



CHAMPLAIN SCHOOL NEWSLETTER

FALL 2024

*"A safe and caring
learning community"
Where Everyone
Counts!*

**Champlain
School is a
nursery to
Grade 6
elementary
school nestled
in Winnipeg's
North End.**

**We are home to
approximately
210 students, 40
staff (including
teachers,
Educational
assistants,
clerks,
custodians, and
clinicians), and
parent/
community
volunteers.**

**We have eight
grades 1-6
classrooms and
two Nursery/
Kindergarten
classrooms.**



Dear Champlain families,

Welcome to Champlain 2024-2025 school year! It has been a busy start this year and we are so excited to see all our students and families back this fall!

Welcome Ms. Luna as our new Grade 1/2 classroom teacher, Ms. Sara, Ms. Lizzy, Ms. Char, and Ms. Sukhdeep as TERM educational assistants. Also a welcome to Ms. Novak temporarily in rm 209.

Thank you to all our families for joining us at our Fall Gathering and meet the staff evening. It was wonderful to gather together with delicious food. Special thank-you to Ms. Beverly Courchene for leading us in a good way. A special thank-you to all the staff and volunteers for helping coordinate our fall Feast.

Our first ever **Winter Solstice Celebration** is on Wednesday, December 18 from 5:30 to 7:30pm at Champlain School. We look forward to a light ceremony, ceremonial fire, families make and take, light dinner, and pre-recorded winter performances.

Our lunch program is school run this year in four classrooms. Lunch program is FREE as adult supervision and milk is provided by the Winnipeg School Division. We have also been able to increase our Food Coordinator staffing with the support of recent provincial funding. We have begin providing a FREE hot lunch on Wednesdays. If you would like your child to stay for lunch, please complete a lunch program registration form.

We are pleased to provide rich learning initiatives at Champlain school like Read to Me, Talk to Me, Math UP, Dreambox, Second Step, Equine Therapy, See Spot Read, Leadership, Land Based Learning, choir, and various clubs during lunch and after school.

Our next parent council meeting is on **Wednesday, November 27th at 5:30pm**. We will be alternating morning and evening meetings to accommodate more families. Please connect with Ms. Elizabeth and ensure your voice is heard!

Follow us on Instagram @champlain_school_wsd

Sincerely,
Mr. Paulo Teixeira
Principal

Champlain is a PBIS school and we follow our 3 Beliefs:

We are Safe
We are Respectful,
We are Ready to Learn!

These beliefs help us to be a caring learning community by learning from our mistakes and reinforcing positive choices.

School Hours/Supervision of Students

8:50	1st Bell - Students line up on hard top
8:55	Students enter school
9:00	2nd Bell - Announcements, School day begins
9:00—9:10	Mindfulness
10:40-10:55	Recess— All Grades 1-6 Classrooms
11:30	N/K (a.m.) - dismissal
12:00	Lunch hour dismissal
12:55	1st Bell - Students enter school
1:00	2nd Bell - Afternoon classes begin
1:00—1:10	Mindfulness
2:10—2:30	Recess—All Grades 1-6 Classrooms
3:30	Dismissal

Playground supervision

The playground supervision in the morning only begins at 8:50am. Students that arrive at 8:30am can come into the school for breakfast. Playground supervision over the lunch hour is limited to lunch program students. If your child does not stay for lunch at school, please do not send them to play on the playground as there is no supervision. Please do not send your children before 12:55 PM as they are asked to sit on a bench until the bell rings.



If you would like your child to play on the field or play structure over the lunch hour, you are welcome to come with them and supervise.

After school, we clear the playground and ask that all children go home or to the place you have designated for them in order to “check in” with an adult. Our desire is for all students to be safe.

NURSERY/KINDERGARTEN REGISTRATION

Just a reminder, registrations for Nursery and Kindergarten for 2024-25 school year are available at the office.

If your child was born in 2020, you may register them for Nursery.

If your child was born in 2019, then you may register them for Kindergarten.

Winnipeg School Division offers Nursery School free of charge to all residents of the Winnipeg School Division.

Residency is determined by where the parent/legal guardian lives. We will require a copy of your Manitoba Health card with your current address along with either a property tax bill, Child tax credit assessment, or tenant/rental agreement. Also, please make sure you provide a birth certificate for your child.



Students being street smart

Does your child know how to be **street smart**? It's something we talk about in our classrooms because the safety of our students is very important. It's also a good thing to talk about at home as a regular reminder for your child.

