



# SISTER MAC SPECIAL

## JUNE 2025

460 Sargent Avenue  
Winnipeg MB R3B 1V5  
sistermac@wsd1.org  
204-942-6965

### Message from the Administrative Team

Dear Sister MacNamara Families,

June has arrived and celebrations are in store for Sister MacNamara School. We would like to share some of our accomplishments this year from our Family Gatherings & school events; Orange Shirt Day, Remembrance Day assembly, Jump Rope for Heart month, Volunteer Celebration, Math Olympics, our highly attended Winter Concert, RWB Dance, Zumba Dancers, Spirit Week, Day of Pink assembly, STEAM Fair, Fit Run, extra curricular sports, Badminton Tournament, Smile Dental, Mobile Vision Clinic, BSSIP family/school activities, CanU and other after school events. We have so many things to be proud of and to celebrate. We hope you and your children enjoyed the opportunities to take part in these unique experiences throughout this past school year.

Room 230 will be representing Sister MacNamara School at the Winnipeg School Division year end Pow Wow. This event will take place on Thursday, June 5th in the field adjacent to Tech Voc High School. Students who decide not to dance can participate in other learning opportunities at the event.

I would like to take this opportunity to thank the staff of Sister MacNamara School for a successful year of learning, exploring and growing together as a community. The school will be sending out a formal letter to update you on staff changes for the upcoming school year. I am very grateful for my time at this school and the hard work that our team has done to make this a special place of learning. Ms. Mercy Sackey was appointed as the new Principal of Sister MacNamara School in September. Please join me in welcoming her to our school. Ms. Sonia Medaglia Dos Santos will be leaving our school in June. She has been appointed as the Principal of Pinkham School. We are excited for her and her new adventure. A huge thank you goes out to her for all of her efforts and work at our school. Good luck next year!

Sister MacNamara School will be hosting our Year End Celebration assembly on June 19th, at 9:00 AM. This will be a day where we will take some time to honour our students' achievements for the 2024-2025 school year. The Grade 6 Farewell Ceremony will take place in the gym on Friday, June 20th at 1:15 PM. This will be a time where we will be highlighting our Grade 6 students' accomplishments as they transition to Junior High and say farewell to Sister MacNamara School. This is a memorable event. Our annual Talent Show will be held on June 27th. This is an assembly that is for students and staff to celebrate the end of the year. Students are working together to plan for a presentation if they would like to share their talents.

On behalf of Sonia and myself, have a wonderful summer and be safe!

#### Coming Events for June

June 5th– Annual Division Pow Wow at Tec Voc

June 13th– Field Day

June 19th–Year End Celebration

June 20th– Grade 6 Farewell

June 20th–Report Cards go home

June 27th –last day of classes, 11:30 DISMISSAL

D. Lenhardt Mair  
Principal



S. Medaglia Dos Santos  
Vice Principal

## **SISTER MACNAMARA SCHOOL CALENDAR OF EVENTS 2025-2026**



### **SEPTEMBER 2025**

- 2 Administration Day – Opening Day Staff Meeting
- 3 First day of school for students Grades 1-6
- 5 New School Year assembly – Administration hosting – 9:00 AM
- 8 First day for Nursery - Kindergarten
- 17 Whole School Evacuation Day–Knox Church (9:15 AM)
- 18 Meet the Staff Night–5:00 PM
- 25 Grade 6 Immunization
- 26 Terry Fox Run
- 29 Orange Shirt Day – Assembly – 9:00 AM
- 30 National Day for Truth and Reconciliation - **SCHOOL CLOSED**

### **OCTOBER 2025**

- 8 WSD All Staff Meeting - **NO CLASSES**
- 13 Thanksgiving Day HOLIDAY – **SCHOOL CLOSED**
- 20 School Photos
- 24 MTS Professional Development Day -**NO CLASSES**
- 31 Halloween

### **NOVEMBER 2025**

- 10 Remembrance Day Assembly–11:00 AM
- 11 Remembrance Day - **SCHOOL CLOSED**
- 24-25-26 IEP Meetings
- 27 Student-Led Conferences–Evening
- 28 Student-Led Conferences–**NO CLASSES**

