

Lord Selkirk School

January Calendar 2024



Website: www.winnipegsd.ca/schools/lordselkirk
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Vice Principal's Message

Happy New Year to our families and community. We are sending out wishes that 2024 provides every family with opportunities for peace, love and joy and that each family member is able to take advantage of those opportunities.

December was an exciting and productive whirlwind! Two big milestones last month were Student Led Conferences and the Winter Concert. Both events provided opportunities to strengthen our sense of community. This was our second year using tickets for the Winter Concert. Our process for requesting additional tickets was new this year. The tickets are helpful for ensuring that we adhere to Workplace Safety & Health guidelines regarding seating arrangements and capacity. Thank you to all who provided feedback! We love seeing families in our school for special occasions and also on a day-to-day basis! Please don't hesitate to spend time in our family room at school.

We were so fortunate to have the Pyjama Project as a partner again this year! The Pyjama Project hosts an annual collection drive for new pyjama donations, the pyjamas are then distributed to a few select schools. All of our Lord Selkirk School students received a new pair of pajamas during the last week in December and many of them wore them on the last day of school. They sure looked comfy and cozy!

[Learn more by clicking this link](#)

We look forward to having the Mobile Vision Clinic at Lord Selkirk School in January. This clinic takes place the week of January 15 - 19. Please hand in your forms if you would like your child to participate in getting their eyes checked by an Optometrist.

We are also looking forward to another Pizza Lunch Fundraiser on January 25. Look for envelopes & order slips in your child's backpack in early January with orders due January 19. No orders will be accepted after January 22. These funds are raised to support our Grade 6 Camp.

After each break we review Common Area Expectations for all staff and students at Lord Selkirk School. On January 10, classes will travel through the building visiting different common areas. In each area we will review expected behaviours and what the Three B's (Be Safe, Be Respectful, Be Cooperative) look like in the different locations. Students have the opportunity to ask questions and provide feedback. This is a key component of our PBIS (Positive Behaviour Intervention Strategy) approach at Lord Selkirk School.

School starts again on Monday, January 8. Returning to school routines after the winter break can be a challenge! Here is a review the school day morning schedule:

8:30	Breakfast program opens - Grade 1-6 students can enter for breakfast until 8:50
8:45 - 8:50	Students line up outside
8:50	Teachers bring classes inside
8:50 - 9:00	Staff are present at back doors to let students in
After 9:00	Students arriving after 9:00 enter through the front doors and sign in at the main office. Nursery/Kindergarten students must be signed in by a guardian Nursery/Kindergarten children are walked to their classroom by a staff member

Your Partner in Education,

Gabrielle Katchanoski

Classroom News

Room 1

NURSERY and KINDERGARTEN

Ms. Murray



These students are excitedly preparing a Welcome to Room 1 sign in preparation for student led conferences last month. This sign is proudly hung outside our classroom and features a signed self portrait of all 43 students who call room 1 their classroom.



This student is learning how to use writing to teach other people. She has written a "how to" book called How to Go Grocery Shopping. Our dramatic play station this month was a grocery store. When she was finished writing her story, she read it to the class to teach them how to use the Grocery store station in our classroom.



This student has a love for writing, and finds himself using anything and everything to write messages to his teachers. Here he has written "I love you". Later he wrote "UR my BSTE" (You are my bestie).



These students are creating their art for the Winter Concert. We have been practicing our scissor skills and are getting very good with them.



These students have memorized over 30 sight words, and enjoy making them with the magnetic letters.



Last month we wrote "All About Me" books and added them to our classroom library. Students enjoy reading them daily.



These students are excellent at "adding details" to everything they do, whether it be writing, or building an intricate

skyline with blocks.



These students are creating the setting for the 3 little pigs by building houses out of straw, sticks and bricks before retelling the

story using pigs and a wolf from our animal bin.

Classroom News

Room 2

NURSERY and KINDERGARTEN

Ms. Tien

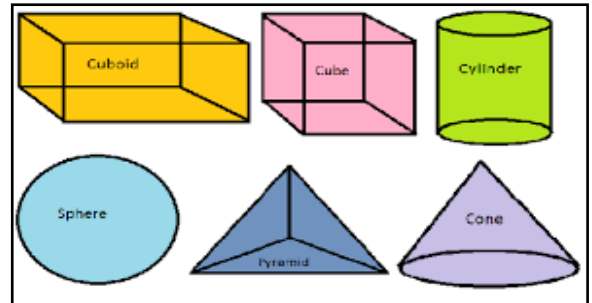
Happy New Year and welcome back! It is great to see everyone back after the holidays.

