



École Sir William Osler December 2024 Newsletter



Principal: Dominique Ostermann

204-488-3569

1600 Grant Avenue

ADMINISTRATOR'S MESSAGE

It's hard to believe that December is already here! The first term has flown by so quickly. The snow and the colder weather have arrived. We are ready for the outdoors! Please make sure all your child's articles of clothing are labelled with their name on it so that we can keep our lost and found items to a minimum. Please make sure that your child is dressed appropriately to play outside at recess. The morning and afternoon recesses are 15 minutes and the lunch recess is 30 minutes. All children are expected to go outside unless the wind-chill is colder than -27 degrees Celsius. Please see the cold weather guidelines in the newsletter.

Speaking of labelling your child's clothing, water bottles, and containers, don't forget that we are partnered with Oliver's Labels! They are a Canadian company that does custom-made labels! The labels are dishwasher, microwave, freezer and laundry safe as well as being weather proof! The school receives 20% of your purchase towards our playground fundraising. It's super easy to order. All you need to do is click on the link www.oliverslabels.com/sirwilliamosler

Our winter concert, "Les Chansons Sur La Glace", will take place Thursday, December 12 at 6:00 p.m. at École LaVerendrye for our grade 1-6 students. More information will be coming!

Our winter fundraiser is up and running. Check out the holiday Wine Raffle! Just a reminder that we are asking each family to donate one bottle of wine to put towards the fundraiser. Bottles can be dropped off any time until Friday, December 6. Raffle tickets must be purchased online. Prizes will be drawn at the Winter Concert December 12 at 6:30 p.m. Winners will be notified, and prizes can be picked up after the concert or from the school Friday, December 13. More information coming from PAC soon!

The winter bazaar is back! Thank you for the donations of new and gently used items for the bazaar that are already starting to come in. We are often short items for dads/adult males. Please remember when you are considering donating an item, that the students need to be able to carry them home after. Items must be new or gently used and clean. We will be collecting items until Friday, December 6.

Our Polar Bear Club will be in effect starting this month. We are looking forward to getting outdoors and getting some fresh air even on those colder days. Students that are in the Polar Bear Club must be appropriately dressed or they will not be permitted to play outside. Students always have the option to remain indoors if they choose.

We are once again hoping to create an "enchanted forest" this year. We are asking if you happen to get a live tree that you consider donating it to the school once Christmas is past. If you have any connections to tree lots that may have left overs, we would gladly take any donations! Depending on the snow, we hope to create little tree groves throughout the schoolyard. If there is not enough snow to hold the trees steady, we will again put them up along the fence. We will also need help in the spring hauling the trees away.

Continued on page 2.



Administrator's Message Continued

November was a very busy month in the classrooms and in the school. Our students have been very active in their learning. Thank you for attending the tri-conferences and being a partner in your child's learning. A huge MERCI to all who stopped in at the Scholastic Book Fair! We surpassed our goal! With your support, we are able to purchase approximately \$1,400.00 worth of new books for the library.

On behalf of all our staff, I would like to wish our students and families a wonderful holiday surrounded by those you love. Rest, relax and enjoy the time with family.

**Joyeux Noël, Merry Christmas, Happy Chanukah,
Happy Holidays**

Mme Ostermann

Winter Concert



We are excited to present our concert featuring our grade 1-6 students, Les chansons sur la glace (Songs on the Ice) on

Thursday, December 12, 2024!

New for this year, our concert will be held at École LaVerendrye at 290 Lilac Street. Students are asked to arrive at 5:30 p.m., and the concert will begin at 6:00 p.m. Seating is limited so we will be providing tickets for entry this year. We will be providing 1 ticket per parent/guardian. The remaining tickets will be sold for \$5.00 each until the maximum capacity is reached.

Our dress rehearsal will take place on the Thursday, December 12, 2024 at École LaVerendrye at 9:30 a.m. We will have seating available for purchase for family members who are unable to attend the evening performance - do keep in mind that it will be a rehearsal with stops and starts as we practice for the evening.

Please contact Mme Ostermann if you wish to purchase tickets for the evening performance or the dress rehearsal.

