



SISTER MAC SPECIAL

APRIL 2026

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sistermac@wsd1.org
204-942-6965

Dear Sister MacNamara Families,

As we head into Spring Break, we would like to reflect on the many meaningful moments that took place in our school throughout March. This has been a month filled with learning, celebration, and strong connections between students, families, and staff.

Teachers recently completed report cards, and we were very pleased to welcome families for Student-Led Conferences. These conferences give students an important opportunity to share their learning and speak with pride about their growth. We sincerely thank all families who attended and continue to work with us to support student success. Your partnership helps create a learning environment where students feel confident, encouraged, and connected.

We also extend our warm wishes to families who recently celebrated Eid al-Fitr. We hope this special time brought joy, peace, and time shared with loved ones. We are grateful for the many ways your celebrations and traditions enrich our school community.

This month also marked the Spring Equinox on March 20, a moment when day and night stand in balance. In many Indigenous ways of knowing, the equinox is a reminder of renewal, harmony, and our relationship to the land. As the season shifts toward longer days and new growth, we are invited to reflect on our own learning journeys and the fresh possibilities that spring brings.

During the final week before the break, our school gathered for a joyful Jump Rope for Heart assembly. We are proud of all the students who participated with such enthusiasm. Events like this help promote healthy living, teamwork, and school spirit. We appreciate the positive energy students brought to this day.

As we begin our one-week Spring Break, we hope students and families enjoy time to rest, recharge, and reconnect. We look forward to welcoming everyone back in April, ready for another season of learning, growth, and community.

Important April Dates:

- Monday, April 6 – School reopens
- Friday, April 10 – No school for students (Teacher Professional Development)
- Thursday, April 16 – Bus Safety Ridership Sessions
- Friday, April 24 – Volunteer Celebration at 10:30 a.m.

M. Sackey
Principal



C. Couture
Vice Principal

SISTER MACNAMARA SCHOOL CALENDAR OF EVENTS 2025-2026

MAY 2026

- 8 School Planning Day - **NO CLASSES**
- 7 Family Gathering 5:00 PM
- 7 Grade 6 Immunization AM
- 18 Victoria Day - HOLIDAY - **SCHOOL CLOSED**



JUNE 2026

- 12 Field Day
- 17 Year End Celebration
- 21 National Indigenous People's Day
- 24 Grade 6 Farewell - 1:15 PM
- 30 Talent Show 9:15 AM
- 30 Last Day of School - 11:30 dismissal for all students

CSI will be taking place once again at Sister MacNamara this summer!



CSI
Community
School
Investigators

CSI stands for Community Schools Investigators. This program is designed to combat summer learning loss by providing students with five weeks of free summer programming. This programming is a combination of academic, educational, and recreational activities.

Watch for more information including dates in the next few months as it is a first come, first served basis.

SISTER MACNAMARA SCHOOL MISSION STATEMENT

The mission of Sister MacNamara School is to create a safe and respectful environment where adults support students in achieving academic and social success. We appreciate and honour each other's strengths, differences, and cultural backgrounds while maintaining high standards for learning.



NEWS FROM THE GYM



Big congratulations to our grade 6 basketball team who wrapped up their season this month in the Inner-City Basketball league. The league expanded this year to 30 schools participating; with games being played over the lunch hour at the Sport for Life Building. You were a competitive, kind, respectful, and hardworking team. We are so proud of how beautifully you represented our school.

Indoor soccer also concluded this month, with the season coming to a close on another year participating in the WSD Inner City Soccer League. You represented our school well with your kind attitude, competitive spirit, and hard work. This league is a big commitment for our students as it runs from October to the end of March, and we appreciate your dedication to the team.

Our after-school flag football sessions with the Winnipeg Youth Football Club have officially wrapped up, and what an exciting season it was! This marked our school's very first time participating in flag football, and it was incredible to see so many students eager to learn new skills, work as a team, and have fun on the field. From practicing passes to celebrating touchdowns, every session was filled with energy, growth, and school spirit. We are so proud of all our participants for their enthusiasm and sportsmanship!

We are excited to share that our school is participating in a Winnipeg School Division pilot Learn to Skate program! Twenty of our Grade 4 students are taking part in weekly lessons at the Winter Club from March through mid-May. This wonderful opportunity, fully funded by the school division, includes professional instructors as well as skates, helmets, and ice time for all participants. Skating is an important life skill in Winnipeg, and this program not only helps students build confidence on the ice but also encourages them to stay active and enjoy the outdoors during our long winter months. We are so proud of our students for embracing this new challenge and developing skills they can carry with them for years to come!

