



SISTER MAC SPECIAL

MAY 2026

460 Sargent Avenue
Winnipeg MB R3B 1V5
sistermac@wsd1.org
204-942-6965

Dear Sister MacNamara Families,

As we welcome May, we reflect on a vibrant April filled with learning, growth, and joyful moments that brought our school community together.

One of the highlights of the month was the Pink Day Assembly on April 17, where our Nursery and Kindergarten students proudly performed. Our youngest learners showed incredible confidence, enthusiasm, and teamwork. We extend heartfelt congratulations to the students and sincere thanks to the staff who supported and guided them. It was a wonderful celebration of kindness, inclusion, and student voice, and we are very proud of how our early learners shone.

Rooms 226, 227 and 228 went to the Oak Hammock Marsh for their first field trip, and the feedback was great! As we've entered May, many field trips are coming up; please support your child by filling out the permission forms promptly. Your involvement helps ensure these experiences happen smoothly. April also marked the start of our LEGO Club, which now meets on Tuesdays over the lunch hour. This club has quickly become a welcoming space for creativity, collaboration, and problem-solving. Students are developing important thinking and social skills while building, designing, and learning together in an engaging and hands-on way.

On April 27, students took part in Bus Safety Ridership Sessions, where they learned about safe and respectful behaviour while travelling to and from school. These sessions reinforce responsibility and help ensure that students feel confident and secure on school transportation. We appreciate the support of families in reinforcing these important messages.

We were also pleased to host our Volunteer Celebration in April. We extend our sincere thanks to the many parents, caregivers, and community members who generously give their time to support our school. Your involvement enriches student experiences, strengthens our sense of community, and helps make our school a welcoming place for all. We are grateful for the important role you play in supporting learning and belonging.

Registration packages provided by the Community School Investigators (CSI) Summer Learning Program were sent home in April. Remember to get registered as quickly as possible because spots fill up fast. The last day to return the application form is May 6th. The program will contact families to let them know whether their child will be attending the summer program.

We encourage all our families to check out the newsletter calendar to stay informed about the upcoming events in May and June, and to participate in the planned activities. It is also a helpful reminder of all the field trips scheduled for each classroom during the last two months of our school year, which helps foster community involvement.

As spring continues to unfold, we are reminded of the significance of seasonal change. In many Indigenous cultures, spring is a time of renewal, balance, and reconnection with the land. This season brings new growth and renewed responsibility to care for one another and for the earth. Across many cultures around the world, spring is also celebrated as a time of hope, fresh beginnings, and opportunity. These shared understandings remind us that while traditions may differ, the values of growth, renewal, and community connect us all.

Thank you to our students, families, volunteers, and staff for another meaningful month of learning and connection. We look forward to all that May will bring as we continue to learn, grow, and celebrate together.

