



# The Communiqué

Monthly Newsletter of École Luxton School

# MAR 2025

"The students, staff, and communities of Winnipeg School Division are committed to truth and reconciliation through building relationships with Mother Earth, the original peoples of this land, and the stories that bring us together. We acknowledge the place in which we gather is on Treaty 1 territory, the homeland of the Red River Métis, and the ancestral lands of the Anishinaabe, Ininiwak, and Dakota Oyate."

## Message from the Principal

Student-led Conferences are a key feature of March. It's an opportunity for students to reflect on their growth and achievement, to show their caregivers what they know and can do. Report cards are issued the same week. As it is a popular Luxton feature, our library will host the book fair that week. Another highlight of March will be "Spirit Week," to be held just before spring break (March 31 – April 4).

I believe students benefit from experiencing high quality arts performances. We were lucky to have had the Royal Winnipeg Ballet School of Dance perform last fall. On March 4, the Manitoba Theatre for Young People will perform "Blue Beads and Blueberries" for the whole school. Then next month, we will have a performance of "Toy Orchestra" by the Manitoba Chamber Orchestra. Experiencing the work of professional dancers, actors, and musicians inspires students, exposes them to new modes of expression, and grows their appreciation for the performing arts.



At Luxton we're lucky to have such a beautiful classic building, with high bright windows and classic details. Every old building needs an update, though, and our intrepid building department has been hard at work strengthening and retiling our floors. This project has meant we've had to shift classroom and office spaces around, almost like that sliding block puzzle. In March, we'll have one daycare space, Room 8 (Mr. Slobodian), the office, and the movement room retiled, and then the project will be complete.

Our planning is underway for the 2025 – 2026 school year already. We are examining our registration, planning staffing and grade structures and thinking about improvements. The WSD plan focuses upon pathways to the good life (*mino pimatisiwin*), through creating a sense of community, supporting a sense of belonging, and supporting and challenging every learner to excel. Our school board members have affirmed that Nursery is valued and will be preserved in the coming years. Luxton will adding grade 8 and continuing to develop a middle years approach.

Warm regards,

W. Nickerson  
Directeur / Principal

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## Luxton Community Center Free Breakfast Program

Luxton Community Centre runs a **free breakfast program** every school day from 8:00AM to 10:00AM.

**All children, youth and their families are welcome to attend.**

Breakfast supervisors will remind children when it's time for school.

For more information, please contact Luxton Community Centre at 204-582-8249.



# Student-led Conferences: March 13 - 14

We are all looking forward to student-led conferences. Students will show their caregivers what they are learning about and how much progress they have made. The conferences happen on March 13<sup>th</sup> (evening) or March 14<sup>th</sup> (morning). Caregivers play an important role in these conferences by encouraging and celebrating their child's progress and achievement. Teachers are on hand to answer questions and guide the process.

Appointments will be made through our school appointments app at <https://schoolinterviews.ca/code/6bukj>. We'll book no more than four families into each block of time so there's enough elbow room.



## *Getting the most from Student-led Conferences*

Here are some pointers for making student-led conferences successful. First, it is so important for a caring adult to attend the conferences. If a busy schedule gets in the way and the caregiver can't make it, it's O.K. to have a grandparent or auntie or some other significant adult bring the child to the conferences. I've seen students prepare for several days for student-led conferences, only to find out their caregivers were unable to make it. The children were quite upset by not being able to present their learning.

One tip for making the most of the conference is simply to **notice and name**. Feedback starts by recognizing and describing out loud what you notice children know and can do. For instance, you might say "*I see you've got a strategy for adding two-digit numbers.*" There's no judgement there, just a

recognition of what the child is showing in their math folder: noticing ("adding two-digit numbers") and naming it ("a strategy").

Asking **open-ended questions** is also a productive and positive way to engage in the conversation. Here are some possibilities:

- How do you feel about your learning so far in math? What is the most difficult topic for you?
- Is the reading you're doing too easy, too hard, or just right?
- What do you want to get better at doing?
- How can you extend your practice at home? How can I help?

Although the conversation typically revolves around achievement, caregivers can also invite **talk about learning behaviours**, such as effort, participation, and attitude. Here are some sample starters:

- Can you give an example of a time when you actively participated in class? How did it help your learning?
- Can you share an example of a time when you worked really hard on a task, even when it was challenging?
- Do you feel confident that you are learning math? Show me something you can do now that you couldn't at the beginning of the year.

