CHAMPLAIN SCHOOL NEWSLETTER
SEPTEMBER 2026

A safe and caring learning Community, Where Every-one Counts!

Champlain School is a nursery to Grade 6 elementary school nestled in Winnipeg's North End.

We are home to approximately 230 students, 40 staff (teachers, educational assistants, clerks, custodians, and clinicans), and parent/ community volunteers.

We have eight grades 1-6 and three Nursery/ Kindergarten classrooms.

We are also home to Champlain Community Child care Centre.

Greetings Champlain families,

Welcome back to our families, students and staff! We are so excited to see all your lovely smiles as we launch our new school year! We appreciate everyone's patience and support as we start our school with changes from Mayet to Power School. Ms. Valerie Doney, our office clerk, has been working diligently to make sure the database is as up to date as possible. We appreciate all her work and dedication!

Please join us in welcoming new staff to the Champlain community:
-Classroom teachers Mary Ann Belches, Keyla Manuel, Jasmin Oblena, Manjit Kaur
-Learning support teachers Christi Pelletier, Charlene Kantyluk
-Education assistants LuAnn Dreschler-Zilkie and Ngozi Okose
-Food Coordinator Bobbie-Sue Sanderson
-Evening caretaker Jacob Carlson
-Vice- Principal Rebecca Perlmutter.
We are so pleased to work alongside each other to ensure all our students feel safe, fed and ready to learn.

Champlain's balanced school day will continue this year as feedback from staff and families shared improvements in student regulation and engagement in learning. Our no-fee Lunch program continues along with breakfast and snack programs within the school day. However, lunchrooms have been relocated to one of three spaces on the main floor to improve efficiency: the gym, rooms 103 or 117. A reminder to all families that if you are changing lunch plans for your child to contact the office.

We have also adjusted our door entry and exit processes to improve safety. Our west doors are now only exits. Morning and recess entry will be from the back north doors. Reminders to all families and visitors to report to the office when entering the school. West-doors student pick-ups will be for rooms 216, 215, 214, and 213; and at the north-doors student pick-ups will be for rooms 212, 211, 207, and 209. A reminder to families with siblings to confirm plans with classroom teachers for alternate arrangements.

Our School Events calendar is included in the newsletter. Please note one update, our Welcome back gathering has been moved to Thursday, October 1 from 5-7pm as WSD Pow Wow is on Thursday, September 24 at Naawi-Oodena, Field at the corner of Kenaston Boulevard & Grant Avenue.

Champlain school also has a community support worker that engages with families in programming, support with access to community services, and student attendance. Ms. Elizabeth Thomson is at Champlain on even days in the office or in the MPR. She can be contacted at ethomson@wsd1.org.

We look forward to a great year!

Sincerely,
Mr. Paulo Teixeira
Principal
FollowusonInstagram **@champlain_schoool_wsd**

Champlain is a PBIS school and we follow our 3 Beliefs:

We are Safe
We are Respectful,
We are Ready to Learn!

These beliefs help us to be a caring learning community by learning from our mistakes and reinforcing positive choices.

School Hours/Supervision of Students

8:50	1st Bell - Students line up on hard top
8:55	Students enter school
9:00	2nd Bell - School day begins
9:00 - 9:10	Morning Meetings
9:10 - 10:40	**First Learning Block**
10:40 - 10:55	Morning Nutrition Break
10:55 - 11:25	Morning Recess
11:25 - 12:55	**Second Learning Block**
1:00 - 1:55	Lunch hour
1:55	1st Bell - Students enter school
2:00 - 3:30	**Third Learning Block**
3:30	Dismissal

Playground supervision



The playground supervision in the morning only begins at 8:50am. Students may arrive at 8:30am for breakfast.

Playground supervision over the lunch hour is limited to lunch program students. If your child does not stay for lunch at school, please do not send them to play on the playground as there is no supervision. Please do not send your children before 1:55 PM.

After school, we clear the playground and ask that all children to "check in" with home before staying to play. Our desire is for all students to be safe.



WHY ARE PATROLS IMPORTANT?

Champlain Patrols…

- Help students get home safely
- Signal the cars to stop so students can cross the street safely
- Protect the students
- Are a visual signal to drivers that students are around
- Are role models who represent our school

Patrols can save lives!

Champlain patrols are safe, respectful and responsible

Students being street smart

Does your child know how to be **street smart**? It's something we talk about in our classrooms because the safety of our students is very important. It's also a good thing to talk about at home as a regular reminder for your child.

Being street smart means knowing how to keep safe from strangers when we're alone or with other kids. Walking to school, the bus, the playground or riding your bike in your neighborhood, being street smart helps you stay **safe**.