Being street smart means knowing how to keep safe from strangers when we're alone or with other kids. Walking to school, the bus, the playground or riding your bike in your neighborhood, being street smart helps you stay **safe**.

Our school takes it very seriously when a student reports a suspicious person. In most cases, a police report is made and, sometimes, police are able to quickly interview the "suspicious" person and determine that it was a misunderstanding. At other times, however, police are required to conduct a bigger investigation of a more serious threat. We will let you know if we make a report of a suspicious person to police on behalf of one of our students, because we believe that an informed community is a safer community.

Parents are encouraged to go to the **[winnipeg.sd.ca website](http://winnipeg.sd.ca)** and **click on Parents – Safe Schools** to find a link called "**Be Street Smart**". Here you will find a list of topics to share with your child to help them be street smart and safe, including knowing:

Who are strangers?

Who needs to know where I am and why?

Why should I stick with a friend?

What are my safe spots?

What are the places that aren't safe for me?

What should I do if a stranger asks me for help?

We're proud to work with you in keeping our community and children safe!



SCHOOL PATROLS

Our school provides student patrols to assist children crossing the busy intersections near our school.

The patrols are on duty from 8:40 - 8:55 a.m., from 12:00 - 12:10 p.m. and after lunch, from 12:40 - 12:55 p.m. and from 3:30 - 3:40 p.m. Please watch for them and assist them by slowing down and obeying all traffic laws.

ALL CHILDREN ARE EXPECTED TO FOLLOW THE DIRECTION OF THE PATROLS.



WHY ARE PATROLS IMPORTANT?

Champlain Patrols...

- Help students get home safely
- Signal the cars to stop so students can cross the street safely
- Protect the students
- Are a visual signal to drivers that students are around
- Are role models who represent our school

Patrols can save lives!

Champlain patrols are safe, respectful and responsible

Safe Arrival call back system.

Reporting your child's absence? Make sure you call our Safe Arrival line
If you have already activated an account you must make the following changes

If your child is ill, or you know your child will be away for various reasons, you **must** report it by 9:00 AM through our automated system. There are various ways to do this:

1. call into an automated interactive telephone system via a toll free number ([1-855-278-4513](tel:1-855-278-4513)),
2. use the mobile app
3. through the Safe Arrival website.

- If the parents are using the Safe Arrival mobile app, they must download a new School Messenger app for Safe Arrival. Instructions for parents are available on the site.
- School Messenger Safe Arrival will not automatically send an invitation email to parent/guardians of new students.
- Safe Arrival web site for parents to report absences will be go.schoolmessenger.ca. ***
- The toll free number for parents to report absences will remain as [1-855-278-4513](tel:1-855-278-4513).

The system will be available 24 hours/day, 7 days a week, but you must report the absence by 9:00 AM. Future absences can be reported at any time. By reporting your child absent in advance using SafeArrival, you will NOT receive a call.

If your child needs any sort of medication during the school day, there are strict guidelines we must adhere to, according to Winnipeg School Division Policy. Children are not allowed to carry any type of medication on them or in their backpack. If you find you are in need of this service, please contact the office at 204-586-5139. We will be glad to assist you as there is certain paperwork that needs to be filled in.

Champlain's current Code of Conduct

Who Am I ?

Peace

I will:

- accept others as they are and welcome everyone
- seek help and support for myself and others when needed
- work to resolve conflicts peacefully and contribute to a positive school environment

Land and Environmental Care

I will:

- recognize our school is on traditional Indigenous territories
- care for the land
- care for the land and environment and am aware of environmental issues

Where do I come from?

Equity

I recognize that:

- each of us have different identities, strengths, abilities, and needs
- this school provides me with opportunities to enhance my strengths and abilities to meet my needs
- support and assistance is available to all

**Be Safe
Be Respectful
Be Ready to learn**

Champlain School Code of Conduct

Online Safety

I will:

- adhere to the Winnipeg School Division online safety policy and am aware of digital and online safety strategies
- demonstrate responsibility, respect, and care in all my online and social media activities

Rights and Responsibilities

I have the right to:

- ask for help and the responsibility to get help
- have the opportunities and desire to succeed
- make my own decisions and accept the consequences to those actions

Sharing and Respect

I understand that:

- I share this school with students, staff, parents and community members from diverse backgrounds and social identities
- I am to respect students, staff, and all community members and I am worthy of their respects

Courage

I know:

- when and how to respectfully stand up for myself and others
- I must report wrongful acts such as: bullying, cyberbullying, harassment, assault, and words or actions motivated by hate, bias or discrimination

Truth

I know:

- how to be true to myself and others and to tell the truth
- that my actions can either have a positive or negative impact
- how to take responsibility for my own words, thoughts, and actions

Why am I here?



