



SISTER MAC SPECIAL

MAY 2025

460 Sargent Avenue
Winnipeg MB R3B 1V5
sistermac@wsd1.org
204-942-6965

Message from the Administrative Team

Dear Sister MacNamara Families,

Happy May to you! We are looking forward to spending more time outside in the Outdoor Learning Classroom with the warmer weather. We hope you are taking the time to enjoy the gorgeous sunny days! Please see Nicole, CSW, in the Family Room if you are interested in gardening and caring for plants in our garden beds at the school.

There were several special events that took place last month, in April. The school celebrated the Day of Pink on April 17th. We celebrated messages of showing kindness to one another, to stop bullying and to constantly work on building a community of inclusion and equity at our school. The Nursery and Kindergarten classrooms hosted the assembly and lead us in songs and poems to include everyone and to show kindness. Our Grade 4 students started their Swimming Counts program and are excited to participate in the swimming program at Sargent Tommy Prince pool in May. There were several classroom events and field trips that were held in April. Multiple families came to support the events and enjoyed their time learning with their children at school. We appreciate so many people being with us as we focus on learning, families supporting their children and celebrating the ideas of Mamahtawiswin – living the “Good Life” and the BSSIP program. We also celebrated our volunteers last Friday with a beautiful reception to honour each one of them. We appreciate them and our staff who work tirelessly to share their gifts and talents during events and in the classroom.

Registration Packages provided by Community School Investigators (CSI)—summer learning program were sent home in April. Remember to get registered as quickly as possible because spots fill up fast. Last day to return application forms is May 14th. The program will contact families to let them know if their child will be attending this summer.

We encourage all our families to check out the newsletter calendar to keep informed about the special events in May and June. It is also a helpful reminder about all the field trips that are planned for each classroom during the last two months of our school year.

I have recently announced to the staff and the school division that I will be retiring from being the Principal of Sister MacNamara School at the end of June. I have been the principal here for 11 years. It has been a great honour to serve all of you and your children during my time, as the principal. It has been a pleasure to work hard with our staff to ensure Sister MacNamara is a great place of learning. I am extremely proud of what we all have accomplished. Thank you for the trust you have given me in looking after your children and your friendship and support over the past 11 years.

Dates to remember in May:

Thursday, May 8—Family Gathering 5:00 PM (last meeting for this year)

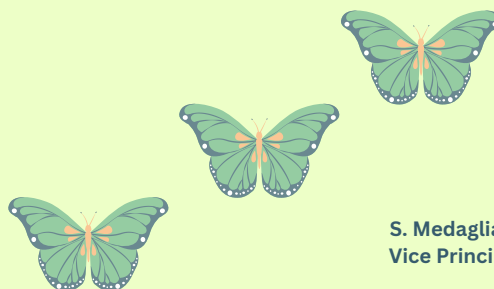
Friday, May 9—School Planning Day—no classes for students

Tuesday, May 13—Vaccine Clinic

Monday, May 19—Victoria Day, No School

Friday, May 23—Math Olympics Day

D. Lenhardt Mair
Principal



S. Medaglia Dos Santos
Vice Principal

CALENDAR OF EVENTS 2024-25

JUNE 2025

- 13 FIELD DAY
- 19 YEAR END CELEBRATION—9:00 AM
- 20 GRADE 6 FAREWELL—1:15 PM
- 20 REPORT CARDS GO HOME
- 21 NATIONAL INDIGENOUS PEOPLES DAY
- 27 TALENT SHOW – 9:15 AM
- 27 LAST DAY OF SCHOOL—STUDENT DISMISSAL AT 11:30 AM



Looking ahead to 2025-26 school year Common Closure Dates for the Division

Tuesday, September 2, 2025 (Metro)
Wednesday, October 8, 2025 (WSD)
Friday, October 24, 2025 - MTS PD Day (Metro)
Friday, November 21, 2025 (WSD)
Monday, February 2, 2026 (Metro)
Friday, March 20, 2026 (Metro)
Friday, April 10, 2026 (Metro)
Friday, May 8, 2026 (WSD)

Two more dates to be determined



If your child was born in 2021, they are eligible to start Nursery this September! If they were born in 2020, they are eligible to start Kindergarten. Nursery and Kindergarten are half day classes either in the morning or afternoon.

