

# ARGYLE ALTERNATIVE HIGH SCHOOL

## FEBRUARY 2024 NEWSLETTER

30 Argyle St. Wpg, MB. - Phone: 204-942-4326 Website: <https://www.winnipegssd.ca/Argyle>

### February Important Dates

**Wednesday, February 7<sup>th</sup>**

10:00 am – Student Assembly  
Art Room Open: 3 pm – 5 pm

**Wednesday, February 14<sup>th</sup>**

Art Room Open: 3 pm – 5 pm

**Thursday, February 15<sup>th</sup>**

Grad photos all day  
In the Library

**Open House**

1:00 pm – 3:00 pm  
4:00 pm – 6:00 pm

**Friday, February 16<sup>th</sup>**

Festival Du Voyageur Starts

**Wednesday, February 21<sup>st</sup>**

Art Room Open: 3 pm – 5 pm

**Wednesday, February 28<sup>th</sup>**

Art Room Open: 3 pm – 5 pm

### March Important Dates

**Tuesday, March 5<sup>th</sup>**

Career Café – MITT Pharmacy Tech

**Wednesday, March 6<sup>th</sup>**

1:30 pm Student Assembly  
Art Room Open 3 pm – 5 pm

**Wednesday, March 13<sup>th</sup>**

Art Room Open 3 pm – 5 pm

**Wednesday, March 20<sup>th</sup>**

Art Room Open 3 pm – 5 pm

**Thursday, March 21<sup>st</sup>**

Career Café – Winnipeg Police Service

**Monday, March 25<sup>th</sup>**

Spring Break Begins



### February 2024 Newsletter

Welcome to February! With the arrival of February comes the end of Quadmester 2. Quadmester 3 officially started on February 1<sup>st</sup>. We are now halfway through the school year and continuing to focus on students learning.

Staff have noticed the engagement, collaboration and effort that have been taking place at Argyle Alternative High School. This is a perfect time for a reminder on the importance of attendance. When students are consistently at Argyle, they build a sense of belonging. They are able to build connections with staff students and their learning.

On February 15<sup>th</sup>, we will be having our Open House. This is usually an opportunity for potential students and their families to come check us out. This year, I would like to invite all caregivers of our current students to join us as well. Argyle Alternative High School is planning to make some exciting changes in the way we do things here. Please join us on February 15<sup>th</sup> to learn more.

Keith Bousquet

Principal



# ARGYLE ALTERNATIVE HIGH SCHOOL

## STUDENT SUPPORT SERVICES

**Anna-Maria C.** – Guidance Counsellor

**Lisa G.** - CSS/Psychologist

**Linda M.** – Inclusive Education Resource Teacher

**Rosetta T.** - Substance Abuse Counsellor

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## ARGYLE BREAKFAST PROGRAM

Students are welcome to come to school early

For a **free nutritious breakfast/snack**

Limited items are available

From 8:30 am - 9:15 am

In the cafeteria

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## BUS PASS SUBSIDY PROGRAM

Each month, students have the opportunity to purchase a monthly bus pass at a subsidized rate. This year, the cost will be **\$55.00**.

Approval is dependent on the last month's attendance.

***Sign up in the office***

Wednesday February 7, 2024

## Brick Stitch and Fringe Beading With Addie!

LEARN HOW TO CREATE YOUR OWN FRINGE EARRINGS

SIGN UP to join our beading community and learn how to make beautiful jewelry with brick stitch and fringe from seed beads. Wednesday, February 7, 11 am - 1 pm in the art room. All are welcome

## Seed Bead Earrings

Feb 7

11 am - 1pm

**STUDIO 122  
(ART ROOM)**

Ask your teacher if you want to come for the whole session, or just come at lunch if you are busy with your school work.



Addie Ducharme beads in her spare time, is a step-mom and a boss lady!



ARGYLE HIGH SCHOOL

# OPEN HOUSE

Join us for a school tour and meet our teachers!

**Thursday, February 15, 2024**

**1:00pm-3:00pm - 4:00pm - 6:00pm**

<https://www.winnipegssd.ca/Argyle>



## We are looking for recreation program leaders!

Are you interested in leading recreation programs like those offered in the Leisure Guide?

