

This Week at

June 2026

WAEC

06/29 - 06/30

HELLO WAEC STUDENTS!

You did it! The end of the school year is here. As we reach this time, take a moment to reflect on all that you have accomplished. This year has been filled with learning, growth, challenges overcome, and memories made.

Congratulations to all students on a successful year! We are proud of your hard work, dedication, and achievements. We wish everyone a safe, relaxing, and enjoyable summer. Have a wonderful break—you've earned it!

Miigwech,
The WAEC Staff Team



UPCOMING EVENTS

MON
29

GRADUATION DAY
Duckworth Centre - 400 Spence Street

TUE
30

LAST DAY OF SCHOOL!



*Congratulations, you
made it to the end of the
school year!*

REGISTRATION
and Summer Hours



- June 26th - Last day for registration before summer break
- June 29th - Graduation Day - School closed for registrations
- June 30th - Diploma, report card, transcript pickup; no registration
- July 1st - September 1st - School Closed
- September 2nd - School open for Registrations
- September 11th - First Day of Classes

REGISTRATION DURING SUMMER CLOSURE (between July 1st - September 1st) Registration information can be submitted online during our closure. You will be contacted once staff return. Registration in person will resume August 31st. Go to the registration page on the website for more information.

TRANSCRIPT REQUESTS (between July 1st - September 1st) We will not be processing transcript requests. If you require a transcript during our closure, contact the Winnipeg School Division Office at 204-775-0231



310 VAUGHAN STREET
WINNIPEG MB
204-947-1674

OFFICE HOURS - 8:40AM TO 2:30PM



Opportunities at WAEC!

Winnipeg Adult Education Centre

UPGRADE FOR POST-SECONDARY IN 10 WEEKS!

September 11th to
November 13th, 2026

COURSES OFFERED

AM - 9:30-11:45 am

Applied Mathematics 40S

Psychology 40S

PM - 12:45-3:00 pm

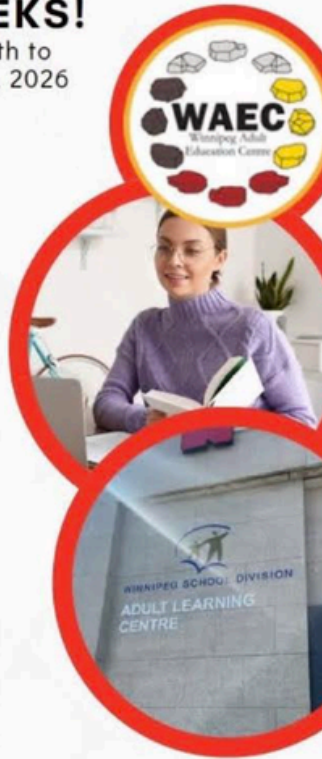
English Transactional 40S

Biology 40S

- Upgrade for post-secondary in 10 weeks
- Students can begin post-secondary in January 2027
- Accepted university courses offered.
- Accessible location.

Course Location

180 Main Street Campus



To register, visit our main campus at 310 Vaughan St. or
online at www.waec.ca
For more information call 204-947-1674.

Are you Interested in a Career in Healthcare?

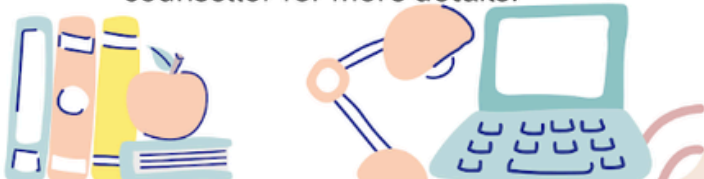
Health Care Aide Course for
graduates who live within the
Winnipeg School Division

Cost: \$550.00 plus costs associated with obtaining
criminal record check, child abuse register check,
adult abuse registry check and vulnerable sector
check

Requirements:

- English Language Levels: CLB 7
- Canadian Citizen, Landed Immigrant or
Permanent Resident
- Flexible Availability

If you are interest please see a guidance
counsellor for more details!



Endless Opportunities at WAEC!
“We are here when you’re
ready!”



FREE PROGRAM!

FIND YOUR EMPLOYMENT PATH IN CHILDCARE

**AT THE WINNIPEG
ADULT EDUCATION
CENTRE**



COURSES PROVIDE PRACTICUM
EXPERIENCE FOR CCA CERTIFICATION AND
TRAINING IN:

- NONVIOLENT CRISIS INTERVENTION
- FOOD HANDLERS
- FIRST AID & CPR
- WHMIS
- RESPECT IN SCHOOLS
- RESPECT IN SPORT

FIND OUT HOW TO BECOME A CHILDCARE
ASSISTANT IN DAYCARES OR AN
EDUCATIONAL ASSISTANT IN SCHOOLS

SEPTEMBER START!

8 WEEKS OF AFTERNOON
CLASSES FOLLOWED BY FOUR
WEEKS OF FULL DAY PRACTICUM
EXPERIENCE

310 VAUGHAN ST.

REGISTER NOW!

204-947-1674



WHO'S HIRING?