M. Sackey
Principal



C. Couture
Vice Principal

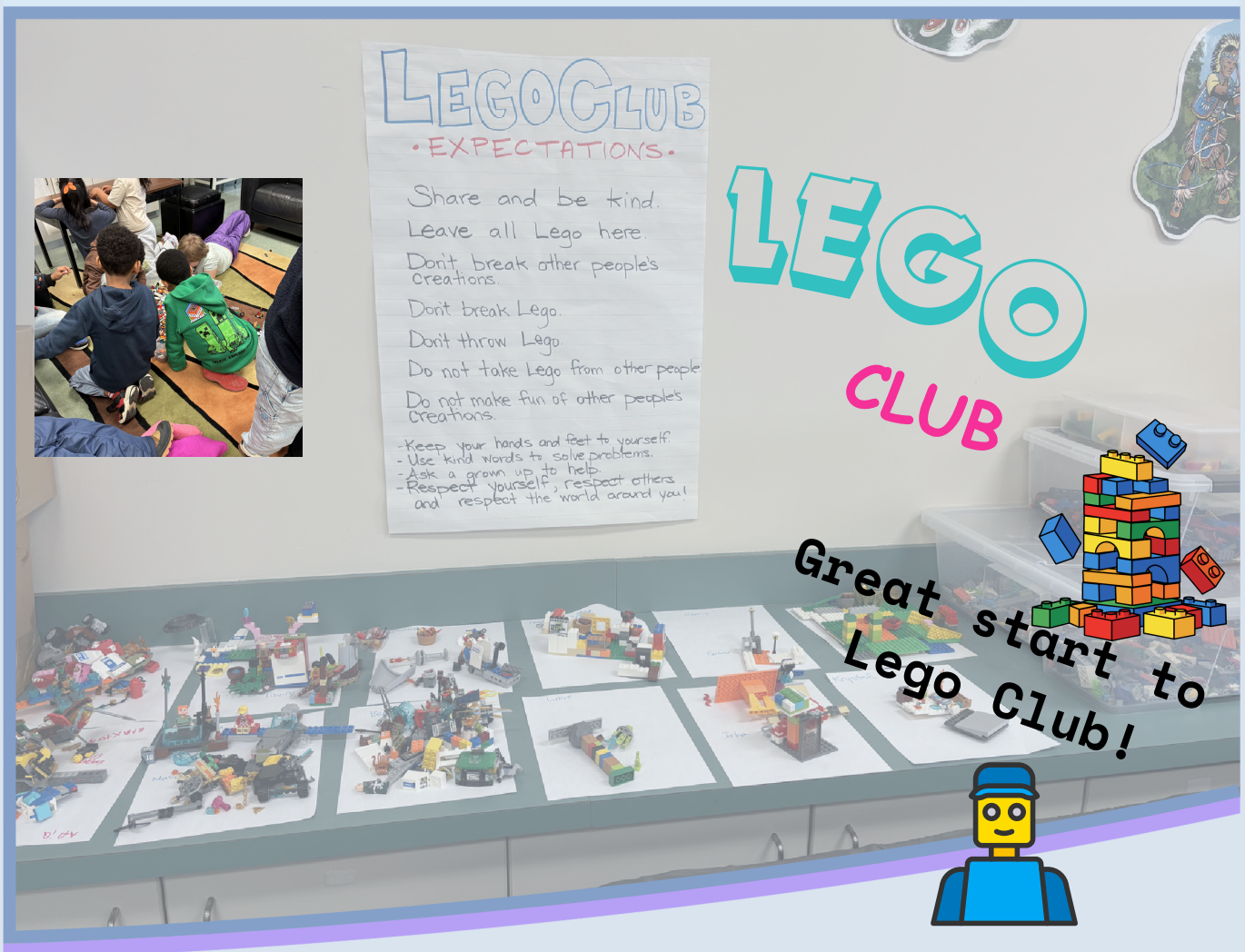
JUNE 2026

- 12 Field Day
- 17 Year End Celebration
- 21 National Indigenous People's Day
- 24 Grade 6 Farewell - 1:15 PM
- 30 Talent Show 9:15 AM
- 30 Last Day of School - 11:30 dismissal for all students



SISTER MACNAMARA SCHOOL MISSION STATEMENT

The mission of Sister MacNamara School is to create a safe and respectful environment where adults support students in achieving academic and social success. We appreciate and honour each other's strengths, differences, and cultural backgrounds while maintaining high standards for learning.

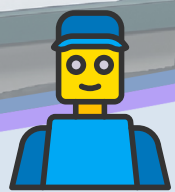


LEGO CLUB
• EXPECTATIONS •

- Share and be kind.
- Leave all Lego here.
- Don't break other people's creations.
- Don't break Lego.
- Don't throw Lego.
- Do not take Lego from other people.
- Do not make fun of other people's creations.
- Keep your hands and feet to yourself.
- Use kind words to solve problems.
- Ask a grown up to help.
- Respect yourself, respect others and respect the world around you!