### **DECEMBER 2025**

- 17 Winter Concert–6:00 PM for Grades 1-6 18
- N-K Winter Concert–10:00 AM & 1:30 PM
- 19 Movie Day
- Dec 22 --Jan2 WINTER BREAK -- **SCHOOL CLOSED**

### **JANUARY 2026**

- 5 School re-opens after Winter Break

### **FEBRUARY 2026**

- 2 Professional Development Day - **NO CLASSES**
- 14 Valentine's Day
- 16 Louis Riel Day-HOLIDAY – **SCHOOL CLOSED**
- 27 Jump Rope for Heart assembly 2:30 PM

### **MARCH 2026**

- 4 Classroom Photos
- 16-17-18 IEP Meetings
- 18 Student-Led Conferences – evening
- 19 Student-Led Conferences – all day - **NO CLASSES**
- 20 Professional Development -- **NO CLASSES**
- 23-27 Spirit Week
- 27 Movie Day
- 30-Apr.6 SPRING BREAK – **SCHOOL CLOSED**

## APRIL 2026

- 6 School re-opens after Spring Break
- 10 Professional Development Day - **NO CLASSES**
- 16 Bus Ridership
- 17 Day of Pink - Assembly 1:15 PM
- 24 Volunteer Celebration 10:30 AM

## MAY 2026

- 8 School Planning Day - **NO CLASSES**
- 18 Victoria Day - HOLIDAY - **SCHOOL CLOSED**

## JUNE 2026

- 12 Field Day
- 17 Year End Celebration
- 21 National Indigenous People's Day
- 24 Grade 6 Farewell - 1:15 PM
- 30 Talent Show 9:15 AM
- 30 Last Day of School - 11:30 dismissal for all students

### ***Looking ahead to 2025-26 school year Common Closure Dates for the Division***

Tuesday, September 2, 2025 (Metro)  
Wednesday, October 8, 2025 (WSD)  
Friday, October 24, 2025 - MTS PD Day (Metro)  
Friday, November 21, 2025 (WSD)  
Friday, November 28, 2025 Student Led Conferences (Sister MacNamara only)  
Monday, February 2, 2026 (Metro)  
Thursday, March 19, 2026 Student Led Conferences (Sister MacNamara only)  
Friday, March 20, 2026 (Metro)  
Friday, April 10, 2026 (Metro)  
Friday, May 8, 2026 (WSD)

## Lunch Program News

Thank you for sending healthy lunches for your child to enjoy. We would like to remind you that there is only one microwave per lunch room. Please ensure that your child's lunch is not frozen and can be heated up in a couple of minutes. Your help is greatly appreciated.

Please pack healthy choices if you are sending extra snacks in your child's lunch. Extra fruit or cheese and crackers are good choices! Foods that are high in sugar and fat content need to be left at home.

**Just a reminder... do not send any peanut or nut products or any fish (including tuna, or salmon) as there are students who have life threatening allergies to these foods.**

***During the month of June, we will be planning and preparing for Lunch Program for the next school year. Information about the lunch program will be sent home in regards to registration very soon.***

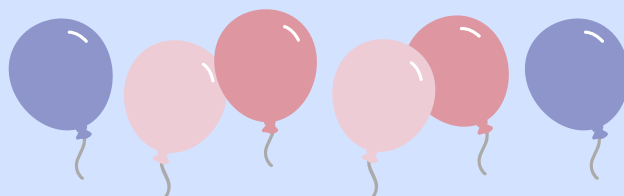
The Lunch Program has behavior expectations. Please review them with your child.  
They are:



Listen to the adults at all times  
Use kind words to solve problems  
Keep your hands and feet to yourself at all times  
Ask a grown up for help.



We love to help celebrate your child's milestones like birthdays or special events! Due to possible allergic reactions that could occur within the school, we ask you not send any snacks or treats for the class to share, whether it be homemade or store bought. Our goal is to keep everyone safe and we thank you for your understanding and consideration.



## **NEWS FROM THE GYM**

May marked the end of our Royal Winnipeg Ballet classes. We thank Ms. Grace for sharing her dance expertise with us. Students in grade 3-6 had a great time learning both hip hop and contemporary styled dances.