Champlain school follows the Winnipeg School Division's Code of Conduct for safe and caring schools.

Where am I going?

Guidance corner



Why is Sleep so Important?

Sleep is so important for all people, but especially for school age children and adolescents. Sleep helps us solve problems, react quickly, form memories, and learn. Children who do not get enough sleep have a more difficult time focusing and regulating their behaviours the next day.

How much Sleep does my Child need?

Children ages 3 -5 need between 10 and 13 hours of sleep per night.

Children ages 6 – 12 need between 9 – 12 hours of sleep per night.

When should Children stop using screens before bed?

In order to allow the mind to settle and be ready for sleep, it is advised that screens are avoided 30 minutes before planning to go to sleep. Reading, drawing or listening to music and audio books are activities which will help prepare your child for sleeping.

The changing sounds of the TV, tablet or video game, even at a low volume, can break up the quality of sleep. Programs will keep kids interested and their minds will have a hard time letting go to relax, and may even lead to nightmares.

If you have any questions about sleep, please call or come to the school and ask to speak to Mr. Claassen, 204-586-5139.



Housing and I.D. Resource Event



December 10, 2024, 4:00 to 7:00 p.m.
Tec Voc High School
1555 Wall Street

Winnipeg School Division and End Homelessness Winnipeg are hosting events to help our community members get income and housing supports they qualify for.

Join us to receive on-site sign-up services and information on available resources for individuals and families.

To sign up for services you will need some ID such as:

- Manitoba Health Card
- Government Issued Photo ID
- Proof of Income/Option C
- Current Tenancy Agreement
- Direct Deposit/Banking Information
- EIA Budget Letter
- Proof of Status/Residency
- Completed Guarantor Form

If you are unsure of which documents you will need to bring, or if you require assistance in filling out forms please contact:

Kasia (Katarzyna) Guzzi
Community Support Program
Coordinator
kguzzi@wsd1.org
204-788-0203



WINNIPEG SCHOOL DIVISION

Did you know.....

Champlain School has a Community Support Worker ?

My name is Elizabeth Thomson and I work at Champlain School on Mondays, Wednesdays and Friday afternoons.

Although our parent room is only open Monday mornings and Wednesday afternoons, I am available other times as well. If you are in need of support for you or your family please reach out and I will help to steer you in the right direction.

Please call or email me to make an appointment.

ethomson@wsd1.org

204-586-5139

December in the Parent Room



Holiday craft making December 4th

Join us in the Parent Room (117)

*from 9:30 – 11:30 Wednesday **December 4th***

Come out and make a winter ornament for yourself or for a friend.

We provide the materials and some ideas and you do the rest.

or just come have tea with us.

Stay connected in Champlain parent room.



We are very excited this year to have a winter solstice celebration at Champlain School. We are working hard behind the scenes to share a fun and relaxing family evening you. The Parent room will be closed for drop in after December 6th so that we can prepare for our winter celebration.



Champlain School Community Support Worker is at Champlain School on Mondays, Wednesdays and Friday afternoons.
ethomson@wsd1.org

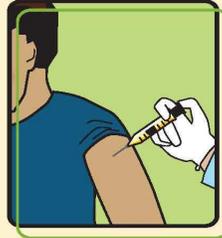
What You Can Do to Fight the Flu



1. Cover your coughs and sneezes.



2. Wash your hands a lot.



3. Get a flu shot.



4. Stay home and call your doctor if you are sick.



5. Go to the doctor or hospital right away if you get worse or have trouble breathing.



For more information about the flu, call Health Links-Info Santé at 788-8200 or 1-888-315-9257.

Healthy Child Manitoba
Putting children and families first
Manitoba



Cover Your Cough and Sneeze



- Cover your mouth and nose using your upper sleeve or elbow.

OR



- Cover your mouth and nose with a tissue.
- Throw used tissue in the garbage.
- Wash your hands with soap and water. If soap and water are not available, hand sanitizer can be used.