In the month of January, we will be starting a phonological awareness unit. Phonological awareness is an awareness of sound and an awareness that words can be broken into syllables (hos-pit-al), can rhyme (can, fan, man), can start with the same sound (juice, jump, joy), can be segmented into separate sounds (s-a-n-d), can be changed around by adding, removing or re-ordering sounds to make new words (sand, send, stand, sent).

In Math we will continue to explore 3D shapes, counting and making patterns. We have also been using a number line for counting. A number line is a straight line with the numbers increasing or decreasing on the line. Students use the number line to look for the number before and after another number and it will help them with counting forwards and backwards.

Thank you for your support with our home reading program. The students look forward to choosing new books and bringing them home to share with you.

In addition, thank you to those who helped students practise their songs for the winter concert. It was such a joy to see all of the performances and to see the happiness on everyone's faces.



Room 4

GRADE 1

Ms. Gonzales

Welcome back to school and Happy New Year. I hope everyone had a relaxing winter break. I had a restful winter break with my family. I feel refreshed and ready to start the new year.

In reading and writing, we are starting our Non-Fiction units. Students are choosing topics they are experts on and writing an information piece to teach their readers. Students are learning about nonfiction text features and gaining more knowledge everyday. Ask your learner to name one thing about the Non-Fiction Units we have learned at school. Please remember to read with your child each night as we continue our home reading program. Ask questions before, during and after the story to help with their understanding of the story. Before jumping in to help them with a tricky word, ask them to use the word solving strategies we have learned, such as stretching out the word, sounding out all the letters, look for blends and digraphs, and use the picture if needed. We are continuing to work on sounding fluent when we read. Reading in full meaningful phrases and pausing at punctuations helps with reading fluent. Thank you for taking the time to read with your child every night.

We have been involved in a whole school math subtraction challenge. Ask your learner to demonstrate different ways they can solve a subtraction equation with answers up to 20. They can draw a picture and cross out OR use a number line and jump backwards. We are learning to label our jumps on the number line. Dreambox will be available at home, I encourage students to do 5-6 lessons a week. Our school login is: <https://play.dreambox.com/login/d7qd/lords>

Reminder to send your child dressed appropriately for our winter weather. Ski pants, mittens/gloves, scarf and extra socks. Students will have indoor recess when it is -28 degrees outside.

Please send extra snacks for your child as well.

Classroom News

Room 7

GRADE 1 & 2

Ms. Stern

Welcome back to school! I hope you had a restful, healthy holiday break. We are ready to get back to business in Room 7! Over the month of December, there was so much going on: Student-led conferences, winter ornament making, winter concert preparation as well as day-to-day lessons on phonics, math and writing. Room 7 was a busy place!

We experienced a noticeable drop in attendance in December; our daily attendance averaged 15-18 students out of 25. Hopefully, the illnesses have passed and we will be back to a full house in January!

This month we will start targeted reading/word work groups, as well as a new writing unit. We will focus on Non-Fiction/Information writing.

In math we will continue to use new tools and strategies for addition and subtraction. We will also learn about 2D and 3 D shapes/solids.

Our Science learning will focus on the 5 senses. In Social Studies we will focus on rights and responsibilities (which ties into the Grade 1 Health curriculum nicely).

Some important reminders for the new year:

Please make sure that your child has a clean pair of indoor shoes to be left at school - this keeps our classroom, hallways and other rooms clean and safe. Please try to provide your child with a reusable water bottle with their name on it for classroom use. Please ensure that your child is not bringing toys/trinkets/makeup, etc. from home. These items often become lost or broken at school and cause distractions. Thank you, I appreciate your cooperation.

Should you have any questions or concerns, please reach out.

