



THE COMMUNIQUÉ MONTHLY NEWSLETTER OF ÉCOLE LUXTON SCHOOL



PRINCIPAL'S MESSAGE

Hello Luxton Families,

In April we gathered to commemorate the International Day of Pink. It's a day where we celebrated the positive relationships we have, relationships that are based on learning, laughter, joy, and acceptance.

I was reflecting afterwards that, too often, students who are sent to the principal's office for misbehaviour tell me "I was only joking." They weren't aware how much their joking had hurt someone.

The kind of laughter we encourage is the kind that lifts people up. It's not laughter at the expense of others. It is not cruel teasing, the kind of humour that hurts feelings. We laugh *together* when the humour that we use does not cut someone down.

With the realization that teasing can be cruel comes a responsibility – a responsibility to be **upstanders**, not bystanders. If students hear people teasing and joking in a harmful way, if they see students in the playground being picked on, they can be an

upstander. If it's safe, they can tell the person to stop. If they don't feel safe, they can get the help of an adult. We wore our pink tie-dyed shirts to show our commitment to kindness, empathy, and understanding.



Thank you to parents who participated in the consultation session in April regarding the École Luxton School plan. The discussion was rich and thoughtful, and the ideas will inform our strategic planning in May.

With the warm weather coming soon, families can look forward to two long weekends – there is no school on Monday, May 6th (in-service) and Victoria Day is on Monday, May 20th.

The highlight of the month for our grade 4 – 6 students will surely be May 29th, a full day at Camp Manitou.

On May 12th, happy day to all those caregivers supporting Luxton children. We appreciate you!

- Warren Nickerson



Safe Arrival

To report an absence:

Call: 1-855-278-4513 or

Download: Safe Arrival app or

Visit: <http://wsd.schoolconnects.com>

Safe Arrival is available 24 hours a day, 7 days a week

Please see our school website for more information

PHYSICAL EDUCATION

Greetings, Fitness Fanatics!

April has been a month packed with excitement and action in our physical education department! Let's dive into the highlights and upcoming events shaping our active community.

Fit Kids Healthy Kids Gym Bash:

We kicked off April with a bang at our highly anticipated Fit Kids Healthy Kids Gym Bash! Our students were thrilled to welcome two Fit Kids / Healthy Kids representatives for a day filled with exhilarating games promoting physical literacy. Laughter, teamwork, and healthy competition filled the air as our students enthusiastically participated in various activities, fostering a love for movement and well-being.



Intramural Badminton Extravaganza:

Adding to the excitement, we launched our Intramural Badminton program, igniting a passion for racquet sports among our students. Whether they're seasoned players or trying badminton out for the first time, our intramurals provide a supportive environment for skill development, sportsmanship, and, most importantly, fun!

Get Ready to Run:

Looking ahead to May, we're thrilled to announce the launch of our Running Club! All students are invited to join us as we lace up our sneakers and hit the pavement. While everyone is welcome, our focus will be on preparing and conditioning our grade 4, 5, and 6 students for the upcoming Divisional Kids Fit Run in June. It's a fantastic opportunity to build endurance, set goals, and embrace the joy of running together as a community. We encourage all students to come out and join us on this exhilarating journey!

Save the Date: Divisional Kids Fit Run:

Mark your calendars for June 5th as Luxton gears up to participate in the Divisional Kids Fit Run! It's an event that celebrates health, fitness, and the incredible spirit of our students. Let's show our school pride and determination as we lace up our running shoes and take on this exhilarating challenge together!

As always, stay active, stay healthy, and keep shining bright, Luxton!

Mr. Kay



OUTDOOR EDUCATION AT CAMP MANITOU - MAY 29

The grades 4 – 6 students will spend an entire day at Camp Manitou on Wednesday, May 29th in order to have Outdoor Education experiences.

The opportunity will promote physical health and emotional well-being, and nurture a sense of community and belonging among students. It will offer students the chance to foster a connection to nature while engaging in hands-on, exploratory activities.

Some activities will include fire building, bannock making, climbing wall, archery, and orienteering.



Students will need to be at Luxton School that day at 8:15 AM and the bus will return for student pickup by 4:30 PM. Students will be provided with a bagged lunch. We are thankful for the generosity of the École Luxton Parent Advisory Council, as well as the Children's Heritage Fund that has paid for the fees and bus costs of this camp experience. If this experience is a success, next year the school may consider going on an overnight camping experience.