Physical Education at SWO

Welcome back to having Phys. Ed. inside the gym!

Just a couple reminders about our footwear. We should be wearing proper fitting runners and not crocs in the gym as it is not safe. Indoor shoes should not be worn outside.



When it comes time to purchase new indoor shoes, keep in mind that slip on shoes are not the best for phys. ed. They often fit a little big and fall off when children are running, kicking and jumping. The best shoes are runners with Velcro close or with laces (**if they can tie their own shoes**).

Spirit Days

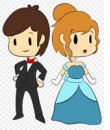
Lots of fun is planned for the last week of school before the Winter Break!



Monday, December 16: Hat Day!

Wear your favourite hat.

Tuesday, December 17: Dress to Impress Day!
Dress up in your fanciest outfit!



Wednesday, December 18: Crazy Hair Day!

Style your hair the silliest way you can.

Thursday, December 19: Holiday Sweater Day!
Wear any holiday sweater you have.



Friday, December 20: Pyjama Day!

Snuggle up and wear your favourite pjs to school.

Scholastic Book Fair

Merci/thank you to all the students, families, and staff who supported our annual book sale! Our total sales were \$3,890.45 which provided us with \$1,447.25 for the purchase of new books for our school.

Thank you to all for making purchases that support literacy at our school!



Parent Advisory Council



Our École Sir William Osler Parent Advisory Council is always looking for new members! Please consider joining us to help support school programs and initiatives.

**Next Meeting: Tuesday, January 21, 2025
6:00 p.m.**

PACs Ongoing Fundraiser

We are happy to have partnered with Oliver's Labels! They are a Canadian company that does custom-made labels! The labels are dishwasher, microwave, freezer and laundry safe as well as being weather proof! The school receives 20% of your purchase towards our playground fundraising. It's super easy to order. All you need to do is click on the link www.oliverslabels.com/sirwilliamosler



Enchanted Forest

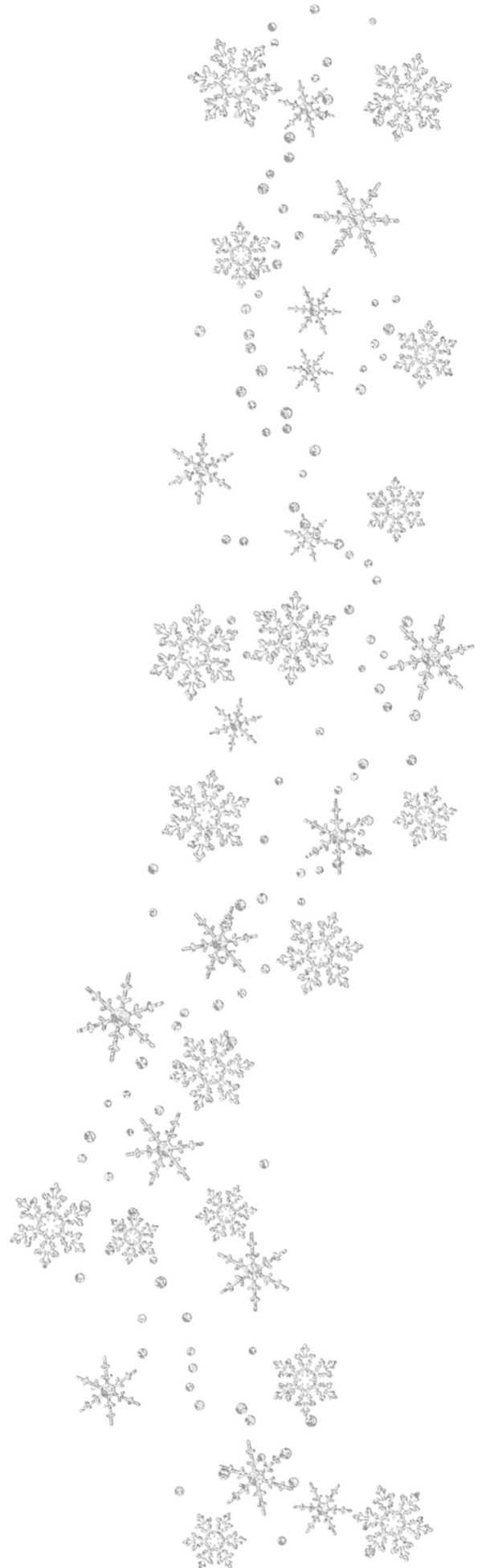
Donate your Real Christmas Tree for our Enchanted Forest, After the Holidays!

