



École LaVérendrye

September 2025

290 Lilac St.

Winnipeg, MB
204-452-5015
lav@wsd1.org

winnipegssd.ca/LaVerendrye

Message from the Principal

Bienvenue – Welcome Back!

I hope that everyone had a wonderful summer full of fun, laughter, and great memory-making moments.

Our staff have been working hard in preparation of welcoming back your children for the upcoming school year, and we are looking forward to seeing students and families as they return for another great year of learning at LaV.

I would like to extend a HUGE thank you to our custodians for all their hard work during the summer months preparing our learning spaces for September. Because of their efforts, the school looks FABULOUS and is ready to welcome everyone for our first day of school.

Note: Our school office is open from 7:45 a.m. to 3:45 p.m., Monday through Friday.

Staff at École LaVérendrye are committed to providing a safe, caring and stimulating learning environment that fosters the academic, social-emotional, and physical development of each child. A strong partnership among students, parents, and the school will result in many gains for your children. We encourage open and productive communication throughout the year. If you have any questions or concerns at any time, please contact your child's teacher, or myself, through email or by phone at the school.

Warm wishes,
Mme Amanda Capina
Directrice/ Principal



2025-2026 staff list

ADMINISTRATION

MME A. CAPINA

PRINCIPAL

ROOM

TEACHING STAFF

13A & 13P	MME P. MARSHALL	NURSERY / KINDERGARTEN
8	MME S. BHATIA	NURSERY / KINDERGARTEN
16	MME L. STEPHENSON	GRADE 1/2
17	MME A. ZMIT	GRADE 1/2
12	MME M. HUGHES	GRADE 2/3
11	M. M. CARTER	GRADE 2/3
21	MME C. GALLANT	GRADE 4/5
28	M. O. BASSENE	GRADE 4
22	MME H. RUDNICKI-SMITH	GRADE 5/6
23	MME S. LAVALEE	GRADE 5/6
18	MME J. ALLARY	IERT
7	MME A. TURENNE	LEARNING SUPPORT
GYM	M. P. BOATENG	PHYSICAL EDUCATION
104	MME S. DAVIDSON	MUSIC

SUPPORT STAFF

MME C. DHEILLY, HEAD CLERK	MS. S. NAYEL, EA
MME G. ENNS, LIBRARIAN	MS. U. NEBO, EA
MR. R. LERIT, HEAD CUSTODIAN	MR. F. PACAY, EA
MR. G. GONZALES, CUSTODIAN	MS. J. PARK, EA
MS. KEIRA, EVENING CLEANER	MME C. PODOLSKY, EA
MR. M. DANESHFAR, EA	MME R. ROJAS, EA
MS. A. HEMPHILL, EA	MME D. SANDERS, EA
MME V. MATHESON, EA	MME P. SARASIN-PENNER, EA

SCHOOL SUPPLIES

We are collecting \$40.00 per student for school supplies. We ask that payment be made by October 4, 2025. Please send an e-transfer to lav@wsd1.org; please include your child's name and "school supplies" in the memo line. Cash or cheque will also be accepted and can be handed in to your child's classroom teacher.

The money may be used to supply such things as:

- Pencils, Pens, Erasers, Pencil Sharpeners, Pencil Cases
- Rulers, Scissors, Markers, Pencil Crayons, Wax Crayons
- Highlighters, Liquid Glue, Lined Paper, Duotangs, Notebooks, Labels, Tissues
- Communication Bags, Art supplies
- and subject related materials necessary for experiments and projects.

BALANCED SCHOOL DAY

We are continuing with the balanced school day model for the 2025-2026 school year. The balanced school day model is implemented for students in grades 1-6. Nursery and Kindergarten students will continue to follow the half day schedule (8:30am-11:00am / 12:30pm-3:00pm).

A balanced school day looks like this:

SCHEDULE

Entry bell
Instructional time
Morning activity/nutrition break
Instructional time
Afternoon activity/nutrition break
Instructional time
Dismissal

TIME

8:20a.m.
8:30a.m. – 10:00a.m.
10:00a.m. – 11:00a.m.
11:00a.m. – 12:30p.m.
12:30p.m. – 1:30p.m.
1:30p.m. – 3:00p.m.
3:00p.m.

