



Dear Mulvey School Families,

As we wrap up another exciting winter month, February was filled with countless memorable events that helped bring our school community together. We saw tremendous success in several key activities:

Aboriginal Storytelling, Black History Month, Inclusive Education, and I Love to Read initiatives – These events were enriched by in-person and virtual visits from guest readers who shared diverse stories with our students. A special shout-out to our classroom checklist activity in the hallway, where we saw fantastic participation from students across all grades.

The Student Leadership, Mulvey Staff Team and school Community volunteers continued their valuable work supporting the **Meals 2 Go Program, Food Rescue Program and other ESD Initiatives.**

Creative learning was on full display at The Winnipeg School Division Board Conference Room with the guidance of Mulvey's dedicated teachers and our talented Art Specialist, Ms. Brenna.

Physical Education sessions, both indoors and outdoors, kept our students active and engaged, thanks to our enthusiastic Physical Education Specialist, Mr. Ambaye.

The **Mulvey Music Program**, lead by our amazing music teacher Mr. Grieve continues to inspire and ignite a passion for music in our students, fostering creativity, collaboration, and a love for the arts throughout our school community. Our High School Music Teacher Mentors from Gordon Bell High School and Balmoral Hall School continue to inspire the music lesson students so very much.

In the spirit of kindness, **students delivered homemade cards and good wishes to Misericordia Place** and other local personal care homes. We are incredibly grateful for the **generous treats** sent by parents, students, and friends, adding sweetness to our days.

At Mulvey, we will continue to encourage **nutrition and nutrition education** with nutrition a universally inclusive menu and variety of activities throughout the month, including:

Please also mark your calendars for some important dates:

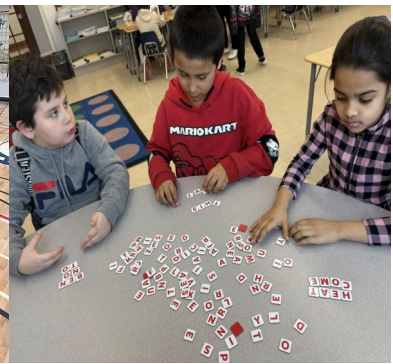
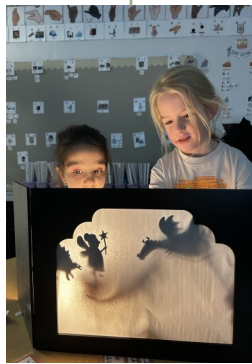
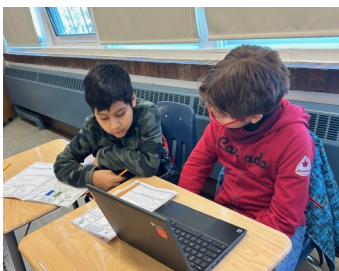
Term 2 Report Cards will be sent home on **March 11th.**

Parent-Guardian-Teacher-Student Conferences are scheduled for **March 13th and 14th.**

The theme for **National Nutrition Month® 2025** is "**We are Dietitians**". This campaign, led by Dietitians of Canada, highlights the essential role dietitians play in helping people make informed food choices and promoting healthy eating habits for overall well-being. As we embrace the theme of nutrition this month, we look forward to continuing to build a healthier and more connected school community together.

Warm regards,

Mr. P. Correia
Principal



Features

Nutrition Month News



In the full issue found on our website...

www.winnipegssd.ca/mulvey

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Mulvey Moments





Please note that the menu may be subject to change depending on the availability of products from our food wholesalers and nutrition distributors. We appreciate your understanding and will keep you informed of any updates. Thank you for your support.



March Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 3 Banana Loaf & Milk SNACK Crackers & Cheese BREAKFAST 10 Oatmeal Banana Bran Bars & Fruit SNACK Biscuits & Fruit BREAKFAST 17 Yogurt Tubes & Granola Bars SNACK Biscuits & Oranges BREAKFAST 24 Banana Loaf & Milk SNACK Cucumbers & Cheese	BREAKFAST 4 Mini Bagels, Fruit & Cream Cheese LUNCH Pizza English Muffins & Milk (Meat & Cheese option) SNACK Granola Bars & Fruit BREAKFAST 11 Blueberry Loaf & Milk LUNCH Grilled Cheese Sandwich (Gluten Free Bread), Fruit & Milk SNACK Granola Bars & Fruit BREAKFAST 18 Carrot Raisin Muffin & Milk LUNCH Chicken & Veggie Wraps & Milk (Meat & Veg. option) SNACK Granola Bars & Fruit BREAKFAST 25 Banana Dark Chocolate chip Muffins & Milk LUNCH Cheese Quesadillas, Fruit & Milk (No Meat) SNACK Granola Bars & Fruit	BREAKFAST 5 Sunshine Orange Muffins & Milk SNACK Whole Banana BREAKFAST 12 Pancake Sheet with Dark Chocolate Chips & Milk SNACK Whole Apple BREAKFAST 19 Quiches & Milk SNACK Celery & Cheese BREAKFAST 26 Cinnamon Bun French Toast Bake & Milk SNACK Apple Slices	BREAKFAST 6 Raisin Toast & Milk LUNCH Chicken Noodle Soup, Bannock Bun & Milk (Meat & Veg. option) SNACK Granola Bars & Fruit BREAKFAST 13 Hashbrowns, Cheese & Juice LUNCH Lazy Perogy & Milk (Meat & Veg. option) SNACK Granola Bars & Fruit BREAKFAST 20 Croissants, Jam & Milk LUNCH Lasagna & Milk (Gluten free noodles) SNACK Granola Bars & Fruit BREAKFAST 27 Bannock Buns, Wow Butter & Milk LUNCH Creamy Pasta & Milk (No Meat) SNACK Granola Bars & Fruit	BREAKFAST 7 Hashbrowns, Cheese & Juice SNACK Crackers, Carrot Sticks & Hummus NO SCHOOL 14 Parent/Guardian-Student Conferences BREAKFAST 21 Hashbrowns, Cheese & Juice SNACK Pretzel Bites & Fruit BREAKFAST 28 Hashbrowns, Cheese & Juice SNACK Biscuits & Oranges





March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
3 Day 2 MYRCA club @noon Parent Teacher forms due	4 Day 3 Pow Wow @ noon Pottery Club @ noon 4-6 Zumba @ noon Piano lessons @ 3:45	5 Day 4 Inner City Basketball @ 11:30 Piano lessons @ 3:45	6 Day 5 Flag Football @3:45-6:00 Bingo Club @ noon	7 Day 6 Rm.17/22 @ Aviation Museum
10 Day 1 MYRCA club @noon	11 Day 2 4-6 Zumba @ noon Pow Wow @ noon Piano lessons @ 3:45 Report Cards Go Home	12 Day 3 Cheese orders DUE Pottery Club @ noon Piano lessons @ 3:45 Inner City Basketball @ 11:30 Rm. 17/22 @Freeze Frame @ 12:30	13 Day 4 Parent Teacher Student Interviews 4:30-8:30pm Flag Football @3:45-6:00 Bingo club @ noon	14 Day 5 Non-Instructional Day <u>No Classes</u> Parent Teacher Student Interviews 9:00 am - 3:30 pm
17 Day 6 MYRCA club @noon	18 Day 1 Pow Wow @ noon Pottery Club @ noon 4-6 Zumba @ noon Piano lessons @ 3:45 U of M Soccer Game @ Noon	19 Day 2 Piano lessons @ 3:45	20 Day 3 Flag Football @3:45-6:00	21 Day 4 U of M Soccer Game @ Noon
24 Day 5 Last day to collect batteries Pizza orders DUE MYRCA club @noon MTYP show @ 1:35 Google Meet Parent Council @ 5:30pm	25 Day 6 LAST 4-6 Zumba @ noon Piano lessons @ 3:45 U of M Soccer Game @ Noon	26 Day 1 Piano lessons @ 3:45 Pottery Club @ noon Inner City Basketball @ 11:30	27 Day 2 Bingo club @ noon Flag Football @3:45-6:00	28 Day 3 Pizza Lunch School dance in PM LAST day of school before Spring Break

DATES TO REMEMBER

Please mark the following important dates on your calendar (watch for changes in future newsletters)

Date	Event	Cycle Day
Apr. 1	School Resumes	6
Apr. 11	Wellness PD– No Classes	2
Apr. 18	Good Friday– No Classes	
May 9	Vision Day PD - No Classes	1
May 19	Victoria Day - No Classes	
June 29	Last Day of Classes for N/K PM Students	6
June 30	Last Day of Classes for N-6 Student	1

S how Respect and Responsibility
A lways come Prepared and On Time
F eet and Hands to Yourself
E veryone Learns Together

BE YOUR BEST

B elieve
E xcel
S uccedd
T ogether

