This Week at WAEC

November 2026

11/16 - 11/20

HELLO WAEC STUDENTS!

Can you believe it's already mid-November? With that in mind, the colder weather is slowly approaching, reminding us to bundle up, stay warm, and take care of one another as we move into a colder season ahead.

As we move through the month, we are also reminded that the end of our first term is quickly approaching! This is a time to recognize and celebrate the hard work, dedication, and perseverance that our students and staff have demonstrated throughout the term.

With the days getting colder, let's continue to bring warmth to our school community through kindness, encouragement, and respect. Together, we look forward to finishing the first term strong and welcoming the opportunities ahead.

Miigwech,
The WAEC Staff Team



11/16 - 11/20

NOV 2026

UPCOMING EVENTS

MON 16

***CMHA** @ 180 MAIN - DOUG (9:00 - 11:30)*
***CMHA** @ KAAKIYOW - CARISSA (1:15 - 3:30)*
***CMHA** @ SHAUGHNESSY - EVA (1:00 - 3:00)*

TUE 17

UNIVERSITY OF MANITOBA PRESENTATION
(10:50AM-11:50AM)

WED 18

NO EVENTS

THUR 19

***CMHA** @ 180 MAIN - CARISSA (1:15 - 3:30)*

FRI 20

PD DAY - NO CLASSES

TERM 1 ENDS

UPCOMING NEXT WEEK

11/23 - 11/27

SUPPLY CHAIN MB PRESENTATION
WEDNESDAY, NOVEMBER 25
(12:00PM-1:00PM)

UNIVERSITY OF WINNIPEG PRESENTATION
THURSDAY, NOVEMBER 26
(12:00PM-1:00PM)

EARLY DISMISSAL - CLASSES DONE AT NOON
FRIDAY, NOVEMBER 27

Opportunities at WAEC!

FREE PROGRAM FOR RESIDENTS OF WSD!

FIND YOUR EMPLOYMENT PATH IN CHILDCARE

AT THE WINNIPEG ADULT EDUCATION CENTRE

COURSES PROVIDE PRACTICUM EXPERIENCE FOR CCA CERTIFICATION AND TRAINING IN:

- *NONVIOLENT CRISIS INTERVENTION*
- *FOOD HANDLERS*
- *FIRST AID & CPR*
- *WHMIS*
- *RESPECT IN SCHOOLS*
- *RESPECT IN SPORT*



FIND OUT HOW TO BECOME A CHILDCARE ASSISTANT IN DAYCARES OR AN EDUCATIONAL ASSISTANT IN SCHOOLS

SEPTEMBER START!

8 WEEKS OF AFTERNOON CLASSES FOLLOWED BY FOUR WEEKS OF FULL DAY PRACTICUM EXPERIENCE

310 VAUGHAN ST.

REGISTER NOW!

204-947-1674



- MUST BE A CANADIAN CITIZEN OR PERMANENT RESIDENT
- UPON ACCEPTANCE, PARTICIPANTS WILL APPLY FOR A CRIMINAL RECORD AND VULNERABLE SECTOR CHECK

DRONE PILOT CERTIFICATION AND FLIGHT TRAINING

Starting September 11, 2026
Earn your Drone Pilot Certification and Basic Pilot Licence issued by Transport Canada with WAEC credit towards the Mature Student High School Diploma.



- MUST BE A CANADIAN CITIZEN OR PERMANENT RESIDENT
- FREE PROGRAM FOR STUDENTS OF THE WINNIPEG SCHOOL DIVISION

REGISTER NOW

204-947-1674
Winnipeg Adult Education Centre
310 Vaughan St
Winnipeg, MB
WAEC.CA

Intercultural Support Worker

HODAN ALI



Please visit my office in the student lounge. We can talk about cultural diversity, support for navigating important services, and self advocacy!

I CAN HELP WITH:

- WPG Transit (Peggo/WinnPass)
- Rent Assistance
- Manitoba ID
- Government Housing
- Citizenship Preparation
- Perminent Resident (PR) Card
- Employment and Income Assistance
- Child Benefits
- Tax Clinics

For More Information
204-947-1674
hali@wsd1.org



FIND YOUR EMPLOYMENT PATH IN FINANCIAL SERVICES

The Winnipeg Adult Education Centre

INTERESTED IN A CAREER IN FINANCE?

ABOUT THE PROGRAM

In this Program you will:

- Build high demand customer service skills for financial environments.
- Map career pathways in banking, finance, and insurance.
- Identify specific skills needed to excel in key industry roles.
- Stand out to employers by adding direct, hands-on practicum experience to your resume.
- Connect with industry professionals and receive structured advice about employment opportunities and professional development.

10 weeks of afternoon classes followed by
7 weeks of practicum experience in the
Financial Services Industry.

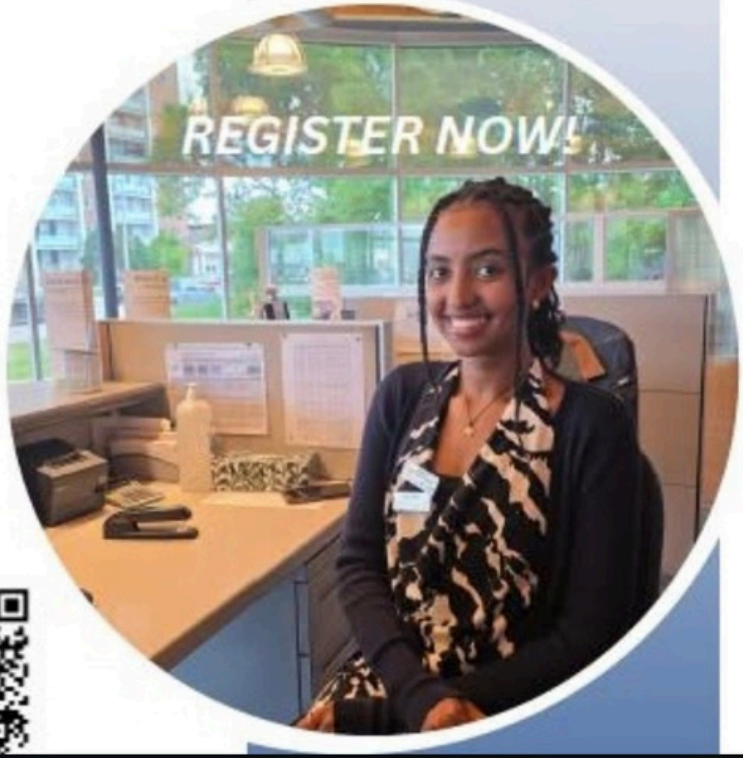
FEBRUARY START!

Free Program for Residents of WSD

WAEC
Winnipeg Adult Education Centre

ELIGIBLE APPLICANTS MUST BE:

- A Canadian citizen or permanent resident.
- A high school graduate.
- Excited to provide exceptional service to both internal and external customers.
- Attentive to detail.
- Willing to undergo a criminal records check.
- Available for a full-time practicum experience mid-April to mid-June.



310 VAUGHAN ST.
204-947-1674

New!!!

Post-Secondary Fall Open Houses!

University of Manitoba: Tuesday, October 27th, 2026 5:30pm-8:30pm

info: https://apply.umanitoba.ca/www/documents/UM%20Fall%20Open%20House%202026%20-%20Digital%20Program.pdf

University of Winnipeg: Tuesday, November 24th, 2026 Doors Open at 6pm-8:30pm

registration is required: https://uwinnipegca.elluciancrmrecruit.com/Apply/Events/EventDetails?eventId=8e3edaa8-6ec2-f111-8a4d-063f801b2cae

Red River College November 10th , 2026 5pm-8pm

info: https://www.rrc.ca/student/discovery-night/

POST SECONDARY PRESENTATIONS

Thinking about college or university but not sure where to start? Come check out our post-secondary presentations this November! Explore different schools, discover programs that interest you, and get answers to your questions.
Your future has options — come find yours!

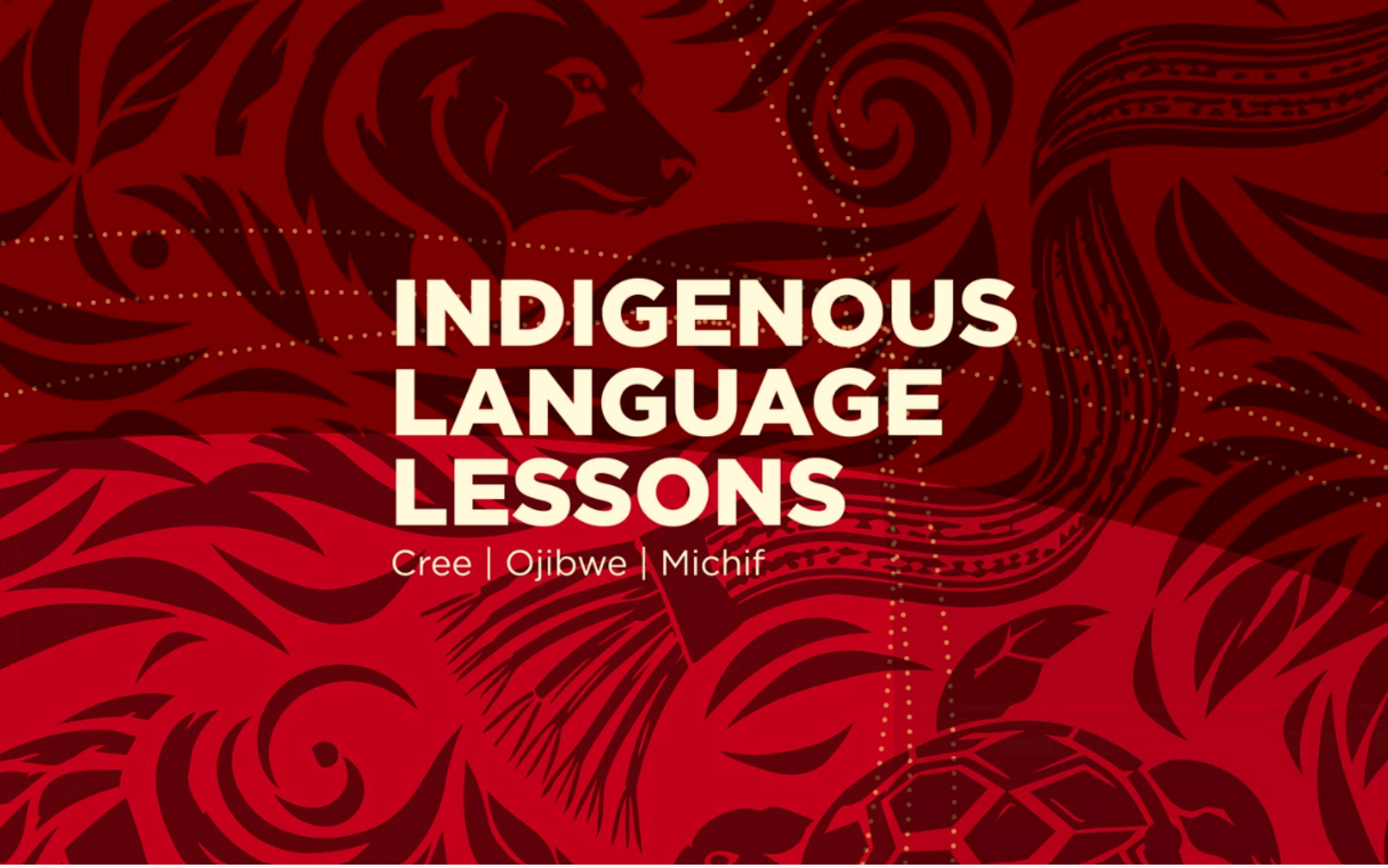
Red River College
November 5
12:00 -1:00
POSTPONED

