



SISTER MAC SPECIAL

FEBRUARY 2026

460 Sargent Avenue
Winnipeg MB R3B 1V5
sistermac@wsd1.org
204-942-6965

Dear Sister MacNamara Families,

As we move into February, we would like to take time to recognize the strong learning relationships, and sense of connection that continued to develop throughout January.

January was a time for deep and focused learning across classrooms. With routines well established, students are able to engage more fully in thinking, discussion, and collaborative problem solving. Regular attendance plays a key role in student success. When students attend consistently, they remain connected to their classroom communities, are able to fully participate in learning experiences, and build confidence and success as learners. We appreciate the important role families play in supporting attendance and on-time arrival each day.

Throughout January, classrooms engaged in learning related to Truth and Reconciliation by creating classroom land acknowledgements. This work encourages reflection, respect, and understanding, and helps students recognize their connection to the land and to one another. The classroom acknowledgements will be brought together to form a whole-school land acknowledgement, representing our shared learning and responsibility.

At the end of January, we were pleased to welcome Mobile Vision Care into our school community. Supporting student well-being is essential for meaningful learning. Clear vision helps students engage more confidently in classroom activities, participate fully in instruction, and feel supported in their learning.

We look forward to hosting our Family Gathering on Thursday, February 5. This event provides an opportunity for families to learn more about what is happening in the school, ask questions, and share ideas. Family voice is an important part of building a school environment where everyone feels welcomed and respected. Families who attend can also participate in prize draws as a thank-you for joining us!

February is both I Love to Read Month and Black History Month, and our theme for the month is “Diversity, Belonging, and the Stories that Bring us together.” Stories are powerful! They support literacy development, foster understanding, and help students see themselves and others reflected in learning. Throughout the month, we will highlight the importance of storytelling in Indigenous traditions, Black histories, and the many cultures represented in our school. Families and community members are invited to share stories from their cultures as we celebrate our diversity and the connections that bring us together.

On Friday, February 27th, at 2:30 PM, we will hold our annual Jump Rope for Heart event. Our physical education teacher, Ms. Macdonald, will be hosting the assembly in the gym. This is a popular event for our students because it gets everyone moving. We thank Ms. Macdonald for her leadership in this area.

Check out the school’s and family room’s calendar for upcoming events in February. We love to see you at drop off, pick up and school-wide events. Thank you.



M. Sackey
Principal

C. Couture
Vice Principal

SISTER MACNAMARA SCHOOL CALENDAR OF EVENTS 2025-2026



MARCH 2026

- 4 Classroom Photos
- 5 Family Gathering 5:00 PM
- 16-17-18 IEP Meetings
- 18 Student-Led Conferences — evening
- 19 Student-Led Conferences — all day - **NO CLASSES**
- 20 Professional Development — **NO CLASSES**
- 23-27 Spirit Week
- 27 Movie Day
- 30-Apr.6 SPRING BREAK — **SCHOOL CLOSED**

APRIL 2026

- 6 School re-opens after Spring Break
- 10 Professional Development Day - **NO CLASSES**
- 16 Bus Ridership
- 17 Day of Pink - Assembly 1:15 PM
- 23 Family Gathering 5:00 PM
- 24 Volunteer Celebration 10:30 AM

MAY 2026

- 8 School Planning Day - **NO CLASSES**
- 7 Family Gathering 5:00 PM
- 7 Grade 6 Immunization AM
- 18 Victoria Day - **HOLIDAY - SCHOOL CLOSED**

JUNE 2026

- 12 Field Day
- 17 Year End Celebration
- 21 National Indigenous People's Day
- 24 Grade 6 Farewell - 1:15 PM
- 30 Talent Show 9:15 AM
- 30 Last Day of School - 11:30 dismissal for all students

SISTER MACNAMARA SCHOOL MISSION STATEMENT

The mission of Sister MacNamara School is to create a safe and respectful environment where adults support students in achieving academic and social success. We appreciate and honour each other's strengths, differences, and cultural backgrounds while maintaining high standards for learning.





