



École Sir William Osler December 2025 Newsletter



Acting Principal: Shannon Unrau

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1600 Grant Avenue

ADMINISTRATOR'S MESSAGE

As we welcome December, I want to share how fortunate I feel to have joined École Sir William Osler last month. From the start, the students, staff, and families have been incredibly welcoming and inclusive. This is truly an environment where children are supported and can learn, grow, and thrive.

November was a busy and memorable month. Students were actively engaged in their learning, and the school was buzzing with energy. Our Remembrance Day ceremony provided a meaningful opportunity for reflection and respect, and the Family Movie Night was a highlight. Students were excited to participate, and the evening was filled with fun and laughter.

We're delighted to share that, after three years, our new playground is officially open. Students are already enjoying the renewed space for outdoor play and connection. We also have a number of lunch hour activities in full swing: Grades 4–6 are taking part in dance and ultimate football intramurals, and our Music Club has begun meeting. It's wonderful to see our students so engaged and active across the school.

Thank you to all families who attended tri-conferences. Your partnership is essential in supporting your child's learning. A big merci to everyone who visited the Scholastic Book Fair. We were pleased to surpass our goal! Your support allows us to add approximately \$3,000.00 worth of new books to our library.

With winter here, please ensure your child is dressed to be outdoors for up to 30 minutes at a time. Students are expected to go outside unless the wind chill reaches -28°C or colder. Cold-weather guidelines are included in this newsletter.

To help reduce the number of lost items, we kindly ask that all winter clothing, water bottles, and containers be

clearly labelled with your child's name. Labelling makes it much easier for us to return items quickly.

We are hoping to recreate our "enchanted forest" in the schoolyard again this year. Families who have a real Christmas tree and are willing to donate it after the holidays are encouraged to do so. We also welcome connections to tree lots that may have leftover trees. Depending on snow conditions, we will create small groves throughout the yard or place trees along the fence. Volunteers will be needed in the spring to help with removal.

The last week of school before the holiday break will be filled with festive activities, including holiday bingo, spirit week, and a school-wide holiday sing-along. We look forward to celebrating together.

Our Polar Bear Club will begin in January. This optional program encourages students to enjoy outdoor play even on colder days. Students who wish to participate must be dressed appropriately; otherwise, they will be asked to remain indoors. More information will be shared as the start date approaches.

As the holiday season approaches, I wish everyone a restful and family-filled break, and we look forward to welcoming all students back on **Monday, January 5th**.

Happy Holidays,

Mme Unrau



Spirit Days

Lots of fun is planned for the last week of school before the Winter Break!



Monday, December 15: Hat Day!
Wear your favourite hat.

Tuesday, December 16: Sports Day! Dress up in your favourite sports attire!



Wednesday, December 17: Crazy Hair Day!
Style your hair the silliest way you can.

Thursday, December 18: Holiday Sweater Day!
Wear any holiday sweater you have.



Friday, December 19: Pyjama Day! Snuggle up and wear your favourite pjs to school.

Scholastic Book Fair

Merci/thank you to all the students, families, and staff who supported our annual book sale! Our total sales were \$6,067.10 which provided us with \$3,033.55 for the purchase of new books for our school.

Thank you to all for making purchases that support literacy at our school!



Parent Advisory Council



Our École Sir William Osler Parent Advisory Council is always looking for new members! Please consider joining us to help support school programs and initiatives.

**Next Meeting: Wednesday, January 21, 2026
6:00 p.m.**

PACs Ongoing Fundraiser

We are happy to have partnered with Oliver's Labels! They are a Canadian company that does custom-made labels! The labels are dishwasher, microwave, freezer and laundry safe as well as being weather proof! The school receives 20% of your purchase towards our playground fundraising. It's super easy to order. All you need to do is click on the link www.oliverslabels.com/sirwilliamosler



Enchanted Forest

Donate your Real Christmas Tree for our Enchanted Forest, After the Holidays!

The Playground Committee is planning an Enchanted Forest for the new year! Our temporary forest of natural Christmas trees will "grow" along the fence and in the school yard (we will stand them up in the snow). Your tree will help create opportunities for more imaginative play and will be incorporated into educators' lessons.



After you've removed your ornaments, you can drop off your natural Christmas tree in the corner of the field by the parking lot, any time **from**

December 26, 2025 - January 2, 2026. We have arranged for the trees to be picked up and recycled when the snow melts.



Room 5 to the Winnipeg Art Gallery

On Wednesday, November 12, students from salle 5 took the public bus to the Winnipeg Art Gallery (WAG).