Room 15

GRADE 2

Ms. Lubarski-Bailey

December was a fun and busy month in Room 15. The students worked on several holiday art projects and practiced for our Winter Concert. I am happy we were able to have an opportunity to discuss your child's progress during student led conferences or through a phone conversation. Ongoing communication and your support is a valuable part of your child's learning journey. I hope we can continue to work together to help your child have a successful learning year.

During our shared reading, the students practiced how to read with more fluency and expression. We have been reading informational books and looking at the differences between books that tell stories and books that give us information. We have also examined how various text features (e.g. headings, table of contents, diagrams) help us gain information in our reading. In word study we continued to work on vowels and did word sort activities to help us build spelling and vocabulary skills.

In math, we have explored increasing/decreasing number patterns and strengthened our skip counting skills through daily oral counting. The students have been practicing different strategies for addition and subtraction including how a number line can be used as a tool to help us solve problems involving subtraction.

In Science, we continue to study growth and changes in animals. We have been comparing differences and similarities between animals and learning about different ways that animals take care of their young.

In Social Studies we continue to study our local community of Elmwood and different community helpers. Wishing you all the best in the new year.

Classroom News

Room 8

GRADE 2 & 3

Mr. Jhagru

Happy New Year Everyone! I hope you had a restful and fun-filled break.

Students are working hard on 'levelling up' - improving or getting better in a subject area. Please speak with your child to learn the subject they have levelled up in! During Morning Meetings, we have been practicing a group activity called 'Energy' where we pass energy from one person to another using various patterns.

In math, we extend the Energy game into making patterns that use two variables (ABA, AABB, ABB, etc.). We are practicing naming, creating and extending patterns, as well as recognizing the core in the patterns. Students are also working diligently on subtraction (addition's best friend) using various strategies. Students are learning to add up or take-away as strategies for solving these problems. Students also play various math games to improve their number sense, flexibility, and addition/subtraction skills. Some of the games we play are: 101 and out, 101 and down, and face-off (with two cards, subtraction, single card subtraction, etc.)

In Reader's workshop we are starting to work in guided reading groups to improve our reading skills: predicting, making connections, synthesizing, inferring, retelling, analyzing, and critiquing. In Writer's Workshop we have been exploring the wonderful world of poetry. Students have used their poet eyes to describe everyday items in extraordinary ways. Students have created their own rhyming poems and are practicing reading poetry in a variety of ways (alternating, cloze reading, word by word, quiet/loud, etc.) Please connect to our Seesaw Class so students can share their learning with you.

Please ensure students bring an extra toque and gloves in their backpacks in preparation for severe/wet weather. Best wishes in the New Year and in your continued endeavors.

Room 35

GRADE 3

Mr. Telford

Happy New Year!! I hope that you and your family had a restful holiday season. I enjoyed spending time with my family and eating too much good food.

In Readers Workshop our novel study has been so entertaining. *Because of Winn Dixie* has been great. The kids are making predictions, summarizing information, and even drawing what they imagine in their heads. During UFLI (word work) students work on reading and writing words that use long vowel patterns. They are paying attention to words that have a silent e at the end of them. In Writer's Workshop we took time to celebrate the amazing small moments stories that students published. It was lovely getting to see the students as publishers. Every time we finish a writing unit, we celebrate the work that we have done. This month, students will begin to do opinion writing.

In Math in the New Year we will explore multiplication and division strategies. It is always a fun unit to do. The students are excited to begin doing math that the "big kids" learn. We will start by using manipulatives to represent equal groups and repeated addition.

In Social Studies students were excited to learn about different countries. It is very cool to see students identify many different flags from around the world. In term two, students take a "deep dive" into learning about a country that interests them.

For Roots + Shoots we chose our classroom project. We will learn about a charity called K9 Advocates Manitoba which is working to address the overpopulation of dogs in northern Manitoba communities. We applied for a grant in November to help us go on field trips to learn about adopting dogs. As the weather is beginning to get cold and wet, please make sure that your child has a pair of indoor and outdoor shoes/boots, a hat, and mittens. Please talk to your child about your expectations around wearing winter clothing, in December I noticed many students trying to go outside without warm clothing.

Classroom News

Room 36

GRADE 3 & 4

Mr. Rodrigues

I hope everyone had a resting and relaxing winter break. I am so excited to get started up again this month.

