

## Grade 12: Psychology (40S)

Argyle Alternative High School

Teacher: Ms. Taylor Homenick

### Course Objectives:

The goal of this course is to understand the complexities of human thought and behaviour; mental processes of the people around us and most importantly, ourselves. The course will focus on learning lifelong skills such as nurturing healthy relationships, solving problems, dealing with inner conflicts and studying how one learns. Students who express interest may have opportunities to broaden the scope of their investigation to begin understanding societal changes, pop culture, and current events as they relate to self and others.

### Curriculum:

Psychology is the scientific study of behaviour and mental processes. It uses the scientific method to discover ways of understanding the complexities of human thought and behavior, as well as differences among people.

Studying psychology gives students lifelong skills such as dealing with issues proactively, solving problems, learning, and nurturing healthy relationships. It helps students understand themselves, and deal with issues in their own lives such as inner conflicts, relationships with parents and peers, and intimacy. It also helps students understand societal problems like drug dependency, aggression, and discrimination.

This course exposes students to the major topics found in the field of psychology. It also emphasizes the issues that are of particular direct interest and relevance to students completing high school. Students explore the scientific methods upon which psychology is based. They can then apply what they learned to their daily lives.

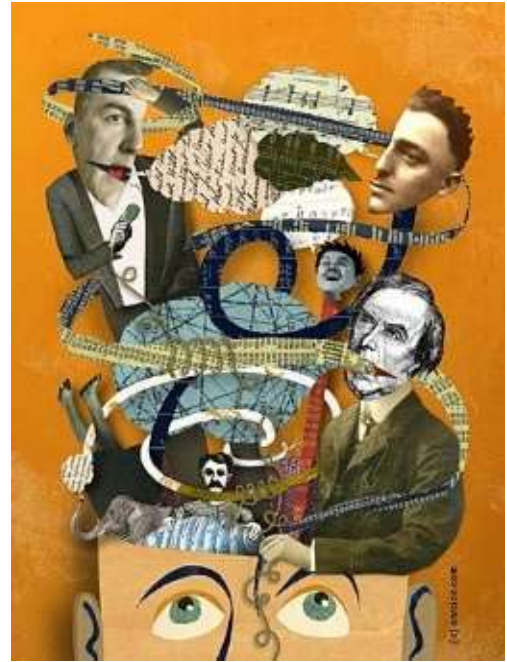
### Curriculum/ Block Themes: (For more detail - See Attached Course Theme Checklist)

1. Introduction and Research Methods
2. Biopsychology
3. Developmental Psychology
4. Cognitive Psychology
5. Variations in Individual and Group Behaviour

### Course Topics:

\* Please note: The following list is of topics intended for participation in personal learning, discussions, and exploration. **Personal choice is essential to learning so topic depth will/may differ from student-to-student and may be modified or changed during the course.** The list below is set forth as a guide to topics we may cover:

- Introduction to Psychology
- The Brain
- Nature vs. Nurture
- The senses
- Emotion
- Motivation
- Personality
- Ethnic & Gender Identity along with Cultural Diversity
- Metacognition
- Consciousness - The Subconscious & Altered States
- Sleep
- Individuality
- Social thought (Mob Mentality)
- Disorders
- Dependency
- Memory



### **Head – Acquiring Knowledge**

- Discuss and analyze psychology as it affects self.
- Examine Research around various Psychological Approaches.
- Recall information in discussions and text.
- Examine your psychological position using photography, graphics, images, writing, spoken word, music, film and media.



### **Heart – Connecting with Others, Connecting with Self**

- Connect with others in the classroom or through Google Classroom discussions.
- Collaborate with others in the class activities
- Reflect on the psychological theme while applying it to an area of interest: books, media, social-media, pop-culture or other creative forms.



### **Body – Apply into Action**

- Create a living document re: development of thoughts and actions. (Journal, Photos, etc.)
- Complete an analysis of how Psychology effects your actions in society.
- Make a final project to encompass understanding of Psychological themes.

**Course Evaluation/Assessment:**

- 40% - Class Assignments Readings, Work and Participation/Discussions
- 30% - Completed In-class tasks
- 30% - Projects
- 10% - Self-Assessment

**Quad-mesters:**

Courses will be offered in Quad-mesters broken into 4 Blocks according to Arygle's Block System

**Quad Dates (Approx 46 days/Quad)**

Quad 1 – September 8 – November 12, 2021

Block 1: September 8 – September 24

Block 2: September 24 – October 9

Block 3: October 13 – October 29

Block 4: October 29 – November 12

Quad 2 – November 13, 2020 – January 29, 2021

Block 1: November 13- November 30

Block 2: November 30 – December 15

Block 3: December 15 – January 14

Block 4: January 14 – February 1

Quad 3 – February 1 – April 13, 2021

Block 1: February 1 – February 17

Block 2: February 17 – March 4

Block 3: March 4 – March 22

Block 4: March 22 – April 14

Quad 4 – April 14 – June 17, 2021

Block 1: April 14 – April 29

Block 2: April 29 – May 14

Block 3: May 14 – June 1

Block 4: June 1 – June 17

**Blended Learning Opportunities and Google Classroom:**

To assist in creating optimal learning during the Pandemic of COVID-19, Many of the course assignments and materials will be available via. Google Classroom. Please note this may be limited in terms of class-discussions and participation.

Please use your Winnipeg School Division email account:

[@live.wsd1.org](mailto:_____@live.wsd1.org)

The Course is titled: Psychology – Grade 12