The Playground Committee is planning an Enchanted Forest for the new year! Our temporary forest of natural Christmas trees will "grow" along the fence and in the school yard (we will stand them up in the snow). Your tree will help create opportunities for more imaginative play and will be incorporated into educators' lessons.



After you've removed your ornaments, you can drop off your natural Christmas tree in the corner of the field by the parking lot, any time **from**

December 26, 2024 - January 3, 2025. We have arranged for the trees to be picked up and recycled when the snow melts.



Winter Bazaar

On Friday, December 13, 2024, École Sir William Osler will once again be hosting a Winter Bazaar, our “*Bazaar d’hiver!*” The bazaar will allow students the opportunity to purchase holiday gifts for their immediate family members. Any funds raised will be donated to an organization that supports our UN Global Sustainable Goal – Life on Land. We look forward to your support to help make this a successful and worthwhile event!

We are asking families for donations of gently used goods. The items do not have to be new, however, they should be clean and in very good condition. This is a way for us to re-use and reduce in our community! Some ideas for donations are kitchen items, jewelry, decorations, puzzles, board games, books, self care items, tools, books, toys, gloves, scarves, etc. We are often short items for dads. No food or cosmetics please. To keep our items recyclable, we will not be using gift wrap. Instead, students can decorate the paper bags if they wish. When donating items, please remember that the students must be able to carry their gifts home in their backpacks!

Prices for donated items will range from \$0.25 - \$2.00. **Donations for the bazaar will be accepted from November 18 - December 6, 2024.** We would invite you to ask family members and friends to donate any gently used items, as well! Items may be dropped off in the bin located in front of the office.

Set up will be on Thursday, December 12 in the afternoon. **Please remember to send your child’s pocket money with them on Friday, December 13!** For younger students, it may be a good idea to put their money in an envelope with the names of their immediate family so we can help them with their purchases.

Volunteers are needed to help with set up on December 12 (in the afternoon), and to help younger students with purchasing their items on December 13. Please email Mme Ostermann at dostermann@wsd1.org if you can give us a hand! Please remember that all parent volunteers must have up to date volunteer papers and completed the Accessibility in Manitoba training and the Respect in School training to volunteer.



Cold Weather Clothing

The days are getting much colder. Please send your children to school so they arrive just before the bell rings at 8:20 a.m. School staff are outside to supervise children at 8:10 a.m. each morning.

Students are expected to be outside for both recesses, at lunchtime, as well as before school.



Please remember to put a t-shirt under the warm layers of sweatshirts and sweaters so students don't get too hot.

Please help by making sure that they dress for the weather as well as for the school.

School Closures & Transportation Cancellations Due to Severe Weather

The decision to close a school is made by the Chief Superintendent.

The decision to close all schools is made by the Chief Superintendent (or designate) in consultation with other Superintendents in Winnipeg and with the Chair of the Board of Trustees.

Transportation will be cancelled if the weather drops to -35°C (without the wind chill) or -45°C (with the wind chill) by 6:15 a.m. Schools will remain open but transportation will not operate.



School and/or Transportation closure announcements will be advertised on the Winnipeg School Division website and on the following:

CBC Radio	92 CITI FM	99.9 BOB FM
1290 CFRW	QX 104 FM	CJOB
102.3 Clear FM	CBC - French	FAB 94.3
Virgin 103 FM	CTV News	Global TV
CityTV	Power 97	Energy 106
Winnipeg Free Press website		

Frostbite

Frostbite is a localized injury caused by cold in which the affected tissues are frozen. It most commonly affects the toes, fingers and face (nose, ears, cheeks and chin).

With continued cold, the blood supply to the extremities is steadily reduced, accelerating the freezing process. As circulation becomes impaired, sensation in the affected area is lost. Unless the tissue is rewarmed quickly, the skin and superficial tissues actually begin to freeze solid. If the conditions persist, the freezing enlarges and penetrates further.