Students worked hard on our school-wide subtraction math mission in December. They practiced showing all the ways that they could solve subtraction problems when working with numbers in the 1000's. This month in math we are starting to explore multiplication and also fractions.

Our writer's workshop theme in December was fairy tales. Students researched existing fairy tales and identified the elements of a fairy tale. They used this new knowledge and their creative writing skills to make their own original stories.

In Social Studies, we have focused on Canada and mapping out Canada. We also identified factors that may influence their identities. We researched famous Canadians who have made an impact on Canada. Each student conducted their own research or worked with a partner and presented their findings to the class.

In Science, we explored forces of motion and did many hands on activities looking at contact and non-contact forces. I am excited to start off 2024 strong.

Room 40

GRADE 4

Mr. Kojima

Happy New Year!

We hope that you had an opportunity to rest and relax with your family over the winter break. As we start the new year, we will continue setting a good example and being role models.

The final few weeks of December saw Room 40 welcoming little green aliens, creating holiday crafts and exploring our Roots and Shoots project.

This month, our attention in math will shift gears and we will start to focus on multiplication and division skills.

We will also discover personal and persuasive writing in our writer's workshop. Home reading will continue with students being responsible for reading at home for 15-20 minutes each night. Please remind your learners about these expectations.

As we are now in the winter months and the weather has gotten cold, please make sure your child is prepared in the morning with appropriate clothing for the day.

School fees for the school year are \$40. Thank you for sending this to school with your children. If you still have not paid this fee, please send the money in an envelope or zip lock bag with your child's name on it. If you have any questions or concerns, please feel free to email me.



Classroom News

Room 34

GRADE 5

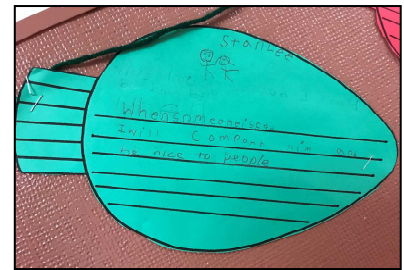
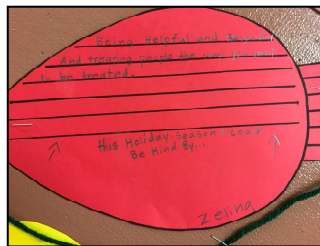
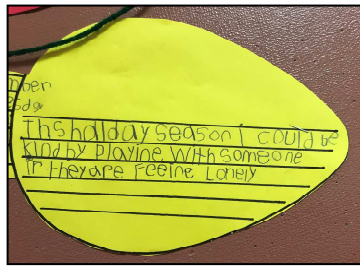
Ms. Balkaran

Happy New Year!

Room 34 experienced a lot of learning and changes in December. Ms. Balkaran began her maternity leave which meant that students worked with guest teachers and started to develop new routines.

These changes did not prevent the students from participating in our school-wide subtraction sprint and strengthening their ability to demonstrate how they are able to solve subtraction problems in multiple ways.

Students in Room 34 ended 2023 thinking about how they could "light up the season with kindness". Being kind and respectful to others is an amazing way that these students can (and do) add to our school community. Thank you, Room 34!



Room 30

GRADE 5

Ms. Ladouceur

Happy New Year students & families!

We had so much fun before the break baking cookies and spending time with our learning buddies. We will begin our year reviewing our classroom expectations and setting a personal goal for the new year.

Our next reading and writing units are centred around STEM challenges and informational reading and writing. Students will self select a topic of interest, research, and decide how they will present a final project.

In Math workshop, we will develop multiplication and division strategies with a focus around factors, multiples, and prime numbers. Fractions will be another focus for the month of January and continue on for the rest of the school year.



We are excited to announce our Roots & Shoots project for this year. The students of room 30 have decided to host an art show and donate the proceeds to K9 Advocates. This work will begin early on in January and we aim to host the art sale in late April or early May.

We are asking students to continue to dress for the weather. If students need mittens, toques, or neck warmers, they can grab them from the family room. Snow pants are limited as well as winter boots. We encourage students to have two pairs of shoes so that their feet aren't cold and wet throughout the day. Thank you so much for your support of your child's learning.