Zumba classes have started at Sister MacNamara school. All the grade 1- 6 students will get to take part in this fun, energetic, and invigorating dance opportunity as part of their regular physical education programming. Zumba is a dance-based fitness program that combines Latin and international music with a series of choreographed dance steps and movements. It's designed to be a fun and engaging workout for people of all ages and fitness levels. At Sister Mac, we pride ourselves in giving our students the opportunity to explore movement and fitness in many different ways.

A big congratulations to our grade 6 badminton team who played in our school's first doubles badminton tournament. Students played a morning tournament against students from Wellington school. You were a competitive, kind, respectful, and hardworking team! We are so proud of how beautifully you represented our school.



Our divisional Fit Run race is on Tuesday, June 3 at the Old Exhibition Grounds. Students in grade 4-6 are working hard to build their cardiovascular fitness as they trained for the cross country elementary 2 km race. Students need to dress for the weather as the race goes rain or shine.

Now that the weather has turned nicer, please remember to continue to bring runners to physical education classes. Appropriate footwear is a must for safe and active participation in class. Sandals, crocs, and flip flops are not meant for active play in the gym.

May was the last month for intramurals. Grades 4-6 students had a lot of fun over the lunch hours playing a variety of games/sports.

As summer approaches, whether its bike riding, playing ball, swimming, or playing on the play structure, remember to stay active and keep hydrated!



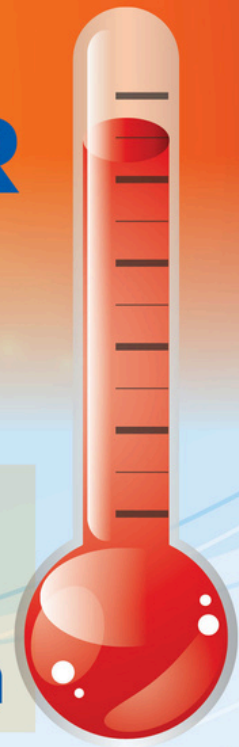
# WSD SCHOOLS & HOT WEATHER

Winnipeg School Division has 78 schools, with some being the oldest school buildings in Manitoba. The average age of our school buildings is 70 years old, with 16 buildings over 100 years old.



The cost to install and make all our schools fully air conditioned is approximately

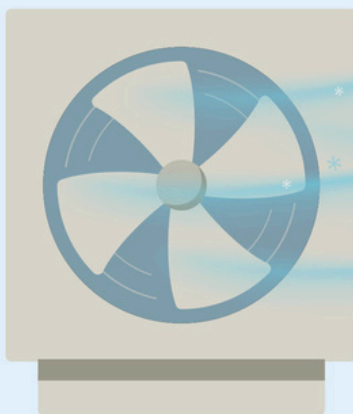
**\$130 Million**



- 32** facilities with full air conditioning
- 27** facilities partially air conditioned (i.e. only in modern school additions or gymnasiums).
- 19** facilities with no air conditioning



WSD includes air conditioning upgrades in our yearly 5-Year Capital Plan submissions to the Province.



## Keeping students and staff cool

WSD implements the following techniques:

- Running ventilation systems early in the morning to cool schools before arrival
- Controlling outside air intake during the school day
- Using oscillating fans to create air movement
- Minimizing using overhead lights
- Switching off unused classroom electronics
- Closing shades to block direct sunlight
- Taking cool-down breaks between lessons
- Avoiding excess movement during midday heat
- Encouraging students and staff to stay hydrated
- Checking students and staff for heat-related health symptoms



WINNIPEG SCHOOL DIVISION



If your child was born in **2021**, they are eligible to start Nursery this September! If they were born in **2020**, they are eligible to start Kindergarten. Nursery and Kindergarten are half day classes either in the morning or afternoon.

This year you must register online. You are welcome to go to the Winnipeg School Division website. Look for the Registration tab, pick the school you are registering for and fill out the form electronically. You are then welcome to upload your documents which would include:



- their birth certificate
- Manitoba Health card



- A lease or tenant agreement OR a tax assessment letter to validate your address.

For more information, please call the school at 204-942-6965 or email [sisternac@wsd1.org](mailto:sisternac@wsd1.org).

All Grades 1-6 students are welcome to attend Breakfast Program at 8:30 AM every school day. Thank you to our food coordinators who prepare a healthy breakfast for the students every morning!