Dressing warmly and staying dry are essential to prevent frostbite. Children should wear:

- a hat
- a neck tube or other covering for the face (covering the mouth and nose)
- mittens or gloves
- sleeves that are snug at the wrist
- warm and water resistant proper fitting outerwear and boots.

At the first sign of redness or pain in any skin area, remove the child from the cold or protect any exposed skin, as frostbite may be beginning. Any of the following signs may indicate frostbite:

- a white or greyish-yellow skin area
- skin that feels unusually firm or waxy
- numbness

Frostnip: a mild form of frostbite. Skin is yellowish or white but soft to the touch. There is a painful tingling or burning sensation in the warmth.



Frostbite: a more severe condition where skin and underlying tissues are frozen. Skin is white, waxy, and hard to the touch. There is no sensation.

For early signs of superficial frostbite move the affected person to a warm room as soon as possible. Warm the affected area gradually through direct contact with body heat (i.e. place a warm hand against the affected area). Do not raise the temperature of the affected area much above body temperature. Severe frostbite should be treated by trained medical personnel.

Cold Weather Conditions

Below is a guideline provided by the Winnipeg School Division for keeping students indoors for recess. The Superintendents of the school divisions in Metro Winnipeg have determined that the temperature reading used will be that of **Environment Canada at The Forks location**.

Wind Chill	Exposure Risk	Health Concerns	What to Do
0 to -9	Low Risk	<ul style="list-style-type: none"> Slight increase in discomfort. 	<ul style="list-style-type: none"> Dress warmly. Stay dry.
-10 to -27	Moderate Risk	<ul style="list-style-type: none"> Uncomfortable Risk of hypothermia and frostbite if outside for long periods without adequate protection. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Wear a hat, mittens or insulated gloves, a scarf and insulated, waterproof footwear. Stay dry. Keep active.
-28 to -39 Indoor Recess	High Risk: Exposed skin can freeze in 10 to 30 minutes.	<ul style="list-style-type: none"> High risk of frostnip or frostbite: Check face and extremities for numbness or whiteness. High risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active.
-40 to -47 Indoor Recess	Very High Risk: Exposed skin can freeze in 5 to 10 minutes.	<ul style="list-style-type: none"> Very high risk of frostbite: Check face and extremities for numbness or whiteness. Very high risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Dress in layers of warm clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Stay dry. Keep active.
-48 to -54 Indoor Recess	Severe Risk: Exposed skin can freeze in 2 to 5 minutes.	<ul style="list-style-type: none"> Severe risk of frostbite: Check face and extremities frequently for numbness or whiteness. Severe risk of hypothermia if outside for long periods without adequate clothing or shelter from wind and cold. 	<ul style="list-style-type: none"> Be careful. Dress very warmly in layers of clothing, with an outer layer that is wind-resistant. Cover all exposed skin. Wear a hat, mittens or insulated gloves, a scarf, neck tube or face mask and insulated, waterproof footwear. Be ready to cut short or cancel outdoor activities. Stay dry. Keep active.
-55 and colder Indoor Recess	Extreme Risk: Exposed skin can freeze in less than 2 minutes.	<ul style="list-style-type: none"> DANGER! Outdoor conditions are hazardous. 	<ul style="list-style-type: none"> Stay indoors.

Weather Information: Phone the Environment Canada info line at 204-983-2050 (recording updated hourly) for temperature, and wind chill factor, or severe summer weather reporting.

OR

www.weatheroffice.ec.gc.ca

Important Dates for the 2024-2025 School Year

All Dates Subject to Change

Jan. 6 - Classes Resume

Jan. 21 - PAC Meeting 6:00 p.m.

Jan. 22 - Open House 6:00 p.m.

Jan. 31 - No Classes: Admin Day

Feb. 1– 28 - I Love to Read Month

Feb. 17 - No School: Louis Riel Day

Feb. 18-21 - Festival Week

Feb. 18 - PAC Meeting 6:00 p.m.

Feb. 21 - Fun Breakfast: IHOP

Mar. 10 - Report Cards Sent Home

Mar. 13 - Student-Led Conference 3:30 - 8:30 p.m.