University of Manitoba
November 17
10:50 - 11:50

University of Winnipeg
November 26
12:00 -1:00

Booth University college
December 3rd
10:50 - 11:50

Presentation will be in the student lounge

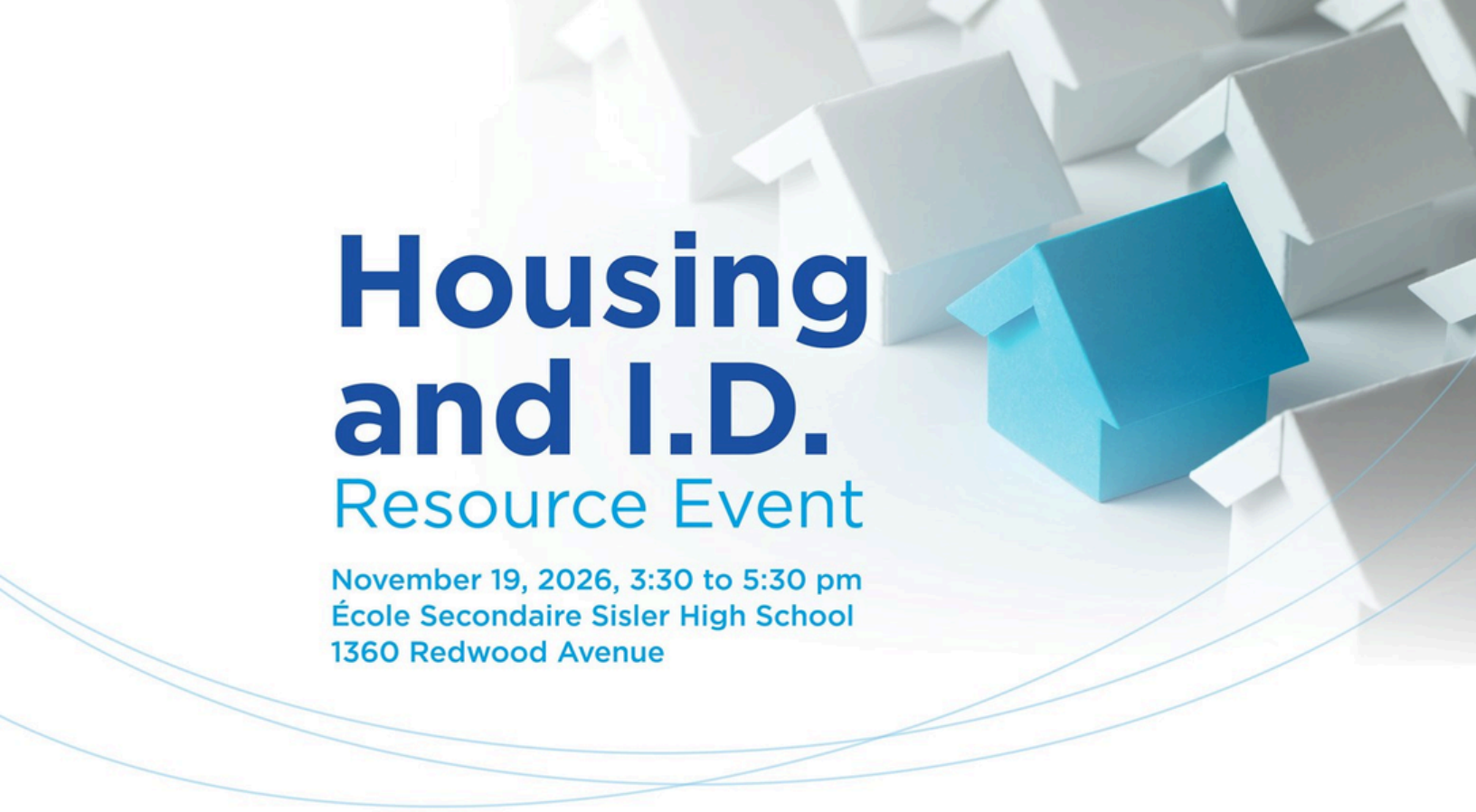


Winnipeg School Division is pleased to offer seven weeks of Indigenous language classes in Cree, Anishinaabemowin, and Michif.
Classes are in person and open to staff, students, and community members of all speaking levels.
Drop-ins welcome. Snacks provided.

For more information, click the link! below!

Indigenous Language Classes





Housing and I.D.

Resource Event

November 19, 2026, 3:30 to 5:30 pm
École Secondaire Sisler High School
1360 Redwood Avenue

Winnipeg School Division and End Homelessness Winnipeg are hosting events to help our community members get income and housing supports they qualify for. Join us to receive on-site sign-up services and information on available resources for individuals and families. To sign up for services you will need some ID such as:

- Manitoba Health Card
- Government Issued Photo ID
- Proof of Income/Option C
- Current Tenancy Agreement
- Direct Deposit/Banking Information
- EIA Budget Letter
- Proof of Status/Residency
- Completed Guarantor Form

If you are unsure of which documents you will need to bring, or if you require assistance in filling out forms please contact:

Kasia (Katarzyna) Guzzi
Community Support Program Coordinator
kguzzi@wsdl.org
204-788-0203

WHO'S HIRING?

Job Postings

BAKED EXPECTATIONS
161 Osborne Street
Front of House Staff
https://ca.indeed.com/housestaff

MISERICORDIA TERRACE
691 Wolseley Avenue
Dining Room Server
https://ca.indeed.com/server

STATE & MAIN
Various Locations
Line Cook
https://tinyurl.com/linecook

CLUB DEMONSTRATION SERVICES
4077 Portage Avenue
Product Demontration - Costco
https://ca.indeed.com/productdemonstration

CATERING ASSOCIATE
2055 Notre Dame Avenue
Catering Associate
https://ca.indeed.com/cateringassociate

PARK'N FLY CANADA
1820-A Berry Street
Valet Attendant
https://ca.indeed.com/valetattendant

CALLING ALL MÉTIS YOUTH

The Winnipeg Region is looking for Métis Youth aged 29 and under who are looking to make some extra cash and interested in snow shoveling for our Métis seniors and Elders!

Contact Us!

204-586-5716

wpgregion@mmf.mb.ca



NEW RULES FOR

E-Scooters and Other Personal Electric Vehicles

COMING IN 2027

Manitoba is introducing new rules for **Personal Electric Vehicles (PEVs)** to help keep everyone safe when sharing roads, paths and other public spaces.

What is a PEV?

In Manitoba, a PEV is a small electric vehicle for personal transportation that runs on electricity. Examples include:



Electric kick-scooters ("e-scooters")



Self-balancing scooters and hoverboards



Electric unicycles and similar devices

WHO CAN RIDE?

16+ ONLY. PEV riders must be at least 16 years old.

NO HELMET? NO RIDE.

Everyone on a PEV must wear a properly fitted helmet, including passengers (if the PEV is designed to carry a passenger).

WHERE CAN YOU RIDE?

- Roads with speed limits of **50 km/h or less** and shared paths, like bike paths
- PEVs are not allowed on sidewalks

HOW FAST CAN YOU RIDE?

- Maximum **25 km/h**

SIDEWALK RULES

NO SIDEWALKS. PEVs are not allowed on sidewalks unless there is a sign or traffic control device specifically allowing it.

OTHER RULES OF THE ROAD

When riding a PEV:

- Follow traffic signs and signals
- Use hand signals when turning or stopping
- Ride in single file
- Carry only the number of passengers the vehicle is designed for
- Don't use headphones or earphones in both ears while riding
- Turn on the front white light at night or whenever visibility is poor
- Ride as close to the right curb as practicable

PEVs MAY BE INSPECTED

Peace officers may stop and inspect a PEV and safety equipment at any time.

BE ALERT

Don't text while riding.

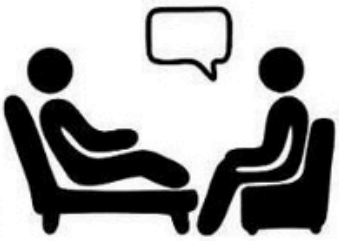
16+ | Helmet required | Roads ≤ 50 km/h
PEV ≤ 25 km/h | No sidewalks

To learn more, visit
Manitoba.ca/mti/roadinfo/personal_electric_vehicles.html

Manitoba

Finding Free & Lower-Cost Counselling in Winnipeg

Free, sliding-scale and lower-cost counselling options



FREE OR LOWER-COST COUNSELLING

FAMILY DYNAMICS
No-cost/sliding-fee counselling for individuals, couples & families
204-947-1401

KLINIC COMMUNITY HEALTH
Free counselling and drop-in counselling
Intake: 204-784-4059
Drop-In: 204-784-4067

YOUVILLE COMMUNITY HEALTH CENTRE
Free counselling · Self-referral
204-255-4840

RESILIA COMMUNITY WELLNESS CENTRE
Sliding-scale individual, couple & family counselling
204-786-9251

RECOVERY OF HOPE
Counselling with income-based fee assistance
204-477-4673

AULNEAU RENEWAL CENTRE
Sliding-scale counselling for individuals, couples & families
204-987-7090

U OF M PSYCHOLOGICAL SERVICE CENTRE
No-cost psychological therapy through a supervised training clinic
204-474-9222

Looking for More Free or Low-Cost Options?
Scan for the Women's Health Clinic Free/Low-Cost Counselling & Support Services list.

womenshealthclinic.org

CHILDREN UNDER 12

KIDTHINK
Specialized child mental-health services & caregiver support
431-830-3300

CHILD & YOUTH MENTAL HEALTH SERVICES
Public mental-health services for children & youth
1-877-710-3999

SCHOOL-BASED SUPPORTS
Ask your child's school about counselling, psychology and social-work supports.

