



# ROCKWOOD

## Elementary School Newsletter

September 2022

### Message From Administration

Happy New School Year!

The staff of Rockwood School extends a warm welcome to all our families, both new and returning, as we begin a promising new school year. We look forward to working in partnership with you to provide the very best education to your child(ren).

We are pleased to welcome back our returning staff and introduce the new staff members joining our community: Welcome to Ms. Pollock who will be teaching grade 3 and 4, and to Mr. Saccoh. who will be supporting the students at Rockwood School in the role of an educational assistant.

Congratulations and welcome to the Nursery and Kindergarten students as well as students who are new to Canada who have joined the Rockwood School community. We wish them well in their transition to their new school!

We encourage all our parents to get to know the Rockwood School Parent Council (RSPC) and to consider sharing your talent and expertise as there are many opportunities for you to become involved. Please contact the school if you wish to volunteer or to join our highly organized and fun group.

The September newsletter is meant to remind families of the day to day workings of the school. Please review the information at your leisure and keep for reference. For the remainder of the year, the newsletter will be primarily run by our students giving them a purpose of writing and an opportunity to show case their gifts and talents. I hope you enjoy the work of the students and the teachers that guide them.

We will host the annual Meet the Teacher night on September 14th from 6:00-7:00 PM. We will send out further details as we get closer to the date. Yes, this will be in person!

Each year, as part of our Crisis Response Plan, we practice 10 fire drills to ensure that the students develop a routine for the rapid, orderly exit of the building. We also practice our emergency evacuation procedures once a year and Lock Down and Hold and Secure procedures three times per year.

On a personal note, it is a pleasure to be serving as Principal of Rockwood School and continuing to build the partnership between school, home, and community.

I wish all of our students a very successful year of learning and personal growth as we continue the great legacy of Rockwood School.

Angela Perez

## Parent Council Corner

The Rockwood School Parent Council (RSPC), welcomes you to the new year at Rockwood! We look forward to you joining us at our monthly RSPC meetings and participating in our fundraisers and special events. This is an excellent way for parents to have input into growth and changes at Rockwood and at the same time help support the learning experience for all of our children. Be on the lookout for the monthly updates in the school newsletter.

### June Picnic

We ended the 2021/2022 school year with a fun family community picnic that was enjoyed by all. A special thank you to all Rockwood staff, families, volunteers, and community members who helped plan and support us to make this a successful event. A big shout out to the local businesses: Shoppers Drug Mart (Grant Park), George's Burgers and Subs (McPhillips), Santa Lucia, Aime's Music Services, and Extreme Fries for their donations and services which also helped make the event a success.

### Rockwood Summer Garden Watering

Thank you to Deanna Betteridge for organizing and coordinating the summer garden watering schedule as well as to all the families who volunteered to water and care for the gardens over the summer break.

### Donations

RSPC would like to thank the following grandparents for their generous donations:

Hennie and Sonny Blazina

Reid family grandparents

Your support helps us to work towards and accomplish the goals/ projects we have set out for the year.

### Fundraising Update

We have several fun activities and events lined up for the year and forms will be sent out listing the various activities, providing you with an opportunity to volunteer for any events/s.

We are looking for new members to join the fundraising committee, so if you have any suggestions, or ideas or are interested in helping to plan or to volunteer at events, please join us at our next RSPC meeting. Your support in making these events successful would be truly appreciated.



**Connect with us through our Facebook Group!** Search for **Rockwood School Winnipeg** group. Feel free to use this platform to connect with other parents in the school by asking questions or posting something that may be of interest to other parents!

### RSPC Meetings

RSPC meetings will commence on September 20, at 6:30 pm. There are two ways to attend:

In Person – the meeting will be held at the school.

Virtually, on Zoom - Join the zoom meeting with the link below:

<https://us04web.zoom.us/j/74212717740?pwd=mWQsr1AZu6ydddsBisbycDCfKi9Bdc1.1>

**Always feel free to contact us at [rspcsecretary@gmail.com](mailto:rspcsecretary@gmail.com)**

We look forward to seeing new faces this year and hope you will consider helping us to plan all the various in-school activities we hope to bring back in 2022-23.

## Parent Council Corner



### PAPER COUPON BOOK

### THE BOOK IS BACK BABY!

Our Parent Council will be raising money this September by selling the much-loved Show & Save Coupon Book.