The tour was facilitated by FOUR French-speaking guides, who split our group into two. We toured the Visible Vault which is the LARGEST collection of Inuit Sculptures in the World, housed under ONE roof, Abraham Ahghik Ruben, and Inuvialuit artist, had many sculptures on display, which captured the imagination of many students.

Then, we sketched the various fossils we saw IN the actual limestone rocks that are in the floors and walls of the WAG. Our trip culminated in a fun collage art project, where we took our sketches and used ripped pieces of old magazines to add another dimension to our sketches.

It was a great day of learning outside of ÉSWO, that consolidated our learning of Rocks, Minerals and Fossils.



Cold Weather Clothing

The days are getting much colder. Please send your children to school so they arrive just before the bell rings at 8:20 a.m. School staff are outside to supervise children at 8:10 a.m. each morning.

Students are expected to be outside for both recesses, at lunchtime, as well as before school.



Please remember to put a t-shirt under the warm layers of sweatshirts and sweaters so students don't get too hot.

Please help by making sure that they dress for the weather as well as for the school.

School Closures & Transportation Cancellations Due to Severe Weather

The decision to close a school is made by the Chief Superintendent.

The decision to close all schools is made by the Chief Superintendent (or designate) in consultation with other Superintendents in Winnipeg and with the Chair of the Board of Trustees.

Transportation will be cancelled if the weather drops to -35°C (without the wind chill) or -45°C (with the wind chill) by 6:15 a.m. Schools will remain open but transportation will not operate.



School and/or Transportation closure announcements will be advertised on the Winnipeg School Division website.



Frostbite

Frostbite is a localized injury caused by cold in which the affected tissues are frozen. It most commonly affects the toes, fingers and face (nose, ears, cheeks and chin).

With continued cold, the blood supply to the extremities is steadily reduced, accelerating the freezing process. As circulation becomes impaired, sensation in the affected area is lost. Unless the tissue is rewarmed quickly, the skin and superficial tissues actually begin to freeze solid. If the conditions persist, the freezing enlarges and penetrates further.

Dressing warmly and staying dry are essential to prevent frostbite. Children should wear:

- a hat
- a neck tube or other covering for the face (covering the mouth and nose)
- mittens or gloves
- sleeves that are snug at the wrist
- warm and water resistant proper fitting outerwear and boots.

At the first sign of redness or pain in any skin area, remove the child from the cold or protect any exposed skin, as frostbite may be beginning. Any of the following signs may indicate frostbite:

- a white or greyish-yellow skin area
- skin that feels unusually firm or waxy
- numbness

Frostnip: a mild form of frostbite. Skin is yellowish or white but soft to the touch. There is a painful tingling or burning sensation in the warmth.



Frostbite: a more severe condition where skin and underlying tissues are frozen. Skin is white, waxy, and hard to the touch. There is no sensation.

For early signs of superficial frostbite move the affected person to a warm room as soon as possible. Warm the affected area gradually through direct contact with body heat (i.e. place a warm hand against the affected area). Do not raise the temperature of the affected area much above body temperature. Severe frostbite should be treated by trained medical personnel.

Cold Weather Conditions

Below is a guideline provided by the Winnipeg School Division for keeping students indoors for recess. The Superintendents of the school divisions in Metro Winnipeg have determined that the temperature reading used will be that of **Environment Canada at The Forks location**.

Wind Chill	Exposure Risk	Health Concerns	What to Do
0 to -9	Low Risk	<ul style="list-style-type: none"> Slight increase in discomfort. 	<ul style="list-style-type: none"> Dress warmly. Stay dry.
-10 to -27	Moderate Risk	<ul style="list-style-type: none"> Uncomfortable Risk of hypothermia and frostbite if outside for long periods without adequate protection. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Wear a hat, mittens or insulated gloves, a scarf and insulated, waterproof footwear. Stay dry. Keep active.
-28 to -39 Indoor Recess	High Risk: Exposed skin can freeze in 10 to 30 minutes.	<ul style="list-style-type: none"> High risk of frostnip or frostbite: Check face and extremities for numbness or whiteness. High risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active.
-40 to -47 Indoor Recess	Very High Risk: Exposed skin can freeze in 5 to 10 minutes.	<ul style="list-style-type: none"> Very high risk of frostbite: Check face and extremities for numbness or whiteness. Very high risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active.
-48 to -54 Indoor Recess	Severe Risk: Exposed skin can freeze in 2 to 5 minutes.	<ul style="list-style-type: none"> Severe risk of frostbite: Check face and extremities frequently for numbness or whiteness. Severe risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Be careful. Dress very warmly in layers of clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Be ready to cut short or cancel outdoor activities. Stay dry. Keep active.
-55 and colder Indoor Recess	Extreme Risk: Exposed skin can freeze in less than 2 minutes.	<ul style="list-style-type: none"> DANGER! Outdoor conditions are hazardous. 	<ul style="list-style-type: none"> Stay indoors.

