



Dear Parents/Guardians:

October was another great month of learning at Mulvey, and we are all very excited to continue with our successes into the month of November. This past month saw our Marvelous Mulvey students engaged in a wide variety of lessons in all curriculum areas, as well in the arts, music sports, drama and citizenship. Our students, staff and parents also were very actively involved in the Terry Fox Foundation to raise funds and awareness for cancer research. The Mulvey School community was able to fundraise \$1 012.00, a very sincere thank you to all! This year, the student leadership team will focus on helping the Meals 2 Go Program, food rescue program and other positive community initiatives. They will also have opportunities to meet virtually with other students from around the city to promote better nutrition.

October's themes for the Pro-Social Program were Anti-Bullying and promoting Peace. The *Second Step* and *Kids in The Know* lessons taught in the classrooms focused on these themes as well. Many kits and other appropriate resources were also made available to students and teachers on these topics.

The Remembrance Day assembly will take place at the school on Friday, November 8th at 9:20 a.m.

This month parents, guardians, caregivers and families will receive their child's first assessment package for the 2024 - 2025 school year. Letters requesting your preferred Parent/Guardian Teacher Student Conference time were sent home in October. Please return the request forms to the school by November 4th, 2024.

Parent/guardian teacher conferences have been scheduled for November 21st from 4:30 p.m. - 8:30 p.m. and November 22nd from 9:00 a.m. - 3:30 p.m. Appointments are in person at the school or by telephone. Reports cards and appointment times will be sent home on November 19. We will make every possible effort to schedule you for your preferred time. Please make every effort to set time aside to participate in the appointment. Report Cards are always an extremely important review and help in setting next steps and goals for your child.

Mr. P. Correia, Principal



## Features

Please consider joining us at our  
**Remembrance Day Assembly**  
On November 8, 2024 at 9:15 AM

11 NOVEMBER  
REMEMBRANCE DAY

*Lest we forget*



### In this issue ...

Page 2	Mulvey Moments
Page 3	Acts of Recognition
Page 7	Remembrance Day
Page 8	Picture Retakes
Page 10	November Intramurals Calendar
Page 14-15	Nutritious Lunch Box Ideas & Lunch Program News/Calendar
Page 24	Calendar & Upcoming Events



WINNIPEG SCHOOL DIVISION

# Mulvey Moments



## WSD Land Acknowledgment and Commitment to Action

"The students, staff, and communities of Winnipeg School Division are committed to truth and reconciliation through building relationships with Mother Earth, the original peoples of this land, and the stories that bring us together. We acknowledge the place in which we gather is on Treaty 1 territory, the homeland of the Red River Metis, and the ancestral lands of the Anishinaabe, Ininiwak and Dakota Oyate peoples."

# Acts of Recognition (AoRs)








Acts of Recognition are given to students for achieving personal, academic, or social goals. We use the Seven Teachings to help students name their goals. This may be when a student goes beyond regular expectations or continually demonstrates skills and/or behaviours that contribute to making Mulvey School S.A.F.E.

**105 students** received Acts of Recognition stickers in the month of October.

**There are several marvellous Mulvey students who have received MORE than one nomination, but are included in this list only once.**

If you would like to nominate your child, or any student parent, community member, please email Mr. Correia (pcorreia@wsd1.org) or Mrs. Ginsburg (nginsburg@wsd1.org).

Aldana	Daisy-Mae	Karma	Precaious
Aleena	Eelis	Kingsley	Prewitto
Aleeza	Eelis-Marwill	Kylie	Rain
Ali	Ellis	Kyron	Rayyan
Alice	Elyas	Kyrylo	Richard
Alivia	Emile	Layal	Rogue
Amen	Eric	Logan	Sam
Amos	Ezra	Lucy	Silver
Andre	Glen	Luna	Taliah
Angelo	Henry	Maher	Tatiana
Armel	Igo	Malakai	Trinity
Armel	Isley	Maria	Tymofii
Aksema	Ivy	Megumi	Ugo
Ashtyn	Iyyan	Megumi	Victor
Barbad	Izyan	Milo	Wania
Ben	James	Mulvey	Windsor
Biki	Jaxon	Musab	Yeva
Brielle	Jayce	Mykhailo	Yonatan
Calendar	Joan	Myroslava	Yuliia
Cayden	Juno	Nabeel	Zlata
Conner	Jurmella	Nimish	
Connor	Jurnee	Pascal	

October Acts of Recognition						
						
Courage	Honesty	Humility	Wisdom	Respect	Truth	Love
13	5	3	30	19	3	33

# NEWS FROM THE CLASSROOM

## Nursery AM Kindergarten AM/PM Ms. N. Schneider

As we welcome the Fall season, we have been moving into the exciting unit entitled "Apples and Pumpkins". Over the next several weeks, your child will continue to be involved in a variety of activities, including creating apple patterns, graphing apples by colour and taste, ordering apples and pumpkins by size, making apple prints, sorting apples and pumpkins using a variety of sorting rules, as well as reciting apple and pumpkin poems and songs. We will continue to practice thematic songs that will highlight musical creativity and developing active listening skills and following the directions.

For our Literacy Programming, we developed the love of reading by choosing books based on interest, then, looked at the pictures, and shared ideas about the story. Thank you so much for your continued support. I am looking forward to another exciting month on our learning journey



## Grades 1 & 2 - Ms. S. Gomes

We continue to get to know each other and are working on building respectful friendships with one another. We have also been practicing our classroom routines and transitions every day. This past month, we took the time to discuss the importance of respecting and loving the people around us to honour the National Day for Truth and Reconciliation. The children were full of beautiful ideas and examples of how we can show kindness and love to those around us. I am so proud of them! We were able to start our classroom Read to Me Framework and we started Home Reading as well this past month. We are on our way to becoming more confident readers and writers. For math, we have been working on our numeracy skills by reviewing counting forward and backward, using our subitizing skills, working on simple addition, and working on patterns. I am very excited to be a part of all the learning taking place in our classroom! I am looking forward to seeing everyone on November 21<sup>st</sup> or 22<sup>nd</sup> for Parent/Guardian Teacher Conferences where we can celebrate all the learning that is taking place.