Having the student take a lead role in the conversation helps them practice real life-skills such as organization and communication. Through self-reflection, they can find meaning in their learning and set goals for improvement. If the dialogue goes well, students will feel heard, supported, and motivated to try even harder and achieve more.

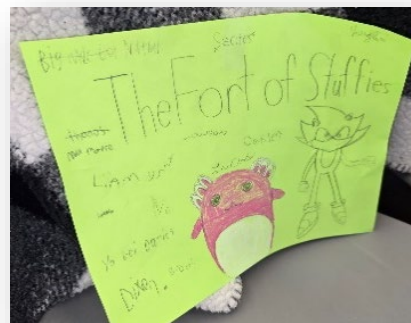


# Global Day of Play – *In Honour of Julie Bachewich*

Our students had a blast during the Global Day of Play on February 5<sup>th</sup> in honour of Julie Bachewich! Global School Play Day began in February 2015 and started as a grassroots movement by a group of Educators who felt that students lacked opportunities for unstructured play in schools and an increased pressure on standardized testing. A day of play? What's not to love?! Students spent the day organizing their own games, playing with toys from home and school, and enjoying time directing their own learning.

Julie Bachewich was a beloved Educational Assistant at École Luxton School who sadly passed away during the summer of 2024. When Julie worked at Luxton, she spread her love and kindness to all our students. She made a huge impact by supporting students and was known as the “candy lady”, handing out gumballs and jolly ranchers to kids on special occasions. Thank you to Mrs. Zeglinski, who led a beautiful assembly in Ms. Julie’s honour.

A special thanks to teacher Kendra Howard for leading our school-wide participation. Students played actively out in the snow, played creatively inside with crafts and toys, and played imaginatively in forts and Lego worlds. A huge shout out to Mrs. McNabb and Mrs. Bell who secured treats for the students. Room 13 students organized and delivered gum and jolly ranchers (Julie ranchers) to all the students to enjoy that day. We wrote down memories of Julie and celebrated with her in mind. Having a whole day of unstructured, screen-free play was amazing for creativity, collaboration, and problem-solving. Watching student explore, communicate, and imagine without adult direction was truly heart-warming.



Memorial: [https://drive.google.com/file/d/1jnb\\_0cZ5Og4l3ai1HQxpsLmfkjFKl7r/view?usp=sharing](https://drive.google.com/file/d/1jnb_0cZ5Og4l3ai1HQxpsLmfkjFKl7r/view?usp=sharing)

Visuals: <https://drive.google.com/file/d/1ZxufC6lBqW8HxOwD-7ew36MyBWJFcFm5/view?usp=sharing>

# MUSIC

We are continuing to learn about the different music families. We will finish up with the Brass family this month.

Many students have enjoyed the dance for the month, “Dance Monkey”. It will be a surprise to see if the March dance is as well received by the students.



We were exposed to a variety of musicians, their lives and music stylings to highlight Black History Month and even learning about Jazz and it’s influence in creating other forms and genres of music. The students have begun to compare songs, styles and musicians. Students from the second floor have been taking some risks in creating their own music in the style of blues, using notation, writing their own lyrics, and practising their music for performance with their class. Discussion and reflection is important for creating and self improving their music.

Music is a wonderful way to connect with your feelings and ideas. Research shows that music helps reduce anxiety, improve mood, mental alertness, memory as well as sleep quality. It can calm one down or get one up moving.

Ms Drewniak

# PHYSICAL EDUCATION

February was a busy and exciting month for our students, filled with competition, teamwork, and new experiences!

- Triple ball Tournament: We kicked off the month with an invitational “Non-Competitive” tournament at Waterford Springs. Luxton School had a blast, finishing with a record of 1 tie, 1 loss, and 4 wins—a fantastic effort by all our players!
- Track Attack: A few Grade 7 students had the opportunity to experience a Track and Field event hosted by Athletics Manitoba, giving them a taste of junior high-level competition.
- Athletics Manitoba Elementary Relay: As February comes to a close, our Grade 4, 5, and 6 students will get their turn to compete in this exciting relay event.
- 3-on-3 Basketball Tournament: A group of Grade 5 and 6 students will head to Machray School for a fun and fast-paced 3-on-3 basketball tournament.



Looking ahead to March, we’re hoping the warmer weather will allow us to take advantage of the Community Centre’s ice rink for some outdoor skating fun!

