

The Sister Mac Special



Sister MacNamara School
460 Sargent Avenue
Winnipeg, Manitoba R3B 1V5
sistermac@wsd1.org
204-942-6965

FEBRUARY 2024

◆ Message from the Administrative Team

Dear Sister MacNamara Families,

We have had an amazing month of learning and getting back into our routines this January. It has been a very mild past couple of weeks but we did have a few weeks of extremely cold weather outside. Inside, however we are always warmed with friendly familiar faces of staff, students and families that help make Sister MacNamara School feel like home away from home. These last few weeks have been buzzing with excitement with all the learning that has been taking place! There is a joy of learning felt throughout the building!!

Smile Plus Dental Program came to our school on January 30th to provide dental screening to all students in Grade 1, 3 and 5. The Mobile Vision Clinic is taking place on February 6th. An information package was sent home with permission slips. Thank you to our families for promptly returning the forms. We are grateful for both the Smile Plus Program and the Mobile Vision Clinic for their support to help ensure our students are able to access dental and eye care in our community -Thank you!

With most of January being extremely cold we would like to remind families that when it is this cold, please do not send your child to school before 8:50 am and 12:50 pm. We let students in early and have indoor recess when the temperature or wind chill reaches -28 Celsius, temperature reading at The Forks. Remember to ensure that your child is coming to school dressed appropriately for the weather (warm jacket, winter boots, toques and mitts/gloves). If you need any of these items please let us know, we are here to help.

Our regular monthly assembly is taking place on February 28th with rooms 227, 228 and 230 hosting. On Tuesday, February 29th at 2:30 pm, we will be having our annual event, **Jump Rope for Heart**. Our Physical Education teacher, Ms. Macdonald will be hosting the assembly in the gym. This is always an exciting event for our students because it gets everyone moving. Let's get jumping and join us for the event!

There was so much to celebrate in January and we look forward to the many exciting learning opportunities that we will continue to have over the next month. Ensuring your child is attending school daily is important for your child's education. We know that sometimes there are challenges for families. If you need any supports or resources in this area, please contact us at the school. We miss our students when they are absent.

Upcoming Events: Wednesday, February 7th Family Gathering (Presentation on Mindfulness)

Reminders: There are no classes on the following days:

- **Friday, February 2nd for Professional Development**
- **Monday, February 19th for Louis Riel Day**

**HAPPY VALENTINE'S DAY EVERYONE
BE SWEET. BE KIND. BE A GOOD FRIEND.**

Sonia Medaglia Dos Santos
Vice Principal



Debbie Lenhardt Mair
Principal



MARCH

- 5 Picture Day
- 11-12-13 IEP Meetings
- 14 Student-Led Conferences - all day and evening
- 15 Professional Development – School Closed
- 18-22 Spirit Week
- 22 Movie Day
- 25-29 SPRING BREAK

APRIL

- 1 School re-opens after Spring Break
- 2-3-4 Class Data Review Meetings
- 12 Day of Pink – Assembly 1:15 PM
- 19 Professional Development Day—School Closed
- 26 Volunteer Celebration—10:30 AM

MAY

- 6 School Planning Day—School Closed
- 20 Victoria Day—HOLIDAY School Closed

JUNE

- 14 Summer Fun Day
- 17 Year End Celebration—9:00 AM
- 21 National Indigenous Peoples Day
- 25 Grade 6 Farewell—1:15 PM
- 25 Report Cards go home
- 28 Talent Show – 9:15 AM
- 28 Last Day of School—Student Dismissal at 11:30 AM

Families:

If you are dropping off your child for school, have a meeting or are coming to the family room for activities, we ask that you please wait at the door and we will assist you as quickly as we can.

If you are coming to pick up your child please ring the office we will work on having them ready to go as soon as possible. Thanks for your patience!

*Dismissal times are 12:00 and 3:30 PM.
Please be on time to pick up your children.*



FEBRUARY IS...



We're
HIRING

Sister MacNamara School is looking to hire an Adult Crossing Guard for the school year. It is a 3 hour per day position staggered through the school day, coordinating with school starting, noon hour, and ending hours. *This is a paid position.* Applicant must have or be able to obtain a Child Abuse and Registry check and Criminal Record Check.

This is an important position to ensure the safety of our students and families in coming to and from school.

Position starts as soon as possible. Please contact the Principal, Debbie Lenhardt Mair or Vice Principal, Sonia Medaglia Dos Santos for further information.



Gordon Bell Open House!

February 15, 2024
5:00 - 6:00 pm
3 Borrowman Place

Please join us in-person to meet teachers, check out offered programs, and tour the school.

A light snack will be provided.

Contact Information
Email: gboffice@wadi.org
Phone: 504-774-3401



Reconciliation - Kinship - Generosity

NEWS FROM THE GYM

A big congratulations to our grade 6 soccer team for their hard work, fair play, and respectful behavior during their game on January 25 against Ralph Brown School. You made the game fun with your positive attitude and maximum effort. We have one more Inner-City Soccer League game on March 7th against Weston School. Reminder that practices are on Thursdays at 12:25.



This month we will be focusing on developing our heart health by skipping and jumping every day in the gym. Students will learn about the cardiovascular system and the different ways we can strengthen it. Thursday, February 29 will be our annual jump day, where every activity in the gym involves jumping. At 2:30 all students will attend our jump day skipping competition.



Lunch Program Information



Lunch Program is a service provided for parents who are either working or attending school. In order to qualify for the Lunch Program you must be able to provide proof of either when filling out an application. Please note that when you sign up for lunch program, you are responsible to pay for each month regardless of your child's attendance. Fees are cash only and due at the first of each month. Please send exact amounts as we cannot make change. There is often a waiting list and if you do not pay your fees, your child will lose the spot and it will be passed on to someone on the waiting list.