## Grades 1 & 2 Ms. C. Kamara

The grade one and two students had a spooktacular time in the month of October! They enjoyed listening to Halloween stories, getting to make ghosts and writing stories, getting dressed up; and they had a great time at the classroom Halloween party!

In the month of October the students were busy starting our Read to Me Framework. Every day we mix with two other classrooms, and the students work on improving their reading and writing skills. The class is doing such a good job at this!

Our book buddy reading with another classroom began earlier in October. All students have been buddied up with another 1 or 2 students and take turns reading to each other. The class started our once a cycle visit to the Library, where students will get to each pick out a book to bring back to the classroom with them for their book buddy reading! This has been such a good peer-bonding experience for the students!

In Social Studies the class finished our unit on Our Local Community and began a new Science unit on Growth and Changes in Animals. Students identified animals they were interested in learning more about and will be working towards building a diorama when we are finished this unit.

In the month of November the students will start practicing their math strategies; as well as continuing to learn about Patterns. The class can't wait to show their parents and guardians all of the new things that they have been learning when they come in for Parent/Guardian Teacher Conferences this month!



# NEWS FROM THE CLASSROOM

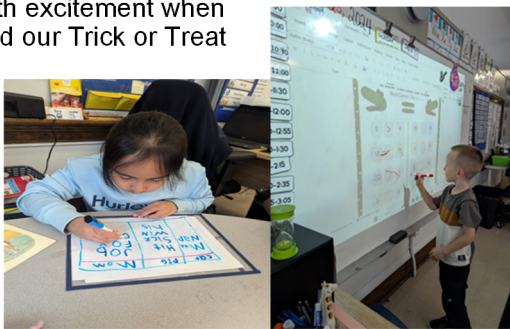
## Grades 1 & 2 Ms. A. Cruzada

Our class started to work in small group instruction for ELA during the *Read To Me Framework and Guided Reading* sessions. We are focused on developing our reading fluency and comprehension through daily practice of reading basic sight words, word families, sentences, and stories.

In Math, we are practicing various skills like counting objects, making patterns, making tens up to 20 using different manipulatives, composing and decomposing numbers, identifying numbers before and after the given number, rote counting forward/backward from 1 to 100. Students learned about Math vocabulary words such as equal, not equal, greater than and less than.

In Science, we studied body parts and the five senses. We had an active discussion on how to take care of our body by making healthy choices and their favorite things to do during fall season. We also studied about different objects that surround us and classified if they are made of metal, wood, plastic, rubber or glass.

For Social Studies, we identified the difference between a world map and a globe, the seven continents and located Winnipeg, Manitoba in the map of Canada. Students were so thrilled with excitement when we celebrated our Trick or Treat Halloween Party inside our classroom.



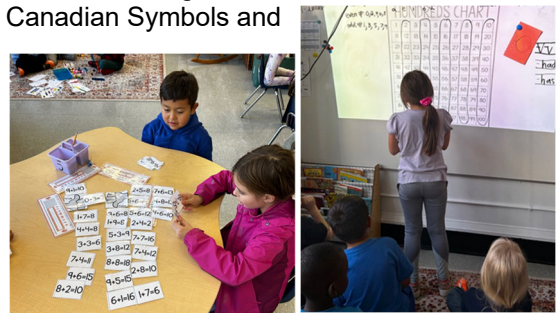
## Grade 1, 2, & 3 AP Ms. L. Costello

The students have been very busy. Their routines have been established, and the students have been busy learning at their own pace. Students have been enjoying using their AAC devices and participating in morning carpet time communicating more with others. They are enjoying their integration music time and playing with new friends. The students have been busy learning about the changes that happen in the fall and going on community walks to see the leaves on the ground. Just a friendly reminder that we go outside everyday and to dress your child for the weather.



## Grades 1 & 2 Ms. E. Black

October has come and gone. We had the Terry Fox run, Halloween, and before we know it- our Winter concert will be around the corner. In ELA, our class has mastered the 26 letters in the alphabet and are using the skills learnt to help us spell new words. The Grade 1's and 2's are getting excited about being paired up with students in Grade 5 and 6 for Book Buddies. The Read to Me Literacy Framework has begun and we are looking forward to seeing the benefits. In Science we are taking a closer look this month on our 5 senses and the ways we use them to navigate the world around us. Did you know that our sense of smell improves when we are hungry?; Counting from 1-10 was 'so last month' and we are learning the patterns that help us count to 100 and beyond! Using strategies such as counting on, skip counting and by practice, practice, practice! Remember to always try and count items around you to keep your brain sharp; Math is all around us if we just take a look. During Social Studies our focus has shifted from our community, to the Country we live in. "Canada in My Pocket" by Michael Mitchell has taught us a lot about Canadian Symbols and it is fun to sing-along too!



## Grades 3 & 4 Mr. Luka

We are sure lucky to be experiencing a lovely fall season as October slowly fades away. The students have been working hard continuing to grow our classroom community! We have been continuing our study on structures and the materials used to make them. In math we have been focusing on place value and number sense. We are now able to represent numbers in many different ways such as base ten blocks, number sentences and expanded form. In social studies we have been focusing on learning what it means to be a citizen of a classroom *as well as* Canada. In English Language Arts we continue to learn about conventions and ideas in writing as well as the importance of expression and fluency in our reading. This month, we will continue to develop our math strategies as well as continuing to work on voice and organization in our writing.



