Mulvey School

NEWSLETTER

NOVEMBER 2026

ADMIN MESSAGE

Dear Mulvey Families,

As we settle into the school year, it's wonderful to see the learning happening in our classrooms and students connecting with one another beyond the classroom. Meaningful classroom-based learning remains our priority, and we have high expectations for every student to learn, grow, and achieve their best. Alongside classroom learning, we will continue to offer divisional and community-based sports and arts programming, as well as a variety of extracurricular activities whenever possible. We want every child at Mulvey to know they are capable of learning, discovering their interests and talents, and feeling valued and connected to our school community.

Our monthly assemblies are a chance to celebrate and showcase student learning, and we love having families and community members join us! We warmly invite you to our Remembrance Day assembly on November 10 at 10:00 a.m., where our Grade 5/6 students will lead the service and our Grade 3/4 students will share their learning and reflections as we honour Canadian Armed Forces members and veterans.

With the transition to PowerSchool, our new student information system, report cards will go home on December 2 this year. We look forward to connecting with you during our family conferences on November 19 and 20 to celebrate your child's strengths and discuss their growth, both as a person and as a learner. You will receive an email soon with information on how to schedule your meeting. While report cards are one way we share your child's learning, we value the ongoing conversations and partnerships with families that help us support every child's growth and success.

We've been refreshing our monthly newsletter and appreciate the ideas and feedback shared by our Parent Advisory Council. We hope to include more photos to give you a glimpse of the learning and events happening at Mulvey. Our newsletter is another way for teachers and the school to share what we've been up to and what's coming next. We hope you enjoy it!
A big thank-you to our Parent Council for preparing Halloween treats for our kiddos, and to all our families and staff for the many ways you contribute to our Mulvey community!

Warmly,
Amanda & Gaston

CLASSROOM LEARNING

Room 1 Update

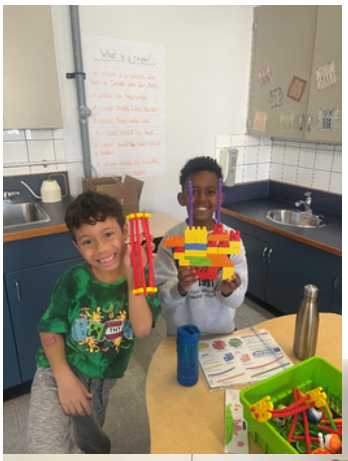
Happy October!

This month, we're building our writing skills through a fun monster-writing project! Students are using descriptive language to bring their drawn monsters to life. At the end of the month, we'll exchange our writing with another classroom to see if our descriptions help others recreate our monsters. In Math, we're exploring place value, expanded form, number patterns, and skip counting.

In Science, we're testing building materials and learning about structures ahead of next month's structure-building contest. In Social Studies, we're exploring citizenship, rights, and responsibilities, while preparing to label the provinces and territories on our class map of Canada.

It's been a wonderful month, and we look forward to growing together in November!

Mrs. Husack





Room 2 Update

As we welcome the Fall Season, we have been moving into the exciting unit entitled "Apples and Pumpkins". We are learning about apples and pumpkins! We will make patterns, sort and count apples, compare sizes, make apple prints, and enjoy fall songs and poems. We will also practise listening and following directions.

We are learning to enjoy books by looking at pictures, talking about stories, and sharing our ideas. We will also be exploring our "All about me" theme, where the children will have opportunities to share about themselves, their families, their interests, and the things that make each of us special.

Thank you so much for your continued support. I am looking forward to another exciting month on our learning journey.





Room 3 Update

Mrs. K. Blatt – Kindergarten

I hope everyone has been enjoying the beautiful fall weather we have been having; I know we have appreciated watching the colourful leaves fall from the trees! Our class loved exploring the outdoors and observing the different sizes and colours of leaves and incorporating our learning into our art lesson: leaf paintings.

The month of October was a busy one. For Thanksgiving, we received a generous donation of fruit from the kindergarten class at Balmoral Hall School. We enjoyed making a delicious fruit salad and had thoughtful conversations about what we are thankful for. It was wonderful to make personal connections as a classroom community and share them in new ways. Students also enjoyed learning about fire safety and had fun exploring the fire truck on our school playground. Towards the end of the month, we did a “pumpkin investigation” where students made observations and counted pumpkin seeds. A definite highlight from October was when students came to school wearing their costumes on Halloween!

We continued learning about letters by practicing, identifying, printing, and learning the sounds that they make. So far, we have focused on the letters: Aa, Mm, Ss, Tt, and Pp. We have been developing counting skills each day during calendar time and have been learning about a variety of shapes in math by identifying, sorting, and drawing various shapes. Speaking of shapes, we are beginning to work on our scissor skills; the students worked very hard to cut out their own shapes for our math and art activities.

During the month of November, a learning topic we will continue exploring is “feelings.” Students have started to discover and identify a range of emotions, and we will continue to have conversations around strategies we can use to self-regulate our feelings. We will also discuss the feeling, and ideas about the word “peace" during our Remembrance Day classroom activities.