NEWS FROM THE GYM

The Sister MacNamara gym is a busy place with lots happening in physical education classes and extra-curricular. A friendly reminder that students require clean and dry indoor runners to be successful in physical education classes.

Soccer

Inner City Soccer has resumed since returning from break. Our grade 6 students have trained hard developing their skills and tactical understanding as the season continues. The league has been a wonderful opportunity for students to stay active during the indoor season while building confidence and friendships. We have two games left and continue to wish our students good luck in their games.

Basketball

The Winnipeg School Division Inner City Basketball League is already bringing plenty of energy to our school community! This year, we are proud to have two Grade 6 teams competing in the league. During practices and games, students are sharpening their dribbling, shooting, and game awareness while learning the importance of teamwork and fair play. The gym has been buzzing with enthusiasm as players challenge themselves and support one another. Practices take place on Mondays over the lunch hour, with league games running from January to March at the Sport for Life Centre.

Football

Sister Mac is excited to be taking part in the Winnipeg Youth Football Club's Flag Football program this year. This after-school opportunity introduces students to the basics of the game in a non-contact, inclusive setting. Sessions are designed to be active and engaging, allowing players to practice skills like passing, catching, and running routes while working together as a team. Beyond learning the game, students are building confidence, friendships, and a love for physical activity that extends beyond the field.

Skate Club



Skates are laced, helmets are on, and our Skate Club is gliding along nicely! Students have been hitting the ice to improve their skating abilities at their own pace, whether they are stepping on the ice for the first time or refining their skills. The focus is on comfort, safety, and steady progress, with lots of encouragement along the way. Each session is filled with determination, growing confidence, and proud smiles as students gain new skills and enjoy the thrill of skating.

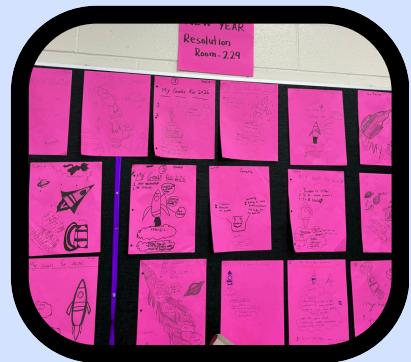


ROOM 229



We in Room 229 have been enjoying our reading sessions with our Grade 1 learning buddies from Room 121. Students enjoy math sessions in the classroom using thinking classroom problem solving strategies.

We created our Land Acknowledgement together after discussions in the classroom.

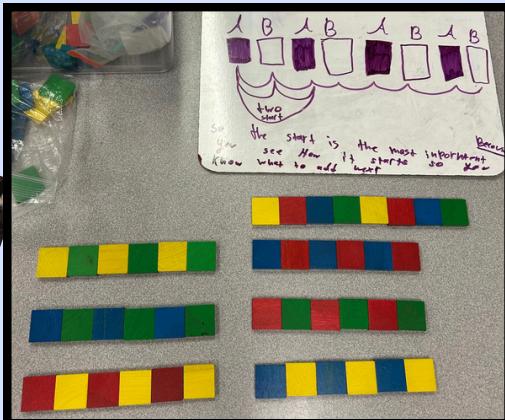
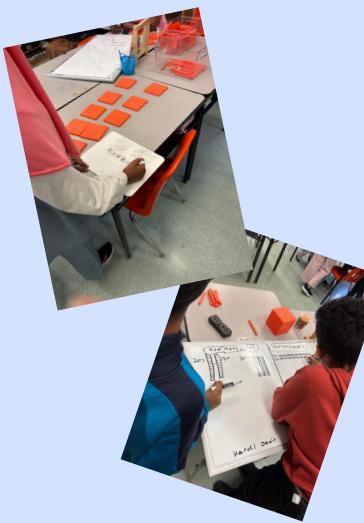


Here are some of the activities students are enjoying in Room 229!

We enjoy reading with our learning buddies, doing math problem solving using thinking classroom strategies and we are excited about our new year resolution!

Overall, we continue to learn and explore in our Grade 5 classroom.

Gulshan Sharma. Classroom teacher





Learning through Play in Our Kindergarten Classroom

Ms. Oladele

Room 125



In our Kindergarten classroom, learning is joyful, active, and full of discovery!

