



The Communiqué

Monthly Newsletter of
École Luxton School



Happy new year!



January is often a month of renewal of self, a renewal of commitment! It's time when we wonder what great adventures lie ahead, and what goals our students will set for their preferred futures.

December featured an endearing holiday performance. Our Nursery-Kindergarten classes were all-stars. The older classes put in rousing performances. Our school choir started and finished the concert with gusto. Dance club showed us their amazing choreography. What next for these talented students?!

Mrs. Golubchik, our music teacher, has arranged for several classes to begin working an instructor from the Royal Winnipeg Ballet School of Education through a program called Sharing Dance. They will have instruction every day 2 from January until May.

November and December were unseasonably mild, but I'm certain January will bring colder weather. Please remind your child to dress appropriately with a warm jacket, a toque, mitts, and winter boots. Snowpants are also useful on those colder days. If you are ever in a pinch for new clothes, we have some donated winter clothes in our family centre.

Our staff and students have had many days away from school these past couple of months due to respiratory illness. There is some advice from the Winnipeg Health Authority later in this issue about how to navigate the winter cold and flu season.

Please note that January 22nd is a professional development day for teachers and the school will be closed.

| SCHOOL PATROLS | |
|-------------------------|---------|
| Schedule: | |
| January 8 - 12 | Squad A |
| January 15 - 19 | Squad B |
| January 22 - 26 | Squad C |
| January 29 - February 2 | Squad A |

PHOTOS FROM THE WINTER CONCERT



MUSIC

Dear Families,

Luxton School students are honored and privileged to collaborate with RWB on the “RWB Community Dance” program.

The program (rooms 9,13,15,16, 18,20) will start on January 9th and will continue on a mostly weekly basis on the school day 2, from 9:00 – 11:45 AM, until May 23th on a mostly weekly basis.

This is a truly unique and extraordinary program that sparks creativity, excitement and imagination amongst the students. Experiencing the arts shapes their ideas, provides a deeper understanding of their emotions, and increases their self-awareness.



The students will learn skills and concepts in the process of creating dances, and discover how the body works physiologically, by practicing and performing their own choreographed dances both individually and in groups.

By listening to the music and learning how to move in time with the beat, children will be able to hone their senses more finely and learn how their bodies can work in harmony with the stimuli

around them.

Additionally, these sensory experiences will help children connect with themselves, with one another, and with the world around them, leading them to appreciate the beauty of their environment.

Through creative movement, our students will learn that not everyone interprets music and moves in the same way. This helps them to see that everyone is different, but no one is wrong in their individuality.

Being able to understand these differences – and similarities – will help children develop richer social skills and a better acceptance of others.

Sincerely,

Mrs. Ella Golubchik

Music Teacher

COUNSELLOR'S CORNER

Dear Caregivers,

MB Education & Early Childhood Learning are committed to fostering Safe & Caring Schools.

https://www.edu.gov.mb.ca/k12/safe_schools/index.html

Safe & Caring Schools: A Whole-School Approach to Planning for Safety and Belonging

https://www.edu.gov.mb.ca/k12/docs/support/whole_school/document.pdf

Safe & Caring Schools Parents' info page:

https://www.edu.gov.mb.ca/k12/safe_schools/parents.html

It is important to realize that we cannot take both a trauma-informed perspective while also adhering to outdated, rigid, zero tolerance suspension & expulsion policies.

Just as with the concept of unconditional love in parenting, I too, in my counselling role, strive to offer all students unconditional positive regard.

<https://fridabemighty.com/2018/12/29/unconditional-positive-regard/>

As counsellor, I help children understand behaviours, tap into human empathy, see multiple perspectives, and commit to peaceful co-existence if they don't feel ready for friendship. I consider all students to be respectful, responsible & mindful colleagues in our shared École Luxton School workplace.

To discuss school counselling needs, reach out to me at kzeglinski@wsd1.org

&/or visit my École Luxton School counselling website at:

<https://sites.google.com/wsd1.org/luxton-counselling>

Let's all work together in favour of this paradigm-shift.

Happy New Year!

Ms Zeglinski

LUXTON COMMUNITY CENTRE BREAKFAST



Luxton Community Centre runs a **FREE Breakfast Program** every school day from 8:00 AM to 10:00 AM.

All children, youth and their families are welcome to attend.

Breakfast supervisors will remind children when it is time for school.

For more information please contact the Luxton Community Centre at 204-582-8249

HOW SICK IS TOO SICK FOR SCHOOL?

Cold and flu season is here.
See our tips for parents and caregivers:



KEEP ME HOME:

Fever
(higher than 38°C or 100° F)

Sore Throat

Persistent Cough

Strep Throat

Vomiting or Diarrhea

Abdominal Pain
(severe or long-lasting)

Illness
(prevents from participating comfortably in activities)

SEND ME TO SCHOOL:

No Fever
(without fever-reducing medicine for 24 hours)

Occasional Cough
(but no other symptoms)

Strep Throat
(after 24 hours of treatment)

No Vomiting or Diarrhea
(for 48 hours)



WINNIPEG SCHOOL DIVISION

PARENT ADVISORY COUNCIL CORNER

STAY IN TOUCH

Follow PAC online and through social media to stay on top of current information regarding fundraising, events, and meetings: Website: www.ecole-luxton-pac.ca

Instagram: [@luxton.pac](https://www.instagram.com/luxton.pac)

Facebook: Ecole Luxton School Parent Advisory Council Email: Luxton.pac@gmail.com

MEETINGS

The next PAC meeting will be Wednesday January 31, 2024 at 6:30pm in the school library. Childcare will be provided in the Family Centre. There will also be coffee and baked goods for all those who attend.