LEGO CLUB

Great start to
Lego Club!



NEWS FROM THE GYM

Fit Run practices have started for students in grade 4-6. The divisional cross country elementary 2km race will be held the morning of June 2. Students are working hard to build their cardiovascular fitness as we train for this event. Practices are on Thursdays at noon. Students need to bring a lunch that does not require heating, their own utensils, and dress for the weather. Since we practice outside proper outdoor runners are required to participate in Fit Run practices and the race. Please make sure students bring both outdoor and indoor runners on Fit Run days.



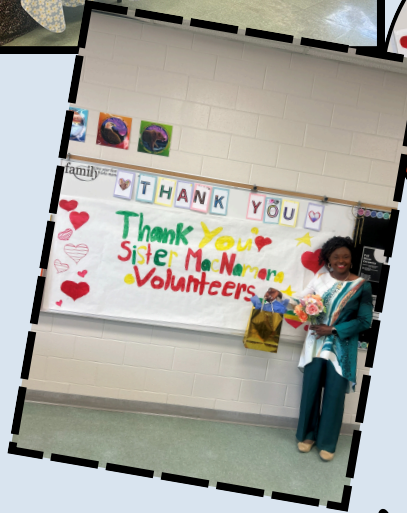
The Grade 6 Badminton Club has been an exciting and energetic addition to our school community! This month students have been learning the fundamentals of badminton, including serving, rallying, and proper sportsmanship, all while staying active and having fun. We will be using our skills when we participate in a morning doubles badminton tournament against Wellington school on May 4. We're proud of our Grade 6 athletes for their enthusiasm and positive attitude, keep up the great work and good luck in the tournament!

May will be the last month for grade 4-6 intramurals. Thank you to those that came out over the lunch hour to participate in all the different activities we did. Intramurals will resume next school year.

The weather is getting nicer! Please remember that clean indoor runners are required for students to safely and actively participate in physical education classes. Sandals and crocs are not considered appropriate physical activity footwear.



We ♥ our Volunteers



Volunteer Celebration!



Thank you to all our volunteers throughout the year! Your kindness and generosity makes all the difference!





SCHOOL REGISTRATIONS FOR 2026-27



If your child was born in **2022**, they are eligible to start Nursery this September! If they were born in **2021**, they are eligible to start Kindergarten. Nursery and Kindergarten are half day classes either in the morning or afternoon.

- Registrations will be done on line for the upcoming school year. You are welcome to go to the Sister MacNamara website. There you will see the tab **Registrations**. Please follow the instructions and register online. If you do not have access to online registration, you are welcome to come in to the office to either fill out electronically or fill out a paper copy.

Please bring your child's:

- **Birth certificate**
- **Manitoba Health card**
- **A lease or tenant agreement OR a tax assessment letter to validate your address.**

For more information, please call the school at 204-942-6965 or email sisternac@wsd1.org.



*****If your child already attends Sister MacNamara, they are automatically registered for the next school year.**

Room 202

Throughout April, the grade 2 students in Room 202 learned a lot about kindness. In April it is Pink Shirt Day and Earth Day! So, we learned about being kind to each other and to our planet!

The students in Room 202 know that we need to be buddies, not bullies. We know that it is important to show respect and kindness to everyone. We know that everyone is different, and our differences make us unique and special. We decided to write kindness slogans on pink shirt pictures. We also wrote about how we show each other kindness everyday. Be a Buddy, Not a Bully!



Room 202 students also know how to be kind to our planet. We learned so much about Earth Day. We decided to write about how we can take care of the Earth.

Some of our great ideas are to plant trees and gardens, take shorter showers, turn off the lights when not in use, and use both sides of the paper when we are drawing or writing. We also try to pack food and drinks in reusable containers. We definitely do not litter!

We participated in a community clean up with our grade 6 learning buddies - we safely picked up so much trash around the playground after the Spring melt!