Recently, our young learners have been working hard on developing their number skills. They explore numbers using a variety of manipulatives such as ten-frame cards, number trains, magnetic pads, unifix cubes, popsicle sticks, and other counting tools. These materials help students see, touch, and build numbers, making abstract concepts easier to understand.

Students are also learning the alphabet letter names, sounds, and correct letter formation. We begin with the most important word of all — their own names! Children practice forming letters by building them with play dough and tracing them in colored sand trays, which helps strengthen hand muscles and develop fine motor skills needed for writing.



We also have lots of fun looking at each other's drawings and sharing our ideas. Students are learning to add more details to their pictures to better express what they are thinking and learning.



We are so proud of the excitement and effort our Kindergarten students bring to learning each day. They are engaged, growing, and enjoying every step of their learning journey.



FILIPINO CLUB

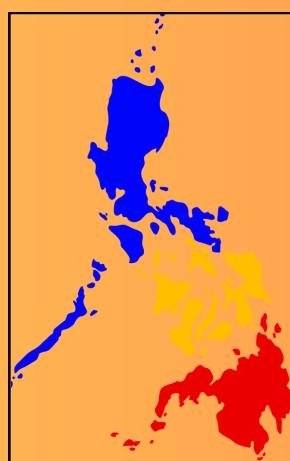
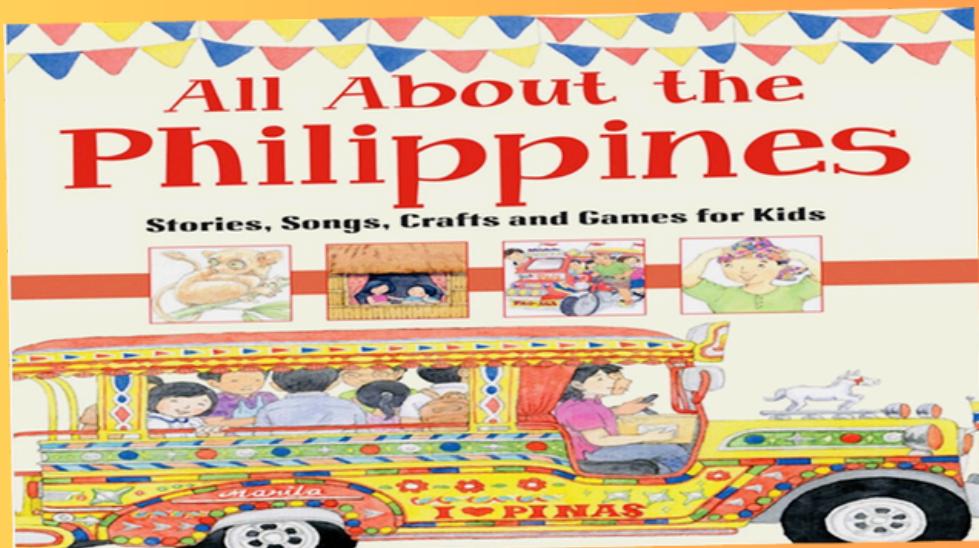


The After-School Filipino Heritage Class at Sister MacNamara School has officially started this year and runs every Tuesday from 3:30 to 5:00 PM. The program is led by Mrs. Lorelyn Rivera, a Grade 2/3 teacher, with the support of

Educational Assistant Mrs. May Corpuz and other dedicated school staff volunteers. A total of 24 students from Grades 1 to 6 are registered, including both Filipino and non-Filipino students. This inclusive program brings together students, staff, families, and the wider community to celebrate Filipino culture.

Through songs, dance, food, and other cultural activities, students will learn about Filipino traditions while fostering cultural awareness, connection, and

appreciation. We would like to extend our sincere thanks to the school administrators and teachers for their support and assistance in making this program possible.



Creative Hands Club

SISTER
MACNAMARA
ELEMENTARY
SCHOOL



A hands-on club where students explore fun and creative skills through textile and art-based activities in a relaxed, supportive space.