This year you must register online. You are welcome to go to the Winnipeg School Division website. Look for the Registration tab, pick the school you are registering for and fill out the form electronically. You are then welcome to upload your documents which would include

- **their birth certificate**
- **Manitoba Health card**
- **A lease or tenant agreement OR a tax assessment letter to validate your address.**

For more information, please call the school at 204-942-6965 or email sisternac@wsd1.org.



Lunch Program News

Thank you for sending healthy lunches for your child to enjoy. We would like to remind you that there is only one microwave per lunch room. Please ensure that your child's lunch is not frozen and can be heated up in a couple of minutes. Your help is greatly appreciated.

In June, we will be planning and preparing for lunch program for the next school year.

Please pack healthy choices if you are sending extra snacks in your child's lunch. Extra fruit or cheese and crackers are good choices! Foods that are high in sugar and fat content need to be left at home.

Just a reminder... do not send any peanut or nut products or any fish (including tuna, or salmon) as there are students who have life threatening allergies to these foods.

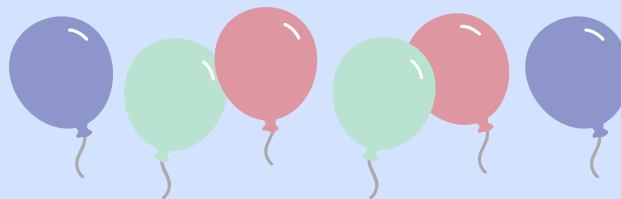
The Lunch Program has behavior expectations. Please review them with your child.
They are:



Listen to the adults at all times
Use kind words to solve problems
Keep your hands and feet to yourself at all times
Ask a grown up for help.



We love to help celebrate your child's milestones like birthdays or special events! Due to possible allergic reactions that could occur within the school, we ask you not send any snacks or treats for the class to share, whether it be homemade or store bought. Our goal is to keep everyone safe and we thank you for your understanding and consideration.



NEWS FROM THE GYM

We are excited to announce that Zumba classes will be starting at Sister MacNamara school. All the grade 1-6 students will get to take part in this fun, energetic, and invigorating dance opportunity as part of their regular physical education programming. Zumba is a dance-based fitness program that combines Latin and international music with a series of choreographed dance steps and movements. It's designed to be a fun and engaging workout for people of all ages and fitness levels. At Sister Mac, we pride ourselves in giving our students the opportunity to explore movement and fitness in many different ways.



A big congratulations to our grade 6 basketball team who played their season over the month of March in the Inner-City Basketball league. The Inner-City Basketball League was a new endeavor the WSD started this year. The league ran over the month of March, with games being played over the lunch hour at the Sport For Life Building, against other schools in the division. You were a competitive, kind, respectful, and hardworking team. We are so proud of how beautifully you represented our school.



Fit Run practices have started again, as we get ready for the divisional cross country elementary 2km race. Students in grade 4-6 are working hard to build their cardiovascular fitness as we train for this event. Practices are on Thursdays at noon. Students need to bring a lunch that does not require heating, their own utensils, and dress for the weather.



Now that the weather has turned nicer, please remember to continue to bring runners to physical education classes. Appropriate footwear is a must for safe and active participation in class. Sandals, crocs, and flip flops are not meant for active play in the gym.

May will be the last month for intramurals. Grade 4-6 students had a lot of fun over the lunch hours playing a variety of games/sports.



CSI will be taking place once again at Sister MacNamara this summer!

CSI stands for Community Schools Investigators. Applications are being processed and those families who will be attending will be notified this month.



All Grades 1-6 students are welcome to attend Breakfast Program at 8:30 AM every school day. Thank you to our food coordinators who prepare a healthy breakfast for the students every morning!



If your child is not attending breakfast program, do not send them before 8:45 as there is no supervision on the playground.

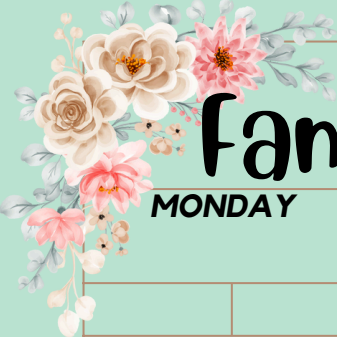
Families:

If you are dropping off your child for school, have a meeting or are coming to the Family Room for activities, we ask that you please wait at the door and we will assist you as quickly as we can.