Classroom News

Room 33

GRADE 5 & 6

Ms. Millar

Dear Grade 5/6 students and families,

Happy New Year and welcome back. I hope this message finds you well-rested, refreshed and ready for an exciting new chapter in our learning journey. I am eager to dive back into discovery, exploration and learning together. Take a look at the exciting new projects and themes we will be focusing on.

In Reader's Workshop we will start our Fantasy Book Club unit, focusing on the magic of themes and symbols. We will learn to recognize common themes such as friendship and courage, as well as symbolic elements by analyzing objects, creatures or events that hold deeper meaning in the context of the story. Students will lean into supporting their interpretations with text evidence, engage in group discussions and develop critical thinking skills as they analyze and interpret complex elements within fantasy literature. All of this learning will support us in our Fantasy Writing this month.

In math, we will explore the Order of Operations. The order of operations is like having a roadmap that guides us through solving mathematical expressions. It ensures everyone arrives at the same answer by following a set sequence of steps.

In science, we will be studying flight. Through testing models, we will explore properties of air, forces involved in flight and examine the history of the development of air travel and identify its impact on the way people work and live. Here's to the next month filled with great discoveries.

Room 25

GRADE 6

MS.BOROSKI

Hello all! Welcome back!

We have finished our read aloud in English. In January we will create literature circles and book clubs for the students to have their own novel studies. The focus of these circles will be dystopian novels. In Writer's Workshop we are having a mini-unit on debate throughout December to prepare for our unit on opinion writing .

In Math we have been working on a whole-school Subtraction Sprint. Each classroom has spent 15 minutes every day focused on subtraction outside of our regular math lessons. Our room has been focusing on using a number line to solve subtraction questions involving large numbers and decimals into the thousandths. During our regular math lessons we have been working on operations with decimals.

Science has wrapped up and will begin again with a new unit in January. In Social Studies we will continue exploring Canada's history.

Room 25 has decided on their Roots and Shoot project. We will be planning a project to help with food security in the area. You can look forward to more details about this throughout the rest of the school year!

Classroom News

The Arts with Ms. C.D. & Mr. Quanbury

Welcome to 2024!

A big congratulations and thank you to all of the students who performed at the Winter concerts in December. Mr. Q and Ms. C.D. are very proud of you. We hope students and families had a restful break and are as eager as we are to get back to school.

The focus in The Arts is now MUSIC. We will continue with our meditation and mindfulness activity to begin each class. This is to aid us in getting to our most optimal learning and creative state. These skills of calming will help beyond our Arts classroom.

We will be learning about the Instrument Families, different musical genres and exploring many Percussion/Orff instruments such as xylophones, boom whackers, rhythm sticks and bucket drums. We will also be singing and learning about the parts of the Orchestra, and exploring our own creativity when it comes to making music.

Ms. Cook-Dowsett cdowsett@wsd1.org

Mr. Quanbury dquanbury@wsd1.org



Classroom News

Phys. Ed with Mr. Gurniak



The members of Lord Selkirk's Run Club celebrated the end of the fall season with a group celebration.

We were joined by Erin Teschuk, a professional runner born and raised in Winnipeg who represented Canada in the 2016 Summer Olympics in Brazil.

Erin congratulated the Lord Selkirk Cougars, and encouraged them to continue running and to chase all of their dreams regardless of what sport or activity they enjoy.



On December 12th both of the school Triple Ball teams had an opportunity to play Triple Ball against their teachers. The teachers narrowly came out on top after two close and well played games.



Moving further into the Winter keep an eye out for other extra curricular activities such as basketball and skate club.



COUNSELOR'S CORNER



With Ms. Almeida

THE ZONES OF REGULATION



At Lord Selkirk School, we use the Zones of Regulation in every classroom. It is a school-wide approach to encouraging self-regulation and every staff member uses common language to support the students in remembering to use their Zones strategies. Our goal is to teach all of our

student's good coping strategies so they can help themselves when they experience big feelings such as anger, frustration and sadness. By teaching children how to cope with big feelings, we help build resilience so they know how to help themselves in times of stress.

Through Zones of Regulation, we teach the students to:

- Recognize what zone they are in and use strategies that they find useful to help them get into the green zone.
- Increase their emotional vocabulary so they can explain how they are feeling.
- Develop an insight into what triggers lead them into the yellow or red zone.
- Develop problem-solving skills and resilience.
- Create a personalized "toolkit" of strategies that support them.

