

CHAMPLAIN SCHOOL NEWSLETTER

OCTOBER 2022



STAFF 2023-2024

Principal Mr. Paulo Teixeira
Head Clerk Miss Shelley Brezinsky
Mayet Clerk Mrs. Parminder Kaur

Classroom Teachers

Nursery/Kindergarten Ms. Hughes
Grade 1/2 Ms. Konrad
Grade 1/2 Ms. Samson
Grade 2/3 Ms. Husarewycz
Grade 3/4 Mr. Eccles
Grade 3/4 Ms. Bedard
Grade 4/5/6 Mr. Clearwater
Grade 5/6 Ms. Siller & Ms. Mira

Support Staff

Phys Ed Mr. Law
Literacy Support Ms. Grant
IERT Ms. Mancusi
Resource Ms. Mira
Numeracy Support Ms. Siller
Guidance Mr. Claassen
Performing Arts Mr. Shymko

Educational Assistants

Ms. Johnson Ms. Starr
Ms. Pollock Ms. Giroux
Ms. Kopychanski Ms. Benjamin
Ms. Mlodzinski Ms. Ramalloza
Ms. Siedler Ms. Minenko
Ms. Thomson Ms. Stewart
Ms. Bell

Clinical Support Services

Area Support Director Ms. Johnson
Reading Clinician Ms. Normandeau
School Social Work Ms. Mcrae
School Psychologist Ms. Holt
Speech-Language Pathologist Ms. Peterson

School Support Worker

Ms. Thomson

Custodial Staff

Mr. Franks - Caretaker
Ms. Mendes—cleaner

Phone: 204-586-5139

Fax: 204-589-4607

www.winnipeg.ca/schools/champlain

Check out our newsletter online!

"A safe and caring learning community"

Where Everyone Counts!

Dear Champlain families,

Welcome to Champlain 2023-2024 school year! It has been a busy start this year and we are so excited to see all our students and families back this fall!

Welcome Ms. Konrad as our new Grade 1/2 classroom teacher and Mrs. Kaur as additional clerical support in the office. Congratulations to Ms. Grant and Ms. Siller in their new academic support roles.

Thank you to all our families for joining us at our Fall Feast and meet the staff evening. The rainy weather didn't keep our families away. Special thank-you to Ms. Beverly Courchene for leading us in a good way. It was a joy to meet and greet families.. A special thank-you to all the staff and volunteers for helping coordinate our fall Feast.

A reminder that Champlain is a PBIS school and we practice our 3 Beliefs: Be Safe, Be Respectful, and Be Ready to Learn! These beliefs help us to be a caring learning community. Please continue to reinforce these with your children.

We also would like to remind you again about the Safe Arrival program. If your child is going to be away from school or will arrive late due to illness or an appointment, please phone the Safe Arrival number (1-855-278-4513). If their absence is not called in, and your child is not present at school, you will receive a phone call inquiring as to their whereabouts. This is a safety precaution to ensure that children who leave home for school arrive safely.

Our first parent council meeting was October 12th at 10am and our next parent council meeting will be **Wednesday, November 15th at 6pm**. We will be alternating morning and evening meetings to accommodate more families. Please connect with Ms. Elizabeth and ensure your voice is heard!

Our parent council run lunch program continues to be in rm 117 and 103. Lunch program fees pay for adult supervision and daily milk per child. Students that go home for lunch are to wait until 12:55 p.m. to return to school, as there is no supervision at this time. Welcome to our 5 new parents working in the lunch program!

Champlain School continues to be a great place for kids to learn and grow, thanks to the collaborative teamwork of students, parents and staff. Read to Me, Talk to Me, Parent Council, Professional Learning Communities, and ReconciliACTION initiatives are all part of how we learn and grow together.

Mr. Paulo Teixeira
Principal



WINNIPEG SCHOOL DIVISION
INVESTING IN THE FUTURE

**School Hours/Supervision of
Students**

8:50	1st Bell - Students line up on hard top
8:55	Students enter school
9:00	2nd Bell - Announcements, School day begins
10:15-11:15	Grades 1-6 Classroom Dependent Recess
11:30	N/K (a.m.) - dismissal
12:00	Lunch hour dismissal
12:55	1st Bell - Students enter school
1:00	2nd Bell - Afternoon classes begin
2:15	Recess – All Grade 1-6 Classrooms
3:30	Dismissal



**ATTENTION PARENTS AND
GUARDIANS**

WE NEED YOUR HELP!