CANADA LEARNING BOND



CANADA LEARNING BOND

Get up to \$2,000
to help pay for a child's education
after high school

Are you thinking about how to pay for education after high school? The Government of Canada can help with the Canada Learning Bond.

Did you know that the Canadian government provides an incentive of up to \$2,000 to help low-income families start saving early for their child's education after high school? The **Canada Learning Bond** (CLB) money is deposited directly into the child's registered education savings plan (RESP).

The CLB is available for eligible children born in 2004 or later. It provides an initial payment of \$500 for the first year the child is eligible, plus \$100 for each additional year of eligibility, up to age 15, for a maximum of \$2,000. Personal contributions are not required to receive the CLB.

For more information on the CLB, call **1-800-O-CANADA (1-800-622-6232)**.

COUNSELLOR'S CORNER

April saw our *International Day of Pink* assembly. Classrooms created art for bulletin boards that created *Gardens of Goodness / Jardins de la gentillesse* throughout the school.

Now, students school-wide are contemplating the theme of *Belonging*. Student feedback will be forwarded to the WSD Board of Trustees early in May. They will be reflecting on the following questions:

- What does it mean to belong?
- In which spaces, activities, and with which people do we most feel a sense of safety, acceptance and belonging?
- How do we help one another feel like they belong? Are there things we can be doing to further support everyone's sense of belonging?



- o individually?
- o among our small groups of friends?
- o with school colleagues who aren't yet our friends? (classmates, inter-class, inter-grade...)
- o school-wide? (relationships with school staff...)
- o in the community? (are we being neighbourly?)

For more information contact Ms. Zeglinski, School Counsellor,
please email kzeglinski@wsd1.org

"The universal longing for human bonds is cultivated by relationships of trust so that the child can say 'I am loved.'"

Circle of Courage Model
Mamàhtawisiwin: The Wonder We Are Born With. p. 15 -16

https://www.edu.gov.mb.ca/iid/docs/mam%C3%A0htawisiwin_en.pdf

WSD HEALTHY MINDS WEEK – MAY 6 - 10

For the past nine years, the Winnipeg School Division has promoted *Healthy Minds Week*. This year's theme is **You are Not Alone**, which focuses on life promotion and suicide prevention.

Here is a link for more information: www.winnipegsd.ca/ci/p/29421

As citizens and caregivers, we must acknowledge the high risk of suicide among Manitoba children and youth.

Healthy Minds Week:

Mindful Monday (May 6)

Tuesday Gratitude (May 7)

Wellness Wednesday (May 8)

Thoughtful Thursday (May 9)

Friendship and Connection Friday (May 10)



PARENT ADVISORY COUNCIL

STAY IN TOUCH!

PAC has a new website! Please check it out at www.ecole-luxton-pac.com

Follow PAC on social media as well to stay on top of all the current information about fundraising, events and meetings:

Instagram: @luxton.pac

Facebook: École Luxton School Parent Advisory Council

LUNCH PROGRAM

PAC has an amazing coordinator, Rita, and team of volunteers who run fun, safe programming for our kids over the lunch hour every day of the week.

PAC MEETING.

The final meeting of the year will be May 29, 2024 at 6:30 PM in the library. PAC is looking for volunteers to join the Executive Committee. Nominations can be made at this meeting.

FUNDRAISING

The École Luxton PAC will be selling 50/50 tickets at the upcoming Community BBQ

We also have the Sea Bears fundraiser. \$5 from every ticket sold through the Ecole Luxton PAC link below will be donated to the school. This is a great chance to support our local team and support the school at the same time.

<https://fevo-enterprise.com/event/Ecoleluxton>

SOME SWEET NEWS – SORA SWEET READS

Did you know your children have access to free e-books and audio books? Starting May 13th and continuing until August 26, students can borrow mix of more than 100 ebooks and select audiobooks spanning grades K-12 for free and simultaneous use. No line ups or waitlists for these selections! Sweet!