YOUTH 12–18

HUDDLE MANITOBA
Free mental-health and wellness supports for youth ages 12–29
huddlemanitoba.ca

WRHA YOUTH MENTAL HEALTH & ADDICTION RECOVERY
Free, short-term mental-health and addictions counselling for youth ages 12–18 · **204-590-6713**

KLINIC / TEEN KLINIC
Free, confidential youth health services, including mental-health support · **204-784-4090**

GOOD TO KNOW

- Contact more than one service. You can join multiple waitlists.
- Ask about cancellations. Earlier appointments may become available.
- Finding the right fit matters. It's okay to try another counsellor.

COUNSELLING COVERAGE & BENEFITS

PRIVATE INSURANCE
Health benefits may cover counselling. Check eligible provider credentials, coverage limits and direct billing before booking.

NON-INSURED HEALTH BENEFITS (NIHB)
Eligible First Nations and Inuit clients may have counselling covered. Confirm that the provider accepts NIHB, bills directly and whether approval is needed.

FIND A COUNSELLOR

PSYCHOLOGY TODAY is an online directory where you can search Winnipeg counsellors by location, cost, insurance, specialty and other preferences.

Contact providers directly to confirm fees, availability and insurance or NIHB coverage.

Suicide Crisis Helpline (24/7)
Call or text **9-8-8**
Emergency: Call **9-1-1**

Created by Nahuen Consultation · October 2026 · Free to print and share.

Please note: This list is not exhaustive. Services, fees and availability may change. Confirm details directly with providers.

EMERGENCY OVERNIGHT SERVICES
Overnight shelter and warming spaces

EMERGENCY SHELTERS

Main Street Project - 637 Main St
204-982-8245 | 24/7
Capacity: 120

Salvation Army: Centre of Hope
180 Henry Ave | 204-946-9402 | 24/7
Capacity: 45

Siloam Mission - 300 Princess St
204-943-4344 | Ext: 2423 | 9pm–6am
Capacity: 100

YOUTH SHELTERS

Ndinawe: Tina's Safe Haven
204-417-7233 | Ext: 2 | 24/7
Ages: 13-24

Spence Neighborhood Association WE24
430 Langside St | 204-333-9681 | Daily
11pm–7am | Ages:13-26
Capacity: 50

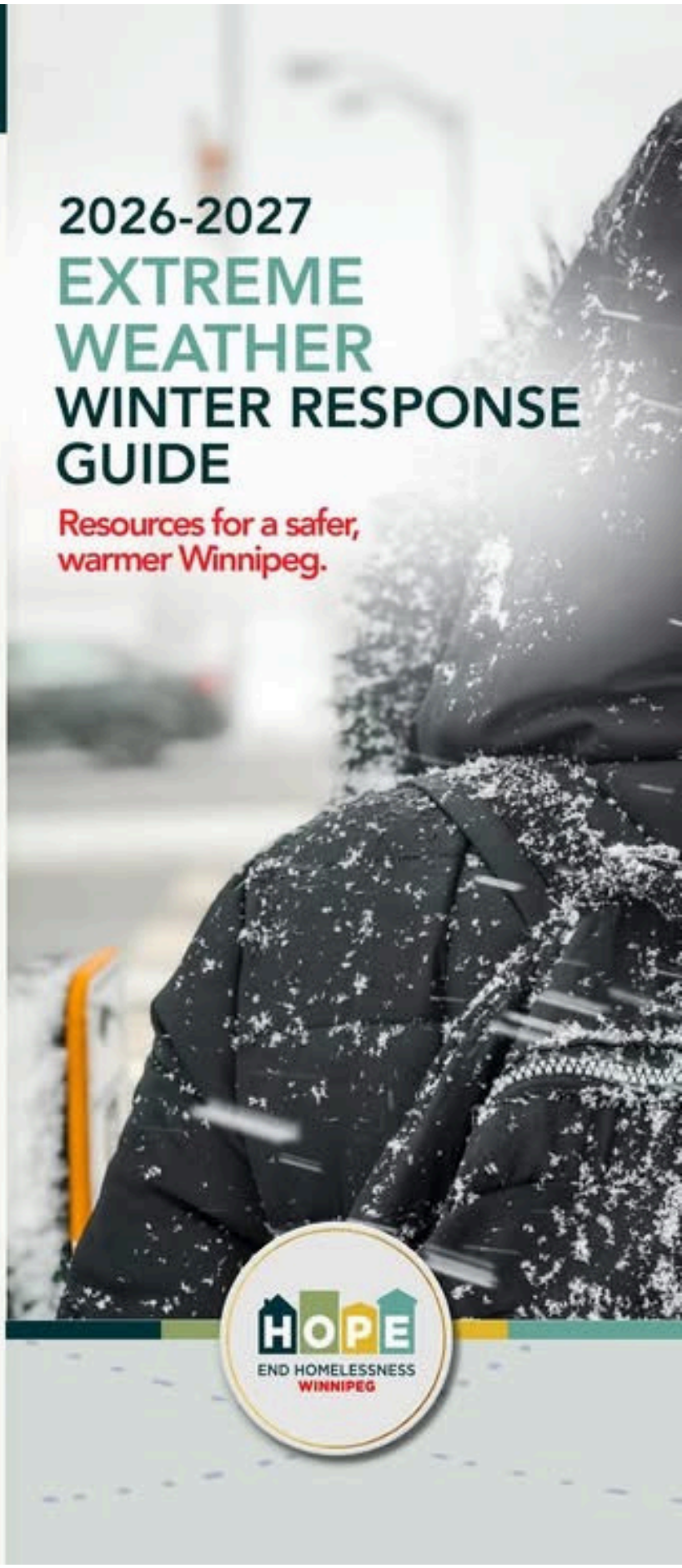
The Link: Youth Resource Centre -
159 Mayfair Ave | 204-477-1804 | 24/7 |
Ages: 12-20 | Capacity: 8

HOPE END HOMELESSNESS WINNIPEG

This publication is available in alternate formats upon request. Please contact us at
info@endhomelessnesswinnipeg.ca
204-942-8677

2026-2027 EXTREME WEATHER WINTER RESPONSE GUIDE

Resources for a safer, warmer Winnipeg.



EMERGENCY OVERNIGHT SERVICES
Overnight shelter and warming spaces

OVERNIGHT WARMING SPACE

1JustCity: Just A Warm Sleep
107 Pulford St | 431-335-6188 | 8pm–8am
Capacity: 30

Siloam Mission - 300 Princess St
204-292-2320 | Ext: 2423 | 8:30pm–7am
Capacity: 116

FROSTBITE & HYPOTHERMIA

KNOW THE SIGNS. GET HELP. SAVE LIVES

FROSTBITE
- Numbness or loss of feeling
- White or greyish-yellow skin area
- Firm or waxy skin

HYPOTHERMIA
- Shivering
- Confusion
- Slurred speech
- Clumsiness
- Drowsiness

In an emergency, call 911

211 Manitoba — Help Starts Here

Call 2-1-1

for up-to-date information on community resources in 150+ languages.

FREE, CONFIDENTIAL, AND LIVE SUPPORT IS AVAILABLE 24/7

WOMEN & GENDER DIVERSE

NEWC - 394 Selkirk Ave
Mon, Tue, Thu, Fri: 9:30am–3:30pm
Wed 12–3:30pm

North Point Douglas Women Centre
221 Austin St
Washroom hours include: Mon-Wed, Fri: 9am–12pm & 1–4pm | Sat: 9:30am–3:30pm

One88 - 188 Princess St
Mon–Thu: 10am–12pm: Drop-in | Tue–Thu: Showers & laundry drop-off | Fri: 10am–1pm
Mail, laundry & bread pickup
Drop-in capacity: 30

RaY - 125 Sherbrook St
Mon-Fri: 1–4pm | Ages: *1-29 years*

Siloam Mission - 303 Stanley St
Mon-Sun: 7am–8pm
(Closed between: 1:30–4pm)
7am–8pm in extreme weather
Ages: 18+ | Drop-in capacity: 300

Sunshine House - 646 Logan Ave
Mon, Wed, Sat: 11am–4pm | Tue: 11am–4pm
Drop-in capacity: 30
2SLGBTQ+ focused - Mon & Wed: 5–8pm

The Link Youth Hub - 175 Mayfair Ave
Mon, Wed, Fri: 8:30am–6pm
Tue, Thu: 8:30am–7pm | Sat: 10am–3pm
Ages: *18-29 years*

Union Gospel Mission - 320 Princess St
Mon-Fri: 11:30am–7pm
Sat, Sun: 11:30am–7:30pm

Union Gospel Mission - 240 Pritchard Ave
Wed: 12pm

Velma's House | 24/7

WCWRC - 640 Ellice Ave
Mon, Wed, Fri: 9:30am–4pm
Tue, Thu: 12:30–6pm | Sat: 9am-12pm

OUTREACH & DAY SERVICES
Outreach, drop-ins, food, washrooms, resources & support

MOBILE OUTREACH

Downtown Community Safety Partnership
204-947-3277 or 211 Downtown | 24/7

Main Street Project
204-232-5217 | Citywide | Open 24/7

Salvation Army
204-946-9402 | Citywide | 11pm–4am

St. Boniface StreetLinks
204-228-2369 | East of the Red River | 24/7

Street Connections
204-981-0742 | Citywide | Mon-Fri: 5–11:30pm

Sunshine House
Mobile Overdose Prevention Site
204-914-8221 | Daily: 12–9:30pm

West Central Women's Resource Centre
204-396-4260 | Inner-city West End
Mon-Fri: 1–4pm

West Broadway Community Safety Hosts
204-444-4678 | Central Wpg | Hrs vary

YOUTH OUTREACH

RaY
204-391-2209 | Citywide
Mon, Tue, Thurs: 1-9pm | Wed, Fri: 1–4:30pm

WE24
204-333-9681 | Safe Rides
Mon-Sun: 12–7am | 11pm–12am

DAY DROP-INS, FOOD & WASHROOMS

1JustCity Resource Hub - 222 Furby St
Mon-Fri: 10am–3pm | Lunch served 12–2pm

1JustCity - Pimicikamak Wellness Centre
621 Balmoral St
Mon-Fri: 12–3pm. | *Lunch served 12–2pm*

DAY DROP-INS, FOOD & WASHROOMS

1JustCity Oak Table - 107 Pulford St
Mon-Fri: 9:30am–6pm | Lunch served 12–2pm
Daily: 10:30am–5:30pm sandwhiches served

ADRA Winnipeg Community Hub
95 Stadacona St | Mon-Wed: 12–3pm

Agape Table - 364 Furby St
Mon-Fri: 7am–11am

Andrews St Family Centre - 220 Andrews St
No bagged meals. Offers 15 food packages daily. First come, first served.