Drop-off and pick-up at school has been busy. Please drive slowly through the back lane or park on the street.

THANK YOU

Playground supervision

The playground supervision over the lunch hour is limited to lunch program students. If your child does not stay for lunch at school, please do not send them to play on the playground as there is no supervision. Please do not send your children before 12:55 PM as they are asked to sit on a bench until the bell rings. If you would like your child to play on the field or play structure over the lunch hour, you are welcome to come with them and supervise.

After school, we clear the playground and ask that all children go home or to the place you have designated for them in order to “check in” with an adult. Our desire is for all students to be safe.

Let's remember our three beliefs.

Be Safe

Be Respectful

Be Ready to Learn



CHAMPLAIN SCHOOL LUNCH PROGRAM is a parent council run lunch program that is in place to ensure our students have a safe place to eat their lunch during the school year. We would like to thank all families for making the effort to pay their lunch fees in a timely manner this month. Thank you for your support.

Champlain Parent Council.

NURSERY/KINDERGARTEN REGISTRATION

Just a reminder, registrations for Nursery and Kindergarten for 2023-24 school year are available at the office.

If your child was born in 2019, you may register them for Nursery.

If your child was born in 2018, then you may register them for Kindergarten.

Winnipeg School Division offers Nursery School free of charge to all residents of the Winnipeg School Division.

Residency is determined by where the parent/legal guardian lives. We will require a copy of your Manitoba Health card with your current address along with either a property tax bill, Child tax credit assessment, or tenant/rental agreement. Also, please make sure you provide a birth certificate for your child.



Students being street smart

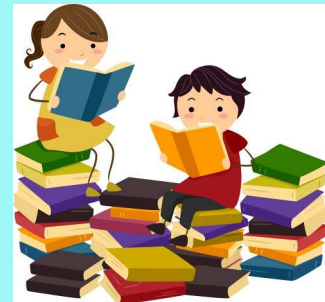
Does your child know how to be **street smart**? It's something we talk about in our classrooms because the safety of our students is very important. It's also a good thing to talk about at home as a regular reminder for your child.

Being street smart means knowing how to keep safe from strangers when we're alone or with other kids. Walking to school, the bus, the playground or riding your bike in your neighborhood, being street smart helps you stay **safe**.

Our school takes it very seriously when a student reports a suspicious person. In most cases, a police report is made and, sometimes, police are able to quickly interview the "suspicious" person and determine that it was a misunderstanding. At other times, however, police are required to conduct a bigger investigation of a more serious threat. We will let you know if we make a report of a suspicious person to police on behalf of one of our students, because we believe that an informed community is a safer community.

Parents are encouraged to go to the [winnipeg.sd.ca website](http://winnipeg.sd.ca) and **click on Parents – Safe Schools** to find a link called "[Be Street Smart](#)". Here you will find a list of topics to share with your child to help them be street smart and safe, including knowing:

- Who are strangers?
- Who needs to know where I am and why?
- Why should I stick with a friend?
- What are my safe spots?
- What are the places that aren't safe for me?
- What should I do if a stranger asks me for help?



We're proud to work with you in keeping our community and children safe!

Champlain Calendar of events 223-2024

Day	Date	Item
1	Tuesday, Sept 5 th	ADMIN day – no school
2	Wednesday, Sept 6 th	First day of school for grades 1 to 6
5	Monday, Sept 11 th	First day of Nursery/Kindergarten
6	Tuesday, September 12 th	Common Area Training
5	Tuesday, September 19 th	Assembly
1	Thursday, September 21 st	Meet the Families/Staff Feast (5 - 7)
1	Friday, September 29 th	Orange Shirt Day
	Saturday, September 30 th	National Day of Truth & Reconciliation
3	Tuesday, October 3 rd	PD - non-instructional day
4	Wednesday, October 4 th	Grade 6 Immunization Clinic
6	Friday, October 6 th	Bus Ridership
	Monday, October 9 th	Thanksgiving - No school
3	Friday, October 20 th	MTS PD day - non-instructional day
4	Monday, October 23 rd	Picture Day
5	Tuesday, October 24 th	Assembly
3	Tuesday, November 1 st	Staff Meeting – 3:40pm
6	Friday, November 10 th	Remembrance Day - Service
3	Friday, November 17 th	PD -non-instructional day
5	Monday, November 27 th	Report Cards go home
2	Thursday, November 30 th	Parent Teacher Conferences 4-7:30pm
3	Friday, December 1 st	Student-led conferences
4 - 5	Dec 4 th to Dec 5 th	Mobile-vision clinic
4	Tuesday, Dec 12 th	Assembly
	TBA	Winter concert
3	Tuesday, December 19 th	Santa Breakfast
6	Friday, December 22 nd	Last day before winter break
1	Monday, January 8 th	First day back from winter break
2	Tuesday, January 9 th	Staff Meeting – 3:40pm
1	Tuesday, January 23 rd	Assembly