Job Postings

CON=TRAC CORP.

1246 A Brockville Street

Construction Labourer and Helper

<https://www.jobbank.gc.ca/contraccorp/>

SUBWAY

Various Locations

Sandwich Artist

<https://harri.com/mysubwaycareer>

CREATIVE DOOR SERVICES

64 Hoka Street

Door Installer Helper

<https://www.jobbank.gc.ca/creativedoorservices>

DOMINO'S PIZZA

1353 McPhillips Street

Customer Service Representative

<https://www.workopolis.com/dominos>

CAVALIER CANDIES LTD.

185 Bannatyne Avenue

Candy Packer

<https://www.mb.jobbank.gc.ca/cavaliercandies>

STATISTICS

CANADA

is still hiring!

Use the QR code or use the link to apply!

<https://www.census.gc.ca/en/jobs>

CENSUS JOBS

Statistics Canada is hiring
in your community for the
2026 Census!

Census information is used to plan
programs and services that support
employment, education, public
transportation and healthcare.

Join the 2026 Census team for
meaningful work and community
impact.

Important to know:

- There are approximately 32,000 census jobs available across Canada.
- Pay is \$25.87 per hour for non-supervisory positions and \$31.32 per hour for supervisory positions, plus authorized expenses.
- The time frame for census jobs is between March and July 2026, depending on the position and location.
- You must be available to work flexible hours including days, evenings, and weekends.



Apply now and tell a friend
[census.gc.ca/jobs](https://www.census.gc.ca/jobs)

For assistance, please call 1-833-830-3106
Tele typewriter (TTY): 1-833-830-3109

IN THE COMMUNITY

EIA IN THE COMMUNITY JUNE 2026

WE HAVE INCOME SECURITY SUPER CLINICS !!!!!
 June 10, 2026- **Main Street Project- 637 Main**
 June 10, 2026- **N'Dinawemak -447 Webb Pl**
 June 11, 2026- **Siloam Mission 300 Princess St**
 June 17, 2026 – **Aboriginal Health and Wellness- 181 Higgins**
Services Include (subject to change)
Service Canada, CRA, EIA Seed, Sara Riel, CFCs, AMC, Legal Help Centre, CFS Settlement Application

| MON | TUES | WED | THURS | FRI |
|---|--------------------------|---|--|---|
| 1 Downtown Resource Centre 1:00 -4:00 pm | 2 RAY -2:00pm-4:00pm | 3 Main Street Project 10:00 am- 12:00 Pm Andrews St Family Centre 1:00 PM-3:00 PM Welcome Place 10:30 am-12:30 PM | 4 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM | 5 Downtown Resource Centre 1:00 -4:00 pm |
| 8 1 Just City- Oak Table 12:30-2:30 PM | 9 RAY -2:00pm-4:00pm | 10 Main Street Project 10:00 am- 12:00 Pm Welcome Place 10:30 am- 12:30 PM Andrews St Family Centre 1:00 PM-3:00 PM N'Dinawemak 1:00PM-4:00PM | 11 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM | 12 Downtown Resource Centre 1:00 -4:00 pm |
| 15 Downtown Resource Centre 1:00 -4:00 pm | 16 RAY -2:00pm-4:00pm | 17 Main Street Project 10:00 am- 12:00 Pm Andrews St Family Centre 1:00 PM-3:00 PM Aboriginal Health and Wellness 1:30 PM-3:30 PM Welcome Place 10:30 am-12:30 PM | 18 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM | 19 Downtown Resource Centre 1:00 -4:00 pm |
| 22 1 Just City- Oak Table 12:30-2:30 PM | 23 RAY -2:00pm-4:00pm | 24 Andrews St Family Centre 1:00 PM-3:00 PM Welcome Place 10:30 am-12:30 PM | 25 Siloam Mission 9:00 AM-11:00 AM Healthy Muslim Families 1:30 PM-3:30 PM | 26 Downtown Resource Centre 1:00 -4:00 pm |
| 29 Downtown Resource Centre 1:00 -4:00 pm | 30 RAY -2:00pm-4:00pm | | | |

North End Women's Centre
 394 Selkirk
 Resource Assistance for Youth
 (Age 29 and Under)
 125 Shebrook St
 Andrew's St Family Centre
 220 Andrews St
 Main Street Project
 637 Main St
 Siloam Mission
 300 Princess St
 Downtown Resource Centre
 251 Donald St
 1 Just City-Pimicikamak
 621 Balmoral St
 1 Just City- Oak Table
 107 Pulford St
 1 Just City-Broadway
 222 Furby St
 Welcome Place
 521 Bannatyne
 Healthy Muslim Family
 2-405 Edmonton St

EIA Intakes completed at 111 Rorie St.