Our school takes it very seriously when a student reports a suspicious person. In most cases, a police report is made and, sometimes, police are able to quickly interview the "suspicious" person and determine that it was a misunderstanding. At other times, however, police are required to conduct a bigger investigation of a more serious threat. We will let you know if we make a report of a suspicious person to police on behalf of one of our students because we believe that an informed community is a safer community.

Parents are encouraged to go to the ***winnipegsd.ca website and click on Parents – Safe Schools*** to find a link called "Be Street Smart". Here you will find a list of topics to share with your child to help them be street smart and safe,
including knowing:

Who are strangers?
Who needs to know where I am and why?
Why should I stick with a friend?
What are my safe spots?
What are the places that aren't safe for me?
What should I do if a stranger asks me for help?

WHY the Balanced school day?

KEY points

- Increase student concentration levels and create better opportunities for learning through uninterrupted blocks of teaching/learning time
- Day is structured into three instructional blocks with two nutrition and activity breaks separating the blocks
- Longer periods of uninterrupted learning/teaching blocks, 90 minutes
- Longer nutrition and movement breaks, 45-60 minutes
- Removal of one break during the school day to decrease time spent in transitions



Proposed Balanced School Day schedule

8:30 – 8:50	Breakfast
8:50 – 9:00	Arrival
9:00 – 9:10	Check-in and homeroom welcome
9:10 – 10:40	**First** Instructional Block
10:40 – 11:25	Nutrition and Movement break
11:25 – 12:55	**Second** Instructional Block
1:00 – 2:00	Nutrition and Movement Break (LUNCH)
2:00 – 3:30	**Third** Instructional Block

Welcome Back Champlain Families!!

I am Ms. Elizabeth Thomson, the **Community Support Worker** at Champlain School. | work here on days 2,4,6 on the school day calendar. | often offer different activities for Parents/caregivers and students in our Parent Space in the school. This year we will be using the multipurpose room in the mornings for our activities. Please reach out if you have any ideas of things you would be interested in attending in our Parent space. This month | will offer BOOKS AND BLOCKS this time will be aimed at some of our Nursery and Kinder parents to stop in and meet some other parents while their children play and explore building with soft blocks. We will read and play together. No need to register, just stop into Room 105 across from the office.

| look forward to meeting you! ~ Elizabeth.

Manitoba

Health, Seniors and Long-Term Care
Public Health

March 20, 2026

Re: Important Measles Information

Dear Parents/Guardians and Caregivers:

In 2026, there have been more measles cases in Manitoba than anywhere else in Canada. Almost 90% of cases were not immunized. Many measles cases have been hospitalized, with most of these unimmunized and more than half under the age of ten years.

Manitoba Public Health is advising parents to **consider measles risks while travelling or when attending large gatherings during spring break or holiday celebrations**.

- If you suspect you or your child has measles, ***stay home***. Avoid travel and events.
- If exposed, symptomatic, or have questions about measles contact your health-care provider or Health Links – Info Santé at 811 (Winnipeg: 204-788-8200; Manitoba toll-free: 1-888-315-9257).
- For urgent and emergency care, notify the facility immediately on arrival of suspected measles so they can take appropriate precautions to protect others.

Vaccination is the best way to prevent measles for yourself, your family and to help protect those who cannot be vaccinated but may be particularly vulnerable such as young infants.

- Check if you or your child is eligible to receive a measles vaccine: https://www.gov.mb.ca/health/publichealth/cdc/vaccineeligibility.html
- Get vaccinated for measles at your primary care provider, local public health office, Access Centre or Connected Care Clinic or book online at www.medinav.ca.
- For information on how to get a copy of immunization records for you or your child: https://www.gov.mb.ca/health/publichealth/cdc/div/records.html.

Measles can be serious, especially for young children, people with a weakened immune system and unimmunized pregnant people. If any of these people are exposed to measles, they may be eligible for preventative treatment within six days of exposure and are encouraged to speak with a health-care provider promptly.

Learn more: https://www.gov.mb.ca/health/publichealth/diseases/measles.html.

Sincerely,

Original signed by

Richard Baydack, PhD
Executive Director
Communicable Disease Prevention & Control

Original signed by

Santina Lee, MD, FRCPC
Medical Officer of Health
Communicable Disease Prevention & Control

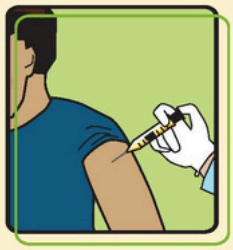
What You Can Do to Fight the Flu



1. **Cover your coughs and sneezes.**



2. **Wash your hands** a lot.