View the [Sora Sweet Reads 2024 Collection](#)

ÉCOLE LUXTON SCHOOL PAC

CLASSROOM REPS NEEDED

PARENTS ADVISORY COUNCIL | STARTS 6:30PM

LAST WEDNESDAY OF THE MONTH

COME REPRESENT YOUR CLASSROOM AND HELP SPREAD THE WORD TO OTHERS IN YOUR STUDENTS CLASSROOM

FRIDAY, MAY 24 7:30 PM

Sora Where students read

Sora SWEET READS

ÉCOLE LUXTON SCHOOL FAMILY CENTRE NEWS



The École Luxton School Family Centre in "Room 66" (named for the Class of 1966 who donated funds at our 100th reunion in 2007) is open for parent drop-in. Whether solo, waiting to pick up your child, or with tots in tow, Luxton community caregivers are welcome. Long-time

Luxton volunteer, Angie Houston, will have the coffee on and may have some special things planned (crafts, holiday celebrations, book club, food bingo...)

Luxton Family Program Literacy time for Tots & Caregivers:

Tuesdays and Thursdays 9:30-11:30 AM

Drop-in:

Monday, Wednesday, Friday mornings 9:00-11:45 AM

Monday to Friday afternoons 1:00-2:00 AM

Upcoming:

- Mother's Day Celebration Friday, May 10th drop-in anytime between 9:30-11:30 AM
- Father's Day Celebration Friday, June 14th drop-in anytime between 9:30-11:30 AM

Drop in for treats, coffee & a little special something.

LUXTON COMMUNITY CENTRE BREAKFAST



Luxton Community Centre runs a **FREE Breakfast Program** every school day from 8:00 AM to 10:00 AM.

All children, youth and their families are welcome to attend.

Breakfast supervisors will remind children when it is time for school.

For more information please contact the Luxton Community Centre at 204-582-8249 École Luxton School Family Centre

ACCIDENTS HAPPEN...



If your child has been provided with a change of pants from school, we are running low on leggings & sweats sizes 6-8. Please wash & return if the item is no longer needed.

We take donations of used children's pants in good condition. Leggings and sweatpants with elastic or drawstring waists, are most versatile.





HEALTHY MINDS YOUTH WELLNESS ALLIANCE

Mental Wellness Community

RESOURCE FAIR

KEYNOTE: DR. LINDSAY WOODS, C. PSYCH
 Understanding Self-Harm in Children and Adolescents: An Evening of Insight and Resources

THURSDAY, MAY 9, 2024

Time: 5:00 PM - 8:00 PM

Location: Sisler High School,
 1360 Redwood Ave, Winnipeg

SCAN ME



TO REGISTER:


Please scan the QR Code or visit www.kidthink.ca/resource-fair/

FOR MORE INFORMATION

Fiona England: fengland@wsdl.org



MAY 2024

Sun	Mon	Tues	Wed	Thu	Fri	Sat
			1 Day 5	2 Day 6 Swimming Counts Gr. 4	3 Day 1	4
5	6 Day 2 Non-Instructional Day NO SCHOOL	7 Day 3	8 Day 4 Kuamini Meeting	9 Day 5 Swimming Counts Gr. 4	10 Day 6	11
12	13 Day 1 LifeTouch Spring Picture Day	14 Day 2 St. John's H.S. Tour (AM) for gr. 6	15 Day 3 Grade 6 Immunizations	16 Day 4 Swimming Counts Gr. 4 - Rm 6 + 7 Field trip to Deer Meadows Farm	17 Day 5	18
19	20  NO SCHOOL	21 Day 6	22 Day 1	23 Day 2 Rm 7 AM to Deer Meadows Farm	24 Day 3	25
26	27 Day 4	28 Day 5	29 Day 6 Gr. 4 – 6 students at CAMP MANITOU depart 8 AM return 4:30 PM	30 Day 1 PM Garden Grove Pen Pal Visit	31 Day 2 All library books are due back	

UPCOMING DATES

June 5 – “Fit Run” – Grades 4 – 6 (AM)
 June 6 – WSD Celebration Pow Wow 2024 – Tec Voc
 June 7 – Room 25 - AM Field Trip to the Mint
 June 10 – Inservice Day – No School
 June 13 – Luxton School Community BBQ – 5 – 8 PM
 June 14 – Room 8, 15, 16 Zoo Field Trip
 June 18 – Grade 6 Farewell Assembly
 June 19 – Room 13 and 18 Field Trip to Assiniboine Park
 June 20 – Volunteer Tea and Summer Solstice
 June 21 – National Indigenous Peoples Day
 June 26 – Report Cards Go Home
 June 28 – Last day of school (AM only)

SCHOOL PATROLS

Schedule:

April 29- May 3	Squad A
May 6 - 10	Squad B
May 13 - 17	Squad C
May 20 - 24	Squad A
May 27 - 31	Squad B