The Book will have thousands of dollars in money saving offers including coupons for purchases at restaurants, retail stores and sporting events throughout the city and province.

For only \$25 you can experience huge savings with the Show & Save Coupon Book.

By purchasing your Show & Save from us, you will be supporting our school while at the same time saving your family a lot of money.

Let your friends and family know by sharing on your social media!



RSPC is selling Mabel's Labels again this year!

**All orders (to January 1, 2023 earn 20% commission for Rockwood School Parent Council.**

See the entire catalogue at [https://mabelslabels.ca/en\\_CA/fundraising/support/](https://mabelslabels.ca/en_CA/fundraising/support/).

Search for **Rockwood School (Winnipeg)**.

### Your RSPC Executive Members for the 2022-23 year are:

Chair: Nicole Belanger

Vice-Chair: Brenda Hoehn

Treasurer: Tim Swynar

Secretary: Meera Bhana-Deochand [rpscsecretary@gmail.com](mailto:rpscsecretary@gmail.com)

SEA-Budget rep & Social Media: Deanna Betteridge

Lunch Program Co-ordinator: Jamie Ramirez

Lunch Program Treasurer: Michelle Smith

# Lunch Program News

Hello Rockwood families!

A few reminders:

\***All** children eat lunch in their own classroom from 12:00-12:30, and then everyone goes outside from 12:30-12:55. There is adequate supervision indoors and outdoors to ensure everyone will stay safe!

\*Microwaves are available for heating up food. Please do not send any type of noodles in cups such as KD, or Cup of noodles. We have had many issues with these in the past. We encourage food to be cooked beforehand at home, and then sent along in a **plastic microwaveable container (no glass)**.

Please send a juice box or water bottle (reminder: no Kool Aid jammers or pop).  
Please do not send glass containers. We have had many glass containers get accidentally dropped or knocked over and smash on the ground.

To those families that have post-dated cheques, they are cashed on the 20th of each month. Please ensure that you have funds to cover these fees in your account to avoid the NSF fee your bank will charge you as well as the NSF fee we will have to charge. Any questions regarding your account may be directed to Michelle Smith at [socialplanners@gmail.com](mailto:socialplanners@gmail.com).

During the lunch hour, we take attendance and account for each child that is registered at the lunch program every day. If your child has alternate arrangements for lunch, please let the school know, so the staff are aware of your child's whereabouts.

You can contact me by email at [rockwoodlunchprogram@gmail.com](mailto:rockwoodlunchprogram@gmail.com) with any questions or concerns.

Thankyou,

Jamie Ramirez  
Lunch Program Coordinator



# Student Registration Verification

All students must have a signed registration form every year. Students who attended Rockwood last year were automatically rolled over in the system.

We will be sending home registration verification forms with all students in a couple of weeks. Please take a few minutes to review the information that we have on file and make any necessary changes on the form. Please sign where needed and return to the school promptly.

If you have moved, please provide the office with proof of your new address.

## Rockwood Kidspace

Offering licenced before and after child care for grades 1-6 as well as half days for Kindergarten.

Before School hours: 7:30 - 9:00 am

After School hours: 3:30 - 6:00 pm

Kindergarten hours: 11:30 - 3:30

For more information, check out the YMCS-YWCA's website at

<http://www.ywinnipeg.ca/programs/child-care/>

Visit Manitoba Child Care Search to sign up for the waiting list at

<https://www.eswchildcare.ca/>

If your child attends Kidspace and is going to be absent from school, it is important to inform Kidspace of the absence since they are a separate entity from the school and do not have access to our attendance records.

The Kidspace Supervisor is Diane Zborowsky and she can be reached at

[diane.zborowsky@ymanitoba.ca](mailto:diane.zborowsky@ymanitoba.ca) or by phone at 204-453-6499.



YMCA-YWCA  
of Winnipeg



no child without®  
Canadian MedicAlert® Foundation

### It's easy to enroll your child in No Child Without

Thanks to generous donors and supporters, the MedicAlert No Child Without program has protected over 66,000 children since 2006. No Child Without is offered free of charge to children ages 4 to their 14th birthday through over 6,000 participating public and Catholic schools across Canada.

