

# Ecole LaVerendrye

# NEWSLETTER



MAY 2026

## Ecole LaVerendrye



290 Lilac Street  
Winnipeg, MB R3M 2T5

[School Website](#)

### School Hours:

8:20 - Entry Bell  
8:30 - School Starts  
10:00-11:00 - AM Break  
11:00 - AM N/K Dismissal  
12:30 - PM N/K Start  
12:30-1:30 - PM Break  
3:00 - End of Day

### Principal

Mme. Amanda Capina

### Head Clerk

Mrs. Jennifer Peters

### Winnipeg School Division:

1577 Wall Street E.  
Winnipeg, Manitoba R3E 2S5

### Transportation Department:

(204) 789-0452



## Important Reminders

May 1<sup>st</sup>

Family Groups Event

May 6<sup>th</sup>

NK Spring Concert

May 7<sup>th</sup>

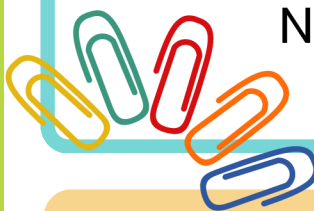
Grade 1-6 Spring Concert

May 8<sup>th</sup>

NO SCHOOL

May 18<sup>th</sup>

NO SCHOOL



## Contact Info

✉ email: [lav@wsd1.org](mailto:lav@wsd1.org)

☎ phone: 204-452-5015



# Principals' Message

April has been a full and vibrant month in our school community, with learning and connection happening both inside and outside the classroom. Our students have been actively engaged in a wide variety of experiences, from increased bus ridership supporting accessibility to exciting field trips to the Canadian Museum for Human Rights and Oak Hammock Marsh. Our Grade 4 students also made a splash participating in Swimming Counts, building both confidence and important life skills.

We took time this month to focus on kindness, inclusion, and community. During Pink Shirt Day and Anti-Bullying Week, students explored what it means to be an upstander and learned about the importance of being “bucket fillers.” Classrooms created thoughtful displays to showcase their learning, and our office board has been filled with positive messages written by both students and staff—a wonderful reflection of the caring culture we continue to build together.

Earth Week brought meaningful opportunities for students to think about their impact on the environment. From learning about where our clothes come from and how far they travel, to participating in an hour without electricity, to spending a full day of outdoor learning at Munson Park, students engaged in hands-on experiences that deepened their understanding of sustainability and stewardship.

It has certainly been a busy and rewarding month!

As we look ahead to May, we are excited for warmer weather, more field trips, continued school planning, and our upcoming Spring Concerts. A heartfelt thank you goes out to our incredible staff for their dedication and thoughtful planning—they continue to make learning both meaningful and fun for our students each and every day.

A special shout-out to Mme Shayla for her tremendous work in preparing our Spring Concerts—they are sure to be amazing! We also extend our sincere thanks to all of our volunteers and to our Parent Council for their ongoing support and commitment to our school community.

Thank you for being such an important part of our school.

Mme Capina



# **SUPPORT FOR ECO-VERT**

**Dear LaV Families,**

**For many years, Eco-Vert has been a vibrant and much-loved part of life at École LaVérendrye. Through hands-on projects, environmental initiatives, and community-building activities, the club has given our students meaningful opportunities to learn, grow, and take pride in caring for their school and the world around them.**

**Today, however, Eco-Vert is at a crossroads.**

**Due to a continued decline in volunteer support, we are facing the very real possibility of no longer being able to run the club. While our dedication to Eco-Vert and to our students remains strong, the responsibility has increasingly fallen on just one or two adults. Simply put, a program of this size and impact cannot be sustained by so few. Eco-Vert thrives when it is supported by a team.**

**We are reaching out with a heartfelt call to action.**

**We are looking for parent volunteers – no special skills required, just a love for LaV and a willingness to lend a hand. Whether you can help with hands-on school activities, assist with spring and summer watering, or support behind-the-scenes efforts such as organizing fundraisers, your contribution would make a meaningful difference. We are happy with any amount of time – big or small – that you can give. Even a small amount of time can help ensure this valued program continues for our children.**

**Eco-Vert belong to our whole school community. With your support, we can keep it alive and thriving for years to come.**

**If you are interested and able to help, please reach out to Mme Gallant at [cgallant@wsd1.org](mailto:cgallant@wsd1.org).**

**Together, we can make sure Eco-Vert continues to grow.**

**Warmly,  
The Eco-Vert Team**

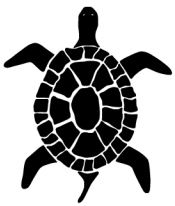


# Family Groups at LaV: Building Belonging Across Grades

At LaV, our Family Group structure is a meaningful way we foster connection, leadership, and a strong sense of belonging across our school community. Beginning in Grade 1, each student is welcomed into one of seven Family Groups, inspired by the Seven Teachings: Turtle, Bison, Beaver, Eagle, Wolf, Bear, and Sabe. Once assigned, students remain in their Family Group throughout their entire time at LaV.