I am excited for another fabulous month of learning! Just a friendly reminder: parent teacher conferences are on November 19th and 20th. I am looking forward to sharing the wonderful learning experiences your children have had in kindergarten so far this year during our upcoming conferences.





Room 5 Update

October 2 — School Bus Ridership Safety
Ms. Cruzada's class took part in a school bus ridership presentation and learned important safety rules for riding the bus.

Classroom Support
Ms. Venus and Ms. Klassen supported and assisted students with their classroom learning activities.





Comparing Numbers: Greater Than, Less Than, and Equal To
The students are working on comparing numbers using the greater-than (>), less-than (<), and equal-to (=) signs.

October 7 — Fire Prevention Week
Our class kicked off Fire Prevention Week at Mulvey School with a special presentation from the Winnipeg Fire Department!

Room 6 Update

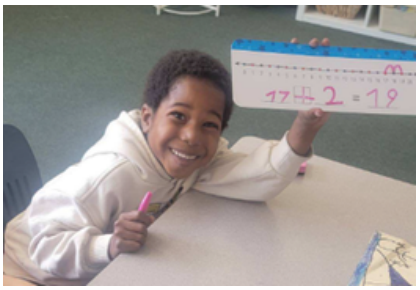
This month in room 6 we continue to explore our Fall theme. We were able to create our own jack-o'-lanterns. Some of us enjoyed scooping it out and feeling the insides. Others did not like the feel of the insides and chose to simply paint or design the outside. Some of us loved to pour paint inside the pumpkins. On Fridays we learn how to prepare different fun recipes together. We use simple, healthy ingredients and we take turns being the special helper. We are able to take home the recipe so we can try it again at home. We have had so much fun

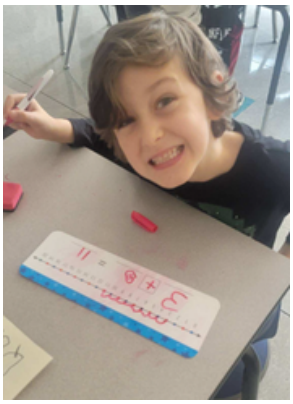




Room 7 Update

We continue to get to know each other and are working on building respectful friendships with one another. We have also been practicing our classroom routines and transitions every day. We were going to be beginning our classroom Literacy Hour Framework and start our Home Reading this month. We are on our way to becoming more confident readers and writers. For math, we have been reviewing counting forward and backward, using our subitizing skills, using number lines, and practicing using the Counting on Math Strategy for addition. I am very excited to be a part of all the learning taking place in our classroom! I am looking forward to seeing everyone on November 19th and 20th for Parent Teacher Conferences where we can celebrate all the learning that is taking place.





Room 10 Update

We are learning about two important teachings:
Courage (The Bear): Trying new things, speaking up, and doing what is right even when it is hard.
Respect (The Buffalo): Being kind to others, sharing, and taking care of our classroom and nature.
Math:
Making 10: We are practicing different ways to make the number 10 (like 7 + 3 = 10).
Building Numbers: We are using hands-on tools to build and show numbers.
Science/Outdoor Learning:
We are going outside to explore nature and look at the weather.We are learning how weather changes slowly (like seasons changing from fall to winter) and fast (like a sudden rain or wind). We are slowly moving on to what matter is (solid, liquid, gas).
We are continuously practicing our fine motor skills to zip up jackets, hold our pencils correctly, and pick things up with tweezers.





Room 13 Update

This month is shaping up to be a tremendous one. The students are beginning to apply the skills they already possess and apply new ones they have learned so that they may "Earn Their Learning". In Social Studies we are focused on increasing our understanding of the significance of Remembrance Day. In Language Arts our focus is on writing, specifically learning how to write proper paragraphs. In Science, we will continue to advance our understanding of the solar system and the concepts of the change of the seasons and the night and day cycle. In Math, we are continuing to develop and expand our understanding of geometry by looking at the characteristics of geometrical shapes.

Mr. Kussin





Room 16 Update

Room 16 had some wonderful learning in the month of October. We had some spooky music lessons, to go along with the Halloween music theme. We also had a day of learning with the Winnipeg Fire Department where the students of room 16 were able to ask questions, experience sitting in a firetruck, and learn many beneficial and practical ways to deal with scary and sometimes unpredictable situations. In the class, we have been journeying into the world of weather (the kids love the weather app "Accuweather") and loving it. We are excited to continue our journey of learning through reading, writing, and math.

Enjoy a few pictures from last month.





Room 17 Update

We have had another great month in Room 17!
One of our main projects combines our learning in science with our writing in E.L.A. Students have been writing about imaginary buildings that should be world-famous! Their ideas have been amazing, and they have done a fantastic job incorporating vocabulary from our science unit.
In math, students have been strengthening their place value skills by using place value blocks, writing numbers in expanded and written form, and creating artistic mathematical interpretations.
In Social Studies, we have been exploring leadership. Students have discussed what makes a good leader and identified important leaders in our school and community. Next, they will begin researching an important Canadian leader of their choice!
It has been another wonderful month of learning and creativity in Room 17!