If your child is attending a participating school, simply follow the steps below to enroll:

- Step 1: Complete the online form at <https://www.medicalert.ca/no-child-without/ncw-enrollment-info> to receive a unique bar code and PIN  
\*or pick up an enrollment brochure from the school office.
- Step 2: Visit the enrollment page at [http://www.nochildwithout.ca/parent\\_enrol.asp](http://www.nochildwithout.ca/parent_enrol.asp) and enroll online or call 1-877-282-5378 (Monday to Friday from 9 a.m. to 8 p.m. EST).

After you complete the enrollment process, your child's MedicAlert protection (a \$60 annual value service plan) begins immediately. Your child will receive their free MedicAlert ID (a \$39 value), shipped by Canada Post directly to your home, in two to three weeks.



MedicAlert®  
FOUNDATION CANADA

# Mobile Vision Care Clinic Coming to Rockwood!



## Mobile Vision Care Clinic

The Winnipeg School Division has partnered with Mobile Vision Care Clinic (MVCC) to provide complete vision care for all students at Rockwood School. Surprisingly, one in three children entering school has a

vision disorder. Many of these children accept poor vision and other eye problems because they are unaware that their vision is not the same as that of other children. The Canadian Association of Optometrists recommends that children receive a complete eye examination by an optometrist every 12 months after starting school.

In May, a team of two optometrists, a licensed optician, optometric assistants and eyeglass specialist(s) will attend your child's school to provide comprehensive eye exams with dilation and provide them with glasses, if required. Parents/guardians are invited to attend their child's appointment and to help with the selection of eyeglasses.

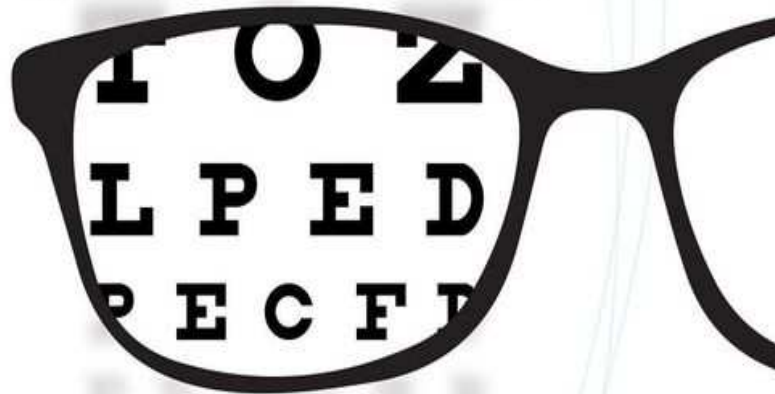
Manitoba Health covers the cost of children's eye exams and direct billing will be done by the Mobile Vision Care Clinic staff. For some students, eyeglasses may be covered through 3rd party insurance such as Employment Income Assistance (EIA), Non-Insured Health Benefits (Status) or a 3rd party insurance company. Funds are also being donated and raised for families who have no 3rd party coverage and are not in a position to afford the cost of prescription eyeglasses.

If your child requires glasses, they will be delivered to your child's school. Eyeglass delivery and fitting will take place approximately 3 weeks after MVCC has been at the school. Additionally, if your child is identified as having a visual impairment, he or she will be referred to the appropriate specialist.

In order to have your child's eyes examined by the Optometrist, you will be required to complete the Eye Examination Consent Form (yellow form). Consent covers eye examinations (covered by Manitoba Health) for your child while their WSD registration is current. These forms will be sent home with students this month. Please complete one form per child, in full, and return it to the school immediately

### DID YOU KNOW...

- More than 80% of learning relies on vision
- One in three children entering school has a problem with their vision
- Reading, learning and behaviour problems can be related to undetected vision disorders



The WSD Mobile Vision Care Clinic  
is coming to **Rockwood**  
starting **Tuesday, May 2nd.**



# Attendance Reporting with School Messenger

**School Messenger** allows parents/guardians to report student absences, late arrivals, early departures and vacations by phone, web or smartphone app. Parents/ guardians will report all absences through School Messenger **before 9:00 AM** and will not receive a phone call from the school. For safety reasons, in the event of an unexplained student absence, the system will communicate with parents in a timely manner.