What are the different zones?

Blue Zone: Low mood. Not ready to learn. Feeling sad, sick, tired, bored and moving slowly.

Green Zone: In a calm state and ready to learn. Feeling happy, calm and focused.

Yellow Zone: Beginning to feel escalated, moving into big emotions, feeling a loss of control. Feeling frustrated, worried, excited.

Red Zone: Out of control, in a heightened state of emotions. Feeling mad, angry, terrified- yelling, hitting or throwing things.

How you can support Zones at home:

- Identify your own feelings using Zones language in front of your child (ex. I am frustrated, I think I am in the yellow zone).
- Talk about what tool or strategy you will use to get back to the green zone (ex. I think I will do some deep breathing to help me get back to green).
- At times, ask your child what zone they are in, especially when they are feeling big emotions.
- Teach your child tools that they can use with you at home. (Ex. It's time for bed, let's read a book to get you into the blue zone)
- Praise and encourage your child when they share which zone they are in.

Resource

We have put together activities and learning opportunities that families can engage in over the winter months. This resource is designed to keep students engaged in meaningful learning experiences beyond the classroom.

1. Build a Snowman: Embrace the winter weather by creating a snowman together. It is a classic and enjoyable activity for all ages.
2. Winter Nature Scavenger Hunt: Explore your surroundings and create a scavenger hunt list with winter-themed items like pinecones, icicles, or animal tracks.
3. Indoor Movie Marathon: Choose a theme or let each family member pick a favorite movie for a cozy movie marathon with blankets and snacks.
4. Baking Day: Spend time in the kitchen baking cookies or other treats. It is a delicious and bonding activity for the whole family.
5. Board Game Bonanza: Dust off your favorite board games and have a family game night. Rotate through different games to keep it exciting.
6. Crafting Corner: Set up a crafting station and get creative with winter-themed crafts. It is a fantastic way to express creativity and make lasting memories.
7. Family Story Time: Choose a book and take turns reading chapters aloud. It is a simple yet enjoyable way to share stories and spend quality time together.
8. Visit a Winter Festival: Check out local winter festivals or events in your area. Many offer festive activities, lights, and entertainment for families.
9. Photography Expedition: Grab your cameras or smartphones and go on a winter photo expedition. Capture the beauty of the season and create a family photo album.



HOW SICK IS TOO SICK FOR SCHOOL?

Cold and flu season is here.
See our tips for parents and caregivers:



KEEP ME HOME:

Fever

(higher than 38°C or 100° F)

Sore Throat

Persistent Cough

Strep Throat

Vomiting or Diarrhea

Abdominal Pain

(severe or long-lasting)

Illness

(prevents from participating comfortably in activities)

SEND ME TO SCHOOL:

No Fever

(without fever-reducing medicine for 24 hours)

Occasional Cough

(but no other symptoms)

Strep Throat

(after 24 hours of treatment)

No Vomiting or Diarrhea

(for 48 hours)



WINNIPEG SCHOOL DIVISION

How to Care for Your Child During Respiratory Virus Season

Having a sick child can be scary. Know what symptoms to watch for, how to provide care and comfort at home, and when to seek help — it's all part of providing good **KidCare!**

At an emergency department, the sickest patients are always seen first. Less sick patients will have to wait for care. Depending on your child's symptoms, you may be able to provide care at **home**, or be seen faster by your doctor or a **walk-in clinic** or **urgent care centre**.

When deciding where to go, consider these **cold and flu symptoms** to determine whether your child needs emergency care.

	Emergency	Not an Emergency
Breathing Problems	<ul style="list-style-type: none"> in respiratory distress pale skin with blue lips wheezing, not responding to medication 	<ul style="list-style-type: none"> nasal congestion and cough mild wheezing that is responding to medication or is not associated with difficulty breathing
Fever	<ul style="list-style-type: none"> infant (less than 3 months old) with fever immune system or chronic health problems difficult to wake or excessively sleepy fever ongoing for more than 5-7 days neck stiffness with vomiting and sleepiness unable to walk or weakness of arms or legs 	<ul style="list-style-type: none"> in healthy and vaccinated babies in children who are generally well on its own, a high fever does not require a trip to emergency
Vomiting or Diarrhea	<ul style="list-style-type: none"> in a child less than 3 months old repeated vomiting and shows signs of dehydration (no tears, dry mouth, sunken soft spot) containing blood or is bright green dehydration with dry mouth, or if no urine is passed for 12+ hours 	<ul style="list-style-type: none"> vomiting or diarrhea less than 3-4 times per day ongoing diarrhea after 'stomach flu' as this can last for up to 2 weeks

Learn more about symptoms that should lead to a visit to emergency and those that can be cared for at home or elsewhere, at KidCareMB.ca.