EIA Cheque release date- June 26, 2026

Come and visit EIA staff in the community!!
 ➤ Ask questions about provincial income support programs
 ➤ Get info about your benefits and make updates
 ➤ Get help with understanding letters and filling out forms

SUPER CLINIC



Address
 Changes/printing
 out tax related
 documents/General
 CRA questions



Providing
 compassionate mental
 health and addiction
 support, plus navigation
 for employment
 housing, food, ID, taxes
 and more



Sin #'s,
 Applications,
 CPP/OAS w/ GIS



Children Special
 Allowance
 Settlement
 Application
 Assistance (CFS
 settlement)

JUNE 10, 2026 10:00 AM-12:00 PM
 Main Street Project- 637 Main St
JUNE 10, 2026 1:00 PM-4:00 PM
 N'Dinawemak- 447 Webb Pl.
JUNE 11, 2026 9:00 AM-11:00 AM
 Siloam Mission- 300 Princess St
JUNE 17, 2026 1:30 PM- 4:00 PM
 Aboriginal Health and Wellness- 181 Higgins Ave



Assistance with
 Provincial Support
 Programs. Updates
 on your file or info
 on your benefits.
 Help with forms



Assistance with Taxes



Assistance with Birth
 Certificates



Empowering under-served
 individuals to navigate legal
 issues, offering guidance and
 connections to resources



Assistance with Indian
 Status applications and
 renewals

****SERVICE PROVIDERS ARE SUBJECT TO CHANGE WITHOUT NOTICE****



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
| Jun. 1 | Jun. 2, 11a.m.-2p.m. | Jun. 3, 11a.m.-2p.m. | Jun. 4 | Jun. 5, 11a.m.-2p.m. |
| | Connect 2 Voicemail New Life Ministries Lobby, main floor | CRA, Service Canada, & Sara Riel Drop-in Clinic Carol Shields Auditorium, 2nd floor | | Obsessive Compulsive Disorder Centre Canadian Mental Health Association 2nd floor |
| Jun. 8, 11a.m.-2p.m. | Jun. 9, 11a.m.-2p.m. | Jun. 10 | Jun. 11, 11a.m.-2p.m. | Jun. 12, 11a.m.-2p.m. |
| 211 Manitoba Lobby, main floor | Status Card Clinic Southern Chiefs' Organization Inc. Anhang Room, 2nd floor | | Record Suspension Program John Howard Society of Manitoba Meeting Room 1, 2nd floor | Huddle Lobby, main floor |
| Jun. 15, 11a.m.-2p.m. | Jun. 16, 11a.m.-2p.m. | Jun. 17 | Jun. 18, 11a.m.-2p.m. | Jun. 19, 11a.m.-2p.m. |
| Manitoba Rent Relief Fund Manitoba Non-Profit Housing Association 2nd floor | Harvest Manitoba 2nd floor | | Sexuality Education Resource Centre Lobby, main floor | Downtown Seniors Resource Finder 2nd floor |
| Jun. 22 | Jun. 23 | Jun. 24, 11a.m.-2p.m. | Jun. 25 | Jun. 26, 11a.m.-2p.m. |
| | | Singing Red Bear Foundation Lobby, main floor | | Punjabi Community Health Services Meeting Room 1, 2nd floor |

MILLENNIUM LIBRARY HOURS:

Monday / Friday 10 a.m. – 5 p.m.
 Tuesday / Wednesday / Thursday 10 a.m. – 8 p.m.
 Saturday 1 p.m. – 5 p.m.
 Sunday CLOSED








JUNE


PROGRAM CALENDAR

| MON | TUES | WED | THUR | FRI | SAT | SUN |
|-----|---------------------------|---|-------------------|---|-----|-----|
| 1 | 2 | 3 DROP-IN COUNSELLING FULL MOON CEREMONY | 4 TEEN CLINIC | 5 | 6 | 7 |
| 8 | 9 DROP-IN COUNSELLING | 10 DROP-IN COUNSELLING PART 1 RATTLE MAKING | 11 TEEN CLINIC | 12 | 13 | 14 |
| 15 | 16 DROP-IN COUNSELLING | 17 DROP-IN COUNSELLING PART 2 RATTLE MAKING | 18 TEEN CLINIC | 19 NATIONAL INDIGENOUS PEOPLES DAY CELEBRATION | 20 | 21 |
| 22 | 23 DROP-IN COUNSELLING | 24 DROP-IN COUNSELLING TEA AND BANNOCK | 25 TEEN CLINIC | 26 | 27 | 28 |
| 29 | 30 DROP-IN COUNSELLING | | | | | |

 info@mountcarmel.ca

 www.mountcarmel.ca

 @mountcarmelwpg

 Mount Carmel Clinic



886 MAIN STREET
 MONDAY- FRIDAY
 9:15AM-5:00PM
 P. 204.582.2311

IN THE COMMUNITY

North End Adult Literacy Programs

LORD SELKIRK PARK ADULT LEARNING PROGRAM SITE

What we offer:

- Reading
- Writing
- Math
- Science
- Stages Curriculum
- Employability Skills
- Well-being Life Skills
- Computer Skills
- CAEC exam prep

Our program is happy to be able to offer a therapy dog on site to support our learners!

This program is 100%

FREE!!!

We welcome everyone 18 years +. We also offer a free nutrition break to all learners in the program!

Continuous Intake:

We are happy to be able to offer program registration and intake at any time of the year! Call us anytime to set up an appointment for a brief assessment and to get you registered!