We're always looking for skilled individuals to teach and lead a variety of English and French recreation programs.

**Scan here to apply today!**



# Nature Buddies

Argyle's Outdoor Learning Classroom was busy again hosting grade 5 and 6 students from Wi Wabigooni on January 23, 2024.

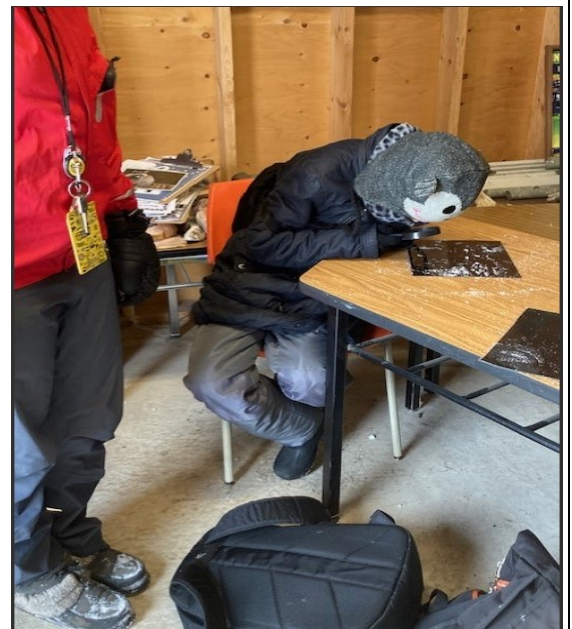
Wi Wabigooni is an elementary school program of Winnipeg School Division, in partnership with Rossbrook House. The program is administered as a classroom of Victoria Albert School and is located in the downtown area of Winnipeg.

Students learned about hibernation, adaptation and migration through activities planned by our Nature Buddies facilitators. Students were able to handle furs and compare different animal pelts, followed by a scavenger hunt looking at animal tracks. After a break with some hot chocolate, students discussed animals that adapted, migrated and hibernated. Students learned about snow crystals and how snowflakes formed, then finished the afternoon with a game outdoors.

Many thanks to Ash, Damien, Molly and Ryerson for planning, setting up and teaching our visitors about what animals do to survive the winter.



*For more information on the Nature Buddies program or to volunteer, please see Linda.*





## What can a WSD Systems Navigator help with?

Youth ages 12-29 can access the following,

- Mental Health services
- Elders and ceremony
- Medical care, STBBI testing and birth control
- Help with school or finding a job
- People to talk to about drugs and alcohol
- Peer support from other youth
- Video games, movie nights, and other recreational activities
- 2LGBTQ+ supports

**You name it, we can help connect you with the right supports and resources! Free of cost. Connect with your WSD Systems Navigator today!**

# Huddle

KA NI KANICHIHK

If you would like to book an appointment with Faith, please call 204-953-5820 or send an email to [fwhiteway@kanikanichihk.ca](mailto:fwhiteway@kanikanichihk.ca)

# FEBRUARY 2024



I LOVE TO READ MONTH!

