

# Queenston School

*"The Small School with a Big Heart"*

245 Queenston Street \* Winnipeg, Manitoba\* R3N 0W6

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Principal: Michelle Namaka ([mnamaka@wsd1.org](mailto:mnamaka@wsd1.org))

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Dear Parent or Guardian:

There have been a few cases head lice in the school. Head lice do not cause disease. They are a nuisance. Lice are common in schools, day cares, and communities. Anyone can get lice; they are not a sign of uncleanliness.

**In order to stop the spread of lice we are asking that you please check your child's head for head lice and their eggs today and weekly on a regular basis.** Itchiness of the scalp may be a sign of lice. If your child does have lice, please treat him or her immediately. She/he may return to school after the first treatment.

Please notify the parents of any children with whom she/he has played closely. The treatment is a lice-killing shampoo that can be bought at any drug store or pharmacy. **Follow the instructions on this shampoo exactly.** Be sure that the treatment thoroughly wets the hair, especially long and thick hair. Thorough removal of the nits or eggs is recommended; it makes it easier to know if there are new infestations. Retreat again 7 days later in order to kill all the eggs or nits. If using the shampoo named SH206, the second treatment should be 2 days (48 hours) after the first. If live lice are found 24 to 48 hours after the first treatment, a different product should be used immediately and then repeated 7 days later.

Wash things that have touched the child's hair such as combs, brushes, scarves, hats, jackets, pillowcases, shirts/tops with collars in hot water. Hot water or the heat cycle of the dryer will kill any live lice or nits. Things that cannot be washed should be dry-cleaned or placed in a plastic bag, sealed and left for 10 days.

If purchasing a shampoo is a problem for you, please contact your neighbourhood public health nurse.

For further information or answers to any questions, please contact the Public Health Nurse at 204-926-7000.

Sincerely,

Michelle Namaka  
Principal