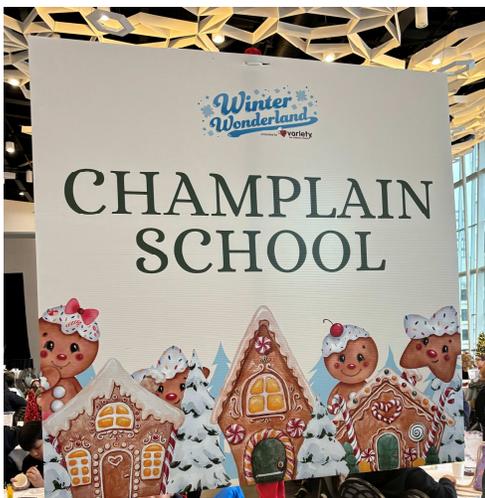


Healthy Child Manitoba
Putting children and families first
Manitoba

Winter Wonderland

Variety's Winter Wonderland—A Variety Holiday Celebration hosted our grades 1–6 students on Tuesday, November 19 at the Convention Centre. We had visits from Santa, a magician, Elsa, Spiderman and many other fun characters. We also got to get our faces painted, eat a yummy lunch and receive very cool gifts from Santa.

A huge thank-you to all the staff and parent volunteers that joined us and special thank-you to all the students for a fabulous day!



Please ensure to send warm clothing with your child to school. If you need support accessing warm clothing, please connect with Ms. Elizabeth in the parent room.



Winnipeg School Division Cold Weather Guidelines

Here are some guidelines in order to help you during the winter season when your child is getting ready for school. Check the wind chill before going outdoors in the winter, and individuals are to make sure they are well prepared for the weather. Even moderate wind chill values can be dangerous if individuals are outside for long periods.

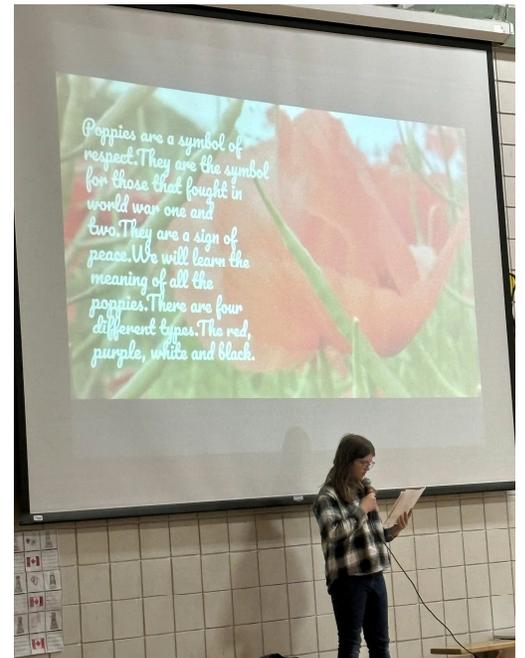


<u>Wind Chill</u>	<u>Risk of Frostbite</u>	<u>Other Health concerns</u>	<u>What to Do</u>
0-9	LOW	Slight increase in discomfort	Dress warmly, with the outside temperature in mind Stay dry.
-10 to -2	LOW	Uncomfortable Risk of hypothermia if outside for long periods without adequate protection.	Dress in layers of warm clothing with an outer layer that is wind resistant. Wear a hat, mittens or insulated gloves, a scarf or neck warmer and waterproof footwear
-28-39 INDOOR RECESS	RISK: Exposed skin can freeze in 10-30 minutes.	Risk of frostbite Risk of hypothermia	Dress in layers of warm clothing with an outer layer that is wind resistant. Wear a hat, mittens or insulated gloves, a scarf or neck warmer and waterproof footwear Stay active.
-40-47 INDOOR RECESS	HIGH RISK: exposed skin can freeze in 5-10 minutes	High risk of frostbite. Risk of hypothermia is outside for long periods of time without adequate clothing or shelter.	Dress in layers of warm clothing with an outer layer that is wind resistant. Wear a hat, mittens or insulated gloves, a scarf or neck warmer and waterproof footwear Stay active. Cover all exposed skin.



Remembrance Day

Champlain school held a heartfelt Remembrance Day assembly, centered around the theme "Poppies Bring Us Together." Students and staff gathered to honour various groups of people and animals who have contributed to peace, as highlighted in the book *Poppies, Poppies Everywhere*. This book told the story of how poppies symbolize remembrance for those who served in times of conflict, and the importance of remembering. The assembly included a lesson on what each poppy represents by Grace Lynn in 211, a song by Mr. Eccles, a whole school quilt art project, and a moment of silence, allowing everyone to reflect on the significance of the poppy. Together, the community embraced the message that poppies unite people from all walks of life in remembrance and gratitude.