There are three ways to report an absence:



**Phone:** Parents/guardians can call the toll free number **1-855-278-4513**; listen carefully to all the options, choose the appropriate absence and reason; wait for confirmation number.

**Internet:** Parents/guardians can log into the website: <https://go.schoolmessenger.ca> and sign up using the email address on file at Isaac Brock School and a password of your choosing. Absences, late arrivals, early departures and vacations can be reported.

**iPhone or Android device:** If you would like to use an app on your smart phone: Download the free app through the App Store or Google Play; search **School Messenger**; install the blue app and sign up using the email address on file at Isaac Brock School and a password of your choosing. Absences, late arrivals, early departures and vacations can be reported.

**Absences must be reported to School Messenger no later than 9:00 am on the day of the absence.**

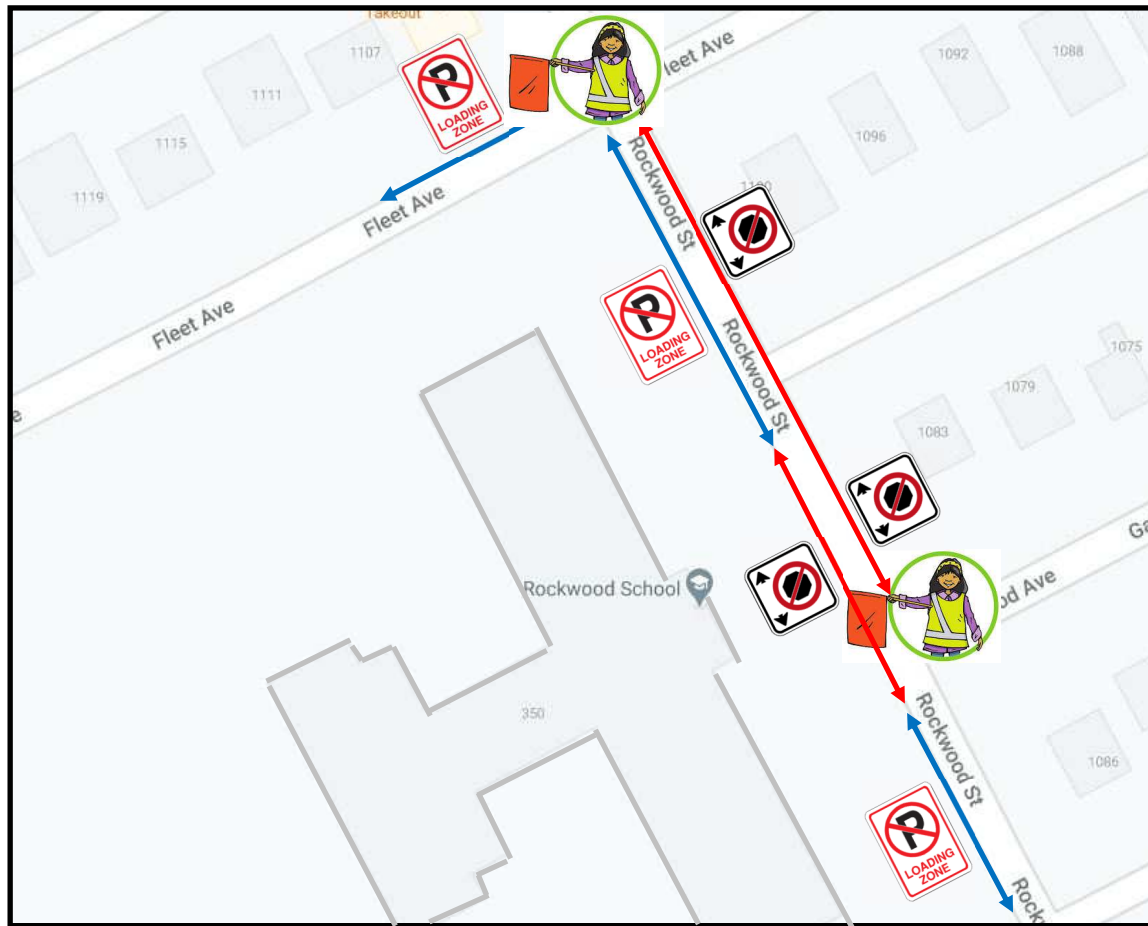


[Communicate - Parent Guide - Mobile App WSD.PDF](#)

[SchoolMessenger SafeArrival Family FAQ.pdf](#)

# Traffic Safety Reminders

When you drop your child off at school in the morning on Fleet or Rockwood and there are patrols on duty, please make sure your child walks to a corner where there is a patrol. It is dangerous to have children running out in the middle of the street - especially a busy street like Fleet. The mornings can feel rushed and it is cold outside, but the safety of all students is our priority.