Looking ahead to the month of April, Fit Run practices will be starting again, as we get ready for the divisional cross country elementary 2km race. Students in grade 4-6 are working hard to build their cardiovascular fitness as we train for this event. Practices will be on Thursdays at noon. Students need to bring a lunch that does not require heating, their own utensils, and dress for the weather.

Through the months of February and March the students explored different activities which involve jumping through dance, cultural activities, fitness, and of course skipping. One of the activities we did was speed skipping (how many skips in one minute). In celebration of this learning, our annual Jump Assembly was held on March 23. During the assembly we highlighted some of the different jumping activities we have learned. Students demonstrated tinikling (the national dance of the Philippines) as well as the scissor broad jump, one foot and two-foot-high kick (jumping games from the Inuit and Dene). The week prior to the assembly each class held a jump off during their pe time to figure out who was the fastest skipper in each class; this person was named the class jump champion. Each class champion went against the class champion(s) of their grade group partner(s). The student with the most skips was crowned their grade jump champion! The big finale of the assembly was the staff jump off, with six staff members going head-to-head to see who the fastest skipper was! A big congratulations and thank you to all the students and staff who participated in the assembly.



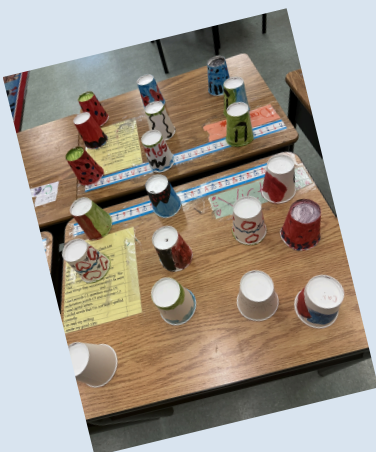
ROOM 227 - GRADE 4

Room 227 was buzzing with creativity this month as students explored the art of weaving by creating their own paper Kente cloth. Inspired by the rich textile traditions of Ghana, students learned to appreciate the harmony and symmetry of patterns while discovering that different designs can carry meaning and tell a story. The weaving process encouraged them to slow down, regulate their emotions, and work collaboratively, supporting one another through the calming rhythm of “over and under.” This hands-on project strengthened fine-motor skills, focus, and teamwork while celebrating cultural learning.



In math, students have been diving into the inverse relationship between multiplication and division. Through group activities, games, and shared problem-solving, they are beginning to see how these operations connect and support each other. Working in teams has helped students build confidence, explain their thinking, and learn from one another—an important part of developing both academic skills and positive learning behaviours.

Science has been equally exciting as students explored the concept of sound and how it travels through different types of matter. One highlight was building their own string telephones, a hands-on investigation that allowed them to see and feel how vibrations move from one place to another. This simple but powerful experiment helped students understand abstract concepts in a concrete way.



Grade 2 Room 221

Grade 2 students of Room 221 celebrated the Black History Month, I Love to Read Month, and the 100th day celebration of learning. They did a caricature of themselves as old people and what they imagined they would do when they are 100 years old. This helped them to be creative and write simple sentences by sounding the letters, using the word wall and the sound wall as well.



They did their research about the Black Inventors and Scientists to celebrate the important contributions they made. The students presented their findings in the class and shared them on our bulletin board. With this, they were able to work together and learn from each other. They worked hard to create the habitat of animals during wintertime. Each one made their contribution and become resourceful and creative by using boxes, used playdough, sticks, and other materials.

Room 221 has been working hard on their numeracy skills by using different strategies and variety of manipulatives. Numeracy time also allows them to create different things using Cuisenaire Rods and ones, tens, and hundreds blocks and count them afterwards. It is also a time for them to say the numbers in their own native language.



Room 221 as a class strived to live in harmony. With the medicine wheel, they were able to show how they can live in harmony with their family, friends, and community and how they can preserve the environment they live in.

They also made their handprint to signify that everyone can stand and shine together no matter where you come from. The love, joy and rigor in the classroom can be seen as they strive to learn and enjoy each day.





MARCH HAPPENINGS AT SISTER MACNAMARA



Indigenous Teachings with Dr. Froman



The students enjoyed a visit from the Honorable Minister Jamie Moses where he read two favorites: 'Enemy Pie' by Derek Munson and 'Creepy Carrots' by Aaron Reynolds.



Brass Band ensemble



Jump Rope for Heart Assembly



Check out some of our bulletin boards!



Check out
Sister
MacNamara's
new Logo!



We are thrilled to share our new Sister MacNamara School Logo, created by our students.

The criteria were provided to teachers and students before they submitted their own ideas.