# NEWS FROM THE CLASSROOM

## Grades 5 & 6 Ms. C. Fraser

We have been exploring many things in our classroom, from the Diversity of Living Things and how they are all adapted to different habitats (science), to First Peoples of Canada and how the various groups across Canada lived differently according to resources and landscape (Social Studies). We have also been working on various areas in math from measurement to multiplication and a plethora of concepts in English Language Arts, from sentence structure to juicy descriptive wording and details in story writing, to the three aspects of reading that we need to focus on, Comprehension (understanding), decoding (sounding out the words), and Fluency (reading with flow and attending to punctuation). We will of course continue our work in all areas and try our very best to have fun doing it.

A phrase that I have been talking to the students about is this, "When your brain finds something challenging and hard, you are in a position where you are learning". When we are in a state of ease and familiarity, our brain is not being challenged to learn something new. It is important to push ourselves and to believe that we can accomplish what we put our minds to. I hope this sentiment resonates with our families, and that this message can be a joint effort from both school and home. I look forward to speaking with you at our upcoming conferences.



## Grades 4 & 5 Mr. S. Macdonell

October has been an exciting and productive month in our classroom! In math, we successfully moved beyond place value and dove into multi-digit addition and subtraction, tackling numbers up to six digits. Looking ahead, we'll be reviewing multiplication and division, as well as exploring number patterns.

In Social Studies, we have deepened our understanding of our country, Canada. Students have embarked on a "Trip Across Canada" project, where they are discovering the unique and fascinating places that make our nation special. In Science, we have explored various habitats and delved into food chains within ecosystems.

In ELA, we are nearing the conclusion of our classroom study of the novel *Holes*. Alongside this, we are continuously enhancing our writing skills, focusing on structure and creativity. Additionally, we are thrilled to have started our reading buddies program with another classroom.

Please ensure that your child is reading at home, and keeping their reading log up to date. Reading at home is one of the most important things your child can do to help them develop academic and intellectual skills and is a basis for success in their future.



## Grades 2 & 3 Mr. K Weins

This month, we focused on being thankful for who we are, what we have, and what we want for our world. This worked nicely with the thankful turkeys we made that represented some of the things we are most thankful for. We also started our "Read to Me" reading and writing groups that help us become more confident readers and writers. In math, we have been focusing on equality. For example,  $11+5=16$  is the same as  $5+11=16$  which is also equal to  $8+8=16$ . Happy learning.



## Grades 5 & 6 Ms. C. Vande Graaf

Students in the classroom are working on place value to one hundred thousand. We were working on place value charts, how many, composing numbers, decomposing, place value word problems, and written form. We also continue to work on three & four-digit multiplication and division problems.

The students in English Language Arts are working towards increasing vowel sound recognition and reading strategies including reading to self and to others. Students are using Reading Eggs to reinforce their learning.

In Social Studies, we are working on learning about Canada. This involves gaining a deeper understanding of our provinces, territories, and major cities.

In science we have explored various biomes, habitats and ecosystems.

# NEWS FROM THE CLASSROOM

## Grades 5 & 6 Mr. B. Kussin

This month is shaping up to be a tremendous one. The students are beginning to apply the skills they already possess and apply new ones they have learned so that they may "Earn Their Learning" which is one of the core goals of the class this year. In Social Studies we are exploring the early European explorers, and each student will be responsible for a research project on an explorer of their choosing. In Language Arts our focus is on writing, specifically learning how to write proper paragraphs using the definition and elements of a paragraph and graphic organizers to help plan our ideas. In Science, we will continue to advance our understanding of our solar system culminating with each student creating a booklet about the solar system that communicates what they have learned while incorporating expository text features. In Math, we are continuing to develop our understanding of geometric concepts along with problem solving and flexible thinking skills to help us think of a variety of ways to understand and solve problems.



## Grades 3 & 4 Ms. W. MacKenzie

I hope you have all been getting out and enjoying the lovely fall weather! Throughout November we will be continuing reviewing the provinces, territories, regions and capital cities of Canada. In English Language Arts, we will continue to work on paragraph writing, poetry and editing. In math, we will be continuing to learn more about number and students will continue working with the DreamBox math program. In Science, we have been exploring sound. Thank you to those families who are supporting their child's learning by reading for 15-20 minutes each evening. It is a fantastic way for students to maintain and build upon their current reading skills. When you have a few minutes during a walk or on a drive, it is a great opportunity to practice counting forward and backward by 2's, 3's, 4's, 5's, 10's and 25's. Knowing how to skip count is very useful for students in order to do multiplication and division and to count objects more efficiently. I look forward to connecting with you during Parent/Guardian/Teacher interviews on November 21<sup>st</sup> and 22<sup>nd</sup>. This is a wonderful opportunity for you to discuss your child's strengths and next steps.



## Old Dutch chips FUNDRAISER



supporting Mulvey School  
Parent Council  
fundraiser. We raised  
**\$510.00**

The funds raised will be used to support  
student programming school activities  
and grade 6 student farewell.  
We look forward to your support.



## REMEMBRANCE DAY ASSEMBLY

You are welcome to join our Assembly on  
November 8th at  
9:20 a.m. to commemorate  
Remembrance Day.



**Lest We Forget**

# NEWS FROM THE CLASSROOM

## Grades 2 & 3 Mr. K. Storey

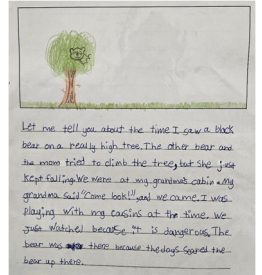
Our room is full of amazing writers! Come take a look at our bulletin board outside the classroom to see for yourself. We have many creative minds in this class.

Our writing process started back at the beginning of September with a lesson about moments. I asked the students to visualize a special moment that they had experienced in their life. Maybe it was the time they ate their first chocolate bar. Maybe it was the time they arrived at a vacation place. We got to write down as many of these moments as we could. Some students filled a whole page with moments that they had experienced in their life.

Now came the time to expand on these ideas. I asked the students to pick a moment and write a short story about what it was like. We followed a bubble planner that allowed the students to create a structured story. We didn't do this just one time. Some students wrote up to 6 different stories in September about their special moments.