3. **Get a flu shot.**



4. **Stay home and call your doctor** if you are sick.



5. **Go to the doctor or hospital right away** if you get worse or have trouble breathing.

For more information about the flu, call Health Links-Info Santé at **788-8200** or **1-888-315-9257**.

Healthy Child Manitoba
Manitoba





Cover Your Cough and Sneeze



- Cover your mouth and nose using your upper sleeve or elbow.

OR



- Cover your mouth and nose with a tissue.
- Throw used tissue in the garbage.
- Wash your hands with soap and water. If soap and water are not available, hand sanitizer can be used.





Healthy Child Manitoba
Manitoba

CSI Champlain

2026



What a wonderful summer it has been here at Champlain! We cannot believe that the summer is coming to an end and that CSI is over. It was been such a blessing to have met each and every one of you. You all bring something special to Champlain and the summer would not have been the same without you! We've made so many memories together and have learned and grown so much these past 5 weeks. We hope to see you all back next year for another summer full of fun and laughter and have a great school year!





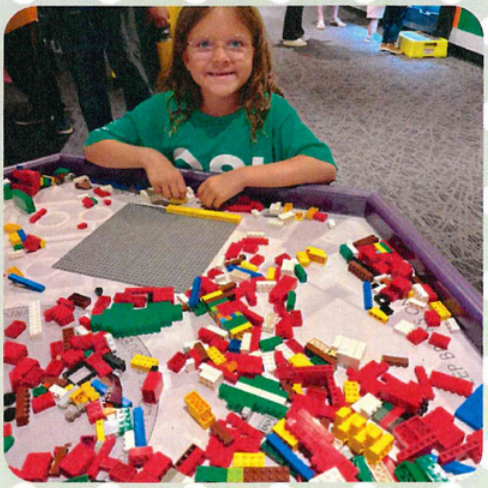
















Some of the highlights of our summer! We went to the swimming pool, the splash pad at peanut park. We had a water day with our sister site from Machray! Our grade 1-3 went to the museum, while our 4-6 got to experience RB Russel. Another great field trip was Jumpstart Day (the bouncy castles were a favourite)

With all the fun we experienced together this summer, the best part was meeting all of you!

Have a fantasitic rest of the summer. We will miss you all so much but are excited to see you back at CSI next year!



WINNIPEG SCHOOL DIVISION

DAGWAAGIN POW WOW

We invite students and staff to join us for a day of learning.

SEPTEMBER 24, 2026
Explore Indigenous knowledge, teachings, and traditions through engaging learningexperiences designed for students in Grades 1 to 8.



Site location:

Naawi-Oodena
Field at the corner of Kenaston Boulevard & Grant Avenue 10:00 a.m. to 1:30 p.m.

Order of the Day:

- 10:00 a.m. — Grand Entry
- 11:00 a.m. to 1:30 p.m. — Learning Sessions
- 1:30 p.m. — Pow Wow Closing Ceremonies

Additional Information:

- Community members are warmly welcome to attend and dance.
- WSD Pow Wow Circles are encouraged to participate.
- Invited drums only, thank you.
- Registered dancers will receive an honorarium.
- Students may register on-site to receive a dancer honorarium but must be accompanied by a parent or guardian.
- Community vendors are not permitted.

For more information:

Rob Riel, Assistant Superintendent of Indigenous Education
204-775-0231

Desi-Rae Anderson, Service Director of Indigenous Education
204 788-0203
danderson@wsd1.org

Image courtesy of the Bright Fire Ishkode Collective

CHAMPLAIN SCHOOL STAFF 2026-2027

Paulo Teixeira	Principal
Rebecca Perlmutter	Vice-Principal
Valerie Doney	Head Clerk

Classroom Teachers

Mary Ann Belches	N/K a.m./p.m.	Room 116
Keyla Manuel	Grade 1/2	Room 214
Erika Black	Grade 1/2	Room 216
Alana Carvalho	Grade 1/2	Room 215
Manjit Kaur/Krysta Husarewycz	Grade 3/4	Room 213
Chris Eccles/Jasmin Oblena	Grade 2/3	Room 212
Susy Mira	Grade 4/5	Room 211
Alex Clearwater	Grade 4/5/6	Room 209
Catherine Siller	Grade 5/6	Room 207