• Embroidery



• Crochet



• Fabric Painting



EVERY
WEDNESDAY
LUNCH



ROOM
#103



TEACHER LEADS:

Karamjit Sidhu, & Preety Randhawa

Please see Ms.
Sidhu or Ms.
Randhawa if you
are interested

Celebrate
Black
HISTORY
month

In a world where you can
be anything,
BE KIND



WINTER IS HERE! ❄️

With the cold temperatures, please keep these things in mind:

When it's -28°C (with wind chill), we will have indoor recess.
(Temperature reading at the Forks.)

If it's -28°C, there will be no patrols outside, and adult crossing guards will only be on duty for reduced times.

Please **don't** send your child to school before **8:50 AM** and **12:50 PM**.

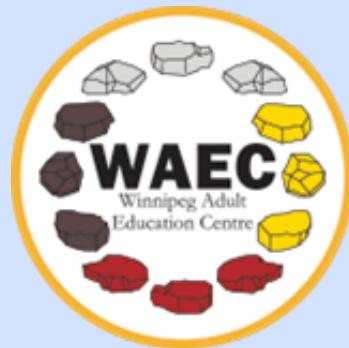
If your child needs mittens, hats, or extra layers, they can ask their teacher or come to the office.



REMIND YOUR CHILD TO BE CAREFUL ON THE ICY SIDEWALKS. WE WANT EVERYONE TO STAY SAFE!



Upgrade Your Future



**DO YOU WANT TO APPLY TO POST-SECONDARY BUT
ARE MISSING PREREQUISITES? WE CAN HELP.**



**FREE COURSES TO EARN YOUR
Academic Prerequisites**

Applied Math 30S, 40S
Biology 30s, 40s
Chemistry 30s, 40s
English Language Arts 30S, 40S
Pre-calculus Math 30S, 40S
Physics 30S, 40S

**WINNIPEG ADULT EDUCATION CENTRE
310 VAUGHAN STREET, WINNIPEG MB, R3B 2N8**

Register Today!

**PHONE: 204-947-1674
WWW.WAEC.CA**





Graduate with your Mature Student High School Diploma



Are you looking to earn your High School Diploma? Mature students (19 years and older) can graduate with the 8 credit Mature Student High School Diploma approved by Manitoba Education and accepted by post-secondary institutions and employers.

FREE COURSES

REGISTER TODAY!



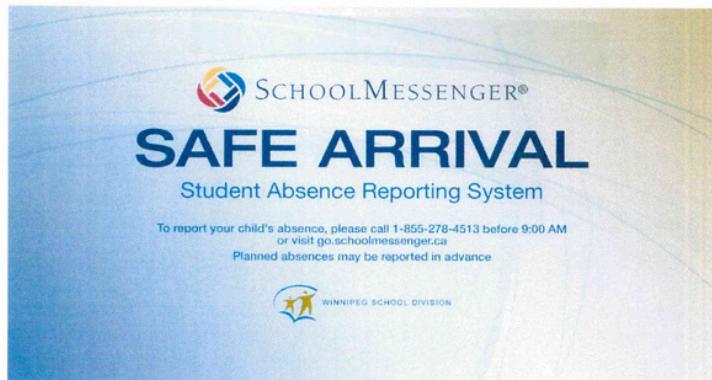
www.waec.ca



204-947-1674



**Register in person at:
310 VAUGHAN ST, WINNIPEG, MB R3B 2N8**



With SafeArrival, you are asked to report your child's absence in advance using any of these three methods:

1. Using your mobile device, download and install the SchoolMessenger app from the Apple App Store or the Google Play Store (or from the links at <https://go.schoolmessenger.ca>). The first time you use the app, select Sign Up to create your account. Select **Attendance**, then **Report an Absence**.
2. Use the SafeArrival website, <https://go.schoolmessenger.ca>. The first time you use the website, select Sign Up to create your account. Select **Attendance**, then **Report an Absence**.
3. Call the toll-free number 1-855-278-4513 to report an absence using the automated phone system.

These options are available 24 hours/day, 7 days a week. Future absences can be reported at any time.

If you have any questions, please call the school at 204-942-6965.