Then it came down to choosing the story that we would publish. Each student chose one story that they would expand. They doubled the length of these stories by providing more details for each sentence. Next we edited the stories. Kids looked through their writing looking for mistakes that they could fix. I also had the opportunity to sit down with each of these students and conference with them about their writing.

Over the last two weeks, we wrote rough drafts and finally a finished copy. These finished copies are currently on display outside our classroom and will eventually be put together into a book for our class.



## Welcome to the Music Message Mr. B. Grieve

Musi Music education is essential for students, fostering deep engagement and learning success. Collaborative music-making promotes synergy and diverse knowledge sharing. It empowers students to embrace creativity and agency, consider diverse perspectives, and cultivate responsibility and leadership.

In Music class, we also explored the cultural significance of the drum in Indigenous music and culture. The students sang and performed drum songs by Sherryl Sewepagaham and learned to keep a steady beat on the drum.

Mulvey is excited to offer two music enrichment ensembles (as chosen by the students) this year, Choir and Recorder Ensemble! Students participating in these ensembles will receive music instruction beyond their regular Music classes. Please stay tuned for upcoming performance opportunities!



# Lifetouch.

**School Picture Retake Day**  
**November 6, 2024**  
**@ 1:00 PM**

If you would like picture retakes, please send back the Lifetouch proof for the teacher, or your child missed the original picture please be sure your child is ready with a smile. If your child is an AM student we ask that parents bring student to have retakes anytime after 1:00 PM

For tips on preparing for photo day  
visit <https://lifetouch.ca/>

Questions call Lifetouch at 1-866-457-8212  
or email: [guestservices@lifetouch.ca](mailto:guestservices@lifetouch.ca)



### Kindergarten AM/PM Ms. K. Rosenberg

I hope everyone has been enjoying the beautiful fall weather we have been having; I know we have appreciated watching the colourful leaves fall from the trees!

The month of October was a busy one. For Thanksgiving, we received a generous donation of fruit from the kindergarten class at Balmoral Hall School. We enjoyed writing them a Thank You card, which also sparked our own ideas of being thankful that we incorporated into our individual "thankful" books. We love making connections from our own lives and sharing them in new ways together as a classroom community. Towards the end of October, we did a "pumpkin investigation" where students made observations and counted pumpkin seeds; they drew their own pumpkins too! A definite highlight from October was designing our "pasta" pumpkin craft, participating in Halloween themed centres, and when students came to school wearing their costumes on Halloween!

We continued learning about letters by practicing, identifying, printing, and learning the sounds that they make. We focused on letters: Bb, Ff, Pp, and Tt. We have been applying our developing counting skills each day during calendar time and have been learning about a variety of shapes in math by identifying, sorting, and drawing various shapes. Speaking of shapes, we are beginning to work on our scissor skills; the students worked very hard on cutting out their own shapes for our math and art activities.

During the month of November, a learning topic we will continue exploring is "feelings." Students have started to discover and identify a range of emotions and we will continue to have conversations around strategies we can use to self-regulate our own feelings. Another important topic we will discuss is Remembrance Day; our focus will be discussions around the word, feelings and ideas of "peace."

I am looking forward to another fabulous and exciting learning month with all of my students in November! Just a friendly reminder: parent/guardian teacher conferences are on November 21<sup>st</sup> or 22<sup>nd</sup>. I am looking forward to sharing more wonderful learnings that your children have experienced with me so far this year at conferences.



## Congratulations to our Patrol of the Month

These students have shown great responsibility and dedication to ensure all Mulvey Students are safe coming to and from school each and everyday  
Thank you for all you do!



## Mulvey School Family Portrait Nights



November 6 & 7  
4:00p.m.-7:00p.m.

Please fill out the pink time preference paper that was sent home with your child to book your 10 minute photoshoot time slot



Free to all Mulvey families. Each family will receive an 8x10 photograph and 2- 5x7 photographs

Featuring: R.B. Russell High School Hairstylists; photography done by our very own Mrs. Paragas, with professional photography equipment supplied by Tech Voc High School



# Welcome to Physical Education

## Mr. Ambaye

Physical Education programs are essential in teaching children movement skills. In October, students focused on developing basic movement skills and applying them in various simple games and activities, including soccer and low organized games. Alongside our regular Physical Education program, students also took part in a soccer tournament and the annual Terry Fox School Run. In November, students will continue to practice and explore movement skills, with a focus on personal fitness, striking skills in simple games, and volleyball for grades 4 to 6.

### CLUB ACTIVITIES:

Mulvey grade 5 & 6 students participated in the Winnipeg School Division **Central District Soccer Tournament** held at Tec Voc High School on October 2 & 8, 2024. Twenty-five students participated in the tournament.

Mulvey School is hosting the **2024 Fall Todd MacCulloch Hoop School Program** in collaboration with Basketball Manitoba. This program is aiming to teach the fundamental skills of basketball. The 8-week program is scheduled every Friday from 3:30 – 5:00 pm, running from October 18 to November 29, 2024. This school year, Twenty-five Mulvey students are representing our school in the **Annual Inner City Indoor Soccer League** held at the University of Winnipeg during lunch hours.

**Intramurals:** In addition to our Physical Education classes, students will be given opportunities to participate in our “Before School” as well as “Lunch Hours” Intramural Activities to develop movement skills, personal fitness, and enjoyment. Please refer to our monthly Intramural calendar.



