]. Available: <https://www.gov.mb.ca/jec/lmi/outlook/index.html>. [Accessed: 17-Nov-2023]

# Post High – What Comes Next?

**Direct Entry University:** For high school grads who know what they want to study in college or university.

**College:** Colleges offer a range of diploma and certificate programs focusing on practical skills and hands-on training.

**University 1 (U1):** A program for high school students who plan to go to university but aren't sure what they want to study.

**Apprenticeship:** Apprenticeship programs combine on-the-job training with classroom instruction, allowing individuals to learn a skilled trade or craft while earning a wage.

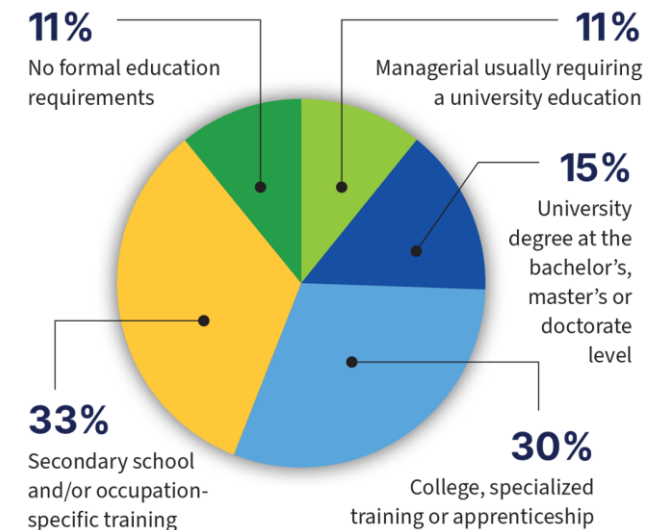
**Travel:** Experiencing new things before committing to further education or a career.

**Volunteer Exchanges:** Volunteer exchanges involve participating in volunteer programs abroad, offering the chance to contribute to communities and gain valuable life skills

**Gap Year:** Typically a year break, taken after high school, before starting college or university. Individuals may travel, work, volunteer, or engage in personal development activities to gain new experiences and perspectives.

**Work:** Some high school graduates enter the workforce directly, seeking employment opportunities in order to gain work experience.

## Education Requirements



Retrieved from: ]“Economic development, investment, trade and Natural Resources,” Government of Manitoba. [Online]. Available: <https://www.gov.mb.ca/jec/lmi/outlook/index.html>. [Accessed: 17-Nov-2023]

# Example Paths

Once you have identified an industry you would be interested in working in, have a look at what jobs they offer and the educational requirements needed to apply.

**REMINDER:**

*One Degree, Diploma, or Certificate can usually be applied to more than one role if you are able to demonstrate to employers how your education relates to the job requirements.*

**LEGEND:**

- A: Degree** - University
- B: Diploma** - College or Extended Education
- C: Certificate** - College or Trade
- D: Apprenticeship** – On the Job Training
- E: Experience** – Prior knowledge or similar abilities
- F: High School**