Contact:

Instructor:

Chelsea Banasiak

Program phone:

204.421.0895

Cell:

204.894.9210

Location:

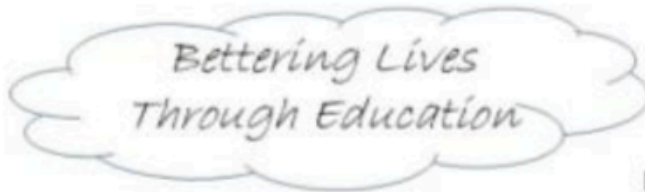
42-271 Dufferin Avenue.

Email:

lordselkirkliteracy@gmail.com

Website:

<https://lordselkirkliteracy.wixsite.com/learn>



EIA FRIENDLY



HEPATITIS A

WHAT YOU NEED TO KNOW

Hepatitis A is a virus that affects the liver and spreads from one person to another through contact orally or through the stool (poop) of an infected person. It can make people sick for a few weeks or even months. In serious cases, it can lead to hospitalization and may be life-threatening.

How is it spread? person to person



not washing your hands properly after using the bathroom



household and sexual contact



contaminated food and water

Symptoms of Hepatitis A



Fever



Jaundice (yellow skin or eyes)



Dark urine (pee), pale poop or diarrhea

Who is at greater risk?



- People living in crowded/shared spaces
- Having limited access to clean water.
- Sharing drug use equipment

Prevention



Always wash your hands with soap and water. Especially before eating, making food, and after using the bathroom.



Get your Hepatitis A vaccine

Contact your Health Care Provider if you have the above symptoms

VACCINE CLINIC



Date: JULY 2, 2026

Time: 1PM TO 3:30PM

Location: (204)415-1147

LORD SELKIRK PARK RESOURCE CENTRE

HEPATITIS A VACCINE CLINIC

ADDRESS: 102-269 DUFFERIN AVE

For more information, call:

PUBLIC HEALTH NURSE-204-3912932 OR 204-9402542

CARING
FOR HEALTH



Winnipeg Regional Health Authority
Office régional de la santé de Winnipeg

wrha.mb.ca

IN THE COMMUNITY



**Canadian
Museum for
Human Rights**

 CANADIAN MUSEUM FOR
HUMAN RIGHTS

**FREE
ADMISSION**

Sundays
10:00am – 5:00pm
85 Israel Asper Way,
Winnipeg, MB.

More info: www.wpgforfree.ca

canada  lifeTM

**FREE
SUNDAYS**
@wag 

June 14, 2026 to
December 13,
2026
Second Sunday of
the month, from
11am-5pm



CANADA STRONG PASS

This summer, we choose Canada! From June 19 to September 7, 2026, discover a wide range of experiences - from majestic parks and captivating museums, to inspiring historic sites and unforgettable train journeys. The Canada Strong Pass makes exploring our country more accessible than ever. Start planning now and enjoy an affordable Canadian summer with free admission and reduced prices.



Free or reduced admission at museums & galleries

From June 19 to September 7, 2026, national museums of Canada as well as select provincial and territorial museums and galleries offer free or reduced admission.

[For more information: Museums and Galleries](#)

Free and discounted travel with VIA Rail

Children and young adults aged 24 and under travel from coast to coast for free or at a discounted fare.*



Book now for travel between June 19 and September 7, 2026

[For more information: Via Rail Canada Strong Pass](#)



Free admission with Parks Canada

The Government of Canada is offering free admission to places operated by Parks Canada from June 19 to September 7, 2026 inclusive.

[For more information: Parks Canada](#)

Discounts on overnight stays with Parks Canada

A discount of 25% will apply to fees for camping and roofed accommodations from June 19 to September 7, 2026 inclusive.

[For more information: Parks Canada - Stays](#)



Sport
MANITOBA

FIND YOUR WAY
TO PLAY, IT'S FREE!

SUMMER
GAME DAY

PRESENTED BY QUALICO **75** YEARS OF BUILDING BETTER CITIES

10 am
UNTIL
1 pm

Saturday, July 4, 2026
The Lyric Field at Assiniboine Park

SPORTMANITOBA.CA/GAMEDAY



DOWNTOWN
Winnipeg
NIGHT
MARKET

JULY 24-25, 31-AUG. 1

2 - 10PM, FRIDAY AND SATURDAY
TRUE NORTH SQUARE AND
GRAHAM AVE.

FOODTRIP
market

Naija
MARKET
DAY

SUMMER
2026 tour



from
WARRI to WINNIPEG
culture without borders

SATURDAY
JULY
4th

START TIME
11:00AM
(Prompt)

FOOD • FASHION • CULTURE • MUSIC

FOR VENDOR SLOTS AND SPONSORSHIP

www.naijamarkeTday.com
@naijamarkeTday
431-374-5605

THE FORKS
CN STAGE
AND FIELD
WINNIPEG

Proud Sponsors



10th Anniversary

2026 Newcomer Welcome Fair

Join us in this FREE Community Event to Welcome Newcomers, Refugees, and Immigrants!



