



SISTER MAC SPECIAL

OCTOBER 2025

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Message from the Administrative Team

Dear Sister MacNamara Families!

Welcome to October!

It is hard to believe it's already October! September flew by so quickly right before our eyes; they say, 'Time flies when you are having fun!'

We had a great month of September, with many exciting events and several special occasions.

These are a few highlights from last month:

Meet the Staff evening

A huge thank you to everyone who attended the "Meet the Staff" night. The gym was packed! It was exciting to see several families in the hallways and classrooms conversing with teachers and building relationships!

Classroom overviews with information about learning and programming were distributed that night; those who were not in attendance received the package sent home.

Terry Fox Run

Our Phys. Ed. teacher, Ms. Macdonald, led our annual Terry Fox Run in the gym, a significant event that all the students participated in with enthusiasm!! Their efforts and contributions were truly commendable.

Truth and Reconciliation - Orange Shirt Day Assembly

On Orange Shirt Day, all students and staff participated in a day of listening, learning, remembrance and action.

This was a significant step in our ongoing journey of reconciliation with the First Peoples of this land. We are grateful to our Winnipeg Division Knowledge Keeper, Ms. Elaine Mayhem, for her enlightening guidance and her message of love and respect for others.

A heartfelt thank you to all Sister MacNamara staff for their unwavering dedication and hard work from the start of this year. Your efforts have provided the very best learning opportunities for our students to start the school year, and have made everyone feel welcome! Keep up the great work!

Events coming up are:

-Rooms 119 and 121 will be hosting October's assembly. Parents/ Guardians are welcome to join us!

-Family Gathering will take place on October 16th at 5:00 PM-please join us.

-Bus ridership—October 29th during the day.

-Halloween celebrations are up to each classroom teacher, and information will follow.

Teachers are focused on building relationships with students and creating a caring classroom community. They are collecting information and getting to know each of their students as individuals. This will help to plan for your child(ren)'s learning success throughout the year. We are honoured that you trust us every day to take good care of your child and provide quality daily learning.

Reminders

October 8th – WSD PD for all employees

October 13th-School closed for Thanksgiving—Happy Thanksgiving everyone!

October 16th-5:00 PM Family Gathering

October 24th-School closed for professional development

M. Sackey
Principal



C. Couture
Vice Principal

SISTER MACNAMARA SCHOOL CALENDAR OF EVENTS 2025-2026



NOVEMBER 2025

- 10 Remembrance Day Assembly--11:00 AM
- 11 Remembrance Day - **SCHOOL CLOSED**
- 24-25-26 IEP Meetings
- 27 Student-Led Conferences--Evening
- 28 Student-Led Conferences--**NO CLASSES**

DECEMBER 2025

- 17 Winter Concert--6:00 PM for Grades 1-6 18
- N-K Winter Concert--10:00 AM & 1:30 PM
- 19 Movie Day
- Dec 22 --Jan2 WINTER BREAK -- **SCHOOL CLOSED**

JANUARY 2026

- 5 School re-opens after Winter Break

FEBRUARY 2026

- 2 Professional Development Day - **NO CLASSES**
- 14 Valentine's Day
- 16 Louis Riel Day-HOLIDAY -- **SCHOOL CLOSED**
- 27 Jump Rope for Heart assembly 2:30 PM

MARCH 2026

- 4 Classroom Photos
- 16-17-18 IEP Meetings
- 18 Student-Led Conferences -- evening
- 19 Student-Led Conferences -- all day - **NO CLASSES**
- 20 Professional Development -- **NO CLASSES**
- 23-27 Spirit Week
- 27 Movie Day
- 30-Apr.6 SPRING BREAK -- **SCHOOL CLOSED**

APRIL 2026

- 6 School re-opens after Spring Break
- 10 Professional Development Day - **NO CLASSES**
- 16 Bus Ridership
- 17 Day of Pink - Assembly 1:15 PM
- 24 Volunteer Celebration 10:30 AM