November 2024		Intramural Activities			Before School: 8:30—8:55 am	
Mon	Tue	Wed	Thu	Fri		
				1	Day 6	
				No Classes Non-Instructional		
4	5	6	7	8	Day 5	
- Todd MacCulloch Hoop School (3:30—5:00 pm)	- Before school Rm 13, 16, 17, 18, 19, 20  - Volleyball practice at noon	- Before school Rm 1, 5, 6, 7, 21, 22, 23	- Before school Rm 13, 16, 17, 18, 19, 20  - Volleyball practice at noon	- Before school Rm 1, 5, 6, 7, 21, 22, 23 - ICSSL (Team 1 @ UW)  - Todd MacCulloch Hoop School (3:30—5:00 pm)		
11	12	13	14	15	Day 3	
No Classes Remembrance Day	- Before school Rm 13, 16, 17, 18, 19, 20  - Skate Club at noon	- Before school Rm 1, 5, 6, 7, 21, 22, 23	- Before school Rm 13, 16, 17, 18, 19, 20  - Volleyball practice at noon	- Before school Rm 1, 5, 6, 7, 21, 22, 23  - Todd MacCulloch Hoop School (3:30—5:00 pm)		
18	19	20	21	22	Day 2	
- Todd MacCulloch Hoop School (3:30—5:00 pm)	- Before school Rm 13, 16, 17, 18, 19, 20 - Skate Club at noon	- Before school Rm 1, 5, 6, 7, 21, 22, 23	- Before school Rm 13, 16, 17, 18, 19, 20  - ICSSL (Team 2 @ UW)	No Classes Parent Teacher Conference		
25	26	27	28	29	Day 1	
- Todd MacCulloch Hoop School (3:30—5:00 pm)	- Before school Rm 13, 16, 17, 18, 19, 20  - Skate Club at noon	- Before school Rm 1, 5, 6, 7, 21, 22, 23	- Before school Rm 13, 16, 17, 18, 19, 20  - Volleyball practice at noon	- Before school Rm 1, 5, 6, 7, 21, 22, 23  - Todd MacCulloch Hoop School (3:30—5:00 pm)		

## PRO-SOCIAL THEMES OF THE MONTH:

### Friendship

### Anti-Bullying

### Promoting Peace

Since the start of the school year, Mulvey School's Pro-Social initiatives and opportunities have been established and we are continuing to expand our reach as a community. Students and staff who are "Caught Being Kind" are photographed and featured during our Monday morning assemblies in addition to the staff and students that are recognized during our weekly Acts of Recognition. We are pleased to have so many Mulvey students, staff and families that are committed to making a difference and working towards a cooperative and kind community. We have reviewed our Mulvey S.A.F.E. acronym and we have also spent time learning about how we can positively interact with our peers using positive behaviour intervention strategies and practices.

By sharing read aloud stories, showcasing student successes and including our students' voices during the assemblies this month, we have explored the themes of Friendship, Anti-Bullying and Promoting Peace.

Many of our clubs and extra-curricular programs are in full swing at Mulvey School all of which draw our students into our vibrant and enriching school community.

Beginning in the middle of November, our classrooms will take over the presentations during our live assemblies in the gymnasium.

**MULVEY SCHOOL**

Congratulations for being SAFE!

- S how Respect and Responsibility
- A lways come Prepared and On Time
- F eet and Hands to Yourself
- E veryone Learns Together

Name: \_\_\_\_\_ Room: \_\_\_\_\_



Mulvey School hosted staff from Harrow School, Ecole Laura Secord School and Wolseley School to delve deeper into Treaty Education.



Mulvey School students participating in the Todd MacCulloch Hoop School.



Students in Grades 1 and 2 learning about the Zones of Regulation and how to identify feelings and emotions



## Frequently Asked Questions

# SafeArrival for Families FAQ

### What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence.

You are asked to report your child's absence in advance whenever possible using one of these convenient methods:

#### SchoolMessenger app (free)

1. Provide your email address to the school.
2. Get the app from the Apple App Store or the Google Play Store (or from the links at <https://go.schoolmessenger.ca>).
3. Tap **Sign Up** to create your account.
4. Select **Attendance** from the menu, and then select **Report an Absence**.

#### Web and Mobile Web: [go.schoolmessenger.ca](https://go.schoolmessenger.ca)

1. Provide your email address to the school.
2. Go to the website.
3. Click **Sign Up** to create your account.
4. Select **Attendance** from the menu, then select **Report an Absence**.

#### Interactive Toll-free Phone 1-855-278-4513

1. Call the toll-free, interactive telephone system.
2. Follow the instructions to report an absence.
3. Record the confirmation number at the end of the call.

*If you hang up before this is given the absence will be cancelled and will not be reported to the school.*

Whenever an absence is reported or updated, you will receive a confirmation notice by email (assuming you have provided your contact information to the school).

If you don't report your child's absence in advance, the automated notification system will try to contact you (using the communication preferences if you have set them up in the SchoolMessenger app). This may include push notifications to the app, email, phone calls. You will be asked to provide the reason for your child's absence immediately. You may do so using the phone line, website or mobile app.

If an absence is not explained within approximately 20 minutes of the time that the school starts the notification process, school staff will follow-up to make sure that your child is safe. If you try to explain an absence using SafeArrival, but are then told that it is past the cut-off time, please contact the school directly.

*If you don't want to receive notifications when your child is absent, be sure to report your child's absence in advance.*

*If you do receive notifications of your child's absence, be sure to provide the reason as quickly as possible, using one of the 3 methods listed above or during the phone call notification itself.*

Absences can be reported in advance:

- 24 hours/day
- 7 days a week
- For any school day in the school term
- Up to the cut-off time on the day of the absence.


## What is SafeArrival?

SafeArrival is an absence management system that improves student safety and makes it easy for you to let the school know about your child's absence. Please take note if you have not put your child's absence in the system before the school sends out the calls, you will get a call from the system.

### For further information on how to access:

<https://www.winnipegssd.ca/Parents/safe-arrival/Pages/Default.aspx>

Please make sure you are keeping your home phone number, email and contact information up to date with the school. You can call the office at 204-786-3469.