Not Sure Where to Go?

Talk to a nurse from home and get help assessing your child's symptoms. Call Health Links – Info Santé at **204-788-8200** or **1-888-315-9257**. In an emergency, call **9-1-1**.





Vaccination

All children in Manitoba aged six months and older can get COVID and flu vaccines.

Keeping your kids up to date on vaccinations can prevent them from getting sick. There are many locations across the province where they can be immunized, and we have an online map to help you find a spot that is convenient.

Book Now — [ProtectMB.ca](https://www.protectmb.ca)



Fevers?

Fever is not dangerous. It is the body's natural response to infections and actually helps to fight infection.

Higher temperatures do not mean the infection is more serious, and a fever on its own does not require medical attention in most children.*

You do not need to treat fever with medicine. Cool your child by dressing them in light clothing, offering extra fluids, and keeping the room cool.

**Children under 3 months of age and those with chronic health conditions should be seen if a fever develops.*

A Dose of Prevention Goes a Long Way!



Stay Home

Keep sick kids at home to slow the spread.



Hand washing

Teach your kids to wash hands with soap for 20+ seconds.



Cough

Cover your cough or sneeze.



Masks

Consider wearing a mask when indoors in crowded locations.

Need Advice?

Health Links – Info Santé can help 24/7.

Call 204-788-8200 or 1-888-315-9257

In an emergency, call 9-1-1.



Parent Council News

Hello Lord Selkirk Family and Friends,

We hope your Winter Holidays were a time of peace and joy!

Just before the Winter Break we held a "Perogies and Poinsettias" fundraiser and were able to raise just over \$450.00 This will be split evenly between Phase 2 of the Playground Beautification Project and Parent Advisory Council Initiatives. Thank you to everyone who supported us by purchasing perogies and holiday greenery.

We have not set a date for our January PAC Meeting. Please stay tuned for an announcement which will be sent out via Seesaw as soon as possible.

Your voice matters and we want to hear from you. If you ever have comments or questions for the PAC please reach out to us at: lskparentcouncil@gmail.com

FUN FACT: All Parents/Guardians of children who attend Lord Selkirk School are welcome to attend school assemblies as well as Parent Council Meetings.

Lunch Program News

Lunch Program payments can now be made by e-transfer!

Lunch Program E-Transfer Instructions:

Send e-transfers to: lordselkirklunchprogram@gmail.com

In the message you must include:

- your child's name**
- your name**
- what month the payment is for**

If names are missing, your transfer will not be accepted.

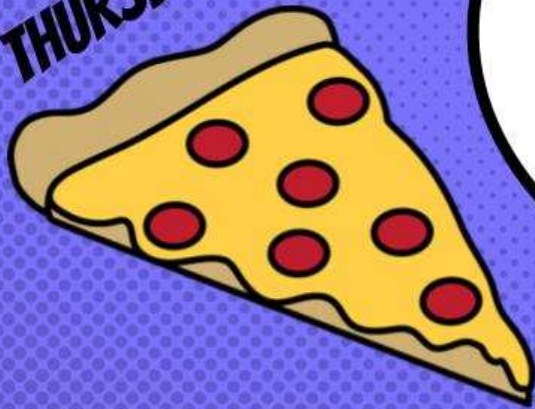
The email will be monitored Monday to Friday to accept the e-transfers.

If you have questions or concerns please contact the Lunch Program Coordinator, Ruqia Sharif.

email: lordselkirklunchprogram@gmail.com

phone: 204-667-8495

**PIZZA LUNCH
THURSDAY, JANUARY 25**



**ORDER ENVELOPES
WILL GO HOME ON FRIDAY, JANUARY 12**

Pizza lunches are a fundraiser.