Our Voices are Unique

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>Prepared by: Reading Council of Greater Winnipeg Please visit: <a href="http://rcgw.weebly.com">http://rcgw.weebly.com</a></p>				<p>1 Read or view on YouTube, <i>I Am Me: A Book of Authenticity</i> by Susan Verde.</p>	<p>2 What does it mean to be unique?</p>	<p>3 Create a word splash of things that make you unique.</p>
<p>4 Write an "I Am" poem all about you!</p>	<p>5 Design a puzzle piece that shows who you are.</p>	<p>6 Tell a friend one thing you find unique about them.</p>	<p>7 Write a pen pal letter to someone outside of your community.</p>	<p>8 Buddy read with someone younger or older than you.</p>	<p>9 Start a gratitude journal.</p>	<p>10 Visit your local library and take home a new book.</p>
<p>11 Read a book with a family member.</p>	<p>12 Read or view on YouTube, <i>Only One You</i> by Linda Kranz.</p>	<p>13 Paint a rock to represent you!</p>	<p>14 Share Valentine's Day cards with people you care about.</p>	<p>15 National Flag of Canada Day! Create your own Canadian flag.</p>	<p>16 What does kindness mean to you?</p>	<p>17 Complete 3 random acts of kindness in your community.</p>
<p>18 Listen to an audiobook by a new author.</p>	<p>19 Celebrate Louis Riel Day by reading with someone you love.</p>	<p>20 Watch "We Are All Different –And that's Awesome" by Cole Blakeway on YouTube.</p>	<p>21 What questions would you ask Cole Blakeway?</p>	<p>22 Read <i>Remarkably You, Out of My Mind</i>, or <i>The Miscalculations of Lightning Girl</i>.</p>	<p>23 What advice would you give someone about being authentic?</p>	<p>24 Volunteer to help someone in your neighbourhood.</p>
<p>25 Create a bookmark showing all of your favourite things.</p>	<p>26 Read <i>It's Okay to be Different</i> by Todd Parr.</p>	<p>27 Design a new book cover for <i>It's Okay to be Different</i>.</p>	<p>28 If you could create another book page for <i>It's Okay to be Different</i>, what would it say?</p>	<p>29 Celebrate the Leap Year by reading your favourite book!</p>		



# MENTAL HEALTH AND WELLNESS ONLINE RESOURCES

- [AnxietyCanada.com](http://AnxietyCanada.com)
- [careforallineducation.com](http://careforallineducation.com)
- [Jack.org](http://Jack.org)
- [KidsHelpPhone.ca](http://KidsHelpPhone.ca)
- [mb.211.ca](http://mb.211.ca)
- [mooddisordersmanitoba.ca](http://mooddisordersmanitoba.ca)
- [huddlemanitoba.ca](http://huddlemanitoba.ca)
- [reasontolive.ca](http://reasontolive.ca)
- [StressHacks.ca](http://StressHacks.ca)

Check out the WSD Healthy Minds Mental Health and Wellness Resource Guide for websites, apps and other resources to support your mental health.

[www.winnipegssd.ca/healthyminds](http://www.winnipegssd.ca/healthyminds)



WINNIPEG SCHOOL DIVISION





## Counselling and Cultural Support

### **Huddle Ka Ni Kanichihk (34 Higgins Ave):**

Sharing circle every Wednesday 5-7pm  
Mino Pimatisiwin 11-3pm Tuesday & Thursday @ 765 Main  
Ph: 204-953-5820

### **Huddle Norwest (945 Notre Dame Ave):**

Max. 12 sessions of counselling, Tuesday & Friday 12-4pm  
Ph: 204-228-6387  
**Waitlist closed.**

### **Huddle Southcentral (17 St. Mary's Rd):**

Max. 12 sessions of counselling.  
Call to make an appointment 204-255-6497

### **Huddle Broadway (533 Broadway Ave):**

Monday to Friday 12-6pm  
Call to make an appointment 204-228-6387

**WSD Systems Navigators are also available to help connect you with a Therapist/Counsellor or connect you with the appropriate resources, if needed.**



## Youth Sharing Circle

**Location:** 34 Higgins Ave  
**Time:** 5-7pm every Wednesday

**Ages 12-29**  
**Snacks provided!**  
**No sign up is required**





# BE THE INSPIRATION

Winnipeg School Division  
**is hiring:**

- School clerks
- Educational Assistants
- 5th Class Power Engineers
- Bus Drivers



**JOIN US**

[winnipeg.sd.ca/careers](http://winnipeg.sd.ca/careers)



WINNIPEG SCHOOL DIVISION



**Winnipeg School Division  
Systems Navigator**

**Thursday: 11:30am-2pm  
Friday: 11:30am-2pm**



**Huddle**

**KA NI KANICHIHK**

**New  
Hours!**

**Monday: 11am-7pm**

**Tuesday: 12pm-8pm**

**Wednesday: 11:30am-7:30pm**

**Thursday: Appointment Only**

**Friday: 12pm-8pm**

**Huddle**

**KA NI KANICHIHK**