## THE TERRY FOX FOUNDATION

Terry Fox Foundation Walk Run  
October 2024!  
This year to date we raised  
**\$925.00 online**  
**\$160.00 cash**

for the Terry Fox Foundation for Cancer Research.  
Many thanks to all our students and staff for your contributions to the success of our school's Terry Fox Run and fundraising effort!  
**WELL DONE!**

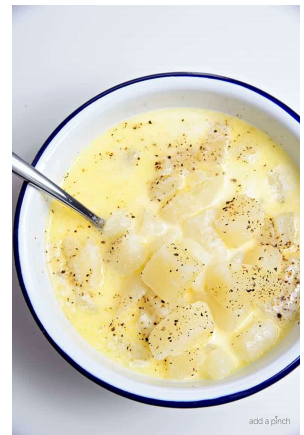
Many thanks to all our students and staff for their contributions to the success of our school's Terry Fox Run and Fundraising effort. We have reached our goal of \$1070 for our Terry Fox School Run. As part of our fundraising activity Mulvey students have collectively completed a total of 920 laps in the gym, which is equivalent to 46 kms during their scheduled Phys-Ed classes, from September 16 to October 4, 2024, to honor Terry's legacy. In every Phys-Ed class, students, on average completed 10 LAPS, which is equivalent to 50 meters.  
**CONGRATULATIONS to all!!**



## Potato Soup Recipe

- 2 lbs. of Potatoes scrubbed, peeled, and chopped
- 2 medium Onions Chopped
- Water to cover potatoes
- 3 cups of whole milk
- 4 tbs. butter
- Optional Protein: chopped ham

Cover potatoes with water in a large soup pot.  
Cook over medium heat until fork tender, about 20 minutes. Remove from heat and drain.  
Add milk and butter to the potatoes. Place back on medium heat and allow milk to bubble slightly around the edges of the soup pot, about 5 to 10 minutes.  
Remove from heat and ladle into soup bowls.  
Serve with salt and pepper to taste.



## Nutritional Information

Calories: 171kcal | Carbohydrates: 18g | Protein: 5g | Fat: 8g | Saturated Fat: 5g | Cholesterol: 24mg | Sodium: 100mg | Potassium: 589mg | Fiber: 2g | Sugar: 4g | Vitamin A: 325IU | Vitamin C: 13mg | Calcium: 139mg | Iron: 3.7mg

Please remember lunch program microwaves are to be used for warming food only and not for cooking the food. There are a large number of students requiring the use of the microwave which only permits the warming of food. Thank you for your support & understanding.



### LUNCH PROGRAM NEWS:

If your child is staying at school for lunch, please be sure you have filled out the registration form. You must fill a new application form out each year. Children are not allowed to leave the school ground for lunch unless they are signed out by a parent or guardian. If being viewed online, link to program information [HERE](#)

## LUNCHROOM RULES

**1. STAY SEATED**  
ONCE YOU HAVE YOUR SEAT,  
STAY SEATED UNTIL YOU ARE ASKED  
TO MOVE BY AN ADULT



**2. BE QUIET BE CALM**  
TALK QUIETLY WITH YOUR NEIGHBORS.  
USE INSIDE VOICES



**3. TRY TO FINISH ALL YOUR FOOD**  
IF YOU AREN'T ABLE TO FINISH IT TAKE IT HOME.



**4. NO FOOD SHARING**  
PEOPLE HAVE FOOD ALLERGIES  
WE ALL WANT TO KEEP EACH OTHER SAFE



**5. HEATING FOOD**  
IF YOU HAVE FOOD THAT NEEDS HEATING DO IT RIGHT AWAY.  
WE CAN NOT COOK FOOD - ONLY REHEATING.



**6. LUNCH BAG**  
MAKE SURE TO RETURN YOUR LUNCH BAG  
TO YOUR CLASSROOMS HAMPER



**7. DRESS FOR THE WEATHER**  
DRESS FOR THE WEATHER, WE WILL BE OUTSIDE  
FOR LUNCH RECESS



### Community and School Safety

Mulvey School and The Winnipeg School Division believe that the safety and security of everyone in the Mulvey School Community is a priority.

Please take some time to review these very important reminders regarding personal safety in the community, travelling to and from school and once at school.

- Plan after school activities with your parent/guardian in advance.
- Plan your route to and from school, stay and travel on main streets.
- Always cross the streets at intersections and make eye contact with the driver who is stopped.
- Listen to the crossing guards and patrols and obey the traffic signs and signals.
- Stay on the sidewalks.
- Walk together with family or friends.
- Go directly to school and go directly home
- If you arrive at school late, remember to sign in at the office.
- Do not talk to strangers.
- Report any suspicious activity to a trusted adult.
- Report any stranger to the school office immediately, as all visitors are required to report to the school office.

Let's all continue to work together to keep everyone safe together.

# NUTRITION NEWS

# November 2024

Mon	Tue	Wed	Thu	Fri
<p>4 Breakfast: Banana loaves and milk</p>	<p>5 Breakfast: Cinnamon buns and milk Lunch: Perogies sour cream carrots and juice</p>	<p>6 Breakfast: Grilled cheese fruit and milk</p>	<p>7 Breakfast: Raisin toast fruit and milk Lunch: Meatballs mashed potatoes with gravy and milk</p>	<p>8 Breakfast: Hashbrowns cheese and juice</p>
<p>11 No Classes Remembrance Day</p>	<p>12 Breakfast: Yogurts with Granola and milk Lunch: spring rolls yogurt tubes and Juice</p>	<p>13 Breakfast: Grilled cheese fruit and milk</p>	<p>14 Breakfast: Bagels cream cheese banana and milk Lunch: Cheese or turkey Sandwich granola bar and milk</p>	<p>15 Breakfast: Hashbrowns cheese and juice</p>
<p>18 Breakfast: Banana loaves and milk</p>	<p>19 Breakfast: Cornbread and milk Lunch: Spaghetti parmesan cheese garlic bread and milk</p>	<p>20 Breakfast: Grilled cheese fruit and milk</p>	<p>21 Breakfast: Cranberry toast banana and milk Lunch: Chicken strips french fries fruit salad and milk</p>	<p>22 No Classes PD Day</p>
<p>25 Breakfast: Yogurt with granola and milk</p>	<p>26 Breakfast: Croissant with jam Banana and milk Lunch: Soft tacos fruit and milk</p>	<p>27 Breakfast: Grilled cheese Fruit and milk</p>	<p>28 Breakfast: Raisin bread Fruit and milk Lunch: Halal Beef Chili with veggies mini dinner roll and milk</p>	<p>29 Breakfast: Hashbrowns cheese and juice</p>

## Important Notice

For the safety of our students, staff and parents/guardians: when dropping off your child in the back alley off Wolseley Avenue, please drive in one direction only. (See arrows below).