Room 18 Update

We have been continuing to learn about Canada and are almost finished our research books on the provinces and territories. One of the things we do every week is We Will Write Wednesdays which is an online program with different writing prompts. We are practicing our typing skills and our writing skills at the same time. It is a lot of fun. The program even counts how many words the class types all together. We are trying to beat our word count every week. In math we are reviewing borrowing and carrying when we are doing our multi digit addition and subtraction questions. In Science we are continuing our inquiry into Space, have asked many questions and are watching, reading and exploring different aspects of our universe.





Room 19 Update

We've had another busy month of learning in Room 19! In math, we have been working on place value and are now learning and practicing both addition and subtraction of numbers up to 1,000,000. In ELA, we are reading the novel Holes as a class, following our spelling program, and continuing to develop our writing skills.

In science, we are wrapping up our unit on habitats and food chains with a final diorama project that allows students to demonstrate what they have learned. In social studies, we are finishing our exploration of Canada's geography, including the provinces, territories, and physical features of our country.

A quick reminder to please encourage your child to fill in their reading log regularly at home and to use Mathletics to practice their math skills. Regular reading and math practice at home helps reinforce what we are learning in the classroom.

We are looking forward to another great month of learning!





Room 20 Update

I hope everyone has had a chance to step outside and soak up the beautiful fall weather! It's the perfect time for fresh air, colorful leaves, and cozy moments with friends and family.

Throughout November we will be continuing our study of Canada as well as rights and responsibilities.

In English Language Arts, we will continue to work on sentence structures, opening and closings for writing and punctuation.

In math, we will be continuing to learn more about place value, time and rounding.

In Science, we've been exploring how to wonder and ask questions.

While you're out for a walk or driving in the car, try some fun skip counting practice! Counting forward and backward by 2s, 3s, 4s, 5s, and 10s helps students become faster and more accurate when working with numbers. It's a simple and playful way to boost math skills on the go!

I look forward to connecting with you during Parent/Teacher interviews on November 19th and 20th. This is a wonderful opportunity for you to discuss your child's strengths and next steps.

Room 21 Update

October has been a busy month. In math, we finished our unit on time and moved on to learning about place value. In November we will begin our big unit on addition and subtraction with answers up to 10,000 for the grade 4's and 1,000 for the grade 3's. In science we are still working on our materials unit. For social studies, we are finishing up our unit on different forms of communities. Students are demonstrating their learning by creating a poster that shows how they interact with the 7 levels of communities in Canada. In ELA we are working on finishing up a booklet that answers 4 questions:

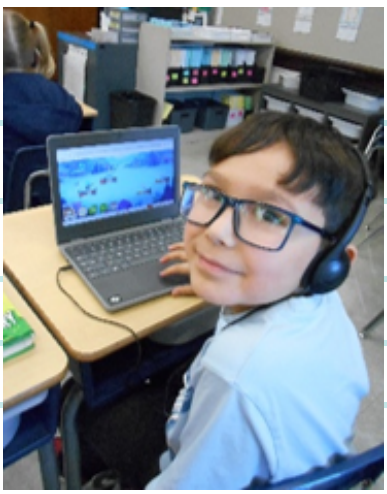
· Who am I?
· Where am I from?
· Why am I here?
· Where am I going?

I look forward to seeing you at our parent teacher meetings in November.

Room 22 Update

In the month of October, the students were busy starting our new ELA groups. Four days out of the school cycle the students get a chance to work in these groups. The students work on improving their reading and writing skills with a focus on reading for 2 of the days and writing for the other 2 days. The class is doing such a good job at this! In Social Studies the class finished our unit on Connecting with Canadians and will be moving on to a new unit in November on the Geography of Canada. The class almost finished our Science unit on Soils in the Environment and at the beginning of November the class will have the opportunity to go to Oak Hammock Marsh and take part in a program all about soils! Looking forward to seeing all the families at our parent-teacher meetings in November!

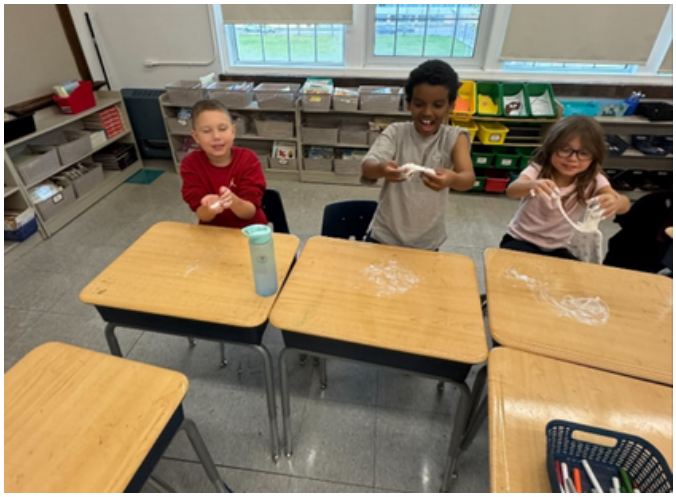




Room 23 Update

In Literacy, we have started our home reading program! Students are encouraged to read their books at home and write about what they have read. Once they have completed their current book, they can exchange it for a new one. We have also been exploring an exciting book series called How to Catch, where we see students designing and building creative traps to try to catch different things. These stories have sparked students' imaginations and connect beautifully with our Science unit on materials and structures, as we explore how different materials can be used to design and build!





