

Lord Nelson School

May 2024



Happy May!

Lord Nelson Families,

Hope you're all doing well. April brought us snow and showers, the hope is that May will bring us flowers.

May 1st kicks off Healthy Minds Week in the Winnipeg School Division. The Healthy Minds initiative reminds us that taking care of our emotional well-being is a priority now more than ever. It is important that you take time for yourself!

At Lord Nelson, we continue to support our students by promoting healthy living (mind and body), through initiatives such as lunchtime intramurals, after school clubs, and whole school healthy snacks on Tuesdays and Thursdays.

We are taking **Nursery and Kindergarten registrations** for the fall! If you have a child or know of a child in our catchment area who will be four years old before December 31, 2024, they are eligible for our Nursery program. Children who are five before December 31, 2024 are eligible for our Kindergarten program. When registering, please bring in your child's Birth Certificate and your Manitoba Medical and your property tax bill or rental agreement.

As temperatures get warmer and your clothes get lighter, please remember that all students need to dress appropriately. Please ensure all students have a change of clothes in their backpack.

Have a great month of May! We look forward to the warmer weather and the sunshine!

Melissa Asmundson & Jenn McCartney



May 6: No School
May 14: Gr. 6 2nd Dose Vaccines A.M.
May 20: No School, Victoria Day
June 3-4: Gr. 6 Camp
June 5: Gr. 4-6 Fit Run A.M.
June 6: WSD Pow Wow
LNS Community Party 5:00-7:00 p.m.
June 17: No School
June 26: Gr. 6 Farewell
June 27: N/K Celebrations
June 28: Last Day of School, 11:30 Dismissal

Lord Nelson Parent Association

Our **COMMUNITY PARTY** is June 6th from 5:00-7:00 p.m. and we are so excited for a FUN evening. This year we have the following vendors and activities:

- KYU Grill
- The Churro Stop
- Extreme Fries
- Deek's Dogs
- Bouncers by Rod
- Arts Fest
- Field Games

And more!!! Stayed tuned as we are still scheduling more fun activities!

Reminder, overdue Lunch Program Fee's need to be paid ASAP to maintain your child's spot in Lunch Program.

We are looking forward to the last two months of school!
Melissa & Angie

Health-a-palooza 2024

Healthapalooza is a Mental Wellness day just for our students at Lord Nelson School. It examines healthy lifestyle practices to deal with everyday living as an important part of developing mental-emotional health. We want students to be proactive in their mental health to sustain their wellness and enjoy life; by taking care of their physical health, diet, maintaining regular exercise, and interests in hobbies.

This year, on April 29th, our students participated in the following activities:

Rock Painting: Students were able to paint their own rock while learning about our connections to nature and the environment around us.

Snack Creation: Students created their own personal S'mores popcorn treat!

Sislers Most Wanted: In the morning, all students were treated to a dance performance by Sislers Most Wanted. What an amazing job SMW dancer's did! Classrooms also had their own dance lesson throughout the day.

Mindfulness: Students were able to participate in various activities including origami, aimed at focusing their attention, regulating emotions and helping students to be as healthy as they can be!

As a perfect ending to the day, we were very thankful to end the day with a visit from Michael Redhead Champagne to read his new book 'We Need Everyone' to the whole school!

May Lord Nelson Parent Centre 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Girls Club at lunch Positive Discipline 1:00	3	4
5	6 No School	7 Mother's Day Celebration 1:00	8	9 Girls Club at lunch Positive Discipline 1:00	10	11
12	13	14	15	16 Girls Club at lunch Positive Discipline 1:00	17 Nutrition Bingo 1:00	18
19	20 No School	21	22	23 Girls Club at lunch Positive Discipline 1:00	24	25
26	27	28 Babysitting Skills Course 4:30-7:30 p.m.	29 Babysitting Skills Course 5:00-7:00 p.m.	30 Girls Club at lunch Positive Discipline 1:00	31	

EVENTS

Nutrition Bingo

May 17th and 31st at 1:00. Come out and win FOOD! Everyone is a winner!

Positive Discipline in Everyday Parenting

Parenting is hard and everyone can use a little support sometimes! Join us for this certificate program on Thursdays at 1:00.

Girls Club

A club for grade 6 girls. We have fun and do art to explore a variety of themes. Thursdays at lunch.

Mother's Day Celebration

Join us May 7th for food and activities to celebrate those of you who fill the role "Mother". Little ones not yet in school are welcome!

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Contact Kim to register for any of our FREE programs! Call 204-582-5499 or email kstorer@wsd1.org



Check us out on Facebook – 'Lord Nelson Parent Association'