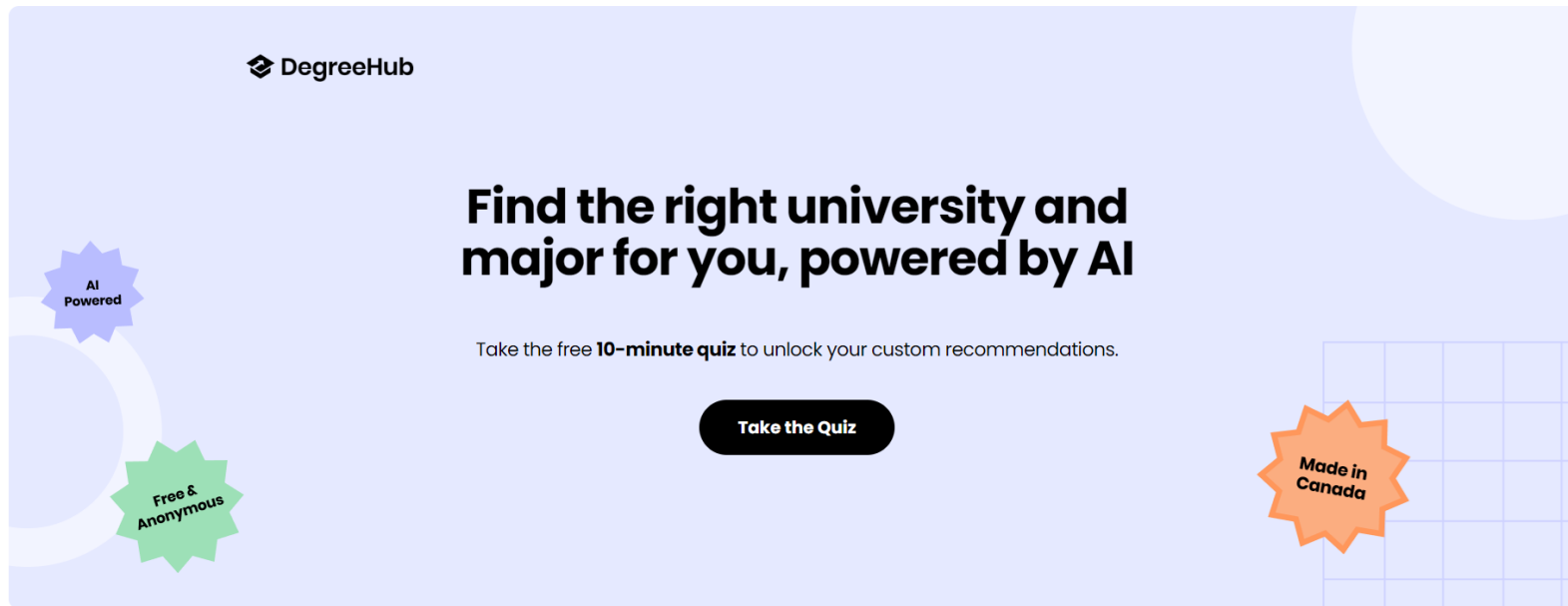
INDUSTRY	JOB TITLE	EDUCATION
Computer Systems and Design	Information System Analyst	A
	Software Developer	A, B, C, D or E
	Trainer	A, B, C, E
	Sales	A, B, C, E, or F
Health Care	Doctor	A + Additional University
	Registered Nurse	A
	Health Care Aide	C
	Recreation Therapist	A, B, C or E
	Cook	
Aerospace	Pilot	A + Additional University
	Flight Attendant	F, E
	Engineer	A + Additional University
	Security	C, E, F
	Aerospace Maintenance	C, D, E, F + Industry Certification

# Degree Hub

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Not sure what degree to take? Use a platform like Degree Hub to help you decide.

<https://degreehub.com/>



# Winnipeg Universities

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**University  
of Manitoba**

Is one of Canada's top 15 research universities, boasting a large campus hosting 30,000+ students. *Program highlights:* The only Bachelors of Engineering degree program in Winnipeg.

<https://umanitoba.ca/explore/programs-of-study/undergraduate>



**THE UNIVERSITY OF  
WINNIPEG**

Offers small class sizes, and one-on-one contact with instructors. Located downtown Winnipeg. *Program highlights:* Bachelor of Arts in Human Rights (the only program of its kind in Western Canada).

<https://www.uwinnipeg.ca/future-student/academic-progs/undergrad.html>



**Université de  
Saint-Boniface**

**Une éducation supérieure depuis 1818**

A fully French University for francophone and Immersion students which offers small class sizes and state-of-the-art labs. Program highlights: Direct entry into Nursing and no MCATS to enter medicine.