Phys Ed. Update

What We're Learning : Students have been focusing on personal fitness through exercise stations and fun fitness games! In November, Grades 4–6 will work on volleyball fundamentals, while Kindergarten–Grade 3 will focus on striking skills and applying them in games.

Extracurricular Activities

· Inner City Soccer: Mulvey will have two Grade 5/6 teams competing in the Inner City Soccer Tournament at the University of Winnipeg, running from late October to early March.

· HOOP School: After-school basketball programming takes place on Wednesdays from October to December, 3:30–5:00 p.m.

Keep moving and having fun! -Mr. A and Ms. Lisi





Art Update

Welcome back to Ms. Brenna's Artists Alley!

Our "Line" learning continues as students in all grades continue their contour line look drawings of our gorgeous flowers. We are combining our efforts now and working together as a school. All students in grades 1-6 participating in a group drawing of our plants showing their amazing "growth" in sketching ability. Especially considering that no one was permitted to draw using pencils and erasers... permanent markers only! Once the group mural drawing was completed, we have taken some time in October to practice some watercolour painting skills. These skills are then being applied to their gorgeous individual drawings. We will be finishing up this portion of our Line unit by the end of the month and moving on to our next "Line" exploration in November! Here are some Oct photos of this part of our learning process.

Keep up the hard work and focus everyone! I am so impressed with you all so far!

Ms. Brenna





Music Update

This month, our N/K and primary Music Makers explored rhythm, melody, and keeping a steady beat in fall-themed songs. Our Intermediate Music Makers explored rhythm, melody, and the difference between major and minor harmony in our Creepy Lullabies and Nursery Rhymes Unit on Orff instruments. All our grade 1-6 Music Makers learned about a Musician of the Week, including Dolly Parton, Mozart, Sherryl Sewepagaham, the Jackson 5, and more!



On the playlist for November and December, our Music Makers will begin honing their singing voices and preparing for this year's Winter Concert on Wednesday, December 16, 2026. Our choir and Orff ensemble will also perform at our Remembrance Day ceremony on November 10th.



Rhythmically yours,

Mr. G.

MULVEY MOMENTS

National Day for Truth and Reconciliation Assembly





Gordon Bell/Mulvey 100th Anniversary School Tour (Oct 10)











Mr. Correia joined our tour with Ms. Huang!
Mulvey ambassadors from our current and former students!



Mrs. Barb Hilton, Mulvey's Head Clerk from September 1976 to January 2001, graciously returned to the Head Clerk's chair, now occupied by Jenn Cullen, for a special photo! Barb fondly remembers the "Mulvey Magic," and we continue to aspire to keep that magic alive! ✨

Fire Prevention Week Kick Off







Halloween









SCHOOL NEWS AND DATES

Mulvey School Remembrance Day Assembly

November 10 at 10:00 AM

As we prepare for our Remembrance Day Assembly on November 10, we hope to welcome and honour five veterans or current Canadian Armed Forces members from our community as part of our ceremony.

We are reaching out to our Mulvey families to see if anyone has a family member who is a veteran or currently serving in the Canadian Armed Forces and would be interested in joining us. No speech is required. We would simply love the opportunity to recognize and honour them for their service. If you know someone who may be interested, please contact Ms. Luka at aluka@wsd1.org
or call the school to speak with her by Wednesday, Nov 4, 2026.

We also warmly invite all families to attend the assembly as we come together to remember and honour those who have served
and continue to serve our country.

Thank you for helping us make this a meaningful opportunity for our students and school community to reflect, remember, and express our gratitude.

Lest we forget.

Mulvey School

Family Conferences

Family Conferences will be held on Thursday November 19th 4:00-8:00 pm
and Friday November 20th 9:00am-12:00pm.

An email to families will be sent out early November with the link to sign up virtually!

Terry Fox Fundraiser

This year's Terry Fox Fundraiser was a success!
The students worked hard and raised **$1,725.00**
to be donated to Cancer Research!
Congratulations Mulvey!



PROTECT SLEEP TIME FROM SCREEN TIME!

SCREEN TIME & CHILDREN

A friendly guide for families with school-aged children

Screens are part of modern life. The Canadian Paediatric Society says both the content children see and how screens fit into daily routines matter. Heavy or poorly timed use can get in the way of sleep, physical activity, learning and face-to-face connection. Screens can also support learning and positive social experiences when chosen thoughtfully.

What can too much screen use crowd out?

SLEEP

Screens close to bedtime may delay sleep and affect mood, memory and behaviour.

LEARNING

Using multiple screens at once can make homework and learning harder.

MOVEMENT

Long sedentary stretches can leave less time for active play and exercise.

CONNECTION

Screens can take time away from family conversation, friends and shared activities.

A healthy day needs balance

Screens can be useful—but they should not crowd out everyday essentials.



Illustration of priorities—not measured data or a recommended time split.

