

# SISTER MAC SPECIAL

NOVEMBER 2025

460 Sargent Avenue  
Winnipeg MB R3B 1V5  
sistermac@wsd1.org  
204-942-6965

Happy November, Sister MacNamara Families!

We have had a great October month of learning and building relationships! It is a joy to see our students fully engaged in their learning, both in the classrooms and around the school. Our teachers and students have established routines and are showing not just academic rigour but also joy and love in their education. I am thankful to work with such enthusiastic staff who go above and beyond for their students! Your children's achievements are a testament to their hard work and dedication, and we couldn't be prouder.

We highly value your involvement in your child's education. Please take the time to ask your children about the new skills they are learning. Our dedicated teachers work hard to instruct and engage your children so that they grow and mature socially and academically. Your role in this process is invaluable. Our teachers are committed to the progress of their students. They assess their students, report their strengths and challenges, and plan the next steps for their progress. They will share all this valuable information at our upcoming Student Led Conference on November 27th and 28th, 2025.

Report cards will be sent home on November 25th and teachers will also have a copy for discussion during the Student Led Conference. We encourage all parents and caregivers to join us, as these conferences are an excellent opportunity to hear about the fantastic work your children are doing and to discuss their progress.

Our Remembrance Day Assembly is on Monday, November 10th at 11 am to observe the services and sacrifices of those past and present who have played a significant role in our country. A reminder that there is no school on November 11th to observe Remembrance Day.

On November 21st, our staff will be having Professional Development, a day dedicated to enhancing their teaching skills and strategies to support students.

The cool weather is upon us! The days are getting shorter, and night comes sooner. Please remind your children to dress for the weather, keeping in mind that students are expected to go outside throughout the day until the temperature drops to -25 degrees Celsius. If your child needs a jacket, boots, hat or mitts please let us know and we would be happy to support you in getting what you need for the winter months.

A reminder is that students should be arriving at 8:45 AM and 12:50 PM to start the learning in the morning and afternoon. We need our families to please pick up your children on time during lunch and at the end of the day. If you have any questions, please do not hesitate to contact us at 204-942-6965.

## Dates to Remember:

- 10 Remembrance Day Assembly—11:00 AM**
- 11 Remembrance Day - SCHOOL CLOSED**
- 24-25-26 IEP Meetings**
- 27 Student-Led Conferences—Evening**
- 28 Student-Led Conferences—NO CLASSES**



# **SISTER MACNAMARA SCHOOL CALENDAR OF EVENTS 2025-2026**



## **DECEMBER 2025**

- 04 Family Gathering 5:00 PM
- 17 Winter Concert—6:00 PM for Grades 1-6 18
- N-K Winter Concert—10:00 AM & 1:30 PM
- 19 Movie Day
- Dec 22 —Jan2 WINTER BREAK — **SCHOOL CLOSED**

## **JANUARY 2026**

- 5 School re-opens after Winter Break
- 15 Family Gathering 5:00 PM

## **FEBRUARY 2026**

- 2 Professional Development Day - **NO CLASSES**
- 5 Family Gathering 5:00 PM
- 16 Louis Riel Day-HOLIDAY — **SCHOOL CLOSED**
- 27 Jump Rope for Heart assembly 2:30 PM

## **MARCH 2026**

- 4 Classroom Photos
- 5 Family Gathering 5:00 PM
- 16-17-18 IEP Meetings
- 18 Student-Led Conferences — evening
- 19 Student-Led Conferences — all day - **NO CLASSES**
- 20 Professional Development — **NO CLASSES**
- 23-27 Spirit Week
- 27 Movie Day
- 30-Apr.6 SPRING BREAK — **SCHOOL CLOSED**

## **APRIL 2026**

- 6 School re-opens after Spring Break
- 10 Professional Development Day - **NO CLASSES**
- 16 Bus Ridership
- 17 Day of Pink - Assembly 1:15 PM
- 23 Family Gathering 5:00 PM
- 24 Volunteer Celebration 10:30 AM

