

CHAMPLAIN SCHOOL NEWSLETTER

January 2024



STAFF 2023-2024

Principal Mr. Paulo Teixeira
Head Clerk Miss Shelley Brezinsky
Mayet Clerk Vacant

Classroom Teachers

Nursery/Kindergarten Ms. Hughes
 Grade 1/2 Ms. Konrad
 Grade 1/2 Ms. Samson
 Grade 2/3 Ms. Husarewycz
 Grade 3/4 Mr. Eccles
 Grade 3/4 Ms. Bedard
 Grade 4/5/6 Mr. Clearwater
 Grade 5/6 Ms. Siller & Ms. Mira

Support Staff

Phys Ed Mr. Law
 Literacy Support Ms. Grant
 IERT Ms. Mancusi
 Resource Ms. Mira
 Numeracy Support Ms. Siller
 Guidance Mr. Claassen
 Performing Arts Mr. Shymko

Educational Assistants

Ms. Johnson Ms. Starr
 Ms. Giroux Ms. Bell
 Ms. Kopychanski Ms. Benjamin
 Ms. Mlodzinski Ms. Ramalloza
 Ms. Siedler Ms. Minenko
 Ms. Thomson Ms. Stewart

Clinical Support Services

Area Support Director Ms. Johnson
 Reading Clinician Ms. Normandeau
 School Social Work Ms. Mcrae
 School Psychologist Ms. Cox & Ms. Precourt
 Speech-Language Pathologist Ms. Peterson

School Support Worker

Ms. Thomson

Custodial Staff

Mr. Franks - Head Custodian
 Mr. Vo - Caretaker
 Ms. Mendes—cleaner

Phone: 204-586-5139

Fax: 204-589-4607

www.winnipegsd.ca/schools/champlain

Check out our newsletter online!

"A safe and caring learning community"

Where Everyone Counts!

Dear Champlain families,

Welcome back! We hope everyone had a peaceful holiday season and is excited to be back at school. January to March is a great time to re-establish learning goals and classroom expectations. Getting back into routine of sleep, regular meals and a regular learning cycle can be a challenge. We continue to support our students as they adjust post holidays.

As we set targets for student learning, everyone is reminded of the importance regular daily attendance. Gains in reading, writing, mathematics and social emotional development are made when students attend regularly. If your family needs support with regular attendance, please contact Mr. Claassen at the school.

Thanks to the **Winter Concert** committee and all the other staff and students that helped prepare for the event. We are so proud of all your hard work! A special thanks to parents, extended family members, guardians and friends that came out to support our students, we appreciate your cheerleading!

Other school events in December included: the **Santa Breakfast, Grandmother's breakfast, and spirit week**. All of these events were a great way for students, families and staff to celebrate together. We would like to honour our volunteers that coordinated these events and look forward to further more to come.

We also want to wish a happy retirement to Marla MacGregor, our long time director in the Champlain Daycare. We celebrated her retirement in December and wish her well in her next chapter! Picture is shared later in the newsletter.

As winter weather takes hold, we remind everyone to dress in layers, bring toques, warm jackets, boots, and mittens. If your child needs access to warm clothing, please connect with our School Community Support Worker, Ms. Elizabeth.

Swimming Counts begins this month . Our grade 4 students will be travelling by bus to Bonivital Pool three times this winter to participate in water safety lessons.

We welcome back our **PowWow group** Thursdays afterschool in the gym. Please see Mr. Shymko for permission slips.

Champlain School Breakfast Program_All students are welcome to join us for breakfast! It is a free program starting at 8:30 every school day. Hot Breakfast will be served until 8:50. For those arriving later than 8:50, a grab and go breakfast will be provided. Please do not send your child before 8:30 as there is no supervision on the playground.