Small changes that help

1. **Make a family media plan.** Agree on when, where and what children can watch or play.
2. **Protect bedtime.** Aim for a screen-free hour before bed and keep recreational devices out of bedrooms when possible.
3. **Be involved.** Choose age-appropriate content, watch or play together when you can, and talk about what your child sees.
4. **Keep the balance.** Make sleep, movement, reading, meals and face-to-face time priorities. Avoid screens during family meals and homework multitasking.

A helpful question: Is screen use interfering with sleep, schoolwork, physical activity, family time or mood? If yes, try adjusting the routine together.

Based on the Canadian Paediatric Society, "Digital media: Promoting healthy screen use in school-aged children and adolescents" (ages 5–12 and adolescents; reaffirmed July 4, 2025). This is a parent-friendly summary, not a diagnostic tool. Evidence on screen use is nuanced; effects depend on content, context, timing and the child.

Read the full Canadian Paediatric Society statement

https://cps.ca/en/documents/position/screen-time-and-preschool-children

Mulvey
SCHOOL LIBRARY





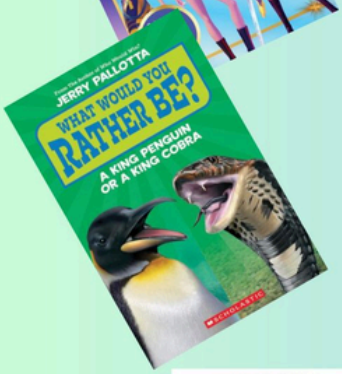
SCHOLASTIC
BOOK FAIR
ADVENTURES IN READING





November 19 @ 4 - 8pm

November 20 @ 9am - 12pm

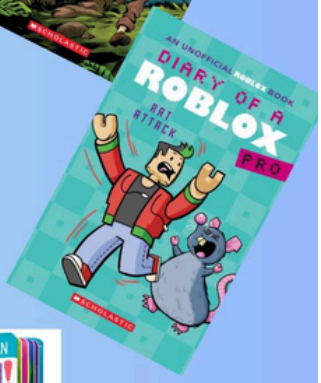












In the Library!

during

Family Conferences





Please come and visit us at the Mulvey Book Fair held in the library during Family Conferences on the evening of Thursday November 19th and morning of Friday November 20th.

Book Fair is a wonderful time for students to show their families new books, posters and school supplies that they can purchase and enjoy for years to come at home!
This is a fun event within our school community, that often leads to a lifetime love of reading.

This is also an important fundraiser for Mulvey's library to help us grow our collection, that often includes students' favourites! After Book Fair, students are always excited to explore the new titles on the shelves available to borrow during their library book exchanges.

Thank you so much for your ongoing support, that we so appreciate! We can't wait to see you!

Miss Sarah Jane

WINNIPEG SCHOOL DIVISION

EARLY READING SCREENING

Your child will participate in early reading screening at school as part of a comprehensive approach to literacy learning.



Who will participate?

French Immersion

- Kindergarten to Grade 2
- Tool: Test des habiletés fondamentales en littératie (THaFoL)

All other programs

- Grades 1 to 3
- Tool: Dynamic Indicators of Basic Early Literacy Skills (DIBELS)

Some students with an Individual Education Plan may not be required to participate in screening.

Why are we screening?



Early reading screening is one piece of information that teachers use to:

- Understand your child's strengths, needs, and progress in reading
- Identify whether a child may benefit from additional reading support

Early reading screening is like a quick temperature check.

What is involved?



Screening focuses on some early literacy skills that support strong reading. A child may be asked to:

- Identify letters and their sounds
- Sound out words

Activities vary by grade, and no preparation is needed.

Benchmark results provide a snapshot. They do not show everything a child can do as a reader.

What happens after screening?



- Teachers use screening information, along with classroom work, observations, conversations, and other assessments, to plan instruction.
- Teachers will share early reading screening results with families during ongoing conversations about learning. Results are also included on report cards twice a year.



Questions?

Please contact your child's classroom teacher.

NEW RULES FOR

E-Scooters and Other Personal Electric Vehicles

COMING IN 2027

Manitoba is introducing new rules for **Personal Electric Vehicles (PEVs)** to help keep everyone safe when sharing roads, paths and other public spaces.

What is a PEV?

In Manitoba, a PEV is a small electric vehicle for personal transportation that runs on electricity. Examples include:



Electric kick-scooters ("e-scooters")



Self-balancing scooters and hoverboards



Electric unicycles and similar devices

WHO CAN RIDE?

16+ ONLY. PEV riders must be at least 16 years old.

NO HELMET? NO RIDE.

Everyone on a PEV must wear a properly fitted helmet, including passengers (if the PEV is designed to carry a passenger).

WHERE CAN YOU RIDE?

- Roads with speed limits of **50 km/h or less** and shared paths, like bike paths
- PEVs are not allowed on sidewalks

HOW FAST CAN YOU RIDE?

- Maximum **25 km/h**

SIDEWALK RULES

NO SIDEWALKS. PEVs are not allowed on sidewalks unless there is a sign or traffic control device specifically allowing it.