2	Friday, February 2 nd	PD - Non-instructional day
	Monday, February 19 th	Louis-Riel Day - No School
1	Tuesday, February 20 th	Assembly
3	Thursday, February 22 nd	Celebration of Learning (5 – 7)
5	Tuesday, March 5 th	Staff Meeting – 3:40pm
3	Monday, March 11 th	Report cards go home
6	Thursday, March 14 th	Student-led conferences evening (4 – 7:30 pm)
1	Friday, March 15 th	Student-led conferences - Non-instructional day
6	Friday, March 22 nd	Last day before spring break
1	Monday, April 1 st	First day back from spring break
2	Tuesday, April 2 nd	Staff Meeting – 3:40pm
2	Thursday, April 18 th	Family Night
3	Friday, April 19 th	PD -Non-instructional day
5	Tuesday, April 23 rd	Assembly
2	Monday, May 6 th	PD -Non-instructional day
	Monday, May 20 th	Victoria Day - No School
6	Tuesday, May 21 st	Assembly
2	Thursday, May 23 rd	Celebration of Learning (5 - 7)
	TBA	Spring Concert
4	Tuesday, June 4 th	Staff Meeting – 3:40pm
5	Thursday, June 13 th	End of Year Celebration FEAST (5 - 7)
6	Friday, June 14 th	Admin Day - Non-instructional day
2	Tuesday, June 18 th	Assembly
5	Wednesday, June 26 th	Grade 6 Farewell
1	Friday, June 28 th	Last day of school -11:30am dismissal

SCHOOL PATROLS

Our school provides student patrols to assist children crossing the busy intersections near our school.

The patrols are on duty from 8:40 - 8:55 a.m., from 12:00 -12:10 p.m. and after lunch, from 12:40 - 12:55 p.m. and from 3:30 - 3:40 p.m. Please watch for them and assist them by slowing down and obeying all traffic laws.

ALL CHILDREN ARE EXPECTED TO FOLLOW THE DIRECTION OF THE PATROLS.



WHY ARE PATROLS IMPORTANT?

Champlain Patrols...

- Help students get home safely
- Signal the cars to stop so students can cross the street safely
- Protect the students
- Are a visual signal to drivers that students are around
- Are role models who represent our school

Patrols can save lives!

Champlain patrols are safe, respectful and responsible

Safe Arrival call back system.

Reporting your child's absence? Make sure you call our Safe Arrival line
If you have already activated an account you must make the following changes

If your child is ill, or you know your child will be away for various reasons, you **must** report it by 9:00 AM through our automated system. There are various ways to do this:

1. call into an automated interactive telephone system via a toll free number ([1-855-278-4513](tel:1-855-278-4513)),
 2. use the mobile app
 3. through the Safe Arrival website.
- If the parents are using the Safe Arrival mobile app, they must download a new School Messenger app for Safe Arrival. Instructions for parents are available on the site.
 - School Messenger Safe Arrival will not automatically send an invitation email to parent/guardians of new students.
 - Safe Arrival web site for parents to report absences will be go.schoolmessenger.ca. ***
 - The toll free number for parents to report absences will remain as [1-855-278-4513](tel:1-855-278-4513).

The system will be available 24 hours/day, 7 days a week, but you must report the absence by 9:00 AM. Future absences can be reported at any time. **By reporting your child absent in advance using SafeArrival, you will NOT receive a call.**

If your child needs any sort of medication during the school day, there are strict guidelines we must adhere to, according to Winnipeg School Division Policy. Children are not allowed to carry any type of medication on them or in their backpack. If you find you are in need of this service, please contact the office at 204-586-5139. We will be glad to assist you as there is certain paperwork that needs to be filled in.