MAY 2026

- 8 School Planning Day - **NO CLASSES**
- 18 Victoria Day - HOLIDAY - **SCHOOL CLOSED**

JUNE 2026

- 12 Field Day
- 17 Year End Celebration
- 21 National Indigenous People's Day
- 24 Grade 6 Farewell - 1:15 PM
- 30 Talent Show 9:15 AM
- 30 Last Day of School - 11:30 dismissal for all students

***Looking ahead to 2025-26 school year
Common Closure Dates for the Division***

Wednesday, October 8, 2025 (WSD)

Friday, October 24, 2025 - MTS PD Day (Metro)

Friday, November 21, 2025 (WSD)

Friday, November 28, 2025 Student Led Conferences (Sister MacNamara only)

Monday, February 2, 2026 (Metro)

Thursday, March 19, 2026 Student Led Conferences (Sister MacNamara only)

Friday, March 20, 2026 (Metro)

Friday, April 10, 2026 (Metro)

Friday, May 8, 2026 (WSD)



**NEED WINTER
GEAR?**



Is your student in need of winter gear?
Koats for Kids is open for ordering!
Please see Nicole or Hamda in the Family Room
with your child's name, coat and/or boot size.

Breakfast Program

Breakfast Program is now being served in the classroom after the morning bell .
Please encourage your children to take advantage.

Lunch Program News

Lunch program has starting up and is in full swing again this September. It is intended for parents/guardians who are working or going to school and other options for supervision over the lunch hour is limited.

Thank you for sending healthy lunches for your child to enjoy. There is only one microwave per lunch room. Please ensure that your child's lunch is not frozen and can be heated up in a couple of minutes. Your help is greatly appreciated.

Please pack healthy choices if you are sending extra snacks in your child's lunch. Extra fruit or cheese and crackers are good choices! Foods that are high in sugar and fat content need to be left at home.

Just a reminder... do not send any peanut or nut products or any fish (including tuna, or salmon) as there are students who have life threatening allergies to these foods.

The Lunch Program has behavior expectations. Please review them with your child.

They are:

Listen to the adults at all times

Use kind words to solve problems

Keep your hands and feet to yourself at all times

Ask a grown up for help.

SISTER MACNAMARA SCHOOL MISSION STATEMENT

The mission of Sister MacNamara School is to create a safe, respectful environment where adults help students achieve academic and social success, appreciating and honouring each other's differences and cultural backgrounds.



NEWS FROM THE GYM

Welcome to another year of fun and fitness at Sister MacNamara school! Physical education is an important part of student learning and promotes lifelong physical activity. For students to fully participate in physical education classes they need clean, indoor (non-marking soled) running shoes.



On September 26 our school participated in our annual Terry Fox Run. This special event was a fun way for our students to come together and run or walk to help raise awareness for cancer research. Terry Fox was a Canadian hero who inspired people everywhere with his determination and hope. By joining the run, our students learned about kindness, courage, and the importance of helping others. We loved seeing everyone out there, cheering each other on and making a difference!

The grade 5 and 6 soccer teams have been working hard this month to get ready for their respective tournaments at Tech Voc field in October. The students showed great dedication by coming to all the practices and are excited to play in the tournaments. We know that you will try your best and do a great job representing Sister MacNamara School.



All Grades 1-6 students will be served breakfast in their classroom at 9:05 AM every school day. Thank you to our food coordinators who prepare a healthy breakfast for the students every morning!



Please do not send your child to school before 8:45 AM



Families:

If you are dropping off your child for school, have a meeting or are coming to the Family Room for activities, we ask that you please wait at the door and we will assist you as quickly as we can.

If you are coming to pick up your child please ring the office and we will work on having them ready to go as soon as possible. Thanks for your patience!

Dismissal times are 12:00 and 3:30 PM.
Please be on time to pick up your children.





News from the Art Room!

Hello to all our amazing Sister Mac students, families, and friends!
It's been a fun and busy September in the Art Room! We kicked off the year by going over our classroom expectations and diving into our very first school-wide art project – self portraits!