## **MAY 2026**

- 8 School Planning Day - **NO CLASSES**
- 7 Family Gathering 5:00 PM
- 18 Victoria Day - HOLIDAY - **SCHOOL CLOSED**

## **JUNE 2026**

- 12 Field Day
- 17 Year End Celebration
- 21 National Indigenous People's Day
- 24 Grade 6 Farewell - 1:15 PM
- 30 Talent Show 9:15 AM
- 30 Last Day of School - 11:30 dismissal for all students

**Looking ahead to 2025-26 school year  
Common Closure Dates for the Division**

Wednesday, October 8, 2025 (WSD)

Friday, October 24, 2025 - MTS PD Day (Metro)

Friday, November 21, 2025 (WSD)

Friday, November 28, 2025 Student Led Conferences (Sister MacNamara only)

Monday, February 2, 2026 (Metro)

Thursday, March 19, 2026 Student Led Conferences (Sister MacNamara only)

Friday, March 20, 2026 (Metro)

Friday, April 10, 2026 (Metro)

Friday, May 8, 2026 (WSD)



**NEED WINTER  
GEAR?**



Is your student in need of winter gear?  
Koats for Kids is open for ordering!

Please see Nicole or Hamda in the Family Room with your child's name,  
coat and/or boot size.

**SISTER MACNAMARA SCHOOL MISSION STATEMENT**

The mission of Sister MacNamara School is to create a safe, respectful environment where adults help students achieve academic and social success, appreciating and honouring each other's differences and cultural backgrounds.



## NEWS FROM THE GYM

Three cheers for our hard-working grade 5 and 6 soccer players for their great game play in the grade 5 and 6 outdoor soccer tournaments held at the beginning of October. Both tournaments were at Tech Voc field on chilly but sunny days. We are so proud of your fair game play, hard work, and dedication to the team. Way to go!

A big congratulations to the grade 6 indoor soccer team who played their first game in the WSD Inner City Soccer League. This league is a big commitment, with games and practices running from October until end of March. We are so proud of the hard work you are putting in and it shows in your game play.

Intramurals started in October for grades 4-6 students. Our school intramural program is a chance for students to participate in extra physical activity over the lunch hour. Each month will be a new activity, such as basketball, volleyball, floor hockey, dance, tennis, juggling, and fitness. Students can join at any point in the year and decide which activities they would like to participate in. Students in intramurals must bring a lunch that does not require heating and their own utensils. The intramural activity in November is tripleball.



For active and safe participation in physical education classes students need to have proper footwear. Boots and wet shoes increase the risk of injury during play. Please make sure that your child has indoor runners at school.



## Lunch Program Update



Dear Parents and Guardians,

I hope this message finds you well. I'm writing to share some important updates about our school's lunch program.

As you may know, our lunch program is now free of charge. While this is wonderful news, it also means that we have limited spots available and just enough supervision to safely accommodate all students. For this reason, only students who are officially registered in the lunch program may stay at school for lunch.

**Unfortunately, we are unable to accept drop-ins at this time.**

To ensure fairness and safety, we are currently prioritizing families who meet the following criteria:

- Both parents are working or attending school during the day.
- Your child does not receive lunch program services from their daycare provider.

We understand that every family's situation is unique, and we will consider special circumstances on a case-by-case basis.

If you would like your child to be considered for the lunch program, please fill out the Lunch Program Registration Form, available at the school office. We also have a waiting list, and we will do our best to accommodate families as space becomes available.

As the year progresses, we hope to gradually open more spots so that all students who need lunch supervision can participate—regardless of their parents' work or school status. However, we must expand slowly to ensure student safety.

Please note that students in the lunch program are expected to follow all safety rules.