Thank you to all students and parents for your continued support. As always, stay active, keep moving, and have fun!

William Kay  
Phys Ed Department  
Best regards, William Kay, Phys Ed Department



# Winter Fun Day – February 26




Run for Education | Run for Research | Run for Legacy

Manitoba  
Runners'  
Association



RUN  
4  
YOUR CAUSE



THE  
WINNIPEG  
FOUNDATION   
For Good. Forever.



DR. DAVID  
CRAWFORD  
MEMORIAL

RUN

EST. 2025



BIG  
SKY  
run co.



3.3K RUN/WALK & 5K  
AWESOME TWOSOME

Sunday  
June 1, 2025  
Race Start at 9 AM

Proceeds will support:

- Student awards at École Luxton School
- A scholarship at St. John's High School
- A scholarship at the Max Rady College of Medicine, University of Manitoba
- Prostate cancer research at CancerCare Manitoba

Honouring Dr. Crawford's legacy of strength, compassion, and community service.

REGISTER NOW



<https://mraweb.ca/event/run-4-your-cause/>

Race Package Pick-up at Big Sky  
Run Co. May 30th 3:00-7:00

Race location: Marpeck Commons Bldg, Canadian Mennonite University 2299 Grant Avenue, Winnipeg

# New Holiday Store



We are pleased to announce that in December 2025, we will host our first-ever École Luxton School Holiday Store. The holiday store is a place where students can bring in a small donation, such as a \$1 or \$2, and purchase a holiday gift for their family members. For the holiday store to be successful, we are now collecting donations of small gifts, similar to what you would save for a garage sale. For instance, gently used mugs, books, kitchen items, or holiday decor items. We are not collecting perishable items such as candy. Items can be sent in at any time during the rest of the school year and labelled as "Holiday Store". Please have your child give their items to their classroom teacher and then items can be given to Ms. Howard or directly to Ms. Angie in the Family Centre. A big thank you to Ms. Angie in the Family Centre who will be collecting, sorting, and storing the items until next December.

In the Fall, we will look for volunteers to work at the Holiday Store. We are hoping that parents will work at a table and sell items to students who are wanting to purchase items for their family. We will also be looking for donations of wrapping paper, gift bags, ribbon, and gift tags. People who are willing to wrap items for children will also be needed to volunteer at the Holiday Store.

All donations collected will go to community members in need. In the past our school collected money for families who have lost their home to fire and supported families in need around the holiday time? The fundraising from the Holiday Store will continue to support our Luxton community in this way.

If you have any questions about the Holiday Store, please contact Ms Howard at [khoward@wsd1.org](mailto:khoward@wsd1.org)

With thanks,

Ms Howard



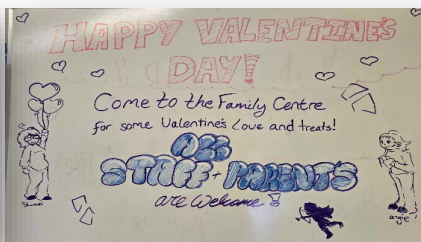
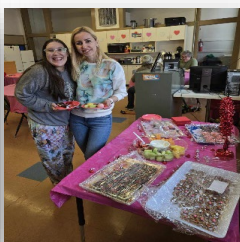
# Family Centre

The Family Centre is open from 9:00 AM to 3:30 PM Monday to Friday. We are usually there every day unless we are sick, then the centre is closed.

Coffee is always on, do please stop by. It would be great to see you.

I am also looking for input on what activities to run for parents in the Family Centre. There have been a few suggestions already: Food Bingo, Book Club, Glass Painting, and a Crocheting Class. These are great ideas, and I am always looking for more, so if you can help me out come see me in the Family Centre.

On February 14<sup>th</sup>, we had a Valentine's Day celebration in the Family Centre for our school community. It was a great turn out. Thank you to all the parents and staff that stopped by to enjoy the yummy treats and awesome conversations.



Our Book Swap was a small one, but the students that did bring in books to exchange were happy with the new books that they were able to get. Thank you to all the students that participated.

Angie Houston, Family Centre, Room 66

**Provided Items from The Family Centre "Rm 66" (across from N/K)**

Students are often provided with clothing items from The Family Centre "Rm 66" . If you do not have need of these items long-term, please send all returns to the last locker beside Rm 66, freshly washed and ready for re-use. Underwear may be kept.