LUNCH PROGRAM

The Winnipeg School Division has extended their pilot to waive lunch program fees for families this year. We are treating the 12:30 p.m. – 1:30 p.m. afternoon break as our lunch hour and supervision will be provided free-of-charge. There is no need to register. Please send your child(ren) to school with a nutritious bagged lunch and the cutlery they need to eat it.

If your child will not be staying at school for lunch, please let their classroom teacher know.



HOT LUNCH

Hot lunches presented by École Lavérendrye Parent Council, coming to École Lavérendrye through Healthy Hunger! Create an account at healthyhunger.ca and order a fun lunch for your child or yourself.

First hot lunch lunch will be Friday, September 26, 2025 – SUBWAY – order deadline Saturday, September 20, 2025.

Questions: please contact Renée at neebob91@hotmail.com

LOST & FOUND

Please label everything your child is sent to school with, including their back pack, water bottle, and all outerwear. As a school, we try

- really hard to reunite lost items with their person, but we were left with a tableful of unclaimed items last year despite our best efforts.
- We had a table set up in front of the office that parents/guardians and students could browse, and we were updating the treasures to our website so families could see from home. This year, we would like
- to try to minimize how many items are lost, and labeling will help us do that!

PICK-UP and DROP-OFF



A gentle reminder that the school parking lot is reserved parking only. Every spot is assigned to a staff member in the building, and we kindly ask that parents refrain from entering the parking lot at any time, even to turn around.

Lates and absences

If your child is late for school (arrives after O Canada) – please be sure to remind them to stop by the main office to say “Bonjour!” to Mme Chantal and get a late slip to give their teacher. This will ensure they don’t get marked as absent.

Please continue to use Safe Arrival to let us know when your child will be absent from school: <https://go.schoolmessenger.ca/#/home>

☆ LaV GEAR

LaV Gear is now on sale! [CLICK HERE](#) for more information. Password is: LILAC

Be sure to show off your new gear every Friday when we will be having our LaV Pride Days! We encourage students and staff to wear LaV colours (red and white) or their LaV gear!





Greetings from your 2025-2026 Parent Council Executive!

As we gear up for the new school year, we would like to announce that the positions of Chair, Treasurer and Secretary need to be filled. Please consider if you would like to put your name forward for one of these roles. More in depth descriptions of the roles can be found in our Constitution, which is attached here. Anyone interested in a position, please reach out to marina.marchand@gmail.com and I will be happy to discuss and share more information. Without these positions being filled, École LaVérendrye will have less representation to discuss policies that impact our community, less fundraising to support community events and less of a voice in school matters, so please consider joining.

Chair

Prepares agenda for each meeting

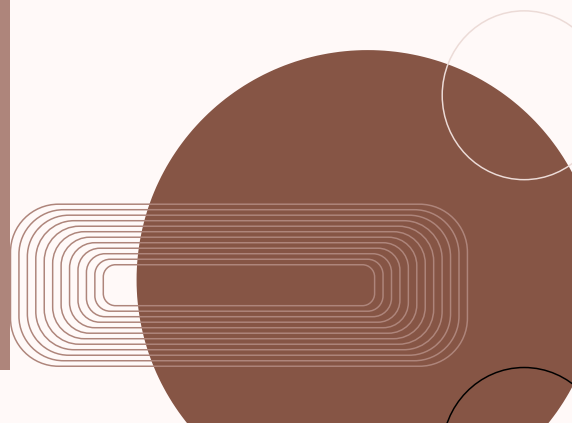
Chair the meetings, keeping everyone on track and timely

Treasurer

Financial guru, handles all things money

Secretary

The brilliant writer, captures all the minutes for the meetings



We will start up this September with our Annual General Meeting (AGM) on Monday, September 15 at 7:00p.m. in the school's Library. The AGM will include elections for the executive positions. Mark your calendars and plan to join us!

WINNIPEG FASD COALITION & LIFE'S JOURNEY INC.

INVITES YOU TO

**FREE
EVENT**

FASD DAY

AT ST. JOHN'S PARK

TUESDAY, SEPTEMBER 9
5 PM – 7 PM

WFCI Logo Art
Contest winning
design to be
announced at
event!