Backing onto Wolseley creates a serious driving hazard. Also, please no parking in the Apartment Block Parking Stalls. These are paid for by the Tenants.

THANK YOU!



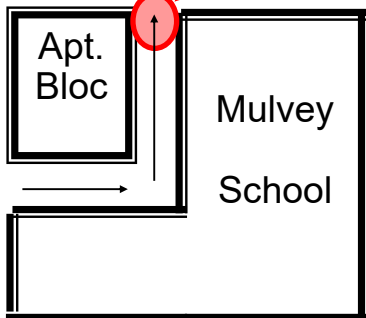
**Please note, there is no left or right turn permitted from Wolseley Avenue into back lane from Sept. – June from 7:00 a.m. - 17:30 p.m. which will be enforced.**



### Wolseley Avenue

#### Map Key

→  
Please follow direction of arrow when dropping off your child.



### Woodrow Place

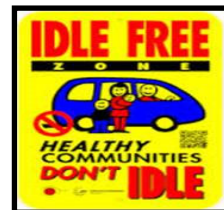
Student Registration  
2024-2025



It is important that you keep your child's contact information up to date. If you were not able to attend the Meet the Teacher evening on September 19, 2024, please contact your teacher for your child. You can see what information is on file and make the required updates and changes.

## Turn your key - Mulvey School is Idle Free

As part of the Mulvey School's Environment Sustainability Development Plan, please take note of Idle-Free Zone signs at the school. These signs are a reminder to turn off your car while you wait.



The signs will reduce pollution around our school and increase health and safety. Burning fossil fuels like oil and gas unnecessarily produce emissions that contribute to climate change. Reducing idling will also save you gas and money. It's these little changes that add up to make a difference. For more information please follow the link <http://climatechangeconnection.org/resources/idle-free-zone-signs/>  
Thank you to The Winnipeg Foundation for the support of this project.

### Did you know:

- ✓ When you idle your vehicle for more than 10 seconds, you burn more fuel than it would take to restart your engine.
- ✓ As Canadians, we idle our vehicles an average of five to 10 minutes a day. It wastes approximately 100 litres of gas a year. You can save yourself \$125 a year by simply turning off your vehicle when you are going nowhere.



Mulvey School Parent Council will be running the annual Kernels Popcorn fundraiser in November. Please watch for the order forms coming home.

All orders are due November 1, 2024  
Delivery pick up date November 15, 2024





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**Meals2Go FAQ**

**What is Meals2Go?**

M2Go is a free weekend breakfast program provided by Harvest Manitoba to ensure children have access to breakfast 7 days a week.

**Who provides the food and where is it packaged?**

Harvest Manitoba provides the breakfast packages with the help of generous support of community partners. The bags are packed in their food safe warehouse every Thursday and distributed to the schools every Friday afternoon.

**Do I have to pay for my child to receive a Meals2Go bag?**

No, this is a free program and you do not need to pay for your child to receive a Meal2Go bag.

**What if my child has a food allergy?**

If you stated your child’s allergy during school registration your child will receive a special allergen friendly bag that is specifically labelled and packed separately. If you have not notified your school of your child’s allergy, please contact the schools office or your homeroom teacher and a specialty kit will be made for your child the following week.

**Does my child have to take a Meals2Go kit home?**

No, if your child does not want to take a Meals2Go kit home please notify your home room teacher and advise your child not to take a kit on Fridays.

**Are the bags biodegradable?**

Yes! The Meals2Go bags are biodegradable making Meals2Go good for your child and the environment.

**Who do I contact if I have questions about the program?**

You may contact your child’s school or the Program Manager, Mika Peterson, at [mpeterson@harvestmanitoba.ca](mailto:mpeterson@harvestmanitoba.ca) or 204-982-3670 with any questions.

# COMMUNITY SUPPORT WORKER CORNER

## *Message from Mulvey Community Support Worker Justine Kiwanuka*

Email: [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org) Phone: 204-786-3469



Justine Kiwanuka Work  
Schedule at Mulvey School

Tuesday 8:30 AM—4:30 PM  
Wednesday 8:30AM-4:30 AM  
Thursday 8:30AM-4:30 PM  
Friday 8:30 AM-2:30 PM

Hello parents, Guardians, Caregivers and Families.

Wishing you all a good fall. Enjoy the beauty of nature as we are slowly sliding into the cold season. While it is not too cold yet, mornings are cool, but the children may not think so. Please remind them to wear their Fall sweaters and at school we will remind the students be sure to wear their sweaters and jackets back home.

### **Koats for Kids**

Just a reminder, if your child needs a winter jacket, boots, a scarf, and gloves, registration for Kids for Koats Program is now on. Simply send me an email or come see me with your child's size, and the preferred gender of your child and your contact information. Remember, these are gently used warm winters wear. Availability of what you have requested depends on the availability of the sizes in stock.

### **Food Rescue**

The program continues every Wednesday morning at 8:45 AM. Information of what will be distributed goes out on Tuesday evenings with the details of what we have. The quantity of what is distributed depends on what we receive. Please bring your reusable bag for carrying in. We are happy to make sure everyone is served.

I would like to thank all the volunteers who are so committed to the cause and who work tirelessly to ensure the food program runs well, you ae amazing and your support is appreciated.