Below is Champlain's DRAFT Code of Conduct

We are looking for feedback from:

Parent/Caregivers and STUDENTS

Please share your thoughts via email or in person.

Who Am I ?

Peace

I will:

- accept others as they are and welcome everyone
- seek help and support for myself and others when needed
- work to resolve conflicts peacefully and contribute to a positive school environment

Land and Environmental

Care

I will:

- recognize our school is on traditional Indigenous territories
- care for the land
- care for the land and environment and am aware of environmental issues

Where do I come from?

Equity

I recognize that:

- each of us have different identities, strengths, abilities, and needs
- this school provides me with opportunities to enhance my strengths and abilities to meet my needs
- support and assistance is available to all

**Be Safe
Be Respectful
Be Ready to learn**

Champlain School Code of Conduct

Online Safety

I will:

- adhere to the Winnipeg School Division online safety policy and am aware of digital and online safety strategies
- demonstrate responsibility, respect, and care in all my online and social media activities

Rights and Responsibilities

I have the right to:

- ask for help and the responsibility to get help
- have the opportunities and desire to succeed
- make my own decisions and accept the consequences to those actions

Sharing and Respect

I understand that:

- I share this school with students, staff, parents and community members from diverse backgrounds and social identities
- I am to respect students, staff, and all community members and I am worthy of their respects

Courage

I know:

- when and how to respectfully stand up for myself and others
- I must report wrongful acts such as: bullying, cyberbullying, harassment, assault, and words or actions motivated by hate, bias or discrimination

Truth

I know:

- how to be true to myself and others and to tell the truth
- that my actions can either have a positive or negative impact
- how to take responsibility for my own words, thoughts, and actions

Why am I here?



Champlain school follows the Winnipeg School Division's Code of Conduct for safe and caring schools.

Where am I going?

Guidance corner



Why is Sleep so Important?

Sleep is so important for all people, but especially for school age children and adolescents. Sleep helps us solve problems, react quickly, form memories, and learn. Children who do not get enough sleep have a more difficult time focusing and regulating their behaviours the next day.

How much Sleep does my Child need?

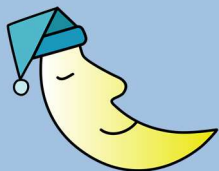
Children ages 3 -5 need between 10 and 13 hours of sleep per night.
Children ages 6 – 12 need between 9 – 12 hours of sleep per night.

When should Children stop using screens before bed?

In order to allow the mind to settle and be ready for sleep, it is advised that screens are avoided 30 minutes before planning to go to sleep. Reading, drawing or listening to music and audio books are activities which will help prepare your child for sleeping.

The changing sounds of the TV, tablet or video game, even at a low volume, can break up the quality of sleep. Programs will keep kids interested and their minds will have a hard time letting go to relax, and may even lead to nightmares.

If you have any questions about sleep, please call or come to the school and ask to speak to Mr. Claassen, 204-586-5139.



What can families do to support their children?

There are many things you can do and are already doing to help your learners at home. One of the most important things you can do is simply talking to your children. Ask them about their day at school, tell them about your day, and talk about everything in your environment. Take a look at the list below and see if there is anything else that you can incorporate into your home life!

Help them get to school on time (8:50 am)

Talk to your kids (a lot)!

Sing / listen to children's music

Practice rhyming

Read anywhere (at the store, on a walk, etc.)

Play word games like "I Spy" (ex. "I spy something that starts with the sound mmm")

Ask your child questions

Explain the meaning of new or unfamiliar words

Encourage drawing and labelling pictures

Practice breaking words apart ex. "What are the 3 sounds in the word cup?"

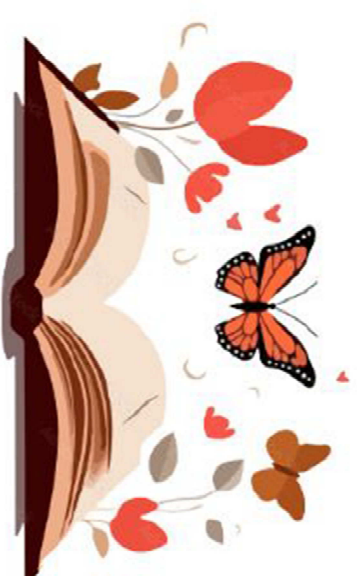
Tell each other stories

Practice putting sounds together ex. "What word is this - /b/ /e/ /d/?" (bed)

Read to Me

Champlain School

2023-2024



What is Read to Me?