The next **Parent Council meeting is at 6pm on Wednesday, January 17th, 2024** in the parent room. There will be a light dinner provided.. Come join us, RSVP by calling school or email ethomson@wsd1.org or email champlainparentcouncil204@gmail.com

Kindly,

Mr. Paulo Teixeira
 Principal



WINNIPEG SCHOOL DIVISION
 INVESTING IN THE FUTURE



School Hours/Supervision of Students

8:50	1st Bell - Students line up on hard top
8:55	Students enter school
9:00	2nd Bell - Announcements, School day begins
10:15-11:15	Grades 1-6 Classroom Dependent Recess
11:30	N/K (a.m.) - dismissal
12:00	Lunch hour dismissal
12:55	1st Bell - Students enter school
1:00	2nd Bell - Afternoon classes begin
2:15	Recess – All Grade 1-6 Classrooms
3:30	Dismissal



ATTENTION PARENTS AND GUARDIANS

WE NEED YOUR HELP!

Drop-off and pick-up at school has been busy. Please drive slowly through the back lane or park on the street.

THANK YOU

Playground supervision

The playground supervision over the lunch hour is limited to lunch program students. If your child does not stay for lunch at school, please do not send them to play on the playground as there is no supervision. Please do not send your children before 12:55 PM as they are asked to sit on a bench until the bell rings. If you would like your child to play on the field or play structure over the lunch hour, you are welcome to come with them and supervise.

After school, we clear the playground and ask that all children go home or to the place you have designated for them in order to “check in” with an adult. Our desire is for all students to be safe.

Let’s remember our three beliefs.

Be Safe

Be Respectful

Be Ready to Learn



CHAMPLAIN SCHOOL LUNCH PROGRAM is a parent council run lunch program that is in place to ensure our students have a safe place to eat their lunch during the school year. We would like to thank all families for making the effort to pay their lunch fees in a timely manner this month. Thank you for your support.

Champlain Parent Council.

NURSERY/KINDERGARTEN REGISTRATION

Just a reminder, registrations for Nursery and Kindergarten for 2023-24 school year are available at the office.

If your child was born in 2019, you may register them for Nursery.

If your child was born in 2018, then you may register them for Kindergarten.

Winnipeg School Division offers Nursery School free of charge to all residents of the Winnipeg School Division.

Residency is determined by where the parent/legal guardian lives. We will require a copy of your Manitoba Health card with your current address along with either a property tax bill, Child tax credit assessment, or tenant/rental agreement. Also, please make sure you provide a birth certificate for your child.



Students being street smart

Does your child know how to be **street smart**? It's something we talk about in our classrooms because the safety of our students is very important. It's also a good thing to talk about at home as a regular reminder for your child.

Being street smart means knowing how to keep safe from strangers when we're alone or with other kids. Walking to school, the bus, the playground or riding your bike in your neighborhood, being street smart helps you stay **safe**.

Our school takes it very seriously when a student reports a suspicious person. In most cases, a police report is made and, sometimes, police are able to quickly interview the "suspicious" person and determine that it was a misunderstanding. At other times, however, police are required to conduct a bigger investigation of a more serious threat. We will let you know if we make a report of a suspicious person to police on behalf of one of our students, because we believe that an informed community is a safer community.

Parents are encouraged to go to the [winnipeg.sd.ca website](http://winnipeg.sd.ca) and **click on Parents – Safe Schools** to find a link called "[Be Street Smart](#)". Here you will find a list of topics to share with your child to help them be street smart and safe, including knowing:

Who are strangers?

Who needs to know where I am and why?

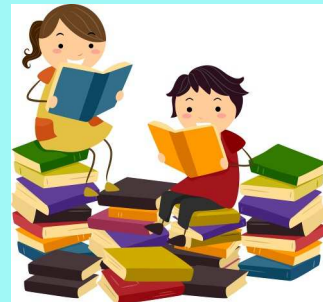
Why should I stick with a friend?

What are my safe spots?

What are the places that aren't safe for me?

What should I do if a stranger asks me for help?