July 18, 2026
12:00 – 4:00 PM



Freight House Field
200 Isabel St., Winnipeg

Let's Celebrate Together
as a United Community!

Activities Include:

- ✔ Settlement Information
- ✔ City services
- ✔ Food, Family Activities
- ✔ Multicultural Performances
- ✔ Outdoor Games
- ✔ Tipi learning



Swing Dancing in the Park

Every Wednesday

St. Vital Park
near the Duck Pond

6:30 PM
BEGINNER
LESSON

7:00 PM
SOCIAL
DANCING
UNTIL
9:00 PM

FREE

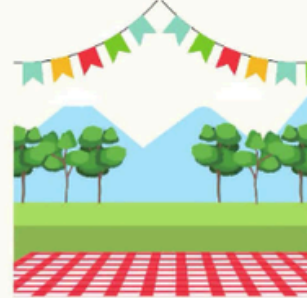
June 10th to August 26th

Visit www.winnipegswing.com for more info



PICNIC In The Park

IN PARTNERSHIP WITH SAKIHIWE FESTIVAL



FOOD - ENTERTAINMENT - FUN

SAVE THE DATE

SATURDAY

15

AUGUST

ST. JOHN'S PARK

1 FOWLER ST. WINNIPEG MB

1PM - 5PM

With all these amazing community events, please stay cool and hydrated!



HEAT EXHAUSTION

OR

HEAT STROKE

Faint or dizzy

Excessive sweating

Cool, pale, clammy skin

Nausea or vomiting

Rapid, weak pulse

Muscle cramps



Throbbing headache

No sweating



Body temp. above 40°C (104°F)

Red, hot, dry skin

Nausea or vomiting

Rapid, strong pulse



May lose consciousness

- Get to a cooler, air conditioned place
- Drink water if fully conscious
- Take a cool shower or use cold compresses

CALL 911

- Take immediate action to cool the person until help arrives

Adapted with permission from sacramentoaready.org

Manitoba 

When it's hot



Drink water regularly



Protect yourself from the sun



Find a cool place for a break



Reduce strenuous activity



If unwell, get out of heat & get help



Check on others

Too much heat and humidity can lead to dehydration, heat exhaustion, other serious illnesses and even death. Early symptoms of heat-related illness can include: headache, dizziness or fainting, rapid breathing or heart rate or otherwise feeling unwell. Get out of the heat and try to cool down. Seek medical care if needed. Older adults, people with chronic health conditions, on certain medications, or living alone are at greatest risk for a heat-related illness.


To learn more about how you can protect yourself, visit:
www.manitoba.ca/health/publichealth or call Health Links-Info Santé at **204-788-8200** or toll-free at **1-888-315-9257**.

Manitoba 



Health
Canada

Santé
Canada

Canada 

STAYING HEALTHY *in the* HEAT

Why is heat a HEALTH CONCERN?

Extreme heat involves high temperatures and can pose health risks. Over the next 30 years, the number of extremely hot days in a year is expected to more than double in some parts of Canada.



FACT 1 OLDER ADULTS

Older adults may be faced with compounding factors that could put them at increased risk during extreme heat events. These factors may include chronic illnesses, medications that interfere with the body's cooling mechanisms, social isolation, and poverty.

FACT 2 INFANTS AND YOUNG CHILDREN

Given the unique physiological characteristics of children's bodies and their high dependency on caregivers, they are likely to be at risk during extreme heat events.

FACT 3 CHRONIC ILLNESS/ SPECIAL MEDICATION

Individuals with breathing difficulties, heart problems, and psychiatric illnesses are at a higher risk of heat-related health effects.



FACT 4 PEOPLE WHO WORK OR ARE ACTIVE OUTDOORS

People who work outdoors (e.g. construction, road repair) and physically active individuals who exercise in the heat could face greater environmental heat exposure and physical strain.



Who is MOST AT RISK?

SAFETY TIPS



TIP 1 PREPARE FOR THE HEAT

- Tune in regularly to local weather forecasts and alerts so you know when to take extra care.
- If you have an air conditioner, make sure it works properly.
- If you don't have an air conditioner, find an air-conditioned spot close by where you can cool off for a few hours on very hot days.



TIP 2 KNOW THE SIGNS OF HEAT

TIP 3 PAY ATTENTION TO HOW YOU AND THOSE AROUND YOU FEEL

Frequently visit neighbors, friends and older family members, especially those who are chronically ill, to make sure that they are cool and hydrated.

TIP 4 DRINK LIQUIDS; WATER IS BEST.

TIP 5 STAY COOL

How to stay cool?



Wear loose-fitting, light-coloured clothing made of breathable fabric.



Take cool showers or baths until you feel refreshed.



Plan strenuous outdoor activities for cooler days, or choose a cooler location, like a place with air conditioning or with tree shade.



Spend a few hours in a cool place. It could be a tree-shaded area, swimming facility or an air-conditioned spot.