<https://ustboniface.ca/en/programs>

# Should I Take This Course?

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## PRE-CALCULUS MATH 40S

**University of Winnipeg:** Environmental Science (Chemistry Stream), Mathematics

**University of Manitoba:** Engineering, Geological Sciences, Commerce

## APPLIED MATH 40S

**University of Winnipeg:** Applied Computer Science, Bioanthropology, Biochemistry, Biology, Biopsychology, Business & Administration, Chemistry, Economics, Environmental Science (all streams except Chemistry), Geography, Kinesiology & Applied Health, Physics, Psychiatric Nursing (strongly recommended), Statistics

**University of Manitoba:** Agribusiness\*, Agriculture\*, Agroecology\*, Food Sciences\*, Human Nutritional Sciences\*, Diploma in Dental Hygiene\*, Environmental Science\*, Physical Geography\*, Family Social Sciences\*, Health Sciences\*, Health Studies\*, Kinesiology\*, Physical Education\*, Recreation Management and Community Development, Science\*

*\*Those with a star indicate that at least one Biology 40S, Chemistry 40S, Physics 40S, or Computer Science 40S should also be taken.*

**Université de Saint-Boniface:** Science, Business Administration, Nursing\* (both Chemistry and Biology are strongly recommended for Nursing)

# Should I Take This Course?

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## CHEMISTRY 40S

University of Winnipeg: Bioanthropology, Biochemistry, Biology, Biopsychology, Chemistry, Environmental Science, Exercise Science, Physical Chemistry, Psychiatric Nursing,

University of Manitoba: Engineering, Geological Sciences

## PHYSICS 40

University of Winnipeg: Physics

University of Manitoba: Engineering, Geological Sciences

## IMPORTANT

For Geography (Science): You must also have either Pre-Calculus Mathematics 40S or Applied Mathematics 40S, Chemistry 40S, Physics 40S, and/or Pre-Calculus 40S also may be required, depending on your course choices.

If you are planning on applying to med school, be aware that the MCAT (Medical College Admission Test) will test your knowledge of all three basic sciences, math, and psychology, as well as other subjects to be studied later.



# University of Manitoba: Admission Resources

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**Program-specific requirements and deadlines can be found at:**

<https://umanitoba.ca/explore/undergraduate-admissions/undergraduate-admission-requirements>

**Admission Resources:**

**U of M Admission Pre-Requisites:** <https://umanitoba.ca/sites/default/files/2021-08/umviewbook2022-admissionrequirements-web.pdf>

**Direct Entry Programs:** [https://umanitoba.ca/explore/sites/explore/files/2020-11/direct\\_entry\\_bulletin.pdf](https://umanitoba.ca/explore/sites/explore/files/2020-11/direct_entry_bulletin.pdf)

**Learn How to Apply:** <https://umanitoba.ca/explore/undergraduate-admissions/learn-how-apply>

**Video:** Finalizing Your Application and Transitioning to University: <https://youtu.be/6dJWQF2SVOo>

# University of Winnipeg: Admission Resources

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**High School Prerequisites:**

<https://www.uwinnipeg.ca/future-student/requirements/hs-pre-req-majors.html>

**Program Information:** <https://www.uwinnipeg.ca/academics/programs/index.html>

**How to Apply: Creating an Account at UW:** <https://youtu.be/Yf2vmaZYKHs>

**How to Apply: Domestic High School Students:** [https://youtu.be/8t\\_XgkLBleQ](https://youtu.be/8t_XgkLBleQ)

**How to Apply: Faculty of Education:** <https://youtu.be/d9-7zRBpLwo>

**Faculty of Education – High School Pre-Req:**

<https://www.uwinnipeg.ca/future-student/requirements/hs-pre-req-faculty-of-edu.html>

# Université de Saint-Boniface: Admission Resources

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**High School Prerequisites:**

<https://ustboniface.ca/file/exigences-dadmission-des-programmes.pdf>

**How to Apply:** <https://ustboniface.ca/en/how-to-apply>

**Admission Application:** <https://ustboniface.ca/en/admission-application>

**Program Descriptions:** <https://ustboniface.ca/en/programs>

**Program Information:** <https://ustboniface.ca/en/study-programs>

*USB enrolls approximately 40% of French Immersion students yearly, with many supports in place to help navigate a Francophone college.*

# Canadian University/Colleges: Admission Information

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## **Check admission requirements and deadlines early!**

Many universities require out-of-province students to apply earlier than domestic students. Keep in mind that studying in another province can cost \$10, 000 - \$20, 000 more per year.