Bear Den - 365 McGee St
Tue-Thu: 1–3:30pm

Blake Gardens Resource Centre - 312 Blake St
204-940-2695 | Mon: 9am–6pm
Tu-Thu: 9am–7pm | Fri: 12–5pm

Freedom House - 294 Ellen Ave
Tue: 9am–12:30pm | Thu: 9am–12pm
Fri: 9am–5pm | Sun: 12–5pm

Holy Trinity Lunchroom - 256 Smith St
Tue, Thu: 11am–1pm

Lighthouse Mission - 676 Main St
Mon–Thu: 9am–11:15pm, 1–3:15pm
Fri, 1-4pm, 6-7:30pm

Mount Carmel Clinic - Sage House
204-272-0838 | Mon-Fri: 12–7pm
North End/Downtown

Missionaries of Charity - 167 Aikins St
Mon, Wed, Fri, Sat: 9:30am-10:45am

NorWest Co-op Food Centre - 103-62 Tyndall Ave | Mon, Wed, Fri: 12–1:30pm
Thur: 5:30–6:30pm

youville
Community Health Centre

FREE TEEN CLINIC PEER COUNSELLING PROGRAM

WE'RE HERE TO LISTEN

MENTAL HEALTH, SEXUAL HEALTH, WELLBEING, AND MORE

Are you aged 12-21 and want to talk about your health and wellbeing? Come visit our trained Peer Counsellors to discuss your wellbeing topics or questions at Youville's weekly Teen Clinic night!
Call 204-255-4840 to book or drop-in during program hours.

STARTING MARCH 10, 2026

EVERY TUESDAY

5:00PM TO 8:00PM

6-845 DAKOTA ST. WINNIPEG, MB

HOW WE CAN HELP

- Provide a listening ear and support from another youth
- Connect you to healthcare providers
- Provide resources for additional supports
- Answer wellbeing questions



FOR MORE INFORMATION @YOUVILLEWPG WWW.YOUVILLE.CA

Disclaimer: Peer Counselling is not a replacement or substitute for profesional mental health counselling.

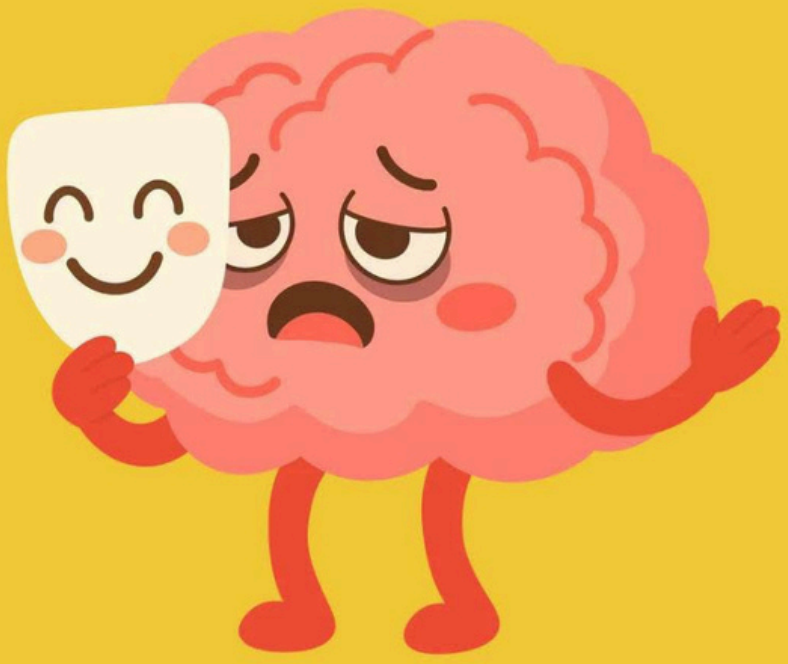
Masking and Imposter Syndrome Workshop

When pretending gets exhausting

Youth ages 12-29
Monday, November 23
4:15-5:45pm
222 Osborne Street North
Sign-Up Encouraged

Huddle
BROADWAY

Ever feel like you're playing a role instead of being yourself? Let's talk about it



Topics we'll explore:

- The pressure to fit in: Masking, code-switching and feeling like you have to be someone else.
- When pretending gets exhausting: Recognizing when hiding parts of yourself starts taking a toll.
- Feeling like you're not good enough: Understanding imposter syndrome and why you might doubt yourself, even when you're doing just fine.
- Showing up as YOU: Finding ways to feel more confident, comfortable and authentic in who you are.

Huddle

BROADWAY

Neurodiversity-Informed and Adult ADHD Occupational Therapy

Helping Students Navigate the Demands of Post-Secondary Life

The transition to post-secondary education can bring increased independence, changing routines, new environments, and competing demands. Block Building Therapies' Occupational Therapy program helps **diagnosed and undiagnosed** neurodivergent students build practical skills for managing daily life, navigating transitions, and self-advocacy to manage current challenges, as well as developing long-term resilience for future needs.

Our Occupational Therapists explore each student's cognitive, social, and sensory needs, routines, and emotional considerations to develop an individualized treatment plan based on their strengths. We can also collaborate with school staff and other healthcare professionals to help create personalized strategies and supports.

When Might a Student Need Additional Support?

Consider referring a student who is experiencing difficulty with:

Managing Independence

Adjusting to the increased responsibility and independence of post-secondary life, including goal setting, life skill development, and coping and management strategies.

Organization & Routines

Managing daily routines, competing demands, and life responsibilities.

Transitions

Adapting to major life transitions, such as starting or graduating from school, moving away from home, or beginning a new stage of life.

Stress & Burnout

Developing strategies to manage chronic stress, overwhelm, and burnout.

Self-Advocacy

Understanding and communicating their needs and developing confidence and assertiveness.

Social Demands

Navigating social situations and developing social skills.

Our Neurodiversity-Informed & Adult ADHD Occupational Therapy Program can provide an additional layer of individualized support alongside the services already available through your institution.

Contact us to discuss a referral or whether our program may be a good fit for your student.

Referral forms for new assessments are available on our website: www.blockbuilding.ca

BLOCK BUILDING THERAPIES
830St.Mary's Rd
Winnipeg, MB

204-231-0785
info@blockbuilding.ca

FREE

Flu & COVID Vaccine Clinics

Pneumococcal vaccines are also available.
Talk to your health-care provider about eligibility.



WHERE:

Aikins Community Health Centre
601 Aikins Street
Winnipeg, Mb R2W 4J5

WHEN:

OCTOBER 22 - 12:00 PM- 6:00 PM
NOVEMBER 5 - 12:00 PM-6:00 PM
NOVEMBER 19 - 12:00 PM-6:00 PM

Scan the **QR Code** for more information

Vaccines are available at the following locations:

- Doctor's offices
- Walk-in clinics
- Pharmacies
- WRHA Walk-in Connected Care Clinics

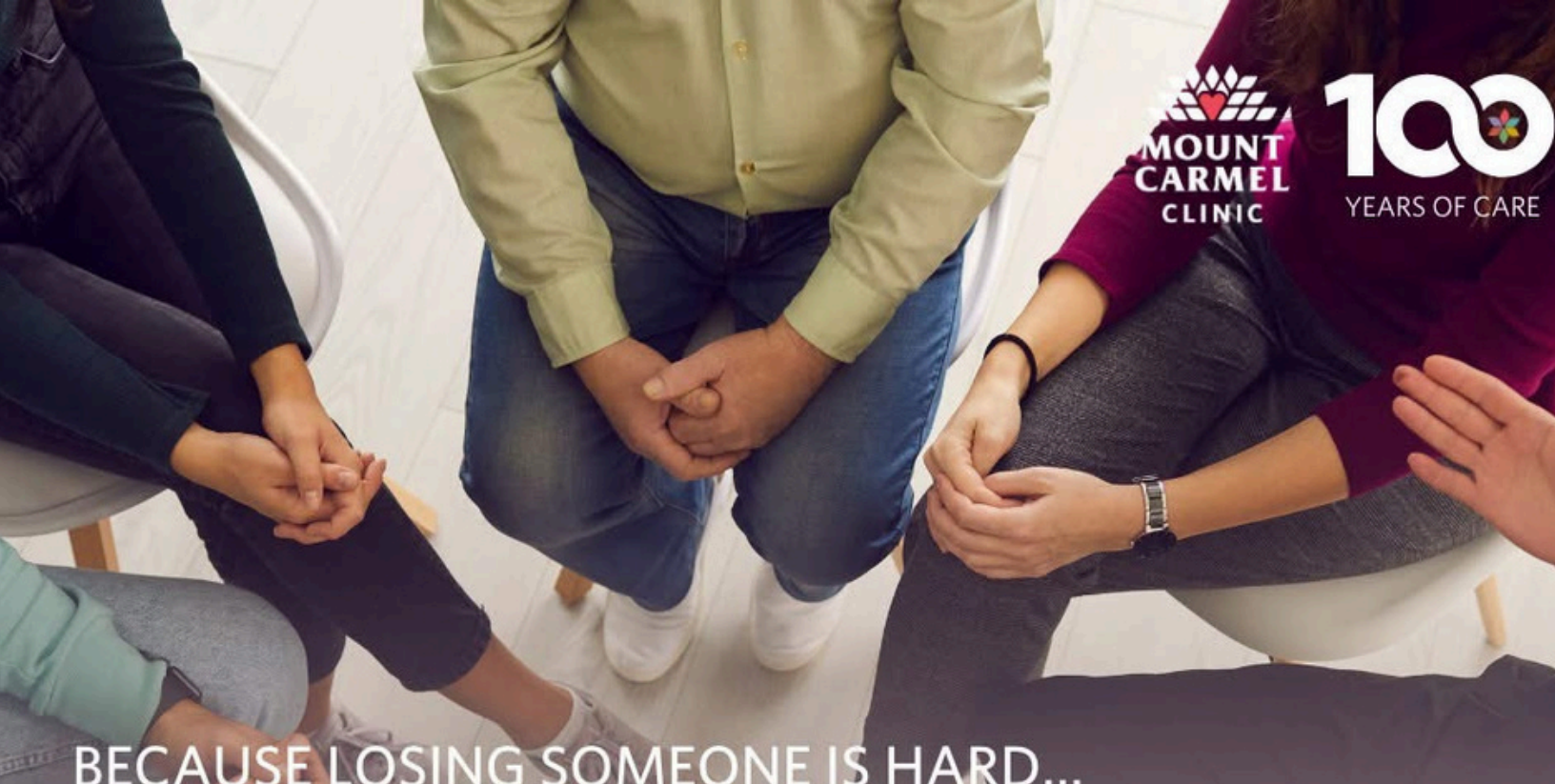
Contact the WRHA Public Health team at:

204-940-2099

Winnipeg Regional Health Authority | Office régional de la santé de Winnipeg

Public Health

wrha.mb.ca



MOUNT CARMEL CLINIC

100 YEARS OF CARE

BECAUSE LOSING SOMEONE IS HARD...

