

HOW SICK IS TOO SICK FOR SCHOOL?

Help prevent the spread of respiratory viruses.
See our tips for parents and caregivers:



KEEP ME HOME:

Fever

(higher than 38°C or 100° F)

Sore Throat

Persistent Cough

Runny Nose and Sneezing

Vomiting or Diarrhea

Abdominal Pain

(severe or long-lasting)

Conjunctivitis

(pink eye)

SEND ME TO SCHOOL:

No Fever

(without fever-reducing medicine
for 24 hours)

Occasional Cough

(but no other symptoms)

No Sore Throat

(for 24 hours)

No Vomiting or Diarrhea

(for 48 hours)

Speak with your health care provider about annual flu and COVID-19 vaccinations that help reduce the spread of seasonal respiratory viruses.



WINNIPEG SCHOOL DIVISION