## **Universities in Ontario:**

If you are applying to **any Universities in Ontario (Toronto, York, Waterloo, Western, etc.):** applications must go through the Ontario Universities Application Centre (OUAC) here:

<https://www.ouac.on.ca/ouac-105/>

- Many math and science-based programs will require applicants to take Advanced Math Calculus in addition to Pre-Calculus.

**University of British Columbia:** Applicants must fill out a personal profile that outlines their community involvement: <https://you.ubc.ca/applying-ubc/how-to-apply/personal-profile/>

**United States:** You may need to write the SAT or ACT early in your grade 12 year (*check with your university of choice, some are no longer requiring entrance exams*).

# Universities in the US

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You may need to write an entrance exam such as the SAT or ACT. Some US schools are removing SAT and ACT requirements from their applications, so familiarize yourself with the school that interests you.

*IF YOU ARE WORRIED ABOUT THE SAT: It is a good idea to take the exam in the second semester of Grade 11 so that you can take it again at the beginning of Grade 12 if you need to improve your score.*

SAT test dates, locations, and registration information can be found at:

<https://collegereadiness.collegeboard.org/sat/register/find-test-centers>

ACT test dates, locations, and registration information can be found at:

<http://www.act.org/content/act/en/products-and-services/the-act-non-us/registration.html>

**Additionally, application deadlines vary and some US schools stop taking applications at the end of November, so looking at options early is crucial.**

# Entrance Scholarships Requirements

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*Apply to University by March 1<sup>st</sup> to be eligible for General Entrance Scholarships*

AVERAGE	USB	U OF W	U OF M
95-100%	\$2500 + \$500*	\$2250	\$3000
90-94.9%	\$1750 + \$500*	\$1750	\$2000
85-89.9%	\$1000 + \$500*	\$1100	\$1000
80-84.9%	\$750 + \$500*	\$0	\$0
BELOW 80%	\$500*	\$0	\$0

*\*Provided by the government for studying in French*

# Post-Secondary: Colleges, Trade Schools, and Continuing Education

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Specialized training programs offer students practical training directly related to their area of study.

Students gain hands-on, experiential knowledge to train for a specific career in a short period of time.

There are over 55 trade programs in Manitoba including Mechanical, Hair Styling, Construction, Welding, Metals, Cooks, Mechanics and more. Information on all trades can be found here:

<https://www.gov.mb.ca/aesi/apprenticeship/discover/mbtrades/index.html>

Before you choose a program, consider:

<b>Program Length:</b>	Programs can range from a few weeks to two years in length
<b>Program Cost:</b>	Depends on the length and institute. Private institutes charge more.
<b>Co-op/Work</b>	
<b>Experience Placements:</b>	These may or may not lead to full-time employment.
<b>Accreditation/</b>	
<b>Employment Opportunities:</b>	Is the certificate, diploma, or degree valid in Manitoba?

# Red River College Poly Tech

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Offers full-time, part-time, and online programming for those who prefer smaller classes with hands on training. Most programs have work placements included allowing you to make connections and help you develop networking skills needed to enter/navigate a workplace.

**Program Catalogue:** <https://catalogue.rrc.ca/Programs/WPG/Fulltime>

- Apprenticeship
- Business
- Community Services
- Computer and Information Technology
- Transportation Technology
- Creative Arts
- Education
- Engineering and Construction
- Technology
- Health Sciences
- Hospitality
- Indigenous Education
- Skilled Trades



# Apprenticeships

An apprentice is a **paid employee** who works under the supervision of a certified journeyperson to **learn the skills** of their trade.

There are over 55 Skills Trades in MB.