Weather Information: Phone the Environment Canada info line at 204-983-2050 (recording updated hourly) for temperature, and wind chill factor, or severe summer weather reporting.

OR

www.weatheroffice.ec.gc.ca

Important Dates for the 2025-2026 School Year

All Dates Subject to Change

Jan. 5 - Classes Resume

Jan 16 - No Classes: Admin Day

Jan. 21 - PAC Meeting 6:00 p.m.

Feb. 1– 28 - I Love to Read Month

Feb. 2 - No Classes: Admin Day

Feb. 16 - No School: Louis Riel Day

Feb. 17-20 - Festival Week

Feb. 17 - PAC Meeting 6:00 p.m.

Feb. 19 - Fun Lunch: Ihop

Mar. 19 - Student-Led Conference 3:30 - 8:00 p.m.

Mar. 20 - No Classes: Student-Led Conferences

Mar. 23-27 - Spirit Week

Mar. 23 - Report Cards Sent Home

Mar. 27 - Last Day of Classes

Mar. 30 - Spring Break Begins

Apr. 6 - Classes Resume

Apr. 8 - International Day of Pink
Bus Ridership

Apr. 10 - No Classes: Admin Day

Apr. 22 - PAC Meeting 6:00 p.m.

Apr. 23 - Fun Lunch: Boston Pizza

May 8 - No Classes: Admin Day

May 14 - Mobile Vision Clinic

May 18 - No School: Victoria Day

May 19 - PAC Meeting & AGM 6:00 p.m.

May 25 - Grade 6 Immunizations

Jun. 18 - Fun Lunch: McDonald's

Jun. 26 - No Classes: Admin Day

Report Cards Sent Home

Jun. 30 - Last Day of School



French Activities

Are you looking for things to do with your children during the holiday season? Why not do something in French? Here is a list of things that you can do with your children to keep up with their French over the break:



- Visit the **St. Boniface Library** (131 Provencher Blvd.) and borrow French books, movies and music that you can bring home.
- Visit the **Manitoba Museum** and ask for a French interpreter.
- Take a guided tour of the **St. Boniface Museum** (494 Taché Avenue). It is the oldest building in Winnipeg, and the largest oak log structure in North America. The museum showcases objects related to the heritage of French-Canadian and Métis peoples.
- Stop by on nearby **Provencher Blvd.** for something to eat.
- Shop for French books and games. There are 2 French bookstores in St. Boniface. **Librairie À La Page** (200 Provencher Blvd.) and **La boutique du Livre** (129 Marion Street).





École Sir William Osler



Visit our website: www.winnipegssd.ca/schools/sirwilliamosler

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December 2025

Mon	Tue	Wed	Thu	Fri
1 Day 2	2 Day 3 Last Day for Koats for Kids Donations 	3 Day 4	4 Day 5 Rooms 5 & 7 to CMHR  Shelmerdine Pick Up 3:00 - 5:30 p.m. 	5 Day 6
8 Day 1	9 Day 2	10 Day 3	11 Day 4	12 Day 5  Sunday, December 14 - Monday, December 22
15 Day 6 Spirit Week Hat Day 	16 Day 1 Sports Day 	17 Day 2 Crazy Hair Day 	18 Day 3  Holiday Sweater Day Fun Lunch 	19 Day 4  Last Day of School Pyjama Day 
22 Day 2 	23 Day 3	24 Day 4  Wednesday, December 24	25 Day 5  Thursday, December 25	26 Day 6  Friday, December 26 - Thursday, January 1
29	30	31  Wednesday, December 31 & Thursday, January 1		
SCHOOL RESUMES MONDAY, JANUARY 5, 2026. SCHOOL DAY 5.				



Merry Christmas



Merry
Move up and off chest 2x.



Christmas
C Hand arches from left to right.

Gun Tso Sun Tan'Gung Haw Sun
Sung Tank Chuk Ho



Mitho Makosi Kesikansi



Gezur Krislinjden



Sretam Bozic. Vesela Nova Godina



Idah Saidan Wa Sanah Jadidah

Sarbatori vesele

Prejeme Vam Vesele

Vanoce a statny Novy Rok



Pozdrevlyayu s prazdnikom
Rozhdestva i s Novim Godom



Hristos se rodi



S Rozhdestvom
С Рождеством