

January 2023

Dear Parents/Legal Guardians,

Vaccines have been shown to be a safe and effective way of protecting children from diseases. It can also protect other persons who cannot be immunized due to certain health conditions. It is thus very important to make sure that your child is up to date with their immunizations.

We strongly recommend that children between 4 and 6 years of age receive the following immunizations:

| Vaccine name  |                  |
|---|------------------|
| Measles, mumps, rubella and varicella vaccine (MMRV vaccine)        | <b>Preschool</b> |
| Diphtheria, tetanus, pertussis and polio vaccine (DTaP-IPV vaccine) | <b>Preschool</b> |

Please check your child's immunization records to see if your child is up to date. You can visit the Manitoba Health website to know more about routine immunizations for infants and children (<https://www.gov.mb.ca/health/publichealth/cdc/div/schedules.html>). You can also discuss this with your primary care provider.

If your child needs immunizations, your primary care provider (family physician or pediatrician), a walk-in doctor, a nurse practitioner or a public health nurse can provide them.

If you do not have a copy of your child's immunization record, you can call the WRHA immunization records request line at **(204) 938-5347**.

If you are new to Manitoba, you can provide a copy of your child's immunization records to your local public health office. These records will be entered in the Manitoba immunization registry.

If you have questions or do not have access to a health care provider to immunize your child, please call your local public health office at **(204) 938-5039**.

Sincerely,

Pamela San Diego  
Public Health Clerk – River Heights Community Area  
Immunization Program  
Email: [psandiego@wrha.mb.ca](mailto:psandiego@wrha.mb.ca)  
Phone: 204-938-5039