- Keep your hands and feet to yourself at all times
- Use kind words to solve problems
- Ask a grown-up to help
- Respect and listen to the lunch supervisors
- Remember to respect yourself, respect others and respect the world around you

If a student is unable to meet these expectations, we may ask families to make alternative lunch arrangements.

Thank you for your understanding and support as we work to provide a safe and inclusive lunch environment for all.



**PLEASE PACK HEALTHY CHOICES. IF YOU ARE SENDING EXTRA SNACKS IN YOUR CHILD'S LUNCH. EXTRA FRUIT OR CHEESE AND CRACKERS ARE GOOD CHOICES! FOODS THAT ARE HIGH IN SUGAR AND FAT CONTENT NEED TO BE LEFT AT HOME.**

**JUST A REMINDER... DO NOT SEND ANY PEANUT OR NUT PRODUCTS OR ANY FISH (INCLUDING TUNA, OR SALMON) AS THERE ARE STUDENTS WHO HAVE LIFE THREATENING ALLERGIES TO THESE FOODS.**

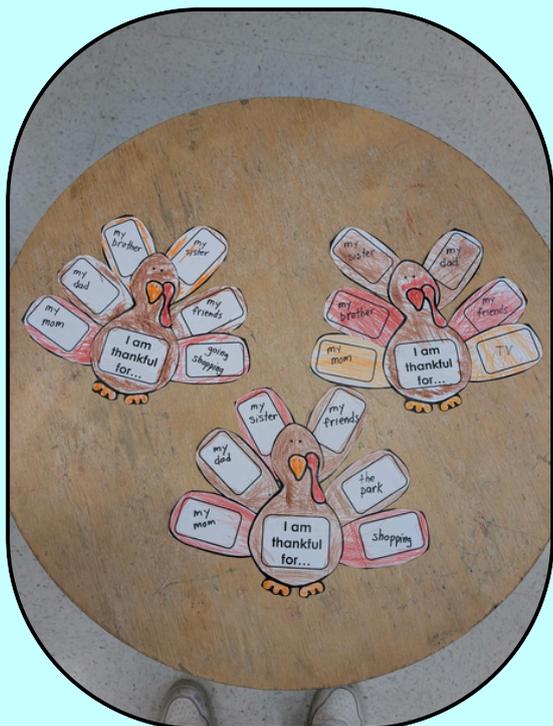


## News From Room 124



Over the past month the nursery students have been exploring the season of fall. We have seen our outdoor environment changing all around us and created some art work connected to our new season. We used different leaves to make leaf etchings using fall colors and also used leaves to make collages. One of our projects involved making 3D pumpkins.

Thanksgiving was last month so we created Thanksgiving turkeys and talked about things that we are thankful for. We sure do love our families and we appreciate everything they do for us. Since school is rather new for us we have also been exploring what it means to be a good friend and what our responsibilities are in the classroom and outside on the playground. We are working on sharing, respecting others and using our words to tell others how we are feeling.

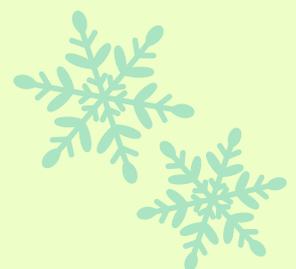
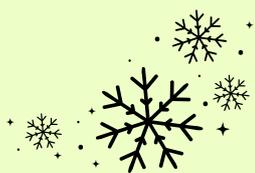




## WINTER IS ON IT'S WAY!!!

With the colder temperatures...  
Please keep in mind the following:

- ⇒ **-28°C , (including windchill,) There will be indoor recesses—(Temperature reading at the Forks)**
- ⇒ **-28°C There will be no patrols and adult crossing guards will be on duty for reduced times**
- ⇒ **DO NOT send your children to school before 8:50 and 12:50**
- ⇒ **If your child needs mitts/hats please have them tell their teacher or have them come to the office.**
- ⇒ **Stay off of and away from water areas as the ice is very thin**