Mar. 14 - No Classes: Student-Led Conferences

Mar. 24-28 - Spirit Week

Mar. 28 - Last Day of Classes

Mar. 31 - Spring Break Begins

Apr. 7 - Classes Resume

Apr. 9 - International Day of Pink
Bus Ridership

Apr. 10 - Spring Picture Day

Apr. 11 - No Classes: Admin Day

Apr. 15 - PAC Meeting 6:00 p.m.

Apr. 18 - No School: Good Friday

Apr. 24 - Fun Lunch: Pita Pit

May 9 - No Classes: Admin Day

May 15 - Mobile Vision Clinic

May 19 - No School: Victoria Day

May 20 - PAC Meeting 6:00 p.m.

May 27 - Grade 6 Immunizations

Jun. 11 - PAC School Picnic

Jun. 19 - Fun Lunch: McDonalds
Grade 6 Farewell

Jun. 23 - No Classes: Admin Day

Report Cards Sent Home

Jun. 27 - Last Day of School



French Activities

Are you looking for things to do with your children during the holiday season? Why not do something in French? Here is a list of things that you can do with your children to keep up with their French over the break:



- Visit the **St. Boniface Library** (131 Provencher Blvd.) and borrow French books, movies and music that you can bring home.
- Visit the **Manitoba Museum** and ask for a French interpreter.
- Take a guided tour of the **St. Boniface Museum** (494 Taché Avenue). It is the oldest building in Winnipeg, and the largest oak log structure in North America. The museum showcases objects related to the heritage of French-Canadian and Métis peoples.
- Stop by on nearby **Provencher Blvd.** for something to eat.
- Shop for French books and games. There are 2 French bookstores in St. Boniface. **Librairie À La Page** (200 Provencher Blvd.) and **La boutique du Livre** (129 Marion Street).





École Sir William Osler



Visit our website: www.winnipeg.ca/schools/sirwilliamosler

Mme D. Ostermann
Principal

1600 Grant Avenue
Winnipeg, MB R3N 0M5
Phone: 204-488-3569
Fax: 204-488-1441

December 2024

Mon	Tue	Wed	Thu	Fri
2 Day 2 Last Day for Koats for Kids Donations 	3 Day 3	4 Day 4	5 Day 5 Rooms 9 AM & PM to MB Museum 	6 Day 6 Room 2 to Science Centre at Niji Mahkwa Last Day for Bazaar Donations
9 Day 1	10 Day 2	11 Day 3	12 Day 4 Winter Concert 6:00 p.m. at École LaVérendrye 	13 Day 5 Winter Bazaar
16 Day 6 Spirit Week Hat Day 	17 Day 1 Dress to Impress Day 	18 Day 2 Crazy Hair Day 	19 Day 3 Holiday Sweater Day Fun Lunch 	20 Day 4 Last Day of School Pyjama Day
23 Day 2 WINTER BREAK 	24 Day 3 Christmas Eve Tuesday, December 24 	25 Day 4 JOYEUX NOËL MERRY CHRISTMAS Wednesday, December 25 HAPPY HANUKKAH 	26 Day 5 Happy Kwanzaa Thursday, December 26 - Wednesday, January 1 	27 Day 6
30	31 HAPPY NEW YEAR Tuesday, December 31 & Wednesday, January 1 	Wednesday, December 25 - Thursday, January 2		
SCHOOL RESUMES MONDAY, JANUARY 6, 2025. SCHOOL DAY 5.				



Merry Christmas



Merry
Move up and off chest 2x.



Christmas
C Hand arches from left to right.

Gun Tso Sun Tan'Gung Haw Sun
Sung Tank Chuk Ho



Mitho Makosi Kesikansi



Gezur Krislinjden



Sretam Bozic. Vesela Nova Godina



Idah Saidan Wa Sanah Jadidah

Sarbatori vesele

Prejeme Vam Vesele



Vanoce a stastny Novy Rok

Pozdrevlyayu s prazdnikom
Rozhdestva i s Novim Godom



Hristos se rodi



S Rozhdestvom
C Рождеством