

KEEWATIN PRAIRIE

NOVEMBER NEWSLETTER 2023

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[Keewatin Prairie Website](#)
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MOBILE VISION INFORMATION

Students will be bringing home information regarding the Mobile Vision Care Clinic that will be held in our library at the end of this month. The Winnipeg School Division is working with Mobile Vision Care Clinic (MVCC) to bring eye doctors to our school to test the students' eyesight and to make sure their eyes are healthy.

One in three children entering school cannot see very well. Many children do not know they could be seeing more clearly. The Canadian Association of Optometrists recommends that children visit an optometrist every year after starting school.

An optometrist and a team of eye care professionals will come to our school to give full comprehensive eye exams to our students and provide them with glasses, if needed.

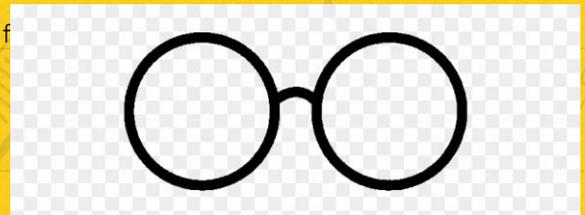
Manitoba Health covers the cost of the children's eye examinations and Mobile Vision Clinic staff can request money from insurance to pay for glasses. Examples of insurance are Employment Income Assistance EIA, Non-insured Health Benefits (Status) or a third-party insurance company. Families who do not have insurance and cannot pay for their child's glasses, can receive free glasses for their children. Mobile Vision Care Clinic can give free glasses because of kind donations. Families have the option of purchasing a second pair of glasses for their child for \$120.00.

If your child needs glasses and orders them through MVCC the glasses will be delivered to the school 3-4 weeks after the eye examination.

Please complete the EYE EXAMINATION CONSENT FORM-one for each child and give it to your classroom teacher as soon as possible.

If you have any questions please contact us at school@mvcc.ca

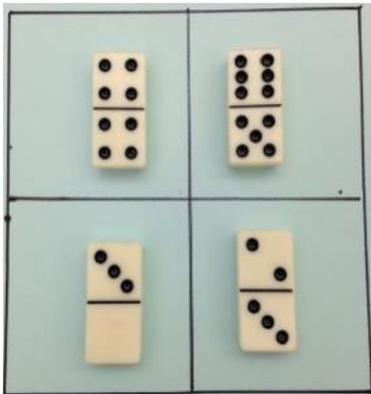
Ms. McKenzie
Mobile Vision Teacher Coordinator



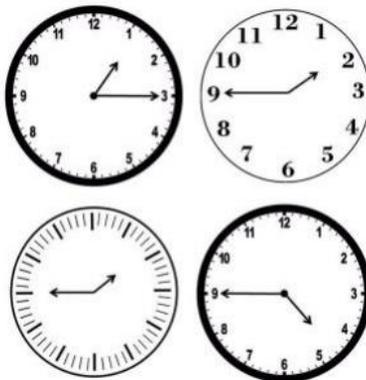
THINKING CLASSROOMS

Which one doesn't belong... Take a look at the pictures below with your child. In each picture are 4 images. Which one doesn't belong? Why? There are no wrong answers, the conversation is the important part. At Keewatin Prairie we believe that all children can develop positive attitudes toward math and their abilities. We also believe that all parents/caregivers are capable of supporting their child in math, regardless of their own mathematical background. Start with having conversations about math and see where it goes!

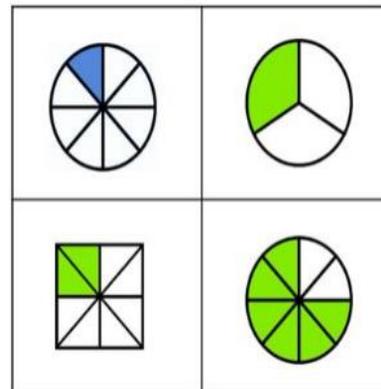
Grades N-1



Grades 2-4



Grades 5-9



WHAT'S GOING ON AROUND SCHOOL!



LUNCH PROGRAM

kpcslunchprogram@gmail.com

We always encourage healthy eating and with Halloween now behind us we want to continue that. Students are welcome to bring a small treat for their lunch but we request that students leave most of their candy at home.

***Please remember that we have students with life-threatening allergies to peanut and nut products and we request that no candy be brought in containing peanut butter or nuts.

Colder Weather is here to stay!

Please remember to send your children with the appropriate outdoor clothing for lunch recess. Warm coats, hats, scarves, mittens or gloves and proper footwear for cold and wet weather. Weather permitting Lunch Program students go out for a minimum of 25 minutes during the lunch hour.



BREAKFAST PROGRAM INFORMATION

Breakfast can help your child learn! It takes a lot of energy for students to concentrate in school. So it's no surprise that kids who go to school without breakfast often lack focus.

Studies consistently show that breakfast affects how well children do in school. A Harvard Medical School study looked at how breakfast affected attendance and school performance.

They found that children who eat breakfast have:

- ☺ better attendance
- ☺ fewer late arrivals
- ☺ higher literacy and math scores.
- ☺ stronger ability to concentrate in class



With today's busy schedules, there isn't always time to sit down for a long breakfast. So be prepared by keeping a few healthy grab-and-go options. A granola bar and a piece of fruit will get your child off to a good start. In a pinch, even a piece of last night's pizza will do!

Fortunately we have a Breakfast Program run by Ms. Diana and her wonderful student leaders.

Students are welcome to come by
through our front doors between 8:30 and 9:00 am.

NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		01 Day 5	02 Day 6	03 Day 1
06 Day 2	07 Day 3 <div style="text-align: center;"> <p>Diwali Festival of Lights begins</p>  </div>	08 Day 4	09 Day 5	10 Day 6 <div style="text-align: center;"> <p>Remembrance Day Assembly, 11:00 am</p>  </div>
13 Day 1 Grade 9 MB Moose Game	14 Day 2 Report Cards Emailed Home <div style="text-align: center;">  </div>	15 Day 3	16 Day 4 <div style="text-align: center;">  Parent-Teacher Conferences 4:00-8:00 pm </div>	17 Day 5 <div style="text-align: center;"> <p>NO SCHOOL Parent-Teacher Conferences</p> </div>
20 Day 6 <div style="text-align: center;">  </div>	21 Day 1 <div style="text-align: center;"> <p>Parent Council Meeting 3:30 pm</p> </div>	22 Day 2	23 Day 3 Peak of the Market Orders DUE	24 Day 4
27 Day 5	28 Day 6	29 Day 1 <div style="text-align: center;">  </div>	30 Day 2 <div style="text-align: center;">   </div>	