FOR MORE INFORMATION OR ADDITIONAL RESOURCES



Visit the Extreme Heat webpage:
www.canada.ca/en/health-canada/services/sun-safety/extreme-heat-heat-waves.html



Visit the Health Canada heat health publications webpage:
www.canada.ca/en/health-canada/services/environmental-workplace-health/reports-publications/climate-change-health.html



Speak with your physician or personal care provider



Contact your local public health authority



FOR MORE INFORMATION



Home & Yard Maintenance

The following is a list of Winnipeg companies that offer household maintenance services. Please contact for pricing and further details.

Please note: These companies are not necessarily endorsed by your Occupational Therapist or the WRHA. This is not an exhaustive list.

Class A Service Ltd.

Address: 714 St. Mary's Road
Phone: 204-233-6456
Email: mail@classaservice.com
Website: www.classaservice.com
Services: Yard maintenance, snow removal, windows/carpet/upholstery/walls/eavestrough cleaning and renovations.

Community Home Services Project

Address: 294 Portage Ave.
Phone: 204-927-1720 or 204-9271722
Services: Free of charge services for yard work, light housekeeping, window & wall washing, snow removal, & small jobs. Available to low-income seniors (60+) & persons with a disability in Winnipeg who qualify.

Good Neighbors Active Living Centre

Address: 720 Henderson Hwy
Phone: 204-806-1303 (referral desk)
Email: admin@gnalc.ca
Website: <http://www.gnalc.ca/>
Services: Light housekeeping, meal prep, painting, carpentry, yard work, handyman and minor plumbing jobs.

Handyman Connection

Address: 1080 Wall St.
Phone: 204-895-1744
Website: <https://handymanconnection.com/winnipeg/>
Services: Electrical, plumbing, carpentry, decks, fences, outdoor stairs, handyman and renovation jobs.

Housework, Chores & More

Address: 590 Washington Ave.
Phone: 204-237-7866
Website: <https://www.houseworkschores.ca/>
Services: Housekeeping, meal preparation, errand-running, handyman jobs, carpentry, renovations.

Michie Brothers Complete Yard Care

Address: 1364 McPhillips St. – Suite 210
Phone: 204-291-8226 or 204-990-3146
Email: info@michiebrothers.com
Website: <http://www.michiebrothers.com/>
Services: Lawn mowing, power raking, aeration, spring & fall clean-up, window cleaning, eavestrough cleaning, landscaping services & snow removal.

Seine River Yard Care

Address: 377 Gaboury Place
Phone: 204-231-4753
Email: info@sryc.ca
Website: <https://www.sryc.ca>
Services: Residential & commercial lawn care, spring & fall clean-up, snow removal. Landscaping services, fertilizer, weed control, and pruning is also available.



Garbage / Recycling:

The City of Winnipeg provides special services to residents living in their own homes that are physically unable to put out their own garbage & recycling. This service is called **Walk-up Collection Services**. There is no additional fee for this service.

Who is Eligible for this Service?

Available to residents who are functionally unable to get their recycling and garbage carts to the curb or lane and have no one in the house who can do this.

How do I receive the Walk-up Collection Service?

To apply, please call **311** to have an application form mailed to you or download the Walk-up Collection Service Application form from <https://winnipeg.ca/waterandwaste/pdfs/ApplicationforWalk-upService2017.pdf>. You will need a health care professional to sign your initial application. You need to reapply for this service each year.



Cleaning Services for Pest Management & Hazardous Waste

The companies on this list were identified by Community Mental Health (CMH) staff and partnering agencies as open to working with individuals requiring cleaning services for pest management/hazardous waste. The details regarding costs and services listed below were provided directly by the companies, however, can change at any time. These companies are not endorsed by WRHA or Shared Health CMH services. This is not an exhaustive list. *Individuals should contact companies directly for up-to-date information and request a detailed cost quote in writing to avoid being overcharged.*

Use this QR Code to access the list!



Housekeeping Services



What are housekeeping services?

Housekeeping services are businesses that will come to your home to do your cleaning for you.

Housekeeping services include:

- Vacuuming and dusting
- Cleaning bathrooms and kitchens
- Making beds
- Washing dishes
- Taking out the garbage
- Washing walls, windows, blinds, and appliances

How much do these services cost?

Prices vary depending on the company as well as the services you request. Please contact the company directly for more information.

Do I need to have my own supplies?

In many cases, the company will supply all of the necessary cleaning supplies and equipment. Please contact the company directly for more information.

Molly Maid

Phone: 204-224-5390 (Winnipeg East)
204-772-3755 (Winnipeg North West)
204-940-6150 (Winnipeg South West)
Website: <https://mollymaid.ca/>

Mopify

Phone: 204-500-3101
Email: support@mopify.com
Website: <http://mopify.com/cities/winnipeg>

Signature Cleaning Services

Phone: 204-779-3600
Email: info@signaturecleaning.ca
Website: <https://signaturecleaning.ca/>

Take Time Home Cleaning & Lifestyle Services

Phone: 204-770-7103
Email: office@taketime.ca
Website: <https://taketimecleaning.com/>



Use this QR Code to access the full list of housekeeping services!