- There is **no stopping** on the East side of Rockwood from Dudley to Fleet from 8AM to 4PM.
- The West side of Rockwood from Dudley to Fleet is a **loading zone** from 8AM to 4PM, except in the intersection of Garwood which is a **No Stopping zone** kept **clear for the patrols**.
- We have the **small loading zone** on Fleet.
- **The staff parking lot should never be used for pick up and drop off** This is not a drop off and pick up zone or pedestrian corridor.



# PICTURE DAY IS COMING!

*Get those smiles  
camera ready*

**Wednesday  
September  
21st**



This year we will be working with Stafford Studios for picture day. The plan is to take individual and class group photos outside in natural lighting.



**Purchase a Plan Today!**

Visit [manitobastudentinsurance.ca](http://manitobastudentinsurance.ca) or call us at 1.800.463.5437

Information regarding Voluntary Student Accident Insurance from Old Republic Insurance Company is now available.

Those parents/guardians with an active email address will receive the information via School Messenger. Printed copies of the brochure are available through the school office.

For more information visit:

<https://manitobastudentinsurance.ca/>

or by calling 1-800-463-5437.



**WINNIPEG SCHOOL DIVISION**

## What to do when you have a problem at your child's school

Problems can arise but can be solved by open discussion. Our schools are a community and everyone is part of making it a safe and welcoming environment.

If you have a problem:


- First talk to the Teacher.
- If you can't resolve the issue – talk to the Principal.
- If the issue is still not settled – talk to the Director for your child's school. The Directors are part of the Superintendents' Office and may involve other members of the Superintendents' team in the discussion.
- If these steps don't help you resolve the issue – then you should contact the Board and Community Liaison Officer who will work with you and the Board of Trustees to find a solution.

We all have the same goal in Winnipeg School Division – to see your child succeed.



Let's work together!

1577 Wall Street East  
Winnipeg MB R3E 2S5  
Phone: 204-775-0231  
[www.winnipegssd.ca](http://www.winnipegssd.ca)

## October 2022

MON	TUE	WED	THU	FRI
3 Day 1	4 Day 2	5 Day 3	6 Day 4	7 Day 5
10 Thanksgiving <b>SCHOOL CLOSED</b>	11 Day 6 RSPC meeting 6:30	12 Day 1 <i>Hearing Screening</i>	13 Day 2	14 Day 3
17 Day 4	18 Day 5	19 Day 6	20 Day 1 Grade 6 Immunizations (first round) AM	21 Day 2 Non-Instructional Day <b>NO CLASSES</b>
24 Day 3	25 Day 4	26 Day 5	27 Day 6	28 Day 1
31 Day 2 				

## November 2022

MON	TUE	WED	THU	FRI
	1 Day 3 Non-Instruct. Day <b>NO CLASSES</b> Rockwood Only	2 Day 4	3 Day 5	4 Day 6 Term 1 ends
7 Day 1 	8 Day 2	9 Day 3	10 Day 4 Remembrance Day assembly	11 Day 5  Remembrance Day <b>SCHOOL CLOSED</b>
14 Day 5 Report cards home	15 Day 6 RSPC meeting 6:30	16 Day 1	17 Day 2 <b>BOOK FAIR</b> Tri-Conferences evening	18 Day 3 Non-Instructional Day <b>NO CLASSES</b>
21 Day 4	22 Day 5	23 Day 6	24 Day 1	25 Day 2
28 Day 3	29 Day 4	30 Day 5		

## December 2022

MON	TUE	WED	THU	FRI
			1 Day 6	2 Day 1
5 Day 2	6 Day 3	7 Day 4	8 Day 5	9 Day 6
12 Day 1	13 Day 2	14 Day 3	15 Day 4 Craft Night	16 Day 5 Winter Fun Day
19 Day 6	20 Day 1	21 Day 2 First Day Winter 	22 Day 3 Winter Break Starts	23 Day 4
26 Day 5	27 Day 6	28 Day 1	29 Day 2	30 Day 3