EVENT HIGHLIGHTS

EXCITING GAMES & ACTIVITIES
FOOD & REFRESHMENTS
FACE PAINTING
CRAFTS
DOOR PRIZES

Join us to
celebrate
International
FASD Day



CONTACT FOR QUESTIONS: ERIN.KLIMPKE@GOV.MB.CA

STUDENT SUPPORT PROCESS

Restorative practices can help strengthen relationships among students, families, and staff when concerns arise at school.

Let's work together to resolve matters and make sure everyone has a safe learning environment.



1

Speak with your child about the situation to gain their perspective.



2

Contact the classroom teacher. Teachers are directly involved with students and offer the best insight.

3

If concerns are not addressed, reach out to the school principal for support.



4

For ongoing issues, call the Superintendent's Department at 204-775-0231. Indicate the school you are calling about. WSD leadership will respond.

5

If challenges persist, contact the Board and Community Liaison Officer at 204-789-0469. They work with families and the Board of Trustees to reach a solution.

More information: [Restorative Practice Policy](#)

September

1 LABOUR DAY	2 / Day 1 Non-instructional Day NO SCHOOL Welcome Back BBQ	3 / Day 2  First day of classes	4 / Day 3	5 / Day 4  Welcome Back Assembly
8 / Day 5	9 / Day 6	10 / Day 1	11 / Day 2	12 / Day 3
15 / Day 4 Parent council Annual General Meeting 7:00 pm	16 / Day 5	17 / Day 6	18 / Day 1	19 / Day 2 Non- instructional Day NO SCHOOL
22 / Day 3	23 / Day 4	24 / Day 5	25 / Day 6	26 / Day 1 HOT LUNCH
29 / Day 2  Orange Shirt Day	30  National Day for Truth & Reconciliation NO SCHOOL			

Dates to Remember



September 2.....	Non-instructional day, NO SCHOOL
September 2.....	Welcome back BBQ
September 3.....	First day of School
September 5.....	Welcome back Assembly
September 19.....	Non-instructional Day, NO SCHOOL
September 29.....	Orange Shirt day
September 30.....	National day for Truth & Reconciliation, NO SCHOOL
October 6.....	Fall into Reading assembly
October 8.....	Non-instructional day, NO SCHOOL
October 13.....	Thanksgiving day, NO SCHOOL
October 14.....	Picture day
October 24.....	Non-instructional day, NO SCHOOL
October 31.....	Halloween Parade
November 10.....	Remembrance Day assembly
November 11.....	Remembrance Day, NO SCHOOL
November 19.....	Picture retake day
November 20.....	Parent/Teacher conferences
November 21.....	Non-instructional day, NO SCHOOL
November 21.....	Parent/Teacher conferences
December 10.....	NK Winter Concert
December 11.....	Winter Concert grades 1-6
December 19.....	School-wide Singalong
December 19.....	Last day of school before Winter Break
December 22-31.....	Winter Break

Dates to Remember cont.

January 1-2.....Winter Break
January 5.....First day back at school
January 15.....Family Movie Night

February 2.....Non-Instructional day, NO SCHOOL
February 13.....Valentine's Day Celebration
February 16.....Louis Riel Day, NO SCHOOL
February 20.....Festival Du Voyageur activity day

March 19.....Student led conferences
March 20.....Non-Instructional day, NO SCHOOL
March 20.....Student led conferences
March 27.....Last day of school before Spring Break
March 30-31.....Spring Break

April 1-3.....Spring Break
April 6.....First day back at school
April 8.....Pink Shirt Day
April 9.....Family Movie Night
April 10..... Non-Instructional day, NO SCHOOL

May 6.....NK Spring concert
May 7.....Spring concert Grades 1-6
May 8.....Non-Instructional day, NO SCHOOL
May 14.....Jog in the Park
May 18.....Non-Instructional day, NO SCHOOL
May 22.....Terry Fox Run

June 2.....Field Day
June 26.....Non-Instructional day, NO SCHOOL
June 30.....Last day of School, early dismissal 11:00 A.M