PROGRAMS

Bricklayer Program



FREE Tuition for First Nations people

INFO SESSION:

July 8 at 10:00am
225 McPhillips Street

Begins November 2026

- Earn from \$27/hour as an apprentice and up to \$45/hour as a journeyman
- Excellent pension & benefits
- Hands-on masonry training in only 23 weeks

Build Your Future

SCAN ME



www.FPDINC.ca

Contact Darcy
204-987-9570 or darcy.paul@fpdinc.ca



Canada

MILLWRIGHT Training Program



September 14- November 6, 2026

Start your career as a
Millwright/Industrial Mechanic

Gain essential skills, safety training, and hands-on experience with tools and equipment. Learn industry terminology, work procedures, and what employers expect—so you're job-ready from day one.

WHAT: 8-week Millwright Pre-employment training program.

WHO: Preference will be given to unemployed and underemployed First Nations members from FPDI ISET communities in Manitoba who either hold a valid Class 5 driver's license or are in the process of obtaining one.

WHERE: Lotus Learning Solutions, 87 Cole Avenue Winnipeg, Manitoba

PRE-REQUISITES: 18 years of age, must be committed to participate in the 8-week program.

*Eligible applicants must not have participated in previous FPDI programs.

Stay tuned for
Information
Session dates.

Free Tuition for eligible applicants

For more details, contact Eric
204-987-9570
eric.pohorecky@fpdinc.ca



TRY-A-TRADE



SMALL ENGINE Maintenance Training



August 10 - September 11, 2026

Learn to repair, maintain, and troubleshoot 2-cyle & 4-cycle engines for lawnmowers, chainsaws, generators, and more. Perfect for mechanics, technicians, and DIY enthusiasts!

WHAT: 5-week Small Engine Maintenance Pre-employment training program.

WHO: Preference will be given to unemployed and underemployed First Nations members from FPDI ISET communities in Manitoba who either hold a valid Class 5 driver's license or are in the process of obtaining one.

WHERE: Lotus Learning Solutions, 87 Cole Avenue Winnipeg, Manitoba

PRE-REQUISITES: 18 years of age, must be committed to participate in the 5-week program.

*Eligible applicants must not have participated in previous FPDI programs.

Stay tuned for
Information
Session dates.

Free Tuition for eligible applicants

For more details, contact Eric
204-987-9570
eric.pohorecky@fpdinc.ca



Pre-employment Program

Start your career in construction!
Learn **MACHINING, MILLWRIGHT, AND WELDING** with hands-on training, safety, and industry skills.

July 20 - August 28, 2026

Stay tuned for
Information
Session dates.

Free Tuition for eligible applicants

For more details, contact Eric
204-987-9570
eric.pohorecky@fpdinc.ca



PROGRAMS



SPRINKLER FITTER

Pre-Apprenticeship Course

JULY 2026

FREE tuition for accepted applicants!

Information Session:
 May 5, 2026
 1:30 - 3:30pm
 20 Dunlop Avenue
 Winnipeg

What:
 10 month Sprinkler Fitter pre-apprenticeship course, beginning with 2 weeks of upskilling with WEM (Workplace Education Manitoba).

Who:
 Preference will be given to unemployed and underemployed First Nations members from FPD ISET communities in Manitoba.

Where:
 Piping Industry Technical College
 20 Dunlop Avenue, Winnipeg, MB

Build a career that saves lives! Sprinkler Fitters install and maintain fire protection systems that keep people and buildings safe.

Course Pre-requisites

- 18 years of age
- Grade 12 diploma, Mature Student Diploma or GED
- Valid Class 5 drivers license
- Steel-toed boots

To sign up or for more info, contact Chelsea Lavallee:
 204-987-9570
 clavallee@fpdinc.ca




SCAFFOLDING

Pre-employment Training

August 31 - October 23, 2026

Learn how to build and dismantle scaffolds, including frame, tube and clamp, and system types.

www.FPDINC.ca


Free Tuition for First Nations applicants



Scan Me

For more details, contact Chelsea
 204-987-9570
 clavallee@fpdinc.ca





Construction Electrician Pre-employment Program

For First Nations People

Information Session:
 Wednesday, April 22
 10:00 am
 556 Notre Dame Avenue

Begins August 4, 2026

What:
 10 month program with 5 weeks of math upgrading


Where:
 556 Notre Dame Avenue
 Winnipeg, Manitoba
 (International Brotherhood of Electrical Workers)

Who:
 Preference will be given to unemployed or underemployed First Nations members from FPD ISET communities in Manitoba who hold a valid Class 5 driver's license.

Pre-requisites: Grade 12 and one of the following: Applied Math 40s, Physics 40s or Pre Calculus 40s

FREE TUITION FOR ELIGIBLE STUDENTS

*Eligible applicants must not have participated in previous FPD programs.



Carpentry Program

Free Tuition for First Nations applicants

- Start at \$22/hour after training & work your way up to \$37/hour as a journeyman!
- Hands-on training. Just 20 weeks.
- Your future won't build itself — take a chance on yourself!

Begins September 21, 2026

UBC BUILT TRAINING

UBC BUILT LOCKS & KEYS

FPDI
 First Peoples Development Inc.

