

## Physical Education Kindergarten- Grade 6

**Teacher – Mr. Law**

### Philosophy

At Champlain we will work to improve the physical literacy of students as well as promoting healthy lifestyles for life. We want students to have fun, play fair and to engage themselves in as many pursuits of physical activity as they can. We ask that all students come in with a positive mindset and give their best efforts. Champlain looks to promote a positive relationship with physical activity for long term engagement in living healthy active lives inside and outside the classroom.

### Expectations/Rules

#### 1. Expectations

At the beginning of the year, we come up with a list of rules and expectations that is discussed with the students in their first class. It is expected of them to give their best efforts in class, follow instruction, show respect for the others in their class, and of course to have fun.

Please check your child's timetable for physical education days and send your child in appropriate clothing and footwear for activity. Please have your child keep running shoes at school.

#### 2. Rules

<p>Safety</p> <ul style="list-style-type: none"><li>• Come prepared with proper apparel</li><li>• Ask before leaving the playing area (bathroom rule/illness)</li><li>• No going into the equipment rooms without permission</li><li>• Stay in control when playing, do not play recklessly.</li><li>• If someone gets hurt you should check on them, apologize, and get Mr. Law if someone needs help.</li></ul>	<p>Respect</p> <ul style="list-style-type: none"><li>• Show respect to teachers by not talking when instruction is being given, and doing what is asked of you.</li><li>• Show respect to fellow students by being kind, supportive, and cooperative.</li><li>• Show respect to equipment by being careful with anything used in class, as well as putting equipment away properly at the end of class.</li></ul>
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## **Outline for Year – Kindergarten/Grades K-6**

The following skills/games are examples of what will be covered during the 2022-23 school year:

• Space awareness (moving safely in the gym)	• Movement/Transport Skills
• Body Awareness	• Tag and Dodgeball Games
• Throwing and catching	• Low-Organized Games
• Scoops and Balls	• Multi-cultural Games
• Rolling	• Soccer Skills
• Dance	• Outdoor Activities
• Fitness Activities	• Hoop Activities
• Basketball/Volleyball Skills	• Jumping Rope
• FMS (EAP) Testing- Sept./Oct./May and June	• Team-building Games

## **Kindergarten/Grades K-6 Physical Education**

### **Methods of Assessment**

The Winnipeg School Division Physical Education curriculum utilizes a Fundamental movement assessment model that will be taken at the beginning of the year and periodically reassessed throughout the year. Fundamental movement assessment has defined expectations for basic motor skills. Kindergarten and Grade 1 EAP testing will focus on only transport skills, while grades 2-6 will include transport as well as manipulation skills.

#### **1. Student Self-Assessment:**

- Rubrics for self-assessment will be used and provided to students
- Focus of Assessments: Warm-up/Participation/Listening/Behaviour/Working Hard

#### **2. Teacher Observation**

- Is used for determining whether a student is able to cooperatively play and get along with others.
- Is used to assess skill-based development
- Is used to assess effort level and engagement