# Family Room

# NOVEMBER

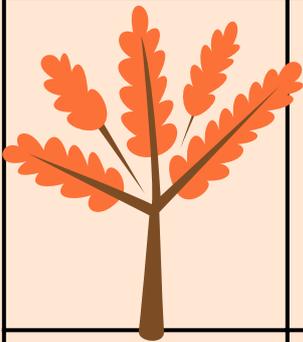
monday

tuesday

wednesday

thursday

friday



Craft  
1:15 pm

Nutrition  
Bingo  
2:30

Family  
Gathering  
5 pm

Mindfulness  
with Hamda  
1:15 pm

3

4

5

6

7

Craft  
1:15 pm



Painting 9am

Mindfulness  
with Hamda  
1:15 pm

10

11

12

13

14

Craft  
1:15 pm

Nutrition  
Bingo  
2:30

Family Event  
-stay tuned  
for more  
info!

PD  
no classes

17

18

19

20

21

Family Room  
closed

Cooking Class  
1:15 pm

Nutrition  
Bingo  
2:30

Student Led  
Conferences  
PM  
Stop by the  
Family Room!

Student Led  
Conferences  
No Classes

24

25

26

27

28

# FAMILY ROOM NEWSLETTER



November 2025

## MINDFULNESS WITH HAMDA

Friday November 7 and 14th

1:30-2:30 pm

Take a break and relax!  
Learn ways to improve your mental health.

## COOKING CLASS

November 25th

Join us to try out a new recipe and take home your creation!  
Check the white board between the doors for upcoming recipes.

## CRAFT TIME



November 3, 10, and 17<sup>th</sup>

All supplies provided!  
Come out and create

## FAMILY GATHERING

THURSDAY, NOVEMBER 6

5-6PM

**PLEASE CALL 204-942-6965  
IF YOU WILL ATTEND TO ENSURE  
WE HAVE ENOUGH FOOD**

## NUTRITION BINGO

Food prizes for all participants!  
Wednesdays  
Nov 5, 19, 26<sup>th</sup>  
@ 2:30 pm

## COME SEE US!

The Family Room will be open during Student-Led Conferences on November 27<sup>th</sup> from 4-8 pm. Stop by for a cup of coffee and to learn about the programs and services we offer.

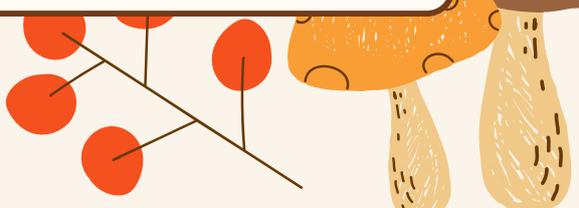
## CONTACT US!

Hamda

[hahmed@wsd1.org](mailto:hahmed@wsd1.org)

Nicole

[nichristmas@wsd1.org](mailto:nichristmas@wsd1.org)





# NOVEMBER 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Day 1	4	Day 2	5	Day 3	6	Day 4	7	Day 5
		HEARING SCREENING		HEARING SCREENING		Family Gathering 5:00			
10	Day 6	11		12	Day 1	13	Day 2	14	Day 3
REMEMBRANCE DAY ASSEMBLY 11:00  		 NO CLASSES							
17	Day 4	18	Day 5	19	Day 6	20	Day 1	21	Day 2
								 NO CLASSES	
24	Day 3	25	Day 4	26	Day 5	27	Day 6	28	Day 1
		PICTURE DAY RETAKES - AM ONLY   Report Cards go home				 4:00 - 8:00		9:00 - 12:00 PM NO REGULAR CLASSES	
						<b>Looking ahead .....</b> Thursday, December 4, 2025 ..... Family Gathering Wednesday, December 17, 2025 ... Winter Concert Grades 1-6 - 6:00 - 7:00 Thursday, December 18, 2025 ..... Winter Concert, Kind, and Nursery AM and PM Friday, December 19, 2025 ..... last day before Winter Break			