### The Family Centre "Rm 66" Donations Welcome

We are low on the following:



- children's mittens and gloves
- children's socks
- pants, sweats, leggings (size 7-12)

Please drop off to Rm 66.



## Volunteering

To express your interest in volunteering at École Luxton School, please stop by the office with your ID to fill out the WSD Volunteer Application form and Child Abuse Registry Check form. After returning the forms, watch for an email from Ms Zeglinski with further instructions and the required Winnipeg School Division online training links. If you are available during the day, we are in need of drivers for various school excursions. Additionally, all volunteer drivers must complete the WPS Vulnerable Sector Check. Please contact Ms Zeglinski for details: [kzeglinski@wsd1.org](mailto:kzeglinski@wsd1.org)



## Room 13 Celebrating the Lunar New Year

Room 13 have been celebrating diversity and travelling "Around the World" during our lessons. We celebrated Lunar New Year in January and learned a lot about China. Students enjoyed learning about the legend of Nian and welcomed in the year of the snake! We learned how to use chopsticks, decorated red lanterns (red attracts good fortune and starts the year off on a positive note), and even got red envelopes with chocolate coins inside. Gung Hay Fat Choy!

~Ms. Howard





# Ms. Zeglinski's Counsellor's Corner

## *Growth Mindset vs Fixed Mindset*

Dr Carol Dweck's research shows that children with a fixed mindset believe that their intelligence and abilities are fixed traits and that talent, not effort, is what leads to success. In contrast, a growth mindset celebrates struggle. Children with a growth mindset believe that abilities can be developed through persistence and hard work. They see that falling down and getting back up again are part of living and learning. A growth mindset does not seek to document and protect perfection. A growth mindset recognizes that we are all expert and novice in every moment. <https://sparkandstitchinstitute.com/growth-mindset-parents/>

### Frustration Tolerance and Growth Mindset "The Learning Space"

Dr Becky Kennedy

<https://www.instagram.com/drbeckyatgoodinside/reel/DFYmzJBvQG/?hl=en>  
@drbeckyatgoodinside

Growth mindset is the idea that our struggles, our setbacks, are on the road to success, as opposed to the idea that our setbacks and struggles are the enemy of success.

Our goal as a parent is not to get our kids from not knowing to knowing as fast as possible. Our job is to teach our kids how to tolerate the space in between. The learning space is the space between not knowing and knowing. It is a frustrating, uncomfortable space where growth, learning, and resilience happens.

Frustration tolerance is one of the most important skills for life - after all, the more we can tolerate frustration, the more we can learn. The more skills our kids have to stay in this uncomfortable space, the more time they give themselves to learn new things.

Frustration tolerance develops through intentional exposure to challenges and uncomfortable situations, starting from an early age. Dr Becky Kennedy emphasizes that modern environments often provide immediate gratification, which has led to a decline in frustration tolerance. This reduction is notable both in children, who often avoid frustration through quick fixes, and adults, who now have less patience due to a lifestyle of instant gratification...

Without these frustrating experiences, children miss out on learning how to navigate through discomfort and develop resilience. Instead of frustrations being minimized or resolved quickly, gradually exposing them to challenges encourages them to manage their emotional responses and adapt to hardships, laying the groundwork for improved frustration tolerance.

[https://ai.hbermanlab.com/clip?sids=chunk\\_667527&sids=chunk\\_3650697&sids=chunk\\_3650706](https://ai.hbermanlab.com/clip?sids=chunk_667527&sids=chunk_3650697&sids=chunk_3650706)

[https://ai.hbermanlab.com/clip?sids=chunk\\_3650694](https://ai.hbermanlab.com/clip?sids=chunk_3650694)

To contact Ms Zeglinski for school counselling services, please use email: [kzeglinski@wsd1.org](mailto:kzeglinski@wsd1.org) or call the main office to leave a message: 204-589-4368 (once transferred to my line, to leave a recorded message, wait for 3 rings, a long beep & 1 final ring). To access school counselling, students may self-refer, or teachers, parents, peers may refer them.

Thank you for your collective parts in keeping kids feeling safe, healthy, & secure.  
Ms Zeglinski



# ÉLS Spirit Week

During the last week of March before spring break, we will be having another Spirit Week. Here are some of the activities planned.



Mismatch Monday - clothes inside out? Mismatched socks and shoes? That's mismatch Monday!