GRIEF & LOSS GROUP

Come together at 888 Main St. to share, learn, and connect around grief and loss through sharing circles, reflection, and activities. Snacks and bus tickets provided. Certificates of attendance available.

UPCOMING DATES:

Oct 22nd, 2026 1:30PM-2:30PM	Oct 29th, 2026 1:30PM-2:30PM	Nov 5th, 2026 1:30PM-2:30PM
Nov 12th, 2026 1:30PM-2:30PM	Nov 19th, 2026 1:30PM-2:30PM	Nov 26th, 2026 1:30PM-2:30PM

For more information: wvugampore@mountcarmel.ca 204-589-9473



DIABETES GROUP

For people with diabetes, pre-diabetes, gestational diabetes, family members with diabetes or who are interested in learning more! Basic Footcare Services - first come, first served.

SNACKS PROVIDED!

UPCOMING DATES:

Oct 8th, 2026	Nov 12th, 2026	Dec 10th, 2026
10AM - 12PM	10AM - 12PM	10AM - 12PM

MOUNT CARMEL CLINIC



GRANDFATHER ROCK TEACHINGS AND PAINTING

In Anishinaabe teachings rocks, M'Shoomisnaan, are our grandfathers. Join our Knowledge Keeper to learn about our stone relatives and the gifts they share with us. Then, get creative with Artbeat Studios as we explore our connection to rocks through art.

WEDNESDAY
NOVEMBER 18TH, 2026
STARTING AT 1:00PM
886 MAIN STREET

No registration required.

204-792-8878

familyconnections@mountcarmel.ca



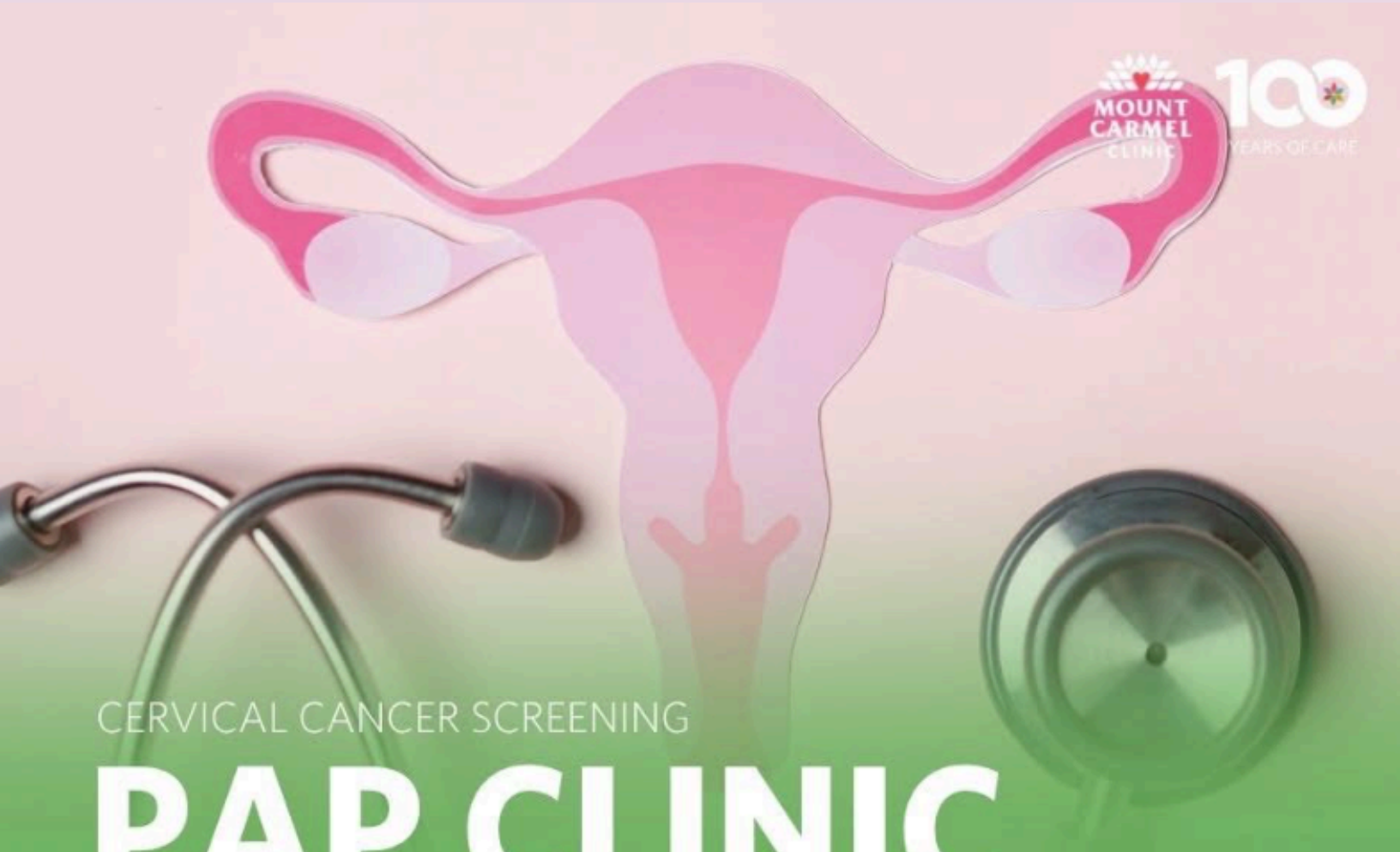
SEASONAL FLU & COVID-19 VACCINE CLINIC

Cold and flu season is here! Protect yourself and others around you by coming to our Seasonal Flu & Covid-19 Vaccine Clinic.

THURSDAY
NOVEMBER 19TH, 2026
FROM 9:00AM - 4:00PM
886 MAIN STREET

MOUNT CARMEL CLINIC

100 YEARS OF CARE



CERVICAL CANCER SCREENING

PAP CLINIC

WEDNESDAY
NOVEMBER 24TH, 2026
9:30AM - 3:30PM
886 MAIN STREET

Walk-in appointments available!
To book, call:

(204) 582-2311

CARING DADS

What is Caring Dads?

Caring Dads is an important initiative that recognizes the interconnectedness of violence against women and children. By involving fathers in efforts to enhance the safety & well-being of their children, the program aims to address both gender-based violence and child safety simultaneously.

This holistic approach ensures that both issues are tackled together, promoting a safer and healthier environment for families.

When: Tuesdays, 1:30-3:30pm
February 2nd - May 25th 2027

Location: Acorn Family Place
202-222 Furby Street



For more information & intake process, please contact Matt at: **431-791-4466** or email **caringdads@acornfamilyplace.ca**

acorn
Family Place

IN THE COMMUNITY

EIA IN THE COMMUNITY NOVEMBER 2026

Come and visit EIA staff in the community!!

- Ask questions about provincial income support programs
- Get info about your benefits and make updates
- Get help with understanding letters and filling out forms

EIA Cheque release Oct 28th, 2026

EIA Intakes Completed at 1-111 Rorie St

MON3	TUES	WED	THURS	FRI
2 Downtown Resource Centre 1:00 -4:00 pm	3 RAY 2:00 PM- 4:00 PM	4 Main Street Project 10:00 am- 12:00 Pm Andrews St Family Centre 1:00 PM-3:00 PM Welcome Place 10:30 am-12:30 PM	5 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM 1- Just City West Broadway 12:30 Pm-2:30 Pm	6 Downtown Resource Centre 1:00 -4:00 pm
9 1 Just City- Oak Table 12:30-2:30 PM Downtown Resource Centre 1:00 -4:00 pm	10 RAY -2:00pm-4:00pm 1 Just City-Pimicikamak 12:00 Pm-1:30 PM	11 REMEMBERANCE DAY	12 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM N'Dinawemak 1:00 PM-4:00 PM	13 Downtown Resource Centre 1:00 -4:00 pm Huddle (Ka Ni Kanichihk) 2:00 Pm - 4:00 PM
16 Downtown Resource Centre 1:00 -4:00 pm	17 RAY 2:00 PM- 4:00 PM	18 Main Street Project 10:00 am- 12:00 Pm Andrews St Family Centre 1:00 PM-3:00 PM Welcome Place 10:30 am-12:30 PM	19 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM 1- Just City West Broadway 12:30 Pm-2:30 Pm	20 Downtown Resource Centre 1:00 -4:00 pm
23 1 Just City- Oak Table 12:30-2:30 PM Downtown Resource Centre 1:00 -4:00 pm	24 RAY -2:00pm-4:00pm 1 Just City-Pimicikamak 12:00 Pm-1:30 PM	25 Welcome Place 10:30 am-12:30 PM Andrews St Family Centre 1:00 PM- 3:00 PM WCWRC-9:30 am-12:00 PM	26 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM	27 Downtown Resource Centre 1:00 -4:00 pm Huddle (Ka Ni Kanichihk) 2:00 Pm - 4:00 PM
30 Downtown Resource Centre 1:00 -4:00 pm One88 10:00 AM-12:00 PM				

INTAKE APPTS. ARE NOT DONE WHILE EIA IS IN THE COMMUNITY

Manitoba

WE HAVE INCOME SECURITY SUPER CLINICS !!!!!