This journey allows students to experience the full circle of growth - starting as the youngest members and eventually becoming the oldest leaders within their group. Along the way, they build lasting relationships with peers across different grades, strengthening our sense of community.

Each Family Group is guided by a teacher leader and supported by staff, creating a supportive and inclusive environment for all students. The groups are also connected to a specific color, helping to build identity and pride:



Turtle = Green  
Bison = Yellow  
Beaver = Orange  
Wolf = Blue

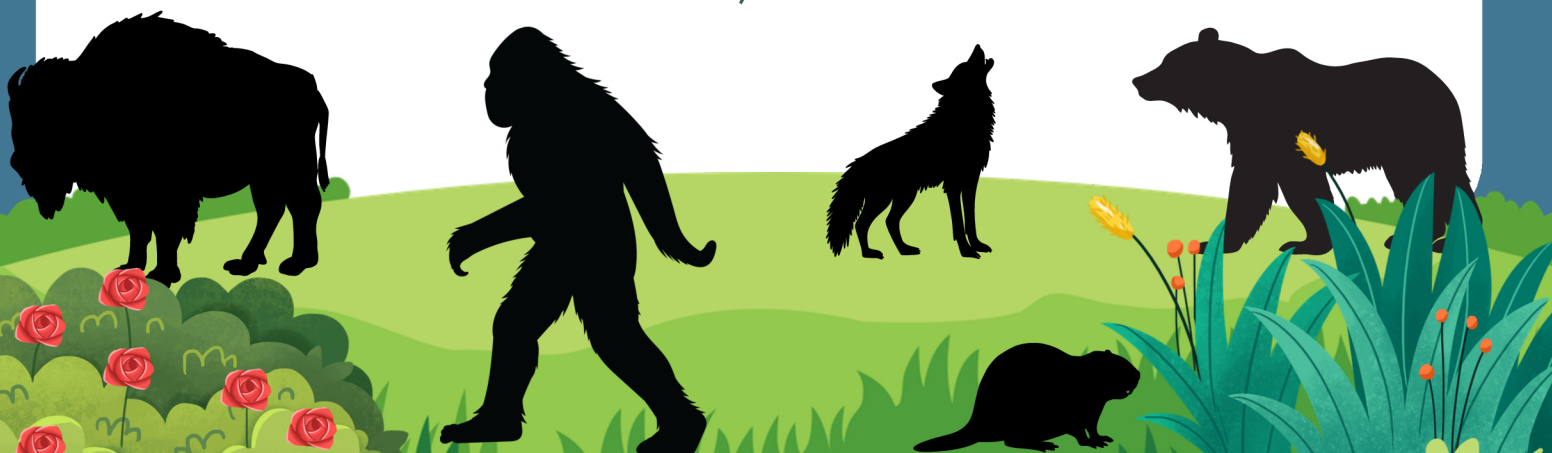
Sabe = Pink/Purple  
Eagle = Red  
Bear = Black/White



Throughout the year, Family Groups come together every month or two for shared activities. These experiences range from STEAM challenges and creative art projects to writing activities and outdoor or field day events. While the activities vary, the consistent focus is on fostering connection, teamwork, and a deep sense of belonging among students across grades and classrooms.

We are excited for our upcoming Family Group event on **Friday, May 1<sup>st</sup>**, which will be a half-day celebration inspired by the magical world of *Harry Potter*. Rooted in the wonder and imagination of children's literature, this event will engage students in fun, cooperative activities designed to spark creativity and strengthen group bonds. Students are encouraged to wear their Family Group colours as we celebrate together.

Family Groups are a special part of life at LaV, helping every student feel seen, connected, and valued.



# Spring Concerts

SAVE THE  
DATE!

## CONCERT DE PRINTEMPS

N/K

LITTLE SPROUTS,  
BIG VOICES

A CONCERT FEATURING  
ÉCOLE LAVÉRENDRYE'S  
NURSERY AND  
KINDERGARTEN  
STUDENTS

MAY 6, 2026  
6:30 PM



**N/K SPRING CONCERT:**

**WEDNESDAY MAY 6<sup>TH</sup>**

**1:45PM MATINEE**

**6:30PM EVENING CONCERT**



**GRADE S 1-6 SPRING CONCERT:**

**THURSDAY MAY 7<sup>TH</sup>**

**1:45PM MATINEE**

**6:30PM EVENING CONCERT**



SAVE THE  
DATE!



DE L'ÉCRAN À LA  
SCÈNE : MUSIQUE  
DE FILM ET DE  
TÉLÉVISION

FROM SCREEN TO  
STAGE: FILM AND  
TV MUSIC

A CONCERT FEATURING  
ÉCOLE LAVÉRENDRYE'S  
GRADE 1-6 STUDENTS

MAY 7, 2026



# Class FIELD TRIP!!

Oak Hammock Marsh  
salle 22 & 23



# Class FIELD TRIP!!

LET'S GO

ADVENTURE

Museum for Human Rights

salle 11 & 12



FRIENDS



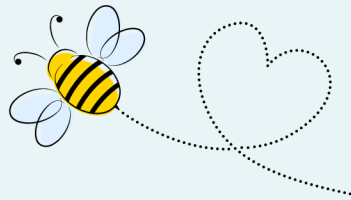
# EARTH DAY



The staff and students at LaV are committed to protecting our earth. So much so that we celebrated Earth Day for an entire WEEK!