Tropical Tuesday-sick of winter? Get that summer gear out! Hawaiian shirts, shorts, hats and sunglasses! Bring on the vaca!



White out Wednesday- a blizzard in March? Dress in all white!

Throwback Thursday- Dress for any decade! 80s... 90s... whatever!

Fave Friday- Wear your favourite colour, a shirt with your favourite band, cartoon character, movie, tv show, animal, etc...! Staff VS Students Day

## PAC Movie Night

PAC Movie Night on Thursday, March 27 at 6:00 PM

Watch your email for more details coming soon. Reach out to **Jill Stockwell** at [jill.a.stockwell@gmail.com](mailto:jill.a.stockwell@gmail.com) if you are able to volunteer on March 27.



## St. John's Library Programs

Here's what we have on at the St. John's Library for March 2025.

- Our Early Literacy programs started mid-January and are running through the month into March. We have **Baby Rhyme Time** every **Wednesday 11:00am** and **Family Story Time** every **Saturday at 11:00 AM**. Free! Registration required.
- **CRA/Service Canada Clinic** can help out with various services on **Monday, March 3<sup>rd</sup> from 1:00-4:00 PM**. Drop-in.
- Roll the dice and check out our **Adult Board Game Evening** on **Tuesday, March 4<sup>th</sup> at 5:30-7:30 PM**. Drop-in.
- Join us for self-directed unstructured play time with soft foam blocks at **Busy Builders** on **Friday, March 7<sup>th</sup> at 1:30 PM**. For children ages 0-5 with a caregiver. Drop-in.
- Get in touch with your crafty side during **Teen Art Space** on **Monday, March 10<sup>th</sup> at 4:00 PM** after school. Drop-in.
- Get tech help at **Tech Tuesdays** on **Tuesday, March 11 at 5:30-7:30 PM** for adults and seniors. Drop-in.
- **Lit Women's Lit Book Club** on **Thursday, March 13<sup>th</sup> at 6:00 PM** for adults. Registration is full and a waitlist is available.
- Spend your Saturday at our drop-in **Family Game Day** on **Saturday, March 15<sup>th</sup> at 11:30 AM**. For children and their families.
- **Pokémon Pals** is on **Saturday, March 22<sup>nd</sup> at 2:00 PM** for children ages 6-12. Registration required.
- All teens are invited to drop by after school to explore zine making at **Zines for Teens** on **Monday, March 24<sup>th</sup> at 4:00 PM**. Drop-in.
- Get tech help at Tech Tuesdays on **Tuesday, March 25 at 5:30-7:30 PM** for adults and seniors. Drop-in.
- Any Mo Willems fans? Sign up for Pigeon, Piggie, and Elephant Oh My! on Monday, March 31st at 2:00 PM. For children ages 6-8. Registration required.



# MARCH 2025

Sun	Mon	Tues	Wed	Thu	Fri	Sat
2	3   Day 2 Accepting school of choice registration Wise Kid-netics (Rm 20, 24, 25, 26)	4   Day 3 Manitoba Theatre for Young People "Blue Beads and Blueberries"	5   Day 4	6   Day 5	7   Day 6	8
9	10   Day 1	11   Day 2 Report cards go home via School Messenger  Class Photos	12   Day 3	13   Day 4 Student LED Conferences in evening	14   Day 5 Non-instructional Day NO SCHOOL; Student LED Conferences AM	15
Scholastic Book Fair in the Library						
16	17   Day 6	18   Day 1 Rm 18 goes to MB Museum Field Trip	19   Day 2	20   Day 3 3 on 3 Basketball tournament (Gr. 5-6)	21   Day 4 Rom 8 and 9 Field Trip to Children's Museum	22
23	24   Day 5	25   Day 6	26   Day 1 Mobile Vision Clinic	27   Day 2	28   Day 3 Last day of school before Spring Break	29
Spirt Week						
	Mismatch Monday 	Tropical Tuesday 	Whiteout Wednesday	Throwback Thursday PAC Movie Night (PM)	Fave Friday Staff vs Students in the gym	
30	31					

## Upcoming Dates in April

- 31 – April 4 - Spring Break
- 7 – Classes resume at 9:00 AM
- 11 – Non-Instructional Day NO SCHOOL
- 18 - Good Friday – NO SCHOOL
- 23 – Bus ridership; Gr. 4 Swimming counts
- 29 – PAC Meeting; 6:30 PM in the library