See Spot Read

Mr. Claassen has had the wonderful privilege of bringing six students to the Winnipeg Humane Society on Monday mornings to participate in a special program called **See Spot Read**. This program pairs young readers with dogs in need of companionship, allowing the students to practice their reading skills in a fun and supportive environment. As they read aloud to the dogs, the children build confidence and improve their literacy in a relaxed setting. It's a great way for them to enjoy reading while helping the dogs feel loved and cared for. The program has been a rewarding experience for both the students and the furry friends they meet!

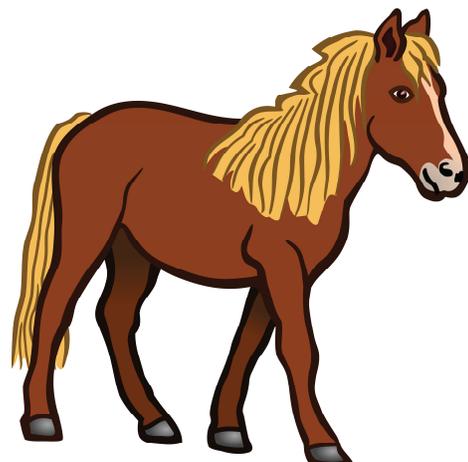


WINNIPEG
HUMANE SOCIETY



Equine Therapy at Symatree Farms

Mr. Claassen had the fantastic opportunity to bring six students to **Equine Therapy** at Symatree Farms near Oak Bank for five exciting sessions. During this time, the students had the chance to interact with horses, which helped them develop important life skills such as social skills, emotional awareness, problem solving, confidence, trust, and empathy. The students worked together to lead the horses through obstacles and complete various challenges, all while building teamwork and communication. It was an unforgettable experience, and it's safe to say that we already miss our horse friends!



2	Monday, December 2	Report Cards go home
2	Monday, December 2	Staff meeting
3	Tuesday, December 3	Mobile-vision clinic
2	Wednesday, December 18	Winter Solstice Celebration 5:30-7:30pm
3	Thursday, December 19	Santa Visits
4	Friday, December 20	Last day before winter break
5	Monday, January 6	First day back from winter break
6	Tuesday, January 7	Common Area Training
4	Monday, January 13	Staff Meeting – 3:40pm
6	Friday, January 31	Treaty Education PD Non-instructional day
	Monday, February 17	Louis-Riel Day - No School
1	Thursday, February 20	Celebration of Learning (5 – 7)
2	Monday, March 3	Staff Meeting – 3:40pm
1	Monday, March 10	Report cards go home
4	Thursday, March 13	Student-led conferences evening (4 – 7:30 pm)
5	Friday, March 14	Student-led conferences Non-instructional day
3	Friday, March 28	Last day before spring break
4	Monday, April 7	First day back from spring break
5	Tuesday, April 8	Common Area Training
6	Wednesday, April 9	Bus Ridership
2	Friday, April 11	PD Non-instructional day
3	Monday, April 14	Staff Meeting – 3:40pm
6	Thursday, April 17	Family Night (5 - 7)
3	Friday, May 9	PD Non-instructional day
	Monday, May 19	Victoria Day - No School
5	Thursday, May 22	Celebration of Learning 5 - 7
6	Monday, June 2	Staff Meeting – 3:40pm
2	Thursday, June 12	Community Year End Gathering 5 - 7
3	Friday, June 13	Admin Day Non-instructional day
4	Tuesday, June 24	Grade 6 Farewell (new date*)
1	Friday, June 27	Last day of school -11:30am dismissal

November & December 2024

Monday	Tuesday	Wednesday	Thursday	Friday
25 Day 3 <i>Photo Retakes</i> 	26 Day 4	27 Day 5 Parent Council meeting 5:30pm	28 Day 6	29 Day 1 Rm 209 Aviation Museum Field Trip
2 Day 2	3 Day 3 	4 Day 4	5 Day 5	6 Day 6
9 Day 1	10 Day 2	11 Day 3	12 Day 4	13 Day 5
16 Day 6	17 Day 1	18 Day 2 Winter Solstice Celebration	19 Day 3 Santa Visits 	20 Day 4 <i>Last Day of school</i>

Winter Break December 21 until January 5
 First Day Back is **Monday, January 6**