**Trade (median wage in MB)**



Agricultural Equipment Technician (\$26.00)  
Aircraft Maintenance Journeyperson (\$24.00)  
Automotive Painter (\$23.00)  
Automotive Service Technician (\$22.00)  
Boilermaker (\$40.00)  
Bricklayer (\$32.75)  
Cabinetmaker (\$18.00)  
Carpenter (\$21.00)  
CNC Machinist (\$25.00)  
Concrete Finisher (\$25.00)  
Construction Craft Worker (\$18.00)  
Construction Electrician (\$28.00)  
Cook (\$12.00)  
Crane and Hoisting Equipment Operator (\$31.78)  
Diesel Engine Mechanic (\$26.00)  
Electric Motor System Technician (\$24.77)  
Electrologist (\$14.00)  
Esthetician (\$14.00)  
Floorcovering Installer (\$18.00)  
Gas Turbine Repair and Overhaul Technician (\$24.00)  
Gasfitter (\$27.00 in Canada. N/A for MB)  
Glazier (\$20.00)

Hairstylist (\$14.00)  
Heavy Duty Equipment Technician (\$26.00)  
Industrial Electrician (\$32.00)  
Industrial Mechanic (Millwright) (\$29.73)  
Instrumentation and Control Technician (\$38.00 for Canada, N/A for MB)  
Insulator (Heat and Frost) (\$28.00 for Canada, N/A for MB)  
Ironworker (Generalist) (\$28.48)  
Landscape Horticulturist (\$28.50 for Canada, N/A for MB)  
Lather (Interior Systems Mechanic) (\$20.00)  
Machinist (\$25.00)  
Marine and Outdoor Power Equipment Technician (\$19.05)  
Motor Vehicle Body Repairer (Metal and Paint) (\$23.00)  
Painter and Decorator (\$19.32)  
Partsperson (\$22.00)  
Plumber (\$32.00)  
Pork Production Technician (\$19.91 for Canada, N/A for MB)  
Pre-Engineered Building Erector (\$28.48)  
Railway Car Technician (\$26.44)  
Recreation Vehicle Service

Technician (\$20.00 for Canada, N/A for MB)  
Refrigeration and Air Conditioning Mechanic (Commercial) (\$27.53)  
Rig Technician (\$33.80)  
Roofer (\$20.00)  
Sheet Metal Worker (\$25.85)  
Sloped Roofer (\$20.00)  
Sprinkler System Installer (\$35.00 for Canada, N/A for MB)  
Steamfitter-Pipefitter (\$35.00 for Canada, N/A for MB)  
Tool and Die Maker (\$22.04)  
Transport Trailer Technician (\$22.00)  
Truck and Transport Mechanic (\$22.00)  
Water and Wastewater Technician (\$21.50)  
Welder (\$20.40)  
\*\*All wages taken from jobbank.gc.ca

# Apprenticeship

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**WHY APPRENTICE?** If you complete all your training (which takes 2-4 years) you will be able to write an exam that certifies you to work anywhere in Canada, called a red seal exam. Most trades offer ***great salaries***, and you get to ***earn while you learn*** and begin your post-training life with little to no debt.

**HOW DO YOU BECOME AN APPRENTICE?** You have to find a professional in the field you're interested in who is willing to train you. Once you find someone to take you on as an apprentice, you and your employer fill out an application form, which can be found at :

<https://www.gov.mb.ca/wd/apprenticeship/index.html>

Then you start working, earning money and hours toward your Level 1 certification!

Most trades require about 1800 hours of experience per level, and have between 2 and 4 levels. Your apprenticeship hours can also count toward your high school credits (110 hours are equal to 1 credit). If you would like to do this, you need to fill out the paperwork with your Guidance Counsellor.

# Post High Level 1 - WSD Programs

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## TECH VOC HIGH SCHOOL

*FREE PROGRAMS for Winnipeg School Division Grade 12 graduates to include most of it's Technical Vocational programming. For more information contact Tec-Voc High School at 204-786-1401.*

<https://www.winnipegssd.ca/technicalvocational/page/26895/post-high-programs>

## RB RUSSEL HIGH SCHOOL

*FREE Level 1 programs for Winnipeg School Division Grade 12 graduates including Carpentry, Child Care, Culinary Arts, Graphic Design, Hairstyling, Health Care Aide, and horticulture.*

<https://media.winnipegssd.ca/media/Default/fqg/388/PIT%20Booklet%20%202023.pdf>

## SISLER HIGH SCHOOL

*The program is available to high school graduates under the age of 21 who are interested in pursuing a career in the creative arts or digital media (Animation, Game Design, Film, 3D, VFX, and more!).*