We're proud to work with you in keeping our community and children safe!



SCHOOL PATROLS

Our school provides student patrols to assist children crossing the busy intersections near our school.

The patrols are on duty from 8:40 - 8:55 a.m., from 12:00 - 12:10 p.m. and after lunch, from 12:40 - 12:55 p.m. and from 3:30 - 3:40 p.m. Please watch for them and assist them by slowing down and obeying all traffic laws.

ALL CHILDREN ARE EXPECTED TO FOLLOW THE DIRECTION OF THE PATROLS.



WHY ARE PATROLS IMPORTANT?

Champlain Patrols...

- Help students get home safely
- Signal the cars to stop so students can cross the street safely
- Protect the students
- Are a visual signal to drivers that students are around
- Are role models who represent our school

Patrols can save lives!

Champlain patrols are safe, respectful and responsible

Safe Arrival call back system.

*Reporting your child's absence? Make sure you call our Safe Arrival line
If you have already activated an account you must make the following changes*

If your child is ill, or you know your child will be away for various reasons, you **must** report it by 9:00 AM through our automated system. There are various ways to do this:

1. call into an automated interactive telephone system via a toll free number ([1-855-278-4513](tel:1-855-278-4513)),
2. use the mobile app
3. through the Safe Arrival website.

- If the parents are using the Safe Arrival mobile app, they must download a new School Messenger app for Safe Arrival. Instructions for parents are available on the site.
- School Messenger Safe Arrival will not automatically send an invitation email to parent/guardians of new students.
- Safe Arrival web site for parents to report absences will be go.schoolmessenger.ca. ***
- The toll free number for parents to report absences will remain as [1-855-278-4513](tel:1-855-278-4513).

The system will be available 24 hours/day, 7 days a week, but you must report the absence by 9:00 AM. Future absences can be reported at any time. By reporting your child absent in advance using SafeArrival, you will NOT receive a call.

If your child needs any sort of medication during the school day, there are strict guidelines we must adhere to, according to Winnipeg School Division Policy. Children are not allowed to carry any type of medication on them or in their backpack. If you find you are in need of this service, please contact the office at 204-586-5139. We will be glad to assist you as there is certain paperwork that needs to be filled in.

Please ensure to send warm clothing with your child to school. If you need support accessing warm clothing, please connect with Ms. Elizabeth in the parent room.

Winnipeg School Division Cold Weather Guidelines

Here are some guidelines in order to help you during the winter season when your child is getting ready for school.



Check the wind chill before going outdoors in the winter, and individuals are to make sure they are well prepared for the weather. Even moderate wind chill values can be dangerous if individuals are outside for long periods.

<u>Wind Chill</u>	<u>Risk of Frostbite</u>	<u>Other Health concerns</u>	<u>What to Do</u>
0-9	LOW	Slight increase in discomfort	Dress warmly, with the outside temperature in mind Stay dry.
-10 to-2	LOW	Uncomfortable Risk of hypothermia if outside for long periods without adequate protection.	Dress in layers of warm clothing with an outer layer that is wind resistant. Wear a hat, mittens or insulated gloves, a scarf or neck warmer and waterproof footwear
-28-39 INDOOR RECESS	RISK: Exposed skin can freeze in 10-30 minutes.	Risk of frostbite Risk of hypothermia	Dress in layers of warm clothing with an outer layer that is wind resistant. Wear a hat, mittens or insulated gloves, a scarf or neck warmer and waterproof footwear Stay active.
-40-47 INDOOR RECESS	HIGH RISK: exposed skin can freeze in 5-10 minutes	High risk of frostbite. Risk of hypothermia is outside for long periods of time without adequate clothing or shelter.	Dress in layers of warm clothing with an outer layer that is wind resistant. Wear a hat, mittens or insulated gloves, a scarf or neck warmer and waterproof footwear Stay active. Cover all exposed skin.