Here is a short run down of what we did at LaV the week of April 20-24:

- Our Eco-Vert students made presentations to each classroom about the importance of recycling.
- Students were encouraged to bring litterless lunches all week for a chance to win amazing LaV merch!
- The entire school walked to Munson park to explore nature.
- One hour of no power.
- School yard clean-up, the entire school pitched in!





# News From LaV Parent Council

## Annual Plant Sale

Thank you to everyone who submitted an order for the Gleanlea fundraiser! The Eco-Very Club has earned enough proceeds from this year's sale to cover the cost of filling the school's gardens and an in-school presentation for LaV students. Orders can be picked up at the school gym on **Tuesday, May 26<sup>th</sup>** beginning at 3:00 p.m. We will send out a reminder in the days prior to pick-up day.

To save money and reduce our impact on paper-based resources we will no longer be purchasing cardboard trays for carrying plants. We are asking that your BYOB (bring Your Own Bins or Boxes), if possible. In the days ahead of pick-up day, the school will accept donations of gently-used cardboard boxes and trays (like from bulk soda or water bottle purchases).

**We are also looking for volunteers to help with reviewing orders in the early afternoon.**

If you are interested in helping with this, please contact Tanja at [lavvivelevert@gmail.com](mailto:lavvivelevert@gmail.com) or Lauren at [lsawchuk@wsd1.org](mailto:lsawchuk@wsd1.org)

## Got Some Time on Your Hands?

The LaVerendry gardens couldn't survive and thrive without help of our family volunteers, and this month we'd like to thank all of those who have helped us keep up with repairs, planning, and garden maintenance over the past several years. We recognize that often the workload is vast and done by a small group of incredibly devoted volunteers. Thank you for your generosity!



## Spring Garden Cleanup

We are so excited to be able to include families in the garden activities once again this year. We invite students and their families to come out and join us in the garden cleanup on **May 12<sup>th</sup>** at 3:15 p.m. (rain date is May 19th).

We need help with raking, turning the soil in the gardens, adding new soil, weeding, preparing and distributing compost, making some small repairs to the garden beds, and picking up garbage. If you are able to help out, please contact Mme Gallant or Lauren at the above listed email addresses.

If you are able to bring extra tools to help (rakes, shovels and wheelbarrows) this will help us get the work done quickly. Please mark your names on your tools.

A sign-up sheet for daycare students to participate will be sent home a week before the clean-up is planned.



# Student Clubs



We offer a variety of clubs for our students to participate in such as chess club, dance club, pride spectrum club, fitness club, eco-vert club, lego club, knit/crochet club and skating club.

This is just a sample of all the clubs we offer.



## Here's what's happening in May!



| lundi / Monday  | mardi / Tuesday   | mercredi / Wednesday  |
|---|---|---|
| <p>AM Recess<br/>           Grades 1-2:<br/>           Grades 3-4: Running Club<br/>           Grades 5-6: Intramurals</p> <p>PM Recess<br/>           Grades 1-2:<br/>           Grades 3-4:<br/>           Grades 5-6: Recorders</p>  | <p>AM Recess<br/>           Grades 1-2: Intramurals<br/>           Grades 3-4:<br/>           Grades 5-6: Club d'arrosage</p> <p>PM Recess<br/>           Grades 1-2:<br/>           Grades 3-4: Eco-vert<br/>           Grades 5-6: Eco-vert</p> | <p>AM Recess<br/>           Grades 1-2: Outdoor Explorers<br/>           Grades 3-4: Choir<br/>           Grades 5-6: Choir</p> <p>PM Recess<br/>           Grades 1-2:<br/>           Grades 3-4:<br/>           Grades 5-6: Club d'arrosage</p> |
| jeudi / Thursday  | Vendredi / Friday   |   |
| <p>AM Recess<br/>           Grades 1-2:<br/>           Grades 3-4: Intramurals<br/>           Grades 5-6: PRIDE</p> <p>PM Recess<br/>           Grades 1-2:<br/>           Grades 3-4: Eco-vert<br/>           Grades 5-6: Eco-vert</p>  | <p>AM Recess<br/>           Grades 1-2: Running Club<br/>           Grades 3-4:<br/>           Grades 5-6: Club d'arrosage</p> <p>PM Recess<br/>           Grades 1-2:<br/>           Grades 3-4: Choir<br/>           Grades 5-6: Choir</p>      |    |





# IMPORTANT DATES

May 1.....LaV Family Groups event in PM

May 6.....Spring Concert N / K

May 7.....Spring concert Grades 1-6

May 7..... Jog in the Park

May 8.....Non-Instructional day, NO SCHOOL

May 18.....Victoria day, NO SCHOOL

June 2.....Field Day

June 26.....Non-Instructional day, NO SCHOOL

June 30.....Last day of School  
Early dismissal 11:00 A.M.