If you are coming to pick up your child please ring the office and we will work on having them ready to go as soon as possible. Thanks for your patience!

Dismissal times are 12:00 and 3:30 PM.
Please be on time to pick up your children.





Family Room - May 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Day 3	2	Day 4
						Beading 9 am Bingo 2:30 pm		Cooking Class 1:15 pm	
5	Day 5	6	Day 6	7	Day 1	8	Day 2	9	Day 3
 Craft Time 1:15		 Food Distribution		Wiggle Giggle Munch 1:15-3:15		Family Gathering 5 pm 		PD NO CLASSES	
12	Day 4	13	Day 5	14	Day 6	15	Day 1	16	Day 2
Cooking Class 1:15 pm 		Food Distribution		Wiggle Giggle Munch 1:15-3:15 		Nutrition Bingo 2:30		Financial Literacy with CMWI 1:00 	
19		20	Day 3	21	Day 4	22	Day 5	23	Day 6
 Victoria Day NO CLASSES		 Food Distribution		Wiggle Giggle Munch 1:15-3:15		Nutrition Bingo 2:30 		Financial Literacy with CMWI 1:00 	
26	Day 1	27	Day 2	28	Day 3	29	Day 4	30	Day 5
 Craft Time 1:15		Painting 9 am Food Distribution		Wiggle Giggle Munch 1:15-3:15 		Family Room Closed		Financial Literacy with CMWI 1:00	

Family Room News

May 2025

FOOD

Distribution

-Every Tuesday

Please make an appointment to pick up bread and potato packages.

Wiggle Giggle Munch

Wednesdays - May 7, 14, 21, 28 @ 1:15

For children aged 1-4 and their caregivers.

There will be movement games, songs, and snack.

Family Gathering!

Thursday, May 8th @ 5pm

We want to hear from you!

Please come and share your feedback for the 2024-25 school year.

Pizza will be served and there will be childcare and a movie for children.



events

Cooking Class @ 1:15 pm

May 2 - Monique's Chocolate Cake

May 12 - breakfast muffins

Nutrition Bingo- Thurs @ 2:30

May 1, 15, 22

Food Prizes for all Participants!

Painting - Tuesday, May 27th

@ 9:00 am

We will follow a live tutorial of acrylic painting on canvas.

All supplies provided.

Craft Time - Monday @ 1:15 pm

May 5 - Spring flower box

May 26 - wood block bug craft

Financial Literacy

presented by

Canadian Muslim Women's Institute

Fridays @ 1:30

May 16, 23, 30

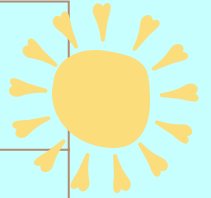


Thurs May 1st @ 9:00 am - Beading
All supplies provided and no experience required!
Teresa will lead a box technique in creating beaded earrings from her Metis Perspective.

Please contact us with any questions: 204-942-6965
Nicole: nichristmas@wsd1.org
Hamda: hahmed@wsd1.org
(speaks Somali)



May 2025



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
						1	Day 3	2	Day 4
Looking ahead Friday, June 13, 2025.....Summer Fun Day Friday, June 20, 2025Grade 6 Farewell 1:15 PM Friday, June 27, 2025 last day of classes 11:30 dismissal for all						Grade 4 swimming		Grade 6 badminton tournament	
5	Day 5	6	Day 6	7	Day 1	8	Day 2	9	Day 3
				Rms 227 & 129 at U. of W. for STEM 9:00 Assembly Rms 225, 206, 202		Family Gathering 5 pm RWB AM Grade 4 swimming		 NO CLASSES SCHOOL PLANNING DAY	
12	Day 4	13	Day 5	14	Day 6	15	Day 1	16	Day 2
		CSI FORMS DUE VACCINE CLINIC				Room 202 & 225 to Living Prairie Museum Grade 4 swimming			
19		20	Day 3	21	Day 4	22	Day 5	23	Day 6
 Victoria Day NO CLASSES		Grade 6's to Ft. Whyte		LOCKDOWN DRILL PRACTICE		FAMILY EVENING		MATH OLYMPICS	
26	Day 1	27	Day 2	28	Day 3	29	Day 4	30	Day 5
		Rm 226 & 227 to Oak Hammock Marsh				Rm 121 & 122 to the Zoo 			

