

"The Small School with a Big Heart"

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Dear Parents or Guardians:

There have been a number of reported cases of head lice throughout the school recently. Head lice do not cause disease. They are a nuisance. Lice are common in schools, day cares, and communities. Anyone can get lice; they are not a sign of uncleanliness. In order to stop the spread of lice we are asking that you please check your child's head for head lice and their eggs today and weekly on a regular basis. Itchiness of the scalp may be a sign of lice.

If your child does have lice, please treat him or her immediately. She/he may return to school after the first treatment.

Please notify the parents of any children with whom she/he has played closely.

The treatment is a lice-killing shampoo that can be bought at any drug store or pharmacy. **Follow the instructions on this shampoo exactly**. Be sure that the treatment thoroughly wets the hair, especially long and thick hair. Thorough removal of the nits or eggs is recommended; it makes it easier to know if there are new infestations. Retreat again 7 days later in order to kill all the eggs or nits. If using the shampoo named SH206, the second treatment should be 2 days (48 hours) after the first.

If live lice are found 24 to 48 hours after the first treatment, a different product should be used immediately and then repeated 7 days later.

Wash things that have touched the child's hair such as combs, brushes, scarves, hats, jackets, pillowcases, shirts/tops with collars in hot water. Hot water or the heat cycle of the dryer will kill any live lice or nits. Things that cannot be washed should be dry-cleaned or placed in a plastic bag, sealed and left for 10 days.

If purchasing a shampoo is a problem for you, please contact your neighbourhood public health nurse.

For further information or answers to any questions, please contact the school office.

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