All funds support
sending Grade 6 students to Spring camp.

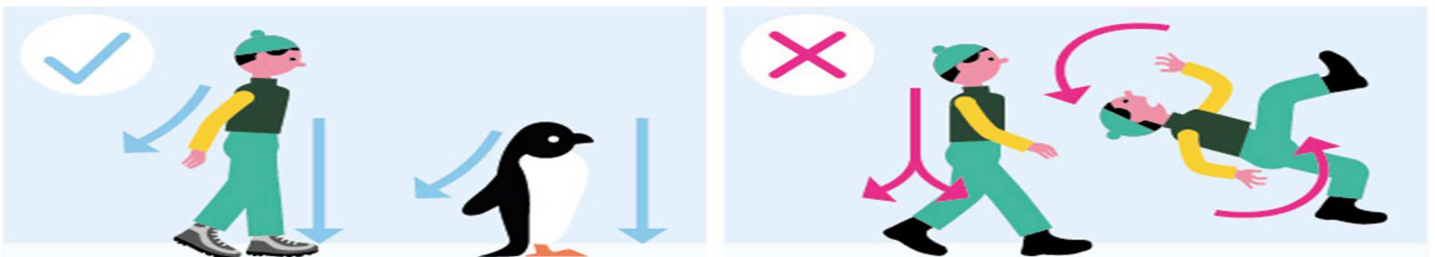
Orders are due: Friday, January 19, by 3:30

Late Orders will be accepted
on Monday, January 22

Safety Tips for Winter Walking

A few simple measures can make or a safer walk to school in the winter:

- * *Make sure you're using the sidewalk, and **NOT** crossing on the grass.*
 - * *Take small steps, with flat feet.*
 - * *Keep your hands out pockets*
 - * *Walk slowly*



How to WALK ON ICE.

DO'S:

- Choose the right snow boots
- Walk on designated paths
- Slightly bend your knees
- Keep your center of gravity over your front leg
- Walk flat-footed
- Extend your arms

DON'TS:

- Take big steps
- Take shortcuts
- Keep your hands in your pockets
- Walk fast

Family Room News

Happy New Year I hope everyone had a wonderful break and got a chance to spend some quality time with the ones they love.

Jan 8th School reopens everyone welcome to come enjoy some coffee, dainties and share what they did over the holidays.

Jan 11th Dream Catchers 9:30-11:30

Wednesdays Beading @ 10-11:45

Jan 16th Nutrition Bingo 1:10-3:00

Jan 18th Dream Catchers 9:30-11:30

Jan 19th (volunteers needed in am to help cook for leadership lunch)

Jan 22nd NO SCHOOL

Jan 23rd FAMILY ROOM **CLOSED** AM

Jan 31st PBIS Assembly 2:45 all welcome

Just a reminder EVERYONE is welcome in the family room. It is a safe place for families to come have coffee and enjoy meeting new people. I am always open to speak about resources or help you may need with information in the community. I am also open to new ideas or programs you may be interested in seeing the future.

Please feel free to contact Mandi anytime at 204-667-8495 Ext 552





January 2023



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8 Day 1	9 Day 2	10 Day 3	11 Day 4	12 Day 5
 3:30-5:00 Power Up 	Bookworms 3:30-5:00	Common Area Expectations 3:30-5:00 Power Up	3:30-5:00 Free Play	3:30-5:00 Free Play
15 Day 6	16 Day 1	17 Day 2	18 Day 3	19 Day 4
MOBILE VISION CLINIC AT THE SCHOOL JAN 15—19				
 3:30-5:00 Power Up	Bookworms 3:30-5:00	 3:30-5:00 Power Up	5/6 Indoor Soccer @U Of W 3:30-5:00 Free Play	Leadership Celebration Lunch 3:30-5:00 Free Play
22 Day 5	23 Day 6	24 Day 1	25 Day 2	26 Day 3
NO SCHOOL	Bookworms 3:30-5:00	 3:30-5:00 Power Up	PIZZA LUNCH 3:30-5:00 Free Play	3:30-5:00 Free Play
29 Day 4	30 Day 5	31 Day 6		
 3:30-5:00 Power Up	Bookworms 3:30-5:00			