OTHER RULES OF THE ROAD

When riding a PEV:

- Follow traffic signs and signals
- Use hand signals when turning or stopping
- Ride in single file
- Carry only the number of passengers the vehicle is designed for
- Don't use headphones or earphones in both ears while riding
- Turn on the front white light at night or whenever visibility is poor
- Ride as close to the right curb as practicable

PEVs MAY BE INSPECTED

Peace officers may stop and inspect a PEV and safety equipment at any time.

BE ALERT

Don't text while riding.

16+ | Helmet required | Roads ≤ 50 km/h
PEV ≤ 25 km/h | No sidewalks

To learn more, visit
Manitoba.ca/mti/roadinfo/personal_electric_vehicles.html

Manitoba

Manitoba

FREQUENTLY ASKED QUESTIONS
PERSONAL ELECTRIC VEHICLE

What is a Personal Electric Vehicle (PEV)?
A Personal Electric Vehicle (PEV) is a small electric-powered vehicle used for personal transportation. Examples include electric kick-scooters (e-scooters), electric skateboards, electric unicycles, and similar devices.

Why are rules being introduced for PEVs?
PEVs are becoming more common in Manitoba. The new rules will help keep riders and others safe by making it clear where PEVs can be used and what rules riders must follow.

How old do I have to be to ride a PEV?
You must be at least 16 years old to ride most PEVs, such as an e-scooter.

Do I have to wear a helmet?
Yes. Everyone riding all PEVs must wear a helmet.

Do I need a driver's licence?
No. You do not need a driver's licence to ride a PEV.

Do I need registration, a licence plate, or insurance?
No. PEVs do not need registration, licence plates, or insurance. Like bicycles and e-bikes, they can be used without these requirements.

Where can I ride a PEV?
PEVs can generally be ridden in places where bicycles are allowed, unless local signs or rules say otherwise. PEVs, except for e-bikes, can only be ridden on roads with speed limits of 50 km/h or less and shared paths.

Can I ride on the sidewalk?
Usually not. PEVs are not allowed on sidewalks unless signs specifically allow them. Some municipalities may allow them in certain areas.

How fast can I ride?
The maximum speed for a PEV is 25 km/h.

Can I carry passengers?
Only if the PEV is designed to carry more than one person. Most PEVs, such as e-scooters and electric skateboards, are made for one rider.

What rules do PEV users need to follow?
PEV riders must follow the same basic rules of the road as other road users. This means obeying traffic signs and signals, riding safely, and never riding after using alcohol or drugs. Riders must also wear a helmet, avoid texting while riding, and follow the 25 km/h speed limit.

PARENT COUNCIL NEWS

Greetings friends and families of Mulvey School!
It feels like we have absolutely launched into a new school year (it's already Halloween?!) and we of the parent council wanted to reach out to everyone as we plan our activities for the year.
We are all familiar with the challenge of finding the time and energy to commit to extra activities and we really wanted you to know that your involvement at any level helps build the sense of community and familiarity that we strive for at Mulvey and is incredibly valuable to us.
As much as we appreciate having a solid core of parents who regularly attend our meetings and events we also are grateful for the support we get from folks who drop in to help here and there.
There are many ways to engage with the parent council from attending our monthly meetings to lending a hand when we are running a fundraiser or supporting a school event.
If you are able to help with packing bags for our pizza lunches once a month or hand out raffle tickets at our winter concert it has an impact. If you are not available during the day but can join us for our Community BBQ or after school activities it has an impact.
We meet on the last Monday of the month virtually and would like you to consider joining us.
If you would like to contact us you can either let the school know or you can reach out directly to mulveypc@gmail.com.

Hope to see you soon and thanks you for making our community what it is!

Mulvey PAC

Virtual Parent Council Meeting Dates 2026/27:

- **Monday, Oct. 26 — 5:30–6:30 pm**
- **Monday, Nov. 30 — 5:30–6:30 pm**
- **Monday, Jan. 25 — 5:30–6:30 pm**
- **Monday, Feb. 22 — 5:30–6:30 pm**
- **Monday, Mar. 22 — 5:30–6:30 pm**
- **Monday, Apr. 26 — 5:30–6:30 pm**
- **Monday, May 31 — 5:30–6:30 pm (Final)**

All parents are welcome to join at any time!

Click here to Join!

Community Support Worker Corner

I hope you are all enjoying the bonus warm weather Mother nature has gifted us. A lot is happening on our side. It is already November, we are getting into the busy but fun season.

🍎 Mulvey Food Program

The Mulvey Food Program continues every Wednesday morning.

- When: Every Wednesday
- Time: 8:45 a.m.

Please remember to bring your own reusable bag to carry your food items.

Volunteers Needed

We are looking for volunteers to help:

- Tuesdays: 1:30–2:30 p.m. to sort and pack food
- Wednesdays: 8:30 a.m. to help prepare for food distribution

If you are available to volunteer, please contact me at the school or email me at jkiwanuka@wsd1.org.

To keep families informed about what will be available on Wednesday mornings and about our weekly programs, we will continue to send our Tuesday Communication through Messenger. Please check your Messenger every Tuesday evening.