Thank you,

M. Sackey
Principal

WATCH FOR THE SIGNS Look for the sign on the entrance door!

 A green sign on the door means... it is too cold to wait outside. You are welcome to come in and line up.

 A red sign on the door means ...we are asking students to play outside until the bell rings. Line up as usual and wait for your teacher.

FEBRUARY

in the

FAMILY ROOM

monday	tuesday	wednesday	thursday	friday
PD Day -no classes 2		Nutrition Bingo 2:30 pm 3	Family Gathering 5-6 pm 4	Living Healthy 1-3:30 pm 5
Sewing Club 1:30-3:30 pm 9		Cooking Class 1:15 pm 10	Family Event 4:30-5:30 pm 11	Living Healthy 1-3:30 pm 13
Louis Riel Day -school closed 16			Craft Time 1:15 pm 18	Living Healthy 1-3:30 pm 19
Sewing Club 1:30-3:30 pm 23		Nutrition Bingo 2:30 pm 24	Painting 9:30 am 25	Living Healthy 1-3:30 pm 27
				

FAMILY ROOM NEWSLETTER

February 2025

Living Healthy

Every Friday in February

There is still room to join this program! Feel free to come any weeks that you are available. Please reach out if you have any questions!

Living Healthy is a wellness program for adults designed to help participants identify their strengths, understand their emotions, and build essential problem-solving skills.

PROGRAM DETAILS:

- When: Fridays, January 9 – February 27
- Time: 1:00 PM – 3:30 PM
- Where: Sister MacNamara, Family Room

Cooking Class

Wednesday, February 11th

Create a dish to take home!

Nutrition Bingo

Wednesday, February 4 and 25th

Food prizes for all participants!

Family Gathering

Thursday, February 5th

Please join us for school news and dinner. Childcare is provided!

Sewing Club

Monday, February 9 and 23rd

Learn basic sewing skills on a sewing machine.
All materials provided.

Family Event

Thursday, February 12th

4:30–5:30 pm

I Love to Read Month activities and dinner will be served!
Please watch for the flyer to be sent home with your student.

Contact Info

Email us!

Nicole: nichristmas@wsd1.org

Hamda: hahmed@wsd1.org

Phone: 204-942-6965



FEBRUARY 2026

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Day 1	3	Day 2	4	Day 3	5	Day 4	6	Day 5
PROFESSIONAL DEVELOPMENT NO CLASSES		Filipino Club 3:30 - 5:00		Craft Club 12:00 - 1:00		FAMILY GATHERING 5:00 P.M. 			
9	Day 6	10	Day 1	11	Day 2	12	Day 3	13	Day 4
Basketball - 12 - 1:00		Filipino Club 3:30 - 5:00		RWB Grades 3-6 		Football @ U of W 3:30 - 6:30 PM			
16		17	Day 1	18	Day 2	19	Day 3	20	Day 4
NO CLASSES 		Filipino Club 3:30 - 5:00		Craft Club 12:00 - 1:00 Basketball 12 - 1:00 WSD Skate Race 3:00 - 7:00 @ Canada Life Centre 		Assembly 9:00 Rms 229 & 230 Football @ U of W 3:30 - 6:30 Ramadan begins 		RWB Grades 3-6 	
23	Day 5	24	Day 6	25	Day 1	26	Day 2	27	Day 3
		Soccer U. of W. 12:00 - 1:00 Filipino Club 3:30 - 5:00 MTYP PM 		Craft Club 12:00 - 1:00		Basketball 12: - 1:00 U. of W. Football @ U of W 3:30 - 6:30		<u>Jump Rope for Heart</u> <u>Assembly 2:30 PM</u> 	
						Looking ahead.....			
				WEDNESDAY, MARCH 4, 2026 CLASSROOM PHOTOS					
				WEDNESDAY, MARCH 18 EVENING & THURSDAY, MARCH 19...STUDENT LED CONFERENCE					
				FRIDAY, MARCH 20, 2026 PROFESSIONAL DEVELOPMENT - NO CLASSES					
				SPRING BREAK MARCH 30 - APRIL 3, 2026					