Three winning drawings were selected to create this amazing logo. Thanks to all students and staff who contributed; this was a whole school effort. And we are very proud of our logo.





SCHOOL REGISTRATIONS FOR 2026-27



If your child was born in **2022**, they are eligible to start Nursery this September! If they were born in **2021**, they are eligible to start Kindergarten. Nursery and Kindergarten are half day classes either in the morning or afternoon.

- Registrations will be done on line for the upcoming school year. You are welcome to go to the Sister MacNamara website. There you will see the tab **Registrations**. Please follow the instructions and register online. If you do not have access to online registration, you are welcome to come in to the office to either fill out electronically or fill out a paper copy.

Please bring your child's:

- **Birth certificate**
- **Manitoba Health card**
- **A lease or tenant agreement OR a tax assessment letter to validate your address.**

For more information, please call the school at 204-942-6965 or email sisternac@wsd1.org.





*****If your child already attends Sister MacNamara, they are automatically registered for the next school year.**



APRIL

in the Family Room



monday	tuesday	wednesday	thursday	friday
		<i>Spring Break</i>		
		1	2	3
School Reopens		Nutrition Bingo 2:30 pm		PD -no classes
6	7	8	9	10
	Cooking Class 1:15		Growth Mindset 1:30-3:30 ----- Family Gathering 5:00-6:00	
13	14	15	16	17
	Painting 9:30 am	Nutrition Bingo 2:30 pm	Growth Mindset 1:30-3:30 ----- Family Event 4:00-5:30	Volunteer Celebration 10:30
20	21	22	23	24
			Growth Mindset 1:30-3:30	
27	28	29	30	

APRIL

Family Gathering

Thursday, April 16th

Please join us for school news
and dinner.

Childcare is provided!

Presentation:
Winnipeg Adult Education
Centre

Family Event

Thursday, April 23rd

4:00–5:30 pm

Dinner will be served!

Please watch for the flyer to be
sent home with your student.

Nutrition Bingo

Wednesday, April 8 and 22nd

@ 2:30 pm

Food prizes for all participants!

Cooking Class

Tuesday, April 14th

@ 1:15 pm

Create a dish to take home!

Contact Info

Questions?

Email us!

Nicole: nichristmas@wsdl.org

Hamda: hahmed@wsdl.org

Call us!

Phone: 204-942-6965

Teaching Children Growth Mindset

New!

**Thursdays
April 16, 23, 30th**

May 7 and 14th

1:30-3:30pm

Do you want to help teach your
child to reframe and meet
everyday challenges?

Growth Mindset helps to have
an attitude of “I can do hard
things!”.

This series will give you
practical tools to assist your
child in believing in their own
potential and abilities.



APRIL 2026



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
6	Day 4	7	Day 5	8	Day 6	9	Day 1	10	Day 2
		Filipino Heritage Club 3:30 - 5:00 <i>Lego Club 12-1:00</i>		CREATIVE Hands Club 12:00 - 1:00				Professional Development NO CLASSES 	
13	Day 3	14	Day 4	15	Day 5	16	Day 6	17	Day 1
Rms 226, 227, 228 to Oak Hammock Marsh 		Filipino Heritage Club 3:30 - 5:00 RWB GR. 3-6 <i>Lego Club 12-1:00</i>		BASKETBALL 12:00-1:00 <i>CREATIVE Hands Club 12:00 - 1:00</i>		Family Gathering 5:00 - 6:00 PM 		 Day of Pink Assembly PM 	
20	Day 2	21	Day 3	22	Day 4	23	Day 5	24	Day 6
RWB GR. 3-6 		Filipino Heritage Club 3:30 - 5:00 <i>Lego Club 12-1:00</i>		<i>Basketball 12 - 1:00</i> CREATIVE Hands Club 12:00 - 1:00		Family Event 4:00 - 5:30 fiddling concert for grades 4, 5 in PM		Volunteer Celebration 10:30 AM 	
27	Day 1	28	Day 2	29	Day 3	30	Day 4		
 Bus Ridership		RWB Grades 3-6 Filipino Heritage Club 3:30 - 5:00 <i>Lego Club 12-1:00</i>		CREATIVE Hands Club 12:00 - 1:00 ASSEMBLY AM RMS 202, 221					
							Looking ahead.....		
				FRIDAY MAY 8, 2026		PROFESSIONAL DEVELOPMENT - NO CLASSES			
				THURSDAY, MAY 7, 2026		LAST FAMILY GATHERING			
				MONDAY, MAY 18, 2026		VICTORIA DAY - NO CLASSES			