Parents are expected to provide a healthy lunch, including a healthy beverage. (no junk food or pop please!)



When packing lunch for your student (or snacks) please remember there be NO peanuts, nuts, fish or seafood products included. Some students are highly allergic to these products and coming in contact with them can be harmful to them. Please remind your child to make sure they wash their hands if they have been in contact with these products!

*Please remind your child that there is no sharing of lunches with others!
Thank you.*



PICTURE DAY

**THIS YEAR PICTURE DAY WILL BE
TUESDAY, MARCH 5 BY
EDGE IMAGING.
MORE INFORMATION TO FOLLOW
SOON !**

**Want to get your high school diploma?
Improve your English?
Upgrade for Post-Secondary?**

**New Semester
Starts Feb. 5!**

Register **TODAY** at the Winnipeg Adult Education Centre

3 Convenient Locations - choose what works best for you!

- 310 Vaughan St. (downtown Winnipeg)
- 510 King St. (Turtle Island Neighbourhood Centre)
- 101 Pembina Hwy. (River Osborne Community Club)



- Online and in-person classes
- No cost
- Flexible schedules
- Accepting new students aged 19 and over
- Visit WAEC.CA or call 204-947-1674



waec@wsd1.org



waec.ca



(204)-947-1674

FEBRUARY 2024

FAMILY ROOM



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
|  | | | 1 DAY 1 Wiggle Giggle and Munch 1:15-3:15 | 2 DAY 2 NO CLASSES  |
| 5 DAY 3 Paper Flower Craft 2:30  | 6 DAY 4 Art with Nasra 2:30 | 7 DAY 5 Bingo 2:30 <u>Family Gathering</u> 5:00 | 8 DAY 6 Wiggle Giggle and Munch 1:15-3:15 | 9 DAY 1 Beading 2:30 |
| 12 DAY 2 Valentine's Craft: Painted Vases 2:30  | 13 DAY 3  Valentines Cookie Decorating 1:00 | 14 DAY 4 Bingo 2:30  | 15 DAY 5 Wiggle Giggle and Munch 1:15-3:15 | 16 DAY 6 Beading 2:30 |
| 19  Louis Riel Day <small>FRIDAY NOVEMBER 16th, 2012</small> NO CLASSES | 20 DAY 1 Tea Time 2:30  | 21 DAY 2 Bingo 2:30  | 22 DAY 3 Paint Day 9:15 Wiggle Giggle and Munch 1:15-3:15 | 23 DAY 4 Family Room closed |
| 26 DAY 5 Wood Block Craft 2:30 | 27 DAY 6 Cooking Class 1:00  | 28 DAY 1 Bingo 2:30  | 29 DAY 2 Wiggle Giggle and Munch 1:15-3:15 |  |



FAMILY ROOM NEWS

FEBRUARY 2024



Events

Mondays @ 2:30

- February 5 – Paper Flower Craft
- February 12 – Valentine’s Craft: Painted Vases
- February 19 – Louis Riel Day (school is closed)
- February 26 – Wood Block Craft



Tuesdays

- February 6 – Art with Nasra @ 2:30
- February 13 – Valentine’s Cookie Decorating @ 1:00
- February 20 – Tea Time @ 2:30
- February 27 – Cooking Class @ 1:00



Wednesdays – Nutrition Bingo!

- February 7, 14, 21, 28 @ 2:30



Thursdays – Wiggle Giggle and Munch (see description)

Thursday Feb 22 – Paint Day @ 9:15 am

Friday @ 2:30

- February 2 – PD day (no school)
- February 9 – Beading
- February 16 - Beading

Potato and Bread Distribution

Potato and bread distribution is available Tuesday afternoons or anytime Wednesdays. Please contact Nicole or Nasra if you would like a pickup.

😊 Contact us with any questions! 😊

Nasra (speaks Somali and Swahili) - nhassan@wsd1.org
 Nicole – nichristmas@wsd1.org
 204-942-6965

Family Gathering

February 7th @ 5 pm

School news, presentation, draws, and pizza!

School psychologist
 Tianna Innes will present on
 Meditation and Mental Health

Please join us!

Wiggle, Giggle, and Munch

Thursdays @ 1:15-3:15

Feb 1 – March 21

In the Family Room

A time for caregivers and children to have fun together through active play, games, songs, crafts, and a healthy snack.

All parents/caregivers and their children ages 1-5 years old are invited to attend.





FEBRUARY 2024

Monday

Tuesday

Wednesday

Thursday

Friday

1

DAY 1

2

DAY 2

Looking ahead.....

TUESDAY, MARCH 5, 2024PICTURE DAY
 THURSDAY, MARCH 14, 2024NO CLASSES—STUDENT LED CONFERENCES
 FRIDAY, MARCH 15, 2024 PROFESSIONAL DEVELOPMENT—NO CLASSES
 MARCH 25-29, 2024SPRING BREAK

NO CLASSES



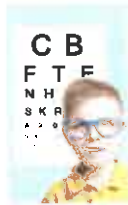
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DAY 3

6

DAY 4

MOBILE VISION



7

DAY 5

Family Gathering
5:00

8

DAY 6

9

DAY 1

12

DAY 2

13

DAY 3

14

DAY 4



15

DAY 5

16

DAY 6

19



NO CLASSES

20

DAY 1

21

DAY 2

22

DAY 3

23

DAY 4

26

DAY 5

27

DAY 6

28

DAY 1

Assembly
9:00
Rms 227, 228, 230

29

DAY 2

JUMP ROPE ASSEMBLY
2:30 in the gym