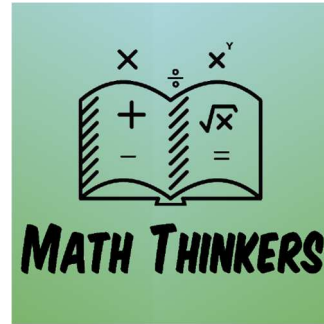
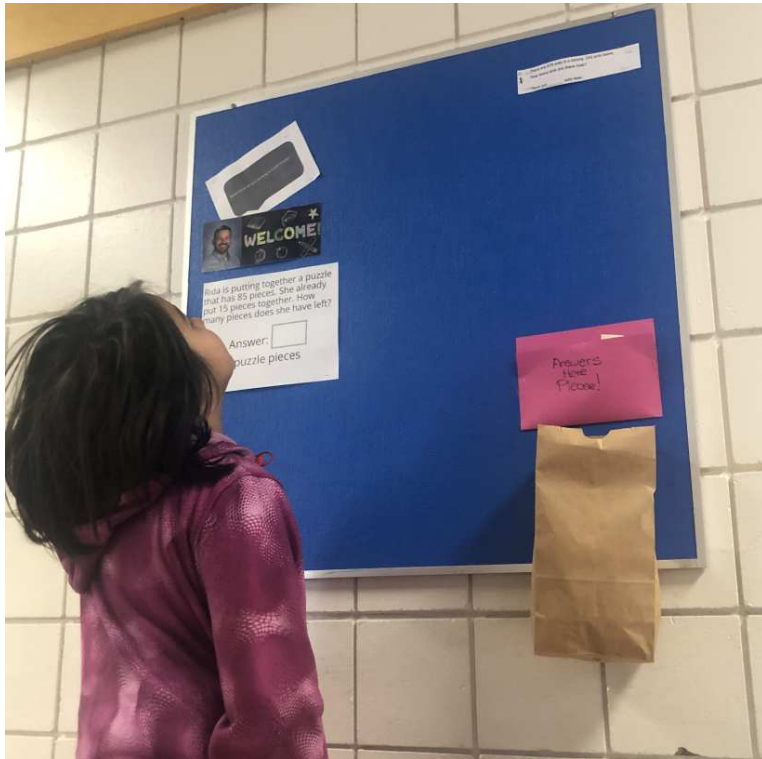
Environment Canada Info line for Temperature and Wind Chill: 204-983-2050