Nov 12, 2026-Siloam Mission -300 Princess St
Nov 12, 2026-N'Dinawemak -447 Webb Pl
Nov 18, 2026-Main Street Project- 637 Main St
Nov 30, 2026-One 88- 188 Princess St

Services Include (subject to change
Service Canada CRA EIA Seed Sara Riel CFCS

Resource Assistance for Youth
(Age 29 and Under)
125 Shebrook St
Andrew's St Family Centre
220 Andrews St
Main Street Project
637 Main St
Siloam Mission
300 Princess St
Downtown Resource Centre
251 Donald St
1 Just City-Pimicikamak
621 Balmoral St
1 Just City- Oak Table
107 Pulford St
1 Just City-Broadway
222 Furby St
Welcome Place
521 Bannatyne
Healthy Muslim Family
2-405 Edmonton St
Huddle (Ka Ni Kanichihk)
455 McDermot Ave
West Central Women's Resource Centre (WCWRC)
640 Ellice Ave

SUPER CLINIC

Canada — Address Changes/printing out tax related documents/General CRA questions

Sara Riel — Providing compassionate mental health and addiction support, plus navigation for employment housing,food,ID, taxes and more

Service Canada — Sin #'s, Applications, CPP/OAS w/ GIS

Assembly of Manitoba Chiefs — Assistance with Indian Status applications and renewals

seed Winnipeg Inc. — Assistance with Birth Certificates

Manitoba — Assistance with Provincial Support Programs. Updates on your file or info on your benefits. Help with forms

Community Financial Counselling Services — Assistance with Taxes

Legal Help Centre — Empowering under-served individuals to navigate legal issues, offering guidance and connections to resources

Children Special Allowance Settlement Application Assistance (CFS settlement)

Nov 12, 2026-Siloam Mission -300 Princess St
9:00 am- 11:00 am

Nov 12, 2026-N'Dinawemak -447 Webb Pl
1:00 pm – 4:00 pm

Nov 18, 2026-Main Street Project- 637 Main St
10:00 am -12:00 pm

Nov 30, 2026-One 88- 188 Princess St
10:00 am – 12:00 pm

SERVICE PROVIDERS ARE SUBJECT TO CHANGE WITHOUT NOTICE

MOUNT CARMEL CLINIC

NOVEMBER PROGRAMMING

Nov 4th

Tea & Bannock

1:00PM - 3:00PM
888 Main Street
No Registration Needed

Nov 18th

Grandfather Rock Teachings & Painting

Starting at 1:00PM
886 Main Street
No registration Needed

Nov 25th

Full Moon Ceremony

1:00PM - 3:00PM
888 Main Street
No Registration Needed

Thurs

Grief & Loss Group

1:30PM - 2:30PM
888 Main Street
Thursdays Throughout November

Coffee & Chat

West Central Women's Resource Centre
25 years together

Tuesdays, 1pm - 3pm
starting Oct. 27
666 Ellice Avenue

Open to women & gender diverse immigrants



To register with Haidee:
call: 204 774-8975 ext 225
email: haidee@wcwrc.ca
or use QR Code

DROP-IN SESSIONS

Trans Peer Support Group

Every Thursday
6:00 – 7:30 p.m.
Klinic Community Health
167 Sherbrook Street

Must be 18+ to attend

TRANS HEALTH KLINIC-THK'S PEER SUPPORT IS A WEEKLY DROP-IN GROUP FOR TRANS AND GENDER-DIVERSE COMMUNITY MEMBERS TO SHARE EXPERIENCES, DISCUSS GENDER IDENTITY AND TRANSITION, AND CONNECT WITH OTHERS. SESSIONS ARE FACILITATED BY MEMBERS OF THE TRANS HEALTH KLINIC TEAM, WITH GUEST SPEAKERS WHEN AVAILABLE.

ᑲᓂ ᑲᓂᑭᓂᐦᑲ
Ka Ni Kanichihk Inc.
"those who lead"

FREE
AURICULAR ACUPUNCTURE DROP-IN



Oct. 23 | Nov. 20

9:30AM-4:30PM (Each session lasts approximately 45 minutes)

455 McDermot Ave

FOR QUESTIONS OR CONCERNS PLEASE CONTACT
SBERTHIAUME@KANIKANICHIHK.CA

394 SELKIRK AVE
(204) 589-7347

FULL MOON CEREMONY

TUESDAY NOVEMBER 24 FROM 4-6PM

DROP-IN SERVICES WILL BE AVAILABLE DURING THIS TIME

OPEN TO WOMEN, GENDER DIVERSE & TWO-SPIRIT FOLKS

REMEMBER TO DRESS FOR THE WEATHER AS PART OF OUR CEREMONY IS OUTDOORS

BUS TICKETS AVAILABLE

newc

CHRISTMAS CHEER BOARD EST. 1919

How to Apply

Hampers are available, on a per household basis, to anyone in need that lives in Winnipeg or St. Norbert.

Please note, only one hamper may be requested per household.

All hamper applications are made by calling our Hamper Application Contact Centre at the number listed below, starting on **Tuesday, Nov. 3rd**. Please keep in mind that our Contact Centre is extremely busy so please be patient when trying to contact us.

Low income, pensioners, students, new Canadian applicants

Call **204-989-5683** to apply and have your 9-digit Manitoba Health card number available for all adults in the household.

Christmas Cheer Board application hours:

Nov. 3 to Dec. 1

Monday – Friday
9:00 am - 6:00 pm

Saturday – Sunday
Closed

Dec. 2 to Dec 22

Monday - Friday
9:00 am - 8:00 pm

Saturday - Sunday
9:00 am - 4:00 pm

Dec. 23

9:00 am - 5:00 pm

Income Assistance (IA) Applicants

Call **204-948-2022** to apply and have your IA case number ready. It is important that you provide current complete information for each adult and child in your household when applying for a hamper.

Income Assistance application hours:

Nov. 3 to Dec. 22 Monday - Friday Only 8:30 am - 4:30 pm

Pick up & Deliveries

Starting on Tuesday, December 7th, you can pick up your hamper at our Christmas Cheer Board pickup location at **1441 Main Street**.

Hamper delivery can occur anytime between December 9th and December 23. Hamper delivery is done by volunteer drivers; therefore date/times cannot be provided in advance. Drivers will attempt to contact you.

If your hamper is sponsored, you will receive your hamper from a private family or business. In this case, your hamper will be delivered by the sponsor (not the Christmas Cheer Board volunteers) and the sponsor will contact you directly for delivery arrangements.

Toy Mountain

The Salvation Army — Giving Hope Today

CTV

Virgin Radio 103.1

'80s '90s & '00s BOUNCE RADIO 99.9

Accepting registrations for children 0-12 years

(While appointments last)

Monday to Friday (9am - 12pm and 1pm - 3:30pm)

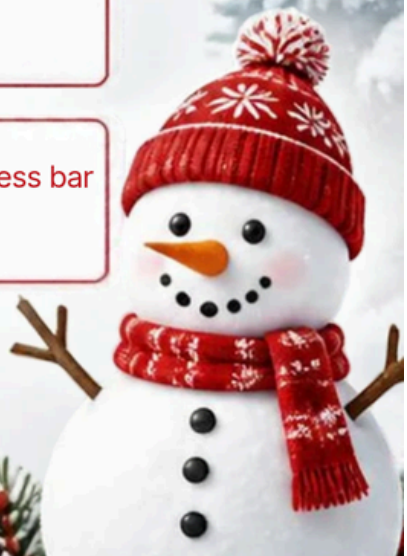
November 2 - 27, 2026

(Closed November 11th)

Registered online last year? Type **pdh.link2feed.ca** in the address bar
Use your email and password to book your appointment

Registering for the very first time? Type **pdh.link2feed.ca** in the address bar
Follow the online instructions

No internet? Call (204) 946-9491



For questions only, not registration
ToyMountain.Winnipeg@salvationarmy.ca

13th Annual Indigenous Arts & Crafts Sale

Paintings
Jewellery
Moccasins
Carvings
Crafts
Clothing
Much More

2 Day Event
Saturday 10am-6pm
Sunday 9 AM - 4 PM
Nov. 28 & 29, 2026

Neeginan Centre
181 Higgins Avenue

Event Participants
Fashion Show Saturday

Contact:
Jacques St. Goddard
204.943.4972
cpgallery@gmail.com

CANADIAN PLAINS GALLERY

Neeginan Centre



Winnipeg

COMMUNITY VISITING AGENCIES

at Millennium Library, 251 Donald Street

NOVEMBER 16-20

Date and location	Community Visiting Agency
Monday, Nov. 16	
Tuesday, Nov. 17 **11 a.m. - 2 p.m.** Anhang Room, 2nd Floor	**Status Card Clinic – Southern Chiefs' Organization** Get help from the Southern Chiefs' Organization to renew, replace or apply for a Status Card. Valid government identification is required. Walk-ins are served on a first-come, first-served basis. To make an appointment, call the SCO at 204-946-1869.
Wednesday, Nov. 18 **11 a.m. - 2 p.m.** 2nd Floor	**Info Table: A Woman's Place** Drop by to speak with NorWest Co-op Community Health staff about their health and wellness programs, including a Woman's Place, which provides counselling, support, and legal services for women and children impacted by family violence.
Thursday, Nov. 19 **11 a.m. - 2 p.m.** Lobby, Main Floor	**Info Table: Sexuality Education Resource Centre** SERC offers a range of workshops and resources, with the goal of promoting sexual health through education. Drop by to learn about their programs.
Friday, Nov. 20	

* Schedules are subject to change.

winnipeg.ca/library

Canada Revenue Agency (CRA) Clinic

This CRA clinic offers one-on-one help. **Register to reserve a spot. You can register by phone, online or at any Winnipeg Public Library.**

This clinic helps with the following services only:

- Applying for benefits (CCB, CGEB, DTC)
- Answering personal tax questions (no trusts, business or farming)
- Updating information (address, direct deposit, contact information)
- Printing letters or Proof of Income Statements (Option C)

Registration opens 2 weeks prior to event date at 10 a.m. You can register for one CRA clinic only at a time. On the day of the CRA Clinic, the order of when you are seen will depend on when you check in at the branch. Check in starts 30 minutes prior to the clinic start time, or when the branch opens at 12 p.m.. Limited walk-ins will be taken if time allows, or if spots are not yet filled.

Bill & Helen Norrie Library 204-986-4936
Tuesday, November 10: 11 a.m.-3 p.m.
Friday, December 4: 11 a.m.-3 p.m.

Charleswood Library 204-986-3072
Tuesday, November 17: 11 a.m.-3 p.m.
Wednesday, December 16: 11 a.m.-3 p.m.

