



Lord Nelson School

May 2025



Happy May!

Lord Nelson Families,

Hope you're all doing well. April brought us snow and showers, the hope is that May will bring us flowers.

May 5th kicks off Healthy Minds Week in the Winnipeg School Division. The Healthy Minds initiative reminds us that taking care of our emotional well-being is a priority now more than ever. It is important that you take time for yourself!

At Lord Nelson, we continue to support our students by promoting healthy living (mind and body), through initiatives such as lunchtime intramurals, after school clubs, and whole school healthy snacks on Tuesdays and Thursdays and whole school breakfast on Monday, Wednesday and Friday.

We are taking **Nursery and Kindergarten registrations** for the fall! If you have a child or know of a child in our catchment area who will be four years old before December 31, 2025, they are eligible for our Nursery program. Children who are five before December 31, 2025 are eligible for our Kindergarten program. You can register your child online at www.winnipegssd.ca, student registration.

As temperatures get warmer and your clothes get lighter, please remember that all students need to dress appropriately. Please ensure all students have a change of clothes in their backpack.

Have a great month of May! We look forward to the warmer weather and the sunshine!

Melissa Asmundson & Amanda Huang



- May 5: N/K's to Childrens Museum
- May 6: No classes for N/K's
- May 9: No School
- May 12: Rms. 23 & 25 to The Forks
- May 16: Gr. 1 & 2's to Childrens Museum
- May 19: No School; Victoria Day
- May 22: Gr. 6 Immunizations, 2nd dose
- May 23: Rms. 3, 5, 7 to The Forks
- June 5: WSD PowWow
- June 10: Grade 6 Day Camp
- June 12: Community BBQ & Artsfest
- June 16: No School

Lord Nelson Parent Association

Our Community Party is June 12th from 5:00-7:00 p.m. and we are so excited for a FUN evening. This year we have the following vendors and activities:

- KYU Grill
- Extreme Fries
- Deek's Dogs
- Pucker Up Lemonade and Mini Donuts
- Fired Up Wood Fired Pizza
- Arts Fest
- Field Games
- Bouncers
- Be Creative Photobooth

and more!!! Stayed tuned as we are still scheduling more fun activities!

We are looking forward to the last two months of school!
Melissa & Angie

Health-a-palooza 2025 – Bee Kind, Bee Mindful, Bee Active!

Healthapalooza is a Mental Wellness day just for our students at Lord Nelson School. It examines healthy lifestyle practices to deal with everyday living as an important part of developing mental-emotional health. We want students to be proactive in their mental health to sustain their wellness and enjoy life; by taking care of their physical health, diet, maintaining regular exercise, and interests in hobbies.

This year, on May 1st, our students participated in the following activities:

Rock Painting: Students were able to paint their own rock while learning about our connections to nature and the environment around us.

Snack Creation: Students created their treat which had bananas, honey, graham cracker and chocolate!

Sislers Most Wanted: In the morning, all students were treated to a dance performance by Sislers Most Wanted. What an amazing job SMW dancer's did! Classrooms also had their own dance lesson throughout the day.

Mindfulness: Students were able to participate in various activities including making honey pots, aimed at focusing their attention, regulating emotions and helping students to be as healthy as they can be!

May Lord Nelson Parent Centre 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Girls Club at lunch SPIN Volleyball 4:30 & 5:30	2	3
4	5	6 Beading Club at lunch	7	8 Mother's Day Celebration 1:00 SPIN Volleyball 4:30 & 5:30	9 No School	10
11	12	13 Beading Club at lunch	14	15 Girls Club at lunch SPIN Volleyball 4:30 & 5:30 CanU Family Feast 6:30-8:30	16	17
18	19 No School	20 Beading Club at lunch	21	22 Girls Club at lunch SPIN Volleyball 4:30 & 5:30	23	24
25	26	27 Babysitting Skills Course 4:30-7:00 p.m.	28 Babysitting Skills Course 4:30-7:00 p.m.	29 Babysitting Skills Course at lunch	30	31

EVENTS

Nutrition Bingo

May 8 & 20 at 1:00. Come out and win FOOD! Everyone is a winner.

SPIN Volleyball

Free after school program from the City of Winnipeg and LNS. For Grade 5 & 6 students. Thursdays at 4:30 & 5:30.

Girls Club

A club for grade 6 girls. We have fun and do art to explore a variety of themes. Thursdays at lunch.

Mother's Day Celebration

Join us May 8 for snacks and activities to celebrate those of you who fill the role of "Mother",

Babysitting Skills Course

May 27, 28 & 29. A free course for grade 6 students to help prepare them for babysitting. Contact Kim to Register!

Tots N Training

Do you have a child born in 2021? Contact Kim to learn about our school-readiness program.

Contact Kim to register for any of our FREE programs! Call 204-582-5499 or email kstorer@wsd1.org



Check us out on Facebook – 'Lord Nelson Parent Association'