

The Sister Mac Special



Sister MacNamara School
460 Sargent Avenue
Winnipeg, Manitoba R3B 1V5
sisternac@wsd1.org
204-942-6965

JANUARY 2024

◆ Message from the Administrative Team

Dear Sister MacNamara Families,

Happy New Year and all the very best to our families and community in 2024! We hope everyone had a restful holiday spent with family and were able to get outside to enjoy activities. We also hope that 2024 brings you a year of good health, peace and loads of love in your family.

A huge “thank you” goes out to our music teacher, Mr. Korba, who created our Winter Concert this year. The students and teachers also worked hard to produce a performance for families to enjoy. We hope that it brought joy to all who attended. It’s was wonderful to be together to enjoy the songs, dances and performances! The student performers were outstanding and they appreciated that you cheered them on with your presence and applause.

Our annual Mobile Vision Clinic will be taking place from February 5th-8th. Qualified staff will assess students’ vision and they will let you know if there is a need for a prescription for eye glasses or follow-up with an eye doctor. An information package will be sent home soon for families to complete. Only students with signed permission forms will be able to visit the clinic. Please return them as soon as possible.

Our Family Gathering will be taking place on Wednesday, January 17th, 5:00 PM. Come and join us for a light supper and meet other families that are a part of our school. You will have a chance to learn about our school and ask questions about learning and other events. We will also have a fun activity for everyone to participate in and a chance to win a prize.

We are experiencing a number of late pick-ups of students at noon and end of the day dismissal times. We understand that sometimes things happen that cause families to be late. However, it is important that you are promptly at school for 12:00 and 3:30 pick-up times. **Those that are visiting our school at other times are asked to wait at the entrance doors until school staff assist them.** This is appreciated.

Take good care of yourselves and your families! Happy 2024!!!

Debbie Lenhardt Mair
Principal



Sonia Medaglia Dos Santos
Vice Principal



FEBRUARY

- 2 Professional Development Day – School Closed
- 5-9 Mobile Vision Clinic
- 14 Valentine’s Day
- 19 Louis Riel Day–HOLIDAY School Closed
- 29 Jump Rope for Heart assembly 2:30 PM

MARCH

- 5 Picture Day
- 11-12-13 IEP Meetings
- 14 Student-Led Conferences - all day and evening
- 15 Professional Development – School Closed
- 18-22 Spirit Week
- 22 Movie Day
- 25-29 SPRING BREAK

APRIL

- 1 School re-opens after Spring Break
- 2-3-4 Class Data Review Meetings
- 12 Day of Pink – Assembly 1:15 PM
- 19 Professional Development Day—School Closed
- 26 Volunteer Celebration—10:30 AM

MAY

- 6 School Planning Day—School Closed
- 20 Victoria Day—HOLIDAY School Closed

JUNE

- 14 Summer Fun Day
- 17 Year End Celebration—9:00 AM
- 21 National Indigenous Peoples Day
- 25 Grade 6 Farewell—1:15 PM
- 25 Report Cards go home
- 28 Talent Show – 9:15 AM
- 28 Last Day of School—Student Dismissal at 11:30 AM

Welcome back to all our lunch program students!

Lunch Program is a service provided for parents who are either working or attending school. In order to qualify for the Lunch Program you must be able to provide proof of either when filling out an application. Please note that when you sign up for lunch program, you are responsible to pay for each month regardless of your child’s attendance. Fees are cash only and due at the first of each month. Please send exact amounts as we cannot make change. There is often a waiting list and if you do not pay your fees, your child will lose the spot and it will be passed on to someone on the waiting list.



Parents are expected to provide a healthy lunch, including a healthy beverage. (no junk food or pop please!)

When packing lunch for your student (or snacks) please remember there be NO peanuts, nuts, or fish products included. Some students are highly allergic to these products and coming in contact with them can be harmful to them. Please remind your child to make sure they wash their hands if they have been in contact with these products!





Sister MacNamara School is looking to hire an Adult Crossing Guard for the school year. It is a 3 hour per day position staggered through the school day, coordinating with school starting, noon hour, and ending hours. *This is a paid position.* Applicant must have or be able to obtain a Child Abuse and Registry check and Criminal Record Check.