We also participated in a water pollution experiment. We filled a bin with water, leaves, dirt, and twigs to represent pollution. We then tried to clean up all the pollution in the water. It was impossible to make the water clean again once it was dirty - this helped us understand why it is important to take care of our water sources!



Earth Day is Every Day!



Earth, Empathy, and Everyday Kindness Room 225 – Grade 3

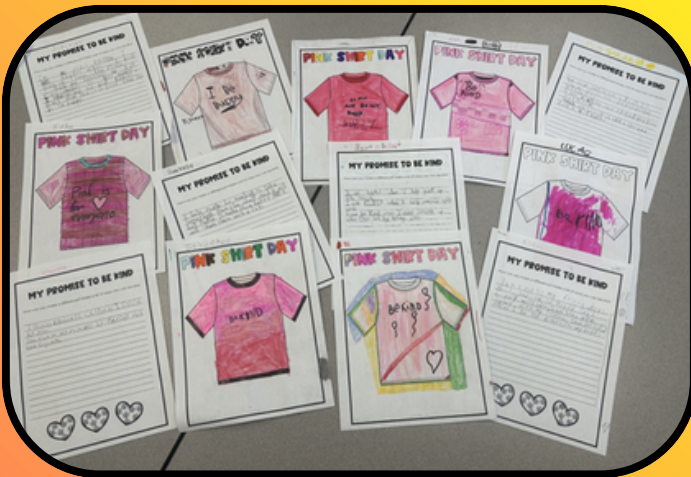
April has been a busy and meaningful month for the students in Grade 3, Room 225! We began by exploring the concept of kindness, including learning about Pink Shirt Day and the importance of standing up for others and creating a caring community.

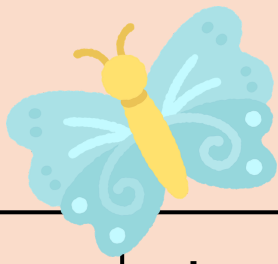
We also spent time discussing Earth Day and what it means to take care of our planet. This led to an engaging investigation into the Great Pacific Garbage Patch, which sparked many thoughtful questions. Students worked hard to research and better understand what it is, how it formed, and why it matters to us. These discussions helped us reflect on our own actions and why caring for the environment is important to all of us.

Through these discussions, we began to think more deeply about our role in protecting the environment. When the snow melted, we noticed a lot of garbage around our schoolyard. Taking action, we used garbage pickers and worked together to clean up our outdoor space. Students shared ideas about the importance of reducing waste, reusing materials, and recycling whenever possible. We had many important conversations about how even small actions can help keep our Earth clean and healthy.

This learning connects perfectly to our upcoming science unit on the growth and changes in plants, where students will continue to explore the importance of caring for the natural world.

There has been lots of meaningful learning happening in Room 225, and we are excited to keep the momentum going!