<https://www.sislercreate.com/post-high-program/>

# Post-Secondary: Colleges, Trade Schools, and Continuing Education

Colleges and Trade Schools	Offering
<a href="#">Red River College – Poly Tech</a>	Diploma and certificate programs are 2 years or less
<a href="#">Manitoba Institute of Technology and Trades</a>	Business, Health Care, Graphics, IT, Skilled Trades, etc.
<a href="#">Assiniboine Community College</a>	Diploma and certificate programs are 2 years or less
<a href="#">Université de St Boniface – L'Ecole technique et professionnelle</a>	Diploma and certificate programs are 2 years or less
<a href="#">Robertson College</a>	Accounting, Payroll, Admin, Massage Therapy, Medical Laboratory Assistant, Pharmacy Technician
<a href="#">Herzing College</a>	Business, Healthcare, Legal Studies, Technology and Media
<a href="#">CDI College</a>	Business, Accounting, Healthcare, Art & Design, Dental, Legal and Technology
<a href="#">Booth University College</a>	Business, Humanities, Social Science, Social Work, Continuing Studies.
<a href="#">Louis Riel Arts &amp; Technology Institute</a>	Hotel & hospitality, Early Childhood, Admin Assistant, Information Systems, Web Design and more).
<a href="#">Tec-Voc Post-High Programs</a>	(Free for Winnipeg School Division students)

## Post-Secondary: Colleges, Trade Schools, and Continuing Education

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Colleges and Trade Schools	Offering
<a href="#">RB Russell Post-High Programs</a>	<i>Child Care, Carpentry, Graphic Design, Hairstyling, Healthcare, Horticulture, (First 4 credits are free for Winnipeg School Division students) *Welding and Print Media are not available post-high</i>
<a href="#">Aveda Institute</a>	<i>Hairstyling</i>
<a href="#">M.C. College</a>	<i>Hairstyling, Esthetics, Nails</i>
<a href="#">Manitoba Tourism Education College</a>	<i>Hospitality &amp; Tourism</i>
<a href="#">The Canadian Beauty Academy</a>	<i>Hairstyling, Skin Care, Esthetics, Nails</i>
<a href="#">Mid Ocean School of Media Arts</a>	<i>Audio Production</i>

# Specialized Programs: Emergency Services

Emergency Services	Enrolment
<a href="#">The Canadian Armed Forces</a>	<p><i>Be a Canadian citizen or permanent resident</i></p> <p><i>Be at least 18 years old (17 years old with parental consent), except:</i></p> <ul style="list-style-type: none"><li>○ <i>For the Paid Education programs — you may be 16 years old (with parental consent)</i></li><li>○ <i>For the Primary Reserves—you may be 16 years old (with parental consent) and must be enrolled as a full-time student</i></li></ul> <p><i>Have completed at least Grade 10 or 24 credits of Secondary IV in Quebec (some jobs need higher levels of education)</i></p>
<a href="#">The Royal Canadian Mounted Police</a>	<p><i>Be a Canadian Citizen or have permanent resident status.</i></p> <p><i>Be 18 years old to apply and 19 years old to be on officer.</i></p> <p><i>Fluent in English or French.</i></p> <p><i>Valid drivers license without restrictions.</i></p> <p><i>Hightschool diploma or equivalent.</i></p>
<a href="#">The Canadian Army</a>	<p><i>Be a Canadian citizen or permanent resident.</i></p> <p><i>Be at least 18 years old (17 years old with parental consent), except: ...</i></p> <p><i>Have completed at least Grade 10</i></p>

# Specialized Programs: Emergency Services

Emergency Services	Enrolment
<a href="#">The Royal Canadian Navy</a>	<i>Be a Canadian citizen or Permanent Resident; Be at least 17 years old* Have completed Grade 10 Meet the Canadian Armed Forces common enrollment medical standard.</i>
<a href="#">The Royal Canadian Air Force</a>	<i>Be a Canadian citizen or permanent resident. Be at least 18 years old (17 years old with parental consent). Have completed at least Grade</i>
<a href="#">Firefighter - Manitoba Emergency Services College</a>  <a href="#">Firefighter - Southern MB Academy of Response Training</a>	<i>Firefighter Pre-Requisites: Full Time Program IFSAC or ProBoard Accredited program</i>  <i>Firefighter Pre-Requisites: Full Time Program IFSAC or ProBoard Accredited program</i>