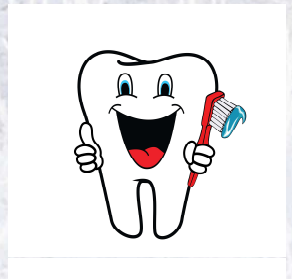
This is an important position to ensure the safety of our students and families in coming to and from school.

Position starts as soon as possible. Please contact the Principal, Debbie Lenhardt Mair or Vice Principal Sonia Medaglia Dos Santos for further information.



S.M.I.L.E. Dental will be at Sister MacNamara School on Tuesday January 30, 2024. They will be screening all the students in Grades 1, 3, and 5.

Notices will be going home later on this month. They automatically examine all students unless you state you do not want your child (ren) to have their teeth examined. If you do not want your child assessed, please send that notice back stating you do not give permission for them to be examined.



NEWS FROM THE GYM



A big congratulations to our grade 5 and 6 students who represented our school in our annual tripleball tournament. Tripleball is a lead-up version of volleyball, which adds in a toss and a catch to help establish more rallies during game play. Our students were joined by teams from Weston School and Victoria Albert School on the morning on December 8th. The morning was filled with great game play and excitement. Our teams played well, tried hard, and had fun!



**THIS YEAR PICTURE DAY WILL BE
TUESDAY, MARCH 5 BY EDGE IMAGING.
MORE INFORMATION TO FOLLOW SOON !**



Do not Walk, Skate, or Play on Frozen Retention Ponds

Retention ponds are never safe to use for winter recreation activities. Ice conditions can change quickly without warning, and falling through the ice can be deadly. Remind your children to stay away from frozen retention ponds. Keep dogs on leashes when walking near a retention pond so they don't run onto the ice.



Do not walk, skate, or play on frozen retention ponds. Talk to your children about staying away from the ice.



Do not place hockey nets, benches, light structures, or any other items on a frozen retention pond. To report a structure or item on a retention pond, contact 311.



If you see someone on a retention pond, call 911.

Water from snowmelt or nearby water main breaks can drain into retention ponds. This water is often mixed with street salts, which can cause ice to melt and thin unevenly. This water enters retention ponds from underneath the ice, resulting in thinning of ice that can't be seen from the surface.

winnipeg.ca/retentionponds



DRESSING UP FOR COLD WEATHER

Thick sweater

With a hood to keep your head warm



TIP:
Adding layers will help keep you warm as the temperature drops

Winter Accessories

HAT
For your head and ears

SCARF
For your neck and face

GLOVES
Insulated – water-proof would be ideal



TIP:
During extreme cold, keep all skin covered and spend as little time as possible outside

Winter boots

Water-proof footwear will keep your feet dry, with good grip for when walking on snowy or icy paths



Light jacket

Wind-resistant would be ideal



TIP:
For extra warmth, wear extra undergarments (like tights and thicker socks)