Our school trustee and the current Chair of the Board of Trustees for the Winnipeg School Division, Tamara Kuly, will be attending the meeting to answer any questions parents may have and to gather information for budget planning for the 2024/2025 school year.



EASTERN CHYSLER COMMUNITY BREAKFAST

PAC would like to extend a big thank you to Laura Laconte, Eastern Chrysler and the McDonald's Organization for the delicious breakfast on December 5, 2023. Over 270 meals were provided to students and staff.

With your support, PAC was able to raise over \$300 from additional food sales.

PAC FUNDRAISING



For the next fundraiser we have paired with The Meat Company.

This is a small family run, mostly online, butcher who continues help out the Luxton Community Centre with the breakfast program as well as mini soccer wind-up.

The fundraiser is live now and will be up until early January.

Money raised from this fundraiser is going to be used to offset costs of upcoming school activities like the babysitting course and Grade 4, 5, 6 Day Trip to Camp Manitou among other school activities.

How to order the Luxton School Meat boxes

1. Visit The Meat Company Website - <https://www.themeatcompany.ca/>
2. Search Luxton on the search feature
 - a. Or Click shop all menu option
 - b. On the side menu choose fundraising (do not select fundraising on the home page – this will bring you to the general information on fundraising.
3. Select your box and add to the cart

4. Click the cart and check out
 - a. You will be assigned a day and time for pick up – this can be changed at check out by clicking on the day and time and options will come up
 - b. You may also select delivery instead of pick up for \$7.99
5. The Luxton Community Centre is also doing a fundraiser for the breakfast program and you will be able to add bacon and eggs that will be sent directly to the club.

Starting in January – Bothwell Cheese Fundraiser



The long-requested Bothwell cheese fundraiser is here! Orders are due Tuesday, January 23, by 3:00 PM. Cheese will be available for pick up on Tuesday, February 13th from 3:00-4:00 PM in the Family Centre.

Watch for order forms to be posted on Facebook and hard copies will go home in the New year.

PHYSICAL EDUCATION

Greetings, Fit Families!

What a month it’s been in the world of Physical Education! December brought a flurry of festive activities that got our students moving and grooving in our winter wonderland. From sledding to snow shovelling, our Phys Ed sessions were a winter workout extravaganza!

Sledding Sensation:

Students raced down the snowy slopes, working on balance and coordination. It wasn’t just about the speed – it was about the joy of the journey, making memories with every “downhill” adventure.



Snow Shoveling Showdown:

Our young athletes demonstrated teamwork and strength as they took on the challenge of shovelling snow. They enthusiastically embraced the winter chores, turning it into a full-body workout and learning valuable life skills along the way.

Gym Riot Extravaganza:

The grand finale of December was the school-wide gym riot! A spirited event where students showcased their athletic prowess, blending agility, speed, and sportsmanship. It was a celebration of the skills acquired throughout the semester, and the energy in the gym was contagious.

As we wrap up the year, we want to extend our warmest wishes to all families. May your holidays be filled with joy, laughter, and heartwarming moments. Here’s to a healthy and active New Year full of exciting Phys Ed adventures!

Wishing you happy holidays and a fantastic 2024!

Stay active,
Mr. Kay



CRAFT CLUB NEWS

Ms. Howard and Ms. Sampson want to say "well done" to the Grade 1 & 2 craft club participants and thank you to our Grade 3 volunteers! We had a wonderful time crafting! Special shout out to Mrs. Bell for prepping a few extra crafts for us!



EARLY YEARS CRAFT DAY

The Early Years Christmas Craft Morning was a great success! Students rotated between six different classrooms to make crafts. Students got to experience working with various grade levels (1-3), working with both English and French classes, and some got to rotate with their siblings and friends that they don't usually get to see during class time! The event was a huge success, with some students saying "THIS IS THE BEST MORNING EVER!" 😊

~Ms. Howard



KUAMINI BAKE SALE



The Kuamini Bake sale was a very successful. We raised \$299.05 towards the World Wildlife fund and Kismet Farm animal rescue. Thank you to everyone for supporting this event.

JANUARY 2024

| Sun | Mon | Tues | Wed | Thu | Fri | Sat |
|-----|---------------------------|---------------------------------------------|-------------------------------------------|-----|------------------------------------------------|-----|
| 7 | 8 School Reopens | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 Kuamini meeting at lunch in Room 18 | 18 | 19 Room 25 & 24 go to the Children's Museum | 20 |
| 21 | 22 No School PD Day | 23 Bothwell Cheese Fundraiser orders due | 24 Kuamini meeting at lunch in Room 18 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 Kuamini meeting at lunch in Room 18 | | | |

UPCOMING DATES

- February 2 – Non-instructional Day – NO SCHOOL
- February 5, 14, 21 & 28 – Kuamini at lunch in Room 18
- February 13 – Bothwell cheese Fundraiser order pickup in Family Centre 3:00 to 4:00 PM
- February 19 – Family Day – NO SCHOOL
- February 20 – Festival du Voyageur Begins
- February 28 – Rooms 13 & 18 Assiniboine Park Zoo