A literacy framework including whole group lessons in addition to targeted small group instruction where students are grouped based on individual needs.

Does it only concern reading?

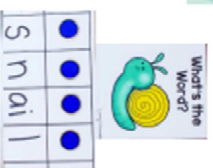
It involves reading and much more! While kids are taught the components of reading, they are also building skills that help with writing, speaking & representing, listening, and critical thinking.

Families we need your help! It is really important that students are coming to school **on time** every day.



9:00-9:30 am

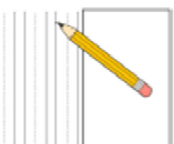
Whole group lesson



9:30-10:30 am

Small group rotations including:

- Teacher (daily)
- EA
- Independent work



- Supporting adults include:
- Classroom teacher
 - Read to Me EA
 - Support teachers

A reminder that we have a breakfast program open to all students from 8:30-8:50 am in room 103. Daycare children can get breakfast in the morning at daycare before school starts.

Which classrooms are involved?

This year 3 classrooms are Read to Me rooms:

- 214 - Grade 1/2 - Ms. Konrad
- 216 - Grade 1/2 - Ms. Samson
- 213 - Grade 2/3 - Ms. Husarewycz



Why?

- We are a part of Read to Me to:
- Improve literacy outcomes for students
 - Strengthen instruction
 - Strengthen the home-school connection around literacy

At some point in the year your child may also receive Tier 2 support. This means they will get an additional reading group for a number of weeks daily for 30 minutes.



Champlain School

275 Church Avenue
Winnipeg, Manitoba
R2W 1B9

www.winnipegssd.ca/schools/champlain

Mr. P. Teixeira
Principal

Phone: 204-586-5139
Fax: 204-589-4607
Email: champlain@wsd1.org

October 10, 2023

Dear Parent/Guardian:

I am writing to ask your assistance in helping to keep your child(ren) and the rest of our school community healthy.

The COVID-19 pandemic may have interrupted your child's routine health care, including immunizations against illness such as whooping cough. The vaccines that protect against whooping cough are part of Manitoba's recommended routine childhood immunization schedule and school immunization schedule. Children should be immunized at two, four, six and 18 months, once more between the ages of four and six and again in Grade 8 or 9.

Here are some other ways you can reduce the spread of germs and viruses:

Wash hands: Teach your child to wash hands frequently with soap and running water for at least 15 seconds. Be sure to set a good example by doing this yourself.

Elbows: Teach your child to cough or sneeze into the inside of the elbow. Be sure to set a good example by doing this yourself.

Eyes, nose, mouth: Teach your child to avoid touching his/her eyes, nose or mouth as germs or viruses can transfer from the hands into the body in this way.

Please keep children who are sick at home. Do not send them to school. They should not be around other people until they are better.

If you have questions, please contact your healthcare provider. For more information, contact Health Links 788-8200 or visit the Manitoba Health website: www.gov.mb.ca/health

Respectfully,

Mr. Teixeira

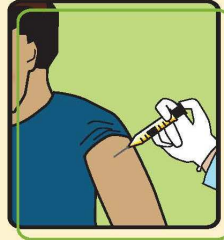
What You Can Do to Fight the Flu



1. Cover your coughs and sneezes.



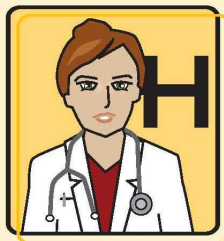
2. Wash your hands a lot.



3. Get a flu shot.



4. Stay home and call your doctor if you are sick.



5. Go to the doctor or hospital right away if you get worse or have trouble breathing.



For more information about the flu, call Health Links-Info Santé at 788-8200 or 1-888-315-9257.

Healthy Child Manitoba
Putting children and families first
Manitoba



Cover Your Cough and Sneeze



- Cover your mouth and nose using your upper sleeve or elbow.

OR



- Cover your mouth and nose with a tissue.
- Throw used tissue in the garbage.
- Wash your hands with soap and water. If soap and water are not available, hand sanitizer can be used.