# Specialized Programs: Emergency Services

Emergency Services	Enrolment
<a href="#">Paramedic - Criti Care</a>	High school requirements: <ul style="list-style-type: none"><li>○ Biology (Grade 11 or Grade12)</li><li>○ Chemistry or Physics (Grade 11 or Grade12)</li><li>○ English (Grade 11 or Grade12)</li></ul>
<a href="#">Winnipeg Police Services</a>	The Winnipeg Police Force looks at a number of things including physical, medical and psychological assessments, in-depth background checks, and educational background.
<a href="#">North West Law Enforcement Academy</a>	(They have \$1000 scholarships for high school applicants that apply online) <ul style="list-style-type: none"><li>○ Note that no education/training/experience guarantees you a spot on the Winnipeg Police Service. It is a lengthy and competitive application process.</li></ul>



# Finding Funding

## LOANS

*Money that you have to pay back, beginning 6 months after you finish full-time studies. Canada Student Loans are now interest-free under the Canada Student Financial Assistance Program. <https://www.edu.gov.mb.ca/msa/>*

## GRANTS & BURSARIES

*Monetary gifts that you do not have to pay back, usually based on financial need and sometimes heritage. <https://rb.gy/0eax5>*

## SCHOLARSHIPS

*Monetary gifts, either one-time or ongoing, that are merit-based.*

## INDIGENOUS SERVICES CANADA

*Supporting First Nations in providing eligible students with funding to access education opportunities at the post-secondary level. <https://rb.gy/7ajlz>*

# Sourcing Scholarships

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1. **Entrance Scholarships:** Apply to University by March 1<sup>st</sup> for eligibility. (Manitoba)
2. **Research your University/College:** Do a thorough search of all awards available at the university/college you are planning to attend.
3. **Winnipeg School Division Website:** <https://www.winnipegssd.ca/page/9688/financial-help>
4. Use **Websites** such as:
  - a. [Scholartree](#)
  - b. [Scholarships Canada](#)
  - c. [yconic](#)
  - d. [Student Scholarship.org](#)
5. **Kelvin Awards:** Second semester award nomination forms allow you to nominate/self-nominate for scholarship opportunities.
6. **Scholarship Bulletin Board:** Award information will be posted outside the Guidance regarding scholarship and bursary opportunities.
7. **Career Advisor Instagram:** Follow [@KelvinCareerAdvisor](#) for scholarship posts/shares.
8. **Connect with your Career Advisor:** located in the Guidance Offices

# Gap Year: Taking a Year Off

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A gap year is a good option for graduates who are unsure about what to take or are not ready to move ahead in school.

## **Pros of taking a year off:**

- Take time to figure out what/if you would like to continue studying
- Make and save money
- Explore your options
- Gain life, travel, work, and/or volunteer experience
- Take a breather from school
- Time to sample possible career paths

## **Cons of taking a year off:**

- Easy to relax or become unmotivated.
- Will miss out on scholarship opportunities.
- Things learned in high school may be harder to recall when returning to post-secondary.

# Travel Volunteers: International Opportunities

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Traveling when you are young has many advantages. First of all, your schedule is more flexible. And secondly, with an International Student Identity Card (ISIC) or International Youth Travel Card (IYTC), you can get great deals on hostels, tours, entrance fees to tourist attractions and historical sites, Eurorail passes, and more!

See your local travel agency or check online for more details: [www.isic.org](http://www.isic.org)

There are many traveling options; short-term, long-term, with a program, on your own, or with a friend.

Do some research; think about what type of experience you are looking for, and talk to people you trust.