### **Book Club**

The Little Readers meet once a month on the 3<sup>rd</sup> Thursday of every month at 12:00 P.M, but Kids are welcome to come to my office and select books at any time on their recess times, lunch time and at the end of the day. Parents, please come in, select book for the Kids with them or without them. Also encourage your kids to come be part of the Little Readers Club.

Together let us foster the spirit of reading books, and parents/guardians reading with their kids, and kids' reading to you as well as to each other.

### **Cooking and/or Baking**

**Goal:** To have children and parents/guardians and Caregivers share time cooking together. To have the children get involved and enjoy the home-made meal they all contributed to.

**Share:** Share a recipe so we can try it together as a group. I will make your recipe available to the families who have registered and together we will celebrate cooking together on the Zoom.

Registration is by contacting me on my email below. I need to know in advance to plan for the supplies. To share your recipe and for further details, please feel free to contact me at 204-786-3469 or on email: [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org)

### **Dental Program:**

Details will be sent out once they are received from the Dental Screening Nurse Team

**(EAL) English Conversation Classes**

English Conversational classes are every Thursdays 2:00 - 3:30 PM. Finishing the class at 3:30 PM gives you time to pick up your child/children. If your child is on the bus and you want to go home together after class, please inform the office when you come in so the office will make sure your child/children will not go on the bus on the day you attend your class.

If you would like to take the EAL Classes, please talk to me or call: phone: 204-786-3469 or on my email [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org) Everyone is welcome.

**Lost and Found**

Lost and found items are stored in Room 4. Please come into Room 4, check-in and collect your child's lost and found items. Sometimes, I will display the lost and found item on the bench in front of Room 4 on the day it is found, and thereafter all will go in room 4.

**CPR/First Aid training**

This is our first training. The [CPR/First Aid training](#) is a 1-day (Basic) Emergency First Aid, CPR-Level C, and AED Training. It will take place on Tuesday, November 12<sup>th</sup> from 9:30 AM -3:00 PM. At the end of the training a 3-year Canadian Red Cross Certification will be mailed/ emailed to you.



**Food Handlers Training**

If you are interested in doing a Food Handlers Certificate Training, please let me know.

Ms. Justine Kiwanuka, Community Support Worker 204-786-3469 [jkiwanuka@wsd1.org](mailto:jkiwanuka@wsd1.org)



**Westminster Church is hosting a**

**Community Event**

**Children's Christmas Sale**


**Children of any Faith or Culture are**

**welcome (parent information: attached)**

**December 14<sup>th</sup> starts 10am-12 noon**



# November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		 <p><b>Remember to Set Clocks Back One Hour Before Bed Saturday November 2, 2024 Night</b></p>		<p>1 Day 6</p> <p><i>No Classes</i></p> <p><b>Non-Instructional Day</b></p>
<p>4 Day 1</p> <p>MYRCA Club @ noon Todd MacCulloch Hoops @ 3:30</p>	<p>5 Day 2</p> <p>CanU @ 3:30pm Volleyball @ Noon</p>	<p>6 Day 3</p> <p>Picture Retakes @ 1:00pm Pow Wow Club @ noon Family Portrait evening</p>	<p>7 Day 4</p> <p>Volleyball @ Noon Family Portrait evening</p>	<p>8 Day 5</p> <p>Remembrance Day @ 9:15 am Soccer Mulvey 1@noon @ U of WPG</p>
<p>11</p> <p><i>No Classes</i></p> <p><b>Remembrance</b></p>	<p>12 Day 6</p> <p>Basketball @ 3:30-5:00pm Skate Club @ noon NO CanU today</p>	<p>13 Day 1</p> <p>Pow Wow Club @ noon</p>	<p>14 Day 2</p> <p>Volleyball @ Noon</p>	<p>15 Day 3</p>
<p>18 Day 4</p> <p>MYRCA Club @ noon Todd MacCulloch Hoops @ 3:30</p>	<p>19 Day 5</p> <p>N/K and New Student Hearing Screening Skate Club @ noon CanU @ 3:30pm</p> <p><b>Report Cards Go Home</b></p>	<p>20 Day 6</p> <p>N/K and New Student Hearing Screening Pow Wow Club @ noon</p>	<p>21 Day 1</p> <p>N/K and New Student Hearing Screening Parent Teacher Student Conferences 4:30 pm – 8:30 pm Soccer Mulvey 3@noon @ U of WPG</p>	<p>22 Day 2</p> <p><i>No Classes</i></p> <p>Parent Teacher Student Conferences 9:00 am—3:30 pm Telephone, or in-person</p>
<p>25 Day 3</p> <p>Pizza order due Todd MacCulloch Hoops @ 3:30 MYRCA Club @ noon Parent Council @ 5:30pm via</p>	<p>26 Day 4</p> <p>Skate Club @ noon CanU @ 3:30pm</p>	<p>27 Day 5</p> <p>Pow Wow Club @ noon</p>	<p>28 Day 6</p> <p>Volleyball @ Noon</p>	<p>29 Day 1</p> <p>Pizza lunch @ noon</p>

### DATES TO REMEMBER

Please mark the following important dates on your calendar (watch for changes in future newsletters).

Date	Event	Cycle Day
Dec. 9	Parent Council @ 5:30pm	1
Dec. 9	Pizza Orders Due	1
Dec. 13	Pizza Lunch @ noon	5
Dec. 18	Winter concert @ 1:30 PM and 6:30PM	2
Dec. 20	Last Day of classes Winter Break Starts ~ Dec. 23 - Jan. 5	2
Jan. 6	Classes Resume	5
Jan. 31	Non-Instructional Day—No School	6
Feb. 17	No Classes—Louis Riel Day	6

**S** how Respect and Responsibility  
**A** lways come Prepared and On Time  
**F** eet and Hands to Yourself  
**E** veryone Learns Together

### BE YOUR BEST

**B** elieve  
**E** xcel  
**S** uccceed  
**T** ogether