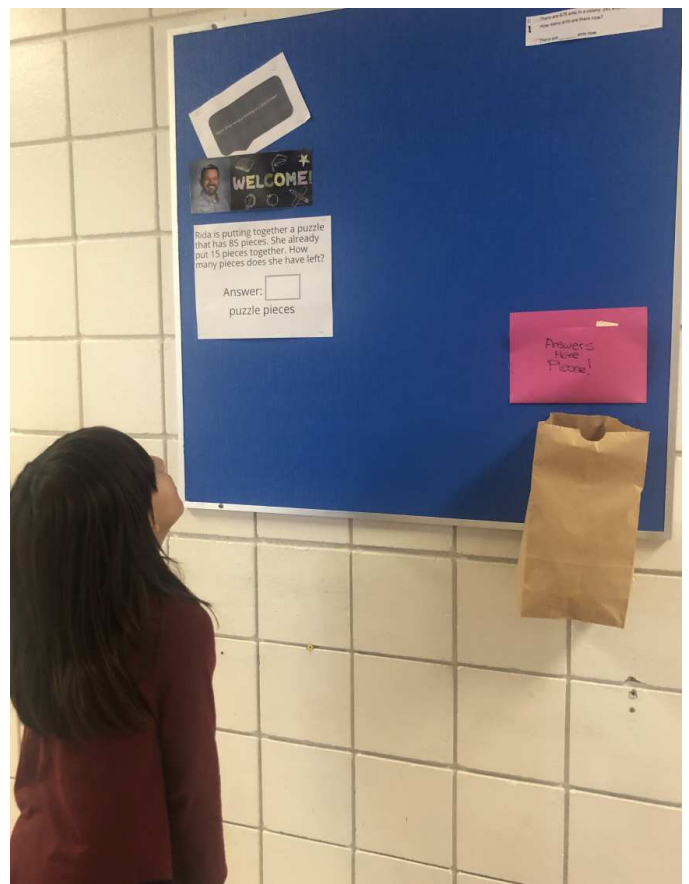
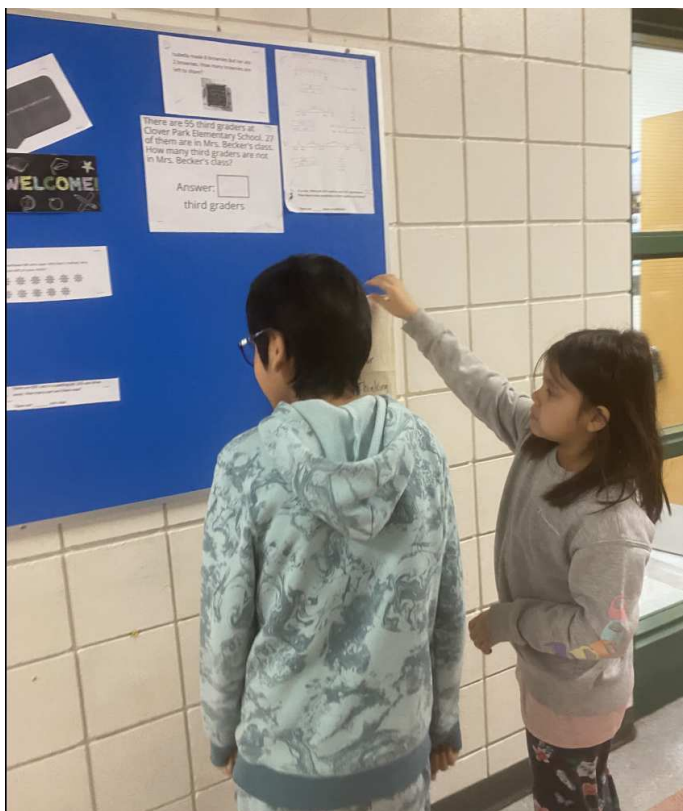
Math Challenges

Mr. Teixeira started our weekly Math challenges for students to show their mathematical thinking!

Students take time to ponder and share their thinking weekly in the hallway.



Math is FigureOutAble!



Performing Arts NEWS

Dear Champlain Families:

We know you are so proud of the wonderful singers and talented actors who performed in the winter concert this year! All of the students worked hard to prepare an entertaining evening for you. The students and staff of Champlain School appreciate the enthusiastic support you showed at the concert. We look forward to putting on another great show for you all next year!

The Winter Concert Committee:

Mr. Eccles, Ms. Samson, Ms. Grant, and Mr. Shymko

Important information:

Our Pow Wow Group will be starting soon. It is open to all students. The Pow Wow Group will be meeting after school on Thursdays from 3:45 to 4:45.

Mr. Shymko will have permission forms available for any students that wish to join. Please stay tuned for the upcoming January starting date.



We want to wish a happy retirement to Marla MacGregor, our long time director in the Champlain Daycare. We celebrated her retirement in December and wish her well in her next chapter!

Holiday Spirit

SANTA breakfast
PJ Project, and
Christmas carols at recess!



How to Care for Your Child During Respiratory Virus Season

Having a sick child can be scary. Know what symptoms to watch for, *how* to provide care and comfort at home, and *when* to seek help — it's all part of providing good **KidCare!**

At an emergency department, the sickest patients are always seen first. Less sick patients will have to wait for care. Depending on your child's symptoms, you may be able to provide care at **home**, or be seen faster by your doctor or a **walk-in clinic** or **urgent care centre**.