Henderson Library 204-986-4314
Wednesday, November 25: 11 a.m.-3 p.m.
Monday, December 7: 11 a.m.-3 p.m.

Louis Riel Library 204-986-4573
Thursday, November 12: 11 a.m.-3 p.m.
Thursday, December 3: 11 a.m.-3 p.m.

Millennium Library 204-986-6489
Wednesday, November 4: 11 a.m.-3 p.m.
Wednesday, December 2: 11 a.m.-3 p.m.
*Drop-in only. No registration.

Osborne Library 204-986-4775
Friday, November 6: 11 a.m.-3 p.m.
Friday, December 11: 11 a.m.-3 p.m.

Pembina Trails Library 204-986-4369
Thursday, November 26: 11 a.m.-3 p.m.
Tuesday, December 15: 11 a.m.-3 p.m.

Sir William Stephenson Library 204-986-7070
Monday, November 9: 12-4 p.m.

St. Boniface Library 204-986-4331
Friday, November 13: 11 a.m.-3 p.m.
Wednesday, December 9: 11 a.m.-3 p.m.

St. James-Assiniboia Library 204-986-3424
Wednesday, November 18 : 12-4 p.m.
Friday, December 18: 11 a.m.-3 p.m.

St. John's Library 204-986-4689
Thursday, November 5: 12-4 p.m.
Thursday, December 17: 12-4 p.m.

Transcona Library 204-986-3950
Monday, November 30: 11 a.m.-3 p.m.
Thursday, December 10: 11 a.m.-3 p.m.

Windsor Park Library 204-986-3950
Tuesday, December 1: 11 a.m.-3 p.m.

Unable to register or have an urgent need? CRA offers services by phone.

- General Enquiries: 1-800-959-8281 (for general questions)
- Benefits Enquiries: 1-800-387-1193 (for questions related to CGEB and CCB)
- Business Enquiries: 1-800-959-5525 (for questions related to businesses)
- **canada.ca/taxes-help** (to find someone to get your taxes done for free)

Scan to register.

Winnipeg

Canada Revenue Agency | Agence du revenu du Canada



CRA, Service Canada, and Sara Riel Drop-in Clinics

Drop in to this clinic with Canada Revenue Agency (CRA), Service Canada, and Sara Riel for help with a variety of services. The clinic is first-come, first-served.

CRA staff can help with:

- Personal income tax questions
- Address and direct deposit changes
- CRA online account access
- Proof of Income statement (Option C)
- Notice of Assessment
- Canada Child Benefit (CCB)
- Canada Groceries and Essentials Benefit (CGEB)
- Disability Tax Credit (DTC)

*Spaceis limited.ThewaitlistforCRAwillclose whenthe listisfull.

Ask Service Canada staff about:

- Employment Insurance (EI)
- Canadian Dental Care Plan (CDCP)
- Canada Pension Plan (CPP)
- Old Age Security (OAS)
- Guaranteed Income Supplement (GIS)
- Canada Disability Benefit (CDB)
- Social Insurance Number (SIN)*
- Other Government of Canada programs and services

*Toapplyfor aSocial InsuranceNumber (SIN), please bring your birthcertificateanda second piece of provincial or federal identification.

Sara Riel's Peer Navigators can help with:

- Addictions Support
- Advocacy
- Employment
- Finding a doctor
- Food resources
- Housing & tenant support
- Mental health support
- Securing ID
- Tax help
- And more

Sara Riel offers free, community-based support to adults living with mental health challenges, substance use disorders, and addictions. Their Peer Navigation and Tenancy Outreach Support workers help individuals access resources and services to build stability and secure permanent housing.

Millennium Library, Carol Shields Auditorium
11a.m. - 3p.m.
*Check-intimebegins at 10:30 a.m.

First Wednesdayof each month
October 7, November 4, December 2

Scan the QR code to learn more or visiti **winnipeg.ca/library**

Winnipeg





canada life™

FREE SUNDAYS @ wag qaumajuq

June 14, 2026 to December 13, 2026
Second Sunday of the month, from 11am-5pm

Canada Life Free Sundays @ WAG-Qaumajuq



PIPE CEREMONY WITH ELDER JACINTA WEIBE

Join us for a Pipe Ceremony and feast to follow **every second Wednesday of the month** with Elder Jacinta Weibe and Nine Circles' Cultural Support Worker Kayleen Kaduchuk.

Next upcoming date:

Wednesday, November 18th from 1:00-2:00pm in the Round Room

FOR MORE INFORMATION:
Contact: Kayleen Kaduchuk
Ph: 204-940-6000
E: KKaduchuk@ninecircles.ca

ninecircles
COMMUNITY HEALTH CENTRE

SATURDAYS IN NOVEMBER

Free drop-in programs 11am - 4pm

7 NOVEMBER — MIGRATION MAGIC

14 NOVEMBER — NATURE JOURNALS

21 NOVEMBER — ANIMALS IN WINTER

Living Prairie Museum

www.winnipeg.ca/livingprairie
2795 Ness Ave.

Alyssa Kostek

Garden Consultant

MAXIMIZING YOUR GROWING SPACE

Wednesday, Nov. 25, 2026
7:00 pm CDT/EST via ZOOM

Register at:
www.mgmanitoba.com

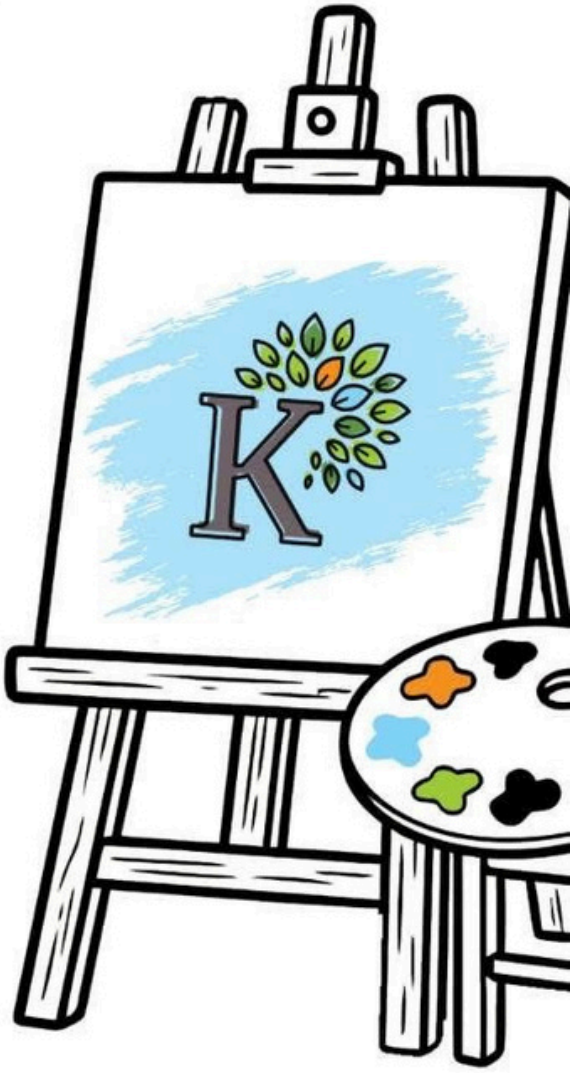
All are welcome.
Free to attend.



MANITOBA
MASTER GARDENER
ASSOCIATION

KLINIC PAINT PARTY

LED BY ARTIST KISA MACISAAC



Sunday, November 22
1:30 – 3:30 p.m.
Klinic Community Health
(167 Sherbrook Street)

FREE – all are welcome!

To sign-up, visit:
bookwhen.com/klinic





Construction
Craft Worker (Labourer) Program

Starts JANUARY 2027

Free Tuition
for eligible applicants

Info Session

NOVEMBER 18 @ 2:00PM | **225 MCPHILLIPS ST.**

WHO: Preference will be given to unemployed and underemployed First Nations members through the FPDI ISET communities in Manitoba who hold a valid Class 5 driver's license.

WHAT: 15-week program, with 2 weeks of WEM (Workplace Education Manitoba).

WHEN: January 11, 2027 - April 23, 2027

WHERE: 225 McPhillips Street, Winnipeg, Manitoba.

PRE-REQUISITES: Grade 10 minimum, 18 years of age, must be committed to participate in the 15-week program.

Basic tools included to selected participants. Eligible applicants must not have participated in previous FPDI programs.







LiUNA! Local 1258

To register or for more info, contact Darcy
darcy.paul@fpdinc.ca | 204-987-9570

WEM

Funded by the Government of Canada | Canada



Carpentry Program

Free Tuition

for First Nations applicants

- *Start at $22/hour after training & work your way up to $37/hour as a journeyperson!*
- *Hands-on training. Just 20 weeks.*
- *Your future won't build itself — take a chance on yourself!*

UBC BUILT TRAINING

UBC BUILT LOCAL 115

Funded by the Government of Canada | Canada

FPDI First Peoples Development Inc

UPCOMING START DATES

March 1, 2027 **April 5, 2027**

Contact Chelsea for details:
clavallee@fpdinc.ca
204-987-9570

www.FPDINC.ca

Scan Me



INFORMATION SESSION

Loans for skilled immigrants

- November 5th at 2PM
- November 10th at 6PM
- November 25th at 10AM

REGISTER AT:

SEEDWINNIPEG.CA/EVENTS

RECOGNITION COUNTS
Loans for Skilled Immigrants



WORKSHOP

NOVEMBER 19 | 12:00PM

Credit Reports and Credit Scores

Learn how credit works, how to read your report, and easy steps you can take to build a better score.

REGISTER AT:

SEEDWINNIPEG.CA/EVENTS

RECOGNITION COUNTS

Loans for Skilled Immigrants

Scotiabank®

For a brighter tomorrow together.

YOU'RE INVITED

Financial Literacy

for the FEDLATAM Community

Build Knowledge. Create Opportunities. Stronger Together.

- Practical insights for everyday finances
- Guidance on investing for your future
- Resources tailored for our community



People Progress Possibilities

FEATURING OUR EXPERTS

Ron Turner
Financial Planner
Scotiabank

Nikki Lam
Investment Specialist
Scotiabank

Saturday Nov 21 | **10:00 AM** | **1100 Taylor Avenue, Grant Park Pavilion**

ALL ARE WELCOME!
Let's learn, plan and grow — together.

REGISTRATION REQUIRED

FEDLATAM CORPORATION
COMMUNITY | CULTURE | OPPORTUNITY

Scotiabank
Your tomorrow. Our focus.