Winter jacket

Thick outerwear to keep out wind and wet snow – longer length would be ideal



Brought to you by Winnipeg School Division's Intercultural Support Workers



WINNIPEG SCHOOL DIVISION



A SCARF OR KNIT MASK THAT COVERS FACE & MOUTH

A HAT

A WATER-RESISTANT COAT

MITTENS OR GLOVES

SEVERAL LAYERS OF LOOSE-FITTING CLOTHING







WATER-RESISTANT BOOTS





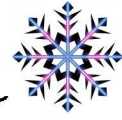
January 2024 FAMILY ROOM



Monday	Tuesday	Wednesday	Thursday	Friday
8 DAY 1 	9 DAY 2 Bread and Potato Distribution begins	10 DAY 3	11 DAY 4 Mosaic Presentation: "Parenting in a New Country"	12 DAY 5  Cooking Class 1:00
15 DAY 6 Mindful Art: Yarn Coasters 2:30	16 DAY 1 Art with Nasra 2:30	17 DAY 2 <u>Family Gathering</u> 5:00 Nutrition Bingo 2:30 	18 DAY 3 Presentation by Tianna Innes 2:30	19 DAY 4  Cooking Class 1:00
22 DAY 5 Mindful Art:: Macrame 2:30	23 DAY 6 Art with Nasra 2:30	24 DAY 1 Nutrition Bingo 2:30 	25 DAY 2 Painting Tutorial 9:15 am 	26 DAY 3  Cooking Class 1:00
29 DAY 4 Mindful Art: Card Making 2:30	30 DAY 5 Art with Nasra 2:30	31 DAY 6 Nutrition Bingo 2:30 		
		Nasra – nhassan@wsd1.org Nicole – nichristmas@wsd1.org Call: 204-942-6965		



Family Room - January 2024



Events:

Family Gathering: January 17th @ 5 pm

Come out to hear school news and have a light dinner.

We hope to see you there!

Mondays

Mindful Art @ 2:30

January 15 – Yarn Coasters

January 22 – Macrame

January 29 – Card Making

Tuesdays

Art with Nasra @ 2:30

January 16, 23, and 30th

Wednesdays

Nutrition Bingo @ 2:30

January 17, 24, and 31st

Thursdays

January 11th @ 2:30

Mosaic Presents “Parenting in a New Country”

January 18th @ 2:30

Presentation by Tianna Innes

January 25th @ 9:15 am

Painting Tutorial

Fridays

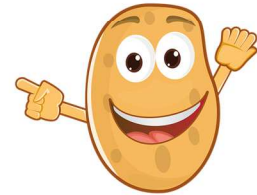
Cooking Class @ 1:00



BINGO

12	25	41	51	63
3	30	37	54	66
7	21	FREE	56	74
1	26	35	50	69
10	17	45	47	64

MILTON BRADLEY COMPANY
Dartmouth, Massachusetts



Potato and Bread Distribution

Potato and bread distribution will begin on Tuesday, January 9th and will be available every Tuesday. Please let Nicole or Nasra know if you would like to be on the list for pickup. Appointments are available Tuesday afternoons and anytime Wednesdays.

Check out our white board for details on all programs!

Feel free to reach out if you have any questions.

Contact us:

Nicole – nichristmas@wsd1.org
Nasra (speaks Somali and Swahili) –
nhassan@wsd1.org
204-942-6965

Haddii uu jiro barnaamij aad u malaynayso inuu faa'iido kuu leeyahay oo aad jeclaan lahayd inaan samayno, fadlan u sheeg Nasra iyo Nicole.

Ikiwa kuna programu yoyote ambayo unadhani inaweza kuwa na manufaa kwako na ungependa tufanye, tafadhali wajulishe Nasra na Nicole.



JANUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>“ IN A WORLD WHERE YOU CAN BE ANYTHING, BE KIND. CAROLINE FLACK</p>	<p>Don't Forget!!</p>	<p>2024</p>		<p>Play, Learn and Grow... Together!</p>
<p>8 DAY 1</p> <p>WELCOME BACK TO SCHOOL</p>	<p>9 DAY 2</p>	<p>10 DAY 3</p>	<p>11 DAY 4</p>	<p>12 DAY 5</p>
<p>15 DAY 6</p>	<p>16 DAY 1</p>	<p>17 DAY 2</p> <p><u>Family Gathering</u> <u>5:00</u></p>	<p>18 DAY 3</p>	<p>19 DAY 4</p>
<p>22 DAY 5</p>	<p>23 DAY 6</p>	<p>24 DAY 1</p>	<p>25 DAY 2</p> <p>GRADE 6 INNER CITY SOCCER</p> 	<p>26 DAY 3</p>
<p>29 DAY 4</p>	<p>30 DAY 5</p> <p>SMILE PLUS DENTAL SCREENING Grades 1-5</p> 	<p>31 DAY 6</p>		
<p>Looking ahead.....</p> <p>FRIDAY, FEBRUARY 2, 2024NON INSTRUCTIONAL DAY—NO CLASSES</p> <p>FEBRUARY 5-8, 2024 MOBILE VISION</p> <p>MONDAY, FEBRUARY 19, 2024 LOUIS RIEL DAY—NO CLASSES</p>				