Contact Chelsea for details:
 clavallee@fpdinc.ca
 204-987-9570



Scan Me

www.FPDINC.ca

To register or for more info, contact Chelsea
 204-987-9570 or clavallee@fpdinc.ca



Coming October 2026

FPDI & WATER FIRST DRINKING WATER
**INTERNSHIP
PROGRAM**

BECOME A CLASS 1 WATER OPERATOR

About the Internship:

- **15-month paid full-time** internship program
- Hands-on training workshops
- Work placement in community
- In-person and online learning
- Train for a critical job in water treatment and or wastewater facilities – **no two days are ever the same!**
- Play an important role in the community

Who should participate:

- Members of FPDI First Nations
- High school graduates (or equivalent) preferred
- Those interested in water treatment careers



For more information, visit waterfirst.ngo/get-paid-to-train or scan the QR code or contact Project Manager, Julia Zazzarini:

julia.zazzarini@waterfirst.ngo



WATER
FIRST



FREE Line Cook Training

for First Nations
people



HANDS-ON
TRAINING



GUIDED BY
EXPERT CHEF



30 HOURS OF
PRACTICUM



September 14 - October 20, 2026



Manitoba Tourism Education Council
75 Scurfield Blvd #3, Winnipeg, MB

SCAN ME



www.FPDINC.ca

*Turn your passion for cooking into a career—
flexible, fast-paced, and rewarding.*

MTEC

MANITOBA TOURISM
EDUCATION COUNCIL

Contact Darcy: 204-987-9570 or darcy.paul@fpdinc.ca

Canada



Neeginan Education, Training and Employment Services, Inc.



NETES Summer SHOWCASE

CELEBRATING SUCCESS.
CREATING FUTURES.



YOU'RE INVITED - REGISTRATION REQUIRED TO ATTEND!



JULY 15, 2026



1:00 P.M. - 4:00 P.M.



ROTUNDA
181 HIGGINS AVENUE



CALL
204-989-7110

PRESENTATIONS, PIZZA AND PRIZES

EMPLOYMENT SERVICES

- Career Planning
- Resume & Cover Letter Support
- Interview Preparation
- Job Search Support
- Training & Funding Assistance
- Employment Readiness



ABORIGINAL COMMUNITY CAMPUS

- Year-Round Intake
- Flexible Learning
- Student Incentives
- Academic Supports
- Neeginan Learning & Literacy Centre
- Upgrading



NEEGINAN COLLEGE OF APPLIED TECHNOLOGY

- Bachelor of Education Degree
- Building Operations Technician
- Early Childhood Educator
- Gas Turbine Technician
- Heavy Equipment Operator
- Indigenous Education & Community Support Worker
- Industrial Welding
- Machinist (Level 1 Apprenticeship/CNC)
- Social Innovation & Community Development
- TIG Welding



Hands on Training. In Demand Careers.
Industry Recognized Programs.

STUDENT SUPPORTS

- 1, 2 & 3 Bedroom Student Housing (Utilities & Air Conditioning Included)
- Two On-Site Daycare Centres
- Tutoring
- Fitness Centre Access
- Free Breakfast & Lunch
- Funding Navigation and Assistance
- Wellness Supports
- Culture, Community & Connection



Hear real success stories from our students and clients!



Neeginan Education, Training and Employment Services, Inc. (NETES)

304-181 Higgins Avenue, Winnipeg, MB R3B 3G1 | P: (204) 989-7110 F: (204) 989-7113



netes.ca



ndinawe
NDINAWEMAAGANAG
ENDAAWAAD INC.

CHILD AND YOUTH CARE CERTIFICATE



Are you looking for a career where you can utilize your valuable cultural and life experience to help children and youth in our community?

We are located in the community we serve.

We provide our students and youth with programs and cultural support based on the Seven Sacred Teachings:

Love, Respect, Courage, Honesty, Wisdom, Humility and Truth

ELIGIBILITY

- ✓ Over the age of 18
- ✓ EIA Participant / Band Funding
- ✓ Previous experiential life histories (asset)
- ✓ Completed and/or closed background checks (5 years or more)
 - ✦ Child and Family Services (CFS) Prior Contact
 - ✦ Justice System Involvement
- ✓ Not listed on the Child Abuse Registry
- ✓ Attend Intake and Meet & Greet
- ✓ Available to attend 11 months for Life Skills Component & Academics
 - ✦ Monday to Friday 9 AM- 4 PM

JOB OPPORTUNITIES

With this first-year college certificate, you can work in the community!

- Youth Care Worker*
- Youth Activity Worker*
- Family Support Worker*
- Outreach Worker*
- Drop-In Worker*
- And More!*

APPLY NOW



SCAN ME

Instructed by Red River
College Polytechnic Instructors!



204- 417- 7233 ext. 234
204- 417- 7233 ext. 440
cyccp@ndinawe.ca

**Ready to apply? Or want to learn more?
Use this QR Code or link to access the registration
form**



<https://ndinawe.ca/program/youth-care-worker-training/>