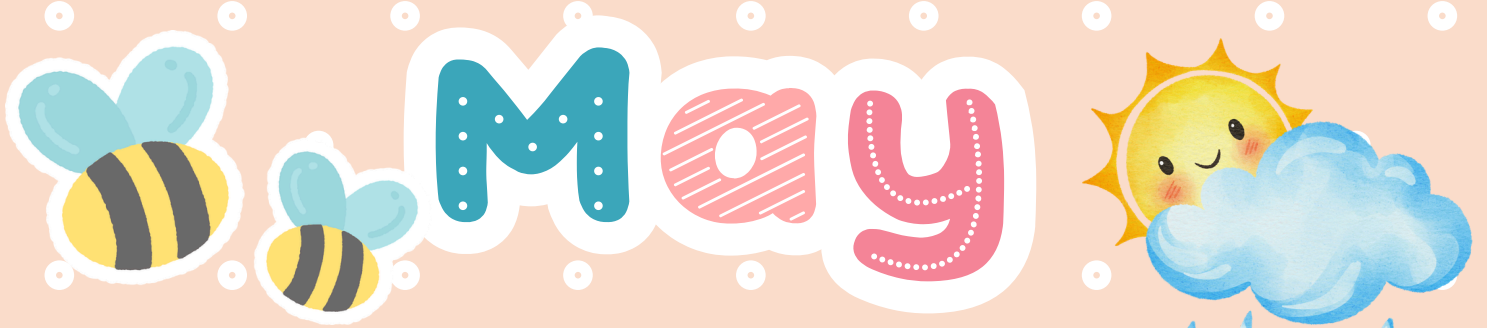




May

in the Family Room

monday	tuesday	wednesday	thursday	friday
				Positive Discipline in Everyday Parenting 1
4	5	6 Nutrition Bingo 2:30 pm	7 Growth Mindset 1:30-3:30 ----- Family Gathering 5:00-6:00 pm	8 PD -no classes
11 Painting 9:30 am	12	13	14 Growth Mindset 1:30-3:30	15 Positive Discipline in Everyday Parenting
18 Victoria Day -school is closed 	19	20 Nutrition Bingo 2:30 pm	21	22 Positive Discipline in Everyday Parenting
25 	26	27	28 Family Event 4:00-5:30	29 Positive Discipline in Everyday Parenting



Family Gathering

Thursday, May 7th

Please join us for school news
and dinner.

Childcare is provided!

We want to hear your
feedback!

This will be our final Family
Gathering for the year.
Please join us!

Positive Discipline in Everyday Parenting

Fridays

May 1, 8, 15, 22 and 29th

1:30-3:30pm

This program is for caregivers of
children from birth to
adolescence.

It is a non-violent approach to
teaching children while
respecting them as learners and
individuals.

Nutrition Bingo

Wednesday, May 6 and 20th

@ 2:30 pm

Food prizes for all participants!

Family Event

Thursday, May 28th

4:00-5:30 pm

Dinner will be served!

Please watch for the flyer to be
sent home with your student.

Contact Info

Questions?

Email us!

Nicole: nichristmas@wsdl.org

Hamda: hahmed@wsdl.org

Call us!

Phone: 204-942-6965

Teaching Children Growth Mindset

Thursdays

May 7 and 14th

1:30-3:30pm

Do you want to help teach your
child to reframe and meet
everyday challenges?

Growth Mindset helps to have
an attitude of "I can do hard
things!".

This series will give you
practical tools to assist your
child in believing in their own
potential and abilities.





May 2026



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Day 5
Looking ahead.....									
FRIDAY JUNE 12, 2026 FIELD DAY FOR WHOLE SCHOOL WEDNESDAY, JUNE 24, 2026 GRADE 6 FAREWELL 1:15 PM TUESDAY, JUNE 30, 2026 LAST DAY OF CLASSES 11:30 DISMISSAL FOR ALL									
4	Day 6	5	Day 1	6	Day 2	7	Day 3	8	Day 4
Mother's Day Grade 6 Badminton Tournament		Filipino Heritage Club 3:30 - 5:00 Lego Club 12-1:00		RWB Gr. 3-6 CREATIVE Hands Club 12:00 - 1:00		Family Gathering 5:00 - 6:00 PM 		Professional Development NO CLASSES 	
11	Day 5	12	Day 6	13	Day 1	14	Day 2	15	Day 3
		Filipino Heritage Club 3:30 - 5:00 Lego Club 12-1:00 GRADE 6 IMMUNIZATION		CREATIVE Hands Club 12:00 - 1:00					
18		19	Day 4	20	Day 5	21	Day 6	22	Day 1
		Filipino Heritage Club 3:30 - 5:00 Lego Club 12-1:00		CREATIVE Hands Club 12:00 - 1:00				ASSEMBLY 9:00	
25	Day 2	26	Day 3	27	Day 4	28	Day 5	29	Day 6
						Family Event 4:00 - 5:30			