When deciding where to go, consider these **cold and flu symptoms** to determine whether your child needs emergency care.

	Emergency	Not an Emergency
Breathing Problems	<ul style="list-style-type: none"> in respiratory distress pale skin with blue lips wheezing, not responding to medication 	<ul style="list-style-type: none"> nasal congestion and cough mild wheezing that is responding to medication or is not associated with difficulty breathing
Fever	<ul style="list-style-type: none"> infant (less than 3 months old) with fever immune system or chronic health problems difficult to wake or excessively sleepy fever ongoing for more than 5-7 days neck stiffness with vomiting and sleepiness unable to walk or weakness of arms or legs 	<ul style="list-style-type: none"> in healthy and vaccinated babies in children who are generally well on its own, a high fever does not require a trip to emergency
Vomiting or Diarrhea	<ul style="list-style-type: none"> in a child less than 3 months old repeated vomiting and shows signs of dehydration (no tears, dry mouth, sunken soft spot) containing blood or is bright green dehydration with dry mouth, or if no urine is passed for 12+ hours 	<ul style="list-style-type: none"> vomiting or diarrhea less than 3-4 times per day ongoing diarrhea after 'stomach flu' as this can last for up to 2 weeks

Learn more about symptoms that should lead to a visit to emergency and those that can be cared for at home or elsewhere, at KidCareMB.ca.

Not Sure Where to Go?

Talk to a nurse from home and get help assessing your child's symptoms. Call Health Links – Info Santé at **204-788-8200** or **1-888-315-9257**. In an emergency, call **9-1-1**.





Vaccination

All children in Manitoba aged six months and older can get COVID and flu vaccines.

Keeping your kids up to date on vaccinations can prevent them from getting sick. There are many locations across the province where they can be immunized, and we have an online map to help you find a spot that is convenient.

Book Now — [ProtectMB.ca](https://www.protectmb.ca)



Fevers?

Fever is not dangerous. It is the body's natural response to infections and actually helps to fight infection.

Higher temperatures do not mean the infection is more serious, and a fever on its own does not require medical attention in most children.*

You do not need to treat fever with medicine. Cool your child by dressing them in light clothing, offering extra fluids, and keeping the room cool.

**Children under 3 months of age and those with chronic health conditions should be seen if a fever develops.*

A Dose of Prevention Goes a Long Way!



Stay Home

Keep sick kids at home to slow the spread.



Hand washing

Teach your kids to wash hands with soap for 20+ seconds.



Cough

Cover your cough or sneeze.



Masks

Consider wearing a mask when indoors in crowded locations.

Need Advice?

Health Links – Info Santé can help 24/7.

Call **204-788-8200** or **1-888-315-9257**

In an emergency, call **9-1-1**.



January 2024 Parent Room News Happy New Year !!

Beat the winter blues with us in the Parent Room !!

***Art Journaling** will begin on Tuesdays in the Parent Room. Art journaling allows you to get creative and reduce stress while you experiment with different art mediums. Did you know creating art encourages mindfulness, eases anxiety and promotes relaxation. No experience necessary, come out and have some fun with us !!!*

Tuesdays 9:30 – 11am.

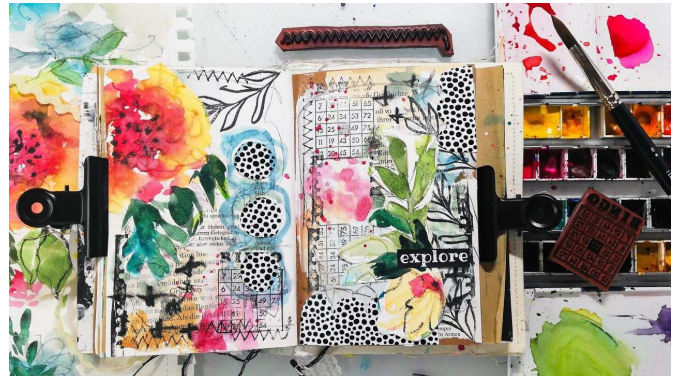
***Wednesdays are Sew Sew** in the Parent Room. Join us to work on your own sewing project or come out and see what we have for you to work on here. We have plenty of fabric and sewing supplies. Do you have any mending to do? Make connections in the community while you practice your sewing skills.*

Wednesdays 9:30 – 11am.