Support Staff

Ashley Mancusi	LST
Christi Pelletier	LST
Charlene Kantyluk	LST
Jasmin Oblena	Support Teacher
Esther Pangilinan	Performing Arts
Mitchell Law	Physical Education
Chris Eccles	Land Based Education Teacher
Elizabeth Thomson	Community Support Worker
Fereshteh Davoudian	Library Technician
Harjot Kaur	Food Coordinator
Bobbi-Sue Sanderson	Food Coordinator

Educational Assistants

Barb Starr	Ngozi Okose	Shauna Siedler
Connie Minenko	Meriam Ramalloza	Anteneh Tefera
Danielle Kopychanski	Domonique Stewart	Raman Chahal
Sukhdeep Sidhu	Lizzy Daodu	Sarah Hamilton
Mozhdeh Soleymanmigooni	Alisha Bell	Bridget Eban
Joanalyn Canales	LuAnn Dreschler-Zilkie	

Custodian Team

Kenne Franks	Head caretaker
Jacob Carlson	Evening Custodian
Maria Mendes	Cleaner

CHAMPLAIN SCHOOL **CALENDAR OF EVENTS** **2026-2027**

DAY	DATE	ITEM
1	**Tuesday, September 8**	**ADMIN day – No School**
2	**Wednesday, September 9**	**First day of school for grades 1 to 6**
2-3-4	Wednesday, Sept 9 - 11	Nursery-Kindergarten – Staggered Start
5	**Monday, September 14**	**First day of Nursery/Kindergarten**
5-2	Tue – Fri Sept 22-25	Tims Camp Leadership learning gr 4-6
4	Tuesday, September 29	Orange Shirt Day
	Wednesday, September 30	**National Day of Truth & Reconciliation – No School**
5	Thursday, October 1	Fall Gathering Celebration 5-7pm
1	Monday, October 5	Staff Meeting – 3:40pm
2	**Tuesday, October 6**	**WSD PD non-instructional day**
	Monday, October 12	**Thanksgiving - No school**
5	Tuesday, October 20	Picture Day
2	**Friday, October 23**	**MTS PD Day non-instructional day**
3	Monday, October 26	Bus Ridership
2	Monday, November 2	Staff Meeting – 3:40pm
2	Tuesday, November 10	Remembrance Day – Service
	Wednesday, November 11	**Remembrance Day – No School**
2	Thursday, November 19	Mobile-Vision Clinic
2	Thursday, November 19	Photo Retakes
3	**Friday, November 20**	**PD Day non-instructional day**
3	Monday, November 30	Report Cards go home
1	**Friday, December 4**	**Parent-Teacher Conferences non-instructional day**
2	Monday, December 7	Staff meeting – 3:40pm
5	Thursday, December 10	Winter Concert
3	Wednesday, December 16	Winter Solstice Celebration
4	Thursday, December 17	Santa Breakfast
5	**Friday, December 18**	**Last day before winter break**

CHAMPLAIN SCHOOL **CALENDAR OF EVENTS** **2026-2027**

6	**Monday, January 4**	**First day back from winter break**
5	Monday, January 11	Staff Meeting – 3:40pm
2	Monday, February 1	Staff Meeting – 3:40pm
6	**Friday, February 5**	**PD Day** **non-instructional day**
	Monday, February 15	**Louis-Riel Day – No School**
2	Thursday, February 18	Celebration of Learning – 5 to 7pm
3	Monday, March 1	Staff Meeting – 3:40pm
1	Monday, March 15	Report cards go home
4	Thursday, March 18	Student-led conferences evening – 4:00 to 7:30 pm
5	**Friday, March 19**	**Student-led conferences** **non-instructional day**
3	**Thursday, March 25**	**Last day before spring break**
	Friday, March 26	**Good Friday – No School**
4	**Monday, April 5**	**First day back from spring break**
5	Tuesday, April 6	Bus Ridership
3	Monday, April 12	Staff Meeting – 3:40pm
1	**Friday, April 16**	**PD Day** **non-instructional day**
5	Thursday, April 22	Family Night – 5 to 7pm
6	Monday, May 3	Staff Meeting – 3:40pm
4	**Friday, May 7**	**PD Day** **non-instructional day**
4	Monday, May 17	Spring Photos
1	Thursday, May 20	Celebration of Learning – 5 to 7pm
	Monday, May 24	**Victoria Day – No School**
6	Monday, June 7	Staff Meeting – 3:40pm
5	**Monday, June 14**	**Admin Day** **non-instructional day**
2	Thursday, June 17	Community Year End Gathering – 5 to 7pm
5	Tuesday, June 22	Grade 6 Farewell 11:00am
4	Tuesday, June 29	Report cards go home
5	**Wednesday, June 30**	**Last day of school – 11:30am dismissal**