# Travel Volunteers: International Opportunities

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Organization	Summary
<a href="#"><u>Canada World Youth</u></a>	Volunteer exchange programs.
<a href="#"><u>SWAP</u></a>	Live and work abroad.
<a href="#"><u>Explore Program</u></a>	Five-week French language bursary program.
<a href="#"><u>Volunteer Eco Students Abroad</u></a>	Provides people with the opportunity to fully immerse themselves within a country through our program of community based volunteer work and adventure activities.
<a href="#"><u>Teach English Overseas</u></a>	Your TEFL certification shows that you're not only a native English speaker, but it shows that you're professionally trained to teach the English language.
<a href="#"><u>Student Exchange Programs</u></a>	Living in another country for a school year is something most people never have the opportunity to do. You'll return with new knowledge, cultural understanding, maturity and lifelong friends from your host country
<a href="#"><u>WWOOF</u></a>	Live and learn on organic farms worldwide.
<a href="#"><u>Volunteer and Intern Abroad</u></a>	The lead and global standard in international volunteering.

# Work Experience: Finding a Job

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**Search for a job** that aligns with your professional education, skills, and qualifications. Be sure to search different names and roles, as opposed to sticking to your education stream. Try industry, areas of interest, sector, or alternative titles.

**Ask yourself:**

- Does the job interest me?
- Is the location somewhere I am able to access easily?
- Am I qualified for this position?
- Do my skills and educational background align with the outlined details?
- Can I easily explain examples of my work that would translate to this role?

**Google the companies** that are hiring for the role.

*Note: it is important to research the organization as you can build upon what you know about the company within your resume/cover letter at a later date.*

# Finding Employment: Seasonal Jobs

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When you are applying for a job keep in mind the season in which you are applying. If it is summer there are all sorts of summer-only jobs that open up such as landscaping, camp counselling, working at greenhouse, a golf course, a campground/park, and movie theaters etc.

The government also offers summer student opportunities through its STEP Services and Green Team programs. These jobs start as full time or part-time summer employment with a great wage and often lead to longer positions with the government.

Check out: <http://www.gov.mb.ca/cyo/studentjobs> for more information and apply today.

# References/Letters of Recommendation

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When it comes time to choose your references, we cannot ask our family or friends to speak to our employability. Employers can tell based on the biased tone or inability to draw from professional experiences. Instead, choose one out of the following people to be a reference:

- Teacher
- Boss
- Mentor
- Volunteer Coordinator
- Someone who can speak to your leadership/community involvement
- Someone you've done odd jobs for

Once you have identified who you want to be a reference, you will need to ask them if they can help with the request. Should you not ask them, they may not be comfortable providing information about you.



# References/Letters of Recommendation

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Many jobs, volunteer experiences and scholarships require references. Employers want to know if you have the skills and responsibility to handle the tasks required.

A **professional reference** is someone who can vouch for your qualifications while a **personal reference** is someone who can speak to your character and abilities.

**Give them lots of time to write.** For example, if the reference is for a scholarship, give them three weeks to write it.

The reference format is either (1) telephone, (2) an electronic letter or (3) the organization emails the reference with questions on your character. Make sure that the person knows you well so they can provide the best possible reference for you

## Example how to structure your reference

First Last Name  
Job title  
Organization  
Email  
Phone  
Relationship to you (e.g. supervisor, colleague)

# Important Dates: University Deadlines

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**Early Fall:** Most Manitoba University Applications open

**Entrance Scholarship Deadline:** March 1<sup>st</sup>, 2024

(University of Manitoba, University of Winnipeg and Université de Saint-Boniface)

*\*Entrance scholarships are based on demonstrated excellence in academics, leadership or extracurriculars via university choice\**

## **Deadlines for Admission:**

**U of M:** August 1<sup>st</sup> (U1 program)

**U of W:** July 2<sup>nd</sup>

**Université de St. Boniface:** July 1<sup>st</sup> (U1 program)

*Note USB: Nursing Application Deadline: April 1<sup>st</sup>*

# Kelvin Career Education: Career Advisor

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What can the career advisor do for you? Located in the Guidance Offices, we can help with:

- Post-secondary information
- Career exploration
- Scholarships and bursaries
- Resumes and cover letters
- Job searches and applications
- Volunteer opportunities
- Interview Skills

Follow [@KelvinCareerAdvisor](#) on Instagram for updates.