WERC
WEST END RESOURCE CENTRE

CANADIAN RED CROSS
TRAINING PARTNER

PREP
Employment Readiness Program

Heart SMART
First Aid & CPR

WESTEND RESOURCE CENTRE

FIRST AID/CPR (Level C)

TRAINING AND CERTIFICATION

Info Session: Nov 24th @ 10AM
Registration Deadline:Nov 19th @ 12:00 PM
Pre-Registrations required to participate

REQUIREMENTS

- 18 years of age or older
- Resident of Winnipeg, MB
- Unemployed or underemployed
- Eligible to work in Canada
- Valid Social Insurance Number
- Actively looking for employment
- Complete an interview
- Skills for Success Emp Training
- Minimum CLB 5 in English

SCAN TO REGISTER

bitly





PLEASE SUBMIT ONLY ONE REGISTRATION. PARTICIPANTS MUST BE JOB-READY TO TAKE PART IN THIS TRAINING. AFTER COMPLETING THE TRAINING, YOU WILL BE EXPECTED TO ACTIVELY LOOK FOR EMPLOYMENT AND TAKE THE NECESSARY STEPS TO ENTER THE WORKFORCE.

WEST END RESOURCE CENTRE

823 ELLICE AVENUE, WINNIPEG, MANITOBA R3G OC3

INFO SESSIONS

Inner City Social Work Program

PART-TIME PROGRAM

SPRING 2027 INTAKE

The Inner City Social Work Program (ICSWP) is now accepting applications to the part-time Bachelor of Social Work program. In order to receive an application, interested applicants must attend an information session. Information sessions are currently offered online via Zoom.

You may be eligible if you:

- are 21 years of age or older by the start of studies
- have inner-city or similar experience
- have less than 27 credit hours of university education
- have a min. of 2 years of Canadian employment in the social, human, and/or healthcare services field or 3 year of extensive Canadian volunteer work with 1 year of relevant Canadian employment
- demonstrate suitability for the social work profession

Info Session Dates

October 15, 2026 - 5:30 p.m.
November 18, 2026 - 5:30 p.m.
December 8, 2026 - 5:30 p.m.
January 18, 2027 - 5:30 p.m.

Please register to attend an online information session by calling 204-474-8160 or filling out an online registration form at: umanitoba.ca/social-work/inner-city-info-sessions. The ICSWP also offers a 4-year full-time program.

APPLICATION DEADLINE: February 1, 2027 - 4:30 p.m.

We do not accept late applications.

Scan the QR code for more info on the program.

Inner City Social Work ACCESS Program
485 Selkirk Avenue Winnipeg, MB R2W 2M6
Ph: 204-474-8160 or 204-474-7364
Email: icswp@umanitoba.ca

University of Manitoba | Faculty of Social Work

INFO SESSIONS

Inner City Social Work Program

FULL-TIME PROGRAM

FALL 2027 INTAKE

The Inner City Social Work Program (ICSWP) is now accepting applications to the full-time Bachelor of Social Work program. If you are interested in learning more about the program, attending an information session is strongly encouraged.

You may be eligible if you:

- are 21 years of age or older by the start of studies
- are a current resident of the City of Winnipeg
- have inner-city or similar experience
- have less than 27 credit hours of university education
- demonstrate suitability for the social work profession
- need academic supports to pursue a university degree
- are low-income

Info Session Dates

November 3, 2026 - 6:00 p.m. (Online)
December 2, 2026 - 10:00 a.m.
January 11, 2027 - 2:00 p.m.
February 18, 2027 - 10:00 a.m.

Information sessions are currently being offered in-person (unless otherwise stated) at the Inner City Social Work campus located at 485 Selkirk Avenue. If you or someone you know is interested in attending an in-person information session, there is no need to register. The ICSWP also offers a 6-year part-time program.

APPLICATION DEADLINE: March 1, 2027 - 4:30 p.m.

We do not accept late applications.

Scan the QR code for more info on the program.

Inner City Social Work ACCESS Program
485 Selkirk Avenue Winnipeg, MB R2W 2M6
Ph: 204-474-8160 or 204-474-7364
Email: icswp@umanitoba.ca

University of Manitoba | Faculty of Social Work

RETAIL & HOSPITALITY INDUSTRY

TRAINING PROGRAMS

Includes 30 Hours of Work Practicum



Have you previously worked in retail or like to work in retail, or the hospitality industry?

MTEC is offering FUNDED training for Retail and Hospitality in-demand jobs. Acquiring training will assist in getting you working!

TO QUALIFY FOR THIS **FUNDED** TRAINING YOU MUST BE,

- Currently unemployed
- Legally entitled to work in Canada
- 18 years of age or older*

MTEC
MANITOBA TOURISM EDUCATION COUNCIL

MTEC is funded provincially through Manitoba's Department of Business, Mining Trade and Job Creation and federally with their contribution to the Sector Council Program through the Labour Market Development Agreement

**not required for Retail Sales Associate training*

You could be working in the retail & hospitality industry in just 5-weeks!

FRONT DESK CLERK
JAN 11 - FEB 12, 2027
9:00 am to 4:00 pm

HOUSEKEEPING ROOM ATTENDANT
JAN 11 - FEB 12, 2027
9:00 am to 4:00 pm

RETAIL SALES ASSOCIATE
FEB 16 - MAR 22, 2027
9:00 am to 4:00 pm

Monday through Friday

MTEC Training Centre
75 Scurfield Blvd., Unit 3
Winnipeg, MB



HOSPITALITY AND HOTEL CERTIFICATE

This 480-hour (4 month) training program will provide students with the knowledge and skills required to work in the hospitality and hotel industry in Canada.

Training includes:

Front Desk Clerk

Housekeeping Room Attendant

Food & Beverage Server

Line Cook

Fee	$6,000 plus $300 GST
Total	$6,300

MTEC
MANITOBA TOURISM EDUCATION COUNCIL

MTEC is funded provincially through Manitoba's Department of Business, Mining, Trade and Job Creation and federally with their contribution to the Sector Council Program through the Labour Market Development Agreement (LMDA)

Curriculum

- Skills for Success
- Front Desk Clerk
- Housekeeping Room Attendant
- Food & Beverage Server
- Line Cook

Various Training Sessions and Workshops

- Self Confidence
- Time Management
- Team Building
- Being Successful at Your Job
- Manitoba Service Excellence
- Managing Workplace Stress
- Ethical Decision Making
- Handling Difficult Situations
- Respectful Workplaces
- Occupational Health and Safety Basics
- Table Service Techniques
- Winnipeg Ambassador
- Conflict Resolution
- Negotiating
- Job Search & Interview Skills
- Professional Telephone Skills
- Food Handlers Certificate
- Emergency First Aid Level C & Level 1 AED
- Workplace Hazardous Materials Information System (WHMIS)
- Smart Choices Responsible Service Certification
- Clean It Right

Note: *all the training, except for the work practicum, is delivered in the classroom.*

Work Practicum

The unpaid work practicum will be arranged by MTEC. Students gain valuable experience, which is part of the learning process and the hours are counted as part of the 480 hour program.

Call **MTEC** at **204-957-7437** for more information

MANITOBA ASSOCIATION OF WOMEN'S SHELTERS

RRC POLYTECH

About the Program

The Shelter Support Worker Micro-Credential is a free, in-depth online program to jump-start your career in the homeless or family violence shelter sector in Manitoba.

This certificate results from a collaboration among family violence and unhoused shelters and Red River College Polytechnic.

Learn more: http://maws.mb.ca/ssft-micro-credential-course/



The Shelter Support Worker Micro-Credential

Here's what you'll need

- **Access to a computer and the internet.** We can help you obtain a computer from Computers for School.
- Commitment to **completing the program** will be about 6 months.

  Time commitment: 10-15 hours per week. Students will do most of the work on their own time, with one (1) live session each week.
- **Complete an application**, including a cover letter and resume.
- **Complete an interview** with Manitoba Association of Women's Shelters.

Limited Spots- Apply Now!

To be considered, sign up through this QR Code

CODE. CONNECT. GROW.

MANITOBA
&
SASKATCHEWAN

REACT.JS
ONLINE COURSE

100% SCHOLARSHIP PROVIDED

MORE INFO & REGISTRATION >> COMIT.ORG

JANUARY, 2027
M - W - T
6:30 - 9:00 PM MB TIME
5:30 - 8:00 PM SK TIME

comIT

NETES

Neeginan Education, Training and Employment Services, Inc.



FREE Services for Indigenous People in Winnipeg

REGISTER TODAY

EMPLOYMENT SERVICES

- Employment Counsellors
- FREE for Registered Clients
- Resume Assistance
- Interview Preparation
- Employment Readiness
- Computer Lab
- Job Applications



ABORIGINAL COMMUNITY CAMPUS

- Academic Upgrading
- Mature Student High School Diploma
- Indigenous-focused Supports
- A Welcoming and Supportive Learning Environment



NEEGINAN COLLEGE OF APPLIED TECHNOLOGY



- Bachelor of Education Degree
- Building Operations Technician
- Early Childhood Educator
- Gas Turbine Technician
- Heavy Equipment Operator
- Indigenous Learning & Community Support
- Industrial Welding
- Machinist (Level 1 Apprenticeship/CNC)
- Social Innovation & Community Development
- TIG Welding

Hands on Training. High Demand Careers.

STUDENT SUPPORTS





- Student Housing (Utilities & Air Conditioning Included)
- Two On-Site Daycare Centres
- Tutoring
- Fitness Centre Access
- Free Breakfast & Lunch
- Funding Navigation and Assistance
- Wrap Around Supports
- Culture, Community & Connection

Creating Futures, One Family at a Time!

Urban Circle Training Centre Inc.

519 SELKIRK AVENUE

INFO MEETING - RECRUITMENT

Wednesday November 18th. 10 am.

JOIN US FOR ALL THE INFORMATION YOU WILL NEED TO GET STARTED

NO NEED TO PRE-REGISTER FOR INFO SESSION JUST SHOW UP



A LEARNING CENTRE FOR FIRST NATION, METIS, AND INUIT ADULTS

FAMILY SUPPORT WORKER PROGRAM

Start Date: January 18, 2027
End Date: December 8, 2027
Accepting Applications Now

EARLY CHILDHOOD EDUCATION DIPLOMA PROGRAM

Start Date: January 11, 2027
End Date: June 23, 2028
Accepting Applications Now

Training & Employment info onsite during session.

Contact Us Today!
(204)589-4433
www.urbancircletraining.com

Training Certified By.

Manitoba

RRC POLYTECH