🌎 Mulvey School Multicultural Family Fun Cooking Program

I know we have missed Sept and October, but we will continue to travel the world together from our own kitchens through the Mulvey School Multicultural Family Fun Cooking Program! In November, we will travel to Philippines.

For each cooking session, I purchase the ingredients, prepare and pack them, and families can pick them up from Room 4 on Thursday or Friday morning.

Families are encouraged to take pictures or videos while cooking and share them with me. We will also connect through Google Meet, where families can cook together and share recipes and experiences from different cultures.

- When: Once a month, on the last Friday of the month
- Time: 4:30 p.m.
- To Register: Email Justine during the first week of each month at jkiwanuka@wsd1.org

Come cook, learn, share, and connect with other families from the comfort of your home!

This is a family event where everyone can get involved—from little ones and children working together with parents to grandparents, uncles, and aunts. It is a fun team effort where the whole family works together to bring delicious food to the table!

Please email me so I know who is interested.

🧥 Winter Warm Wear

Every Mulvey School students received a nice and warm new winter jacket. I hope you were as excited as us in the school.

If it is OK with you, please send me note about your child receiving a free new jacket . I plan to send those communications to our donors if you are OK for me to share with them. We will continue to commit to ensuring that all students come to school dressed in warm, comfortable winter clothing.

Community Support Worker Corner

🛍️ **Mulvey School Free Giveaway – "The Free Shopping"**

It is back again in November—The Free Shopping event! This time it is big than you can imagine because we will have two or more school working in partnership with Mulvey school provide all that we can to our community for free.
I will need volunteers to help with setup and bring down at the end of the event. If you are available to help, please contact me by email at jkiwanuka@wsd1.org or call the school.

Donations

The parents' room appreciates donations and thanks to all who supports. Just a friendly reminder, please let me know about the donations left in the room. Most importantly all donations can only be put on the table in the middle of the room not anywhere else in the room. This is to avoid mixing the donations and the lost and found.

💡 **Future Programs for Consideration**

Service Canada:
Mulvey School has been working alongside Service Canada, and we are thankful for their supporting our community with information and guidance on services they provide. On November 17 we are planning a Session for our New Parents in Mulvey school. The will provide information that Service Canada provides and will assist our community to learn and understand how and what Service Canada offers.
On November 24 for Session 2 (Indigenous Parents).
a presentation providing an overview of relevant benefits and services, followed by time for questions and one-on-one support.
Just a reminder. I still would love to hear from you about which of the following programs you would be interested in taking part in:

- **CPR/First Aid Training**
- **BINGO**
- **Family BINGO**
- **Money Stories**
- **Kids in the Kitchen – Grade 5 and 6 coming soon**
- **ADHD, Autism, and Anxiety Awareness Sessions**
- **Indigenous Programs**

🤝 **Volunteers Needed**

Your feedback will help us plan programs that are meaningful and helpful to our Mulvey community.
Volunteers are the fabric that keeps our Mulvey School community growing and vibrant.
Because of our wonderful volunteers, our programs continue to grow and remain consistent. Your time, energy, and support make a real difference to our students and families.
I am calling on you once again to come and support us. Together, we can continue to make great things happen, just as we always do!

Interested in Volunteering?

If you would like to become a volunteer and have not yet completed a volunteer application, please see me. I will provide you with the application and can assist you with completing it if needed.
The application requires two pieces of identification, including one photo ID. I will make copies of your identification, and you will keep your original documents.

❤️ **Thank You!**

Thank you for being an important part of the Mulvey School community.
Together, we continue to build strong connections, support one another, and create a welcoming, inclusive, and vibrant community for all our students and families.

Ms. Justine Kiwanuka, Community Support Worker 204-786-3469 jkiwanuka@wsd1.org

acorn Family Place

Fall Flu Clinic

NOVEMBER 3RD FROM 1-6PM

Flu and **COVID-19** vaccines for adults and children

For more information call us: 204 -560-3141

222 Furby Street, on the 1st floor

Help protect yourself, your family, and those most vulnerable in our community!

Winnipeg Regional Health Authority
Office régional de la santé de Winnipeg

Public Health Nurse Drop-in

NOVEMBER 17TH FROM 1-3PM

- Discuss any current health concerns
- Get connected to a doctor in your area
- Referrals to mental health support services
- Immunizations and vaccine education

SUPPORTING YOU & YOUR FAMILY TO DETERMINE YOUR HEALTH CARE NEEDS!

MUSIC CIRCLE with Robyn



Come join us in the Playroom for 30 minutes of singing, dancing, and fun! Every other Friday, 10:30-11 am

We love to see caregivers & children join in!