## January 2023

MON	TUE	WED	THU	FRI
2 Day 1	3 Day 2	4 Day 3 Last day of Winter Break	5 Day 4	6 Day 5
9 Day 6	10 Day 1	11 Day 2	12 Day 3	13 Day 4
16 Day 5	17 Day 6 RSPC meeting 6:30	18 Day 1	19 Day 2	20 Day 3
23 Day 4	24 Day 5	25 Day 6	26 Day 1	27 Day 2
30 Day 3	31 Day 4			



# February 2023

MON	TUE	WED	THU	FRI
		1 Day 4	2 Day 5 Open House Evening 	3 Day 6 Non-Instructional Day <b>NO CLASSES</b>
6 Day 1	7 Day 2	8 Day 3	9 Day 4	10 Day 5
13 Day 6	14 Day 1 Valentine's Day 	15 Day 2	16 Day 3	17 Day 4 Happy 100th Day of School!
20 Louis Riel Day <b>SCHOOL CLOSED</b>	21 Day 5 RSPC meeting 6:30	22 Day 6	23 Day 1 	24 Day 2
27 Day 3	28 Day 4			

# March 2023

MON	TUE	WED	THU	FRI
		1 Day 5	2 Day 6	3 Day 1 Term 2 ends
6 Day 2	7 Day 3	8 Day 4	9 Day 5	10 Day 6
13 Day 1  Report Cards home	14 Day 2 RSPC Meeting 6:30	15 Day 3	16 Day 4 Student-Led Conferences evening	17 Day 5 Non-Instructional Day <b>NO CLASSES</b>
20 Day 6 First Day Spring 	<b>Spirit Week</b>			24 Day 4 Minute to Win it
27 Spring Break Starts Classes resume April	28	29	30	31

# April 2023

MON	TUE	WED	THU	FRI
3 Day 5	4 Day 6	5 Day 1	6 Day 2	7 Good Friday <b>SCHOOL CLOSED</b>
10 Day 3 	11 Day 4 RSPC meeting 6:30	12 Day 5	13 Day 6 Celebrate Diversity Day PINK 	14 Day 1 Non-Instructional Day <b>NO CLASSES</b>
17 Day 2	18 Day 3	19 Day 4	20 Day 5	21 Day 6  Earth Day April 22
24 Day 1 Spring Concert Dress Rehearsal	25 Day 2	26 Day 3 Spring Concert	27 Day 4	28 Day 5

# May 2023

MON	TUE	WED	THU	FRI
1 Day 6 Non-Instructional Day <b>NO CLASSES</b>	<b>Mobile Vision Care Clinic</b>			5 Day 4
8 Day 5	9 Day 6	10 Day 1	11 Day 2	12 Day 3
15 Day 4	16 Day 5	17 Day 6	18 Day 1 Volunteer Tea	19 Day 2
22 Victoria Day <b>SCHOOL CLOSED</b>	23 Day 3	24 Day 4	25 Day 5	26 Day 6
29 Day 1	30 Day 2	31 Day 3		

# September 2022

MON	TUE	WED	THU	FRI
			1	2
5 Labour Day <b>SCHOOL CLOSED</b>	6 Day 1 Non-Instructional Day <b>NO CLASSES</b> All permanent staff attend <b>STAFF PHOTO 9:30</b>	7 Day 2 First day of classes N/K meetings TAP meetings	8 Day 3 N/K meetings TAP meetings	9 Day 4 N/K staggered start First day TAP
12 Day 5 First day N/K	13 Day 6	14 Day 1 Meet the Teacher 6:00-7:00 PM	15 Day 2	16 Day 3
19 Day 4 Non-Instructional Day <b>NO CLASSES</b> Teachers to Brant-Argyle School	20 Day 5 RSPC meeting 6:30	21 Day 6 Picture Day 	22 Day 1 Grade 5/6 Camp	23 Day 2 Grade 5/6 Camp First Day Fall 
26 Day 3	27 Day 4	28 Day 5 Evacuation drill	29 Day 6 Enrolment Day Orange Shirt Day Terry Fox Run PM	30 National Day for Truth and Reconciliation 