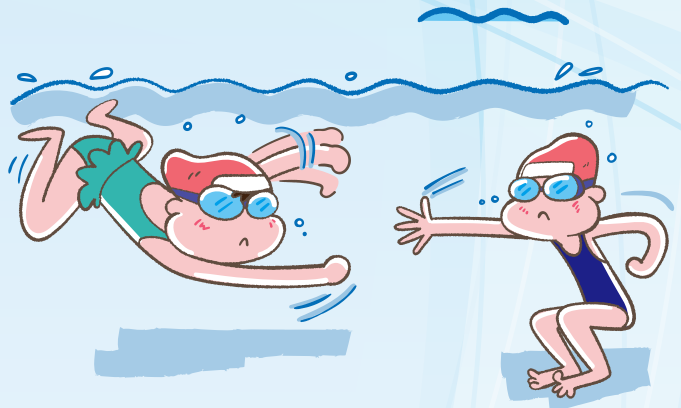# WATER SAFETY RULES

For children

- Learn how to swim
- Never swim alone
- Make sure you see the bottom
- Wear a Life Vest/Jacket
- Stay in the designated and supervised swimming areas for children
- Do not dive into the pool or hold your breath
- Stay away from waves and pool drains

For Adults

- Learn to swim
- Never leave a child in the water unsupervised
- Enrol your child in swimming lessons
- Learn CPR
- Wear a Life Vest/Jacket if you are not a strong swimmer

Brought to you by Winnipeg School Division's Intercultural Support Workers

WINNIPEG SCHOOL DIVISION