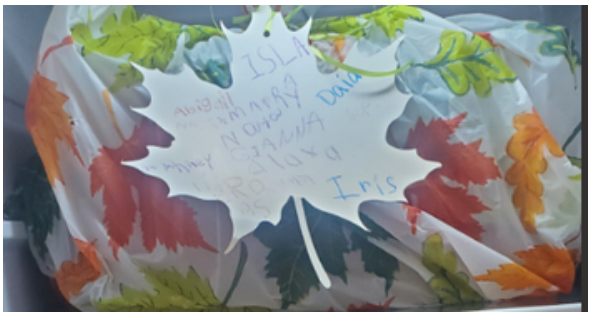
COOKING CLASS

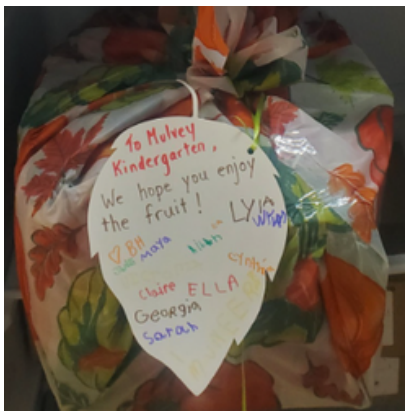
November 5th & 19th



Thank You to Balmoral Hall!

Balmoral School took on a heartfelt generosity and provided gift baskets to the two Mulvey School kindergarten classes.
Thank you Balmoral Hall!





Westminster Church Annual Christmas Sale

Westminster Church is having their annual Children's Christmas Sale on **Saturday Dec. 12th (10am to noon)**. They are looking for volunteers to help with the set-up on Friday Dec. 11th and during the sale on Saturday. If you would like to help and maybe wrap gifts and join in the fun please contact the church office at (204) 784-1330. We are looking for donations of small items — soap, candles, jewelry, scarves, toys and knick-knacks, children's books and puzzles. Donations can be dropped off at the church mornings or evenings (closed in the afternoons).

CALENDAR AND MENU

NOVEMBER 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Day 2 Admin Day No Classes	3 Day 3	4 Day 4	5 Day 5	6 Day 6
9 Day 1	10 Day 2 Remembrance Day Assembly 10:00am	11 **Remembrance Day** No classes	12 Day 3	13 Day 4
16 Day 5	17 Day 6	18 Day 1	19 Day 2 Family Conferences Evening Book Fair	20 Day 3 Admin Day No Classes Family Conferences AM Book Fair
23 Day 4 Picture Retakes	24 Day 5	25 Day 6	26 Day 1	27 Day 2
30 Day 3 PAC Virtual Meeting 5:30pm				

Date	Event
Dec.16	Winter Concert 1:30 / 6:00pm
Dec.17	Balmoral Hall Neighborhood Party (gr 1-3)
Dec.18	Pancake breakfast 9:45am
Dec.21	First day of Winter Break
Jan.4	First day back to school



SAFE
S how Respect and Responsibility
A lways come Prepared and On Time
F eet and Hands to Yourself
E veryone Learns Together

BE YOUR BEST
B elieve
E xcel
S ucceed
T ogether



November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Please note that our menu might change based on the availability of ingredients from our suppliers. We do offer vegetarian and gluten-free options every day. We appreciate your understanding and will keep you updated on any changes. Thank you for your support				
2 **No school** **Staff** **In-service**	3 **Breakfast-** granola bars **Lunch –** turkey cheese wrap & fruit (meat and vegetarian option) **Snack-** cucumbers	4 **Breakfast-** croissant & jam **Lunch -** spaghetti & sauce (meat and vegetarian option) **Snack-** cantaloupe	5 **Breakfast-** mini cinnamon bun **Lunch -** chicken noodle soup and bun (meat and vegetarian option) **Snack-** whole banana	6 **Breakfast-** hashbrown & cheese **Snack -** puff crackers
9 **Breakfast-** blueberry muffins **Snack-** fish crackers	10 **Breakfast-** waffles & syrup **Lunch –** burritos, fruit **Snack-** whole banana	11 **No school** **Remembrance Day** **Lest We Forget**	12 **Breakfast-** bagel with cream cheese **Lunch –** pasta fagioli soup, bun & milk (meat and vegetarian option) **Snack –** apple sauce	13 **Breakfast-** hashbrown, cheese & juice **Snack-** fruit sauce
16 **Breakfast-** granola bars & milk **Snack –** digestive cookies	17 **Breakfast-** blueberry loaf & milk **Lunch-** turkey sandwiches, fruit & milk (meat and vegetarian option) **Snack –** apple slices	18 **Breakfast –** bagels & milk **Lunch –** oven baked turkey cheese sandwich & milk **Snack –** whole banana	19 **Breakfast-** hashbrown, cheese & juice **Lunch –** creamy chicken and rice soup, bun & milk **Snack –** carrots	20 **No school** **Parent teacher interviews**
23 **Breakfast-** Banana oat bran bars & milk **Snack –** oranges 30 **Breakfast-** yogurts & granola bars **Snack –** fruit	24 **Breakfast-** raisin bagels **Lunch-** chicken & cheese wraps & milk **Snack –** whole banana	25 **Breakfast-** breakfast tacos **Lunch-** grilled cheese & fruit **Snack-** cucumbers	26 **Breakfast-** mini pancakes & syrup **Lunch-** turkey and sweet corn stew & milk **Snack –** apple slices	27 **Breakfast-** Hashbrown & cheese **Snack -**crackers