To get inspired, we looked at both past and present artists who have created self portraits in all kinds of unique styles. Then, we got creative and started making our own mini versions! You'll be able to see them soon on display in our Gallery hallway.



Creating self portraits has given us the chance to take a closer look at our faces and explore the shapes and lines that make each of us unique. We've also been learning some cool “Art Words of the Week” to guide our work. One of them is MONOCHROMATIC, which means using just one colour in different shades. We've also been learning about VALUE – how light and shadow can help add depth and dimension to our art.

On top of all that, we've picked up lots of tips and tricks for using pencil crayons, markers, and Sharpies in fun and creative ways. It's been a packed month full of learning and creativity!

We can't wait to share our art with you. Be sure to stop by and check out our work on the walls – we think you'll love it!

-Ms. Muns





Family Room

October 2025



| monday | tuesday | wednesday | thursday | friday |
|--|---------|----------------------------------|--|--------------------------------|
| | | Nutrition Bingo 2:30 1 | 2 | Cooking Class 1:15 3 |
| Family Room Closed 6 | 7 | PD no classes 8 | 9 | Cooking Class 1:15 10 |
| Thanksgiving • school closed 13 | 14 | Nutrition Bingo 2:30 15 | Family Gathering 5 pm 16 | Cooking Class 1:15 17 |
| Painting 9:15 am 20 | 21 | Nutrition Bingo 2:30 22 | Family Event -stay tuned for more info! 23 | PD no classes 24 |
| 27 | 28 | Nutrition Bingo 2:30 29 | 30 | Cooking Class 1:15 31 |



FAMILY ROOM NEWSLETTER



FAMILY GATHERING

THURSDAY, OCT 16

5-6PM

Please join us for school news and an opportunity to share feedback.

Pizza will be served
and childcare is provided.



NUTRITION BINGO

Food prizes for
all participants!

Wednesdays
Oct 1, 15, 22, 29
@ 2:30 pm



COOKING CLASS

Fridays @ 1:15

Oct 3 - Carrot Cake

Oct 10 - Thanksgiving side dish

Oct 17 - veggie chili

Oct 31 - Halloween pizza

Come out and try a new
recipe!

All ingredients included and
you will take home your
creation.



STAY IN TOUCH

Nicole

nichristmas@wsd1.org

Hamda

hahmed@wsd1.org



Fall Family Event

October 23 5-6 pm

Please stay tuned for more details on this
event for the whole family!





OCTOBER 2025

Looking ahead

Tuesday, November 11, 2025 Remembrance Day- NO CLASSES

Friday, November 21, 2025 Professional Development, NO CLASSES

Thursday, November, 27 evening Student Led Conferences

Friday, November 28, 2025 Student Led Conf - NO CLASSES



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---------------------|-------|---|-------|---|-------|-----------------------|-------|--------------------|-------|
| | | | | 1 | Day 3 | 2 | Day 4 | 3 | Day 5 |
| Looking ahead | | | | Grade 5 soccer tournament at Tec Voc AM | | | | | |
| 6 | Day 6 | 7 | Day 1 | 8 | Day 2 | 9 | Day 3 | 10 | Day 4 |
| | | Grade 6 outdoor soccer tournament at Tec Voc AM | | Professional Development NO CLASSES | | | | | |
| 13 | | 14 | Day 5 | 15 | Day 6 | 16 | Day 1 | 17 | Day 2 |
| Happy Thanksgiving | | | | | | Family Gathering 5:00 | | | |
| 20 | Day 3 | 21 | Day 4 | 22 | Day 5 | 23 | Day 6 | 24 | Day 1 |
| Picture Day | | | | | | | | MTS Day NO CLASSES | |
| 27 | Day 2 | 28 | Day 3 | 29 | Day 4 | 30 | Day 5 | 31 | Day 6 |
| | | | | Bus Ridership | | | | | |