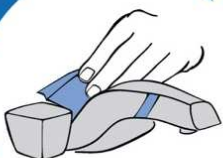
Healthy Child Manitoba
Putting children and families first
Manitoba

HAND HYGIENE

USING SOAP AND WATER

Use in all situations where soap and water are available

- Rinse hands with warm running water, add soap to palms and rub hands together to create lather
- Thoroughly cover all the surfaces of your hands and fingers (including nails) for 15 to 20 seconds
- Rinse under warm running water
- Dry hands thoroughly with single-use towel or hand dryer
- Turn off the tap with a clean paper towel



USING AN ALCOHOL-BASED HAND RUB

Use when soap and water are NOT available, except if hands are visibly soiled

- Take a small amount of alcohol-based hand rub (about the size of a nickel)
- Rub it on your fingertips, both sides of your hands and between your fingers
- Continue to rub until your hands are dry
- There is no need to rinse or dry

Warning: The product is flammable when wet so ensure your hands are dry before performing another task.



HELP
PREVENT
THE SPREAD OF
INFECTION

Parent Room News

October

Parent sharing Circle

Join us on Tuesdays in October to be part of our Sharing Circle. We will give all parents a chance to share if you want to, or just come in and listen. We can connect, learn and reflect on our own parenting style, and maybe hear some tips and tricks from other parents. Everyone is welcome.

Parent Council Meeting

All parents and caregivers are invited to join our parent meeting. This month we will be electing some new helpers. We need all of your voices to help us make this school year the best one yet !! Did you know that our parent council group often is the first to hear about upcoming school plans? We also help to decide what types of fundraising is done and how to spend the fundraising dollars. Please join us if you can at 10 am on October 12th.

Grandmothers Group

If you are a Grandmother helping to raise a Champlain student then you are invited ! We have a Grandmother Group and will be holding our first breakfast this year on October 18th. Please RSVP to Elizabeth so we are ready for everyone.

We have a great activity planned and some delicious food to serve. Looking forward to hearing from all the Grandmothers. You are important and we want to honour you !!!

Ribbon Skirt making

Our School Elder would like to share her teachings with you !

Are you interested in learning how to make a ribbon skirt but not sure how to get started? Please call Elizabeth in the Parent Room and get your name on our list. Our School Elder, Beverly Courchene will be working with a couple of people at a time throughout the next few months to complete the skirts.

Costume Give-away !!

We have accumulated a lot of costumes over the last few years here at School and we would like to share them with families. If you would like to take a look at what we have to give away, please stop in the parent room and choose.



OCTOBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	no parent room	no school	no parent room		closed	
8	9	10	11	12	13	14
	no school	Sharing Circle 9:30	no parent room	Parent meeting 10am	closed	
15	16	17	18	19	20	21
		Sharing Circle 9:30	Grandma Group (10am)		closed	
22	23	24	25	26	27	28
	Costume Give away	Sharing Circle 9:30	Ribbon Skirt Making 9-11:30		closed	
29	30	31	1	2	3	4
		Sharing Circle 9:30				Homemade

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Day 2	3 Day 3 NO School Professional learning	4 Day 4 1:15PM Gr. 6 <i>Immunization Clinic</i>	5 Day 5	6 Day 6 Bus Ridership
9 <i>Thanksgiving—No Classes</i> 	10 Day 1	11 Day 2	12 Day 3 Parent Council meeting 10am	13 Day 4
16 Day 5	17 Day 6	18 Day 1	19 Day 2	20 Day 3 <i>Non-Instructional Day—No Classes</i>
23 Day 4 <i>Photo Day</i> 	24 Day 5	25 Day 6	26 Day 1	27 Day 2
30 Day 3	31 Day 4	<div style="border: 1px solid black; padding: 5px;"> <p><i>Looking ahead.....</i></p> <p><i>Friday, November 10 Remembrance Day Assembly</i></p> <p><i>Friday, November 17Non-Instructional Day / No Classes</i></p> <p><i>Monday, November 27 Report Cards Go Home</i></p> <p><i>Thursday, November 30 Parent Teacher Conferences 4:00- 7:30pm</i></p> <p><i>Friday, December 1Parent-Teacher conferences / No Classes</i></p> <p><i>November 7-9Hearing screening</i></p> <p><i>December 4-5Mobile Vision Care Clinic</i></p> </div>		