*Parent Council meeting for the month of January is **Wednesday January 17th at 6pm.***

Please let us know if you plan to attend so that we have enough food and child care for all.

*Save the Date – **Grandmothers Breakfast** coming **February 7th***



JANUARY 2024

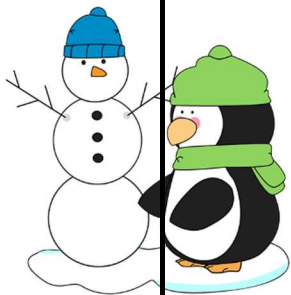
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9 ART JOURNALING	10	11	12	13
14	15	16 ART JOURNALING	17 Sew Sew 9:30-11	18	19	20
21	22	23 ART JOURNALING	24 Sew Sew 9:30-11	25	26	27
28	29	30 ART JOURNALING	31 Sew Sew 9:30-11			

Champlain Calendar of events 2023-2024

1	Monday, January 8 th	First day back from winter break
2	Tuesday, January 9 th	Staff Meeting – 3:40pm
1	Tuesday, January 23 rd	Assembly
2	Friday, February 2 nd	PD - Non-instructional day
	Monday, February 19 th	Louis-Riel Day - No School
1	Tuesday, February 20 th	Assembly
3	Thursday, February 22 nd	Celebration of Learning (5 – 7)
5	Tuesday, March 5 th	Staff Meeting – 3:40pm
3	Monday, March 11 th	Report cards go home
6	Thursday, March 14 th	Student-led conferences evening (4 – 7:30 pm)
1	Friday, March 15 th	Student-led conferences - Non-instructional day
6	Friday, March 22 nd	Last day before spring break
1	Monday, April 1 st	First day back from spring break
2	Tuesday, April 2 nd	Staff Meeting – 3:40pm
2	Thursday, April 18 th	Family Night
3	Friday, April 19 th	PD -Non-instructional day
5	Tuesday, April 23 rd	Assembly
2	Monday, May 6 th	PD -Non-instructional day
	Monday, May 20 th	Victoria Day - No School
6	Tuesday, May 21 st	Assembly
2	Thursday, May 23 rd	Celebration of Learning (5 - 7)
	TBA	Spring Concert
4	Tuesday, June 4 th	Staff Meeting – 3:40pm
5	Thursday, June 13 th	End of Year Celebration FEAST (5 - 7)
6	Friday, June 14 th	Admin Day - Non-instructional day
2	Tuesday, June 18 th	Assembly
4	Tuesday, June 25 th	NK grad in am and pm
5	Wednesday, June 26 th	Grade 6 Farewell
1	Friday, June 28 th	Last day of school -11:30am dismissal

January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
8 Day 2 <i>First Day of School</i>	9 Day 2	10 Day 3	11 Day 4	12 Day 5
15 Day 6	16 Day 1	17 Day 2 <i>Parent Council Meeting 6pm</i> <i>Swimming counts Gr 4</i>	18 Day 3	19 Day 4
22 Day 5	23 Day 6 <i>Assembly</i>	24 Day 1 <i>Swimming counts Gr 4</i>	25 Day 2	26 Day 3
29 Day 4	30 Day 5	31 Day 6		



Looking ahead.....

Feb 2Non-instructional Day—No school
Feb 19Louis Riel Day—No school
Feb 20 Assembly
Feb 22Celebration of Learning in evening