If your child is not attending breakfast program, do not send them before 8:45 as there is no supervision on the playground.

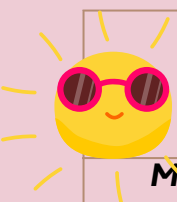
### Families:

If you are dropping off your child for school, have a meeting or are coming to the Family Room for activities, we ask that you please wait at the door and we will assist you as quickly as we can.

If you are coming to pick up your child please ring the office and we will work on having them ready to go as soon as possible.  
Thanks for your patience!

Dismissal times are 12:00 and 3:30 PM.  
Please be on time to pick up your children.

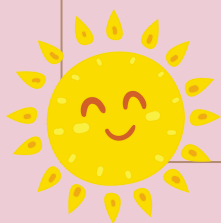




# Family Room - June 2025



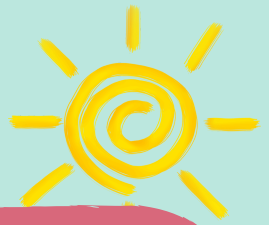
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Day 6	3	Day 1	4	Day 2	5	Day 3	6	Day 4
 Craft Time 1:15		 Food Distribution		 Nutrition Bingo 2:30		Family Room Closed		 Zumba 1:00	
9	Day 5	10	Day 6	11	Day 1	12	Day 2	13	Day 3
 Beading with Teresa 1:30 pm		 Food Distribution		 Nutrition Bingo 2:30		 Cooking Class 1:15		 Field Day Family Room closed	
16	Day 4	17	Day 5	18	Day 6	19	Day 1	20	Day 2
 HAPPY FATHER'S DAY  Craft Time 1:15 pm		 Food Distribution		 Nutrition Bingo 2:30		 Cooking Class 1:15		 Year End Event 11:00	
23	Day 3	24	Day 4	25	Day 5	26	Day 6	27	Day 1
Family Room Closed		 Food Distribution		Family Room Closed		Family Room Closed		 Last Day of School!  Have a great summer	





# Family Room News

## June 2025



### FOOD DISTRIBUTION

There are potatoes and bread every Tuesday afternoon. Please make an appointment to pick up your food package.

### Nutrition BINGO!

Wednesdays

June 4, 11, 18th

All participants will receive food prizes.



### ZUMBA

Friday, June 6<sup>th</sup> @ 1:00 pm

Please join us in the gym for a fun time of movement led by a guest instructor

### COOKING CLASS

Thursdays @ 1:15

June 12<sup>th</sup>

June 19<sup>th</sup>

Participants will leave with the dish they have created!

### Craft Time @ 1:15 pm

Monday, June 2 - Embroidery Wall Art  
Monday, June 16 - Cactus Painted Rocks

### YEAR END EVENT! FRIDAY, JUNE 20TH @ 11 AM

Let's celebrate a great year! We will have snacks, games, and prizes.

Please contact us with any questions: 204-942-6965

Nicole: nichristmas@wsd1.org

Hamda: hahmed@wsd1.org (speaks Somali)





# JUNE 2025



hello  
SUMMER



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Day 6	3	Day 1	4	Day 2	5	Day 3	6	Day 4
		Fit Run Grade 4-6 AM		Grade 6 soccer team to Valour FC game		Rm 230 Pow Wow at Tec Voc		Room 227 to Fort Whyte  N/K to Central Park	
9	Day 5	10	Day 6	11	Day 1	12	Day 2	13	Day 3
				Patrols Laser Tag Uptown Alley AM		Rm 230 Wise Kinetics PM		Field Day	
16	Day 4	17	Day 5	18	Day 6	19	Day 1	20	Day 2
				Grade 6 bowling Uptown Lanes AM		Year End Assembly  Rm 227 to The Leaf		Grade 6 Farewell 1:15 PM Report Cards go home	
23	Day 3	24	Day 4	25	Day 5	26	Day 6	27	Day 1
								 <u>11:30 dismissal</u> <u>for all students</u>	
				Looking ahead ..... Wednesday, September 3, 2025 ..... School resumes for Grades 1-6 Monday September 8, 2025 ..... School starts for Kindergarten and Nursery					